

2011 White Lake Spring Half

Overall Men

White Lake, NC 5/07/2011 07:00AM

** Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	T1	Rank	BIKE	T2	Mile6.55	Rank	RUN	PENALTY	Time	DQ
1	2	M	28	OM	Tom Clifford	Wilmington NC	00:00:44	7	02:17:30	00:00:51	00:38:41	1	01:21:36		03:40:40	
2	30	M	40	MM	Christopher Zieman	Chapel Hill NC	00:01:41	1	02:14:22	00:01:41	00:43:29	2	01:25:16		03:42:58	
3	10	M	35	OM	Kit Phillips	Apex NC	00:00:49	2	02:15:41	00:01:09	00:42:05	6	01:25:58		03:43:36	
4	3	M	40	MM	Mark Carey	Chapel Hill NC	00:00:51	5	02:16:55	00:00:52	00:40:43	3	01:25:26		03:44:02	
5	16	M	27	OM	James Haycraft	Charlotte NC	00:00:55	4	02:16:15	00:01:24	00:41:39	4	01:25:52		03:44:25	
6	23	M	40	MM	Bruce Richter	Grimesland NC	00:00:49	3	02:15:59	00:00:58	00:43:07	11	01:28:21		03:46:05	
7	515	M	29	OM	Sebastian Binnemann	Charlotte NC	00:00:49	8	02:17:41	00:00:59	00:42:26	9	01:27:55		03:47:23	
8	13	M	38	OM	Andrew Fletcher	Davidson NC	00:01:06	18	02:20:21	00:01:00	00:43:58	10	01:27:57		03:50:23	
9	266	M	31		Michael Starkey	Waxhaw NC	00:01:13	21	02:22:37	00:01:01	00:42:27	5	01:25:52		03:50:42	
10	426	M	37		Rodney Scott	Raleigh NC	00:01:05	15	02:18:47	00:01:24	00:43:17	16	01:31:08		03:52:23	
11	329	M	49		Steve Patterson	Virginia Beach VA	00:01:16	27	02:24:24	00:01:24	00:43:35	8	01:27:21		03:54:23	
12	15	M	38	OM	John Behme	Huntersville NC	00:01:08	19	02:20:21	00:01:03	00:45:13	20	01:32:04		03:54:35	
13	34	M	31		Terence Costello	Durham NC	00:01:02	12	02:18:29	00:01:10	00:45:20	24	01:33:59		03:54:39	
14	7	M	34	OM	Jay Carmine	Leland NC	00:01:07	10	02:18:21	00:01:03	00:46:28	26	01:34:22		03:54:51	
15	76	M	43		Jeff Hulting	Severna Park MD	00:00:59	26	02:24:22	00:01:20	00:45:34	14	01:30:16		03:56:56	
16	9	M	42	MM	Deshon Davis	Cary NC	00:01:09	17	02:20:19	00:00:57	00:45:05	28	01:35:09		03:57:32	
17	166	M	25		Jonathan Anderson	Roanoke Rapids NC	00:00:55	13	02:18:38	00:01:02	00:46:37	49	01:38:43		03:59:16	
18	537	M	31		Nick White	Cornelius NC	00:01:00	6	02:17:08	00:01:11	00:48:43	59	01:40:50		04:00:08	
19	12	M	50	MM	Wade Laufenberg	North Wilkesboro NC	00:01:03	16	02:20:00	00:01:12	00:48:33	44	01:38:13		04:00:27	
20	14	M	45	MM	John Camele	Marysville MI	00:00:57	11	02:18:22	00:01:13	00:46:04	56	01:39:58		04:00:27	
21	545	M	39		Spencer Cocanour	Southern Pines NC	00:01:04	41	02:27:27	00:01:07	00:44:38	18	01:31:37		04:01:13	
22	213	M	37		Steve Gangemi	Pittsboro NC	00:01:20	28	02:24:25	00:01:25	00:46:57	31	01:35:39		04:02:49	

23	31	M	40		Neil Peterken	Wilmington NC	00:01:08	32	02:25:26	00:01:05	00:45:00	33	01:35:57		04:03:34
24	393	M	31		Kenrick Smith	Schnecksville PA	00:01:09	53	02:32:10	00:01:09	00:42:43	12	01:29:26		04:03:52
25	355	M	26		Sylvain Lefebvre	Wilmington NC	00:01:04	20	02:22:26	00:01:10	00:47:32	52	01:39:39		04:04:18
26	8	M	40	MM	Marty Gaal	Cary NC	00:01:20	22	02:23:01	00:02:13	00:46:50	42	01:37:55		04:04:28
27	432	M	35		John Blausey	Willow Spring NC	00:01:21	25	02:24:17	00:01:56	00:48:17	37	01:37:02		04:04:35
28	24	M	48	MM	Bobby Dixon	Apex NC	00:01:17	40	02:27:21	00:01:29	00:47:51	29	01:35:17		04:05:22
29	251	M	27		Joshua Davis	Fayetteville NC	00:01:22	35	02:26:46	00:00:59	00:47:49	38	01:37:03		04:06:10
30	139	M	20		Will Powell	Chapel Hill NC	00:01:39	67	02:34:51	00:01:23	00:44:06	13	01:29:36		04:07:28
31	478	M	32		Phillip Mansueto	Statesville NC	00:01:30	48	02:30:38	00:01:33	00:44:18	23	01:33:53		04:07:33
32	326	M	42		Doug Cowell	Pittsboro NC	00:01:19	37	02:27:10	00:01:21	00:46:17	46	01:38:20		04:08:09
33	48	M	34		Todd Midgett	Wilmington NC	00:01:02	44	02:28:27	00:00:56	00:49:55	43	01:38:01		04:08:25
34	330	M	39		Brad Fraedrich	Simpsonville SC	00:01:20	38	02:27:11	00:01:10	00:50:21	53	01:39:39		04:09:20
35	504	M	24		Brian Jastrebsky	Chesapeake VA	00:01:16	31	02:25:13	00:01:05	00:44:17	15	01:30:35	00:12:00	04:10:07
36	144	M	32		Jonathan Story	Charlotte NC	00:01:00	54	02:32:11	00:02:04	00:46:39	17	01:31:26	00:04:00	04:10:39
37	71	M	40		Mark Olson	Davidson NC	00:01:24	23	02:23:47	00:01:18	00:52:04	86	01:45:47		04:12:14
38	268	M	29		Timothy Ferguson	Charlotte NC	00:01:08	51	02:31:56	00:01:28	00:45:49	47	01:38:31		04:13:02
39	549	M	26		Duran Greene	Apex NC	00:00:58	123	02:39:38	00:01:19	00:42:41	7	01:27:12	00:04:00	04:13:06
40	53	M	37		Tommy Mitchell	Davidson NC	00:01:25	39	02:27:17	00:01:16	00:51:14	68	01:43:24		04:13:21
41	134	M	51		Todd Willis	Cary NC	00:01:09	106	02:38:50	00:01:11	00:46:08	21	01:33:00		04:14:09
42	473	M	42		Wim Baudringhien	Gastonia NC	00:01:24	50	02:31:55	00:01:43	00:49:34	54	01:39:41		04:14:41
43	150	M	41		James Ruth	Charlotte NC	00:01:06	24	02:24:02	00:01:25	00:52:26	96	01:48:38		04:15:11
44	334	M	45		John Soggs	Charlotte NC	00:01:15	74	02:35:16	00:02:27	00:47:53	34	01:36:22		04:15:19
45	106	M	40		Russell Hoch	Raleigh NC	00:01:11	86	02:36:22	00:01:08	00:48:30	39	01:37:11		04:15:51
46	391	M	31		Jon Brown	Raleigh NC	00:01:09	59	02:33:09	00:01:09	00:47:22	58	01:40:37		04:16:02
47	179	M	50		Clayton Clark	Pinehurst NC	00:01:19	70	02:35:02	00:01:22	00:47:23	48	01:38:34		04:16:16
48	450	M	21		James Zhou	Durham NC	00:00:54	14	02:18:43	00:01:04	00:49:36	134	01:55:40		04:16:19
49	581	M	38		Ryan Werner	Cornelius NC	00:01:23	43	02:28:17	00:01:22	00:49:34	81	01:45:20		04:16:20
50	227	M	41		Brad Herndon	Greensboro NC	00:00:59	77	02:35:30	00:00:52	00:48:01	55	01:39:44		04:17:03
51	114	M	39		Kent Picklesimer	Charlotte NC	00:01:17	62	02:33:47	00:01:20	00:47:58	65	01:41:51		04:18:14
52	202	M	43		Ted Armour	Cary NC	00:01:36	66	02:34:48	00:01:06	00:48:42	61	01:41:04		04:18:32
53	539	M	37		Timothy Vest	Huntersville NC	00:01:15	65	02:34:36	00:01:08	00:49:54	64	01:41:49		04:18:46

