

# 2013 Lake Lure Sprint

## Overall Female

**Lake Lure, NC 8/24/2013 08:00AM**

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| Place | Bib | Age | NAME                 | CITY/STATE           | Rank | SWIM     | T1       | Rank | BIKE     | T2       | Rank | RUN      | PENALTY | Time     | DQ |
|-------|-----|-----|----------------------|----------------------|------|----------|----------|------|----------|----------|------|----------|---------|----------|----|
| 1     | 10  | 36  | Daphne Kirkwood      | Skyland NC           | 2    | 00:13:35 | 00:01:02 | 1    | 00:45:47 | 00:00:45 | 6    | 00:23:38 |         | 01:24:44 |    |
| 2     | 106 | 23  | Teale Beckenbach     | Atlantic Beach FL    | 5    | 00:14:22 | 00:00:41 | 4    | 00:47:12 | 00:00:41 | 2    | 00:22:10 |         | 01:25:05 |    |
| 3     | 81  | 38  | Lisa Hecker          | Mebane NC            | 7    | 00:14:36 | 00:00:32 | 5    | 00:47:19 | 00:00:40 | 4    | 00:23:23 |         | 01:26:28 |    |
| 4     | 1   | 41  | Carol Brunson        | Spartanburg SC       | 12   | 00:15:57 | 00:00:57 | 3    | 00:46:50 | 00:00:47 | 3    | 00:23:06 |         | 01:27:35 |    |
| 5     | 141 | 42  | Heather Tarpley      | Cornelia GA          | 11   | 00:15:47 | 00:00:54 | 2    | 00:46:36 | 00:00:55 | 8    | 00:23:55 |         | 01:28:04 |    |
| 6     | 211 | 24  | Alexa Caldwell       | Asheville NC         | 22   | 00:17:23 | 00:00:43 | 8    | 00:49:48 | 00:00:57 | 1    | 00:20:00 |         | 01:28:49 |    |
| 7     | 282 | 36  | Diona Matthews       | Waxhaw NC            | 15   | 00:16:18 | 00:00:51 | 7    | 00:47:45 | 00:00:32 | 9    | 00:24:02 |         | 01:29:26 |    |
| 8     | 288 | 31  | Katie Connolly       | Durham NC            | 3    | 00:14:13 | 00:01:07 | 9    | 00:50:35 | 00:00:45 | 7    | 00:23:49 |         | 01:30:28 |    |
| 9     | 287 | 29  | Tracy Hudson         | Landrum SC           | 20   | 00:17:20 | 00:01:07 | 6    | 00:47:23 | 00:00:58 | 25   | 00:27:48 |         | 01:34:34 |    |
| 10    | 83  | 45  | Susan Jones          | Shelby NC            | 8    | 00:14:40 | 00:01:07 | 14   | 00:51:35 | 00:00:38 | 23   | 00:27:42 |         | 01:35:41 |    |
| 11    | 251 | 33  | Chantelle Ferland    | Daniel Island SC     | 28   | 00:17:58 | 00:00:48 | 18   | 00:52:23 | 00:00:54 | 10   | 00:24:03 |         | 01:36:04 |    |
| 12    | 172 | 35  | Sandra Willan        | Greer SC             | 4    | 00:14:18 | 00:01:19 | 16   | 00:51:50 | 00:01:12 | 21   | 00:27:35 |         | 01:36:11 |    |
| 13    | 221 | 31  | Kierstin Jarvis      | Carolina Beach NC    | 9    | 00:15:14 | 00:00:58 | 27   | 00:54:26 | 00:00:53 | 11   | 00:24:51 |         | 01:36:20 |    |
| 14    | 233 | 36  | Catherine O'Sullivan | Sullivan's Island SC | 24   | 00:17:31 | 00:01:48 | 15   | 00:51:48 | 00:01:46 | 12   | 00:25:07 |         | 01:37:58 |    |
