

# 2009 White Lake Spring Sprint

## Overall Women

White Lake, NC 5/03/2009 09:00AM

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Place	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	Bike	Rank	RUN	PENALTY	Time	DQ
1	23	OF	CHRIS TOMMERDAHL	CHAPEL HILL NC	1	00:10:51	1	00:38:56	4	00:21:30		01:11:16	
2	30	OF	BRIANNE GAAL	CARY NC	3	00:11:45	2	00:40:22	1	00:20:32		01:12:39	
3	29	OF	AMIE KRASNOZON	MORRISVILLE NC	4	00:12:03	3	00:40:28	3	00:21:29		01:13:58	
4	38		STEPHANIE HUCKO	CHARLOTTE NC	20	00:13:47	4	00:40:53	7	00:21:46		01:16:24	
5	45		CHERYL CARDELLO	RALEIGH NC	15	00:13:28	6	00:42:15	5	00:21:36		01:17:18	
6	43	MF	NASRIN AZARI	CARY NC	12	00:13:10	5	00:41:05	8	00:21:58	00:02:00	01:18:12	
7	32		KATIE WAGNER	WILMINGTON NC	11	00:13:00	7	00:42:55	28	00:24:43		01:20:37	
8	38		ANNE LEO	CHARLOTTE NC	30	00:14:53	13	00:44:05	6	00:21:41		01:20:38	
9	41		CHERIE KUZMIAK	CHAPEL HILL NC	38	00:15:11	10	00:43:22	10	00:22:09		01:20:41	
10	36		MAGGIE ROUGIER-CHAPMAN	RALEIGH NC	48	00:15:39	11	00:43:42	11	00:22:16		01:21:36	
11	43		KAREN KEMERAIT	RALEIGH NC	10	00:12:55	22	00:45:10	18	00:23:50		01:21:53	
12	26		LINDSEY WARD	RALEIGH NC	29	00:14:51	16	00:44:40	14	00:23:18		01:22:48	
13	48		GINGER SPANSEL	FAYETTEVILLE NC	41	00:15:18	9	00:43:19	27	00:24:40		01:23:15	
14	26		CASEY KIEFER	CARY NC	31	00:14:54	19	00:44:52	17	00:23:47		01:23:33	
15	34		LAURIE PERKIS	RALEIGH NC	22	00:14:09	14	00:44:15	35	00:25:23		01:23:46	
16	39		STACY ZOTTER	RALEIGH NC	9	00:12:53	42	00:47:45	16	00:23:31		01:24:08	
17	29		ERIN DELEO	WILMINGTON NC	74	00:16:45	32	00:46:12	2	00:21:25		01:24:21	
18	33		CHRISTINE DELONG	DURHAM NC	7	00:12:48	27	00:45:45	22	00:24:09	00:02:00	01:24:41	
19	49		GWEN NOBLE	WAKE FOREST NC	45	00:15:33	12	00:43:49	41	00:25:45		01:25:06	
20	40		FRANCI PIRKLE	CORNELIUS NC	21	00:14:02	20	00:44:56	58	00:26:28		01:25:25	
21	38		ELLEN PARKER	CHAPEL HILL NC	61	00:16:03	44	00:48:05	9	00:22:04		01:26:11	
22	42		CAROLYN ARNEMANN	FLORENCE SC	86	00:17:08	17	00:44:44	25	00:24:28		01:26:19	

23	29		KRISTIN SEIBERT	ANNAPOLIS MD	120	00:18:50	8	00:43:09	12	00:22:45	00:02:00	01:26:44
24	35		ELIZABETH NELSON	GREENVILLE NC	39	00:15:12	38	00:47:08	29	00:24:44		01:27:02
25	54		DORIS ALEXANDER	CARRBORO NC	34	00:15:04	53	00:48:43	15	00:23:22		01:27:08
26	37		KIM MIZELLE	HUNTERSVILLE NC	17	00:13:40	40	00:47:18	51	00:26:15		01:27:12
27	35		SUSANNE WILLIS	RALEIGH NC	52	00:15:52	18	00:44:50	26	00:24:37	00:02:00	01:27:19