54	500	M	24		David Kirby	Chapel Hill NC	00:01:27	137	02:40:54	00:02:32	00:45:35	27	01:35:05	04:19:57	
55	115	M	23		Christopher Chauvin	Cornelius NC	00:01:21	93	02:37:08	00:01:26	00:48:51	57	01:40:32	04:20:26	
56	289	M	39		Jim Molnar	Cary NC	00:01:42	52	02:31:57	00:01:42	00:48:53	79	01:45:08	04:20:27	
57	498	M	37		Elliot Zaragoza	Chapel Hill NC	00:01:00	143	02:42:09	00:01:28	00:47:24	36	01:36:41	04:21:16	
58	503	M	45		Walt Fulcher	Raleigh NC	00:01:16	30	02:24:58	00:01:32	00:53:45	125	01:53:52	04:21:36	
59	19	M	48	MM	Richard Sexton	Concord NC	00:01:06	178	02:46:01	00:01:34	00:46:05	25	01:34:03	04:22:43	
60	61	M	39		Joey Rossi	Raleigh NC	00:01:24	82	02:36:01	00:01:30	00:47:40	69	01:43:56	04:22:50	
61	427	M	35		Brian Allen	Cary NC	00:01:25	84	02:36:08	00:02:12	00:48:33	67	01:43:08	04:22:51	
62	446	M	41		James Lewis	Pace FL	00:02:06	94	02:37:21	00:01:53	00:51:21	63	01:41:44	04:23:02	
63	331	M	26		Brad Tripp	Raleigh NC	00:01:14	98	02:37:45	00:01:59	00:47:25	50	01:38:45	00:04:00	04:23:41
64	247	M	45		Anthony Vukovics	Winston Salem NC	00:00:51	183	02:46:13	00:01:27	00:46:22	30	01:35:29	04:23:59	
65	476	M	33		Barry Graham	Pembroke NC	00:01:11	57	02:32:56	00:02:20	00:53:08	94	01:48:10	04:24:36	
66	260	M	36	C	Michael Shurko	Fayetteville NC	00:01:08	34	02:26:43	00:01:03	00:55:04	136	01:55:49	04:24:42	
67	404	M	43		Tom Moore	Davenport IA	00:01:08	215	02:48:57	00:02:01	00:45:08	22	01:33:00	04:25:05	
68	187	M	44		Rob Price	Richmond VA	00:01:15	91	02:36:44	00:02:52	00:53:38	73	01:44:17	04:25:07	
69	259	M	40		Mark Locklear	Lumberton NC	00:01:20	87	02:36:25	00:01:20	00:52:46	88	01:46:24	04:25:28	
70	167	M	52		Craig Gilbert	Durham NC	00:00:57	111	02:39:00	00:01:28	00:51:33	76	01:44:31	04:25:55	
71	372	M	42	MC	Christian Beare	San Anselmo CA	00:01:15	124	02:39:39	00:01:16	00:50:13	71	01:44:09	04:26:17	
72	520	M	44		Brian Bartholomew	Charlottesville VA	00:01:14	184	02:46:15	00:01:27	00:48:23	41	01:37:51	04:26:45	
73	29	M	51	MM	Philip Hatcher	Wilmington NC	00:00:52	36	02:26:47	00:00:50	00:54:35	155	01:58:22	04:26:50	
74	99	M	32		Jason Fish	Charlotte NC	00:00:59	72	02:35:03	00:01:46	00:49:48	102	01:49:27	04:27:13	
75	168	M	26		Nick Livy	Raleigh NC	00:01:14	81	02:35:57	00:01:29	00:55:23	97	01:48:44	04:27:23	
76	84	M	39		Matt Stinnett	Wilmington NC	00:01:20	56	02:32:35	00:01:53	00:53:50	111	01:51:41	04:27:27	
77	328	M	39		Alex Justice	Advance NC	00:01:00	42	02:28:09	00:01:11	00:54:20	145	01:57:12	04:27:31	
78	173	M	17		Alex Werden	Chapel Hill NC	00:01:19	196	02:47:20	00:01:40	00:46:56	40	01:37:16	04:27:33	
79	296	M	40		David Glasgow	Holly Springs NC	00:02:37	83	02:36:03	00:03:25	00:53:51	83	01:45:38	04:27:42	
80	158	M	59		John Austin	Wake Forest NC	00:01:10	126	02:39:41	00:01:19	00:52:17	85	01:45:39	04:27:48	
81	468	M	27		Patrick Bruff	Wilmington NC	00:01:11	129	02:40:02	00:01:25	00:51:25	80	01:45:20	04:27:56	
82	262	M	48		Robert Moody	Durham NC	00:01:07	47	02:29:55	00:01:18	00:57:09	133	01:55:37	04:27:56	
83	184	M	42		Edward McDermott	Jacksonville NC	00:01:09	89	02:36:27	00:01:29	00:50:30	99	01:49:13	04:28:16	
84	258	M	32		Sean Kenney	Greensboro NC	00:01:18	45	02:28:31	00:02:02	00:52:59	143	01:56:39	04:28:28	