| 15    | 190 | 35  | Ashley Peeler        | Matthews NC          | 10   | 00:15:23 | 00:01:05 | 13   | 00:51:15 | 00:01:00 | 40   | 00:29:17 |         | 01:37:58 |    |
| 16    | 158 | 53  | Beth Uberseder       | Lewisville NC        | 16   | 00:16:19 | 00:00:42 | 21   | 00:53:01 | 00:00:42 | 26   | 00:27:50 |         | 01:38:32 |    |
| 17    | 273 | 52  | Libby Skinner        | Winston Salem NC     | 46   | 00:19:03 | 00:00:59 | 11   | 00:50:57 | 00:00:47 | 24   | 00:27:44 |         | 01:39:29 |    |
| 18    | 198 | 25  | Caitlin Laemmle      | Cullowhee NC         | 23   | 00:17:26 | 00:01:06 | 23   | 00:53:08 | 00:01:18 | 17   | 00:26:42 |         | 01:39:38 |    |
| 19    | 133 | 41  | Becky Langton        | Wake Forest NC       | 49   | 00:19:05 | 00:01:17 | 22   | 00:53:05 | 00:00:59 | 13   | 00:25:14 |         | 01:39:39 |    |
| 20    | 208 | 20  | Julia Harrill        | Fairview NC          | 18   | 00:16:24 | 00:01:19 | 31   | 00:55:29 | 00:00:45 | 15   | 00:25:57 |         | 01:39:52 |    |
| 21    | 237 | 28  | Amanda Gogolak       | Winston Salem NC     | 50   | 00:19:07 | 00:00:52 | 12   | 00:51:05 | 00:00:49 | 33   | 00:28:13 |         | 01:40:04 |    |
| 22    | 151 | 15  | Annie Koenig         | Summerfield NC       | 6    | 00:14:32 | 00:00:26 | 38   | 00:56:34 | 00:00:38 | 34   | 00:28:23 |         | 01:40:32 |    |

|    |     |    |                       |                    |    |          |          |    |          |          |    |          |          |
|----|-----|----|-----------------------|--------------------|----|----------|----------|----|----------|----------|----|----------|----------|
| 23 | 229 | 45 | Gabrielle Craig       | Davidson NC        | 33 | 00:18:18 | 00:02:03 | 17 | 00:52:07 | 00:01:23 | 20 | 00:27:11 | 01:41:00 |
| 24 | 74  | 40 | April Pawlowski       | Charlotte NC       | 35 | 00:18:23 | 00:00:54 | 25 | 00:53:53 | 00:01:02 | 36 | 00:28:32 | 01:42:43 |
| 25 | 188 | 26 | Caitlin Choun Goforth | Weaverville NC     | 13 | 00:16:14 | 00:01:33 | 26 | 00:54:04 | 00:00:53 | 46 | 00:30:05 | 01:42:47 |
| 26 | 185 | 52 | Margie Mansure        | Boone NC           | 45 | 00:19:02 | 00:01:47 | 24 | 00:53:36 | 00:01:04 | 29 | 00:28:01 | 01:43:28 |
| 27 | 226 | 24 | Alex Vroon            | Fort Mill SC       | 14 | 00:16:16 | 00:02:09 | 34 | 00:56:02 | 00:01:01 | 31 | 00:28:09 | 01:43:34 |
| 28 | 214 | 25 | Rachel Blattner       | Asheville NC       | 57 | 00:19:46 | 00:01:09 | 10 | 00:50:44 | 00:00:50 | 59 | 00:31:46 | 01:44:13 |
| 29 | 228 | 37 | Sarah Lang            | Asheville NC       | 27 | 00:17:53 | 00:01:48 | 20 | 00:52:56 | 00:01:17 | 49 | 00:30:31 | 01:44:24 |
| 30 | 142 | 46 | Missy Hunnicutt       | Little Mountain SC | 37 | 00:18:28 | 00:01:54 | 40 | 00:57:26 | 00:01:43 | 14 | 00:25:18 | 01:44:47 |
| 31 | 166 | 34 | Samantha Tucker       | Greenville SC      | 38 | 00:18:31 | 00:01:29 | 35 | 00:56:05 | 00:01:10 | 22 | 00:27:39 | 01:44:53 |