28	56		SHELLY BLOOM	DURHAM NC	49	00:15:44	29	00:45:55	42	00:25:48		01:27:26
29	43		JULIA BLACK BONNER	WILSON NC	46	00:15:35	25	00:45:42	49	00:26:12		01:27:29
30	39		DEBRA ZACHER	RALEIGH NC	73	00:16:43	31	00:45:59	30	00:24:58		01:27:39
31	43		HELEN BRAUCH	NAGS HEAD NC	67	00:16:31	23	00:45:14	59	00:26:29		01:28:13
32	35		JENNIFER ROYALL	WILMINGTON NC	123	00:19:00	15	00:44:25	34	00:25:22		01:28:46
33	38		JUSTINE WALDROP	GREER SC	23	00:14:15	47	00:48:11	54	00:26:23		01:28:48
34	37		EMILY PRICE	GREENVILLE NC	69	00:16:37	35	00:46:30	19	00:23:54	00:02:00	01:29:01
35	36		TORI ARENS	RALEIGH NC	25	00:14:29	43	00:47:49	65	00:26:51		01:29:08
36	28		PAIGE CARPER	CHARLOTTE NC	59	00:16:00	41	00:47:36	36	00:25:34		01:29:09
37	16		EMMA CONLEY	ORIENTAL NC	70	00:16:38	34	00:46:24	53	00:26:16		01:29:18
38	33	OF	CAROLINE BENDER	DURHAM NC	13	00:13:16	69	00:49:44	24	00:24:26	00:02:00	01:29:25
39	29		KRISTIN HARMAN	NEWPORT NEWS VA	58	00:15:58	37	00:47:02	57	00:26:27		01:29:27
40	38		RUTH MENEHELLA	CARY NC	91	00:17:28	26	00:45:42	56	00:26:27		01:29:37
41	47	A	CATHERINE BALDWIN	RALEIGH NC	33	00:15:02	30	00:45:57	90	00:28:46		01:29:44
42	14		SHANNON SCOVEL	CARY NC	2	00:11:28	102	00:52:07	55	00:26:23		01:29:58
43	26		LAURA WIGGINS	RALEIGH NC	35	00:15:05	106	00:52:27	13	00:22:49		01:30:20
44	39		HEATHER HAGMAN	CHARLOTTE NC	8	00:12:52	82	00:50:40	68	00:27:05		01:30:36
45	40		MELISSA BUFFINGTON	DURHAM NC	77	00:16:51	59	00:49:01	31	00:25:05		01:30:57
46	32		CHRISTINE BARCAY	FUQUAY-VARINA NC	63	00:16:14	36	00:46:39	82	00:28:06		01:30:58
47	14		LILIANNA FERNANDEZ	CARY NC	62	00:16:07	64	00:49:17	43	00:25:48		01:31:11
48	41	A	TERI SPENCE	HENDERSON NC	98	00:18:00	28	00:45:49	74	00:27:23		01:31:12
49	35		DANA BAHR-DEIBERT	HOLLY SPRINGS NC	56	00:15:57	60	00:49:03	62	00:26:33		01:31:32
50	17		LINDSEY YINGLING	APEX NC	14	00:13:25	46	00:48:10	107	00:30:01		01:31:35
51	28		JESSICA SWANSON	RALEIGH NC	40	00:15:16						01:31:42
52	32		ALICIA UHL	WILMINGTON NC	18	00:13:41	73	00:49:59	81	00:28:05		01:31:44
53	40	MF	LISA GARCIA	FAYETTEVILLE NC	141	00:19:28	33	00:46:18	21	00:24:02	00:02:00	01:31:47

54	42	LORALIE CLARK	MATTHEWS NC	79	00:16:59	48	00:48:14	64	00:26:47	01:31:59
55	53	HOLLY KONRADY	WRIGHTSVILLE BEACH NC	26	00:14:34	76	00:50:13	73	00:27:16	01:32:02
56	41	GEORGIA PRICE	RICHMOND VA	51	00:15:50	79	00:50:17	52	00:26:16	01:32:22
57	40	ANN RIDDLE	ATLANTA GA	53	00:15:53	67	00:49:36	71	00:27:09	01:32:37
