

2012 Azalea Sprint

Overall Women

Wilmington, NC 3/10/2012 08:00AM

** Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	45	F	25		Colleen McCarthy	Raleigh NC	1	00:04:07	5	00:02:11	6	00:27:07	21	00:00:57	3	00:20:38		00:54:58	
2	69	F	21		Mollie Brewer	Chapel Hill NC	13	00:04:44	1	00:01:37	4	00:26:22	9	00:00:50	7	00:21:54		00:55:24	
3	30	F	20		Tate Devlin	Wilmington NC	6	00:04:21	3	00:02:05	3	00:26:09	67	00:01:10	9	00:22:31		00:56:13	
4	190	F	44		Cherie Kuzmiak	Chapel Hill NC	31	00:05:08	4	00:02:05	5	00:27:05	23	00:00:57	6	00:21:22		00:56:35	
5	15	F	25	OF	Kathleen Casto	Greensboro NC	67	00:05:38	21	00:02:32	14	00:28:02	57	00:01:07	1	00:19:43		00:57:00	
6	8	F	42	MF	Lynne Ray	Charlotte NC	32	00:05:09	2	00:01:58	2	00:26:05	84	00:01:17	4	00:20:39	00:02:00	00:57:05	
7	117	F	41		Ellen Parker	Chapel Hill NC	21	00:04:56	10	00:02:20	26	00:28:56	10	00:00:51	5	00:20:53		00:57:54	
8	7	F	27	OF	Brooke Campese	Wilmington NC	12	00:04:34	16	00:02:28	22	00:28:29	2	00:00:47	12	00:22:55		00:59:11	
9	372	F	40		Debbie Roberson	Clayton NC	132	00:06:23	31	00:02:39	1	00:25:40	68	00:01:10	15	00:23:32		00:59:22	
10	114	F	20		Leah Carroll	Wilmington NC	30	00:05:07	12	00:02:25	27	00:28:57	87	00:01:17	10	00:22:41		01:00:25	
11	91	F	55		Karen Wilson	Kure Beach NC	10	00:04:27	15	00:02:26	7	00:27:31	39	00:01:02	29	00:25:09		01:00:34	
12	142	F	37		Jennifer Young	Wilmington NC	14	00:04:46	35	00:02:44	10	00:27:44	22	00:00:57	22	00:24:34		01:00:43	
13	193	F	35		Lindsay Dean	Wilmington NC	72	00:05:42	18	00:02:28	19	00:28:21	45	00:01:02	13	00:23:13		01:00:45	
14	72	F	47		Julie Jennings	Chapel Hill NC	48	00:05:25	9	00:02:18	16	00:28:10	81	00:01:16	18	00:23:46		01:00:52	
15	393	F	21		Amanda Curlin	Wilmington NC	52	00:05:29	68	00:03:02	45	00:30:07	8	00:00:49	8	00:21:55		01:01:19	
16	170	F	27		Marissa Gardner	Raleigh NC	40	00:05:20	55	00:02:56	20	00:28:21	91	00:01:18	14	00:23:26		01:01:19	
17	77	F	20		Rebecca Doane	Silver Spring MD	9	00:04:26	29	00:02:35	18	00:28:19	6	00:00:49	43	00:25:51		01:01:57	
18	145	F	39		Eliza Blackwell	Wilmington NC	19	00:04:54	17	00:02:28	15	00:28:07	54	00:01:05	35	00:25:28		01:02:01	
19	126	F	44		Dana Pellizzari	Wilmington NC	29	00:05:06	41	00:02:48	21	00:28:29	171	00:01:41	20	00:24:03		01:02:04	
20	254	F	37		Kerry Procknal	Wrightsville Beach NC	80	00:05:46	43	00:02:49	13	00:27:51	32	00:01:00	26	00:24:54		01:02:18	
21	155	F	27		Kate Martis	New Bern NC	24	00:04:57	72	00:03:03	8	00:27:40	182	00:01:43	34	00:25:28		01:02:49	
22	173	F	37	NF	Heather Metzler	Wilmington NC	57	00:05:32	115	00:03:29	33	00:29:22	48	00:01:03	17	00:23:39		01:03:03	

23	567	F	53		Lisa Garrity	Apex NC	149	00:06:40	8	00:02:17	17	00:28:12	89	00:01:18	25	00:24:53	01:03:19
24	646	F	21	NF	Rebecca Morris	Wilmington NC	59	00:05:34	13	00:02:25	28	00:28:57	59	00:01:07	36	00:25:34	01:03:37
25	236	F	25		Amber Rogers	Carolina Beach NC	22	00:04:56	23	00:02:33	76	00:31:31	94	00:01:19	16	00:23:38	01:03:55
26	273	F	40	A	Karyn Long	Cary NC	96	00:05:53	28	00:02:35	11	00:27:46	65	00:01:10	60	00:26:36	01:03:57
27	42	F	36		Katy Brown	Charlotte NC	5	00:04:18	40	00:02:47	24	00:28:34	75	00:01:14	72	00:27:10	01:04:01
28	87	F	31		Colleen Kelly	Holly Ridge NC	8	00:04:21	81	00:03:07	54	00:30:24	52	00:01:05	28	00:25:06	01:04:01
29	209	F	30		Amy Hutson	Hampstead NC	79	00:05:46	148	00:03:41	57	00:30:32	146	00:01:32	11	00:22:44	01:04:12
30	238	F	20		Heather Warner	Wilmington NC	53	00:05:30	20	00:02:31	71	00:31:24	129	00:01:28	21	00:24:12	01:05:02
31	59	F	24	A	Lauren Rauchwarter	Central SC	11	00:04:30	146	00:03:40	34	00:29:31	12	00:00:52	57	00:26:31	01:05:03
32	242	F	59		Shelly Bloom	Durham NC	94	00:05:52	62	00:02:59	38	00:29:44	42	00:01:02	38	00:25:36	01:05:11
33	402	F	57		Lisa Hanna	Wilmington NC	134	00:06:24	14	00:02:26	25	00:28:36	34	00:01:00	73	00:27:17	01:05:41
34	356	F	22		Chandler Follett	Wrightsville Beach NC	105	00:06:00	63	00:02:59	12	00:27:46	227	00:02:08	68	00:26:54	01:05:45