| 32 | 216 | 46 | Laura Walker          | Tryon NC           | 62 | 00:20:39 | 00:01:01 | 29 | 00:55:11 | 00:01:10 | 30 | 00:28:06 | 01:46:06 |
| 33 | 117 | 55 | Mary Ann Campbell     | Hickory NC         | 54 | 00:19:22 | 00:02:47 | 19 | 00:52:47 | 00:01:14 | 53 | 00:31:00 | 01:47:08 |
| 34 | 92  | 44 | Debbie Bond           | Simpsonville SC    | 36 | 00:18:26 | 00:01:15 | 47 | 00:59:43 | 00:01:11 | 18 | 00:26:42 | 01:47:14 |
| 35 | 260 | 41 | Christy McFadden      | Asheville NC       | 26 | 00:17:52 | 00:02:04 | 30 | 00:55:24 | 00:01:27 | 52 | 00:30:56 | 01:47:41 |
| 36 | 53  | 36 | Marion Rawson         | Washington DC      | 25 | 00:17:37 | 00:01:14 | 33 | 00:55:51 | 00:00:46 | 65 | 00:32:34 | 01:48:00 |
| 37 | 261 | 45 | Betsy Jessup          | Mount Pleasant SC  | 19 | 00:17:12 | 00:01:41 | 58 | 01:02:48 | 00:00:37 | 16 | 00:25:58 | 01:48:13 |
| 38 | 206 | 60 | Kathleen Hogan        | Burnsville NC      | 56 | 00:19:43 | 00:01:21 | 32 | 00:55:35 | 00:01:25 | 48 | 00:30:24 | 01:48:25 |
| 39 | 210 | 34 | Courtney Clinkscales  | Decatur GA         | 51 | 00:19:07 | 00:01:25 | 36 | 00:56:08 | 00:01:41 | 54 | 00:31:01 | 01:49:20 |
| 40 | 164 | 56 | Paula Fernandez       | Cowpens SC         | 71 | 00:22:31 | 00:01:55 | 39 | 00:57:25 | 00:01:15 | 19 | 00:27:05 | 01:50:09 |
| 41 | 181 | 61 | Connie Ruble          | Hendersonville NC  | 59 | 00:20:09 | 00:01:19 | 28 | 00:55:01 | 00:00:54 | 66 | 00:33:17 | 01:50:38 |
| 42 | 277 | 33 | Jessica Garner        | Forest City NC     | 72 | 00:22:32 | 00:01:23 | 37 | 00:56:21 | 00:01:00 | 42 | 00:29:24 | 01:50:38 |
| 43 | 176 | 31 | April Mayse           | Forest City NC     | 17 | 00:16:21 | 00:02:18 | 52 | 01:01:13 | 00:01:12 | 43 | 00:29:50 | 01:50:52 |
| 44 | 102 | 59 | Ellen Garrison        | Asheville NC       | 55 | 00:19:35 | 00:01:08 | 55 | 01:01:27 | 00:00:56 | 27 | 00:27:58 | 01:51:02 |
| 45 | 241 | 36 | Casey Banta           | Chapel Hill NC     | 21 | 00:17:21 | 00:01:15 | 51 | 01:01:09 | 00:00:53 | 50 | 00:30:41 | 01:51:17 |
| 46 | 202 | 45 | Tina Owen             | Asheville NC       | 47 | 00:19:05 | 00:01:22 | 43 | 00:58:05 | 00:01:19 | 58 | 00:31:43 | 01:51:32 |
| 47 | 118 | 39 | Kelly Felten          | Cary NC            | 69 | 00:21:46 | 00:01:27 | 45 | 00:58:54 | 00:01:17 | 37 | 00:28:41 | 01:52:02 |
| 48 | 157 | 37 | Laura Kuzminsky       | Greenville SC      | 58 | 00:19:46 | 00:01:33 | 46 | 00:59:41 | 00:01:49 | 41 | 00:29:18 | 01:52:05 |
| 49 | 138 | 46 | Dana Resetarits       | Savannah GA        | 65 | 00:21:05 | 00:03:20 | 42 | 00:57:38 | 00:02:30 | 32 | 00:28:11 | 01:52:43 |
| 50 | 64  | 33 | Jennifer Beasley      | Asheville NC       | 63 | 00:20:54 | 00:01:35 | 44 | 00:58:34 | 00:01:35 | 47 | 00:30:11 | 01:52:46 |
| 51 | 281 | 34 | Christine Manning     | Oakville Canada    | 32 | 00:18:17 | 00:01:50 | 62 | 01:04:01 | 00:00:56 | 28 | 00:28:00 | 01:53:02 |
| 52 | 75  | 37 | Molly Miller          | Greenville SC      | 61 | 00:20:20 | 00:02:36 | 53 | 01:01:21 | 00:01:05 | 38 | 00:28:59 | 01:54:19 |