58	42	ZF MARGARET CONLON	HAMPSTEAD NC	68	00:16:36	100	00:51:58	23	00:24:22	01:32:55
59	39	MICHELE PALMA	RALEIGH NC	47	00:15:36	56	00:48:54	87	00:28:35	01:33:04
60	38	ANEIS ANDREOLI	CARY NC	104	00:18:20	65	00:49:22	40	00:25:39	01:33:21
61	26	AUTUM MIHM	WILMINGTON NC	122	00:18:58	93	00:51:22	20	00:23:59	01:34:19
62	19	KATY SPARROW	CARY NC	83	00:17:04	104	00:52:22	32	00:25:13	01:34:38
63	56	NANCY PIERCE	CHARLOTTE NC	130	00:19:12	24	00:45:31	105	00:29:56	01:34:39
64	37	LANI KROOPNICK-KOWALSKY	RALEIGH NC	28	00:14:47	66	00:49:31	114	00:30:28	01:34:45
65	39	CANDICE BRUTON	GREENSBORO NC	131	00:19:12	52	00:48:36	66	00:26:58	01:34:45
66	28	FRANCES SELEMA	CARY NC	6	00:12:46	72	00:49:56	143	00:32:18	01:35:00
67	48	REBECCA MOXEY	SURF CITY NC	60	00:16:02	101	00:52:04	70	00:27:08	01:35:14
68	35	JENNIFER DOYLE	FAYETTEVILLE NC	85	00:17:06	45	00:48:06	108	00:30:14	01:35:25
69	34	ADRIANA DE SOUZA E SILVA	RALEIGH NC	145	00:19:44	54	00:48:44	67	00:27:02	01:35:29
70	36	SHELLEY MOLNAR	CARY NC	129	00:19:12	63	00:49:16	69	00:27:06	01:35:33
71	32	CHRISTINE CARMINE	LELAND NC	65	00:16:23	113	00:53:13	47	00:25:59	01:35:34
72	50	CECILIA REDDINIG	RALEIGH NC	133	00:19:16	39	00:47:11	93	00:29:11	01:35:37
73	40	SONIA GREGO	DURHAM NC	57	00:15:58	62	00:49:14	113	00:30:26	01:35:37
74	40	STEPHANIE HACKNEY	WILMINGTON NC	71	00:16:39	108	00:53:00	48	00:26:04	01:35:42
75	27	KATHLEEN MACGUIRE	CHAPEL HILL NC	5	00:12:44	118	00:53:30	79	00:27:57	00:02:00 01:36:10
76	30	MEGHAN O'NEILL	RALEIGH NC	82	00:17:01	94	00:51:24	80	00:28:04	01:36:28
77	46	KAREN LINEHAN	CAROLINA BEACH NC	89	00:17:14	121	00:53:50	38	00:25:37	01:36:40
78	38	A CHRISTA BLAKELOCK	NEW BERN NC	36	00:15:05	80	00:50:34	122	00:31:06	01:36:45
79	38	LINDA RILEY	WAKE FOREST NC	43	00:15:26	87	00:50:59	86	00:28:25	00:02:00 01:36:49
80	22	CAMERON JORDAN	STATESVILLE NC	16	00:13:37	83	00:50:46	148	00:32:36	01:36:57
81	33	HEIDI HART	BOLTON NC	111	00:18:38	109	00:53:02	33	00:25:20	01:37:00
82	39	LISA DEJOSEPH	CASTLE HAYNE NC	115	00:18:42	58	00:48:58	100	00:29:42	01:37:21
83	35	AMY BRYSON	HOLLY SPRINGS NC	184	00:21:54	68	00:49:39	46	00:25:56	01:37:27
84	29	JULIE TOWERY	RALEIGH NC	119	00:18:48	103	00:52:10	61	00:26:31	01:37:28

85	32		SARA LIVINGSTON	WILMINGTON NC	183	00:21:48	49	00:48:15	37	00:25:35	00:02:00	01:37:36
86	29		DANIELLE SMITH	DURHAM NC	109	00:18:35	95	00:51:28	77	00:27:48		01:37:50
87	35		LESLIE BROWN	RALEIGH NC	75	00:16:45	105	00:52:27	88	00:28:40		01:37:52