85	263	M	30	John Kusturiss	Alexandria VA	00:01:13	120	02:39:34	00:01:45	00:52:35	87	01:46:05	04:28:36	
86	118	M	61	Joseph Knap	Bay Village OH	00:01:49	69	02:34:57	00:02:45	00:52:52	100	01:49:14	04:28:44	
87	32	M	40	Shawn Spencer	Wilmington NC	00:01:03	80	02:35:53	00:01:09	00:50:53	109	01:51:10	04:29:13	
88	160	M	31	Frederick Kim	Huntersville NC	00:01:01	119	02:39:33	00:01:18	00:50:35	92	01:47:57	04:29:48	
89	235	M	39	Jay Jenkins	Waxhaw NC	00:01:43	103	02:38:23	00:01:55	00:51:49	70	01:44:04	00:04:00	04:30:03
90	345	M	35	Ryan Kerfien	Huntersville NC	00:01:21	49	02:31:20	00:01:27	00:53:32	139	01:56:03	04:30:09	
91	207	M	41	Patrick Mulligan	Wilmington NC	00:01:06	110	02:38:59	00:02:20	00:53:07	93	01:48:02	04:30:25	
92	525	M	53	David Jones	Cary NC	00:01:11	102	02:38:11	00:01:59	00:53:12	101	01:49:21	04:30:40	
93	381	M	26	Mark Kohler	Durham NC	00:01:06	76	02:35:22	00:01:41	00:52:12	117	01:52:41	04:30:48	
94	208	M	36	Daniel Gobel	Raleigh NC	00:01:08	160	02:43:49	00:02:03	00:51:53	72	01:44:11	04:31:10	
95	447	M	33	Adam Burke	Raleigh NC	00:00:52	169	02:45:04	00:01:34	00:49:45	74	01:44:22	04:31:50	
96	431	M	40	Thomas Kilmurry	Charlotte NC	00:01:12	71	02:35:03	00:01:47	00:55:35	124	01:53:49	04:31:50	
97	188	M	48	David Lavelly	Rocky Mount NC	00:02:07	238	02:52:29	00:01:29	00:46:42	32	01:35:54	04:31:58	
98	58	M	45	Louis Soleo	Cary NC	00:01:26	75	02:35:19	00:03:09	00:53:41	114	01:52:11	04:32:04	
99	506	M	39	Joel Wright	Carrbror NC	00:01:05	170	02:45:10	00:01:42	00:52:25	75	01:44:24	04:32:20	
100	302	M	37	John Peterson	Virginia Beach VA	00:01:30	95	02:37:25	00:01:33	00:52:52	112	01:51:55	04:32:22	
101	466	M	32	Jon Duggan	Durham NC	00:01:52	198	02:47:29	00:01:32	00:51:44	66	01:42:23	04:33:15	
102	291	M	32	Daniel Kochis	Dc DC	00:01:13	168	02:45:00	00:01:34	00:51:18	82	01:45:35	04:33:21	
103	195	M	30	Wade Barts	Charlotte NC	00:01:03	176	02:45:47	00:01:26	00:49:08	84	01:45:39	04:33:53	
104	350	M	38	David Lovelace	Winterville NC	00:01:39	109	02:38:56	00:01:13	00:53:48	113	01:52:07	04:33:54	
105	536	M	39	Michael Welker	Holly Springs NC	00:02:08	159	02:43:49	00:01:37	00:51:02	90	01:47:02	04:34:35	
106	395	M	39	Tony Petros	Fayetteville NC	00:01:13	63	02:34:16	00:01:47	00:54:00	148	01:57:24	04:34:39	
107	298	M	42	David Wagner	Cary NC	00:01:23	136	02:40:49	00:01:23	00:53:22	110	01:51:35	04:35:09	
108	185	M	43	Kirk Jones	Greenville NC	00:01:23	197	02:47:20	00:01:56	00:52:00	77	01:44:38	04:35:15	
109	512	M	35	Josh Hayes	Cornelius NC	00:01:13	132	02:40:10	00:01:27	00:55:07	122	01:53:25	04:36:13	
110	112	M	41	Blake Hardin	Durham NC	00:01:12	61	02:33:26	00:01:07	00:55:39	170	02:00:45	04:36:28	
111	400	M	45	David Haebig	Fayetteville NC	00:01:26	161	02:44:13	00:03:39	00:52:44	91	01:47:32	04:36:49	
112	177	M	51	Asa Beavers	Holly Springs NC	00:01:39	100	02:37:54	00:02:09	00:56:00	129	01:55:13	04:36:53	
113	323	M	41	Ben Nessmith	Statesboro GA	00:01:35	112	02:39:09	00:02:24	00:58:06	126	01:54:05	04:37:12	
114	408	M	36	Roger Wagoner	Easley SC	00:01:23	73	02:35:08	00:01:30	00:55:59	159	01:59:20	04:37:20	
115	452	M	41	Logan Depue	Hampstead NC	00:01:17	219	02:49:25	00:02:00	00:48:31	78	01:45:06	04:37:46	

116	455	M	30		Patrick Mincey	Aberdeen NC	00:01:15	234	02:52:11	00:02:31	00:48:46	45	01:38:16	00:04:00	04:38:12
117	41	M	45		Ernie Ward	Calabash NC	00:01:01	145	02:42:09	00:02:12	00:54:16	120	01:53:09		04:38:30
118	428	M	37		Chris Lewis	Wake Forest NC	00:00:57	88	02:36:25	00:01:04	00:54:42	167	02:00:10		04:38:34
119	394	M	31		Josh Barrett	Taylors SC	00:00:59	101	02:38:10	00:01:43	00:54:38	151	01:57:44		04:38:35
120	197	M	53		Glenn Woodruff	Annapolis MD	00:01:10	90	02:36:31	00:01:45	00:57:33	157	01:59:11		04:38:35
121	552	M	37		Mitch Klass	Winston-Salem NC	00:01:42	139	02:41:26	00:02:02	00:52:49	104	01:49:58	00:04:00	04:39:08
122	274	M	35		Brian Diaz	Chapel Hill NC	00:01:23	155	02:43:09	00:01:30	00:55:45	121	01:53:12		04:39:12
123	421	M	35		Lex Depp Jr	Raleigh NC	00:00:58	79	02:35:41	00:03:37	00:55:59	158	01:59:12		04:39:27
124	582	M	31		Aaron Talley	Leland NC	00:01:08	141	02:42:08	00:03:32	00:56:01	118	01:52:54		04:39:41
125	458	M	30		Ralph Tompkins	Wilmington NC	00:01:07	293	03:00:16	00:02:02	00:45:13	35	01:36:27		04:39:51
126	556	M	47	ZM	Ian MacLeod	Huntersville NC	00:01:29	174	02:45:24	00:03:06	00:54:04	103	01:49:57		04:39:54
127	508	M	30		Russ Simmerman	Wilmington NC	00:01:11	260	02:55:36	00:02:45	00:47:32	60	01:41:01		04:40:31
128	325	M	39		Dietrich Glas	Charlotte NC	00:01:26	125	02:39:40	00:01:47	00:55:29	152	01:57:58		04:40:50
129	161	M	51		Anthony Read	Mooresville NC	00:01:34	152	02:42:58	00:03:56	00:56:06	115	01:52:30		04:40:57
130	505	M	44		Scott Daniel	Huntersville NC	00:01:22	64	02:34:21	00:01:11	00:57:00	189	02:04:12		04:41:04
131	479	M	41		Duncan Jones	Greensboro NC	00:02:23	133	02:40:19	00:03:05	00:53:43	131	01:55:23		04:41:09
132	430	M	28		Andrew MacIntyre	Durham NC	00:01:20	320	03:05:57	00:02:13	00:45:24	19	01:31:47		04:41:17
133	346	M	48		Keith Hines	Goldsboro NC	00:01:15	60	02:33:23	00:01:33	01:00:15	198	02:05:14		04:41:24
134	170	M	44		Randy Talton	Cary NC	00:01:43	107	02:38:54	00:05:07	00:54:34	135	01:55:44		04:41:26
135	563	M	28	NM	David Meeker	Raleigh NC	00:01:51	276	02:57:40	00:02:49	00:47:14	51	01:39:07		04:41:26
136	72	M	48		John Marotta	Charlotte NC	00:01:19	208	02:48:16	00:01:13	00:50:38	106	01:50:40		04:41:27
137	300	M	31		Jim Fernandes	Raleigh NC	00:01:23	115	02:39:14	00:01:38	00:57:16	163	01:59:48		04:42:02
138	530	M	52		John Culver	Charlotte NC	00:01:22	135	02:40:40	00:02:47	00:57:56	150	01:57:38		04:42:25
139	55	M	45		Matt Marren	Wilmington NC	00:01:18	78	02:35:37	00:02:03	00:57:13	180	02:03:33		04:42:29
140	286	M	50		Craig Fulton	Camp Lejeune NC	00:01:29	114	02:39:10	00:02:01	00:56:24	164	01:59:52		04:42:30
141	415	M	49	MC	John Degreef	Fayetteville NC	00:01:34	96	02:37:34	00:01:30	00:57:59	176	02:02:23		04:42:59
142	529	M	48		Thomas Hughes	Charlotte NC	00:01:37	134	02:40:35	00:01:31	00:55:43	160	01:59:27		04:43:09
143	199	M	39	C	Michael Majewski	Fairfax VA	00:01:52	193	02:46:59	00:01:40	00:54:48	119	01:53:08		04:43:38
144	353	M	38		Paul Dayton	Carrboro NC	00:01:27	212	02:48:35	00:02:41	00:56:11	108	01:51:01		04:43:42
145	206	M	26		Travis Beam	Mooresville NC	00:01:01	33	02:25:47	00:02:00	00:56:08	242	02:15:07		04:43:53
146	131	M	21		Ross Taggart	Greensboro NC	00:00:56	254	02:55:13	00:01:12	00:51:57	89	01:46:35		04:43:56