35	251	F	51		Rebecca Moxey	Wilmington NC	85	00:05:48	24	00:02:33	32	00:29:22	73	00:01:14	66	00:26:51	01:05:45
36	150	F	40		Betsy Weinberg	Wilmington NC	51	00:05:27	39	00:02:46	80	00:31:38	109	00:01:23	23	00:24:38	01:05:50
37	47	F	22		Paige Barham	Raleigh NC	3	00:04:16	98	00:03:18	61	00:30:46	155	00:01:35	48	00:26:03	01:05:55
38	202	F	22		Brooke Shoaff	Charlotte NC	45	00:05:24	33	00:02:40	50	00:30:18	93	00:01:19	55	00:26:24	01:06:04
39	181	F	41		Elizabeth Andrew	Wilmington NC	28	00:05:05	91	00:03:14	58	00:30:33	172	00:01:41	42	00:25:42	01:06:13
40	38	F	25		Ellery Kate Lungmus	Fayetteville NC	18	00:04:51	104	00:03:22	66	00:31:08	162	00:01:37	32	00:25:22	01:06:18
41	243	F	39		Jane Ellison	Wilmington NC	36	00:05:16	52	00:02:53	9	00:27:42	28	00:00:58	129	00:29:35	01:06:23
42	225	F	36		Amy White	Durham NC	172	00:06:52	66	00:03:00	42	00:30:00	102	00:01:20	31	00:25:19	01:06:30
43	693	F	43	ZF	Jackie Meisel	Wilmington NC	99	00:05:55	82	00:03:08	56	00:30:26	145	00:01:31	40	00:25:39	01:06:36
44	436	F	51		Catherine Renchen	Jacksonville NC	54	00:05:31	150	00:03:43	46	00:30:07	152	00:01:33	44	00:25:51	01:06:44
45	278	F	30		Amber Willenbring	Wilmington NC	62	00:05:36	74	00:03:04	64	00:31:00	96	00:01:19	47	00:26:02	01:06:59
46	388	F	53		Elisabeth Rodo	Hampstead NC	168	00:06:51	30	00:02:38	31	00:29:20	111	00:01:23	71	00:27:01	01:07:11
47	582	F	30		Leigh-Anne Lindenmuth	Hope Mills NC	90	00:05:50	58	00:02:58	69	00:31:21	150	00:01:33	39	00:25:38	01:07:18
48	235	F	20		Abigail Brewer	Wilmington NC	81	00:05:46	105	00:03:23	121	00:33:32	41	00:01:02	19	00:23:48	01:07:30
49	638	F	20		Emily Kait Hunter	Winston-Salem NC	107	00:06:02	101	00:03:19	83	00:31:44	1	00:00:43	45	00:25:58	01:07:44
50	389	F	46		Emily Sheppard	Wilmington NC	75	00:05:44	11	00:02:21	51	00:30:20	161	00:01:37	90	00:27:51	01:07:52
51	210	F	65		Phyllis Mason	Wilmington NC	93	00:05:51	73	00:03:04	41	00:30:00	180	00:01:42	74	00:27:19	01:07:55
52	648	F	43	ZF	Kate Hollrah	Pinehurst NC	43	00:05:23	45	00:02:49	74	00:31:30	213	00:01:56	58	00:26:33	01:08:09
53	632	F	41		Maggie Warner	Wilmington NC	66	00:05:38	89	00:03:13	72	00:31:28	187	00:01:45	51	00:26:12	01:08:14

54	554	F	28	A	Andrea Neagle	Sneads Ferry NC	101	00:05:58	78	00:03:07	89	00:32:18	16	00:00:56	46	00:26:02	01:08:19
55	302	F	50		Carol Kays	Wilmington NC	92	00:05:50	139	00:03:37	97	00:32:37	18	00:00:56	33	00:25:26	01:08:25
56	540	F	42		Helen Codd	Wilmington NC	205	00:07:27	6	00:02:11	60	00:30:36	30	00:00:59	76	00:27:21	01:08:32
57	566	F	49		Paula Brennan	Chapel Hill NC	177	00:07:00	22	00:02:32	53	00:30:23	210	00:01:53	64	00:26:48	01:08:35
58	527	F	33		Erin Jackson	Wilmington NC	166	00:06:48	26	00:02:34	30	00:29:16	86	00:01:17	101	00:28:41	01:08:35
59	415	F	46		Laura Van Sant	Chapel Hill NC	167	00:06:49	86	00:03:12	55	00:30:24	202	00:01:49	56	00:26:29	01:08:41
60	331	F	41		Shellie Gruber	Raleigh NC	60	00:05:34	263	00:06:15	29	00:29:09	124	00:01:26	53	00:26:21	01:08:44
61	530	F	43		Tracy Lempke	Jacksonville NC	175	00:06:55	83	00:03:09	43	00:30:03	194	00:01:46	69	00:26:55	01:08:46
62	275	F	48		Michelle Gurrera	Wilmington NC	63	00:05:37	87	00:03:13	62	00:30:53	158	00:01:37	82	00:27:31	01:08:48
63	280	F	34		Amanda Harberger	Wrightsville Beach NC	88	00:05:49	59	00:02:58	52	00:30:20	209	00:01:53	92	00:27:54	01:08:53
64	239	F	33		Sylvia Wolff	Kitty Hawk NC	26	00:05:01	51	00:02:53	67	00:31:08	61	00:01:10	102	00:28:45	01:08:55
65	710	F	20	NF	Lauren Lanier	Wilmington NC	183	00:07:03	202	00:04:25	47	00:30:08	77	00:01:15	50	00:26:11	01:08:59
66	641	F	29	NF	Irene Schwarz	Charlotte NC	2	00:04:11	97	00:03:16	68	00:31:16	105	00:01:22	106	00:28:59	01:09:02
67	329	F	43		Meredith Merrill	Wilmington NC	83	00:05:47	54	00:02:55	91	00:32:21	53	00:01:05	79	00:27:28	01:09:34
68	397	F	37		Heather Wilks	Raleigh NC	124	00:06:16	167	00:03:57	70	00:31:22	147	00:01:32	61	00:26:36	01:09:40