88	19		MEGHAN LOUK	NORFOLK VA	19	00:13:42	116	00:53:20	120	00:30:57		01:37:57
89	37		ROCHELLE GRIECO	RALEIGH NC	103	00:18:19	89	00:51:05	89	00:28:44		01:38:07
90	34		KRISTEN OAKLEY	RALEIGH NC	142	00:19:29	111	00:53:09	39	00:25:37		01:38:15
91	37		AMANDA REINHARDT	RALEIGH NC	169	00:20:41	55	00:48:47	96	00:29:22		01:38:49
92	37		TIFFANI ST. LEGER	HAMPSTEAD NC	154	00:20:03	61	00:49:08	102	00:29:45		01:38:55
93	39		HEATHER DANENBERG	CHARLOTTE NC	72	00:16:42	85	00:50:55	136	00:31:37		01:39:13
94	41		TONYA JONKHEER	CASTLE HAYNE NC	95	00:17:49	96	00:51:42	103	00:29:47		01:39:17
95	44		KATHRYN SCOVEL	CARY NC	160	00:20:11	90	00:51:14	85	00:28:23		01:39:48
96	40		MINDY BOECK	NEW BERN NC	182	00:21:45	81	00:50:39	78	00:27:50		01:40:13
97	35	NF	HEATHER YAKSIC	APEX NC	94	00:17:48	115	00:53:19	97	00:29:23		01:40:29
98	40	ZF	STEPHANIE WHETSTONE	DURHAM NC	116	00:18:45	131	00:54:42	72	00:27:10		01:40:37
99	27		AUDREY SWARTZ	RALEIGH NC	108	00:18:32	77	00:50:15	139	00:31:59		01:40:46
100	46	ZF	GINNY LENAUS	CARY NC					183	00:36:33		01:40:49
101	45		ANN MARIE KIMBALL	HICKORY NC	177	00:21:16	91	00:51:19	50	00:26:15	00:02:00	01:40:49
102	34	A	GLORIA DAVIS	RALEIGH NC	162	00:20:13	97	00:51:46	94	00:29:21		01:41:19
103	47		NANCY GILMORE	HILLSBOROUGH NC	135	00:19:17	86	00:50:56	124	00:31:08		01:41:20
104	37	NF	PAULA ROCK	HAMPSTEAD NC	121	00:18:56	129	00:54:29	83	00:28:09		01:41:32
105	59		STEPHANIE WILLIS	CHAPEL HILL NC	37	00:15:09	122	00:54:00	147	00:32:34		01:41:42
106	30	A	JESSICA FREAS KENNY	RALEIGH NC	80	00:17:00	107	00:52:56	137	00:31:48		01:41:43
107	37		TRACY TERTZAGIAN	WILMINGTON NC	90	00:17:21	119	00:53:40	118	00:30:48		01:41:48
108	53		MARILYN MARLOW	VIRGINIA BEACH VA	96	00:17:51	99	00:51:53	144	00:32:21		01:42:05
109	36		DIANA BAXTER	HIGH POINT NC	107	00:18:29	88	00:51:03	119	00:30:49	00:02:00	01:42:21
110	38		BETH HAAS	FUQUAY VARINA NC	125	00:19:03	71	00:49:51	157	00:33:34		01:42:27
111	49		TOMMIE PENDLETON	SCOTLAND NECK NC	213	00:25:45	74	00:50:08	63	00:26:44		01:42:36
112	40		MELISSA SARCHETT	RALEIGH NC	221	00:28:15	50	00:48:29	45	00:25:54		01:42:36
113	38		WENDY PENFIELD	RALEIGH NC	147	00:19:47	98	00:51:51	128	00:31:24		01:43:01
114	17		MARIAH BUNTON	CARY NC	27	00:14:43	145	00:55:49	116	00:30:36	00:02:00	01:43:06
115	37		ROSY FARRELL	MATTHEWS NC	54	00:15:55	155	00:57:04	110	00:30:20		01:43:18

116	40		MICHELLE GAREY	SHELBY NC	78	00:16:55	78	00:50:16	182	00:36:26	01:43:36	
