

Capitol Lake 5K Self Timed Results

<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Gender</u>	<u>Finish Time</u>	<u>Awards</u>
Sandra	Williams	57	F	00:40:30	1st Place Female Overall
Dave	Mandelkern	60	M	00:40:56	1st Place Male Overall

Capitol Lake 10K Self Timed Results

<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Gender</u>	<u>Finish Time</u>	<u>Awards</u>
Victoria	Bernholz	66	F	1:11:23	1st Place Female Overall