69	257	F	41		Brenda Thomas	Concord NC	70	00:05:39	201	00:04:25	107	00:33:08	26	00:00:58	41	00:25:41	01:09:48
70	319	F	51		Heidi Winslow	Wrightsville Beach NC	135	00:06:25	19	00:02:30	49	00:30:17	206	00:01:52	105	00:28:56	01:09:58
71	439	F	43		Renee Teasdale	Apex NC	111	00:06:04	168	00:03:57	39	00:29:55	181	00:01:43	116	00:29:08	01:10:45
72	446	F	32	A	Melissa Barnes	Wilmington NC	133	00:06:24	27	00:02:34	116	00:33:24	43	00:01:02	77	00:27:22	01:10:45
73	543	F	39		Julie Bowman	Wake Forest NC	222	00:07:47	56	00:02:57	73	00:31:30	4	00:00:47	89	00:27:50	01:10:49
74	307	F	21		Melissa Haberman	Raleigh NC	46	00:05:25	107	00:03:25	98	00:32:52	175	00:01:41	85	00:27:42	01:11:03
75	203	F	22		Laura Shupe	Wilmington NC	74	00:05:43	79	00:03:07	146	00:34:28	72	00:01:13	24	00:24:42	00:02:00 01:11:11
76	429	F	44		Tracey Himmel	Chapel Hill NC	193	00:07:13	149	00:03:41	79	00:31:36	55	00:01:06	86	00:27:42	01:11:16
77	454	F	25	A	Ryann Engholm	Swansboro NC	91	00:05:50	175	00:04:01	105	00:32:58	44	00:01:02	81	00:27:31	01:11:20
78	138	F	42		Christina Harris	Chapel Hill NC	187	00:07:10	36	00:02:44	140	00:34:03	7	00:00:49	63	00:26:47	01:11:31
79	542	F	45		Amy Puthenveetil	Raleigh NC	196	00:07:19	32	00:02:40	124	00:33:37	35	00:01:01	70	00:27:00	01:11:34
80	553	F	26		Amanda McKendrick	Carrboro NC	251	00:09:06	114	00:03:27	44	00:30:05	98	00:01:19	91	00:27:54	01:11:50
81	448	F	39	A	Evelyn Roland	Carolina Beach NC	136	00:06:25	57	00:02:58	37	00:29:44	136	00:01:29	162	00:31:16	01:11:50
82	180	F	41	A	Maureen Curis	Wilmington NC	34	00:05:10	65	00:03:00	36	00:29:42	103	00:01:21	183	00:32:43	01:11:53
83	212	F	33		Mary Gartland	Raleigh NC	98	00:05:54	212	00:04:33	160	00:35:10	117	00:01:25	27	00:25:03	01:12:03
84	423	F	52		Maggie Bellamy	Wilmington NC	120	00:06:10	76	00:03:06	88	00:32:17	15	00:00:55	133	00:29:43	01:12:08

85	442	F	51		Janice Kailos	Williamsburg VA	152	00:06:42	67	00:03:01	102	00:32:55	118	00:01:25	98	00:28:11	01:12:13
86	459	F	60		Tina Williamson	Wilmington NC	100	00:05:55	141	00:03:38	117	00:33:28	197	00:01:47	83	00:27:32	01:12:19
87	473	F	28		Christie Tiemann	Camp Lejeune NC	141	00:06:32	162	00:03:54	166	00:35:24	128	00:01:27	30	00:25:12	01:12:27
88	597	F	33		Mildred Atkisson	Clayton NC	207	00:07:28	60	00:02:58	141	00:34:08	58	00:01:07	67	00:26:54	01:12:33
89	287	F	28		Megan Houk	Goldsboro NC	121	00:06:11	209	00:04:31	94	00:32:30	221	00:02:04	75	00:27:19	01:12:33
90	560	F	37		Gina Kirstein	Wilmington NC	150	00:06:41	219	00:04:38	35	00:29:34	149	00:01:33	140	00:30:13	01:12:37
91	417	F	33		Jenny Parker	Chapel Hill NC	114	00:06:06	47	00:02:53	84	00:31:51	112	00:01:24	141	00:30:25	01:12:38
92	116	F	17		Caroline Kirkland	Carthage NC	17	00:04:50	49	00:02:53	101	00:32:55	114	00:01:24	147	00:30:41	01:12:42
93	88	F	39		Jennifer Hughes	Wilmington NC	4	00:04:18	128	00:03:35	135	00:33:56	119	00:01:26	127	00:29:29	01:12:42
94	330	F	58		Sally Almekinders	Chapel Hill NC	137	00:06:28	7	00:02:12	75	00:31:31	20	00:00:57	167	00:31:38	01:12:43
95	391	F	49		Julie Richardson	Chapel Hill NC	140	00:06:31	48	00:02:53	99	00:32:53	127	00:01:27	113	00:29:04	01:12:45
96	215	F	38		Jennifer Leonard	Chapel Hill NC	55	00:05:32	95	00:03:16	168	00:35:31	29	00:00:59	80	00:27:29	01:12:45
97	551	F	32		Jennifer Avesing	Topsail Beach NC	143	00:06:35	103	00:03:22	126	00:33:41	62	00:01:10	93	00:28:04	01:12:50
98	483	F	44		Maureen Shaheen	Bethesda MD	115	00:06:07	145	00:03:40	85	00:31:58	154	00:01:34	135	00:29:46	01:13:03
99	728	F	28	NF	Janelle Sculley	Emerald Isle NC	113	00:06:05	120	00:03:30	123	00:33:33	46	00:01:03	111	00:29:01	01:13:10
100	224	F	24		Bailey Tucker	Wilmington NC	39	00:05:19	221	00:04:42	144	00:34:19	241	00:02:18	59	00:26:33	01:13:10
101	538	F	33		Ryanna Avery	Wilmington NC	161	00:06:46	61	00:02:58	147	00:34:28	13	00:00:52	95	00:28:08	01:13:11
102	277	F	40		Laura Rysdon	Charlotte NC	89	00:05:49	77	00:03:06	63	00:30:54	121	00:01:26	173	00:32:04	01:13:17