| 53 | 103 | 56 | Meg Chislett          | Asheville NC       | 39 | 00:18:40 | 00:01:48 | 48 | 01:00:17 | 00:00:48 | 68 | 00:33:25 | 01:54:56 |

|    |     |    |                    |                     |    |          |          |    |          |          |    |          |          |
|----|-----|----|--------------------|---------------------|----|----------|----------|----|----------|----------|----|----------|----------|
| 54 | 47  | 45 | Julie Hux          | Shelby NC           | 41 | 00:18:47 | 00:02:01 | 54 | 01:01:22 | 00:01:36 | 60 | 00:31:54 | 01:55:37 |
| 55 | 88  | 31 | Dayna Abbotts      | Charlotte NC        | 31 | 00:18:14 | 00:02:11 | 60 | 01:03:34 | 00:01:34 | 51 | 00:30:45 | 01:56:16 |
| 56 | 104 | 55 | Betsy Buhrman      | Greensboro NC       | 43 | 00:18:59 | 00:02:08 | 64 | 01:04:55 | 00:00:38 | 45 | 00:30:00 | 01:56:38 |
| 57 | 86  | 38 | Shelly Kirkpatrick | Raleigh NC          | 44 | 00:19:00 | 00:02:08 | 50 | 01:00:55 | 00:02:23 | 64 | 00:32:31 | 01:56:56 |
| 58 | 191 | 43 | Anna Kaiser        | Dunwoody GA         | 53 | 00:19:21 | 00:01:28 | 57 | 01:02:39 | 00:01:25 | 63 | 00:32:24 | 01:57:14 |
| 59 | 95  | 36 | Maria Johnson      | Greensboro NC       | 79 | 00:24:20 | 00:02:00 | 49 | 01:00:51 | 00:01:39 | 39 | 00:29:07 | 01:57:55 |
| 60 | 253 | 27 | Kari Cooper        | Lexington SC        | 40 | 00:18:43 | 00:03:05 | 65 | 01:05:18 | 00:02:26 | 35 | 00:28:27 | 01:57:57 |
| 61 | 169 | 45 | Michelle Grady     | Charlotte NC        | 66 | 00:21:08 | 00:02:40 | 41 | 00:57:30 | 00:03:37 | 73 | 00:34:10 | 01:59:03 |
| 62 | 179 | 51 | Lea Hall           | Greenville SC       | 67 | 00:21:26 | 00:01:46 | 56 | 01:01:42 | 00:01:14 | 71 | 00:34:05 | 02:00:11 |
| 63 | 19  | 35 | Jennifer Lynch     | Matthews NC         | 75 | 00:23:55 | 00:01:33 | 59 | 01:03:09 | 00:00:59 | 56 | 00:31:23 | 02:00:57 |
| 64 | 128 | 37 | Julienne Wrigh     | Fletcher NC         | 85 | 00:28:16 | 00:03:16 | 69 | 01:06:54 | 00:01:48 | 5  | 00:23:34 | 02:03:46 |
| 65 | 122 | 29 | Marjorie Gray      | Asheville NC        | 74 | 00:23:05 | 00:01:30 | 63 | 01:04:06 | 00:01:37 | 70 | 00:33:45 | 02:04:00 |
| 66 | 124 | 20 | Emma Waugh         | Charlotte NC        | 48 | 00:19:05 | 00:01:36 | 75 | 01:10:40 | 00:01:18 | 57 | 00:31:43 | 02:04:20 |
| 67 | 209 | 24 | Megan Burrows      | Arden NC            | 34 | 00:18:23 | 00:02:03 | 68 | 01:06:35 | 00:02:06 | 75 | 00:35:42 | 02:04:47 |
| 68 | 60  | 42 | Jennifer Summers   | Olin NC             | 60 | 00:20:14 | 00:02:10 | 70 | 01:08:03 | 00:00:54 | 72 | 00:34:09 | 02:05:28 |
| 69 | 61  | 35 | Theresa Faires     | Statesville NC      | 80 | 00:24:32 | 00:02:05 | 67 | 01:06:07 | 00:01:36 | 67 | 00:33:17 | 02:07:35 |
| 70 | 250 | 35 | Jessica Filson     | Nicholasville KY    | 83 | 00:25:52 | 00:04:20 | 61 | 01:03:40 | 00:03:20 | 62 | 00:32:10 | 02:09:20 |
