

Race Date
October 04, 2025

CFA Trail & Road 5K
Age Group Results
5K Run & Walk

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristie Tapper	Stonington CT	48	397	6	29:01.6	9:22/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peter Knight	Stonington CT	59	399	1	21:31.1	6:56/M

Race Date
October 04, 2025

CFA Trail & Road 5K

Age Group Results

5K Run & Walk

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Noah Jodoins		10	345	43	1:09:15.4	22:20/M
2	Landon Marks	Cape Girardeau MO	6	357	49	1:10:45.2	22:49/M

Female 11 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Berthe Lita	Gipsy MO	14	354	30	50:42.4	16:21/M

Male 11 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kylee Roberts	High Hill MO	11	373	5	28:56.1	9:20/M

Female 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alex Kouroriez	Clarksdale MO	25	351	13	33:21.8	10:46/M
2	Makenzie Wright	Hannibal MO	25	394	20	39:03.3	12:36/M
3	Dailynn Morales	Kansas City MO	23	363	22	40:01.4	12:55/M
4	Nathalie Prado	Hannibal MO	23	370	40	1:09:11.8	22:19/M
5	Britney Rivera	New London CT	22	371	52	1:15:57.1	24:30/M

Male 19 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alex Lachat	Hannibal MO	25	352	9	30:31.5	9:51/M
2	Ray Malinowski	Clarksdale MO	24	355	12	33:21.6	10:46/M
3	Matthew Spang	Salem CT	27	382	16	35:53.7	11:35/M
4	Jeremy Sepulveda	Saint Joseph MO	24	381	18	38:32.8	12:26/M
5	Nate Winalski		26	392	21	39:59.9	12:54/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jacqueline Agnone	Niantic CT	37	301	14	33:36.4	10:50/M
2	Jordan Roberts	Groton CT	36	372	23	40:25.1	13:02/M
3	Jenna Hooke		34	335	26	43:25.2	14:00/M
4	Nicole Knox-Vilchez	New London CT	30	350	31	50:48.6	16:23/M

Race Date
October 04, 2025

CFA Trail & Road 5K

Age Group Results

5K Run & Walk

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Stacy Jodoin		32	344	44	1:09:15.8	22:21/M
6	Michele Benzing	Cape Girardeau MO	38	308	48	1:10:38.6	22:47/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Hampton	New London CT	39	334	3	26:08.3	8:26/M
2	Cecil Carter	New London CT	38	317	4	28:16.7	9:07/M
3	Joseph Hughes	New London CT	35	337	17	38:04.2	12:17/M
4	Lauren Connors	Livonia MO	37	318	25	43:24.8	14:00/M
5	Pat Vogt		36	384	29	50:16.0	16:13/M
6	Anthony Attinello	New London CT	32	303	32	50:48.8	16:24/M
7	David Findlay	Hannibal MO	32	328	33	59:20.5	19:09/M
8	Jefferey Jodoin		33	343	42	1:09:14.9	22:20/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Berthe Lita	Quaker Hill CT	43	353	8	30:29.0	9:50/M
2	Paula June	Gipsy MO	48	346	24	41:53.0	13:31/M
3	Gwenn Rosenberg	Quaker Hill CT	43	375	34	1:04:49.0	20:55/M
4	Yesenia Benitez	Hannibal MO	47	307	41	1:09:12.6	22:20/M
5	Lindsey Hamman	Park Hills MO	42	332	47	1:10:10.1	22:38/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shane Agnone	Vandalia IL	40	302	2	22:42.2	7:19/M
2	Mark Schriever	Park Hills MO	41	377	10	30:38.8	9:53/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mariam Ibrahim	Park Hills MO	50	341	36	1:08:26.9	22:05/M
2	Nevien Nematalla	Park Hills MO	54	367	37	1:08:27.0	22:05/M
3	Lisa Baxter	Annada MO	59	306	39	1:08:52.9	22:13/M
4	Diane Dusza	Waterford CT	57	325	45	1:10:06.1	22:37/M
5	Kim Kalajainen	Annada MO	57	347	51	1:12:43.1	23:27/M

Race Date
October 04, 2025

CFA Trail & Road 5K

Age Group Results

5K Run & Walk

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Charles Lacour	Stonington CT	51	396	7	30:20.9	9:47/M
2	Brian Connors	Mystic CT	51	319	11	33:11.0	10:42/M
3	Bob Gralton	Gales Ferry CT	58	330	19	38:47.1	12:31/M
4	Fady Ibrahim	Park Hills MO	54	340	35	1:08:25.7	22:04/M
5	Mike Dusza	Grayridge MO	59	326	46	1:10:06.3	22:37/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patti West	Advance NC	69	390	28	48:10.3	15:32/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Zimmerman	Advance NC	64	395	27	48:08.1	15:32/M
2	Ed Baxter	Annada MO	66	305	38	1:08:52.2	22:13/M
3	Asaad Nematalla	Park Hills MO	61	366	50	1:10:59.7	22:54/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Winn	Charlestown RI	70	393	15	35:47.4	11:33/M