103	611	F	45		Terri Collins	Carolina Beach NC	249	00:08:54	122	00:03:31	81	00:31:39	148	00:01:32	87	00:27:47	01:13:22
104	341	F	44	A	Vicki Nizen	Raleigh NC	97	00:05:53	125	00:03:33	108	00:33:09	100	00:01:20	128	00:29:30	01:13:23
105	73	F	38		Christy Kunkle	Charlotte NC	33	00:05:09	113	00:03:27	48	00:30:15	216	00:01:59	181	00:32:35	01:13:24
106	382	F	33		Chrissy Coor	Wilmington NC	104	00:06:00	96	00:03:16	136	00:33:58	27	00:00:58	119	00:29:15	01:13:26
107	453	F	44	A	Suzanne Weaver	Richmond VA	142	00:06:33	135	00:03:37	100	00:32:53	159	00:01:37	104	00:28:50	01:13:28
108	657	F	32	NF	Olivia Palakovich	Raleigh NC	112	00:06:05	161	00:03:54	139	00:34:02	113	00:01:24	94	00:28:07	01:13:29
109	535	F	29		Lauren Thurlow	Arlington VA	163	00:06:47	188	00:04:14	149	00:34:48	122	00:01:26	54	00:26:24	01:13:36
110	120	F	37	A	Leanna Soroka	Raleigh NC	23	00:04:57	131	00:03:35	59	00:30:34	174	00:01:41	188	00:32:50	01:13:36
111	136	F	32		Gabrielle Fornari	Chapel Hill NC	25	00:04:58	133	00:03:37	127	00:33:42	211	00:01:54	126	00:29:29	01:13:37
112	354	F	42		Leilani Balaban	Wrightsville Beach NC	119	00:06:10	102	00:03:20	92	00:32:26	205	00:01:51	137	00:29:57	01:13:42
113	304	F	37		Christine Kjellberg	Apex NC	49	00:05:27	106	00:03:23	128	00:33:44	223	00:02:05	118	00:29:09	01:13:45
114	65	F	16		Faith Lanning	Charlotte NC	37	00:05:17	71	00:03:03	162	00:35:19	5	00:00:47	122	00:29:25	01:13:49
115	504	F	35		Jamison Tull	Waxhaw NC	170	00:06:51	195	00:04:20	129	00:33:44	167	00:01:39	78	00:27:23	01:13:56

116	353	F	33	Kristy Kazemfar	Wilmington NC	84	00:05:47	216	00:04:36	78	00:31:32	229	00:02:09	136	00:29:54	01:13:57
117	524	F	56	Kathy Medlin	Jamestown NC	164	00:06:47	53	00:02:54	114	00:33:19	25	00:00:58	139	00:30:10	01:14:05
118	123	F	39	Sally Lindsay	Charlotte NC	50	00:05:27	181	00:04:09	86	00:32:03	133	00:01:28	160	00:31:15	01:14:19
119	317	F	40	Molly White	Wilmington NC	27	00:05:02	110	00:03:26	118	00:33:29	97	00:01:19	158	00:31:08	01:14:23
120	480	F	35	Maria Haagensen	Wake Forest NC	197	00:07:21	80	00:03:07	143	00:34:18	11	00:00:52	112	00:29:03	01:14:38
121	503	F	32	Brea Witt	New Bern NC	159	00:06:46	203	00:04:25	115	00:33:20	92	00:01:18	108	00:28:59	01:14:47
122	547	F	40	Jerilin Kenney	Raleigh NC	179	00:07:01	42	00:02:49	87	00:32:14	140	00:01:29	164	00:31:19	01:14:50
123	320	F	33	Asheley Clarkin	Leland NC	61	00:05:35	121	00:03:31	82	00:31:41	104	00:01:22	149	00:30:44	00:02:00 01:14:51
124	544	F	50	Jennifer Ford	Southborough MA	198	00:07:21	85	00:03:11	77	00:31:32	190	00:01:45	157	00:31:06	01:14:55
125	620	F	51	Sharon Dees	Aberdeen NC	237	00:08:25	236	00:05:06	132	00:33:47	123	00:01:26	52	00:26:16	01:14:58
126	740	F	46	ZF Jennie Brooks	Swansboro NC	188	00:07:10	118	00:03:30	130	00:33:45	191	00:01:46	109	00:29:00	01:15:08
127	398	F	22	Hannah Dees	Aberdeen NC	110	00:06:04	127	00:03:33	169	00:35:46	37	00:01:01	103	00:28:48	01:15:10
128	748	F	29	NF Summer Freedman	Sneads Ferry NC	169	00:06:51	94	00:03:16	125	00:33:40	193	00:01:46	132	00:29:40	01:15:11
129	229	F	64	Elaine Devennish	Blacklick OH	65	00:05:37	200	00:04:24	93	00:32:28	238	00:02:17	151	00:30:52	01:15:37
130	445	F	40	Jennifer Ackerman	Gaithersburg MD	157	00:06:45	208	00:04:30	186	00:36:24	217	00:02:00	49	00:26:04	01:15:40
131	539	F	31	Ashley Bush	Stanley NC	139	00:06:29	117	00:03:29	23	00:28:29	200	00:01:48	225	00:35:30	01:15:44
132	655	F	23	NF Michelle Peck	Wilmington NC	44	00:05:24	173	00:03:59	131	00:33:45	106	00:01:22	161	00:31:15	01:15:44
133	17	F	49	MF Maggie Cooper	Wilmington NC	226	00:07:54	158	00:03:53	106	00:33:01	234	00:02:13	65	00:26:49	00:02:00 01:15:48
134	80	F	27	Whitney Nye	Raleigh NC	7	00:04:21	108	00:03:26	239	00:39:55	116	00:01:25	62	00:26:43	01:15:48
135	230	F	38	Krista Bronisas	Wilmington NC	42	00:05:20	192	00:04:17	180	00:36:11	40	00:01:02	115	00:29:07	01:15:55
136	63	F	46	Rhonda Hinnant	Cary NC	109	00:06:03	194	00:04:19	145	00:34:25	163	00:01:38	134	00:29:45	01:16:09