147	332	M	41	Thomas Necessary	Concord NC	00:01:43	192	02:46:52	00:02:59	00:51:14	116	01:52:40	04:44:13	
148	522	M	34	Jeremy Meyer	Shelby NC	00:00:56	130	02:40:05	00:01:11	00:56:08	178	02:02:53	04:45:03	
149	543	M	49	Craig Hagood	Apex NC	00:01:24	46	02:29:44	00:01:35	01:01:59	226	02:12:25	04:45:06	
150	333	M	42	Brad Wambeke	Fayetteville NC	00:01:19	108	02:38:54	00:01:29	00:58:54	161	01:59:37	00:04:00	04:45:18
151	248	M	25	Thomas Revelle	Murfreesboro NC	00:01:08	190	02:46:32	00:01:48	00:52:23	141	01:56:23	04:45:49	
152	411	M	36	Mark Clary	Shelby NC	00:01:21	122	02:39:37	00:01:43	00:59:00	181	02:03:34	04:46:14	
153	451	M	49	Dick Smiley	Winston-Salem NC	00:01:26	213	02:48:38	00:01:43	00:52:29	128	01:55:02	04:46:48	
154	433	M	28	Jason Bevier	Cary NC	00:01:13	185	02:46:17	00:01:30	00:58:26	153	01:58:07	04:47:06	
155	228	M	46	MC Tucker Hite	Severna Park MD	00:01:10	127	02:39:42	00:01:43	01:00:52	192	02:04:38	04:47:11	
156	444	M	38	Michael Amazon	Kernersville NC	00:01:37	203	02:47:56	00:01:55	00:56:37	137	01:55:52	04:47:19	
157	502	M	27	Drew Howlett	Piedmont SC	00:01:07	214	02:48:46	00:02:08	00:58:11	130	01:55:20	04:47:20	
158	360	M	30	Corey Pflueger	Denver CO	00:01:37	144	02:42:09	00:03:04	00:56:25	169	02:00:33	04:47:22	
159	423	M	43	Anthony Biller	Raleigh NC	00:01:42	68	02:34:52	00:02:42	00:57:48	207	02:08:21	04:47:36	
160	418	M	21	Stephen Rusterholz	Lane NC	00:01:01	207	02:48:16	00:02:03	00:57:12	144	01:57:10	04:48:28	
161	146	M	51	Kevin Norris	Holly Springs NC	00:01:41	165	02:44:41	00:02:03	00:57:59	166	02:00:08	04:48:31	
162	496	M	39	Clint Junker	Mocksville NC	00:01:00	172	02:45:12	00:01:21	00:54:06	147	01:57:23	00:04:00	04:48:55
163	354	M	41	Eric Halvorson	Chapel Hill NC	00:01:12	150	02:42:31	00:01:18	00:55:04	190	02:04:23	04:49:22	
164	181	M	50	Marcus Boggs	Virginia Beach VA	00:01:44	146	02:42:09	00:02:49	00:56:49	177	02:02:45	04:49:26	
165	82	M	43	Mark Jackson	Raleigh NC	00:01:34	244	02:54:05	00:01:58	00:53:29	95	01:48:21	00:04:00	04:49:57
166	343	M	25	Gregory Cohan	Raleigh NC	00:01:26	186	02:46:23	00:01:26	00:55:54	171	02:00:49	04:50:02	
167	189	M	28	Evan Galloway	Chapel Hill NC	00:01:53	240	02:53:07	00:04:36	00:51:02	107	01:50:49	04:50:24	
168	316	M	49	Christopher Ellis	Marcy NY	00:02:37	149	02:42:30	00:05:35	00:58:17	162	01:59:44	04:50:24	
169	113	M	48	Eric Misenheimer	Mebane NC	00:01:44	113	02:39:09	00:01:48	00:55:36	205	02:07:45	04:50:25	
170	224	M	43	David Culbertson	Raleigh NC	00:01:33	248	02:54:25	00:01:40	00:55:14	123	01:53:36	04:51:12	
171	442	M	45	Christopher Brown	Statesville NC	00:01:45	255	02:55:19	00:02:00	00:50:13	98	01:48:46	00:04:00	04:51:48
172	303	M	37	Jonathan Felten	Cary NC	00:01:34	243	02:53:46	00:01:37	00:54:57	127	01:54:54	04:51:51	
173	357	M	31	Ben Gilman	Huntersville NC	00:01:38	164	02:44:29	00:02:28	00:58:29	179	02:03:31	04:52:06	
174	201	M	35	Charles Hawley	Huntersville NC	00:01:03	241	02:53:10	00:01:49	00:54:33	142	01:56:23	04:52:24	
175	438	M	37	Jeff Greene	Raleigh NC	00:01:33	227	02:50:45	00:01:56	01:02:17	156	01:59:09	04:53:22	
176	276	M	60	Philip Benton	Southern Pines NC	00:01:37	92	02:36:45	00:01:50	01:03:38	233	02:13:18	04:53:29	
177	312	M	34	David Olson	Winston Salem NC	00:01:30	148	02:42:18	00:02:13	00:51:59	185	02:03:54	00:04:00	04:53:54