117	37		KIM RINEER	APEX NC	136	00:19:18	110	00:53:06	126	00:31:14	01:43:38	
118	30		CATHERINE BARKER	RICHMOND VA	201	00:23:39	57	00:48:55	134	00:31:35	01:44:08	
119	43		DONNA FACCIANI	PASADENA MD	215	00:26:56	70	00:49:50	75	00:27:24	01:44:09	
120	37	NF	JULIE SHAW	WILMINGTON NC	170	00:20:41	160	00:57:44	44	00:25:49	01:44:13	
121	55		SALLY ALMEKINDERS	CHAPEL HILL NC	176	00:21:15	51	00:48:32	167	00:34:35	01:44:21	
122	39		CATJA VAN HEUSDEN	CHAPEL HILL NC	126	00:19:05	124	00:54:13	125	00:31:13	01:44:30	
123	34		LAURALYN PRYOR	CHARLOTTE NC	81	00:17:01	137	00:55:15	142	00:32:16	01:44:31	
124	35	NF	RHONDA VANDERWERFF	FUQUAY VARINA NC	159	00:20:11	136	00:55:01	98	00:29:34	01:44:45	
125	50		KAREN PLUNKETT	RALEIGH NC	195	00:23:09	75	00:50:11	101	00:29:44	00:02:00	01:45:03
126	18	NF	ANYA DAVIS	WRIGHTSVILLE BEACH NC	155	00:20:03	143	00:55:43	99	00:29:37	01:45:23	
127	39		ANN BARHAM	WINSTON SALEM NC	158	00:20:10	120	00:53:41	132	00:31:33	01:45:23	
128	33		VALERIE CLINARD	FUQUAY VARINA NC	179	00:21:23	126	00:54:18	106	00:29:57	01:45:37	
129	38		TERESA BRUSADIN	FUQUAY VARINA NC	199	00:23:35	92	00:51:19	123	00:31:07	01:46:01	
130	16		COURTNEY DUPREE	RALEIGH NC	84	00:17:04	167	00:58:49	109	00:30:17	01:46:09	
131	39		LAURA NICHOLS	GOLDSBORO NC	76	00:16:47	127	00:54:21	173	00:35:04	01:46:12	
132	33		SALLY EVANS	DURHAM NC	172	00:20:47	114	00:53:16	146	00:32:26	01:46:28	
133	59		CAROL WILLIS	CINCINNATI OH	102	00:18:19	134	00:55:00	158	00:33:36	01:46:54	
134	39		MARY KATHRYN HARRIS	NEW BERN NC	208	00:24:45	142	00:55:41	60	00:26:29	01:46:54	
135	33		HADLEY HARTWELL	CHAPEL HILL NC	140	00:19:27	154	00:56:56	115	00:30:33	01:46:55	
136	40		KATHERINE ARNETTE	FORT MILL SC	99	00:18:11	117	00:53:22	177	00:35:35	01:47:07	
137	38		ELIZABETH ANDREW	WILMINGTON NC	148	00:19:48	139	00:55:34	141	00:32:04	01:47:24	
138	37	NF	KELLY HOLLIS	RALEIGH NC	88	00:17:12	149	00:56:21	163	00:34:04	01:47:36	
139	32		CARRIE HOFFMAN HOLLIFIELD	RALEIGH NC	113	00:18:40	150	00:56:22	150	00:32:45	01:47:46	
140	38		MEGAN BIDWELL	FUQUAY VARINA NC	138	00:19:21	162	00:57:51	117	00:30:46	01:47:57	
141	33	NF	JENN SMITH	DURHAM NC	181	00:21:40	135	00:55:01	131	00:31:32	01:48:12	
142	49		LINDA TUFTS	ABERDEEN NC	92	00:17:44	173	01:00:04	129	00:31:29	01:49:16	
143	36		ALISON DOMINGUEZ	CHARLOTTE NC	66	00:16:23	130	00:54:29	200	00:38:33	01:49:24	
144	39	A	KRISTIN ARNT	GRANT MN	152	00:19:56	112	00:53:13	181	00:36:20	01:49:28	