137	643	F	24	NF Lauren Kelly	Wilmington NC	16	00:04:50	116	00:03:29	133	00:33:53	69	00:01:11	187	00:32:48	01:16:10
138	363	F	39	Sandra Clancy	Greensboro NC	125	00:06:17	25	00:02:33	243	00:40:21	126	00:01:27	37	00:25:35	01:16:11
139	661	F	18	NF Mary Hasty	Greenville NC	58	00:05:32	210	00:04:31	183	00:36:17	108	00:01:22	114	00:29:04	01:16:45
140	750	F	45	ZF Jennie Scoggins	Wilmington NC	173	00:06:53	84	00:03:10	172	00:35:49	132	00:01:28	131	00:29:39	01:16:56
141	360	F	28	Michelle Krasner	Raleigh NC	69	00:05:39	109	00:03:26	223	00:38:22	166	00:01:39	96	00:28:08	01:17:11
142	50	F	21	Juli Somers	Wilmington NC	35	00:05:16	225	00:04:46	158	00:35:08	17	00:00:56	163	00:31:17	01:17:21
143	682	F	21	NF Alana Romans	Elon NC	86	00:05:48	223	00:04:43	192	00:36:42	60	00:01:08	124	00:29:28	01:17:47
144	489	F	42	Robin deVido	Wilmington NC	199	00:07:22	50	00:02:53	177	00:36:04	19	00:00:56	146	00:30:40	01:17:53
145	258	F	45	Laura Lenert	Raleigh NC	76	00:05:45	241	00:05:18	40	00:29:59	204	00:01:51	222	00:35:03	01:17:53
146	420	F	36	Amanda Cash	Charlotte NC	108	00:06:03	126	00:03:33	113	00:33:18	192	00:01:46	200	00:33:21	01:17:58

147	213	F	43		Amy Graham	Chapel Hill NC	129	00:06:21	224	00:04:44	151	00:34:49	251	00:02:32	130	00:29:38	01:18:02
148	443	F	40		Jolie Mueller	Wilmington NC	95	00:05:52	100	00:03:19	120	00:33:31	173	00:01:41	204	00:33:42	01:18:03
149	386	F	42		Sharon Almond	Warsaw VA	68	00:05:38	151	00:03:46	112	00:33:16	151	00:01:33	206	00:33:59	01:18:11
150	476	F	37		Jessica Benson	Durham NC	220	00:07:45	138	00:03:37	201	00:37:17	183	00:01:43	97	00:28:08	01:18:28
151	574	F	12		Emma Kincaid	Greensboro NC	128	00:06:21	140	00:03:38	235	00:39:05	82	00:01:16	99	00:28:12	01:18:29
152	220	F	35		Wendy Lewis	Wilmington NC	87	00:05:49	176	00:04:04	220	00:38:16	49	00:01:03	120	00:29:19	01:18:29
153	106	F	17		Camila Kofman	Cary NC	56	00:05:32	244	00:05:23	200	00:37:15	258	00:02:50	84	00:27:36	01:18:33
154	311	F	42		Nancy Rudolph	Raleigh NC	73	00:05:42	129	00:03:35	233	00:38:58	74	00:01:14	117	00:29:09	01:18:36
155	680	F	38	NF	Elizabeth Heinze	Raleigh NC	148	00:06:39	136	00:03:37	191	00:36:39	64	00:01:10	144	00:30:33	01:18:36
156	33	F	21		Danielle Suprick	Charlotte NC	180	00:07:02	92	00:03:14	153	00:34:53	170	00:01:40	171	00:31:56	01:18:44
157	194	F	45	A	Cheryl Logan	Clayton NC	77	00:05:45	134	00:03:37	142	00:34:13	56	00:01:07	209	00:34:10	01:18:49
158	399	F	20		Ashlyn Spring	Chapel Hill NC	71	00:05:42	64	00:02:59	173	00:35:50	63	00:01:10	196	00:33:16	01:18:54
159	715	F	27	NF	Becca Cook	Charleston SC	234	00:08:15	191	00:04:16	194	00:36:47	207	00:01:52	88	00:27:48	01:18:57
160	452	F	41		Christa Vass	Wilmington NC	158	00:06:46	153	00:03:46	122	00:33:32	250	00:02:31	180	00:32:31	01:19:05
161	292	F	46		Gina Pennisi	Apex NC	227	00:07:55	166	00:03:55	65	00:31:04	186	00:01:44	216	00:34:32	01:19:09
162	601	F	51		Dawn Parrish	Raleigh NC	184	00:07:03	183	00:04:11	134	00:33:55	224	00:02:06	174	00:32:05	01:19:18
163	522	F	42		Julie Garber	Cary NC	106	00:06:01	160	00:03:53	154	00:34:56	177	00:01:42	186	00:32:48	01:19:18
164	534	F	47		Stephanie Stanley	Raleigh NC	229	00:08:02	238	00:05:09	138	00:34:01	156	00:01:35	148	00:30:43	01:19:28
165	447	F	36	A	Christine Hughes	Wilmington NC	154	00:06:43	46	00:02:52	111	00:33:16	199	00:01:48	220	00:34:56	01:19:33
166	20	F	21	NF	Marie Krider	Richmond VA	41	00:05:20	185	00:04:12	205	00:37:22	135	00:01:28	159	00:31:13	01:19:33
167	461	F	49		Lois Colbert	Charlotte NC	160	00:06:46	69	00:03:02	171	00:35:48	134	00:01:28	182	00:32:36	01:19:38
168	403	F	41		Julie Draper	Holly Springs NC	219	00:07:43	137	00:03:37	152	00:34:51	33	00:01:00	179	00:32:31	01:19:40
169	505	F	48		Leanne Jones	Efland NC	225	00:07:53	93	00:03:14	109	00:33:09	24	00:00:58	213	00:34:27	01:19:40
170	673	F	32	NF	Kelly Jones	Hampstead NC	165	00:06:47	156	00:03:49	167	00:35:26	225	00:02:07	170	00:31:55	01:20:02