178	81	M	38	C	Brad Davis	Raleigh NC	00:01:26	251	02:54:32	00:02:05	00:55:49	138	01:55:57	04:53:59	
179	126	M	40		Eric Rysdon	Charlotte NC	00:01:21	162	02:44:19	00:02:09	00:59:25	200	02:06:12	04:54:00	
180	392	M	33		Kore Bendix	Bristow VA	00:01:06	191	02:46:39	00:02:08	00:58:42	191	02:04:36	04:54:28	
181	495	M	33		Geoffrey Simmons	Dubai XX	00:01:17	201	02:47:38	00:01:45	01:00:23	186	02:04:02	04:54:40	
182	577	M	51	PC	Paul Leonard	Fayetteville NC	00:01:17	97	02:37:41	00:03:00	01:04:30	229	02:12:47	04:54:44	
183	172	M	39		Aaron Landry	Pinehurst NC	00:01:41	188	02:46:30	00:01:50	01:01:30	197	02:05:10	04:55:09	
184	169	M	42		Chris Brewer	Roanoke Rapids NC	00:01:20	151	02:42:40	00:01:51	00:58:51	214	02:09:40	04:55:30	
185	85	M	26		Doug Ornoff	Chapel Hill NC	00:03:12	273	02:57:13	00:04:47	00:53:51	105	01:50:28	04:55:39	
186	77	M	46		John Carmichael	Suffolk VA	00:01:27	85	02:36:21	00:02:21	01:04:36	246	02:15:44	04:55:52	
187	320	M	42		Eric Seale	Rocky Mount NC	00:01:25	121	02:39:35	00:04:20	01:02:13	218	02:10:43	04:56:01	
188	299	M	54		David Murray	Glen Allen VA	00:01:56	225	02:50:20	00:03:02	00:59:41	172	02:00:55	04:56:11	
189	507	M	24		Austin Howlett	Wilmington NC	00:00:58	340	03:12:46	00:01:17	00:48:24	62	01:41:15	04:56:14	
190	124	M	53		Dave Campbell	Durham NC	00:01:29	104	02:38:36	00:01:55	01:01:24	238	02:14:26	04:56:24	
191	211	M	48		David Welch	Winston Salem NC	00:01:21	153	02:43:03	00:02:37	01:00:45	215	02:09:42	04:56:42	
192	362	M	35		Maximiliano Ivanovich	Durham NC	00:01:47	99	02:37:49	00:02:46	01:01:13	241	02:14:57	04:57:18	
193	270	M	48		Bryan Maynor	Pembroke NC	00:02:21	166	02:44:58	00:03:35	01:00:24	201	02:06:45	04:57:37	
194	339	M	46	MC	Scott Snape	Central SC	00:01:47	131	02:40:05	00:01:28	01:01:57	240	02:14:38	04:57:58	
195	219	M	47		Clifford Amos	Rocky Mount NC	00:01:54	282	02:58:41	00:01:54	00:54:59	132	01:55:35	04:58:02	
196	534	M	62		Glenn Gilchrist	Southern Pines NC	00:01:46	272	02:57:11	00:02:11	00:56:17	146	01:57:17	04:58:23	
197	264	M	57		Jim McCleary	Raleigh NC	00:01:09	220	02:49:50	00:03:21	01:00:37	187	02:04:04	04:58:23	
198	193	M	32		Jason Gilmore	Charlotte NC	00:01:15	274	02:57:18	00:02:10	00:54:41	154	01:58:09	04:58:50	
199	257	M	29		John Brausch	Cary NC	00:01:33	158	02:43:38	00:01:34	01:03:05	231	02:13:07	04:59:51	
200	254	M	55		Michael Caveness	Wilmington NC	00:01:06	181	02:46:12	00:01:21	01:03:24	222	02:11:14	04:59:52	
201	434	M	41		David Berkoff	Chapel Hill NC	00:01:28	211	02:48:32	00:03:06	01:02:27	202	02:06:58	05:00:02	
202	174	M	45		Andrew Werden	Chapel Hill NC	00:01:37	239	02:52:47	00:04:20	01:01:03	173	02:01:30	05:00:13	
203	359	M	34		James Stegen	Chapel Hill NC	00:01:14	204	02:48:08	00:03:06	00:56:36	206	02:07:57	05:00:24	
204	37	M	38		Jason Parker	Aberdeen NC	00:00:54	167	02:45:00	00:01:01	01:04:20	234	02:13:40	05:00:34	
205	564	M	51	ZM	Jere Dearing	Rocky Point NC	00:01:43	182	02:46:13	00:05:28	00:59:54	203	02:07:15	05:00:37	
206	283	M	50		Mark Kemp	Burlington NC	00:01:31	171	02:45:12	00:01:20	01:03:14	230	02:12:58	05:01:00	
207	561	M	45	ZM	Jon Cangalosi	Davidson NC	00:02:57	187	02:46:24	00:02:56	01:00:26	195	02:05:02	00:04:00	05:01:18
208	483	M	40		Corey Locher	Cornelius NC	00:02:02	262	02:55:45	00:03:48	00:57:51	165	02:00:06	05:01:39	

209	102	M	51	Gary Medlin	Roanoke Rapids NC	00:01:24	105	02:38:42	00:02:02	01:06:08	260	02:19:33		05:01:40
210	281	M	24	Zac O'Brien	Davie County NC	00:00:48	58	02:33:04	00:01:30	01:04:05	273	02:22:26	00:04:00	05:01:46
211	465	M	39	Ray Estes	Aberdeen NC	00:01:29	301	03:01:16	00:02:48	00:56:34	140	01:56:20		05:01:52
212	290	M	58	David Brooks	Pembroke NC	00:01:37	258	02:55:32	00:02:45	01:00:45	175	02:02:01		05:01:54
213	384	M	28	Steven Smith	Fuquay Varina NC	00:01:45	235	02:52:13	00:03:13	00:59:59	196	02:05:03		05:02:13
214	229	M	47	Dan Kirse	Winston Salem NC	00:01:28	206	02:48:14	00:03:49	01:00:25	212	02:09:09		05:02:39
215	110	M	49	Scott Packard	Smithfield VA	00:01:55	222	02:49:59	00:01:57	00:59:58	216	02:09:45		05:03:34
216	230	M	44	Dan Reinhart	Bay Village OH	00:01:32	309	03:02:01	00:02:41	00:56:03	149	01:57:32		05:03:45
217	511	M	22	Kenney Ulrich	Annapolis MD	00:01:11	268	02:57:02	00:02:02	00:57:21	184	02:03:51		05:04:06
218	314	M	48	Jesse Cornelius	Williamsburg VA	00:01:43	210	02:48:22	00:01:34	01:00:44	227	02:12:32		05:04:09
219	241	M	39	Gary Millichip	Cary NC	00:01:29	230	02:51:01	00:02:37	00:58:30	211	02:09:06		05:04:11
220	521	M	55	Barry Pawson	Pittsboro NC	00:01:49	279	02:58:07	00:02:50	01:00:38	174	02:01:51		05:04:36
221	409	M	38	Michael Carder	Senoia, Ga. GA	00:03:37	249	02:54:25	00:03:36	01:01:09	182	02:03:39		05:05:15
222	288	M	36	Jeff Kern	Jackson Springs NC	00:01:05	118	02:39:33	00:01:06	00:54:10	265	02:20:14	00:04:00	05:05:57
223	351	M	43	James Hurr	Cameron NC	00:01:19	173	02:45:22	00:01:57	01:02:36	255	02:17:39		05:06:16
224	405	M	49	William Word	Beaverdam VA	00:01:28	285	02:59:06	00:05:25	01:00:38	168	02:00:18		05:06:16
225	87	M	38	John Morris	Winston-Salem NC	00:01:45	128	02:39:54	00:03:26	01:02:32	269	02:21:17		05:06:21
226	535	M	28	Michael Dion	Ft. Bragg NC	00:01:34	177	02:45:54	00:03:04	00:59:53	251	02:16:25		05:06:55
227	233	M	41	Scott Glover	Huntersville NC	00:01:18	259	02:55:36	00:02:29	00:56:59	183	02:03:47	00:04:00	05:07:07
228	560	M	42	ZM Scott Davis	High Point NC	00:02:06	175	02:45:34	00:01:48	01:07:43	259	02:18:24		05:07:51
229	484	M	36	C Jason Winfield	Apex NC	00:01:45	229	02:50:53	00:05:02	01:04:27	217	02:10:15		05:07:53
230	164	M	52	Dennis Davis	Roanoke Rapids NC	00:01:34	281	02:58:31	00:03:52	01:00:55	188	02:04:09		05:08:05
231	485	M	60	Richard Garrison	Cumming GA	00:01:58	194	02:47:00	00:03:27	01:07:25	247	02:15:55		05:08:18
232	215	M	46	Daniel O'Connell	Advance NC	00:01:48	221	02:49:52	00:06:08	01:01:01	220	02:11:03		05:08:50
233	518	M	31	C Eric O'Reilly	Wilmington NC	00:01:43	270	02:57:07	00:03:04	00:59:45	204	02:07:17		05:09:10
234	324	M	34	C Jay Williford	High Point NC	00:01:03	202	02:47:48	00:01:33	01:03:15	264	02:20:06		05:10:28
235	374	M	58	Lynn Callahan	Salem VA	00:01:19	252	02:54:36	00:02:14	01:03:59	225	02:12:22		05:10:30
236	407	M	45	Tony Simpson	Dunn NC	00:01:51	218	02:49:25	00:01:32	01:09:27	256	02:17:50		05:10:36
237	453	M	49	Jim Casper	Fuquay Varina NC	00:01:38	138	02:41:04	00:02:50	01:04:09	282	02:25:19		05:10:50
238	470	M	39	Adam Swank	Durham NC	00:01:40	265	02:56:34	00:03:51	00:57:24	210	02:09:00		05:11:04
239	327	M	38	Jason Coleman	Pinehurst NC	00:01:56	267	02:57:00	00:03:32	00:57:08	209	02:08:54		05:11:21