145	49		JUDITH WILLIAMS	FREDERICKSBURG VA	105	00:18:22	144	00:55:46	175	00:35:24	01:49:31	
146	50	ZF	BETSY POOLE	DURHAM, NC	144	00:19:42	164	00:58:36	127	00:31:19	01:49:36	

147	46		MICHELE SCOLLARD	RALEIGH NC	167	00:20:35	125	00:54:15	171	00:34:51	01:49:41	
148	41	ZF	ELIZABETH HENDERSON	NEW BERN NC	191	00:22:42	146	00:55:54	130	00:31:30	01:50:04	
149	25		LINDSAY KEIFETZ	WILMINGTON NC	42	00:15:20	180	01:01:00	162	00:34:03	01:50:22	
150	30		CHRISTINA LELIEVER	RALEIGH NC	165	00:20:20	202	01:03:11	76	00:27:27	01:50:57	
151	48		RANDEE SINOPOLI	MATTHEWS NC	50	00:15:47	138	00:55:33	206	00:39:54	01:51:14	
152	26	NF	BETSY HOYLE	CHAPEL HILL NC	198	00:23:31	152	00:56:42	121	00:31:03	01:51:16	
153	21		BRITTANY WOOD	WILLOW SPRING NC	134	00:19:16	190	01:02:07	112	00:30:25	01:51:46	
154	39	NF	JULIE LEMLEY	WILMINGTON NC	157	00:20:08	166	00:58:39	154	00:33:02	01:51:48	
155	33		MICHEAL ALLRED	CARY NC	197	00:23:23	151	00:56:31	140	00:32:03	01:51:56	
156	46	A	VALERIE FAULKNER	DURHAM NC	185	00:22:04	128	00:54:28	178	00:35:39	01:52:10	
157	24		JENNIFER LANGSTON	DURHAM NC	190	00:22:33	181	01:01:00	92	00:28:53	01:52:25	
158	41		VICKI NIZEN	RALEIGH NC	186	00:22:08	157	00:57:06	155	00:33:19	01:52:32	
159	37	NF	SARA KROGH	WAKE FOREST NC	139	00:19:25	189	01:01:57	133	00:31:35	01:52:56	
160	59		BETH BRAMPTON	WILMINGTON NC	128	00:19:11	153	00:56:54	185	00:37:08	01:53:12	
161	35		BRIEN BRIZENDINE	YOUNGSVILLE NC	117	00:18:46	183	01:01:17	156	00:33:23	01:53:25	
162	16		MARIA HOOVER	DURHAM NC	24	00:14:17	213	01:05:19	160	00:33:50	01:53:26	
163	31		KENDRA STEWART	WILMINGTON NC	44	00:15:28	212	01:05:18	151	00:32:47	01:53:32	
164	38		AMY LINNERT	CHARLOTTE NC	178	00:21:17	168	00:58:56	135	00:31:36	00:02:00	01:53:48
165	37		LISA STROUD	YOUNGSVILLE NC	219	00:27:51	141	00:55:38	84	00:28:22	00:02:00	01:53:50
166	52	ZF	KELLY PASLEY	RALEIGH NC	212	00:25:04	170	00:59:28	95	00:29:21	01:53:51	
167	36	A	CINDY SHEDRICK	HOLLY SPRINGS NC	207	00:24:34	84	00:50:55	203	00:38:57	01:54:26	
168	37	NF	JENNIFER PARRELLA	HAMPSTEAD NC	175	00:21:12	179	01:00:53	145	00:32:22	01:54:26	
169	48		LISA COLEMAN	CARY NC	55	00:15:56	148	00:56:13	208	00:40:26	00:02:00	01:54:33
170	42		JENNIE ELLISON	CHARLOTTE NC	171	00:20:42	140	00:55:36	199	00:38:21	01:54:38	
171	64		CAROLYN BATES	SWANSBORO NC	87	00:17:09	209	01:04:50	152	00:32:50	01:54:48	
172	34		LAURA MURRAY	RALEIGH NC	153	00:19:58	158	00:57:37	188	00:37:21	01:54:54	
173	15		DARCY DUPREE	RALEIGH NC	97	00:17:59	169	00:59:25	192	00:37:32	01:54:56	