171	749	F	51	ZF	Ada Freeman	Seven Springs NC	260	00:10:04	90	00:03:14	119	00:33:30	169	00:01:40	168	00:31:45	01:20:10
172	685	F	27	NF	Erica Bondy	Beaufort NC	116	00:06:07	163	00:03:55	165	00:35:24	231	00:02:10	184	00:32:43	01:20:16
173	144	F	13		Lauren Birmingham	Kure Beach NC	82	00:05:46	34	00:02:42	211	00:37:40	47	00:01:03	198	00:33:19	01:20:27
174	552	F	40		Elizabeth Langley	Greensboro NC	228	00:07:59	189	00:04:15	222	00:38:21	36	00:01:01	110	00:29:01	01:20:35
175	462	F	19		Pamela Creech	New Bern NC	185	00:07:08	261	00:05:56	164	00:35:21	95	00:01:19	155	00:31:00	01:20:42
176	616	F	25		Irena Rindos	Chapel Hill NC	242	00:08:34	187	00:04:14	95	00:32:31	208	00:01:53	203	00:33:35	01:20:45
177	223	F	35		Bryan Thompson	Apex NC	15	00:04:50	132	00:03:36	245	00:40:39	90	00:01:18	143	00:30:32	01:20:53

178	652	F	20	NF	Kendall Gardiner	Elon NC	20	00:04:55	70	00:03:02	253	00:41:51	3	00:00:47	142	00:30:30	01:21:03
179	479	F	34		Emily Greene	Raleigh NC	178	00:07:00	178	00:04:07	215	00:37:48	101	00:01:20	152	00:30:55	01:21:08
180	300	F	41		Christie Fry	Raleigh NC	126	00:06:18	198	00:04:23	110	00:33:16	256	00:02:46	217	00:34:33	01:21:13
181	744	F	44	ZF	Dawn Lowery	Fort Mill SC	235	00:08:20	240	00:05:16	182	00:36:16	244	00:02:25	107	00:28:59	01:21:14
182	677	F	30	NF	Rebecca Vandevander	Cornelius NC	216	00:07:38	220	00:04:40	181	00:36:12	138	00:01:29	165	00:31:20	01:21:17
183	755	F	20	NF	Alle Springhetti	Wilmington NC	64	00:05:37	123	00:03:32	196	00:36:52	201	00:01:48	202	00:33:33	01:21:21
184	593	F	39		Nancy Preston	Wilmington NC	223	00:07:50	119	00:03:30	163	00:35:21	257	00:02:48	169	00:31:54	01:21:21
185	565	F	43	A	Stacey Hamilton	Cary NC	206	00:07:27	147	00:03:41	225	00:38:28	71	00:01:12	145	00:30:37	01:21:23
186	537	F	43	A	Andrea Langley	Greensboro NC	195	00:07:14	130	00:03:35	184	00:36:17	141	00:01:29	190	00:32:54	01:21:28
187	400	F	43		Nancy Glew	Wilmington NC	102	00:05:59	211	00:04:32	174	00:36:00	88	00:01:17	205	00:33:48	01:21:34
188	703	F	25	NF	Meredith Robbins	Chapel Hill NC	209	00:07:29	228	00:04:51	148	00:34:42	115	00:01:24	194	00:33:11	01:21:36
189	214	F	42		Laura Kell	Clayton NC	78	00:05:46	234	00:05:03	214	00:37:43	76	00:01:14	172	00:31:57	01:21:42
190	702	F	28	NF	Mary Beth Robbins	Holly Springs NC	153	00:06:42	245	00:05:23	161	00:35:11	239	00:02:17	177	00:32:19	01:21:51
191	667	F	27	NF	Janet Colon	Raleigh NC	155	00:06:43	180	00:04:09	231	00:38:45	143	00:01:31	153	00:30:55	01:22:00
192	494	F	43		Suzie Kroma	Hampstead NC	261	00:10:18	88	00:03:13	103	00:32:55	131	00:01:28	208	00:34:10	01:22:01
193	635	F	33		Annette Lindsay	Raleigh NC	214	00:07:36	99	00:03:18	190	00:36:36	196	00:01:47	189	00:32:52	01:22:06
194	559	F	39		Suzanne Stickley	Charlotte NC	259	00:10:03	165	00:03:55	219	00:38:11	198	00:01:47	100	00:28:26	01:22:19
195	550	F	50		Terry Thompkins	Wilmington NC	208	00:07:28	206	00:04:29	228	00:38:30	144	00:01:31	150	00:30:50	01:22:45
196	485	F	49		Lee Ann Stinson	Holly Springs NC	181	00:07:02	177	00:04:07	217	00:37:50	178	00:01:42	178	00:32:29	01:23:09
197	719	F	49	ZF	Penny Deloreto	Wilmington NC	211	00:07:34	248	00:05:28	156	00:35:01	212	00:01:54	199	00:33:19	01:23:14
198	757	F	41	ZF	Diane Perez	Maple Hill NC	258	00:09:54	231	00:05:00	155	00:34:59	230	00:02:10	166	00:31:32	01:23:33
199	743	F	44	ZF	Nancy Lapointe	Fort Mill SC	241	00:08:33	242	00:05:19	179	00:36:09	252	00:02:38	156	00:31:05	01:23:42
200	683	F	29	NF	Jennifer Sweitzer	Raleigh NC	127	00:06:18	214	00:04:35	193	00:36:47	157	00:01:36	215	00:34:28	01:23:42
201	332	F	44		Debbie Lindsay	Raleigh NC	103	00:05:59	196	00:04:21	104	00:32:58	120	00:01:26	243	00:39:10	01:23:52
202	36	F	23		Nichole Turner	Apex NC	194	00:07:14	38	00:02:46	226	00:38:28	31	00:01:00	219	00:34:52	01:24:17
203	529	F	42		Stephanie Loher	New Bern NC	210	00:07:34	112	00:03:27	137	00:34:00	237	00:02:17	234	00:37:06	01:24:22
204	610	F	59		Maryanne Sprague	Rocky Mount NC	244	00:08:40	229	00:04:52	159	00:35:09	50	00:01:04	218	00:34:43	01:24:26