240	497	M	34		Glen Toomayan	Pinehurst NC	00:01:08	142	02:42:08	00:03:01	01:02:14	267	02:21:14	00:04:00	05:11:30
241	242	M	31		Matt Galbraith	Falls Church VA	00:01:17	232	02:51:43	00:04:12	01:03:26	237	02:14:22		05:11:33
242	255	M	39		Jason Irvin	Elm City NC	00:01:25	226	02:50:41	00:01:04	01:04:43	261	02:19:41		05:12:49
243	116	M	46		Jeffrey Lanier	Wilmington NC	00:01:16	163	02:44:29	00:01:28	01:06:53	283	02:25:40		05:12:52
244	225	M	40	MC	Brian Williams	Mocksville NC	00:01:15	189	02:46:31	00:02:17	01:08:51	274	02:23:07		05:13:08
245	576	M	21	NM	Tim Rose	Herndon VA	00:01:03	257	02:55:29	00:01:39	00:59:46	243	02:15:14		05:13:24
246	448	M	55		Rob Barnwell	Silver Spring MD	00:02:06	284	02:59:06	00:02:43	01:03:20	213	02:09:40		05:13:33
247	366	M	44		Bill Morrison	Durham NC	00:03:12	298	03:00:53	00:04:42	01:01:55	194	02:04:57		05:13:43
248	214	M	30		Trent Johnson	Carrboro NC	00:01:19	223	02:50:01	00:02:30	01:09:07	266	02:20:22		05:14:11
249	441	M	43		Peter Grieshop	Huntersville NC	00:01:15	199	02:47:33	00:02:05	01:02:21	278	02:24:35		05:15:27
250	399	M	45		Michael Peters	Hope Mills NC	00:01:08	209	02:48:18	00:02:33	01:04:07	277	02:24:17		05:16:15
251	540	M	52		Gary Hartsell	Albemarle NC	00:01:33	253	02:54:48	00:03:03	01:02:58	254	02:17:28		05:16:51
252	280	M	43		Sasha Digges, Jr.	Williamsburg VA	00:01:06	271	02:57:10	00:03:42	01:06:26	245	02:15:17		05:17:14
253	477	M	53		Jack Martin	Goochland VA	00:01:28	302	03:01:28	00:02:14	01:06:23	228	02:12:35		05:17:44
254	566	M	43	ZM	Parker Carilsle, IV	Greenville SC	00:01:46	154	02:43:08	00:02:36	01:05:44	295	02:30:58		05:18:26
255	143	M	39		James Gerdts	Raleigh NC	00:01:19	303	03:01:32	00:03:33	01:02:26	232	02:13:11		05:19:34
256	557	M	49	ZM	John Stetler	Raleigh NC	00:01:23	245	02:54:13	00:02:51	01:09:04	270	02:21:56		05:20:22
257	402	M	44		David Fountain	Raleigh NC	00:01:32	308	03:01:59	00:02:24	01:03:43	239	02:14:32		05:20:25
258	91	M	33		John W Collins	Apex NC	00:01:14	156	02:43:17	00:01:40	01:00:49	306	02:34:30		05:20:40
259	234	M	47		Scott Hazlett	Bay Village OH	00:01:36	266	02:56:36	00:02:45	01:06:25	249	02:16:06	00:04:00	05:21:01
260	559	M	51	ZM	Neal Cheek	Mocksville NC	00:01:42	325	03:07:46	00:02:22	00:59:22	199	02:05:37	00:04:00	05:21:26
261	336	M	39		Chris Blevins	Charlotte NC	00:01:23	307	03:01:55	00:03:07	01:02:37	244	02:15:16		05:21:39
262	279	M	37		Sean Neally	Clayton NC	00:01:24	205	02:48:12	00:02:25	01:06:52	291	02:29:44		05:21:44
263	51	M	35	C	Dusty Holcomb	Concord NC	00:02:19	157	02:43:23	00:01:18	01:10:12	307	02:35:17		05:22:16
264	175	M	47		Matt Morgan	Kernersville NC	00:02:09	179	02:46:03	00:03:50	01:06:00	285	02:26:19	00:04:00	05:22:20
265	65	M	38		Ray Locklear	Advance NC	00:01:34	319	03:05:50	00:03:53	01:02:59	221	02:11:13		05:22:29
266	78	M	53		Fred Perley	Charlotte NC	00:02:22	313	03:03:28	00:03:04	01:03:21	235	02:13:43		05:22:36
267	216	M	47		Rob Mitchell	Raleigh NC	00:02:21	327	03:08:41	00:03:17	01:01:30	208	02:08:47		05:23:05
268	524	M	42		Dan Johnston	Rock Hill SC	00:01:41	246	02:54:14	00:02:22	00:58:00	287	02:27:01		05:25:17
269	379	M	53		William Van Nostrand	East Setauket NY	00:01:54	283	02:58:42	00:02:50	01:02:38	271	02:21:58		05:25:21
270	103	M	43		Craig Kaufmann	Matthews NC	00:02:45	316	03:04:52	00:04:37	01:08:48	236	02:13:58		05:26:11