| 71 | 101 | 51 | Carolyn Kovash     | Arden NC            | 64 | 00:21:00 | 00:03:23 | 73 | 01:10:08 | 00:01:42 | 69 | 00:33:26 | 02:09:38 |
| 72 | 25  | 30 | Lindsay Mitchell   | Cornelius NC        | 52 | 00:19:17 | 00:01:11 | 66 | 01:06:03 | 00:01:18 | 82 | 00:42:00 | 02:09:48 |
| 73 | 71  | 53 | Denise Ross        | Greenwood SC        | 42 | 00:18:50 | 00:01:27 | 72 | 01:10:01 | 00:01:40 | 80 | 00:40:10 | 02:12:07 |
| 74 | 99  | 49 | Cindy M. Smith     | Charlotte NC        | 68 | 00:21:33 | 00:01:13 | 71 | 01:08:21 | 00:01:37 | 83 | 00:42:23 | 02:15:05 |
| 75 | 154 | 39 | Natalie Clarke     | Knoxville TN        | 89 | 00:29:05 | 00:01:56 | 78 | 01:13:31 | 00:01:09 | 44 | 00:29:55 | 02:15:35 |
| 76 | 73  | 45 | Ann Ochsner        | Raleigh NC          | 84 | 00:26:17 | 00:02:16 | 84 | 01:16:18 | 00:02:31 | 55 | 00:31:09 | 02:18:29 |
| 77 | 66  | 46 | Stephanie Johnson  | River Falls WI      | 30 | 00:18:13 | 00:02:39 | 79 | 01:13:34 | 00:04:08 | 81 | 00:41:58 | 02:20:29 |
| 78 | 167 | 53 | Robin Proctor      | Lake Lure NC        | 73 | 00:22:42 | 00:01:43 | 76 | 01:10:56 | 00:02:06 | 84 | 00:43:11 | 02:20:36 |
| 79 | 194 | 38 | Lucretia Holland   | Charlotte NC        | 87 | 00:28:48 | 00:03:22 | 74 | 01:10:13 | 00:02:53 | 74 | 00:35:41 | 02:20:54 |
| 80 | 291 | 57 | Kathy Gaughf       | Greer SC            | 29 | 00:18:04 | 00:03:57 | 80 | 01:14:12 | 00:00:53 | 85 | 00:43:50 | 02:20:54 |
| 81 | 52  | 45 | Jennifer Hawkins   | Lexington KY        | 78 | 00:24:12 | 00:04:47 | 85 | 01:17:03 | 00:01:08 | 78 | 00:38:22 | 02:25:31 |
| 82 | 51  | 50 | Jennifer Nowlin    | Lexington KY        | 77 | 00:24:12 | 00:04:43 | 86 | 01:17:05 | 00:01:09 | 79 | 00:38:24 | 02:25:31 |
| 83 | 259 | 36 | Christen Brown     | North Charleston SC | 86 | 00:28:19 | 00:02:46 | 77 | 01:11:32 | 00:05:07 | 77 | 00:37:52 | 02:25:34 |
| 84 | 234 | 38 | Malissa Sandhu     | Daniel Island SC    | 88 | 00:28:56 | 00:03:47 | 83 | 01:15:59 | 00:03:27 | 76 | 00:37:43 | 02:29:50 |

|    |     |    |                |                   |    |          |          |    |          |          |    |          |          |
|----|-----|----|----------------|-------------------|----|----------|----------|----|----------|----------|----|----------|----------|
| 85 | 108 | 52 | Beth Cantley   | Black Mountain NC | 70 | 00:21:53 | 00:02:39 | 82 | 01:15:42 | 00:03:08 | 87 | 00:48:45 | 02:32:06 |
| 86 | 110 | 31 | Rachael Button | Charlotte NC      | 81 | 00:24:50 | 00:09:03 | 87 | 01:21:49 | 00:04:54 | 61 | 00:32:09 | 02:32:43 |
| 87 | 109 | 58 | Eileen Evans   | Lake Lure NC      | 82 | 00:25:49 | 00:03:57 | 88 | 01:42:10 | 00:02:13 | 86 | 00:46:15 | 03:00:22 |
| 88 | 235 | 45 | Moiria Ringo   | Raleigh NC        | 76 | 00:23:59 | 00:03:09 | 81 | 01:14:50 |          |    |          | Y        |
| 89 | 48  | 12 | Addison Smith  | Knoxville TN      | 1  | 00:11:55 |          |    |          |          |    |          |          |

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