174	45		LEEANN PERSGARD-HOWE	GASTONIA NC	149	00:19:49	163	00:58:14	187	00:37:17	01:55:19	
175	57		CYNTHIA WHEELER	RALEIGH NC	143	00:19:36	123	00:54:04	214	00:41:52	01:55:31	
176	31	NF	JULIA KULLA-MADER	DURHAM NC	132	00:19:13	191	01:02:11	164	00:34:09	01:55:32	
177	29	NF	DANIELLA HATFIELD	MORRISVILLE NC	173	00:20:48	200	01:02:53	138	00:31:53	01:55:34	

178	26	A	MARGARET KURDZIOLEK	CHRISTIANSBURG VA	110	00:18:37	165	00:58:39	198	00:38:20	01:55:35	
179	46		MARY KAY VAN GURP	MARVIN NC	193	00:23:02	207	01:03:44	91	00:28:51	01:55:35	
180	39		PAULA STOP	GREENSBORO NC	168	00:20:37	176	01:00:29	169	00:34:38	01:55:43	
181	24		COURTNEY WOOD	WILLOW SPRING NC	101	00:18:14	178	01:00:46	172	00:34:56	00:02:00	01:55:55
182	31		MEGAN JORDAN	RALEIGH NC	137	00:19:21	196	01:02:35	165	00:34:21	01:56:15	
183	43	A	BRENDA DIXON	MATTHEWS NC	127	00:19:11	156	00:57:06	207	00:40:13	01:56:29	
184	35		LYNN ESCHENBACHER	DURHAM NC	114	00:18:41	210	01:04:53	153	00:33:01	01:56:35	
185	32		JENNIFER DICKEY	NORTH BETHESDA MD	166	00:20:23					01:57:18	
186	44		SHELBY BOOGAARDS	CARY NC	118	00:18:46	208	01:04:12	166	00:34:30	01:57:27	
187	34		MEREDITH CAMPBELL	CHARLOTTE NC	196	00:23:22	147	00:56:10	195	00:38:01	01:57:32	
188	35	A	FAYE VODICKA	VIRGINIA BEACH VA	216	00:27:23	133	00:54:51	176	00:35:29	01:57:42	
189	28		EULALIA BARAJAS	PEMBROKE NC	192	00:22:45	211	01:05:12	104	00:29:54	01:57:51	
190	33	A	JENNIFER ENSELEIT	DAYTON OH	210	00:24:56	132	00:54:51	196	00:38:09	01:57:55	
191	39		NICOLE KUMPEL	RALEIGH NC	188	00:22:29	161	00:57:45	197	00:38:09	01:58:23	
192	16	NF	ALYSON GRYGIEL	COCKEYSVILLE MD	112	00:18:39	197	01:02:43	186	00:37:11	01:58:33	
193	42	ZF	DANIELLA RAVEH	CHAPEL HILL NC	150	00:19:51	177	01:00:33	202	00:38:40	01:59:03	
194	46		ANGELA DUPREE	RALEIGH NC	187	00:22:12	174	01:00:12	189	00:37:22	01:59:44	
195	28	NF	KATIE FOOTE	LELAND NC	64	00:16:18	214	01:07:16	180	00:36:18	01:59:51	
196	52		LEE ANNE RUSSELL	WHISPERING PINES NC	204	00:24:14	185	01:01:38	174	00:35:06	02:00:57	
197	31		MEG RUSCHMANN	CHARLOTTE NC	146	00:19:47	186	01:01:44	205	00:39:42	02:01:11	
198	29		ANDREA GIANNI	ODENTON MD	124	00:19:02	204	01:03:15	190	00:37:27	00:02:00	02:01:43
199	38	A	JANET YOUNG	HILLSBOROUGH NC	180	00:21:31	159	00:57:43	219	00:43:04	02:02:16	
200	19	NF	NICOLE DEGREEF	FAYETTEVILLE NC	93	00:17:47	194	01:02:29	215	00:42:07	02:02:21	
201	40	ZF	LORI MCLEOD	RALEIGH NC	214	00:26:37	192	01:02:11	161	00:34:02	02:02:50	