271	54	M	46		Alex Hagan	Cary NC	00:01:17	304	03:01:36	00:01:51	01:06:03	257	02:17:53	00:04:00	05:26:36
272	315	M	57		Bill Sandford	Concord NC	00:01:14	250	02:54:29	00:02:20	01:11:09	290	02:28:36		05:26:37
273	221	M	53		Gene Lowder	Winston Salem NC	00:01:47	294	03:00:16	00:03:21	01:02:51	268	02:21:15		05:26:38
274	191	M	35		Scottie Esposas	Raleigh NC	00:01:10	117	02:39:29	00:02:01	01:23:10	317	02:40:21	00:04:00	05:26:58
275	349	M	55		Terry Smith	Wilmington NC	00:01:32	233	02:52:01	00:03:38	01:13:23	294	02:30:43		05:27:53
276	79	M	47		Brent Niswander	Wake Forest NC	00:01:21	278	02:57:46	00:01:49	01:04:40	288	02:27:26		05:28:21
277	424	M	40		Rusty Pate	High Point NC	00:02:52	305	03:01:39	00:04:07	01:05:50	250	02:16:20	00:04:00	05:28:56
278	190	M	46		Alessandro Minichiello	Virginia Beach VA	00:01:43	237	02:52:23	00:02:25	01:09:45	300	02:32:37		05:29:07
279	142	M	42		Stacy Miller	Fletcher NC	00:01:56	280	02:58:27	00:02:39	01:09:52	284	02:26:14		05:29:14
280	101	M	43	MC	David Kreutzer	Matthews NC	00:01:17	242	02:53:28	00:02:48	01:07:19	289	02:27:46	00:04:00	05:29:17
281	272	M	33		Scott Foster	Chesapeake VA	00:04:26	291	02:59:58	00:04:04	01:07:07	252	02:16:53	00:04:00	05:29:20
282	52	M	46		Matt Furby	Southern Pines NC	00:01:40	330	03:08:56	00:02:49	01:07:18	248	02:16:00		05:29:24
283	440	M	43		Jeremy Salemsen	Chapel Hill NC	00:01:46	314	03:04:20	00:03:22	01:04:21	263	02:20:02		05:29:28
284	104	M	23		Nicholas Tracy	Chapel Hill NC	00:00:50	332	03:09:14	00:02:51	01:07:31	253	02:16:55		05:29:50
285	422	M	38		William Lai	Beverly MA	00:03:56	324	03:07:05	00:14:03	01:02:15	193	02:04:50		05:29:52
286	456	M	55		Scott Edwards	Bedford TX	00:03:41	331	03:09:02	00:06:12	01:02:10	223	02:11:20		05:30:13
287	527	M	21		Tyler Shepherd	Lexington NC	00:01:24	318	03:05:05	00:02:40	01:04:17	272	02:21:58		05:31:06
288	347	M	44		Winslow Rogers	Rocky Mount NC	00:01:49	216	02:48:59	00:03:38	01:09:42	311	02:37:37		05:32:02
289	538	M	45		Robert Campbell	Taylorsville NC	00:01:23	247	02:54:24	00:03:18	01:11:37	292	02:30:22	00:04:00	05:33:26
290	153	M	47		Michael Clark	Suffol VA	00:02:17	228	02:50:53	00:03:35	01:12:52	312	02:37:49		05:34:32
291	531	M	54	MC	Dave Baker	Wilmington NC	00:01:46	275	02:57:26	00:02:39	01:12:12	303	02:33:38		05:35:28
292	75	M	51		Charles Davis	Pinehurst NC	00:01:45	200	02:47:34	00:02:53	01:17:16	321	02:43:34		05:35:45
293	397	M	65		Jerry Paul	Raleigh NC	00:01:35	263	02:55:47	00:03:11	01:14:24	297	02:31:22	00:04:00	05:35:54
294	245	M	35	C	Adam Vincent	Charlotte NC	00:01:40	321	03:05:58	00:03:25	01:09:03	281	02:24:53		05:35:55
295	203	M	19		Heath Hudgins	Chapel Hill NC	00:01:03	344	03:14:39	00:03:30	01:03:58	258	02:18:07		05:37:18
296	578	M	39		Brian Rioux	Wilmington NC	00:01:14	277	02:57:43	00:07:35	00:55:55	296	02:31:13		05:37:44
297	141	M	37		Michael Scott	Norfolk VA	00:01:34	269	02:57:03	00:02:51	01:11:32	298	02:32:17	00:04:00	05:37:44
298	22	M	44	MM	Frank Crisafulli	Burgaw NC	00:01:20	333	03:09:36	00:03:29	01:05:39	276	02:23:55		05:38:18
299	49	M	48		Kurt Weide	Clemmons NC	00:01:19	224	02:50:02	00:02:43	01:18:59	322	02:44:23		05:38:25
300	232	M	34		Jody Smith	Matthews NC	00:01:18	339	03:12:14	00:02:04	01:07:35	275	02:23:19		05:38:55
301	471	M	47		Jeff West	Wilmington NC	00:01:56	236	02:52:21	00:04:43	01:12:56	309	02:35:58	00:04:00	05:38:56

