

2019 Lucky Leprechaun Duathlon & Road Race

Race Date

March 02, 2019

Overall Results

Fat Tire Duathlon

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>-----2M Run -----</u>			<u>T-1</u>			<u>----- 11M -----</u>			<u>T-2</u>			<u>-----2M Run -----</u>			<u>Total</u>	
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Time</u>
1	Matt De Blanc	314	1:M Overall	1	13:35.2	6:48	0:27.1	1	34:01.0	19.4	0:15.5	1	13:40.1	6:50	1:01:59.0					
2	Danah James	253	1:F Overall	2	16:51.5	8:26	2:17.2	2	44:53.1	14.7	0:57.0	2	18:22.3	9:11	1:23:21.3					
3	Matthew Seal	316	2:M Overall	3	17:30.3	8:45	1:26.1	4	49:04.9	13.5	0:35.5	3	18:52.6	9:26	1:27:29.6					
4	Mark Medina	252	3:M Overall	5	22:47.9	11:24	2:51.6	3	45:27.3	14.5	2:18.8	5	26:04.0	13:02	1:39:29.8					
5	Lance Greenhaw	254	1:M Male 99	4	20:02.7	10:01	1:08.1	5	58:09.0	11.3	1:11.7	4	20:02.8	10:01	1:40:34.4					
6	Karenza Denson	251	2:F Overall	6	27:16.8	13:38	2:24.8	6	1:04:56.1	10.2	1:11.8	6	32:46.1	16:23	2:08:35.8					