202	48		SARAH SCHROEDER	RALEIGH NC	194	00:23:08	193	01:02:15	191	00:37:28	02:02:50	
203	34	A	KATIE CURRIN	CHARLOTTE NC	156	00:20:08	182	01:01:14	216	00:42:25	02:03:46	
204	36	NF	LORI DEMAURO	MEBANE NC	217	00:27:27	175	01:00:26	179	00:36:17	02:04:10	
205	35		TRICIA MASLYN	MOSELEY VA	220	00:28:01	187	01:01:49	170	00:34:42	02:04:30	
206	31		JULIE RUMBURG	GLENSHAWQ PA	200	00:23:37	215	01:07:22	159	00:33:46	02:04:45	
207	48	ZF	CHERYL EBERT	WINSTON -SALEM NC	206	00:24:31	188	01:01:56	201	00:38:36	02:05:02	
208	34	A	JENNY LANKA	RALEIGH NC	106	00:18:29	217	01:08:46	194	00:37:58	02:05:13	

209	41		JESSICA SHINHOLSTER	ATLANTA GA	163	00:20:15	199	01:02:50	209	00:40:43	00:02:00	02:05:47
210	33		AMBER LINEBACK	CHARLOTTE NC	203	00:23:58	198	01:02:44	204	00:39:28		02:06:10
211	39		CHRISTINE VAYO	WILMINGTON NC	224	00:29:20	172	01:00:00	184	00:36:59		02:06:17
212	32		JENNIFER PARKER	CARY NC	151	00:19:51	206	01:03:38	221	00:43:24		02:06:51
213	45	ZF	SUE MEIER	WILMINGTON NC	174	00:20:53	201	01:03:04	220	00:43:23		02:07:19
214	38	NF	ANGIE HEDGEPEETH	WILMINGTON NC	209	00:24:55	203	01:03:14	212	00:41:26		02:09:33
215	27	NF	MEGAN TURK	CHARLOTTE NC	164	00:20:17	221	01:11:55	193	00:37:38		02:09:50
216	28	NF	KRISTI DAVIS	LELAND NC	211	00:24:56	205	01:03:26	213	00:41:40		02:10:00
217	23		ERICA WRENCHER	MORRISVILLE NC	205	00:24:21	222	01:13:40	149	00:32:41		02:10:41
218	40	ZF	DAMARIS CALEY	APEX NC	226	00:35:56	184	01:01:27	168	00:34:38		02:12:00
219	30	NF	ANGELA NGUYEN	MORRISVILLE NC	225	00:32:48	219	01:10:00	111	00:30:23		02:13:10
220	53		LINDA CLARK	MEBANE NC	202	00:23:51	171	00:59:46	224	00:49:58		02:13:34
221	34	NF	ALICIA PANDIMOS MAURER	DURHAM NC	223	00:29:02	218	01:08:49	210	00:41:16		02:19:06
222	32		KELLY SIMPSON	DURHAM NC	161	00:20:11	223	01:14:49	217	00:42:30	00:02:00	02:19:29
223	55		SHELLEY HIGGINS	CARRBORO NC	227	00:36:59	195	01:02:34	211	00:41:21		02:20:53
224	26		REBECCA DICKENSON	FUQUAY VARINA NC	222	00:28:51	216	01:08:14	222	00:44:44		02:21:48
225	62		DONNA GRESSMAN	LELAND NC	218	00:27:27	220	01:11:22	218	00:43:00		02:21:48
226	37	NF	BARBARA WALTERS	WILMINGTON NC	189	00:22:30	224	01:23:41	223	00:49:44	00:02:00	02:37:54 Y
227	53	A	NANCY GIANNI	PITTSBURGH PA	228	00:49:00	225	01:26:16	225	01:01:32		03:16:46
228	23		NOELLE FLAUAUS	WILMINGTON NC	32	00:15:01	21	00:45:10			00:02:00	
229	37		LYNN ZEDEK	RALEIGH NC	100	00:18:11						

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