302	382	M	51		Kenneth Claffey	Salisbury NC	00:01:34	343	03:14:14	00:03:57	01:06:06	262	02:19:51	05:39:35
303	370	M	44		Mark Russell	Charlotte NC	00:03:55	354	03:19:49	00:05:40	01:01:58	219	02:10:44	05:40:07
304	240	M	42	MC	Kelvin Hawkins	Durham NC	00:01:42	217	02:49:07	00:03:00	01:17:52	327	02:46:39	05:40:26
305	295	M	38	C	Dennis Earl	Valdese NC	00:01:26	315	03:04:23	00:02:20	01:16:09	299	02:32:22	05:40:30
306	73	M	35		Jason Parker	Warren NJ	00:02:17	295	03:00:19	00:02:29	01:08:59	308	02:35:47	05:40:50
307	271	M	55		Tom Duhling	Raleigh NC	00:01:18	322	03:06:23	00:02:42	01:08:35	293	02:30:35	05:40:56
308	410	M	70		Greyson Quarles	Duck Key FL	00:02:11	195	02:47:06	00:05:13	01:23:07	328	02:46:40	05:41:09
309	574	M	23	NM	Clark McGehee	Rome GA	00:01:07	264	02:56:24	00:03:53	01:14:28	316	02:40:09	05:41:31
310	335	M	30		William Downer	Columbia SC	00:01:46	323	03:06:45	00:07:27	01:07:19	286	02:26:24	05:42:21
311	487	M	29		Gordon Chambers	Wilmington NC	00:01:40	355	03:22:17	00:06:50	01:06:04	224	02:12:18	05:43:04
312	128	M	18		Justin Simmons	Jacksonville NC	00:01:35	335	03:10:26	00:02:33	01:09:30	279	02:24:35	00:04:00 05:43:08
313	519	M	46		Michael Wells	Raleigh NC	00:01:09	297	03:00:50	00:03:51	01:18:18	310	02:37:34	05:43:23
314	342	M	34		Joshua Green	Burlington NC	00:01:57	337	03:10:59	00:01:58	01:09:41	302	02:33:23	05:48:15
315	480	M	28		Sam Miller	Raleigh NC	00:02:34	338	03:11:00	00:02:45	01:05:35	305	02:33:53	05:50:10
316	253	M	41		John Ressler	Fort Mill SC	00:01:07	326	03:08:26	00:01:52	01:12:08	315	02:39:36	05:50:59
317	140	M	40		Bryan Dodge	Lyon XX	00:01:32	140	02:41:30	00:01:41	01:19:56	344	03:06:18	05:51:00
318	570	M	46	ZM	Paul Middleton	Cary NC	00:01:19	231	02:51:03	00:03:15	01:20:09	336	02:52:35	00:04:00 05:52:10
319	205	M	33		Jason Brett	Wilmington NC	00:01:10	360	03:25:26	00:01:30	01:06:28	280	02:24:41	05:52:47
320	491	M	63		Thad Walker	Fort Mill SC	00:01:29	289	02:59:26	00:07:35	01:19:37	324	02:45:11	05:53:40
321	526	M	44		Daniel Forlano	Summerfield NC	00:01:30	286	02:59:15	00:06:10	01:23:45	329	02:47:58	05:54:52
322	176	M	30		Troy Felten	Charlotte NC	00:01:08	329	03:08:51	00:02:57	01:17:12	320	02:42:05	05:55:00
323	569	M	27	NM	Seth Dearmin	Raleigh NC	00:01:48	334	03:09:40	00:02:54	01:11:44	319	02:41:05	05:55:27
324	541	M	53	MC	William Davis	Mocksville NC	00:02:22	290	02:59:34	00:09:51	01:10:55	323	02:44:56	05:56:41
325	26	M	28	NM	Andrew Alleman	Durham NC	00:02:19	341	03:13:23	00:02:17	01:11:18	313	02:38:46	05:56:44
326	212	M	48		Wes Hux	Roanoke Rapids NC	00:02:34	317	03:05:01	00:03:41	01:25:11	331	02:49:11	06:00:26
327	378	M	40		Rich Morrison	Apex NC	00:01:52	336	03:10:47	00:02:09	01:17:51	325	02:46:08	06:00:54
328	554	M	47	ZM	Douglas Ford	Clemmons NC	00:01:38	300	03:01:16	00:05:23	01:19:39	337	02:52:41	06:00:57
329	238	M	53		Daniel McLaughlin	Bay Village OH	00:01:38	352	03:19:07	00:02:30	01:13:36	314	02:39:18	06:02:32
330	196	M	75		Herb Brown	Charlotte NC	00:01:48	348	03:16:48	00:03:40	01:20:09	318	02:40:32	06:02:47
331	575	M	42	ZM	Scot Rheinecker	Kannapolis NC	00:01:41	358	03:23:44	00:05:04	01:09:44	301	02:32:37	06:03:05
332	572	M	25	NM	John Miller	Fredericksburg VA	00:02:00	328	03:08:45	00:04:19	01:20:22	333	02:49:26	06:04:28

333	482	M	60		John Bevier	Raleigh NC	00:01:12	180	02:46:05	00:02:19	01:28:53	349	03:16:07		06:05:41
334	573	M	36	NM	Scott Benninghoff	Holly Springs NC	00:01:20	362	03:27:21	00:01:58	01:11:42	304	02:33:51	00:04:00	06:08:29
335	40	M	37	C	Jake Huffman	Manassas VA	00:01:34	342	03:14:05	00:03:31	01:17:07	326	02:46:13	00:04:00	06:09:23
336	380	M	37	C	Matt Cole	Oak Ridge NC	00:01:46	346	03:15:22	00:04:18	01:17:44	330	02:49:02		06:10:28
337	348	M	35		Aaron Ffrench	Fayetteville NC	00:01:35	310	03:02:14	00:03:50	01:26:24	343	03:05:53		06:13:31
338	514	M	48		Kevin Mook	Apex NC	00:02:18	347	03:15:57	00:05:53	01:18:40	334	02:50:29		06:14:36
339	293	M	53	MC	Matthew Ketchum	Durham NC	00:01:27	288	02:59:26	00:03:32	01:18:50	346	03:10:25		06:14:49
340	123	M	57	MC	Steve Kellum	Jacksonville NC	00:01:42	299	03:00:56	00:06:25	01:24:57	342	03:05:51		06:14:54
341	462	M	32		Hassan Peterson	Charlotte NC	00:01:36	345	03:14:56	00:02:38	01:23:45	339	02:55:56		06:15:05
342	47	M	53	MC	Michael Weldrick	Leland NC	00:01:41	261	02:55:43	00:06:23	01:30:57	348	03:13:50		06:17:36
343	306	M	33	C	Brandyn Edwards	Dunlap TN	00:01:31	312	03:03:27	00:02:45	01:34:22	345	03:06:49	00:04:00	06:18:31
344	481	M	26		Zack Nienstedt	Raleigh NC	00:02:38	353	03:19:34	00:07:11	01:14:51	335	02:51:12		06:20:35
345	313	M	42		Mike Derrberry	Matthews NC	00:02:29	296	03:00:28	00:04:27	01:29:17	350	03:16:36		06:23:59
346	401	M	34	C	Adam Clark	Pembroke NC	00:01:37	363	03:29:09	00:05:59	01:17:27	332	02:49:11		06:25:54
347	488	M	36		Michael Larue	Raleigh NC	00:04:56	351	03:18:28	00:12:00	01:20:56	338	02:52:50		06:28:12
348	44	M	36		Joe Herzberg	Wilmington NC	00:01:53	357	03:23:31	00:01:58	01:28:49	341	03:01:53		06:29:13
349	516	M	50		Nathan Benn	Matthews NC	00:01:41	361	03:26:24	00:07:40	01:23:13	340	02:57:39		06:33:23
350	387	M	36		Brandon Gillette	Jacksonville NC	00:01:19	349	03:17:09	00:06:15	01:35:18	347	03:13:14		06:37:55
351	62	M	43		Mike Clark	Raeford NC								00:04:00	
352	117	M	35		Steffen Schairer	Raleigh NC	00:00:55	29	02:24:51					00:04:00	
353	125	M	43		Mick Slattery	Davidson NC	00:01:42	365	04:27:30	-Time	01:20:10				
354	4	M	33	OM	Ashley Ackerman	Davidson NC	00:01:03	9	02:18:16	00:01:01					
355	127	M	46		Bill Lane	Raleigh NC	00:01:31	256	02:55:20	00:02:04					
356	413	M	52		Greg Ralston	Winston Salem NC	00:01:18	116	02:39:27	00:02:20					
357	50	M	61		Lawrence Greenberg	Chapel Hill NC	00:01:50	306	03:01:42	00:02:36					
358	162	M	49		Chris Craver	Huntersville NC	00:01:43	292	03:00:14	00:04:07					
359	157	M	48		Kirk Harrison	Kernersville NC	00:01:51	55	02:32:29						
360	148	M	37		Jon Higgins	Salisbury NC	00:01:58	147	02:42:15						
361	145	M	38	C	Jeff Pounds	Myrtle Beach SC	00:01:46	287	02:59:16						
362	467	M	37		Jason Sutton	Pinehurst NC	00:03:33	311	03:02:46						
363	322	M	27		Bryan Weinstein	Charlotte NC	00:03:15	350	03:17:48						

364	509	M	22	C	Matthew White	Annapolis MD	00:01:05	356	03:23:24
365	244	M	41		Soren Windram	Durham NC	00:01:50	359	03:24:25
366	46	M	36		Erik McFetters	Wilmington NC	00:01:30	364	03:32:07
367	36	M	43		Clinton Fisher	Mooreville NC	00:01:09		

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