205	502	F	31		Suzanne Walker	Raleigh NC	190	00:07:10	170	00:03:58	234	00:39:03	85	00:01:17	193	00:33:04	01:24:29
206	752	F	20	NF	Janet Ottman	Elon NC	145	00:06:37	205	00:04:29	236	00:39:07	80	00:01:16	195	00:33:13	01:24:40
207	531	F	44		Tori Williams Reid	Hillsborough NC	238	00:08:27	232	00:05:00	90	00:32:20	261	00:02:59	228	00:36:04	01:24:49
208	746	F	22	NF	Amanda Lee	Winston-Salem NC	252	00:09:07	37	00:02:44	250	00:41:05	38	00:01:01	154	00:30:55	01:24:51

209	432	F	30		Amanda Shedaker	Wilmington NC	131	00:06:23	217	00:04:37	187	00:36:26	247	00:02:28	223	00:35:05	01:24:57
210	588	F	59		Laura Walls	Black Mountain NC	247	00:08:44	157	00:03:50	150	00:34:49	107	00:01:22	231	00:36:18	01:25:01
211	742	F	45	ZF	Tammy Hale	Cross Lanes WV	263	00:10:28	239	00:05:12	216	00:37:48	226	00:02:07	125	00:29:28	01:25:01
212	609	F	25		Sabrina Stronsky	Irwin PA	230	00:08:04	256	00:05:45	206	00:37:23	232	00:02:11	175	00:32:05	01:25:26
213	487	F	52		Jeanette Ammons	Raleigh NC	218	00:07:42	193	00:04:17	209	00:37:35	165	00:01:39	211	00:34:18	01:25:28
214	709	F	41	ZF	Lisa Haffner	Rural Hall NC	255	00:09:28	184	00:04:11	218	00:37:51	66	00:01:10	191	00:32:54	01:25:32
215	608	F	52		Kathleen Stronsky	Irwin PA	250	00:08:58	233	00:05:01	203	00:37:19	242	00:02:19	176	00:32:05	01:25:40
216	355	F	21		Elizabeth Brantley	Raleigh NC	130	00:06:22	213	00:04:34	242	00:40:13	160	00:01:37	201	00:33:22	01:26:06
217	569	F	11		Phoebe Stevens	Greensboro NC	156	00:06:44	44	00:02:49	251	00:41:39	14	00:00:52	207	00:34:08	01:26:11
218	585	F	40		Cj Tabor	Raleigh NC	200	00:07:22	222	00:04:43	189	00:36:31	228	00:02:08	226	00:35:42	01:26:24
219	760	F	38	NF	Renee Storms	Clayton NC	262	00:10:19	197	00:04:22	210	00:37:35	185	00:01:44	185	00:32:47	01:26:45
220	579	F	42		Laura Lancaster	Raleigh NC	203	00:07:26	271	00:07:55	198	00:36:56	240	00:02:18	192	00:33:02	01:27:34
221	711	F	31	NF	Jennifer Thomason	Carthage NC	233	00:08:10	254	00:05:43	259	00:43:13	139	00:01:29	121	00:29:22	01:27:55
222	322	F	28		Tamara Dela Cruz	Lexington NC	146	00:06:39	250	00:05:32	263	00:44:46	179	00:01:42	123	00:29:27	01:28:05
223	679	F	32	NF	Stephanie Crews	Wilmington NC	117	00:06:07	179	00:04:08	202	00:37:18	99	00:01:19	245	00:39:30	01:28:21
224	416	F	53		Melanie Adams	Winston Salem NC	118	00:06:08	143	00:03:39	170	00:35:47	249	00:02:31	248	00:40:20	01:28:23
225	747	F	43	ZF	Rebecca Squires	Southport NC	217	00:07:39	159	00:03:53	257	00:42:15	130	00:01:28	197	00:33:17	01:28:31
226	406	F	56		Theresa Brockway	Wilmington NC	162	00:06:47	215	00:04:35	232	00:38:54	243	00:02:20	229	00:36:06	01:28:40
227	510	F	44		Judy Walker	Concord NC	186	00:07:08	258	00:05:47	221	00:38:18	142	00:01:30	232	00:36:25	01:29:05
228	481	F	41		Angela Jenkins	Clayton NC	174	00:06:53	199	00:04:24	256	00:42:11	83	00:01:16	214	00:34:27	01:29:10
229	404	F	61		Jenny Azzarello	Raleigh NC	189	00:07:10	255	00:05:43	195	00:36:48	215	00:01:58	237	00:37:45	01:29:22
230	507	F	51		Liz Grabosky	Raleigh NC	138	00:06:28	142	00:03:39	207	00:37:27	248	00:02:30	246	00:39:35	01:29:37
231	152	F	47		Harriet Blevins	Wilmington NC	224	00:07:52	259	00:05:48	230	00:38:42	262	00:02:59	212	00:34:26	01:29:45
232	707	F	40	ZF	Yvonne Beal	Chapel Hill NC	151	00:06:42	154	00:03:47	204	00:37:22	218	00:02:00	247	00:40:09	01:29:57
233	441	F	62		Beth Brampton	Wilmington NC	201	00:07:25	204	00:04:27	208	00:37:29	214	00:01:56	244	00:39:14	01:30:28
234	591	F	64		Aileen Smith	Lexington NC	254	00:09:20	124	00:03:32	213	00:37:42	233	00:02:11	238	00:37:55	01:30:39
235	244	F	26		Megan Casler	Stafford VA	47	00:05:25	218	00:04:37	260	00:43:30	51	00:01:05	230	00:36:08	01:30:42
236	422	F	36		Jennifer Swofford	Charlotte NC	147	00:06:39	152	00:03:46	96	00:32:36	222	00:02:04	260	00:45:40	01:30:44
237	606	F	51		Robin Roberts	Raleigh NC	246	00:08:42	262	00:05:59	227	00:38:29	265	00:03:19	210	00:34:17	01:30:44
238	405	F	49		Angela Dupree	Raleigh NC	171	00:06:51	253	00:05:42	212	00:37:41	263	00:03:03	240	00:38:14	01:31:30
239	506	F	58		Sarah Dorsey	Greensboro NC	212	00:07:35	226	00:04:48	247	00:40:45	79	00:01:15	236	00:37:33	01:31:54

240	306	F	51		Kathryn Brantley	Raleigh NC	215	00:07:36	266	00:06:43	188	00:36:26	267	00:03:47	239	00:38:07	01:32:38	
241	701	F	53	ZF	Shirley Howell	Hampstead NC	221	00:07:47	230	00:04:54	157	00:35:02	188	00:01:45	255	00:44:12	01:33:37	
242	614	F	49		Brenda Hill	Cary NC	240	00:08:30	268	00:07:11	240	00:40:01	259	00:02:52	224	00:35:21	01:33:53	
243	492	F	43		Chiaki Ito	Wilmington NC	182	00:07:02	186	00:04:13	224	00:38:27	176	00:01:42	254	00:42:51	01:34:12	
244	602	F	33	A	Jennifer Freas	Leland NC	192	00:07:12	182	00:04:11	199	00:36:59	78	00:01:15	261	00:45:45	01:35:19	
245	713	F	32	NF	Lindsey Reiner	Wilmington NC	256	00:09:37	251	00:05:34	255	00:41:59	236	00:02:16	227	00:35:56	01:35:20	
246	316	F	55		Elizabeth Woodside	Wilmington NC	122	00:06:12	227	00:04:50	237	00:39:21	266	00:03:43	253	00:41:55	01:35:59	
247	621	F	39		Angie Zimmerman	Cary NC	271	00:18:19	269	00:07:25	178	00:36:07	268	00:04:31	138	00:29:57	01:36:18	
248	622	F	65		Pat Andrews	Charlotte NC	266	00:10:52	75	00:03:04	244	00:40:25	184	00:01:43	249	00:40:20	01:36:23	
249	312	F	39		Myriam Schulze	Concord NC	123	00:06:13	169	00:03:57	265	00:45:52					01:36:42	
250	737	F	46	ZF	Kathi Tichansky	Garner NC	257	00:09:52	243	00:05:22	258	00:43:01	164	00:01:38	235	00:37:08	01:36:59	
251	594	F	43		Andrea Doughty	Chapel Hill NC	232	00:08:09	270	00:07:44	185	00:36:22	219	00:02:02	251	00:41:11	00:02:00	01:37:26
252	351	F	58		Ginny Guerry	Wilmington NC	236	00:08:24	235	00:05:05	246	00:40:40	168	00:01:40	252	00:41:39	01:37:27	
253	723	F	44	ZF	Pam Anderson	Wilmington NC	265	00:10:46	260	00:05:55	241	00:40:06	235	00:02:15	241	00:38:50	01:37:50	
254	623	F	33		Allison Andrews	Black Mountain NC	267	00:11:01	190	00:04:16	197	00:36:53	70	00:01:12	256	00:44:33	01:37:53	
255	697	F	39	NF	Aubrey Barfield	Cary NC	144	00:06:36	171	00:03:58	266	00:49:20	189	00:01:45	233	00:36:39	01:38:16	
256	603	F	51		Bridget McDuffie	Raleigh NC	245	00:08:42	257	00:05:45	238	00:39:25	203	00:01:50	258	00:44:38	01:40:18	
257	739	F	38	NF	Jenny Cox	Princeton WV	269	00:11:18	237	00:05:08	262	00:44:24	255	00:02:46	242	00:38:56	01:42:31	
258	146	F	68		Peg Landreth	Manteo NC	231	00:08:06	265	00:06:43	248	00:40:47	254	00:02:43	259	00:44:39	01:42:56	
259	564	F	47		Melody Dawkins	Wilmington NC	191	00:07:11	252	00:05:40	261	00:43:57	195	00:01:46	257	00:44:34	01:43:07	
260	631	F	59		Lisa Austin	Raleigh NC	268	00:11:06	264	00:06:42	249	00:41:01	269	00:04:43	250	00:40:32	01:44:02	
261	497	F	39		Amity Page	Wilson NC	204	00:07:26	164	00:03:55	254	00:41:57	137	00:01:29	267	00:50:57	01:45:43	
262	735	F	36	NF	Christy Pastor	Jacksonville NC	239	00:08:28	246	00:05:24	252	00:41:48	246	00:02:27	263	00:48:10	01:46:16	
263	733	F	54	ZF	Nancy Canterbury	Holly Springs NC	253	00:09:18	267	00:06:55	176	00:36:03	264	00:03:16	269	00:51:34	01:47:04	
264	518	F	41		Jennifer Morton	Surf City NC	270	00:13:29	249	00:05:31	175	00:36:01	253	00:02:41	264	00:49:25	01:47:06	
265	592	F	44		Tonya Wells	Raleigh NC	243	00:08:36	155	00:03:48	264	00:45:16	110	00:01:23	265	00:49:35	01:48:36	
266	758	F	57	ZF	Anne Goins	Wilmington NC	264	00:10:35	247	00:05:27	229	00:38:41	260	00:02:57	268	00:51:34	01:49:13	
267	471	F	10		Sadie Page	Wilson NC	176	00:06:59	144	00:03:39	267	00:50:50	153	00:01:34	266	00:50:55	01:53:55	
268	718	F	52	ZF	Princess Smith	Apex NC	213	00:07:36	207	00:04:29	270	01:20:57	220	00:02:03	2	00:20:38	01:55:40	
269	712	F	54	ZF	Robyn Harkins	Jacksonville NC	248	00:08:46	111	00:03:27	268	00:57:47	245	00:02:25	262	00:47:39	02:00:01	
270	645	F	33	NF	Emily Dowtin	Greensboro NC	38	00:05:18	174	00:04:01	269	01:19:24	125	00:01:26	221	00:34:57	02:05:04	

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