

Race Date
July 28, 2019

Chisago Lakes Triathlon
All Sprint

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Mark Berven	904	12	7:04.63	1:46	1:28.54	1	49:12.82	26.8	0:50.35	11	20:07.96	6:43	1:18:44.3
2	Andy Wiberg	706	9	6:58.90	1:44	1:07.13	2	51:29.18	25.6	0:47.38	3	18:26.61	6:09	1:18:49.2
3	Thomas Woods	894	25	7:34.61	1:53	1:20.76	3	51:31.65	25.6	0:59.28	2	18:10.10	6:03	1:19:36.4
4	Kevin O'Connor	700	1	5:56.82	1:29	0:54.87	7	53:29.72	24.7	0:40.30	4	18:40.06	6:13	1:19:41.7
5	Andrew Kershaw	703	3	6:33.08	1:38	1:07.06	8	53:30.62	24.7	0:46.35	5	18:45.11	6:15	1:20:42.2
6	Emmanuel Darne	832	21	7:25.61	1:51	1:03.06	4	52:05.82	25.3	0:54.40	12	20:21.92	6:47	1:21:50.8
7	Kevin Mitchell	704	17	7:13.92	1:48	1:00.06	6	52:54.26	25.0	0:57.76	19	21:19.36	7:06	1:23:25.3
8	Andy Daykin	725	119	10:02.02	2:30	1:24.13	5	52:13.33	25.3	1:14.01	6	18:54.73	6:18	1:23:48.2
9	Nathan Strudle	783	13	7:06.40	1:46	1:00.57	14	55:52.52	23.6	0:42.82	9	19:51.94	6:37	1:24:34.2
10	Connor Lisowski	684	2	6:16.07	1:33	1:30.76	26	56:53.73	23.2	1:02.40	10	20:07.56	6:43	1:25:50.5
11	Tim Bode	907	7	6:46.87	1:41	1:16.18	9	53:45.53	24.6	1:02.21	47	23:14.75	7:45	1:26:05.5
12	Bill Kelley	853	27	7:35.48	1:53	1:22.19	13	55:37.93	23.7	1:21.40	15	20:42.82	6:54	1:26:39.8
13	Diane Hankee	701	24	7:33.95	1:53	1:09.75	23	56:46.92	23.2	0:51.32	13	20:30.09	6:50	1:26:52.0
14	Michael Bieber	716	54	8:20.11	2:04	1:51.60	10	54:09.59	24.4	1:01.79	29	21:58.39	7:19	1:27:21.4
15	Julia Weisbecker	705	5	6:40.84	1:40	1:11.60	34	57:45.13	22.9	1:10.85	26	21:48.09	7:16	1:28:36.5
16	Nicole Heining	699	4	6:36.00	1:38	1:13.70	18	56:13.79	23.5	0:45.14	53	23:52.30	7:57	1:28:40.9
17	Hannah Carlson	911	47	8:08.56	2:01	1:33.64	11	55:00.48	24.0	1:25.52	35	22:33.30	7:31	1:28:41.5
18	Jenna Horner	742	50	8:14.23	2:03	1:05.57	28	57:12.16	23.1	0:46.01	22	21:31.62	7:11	1:28:49.5
19	Sarah Berger	693	39	7:53.60	1:58	1:46.19	20	56:34.92	23.3	1:11.36	21	21:28.45	7:09	1:28:54.5
20	Cheryl Zitur	813	8	6:54.78	1:43	1:22.43	33	57:44.74	22.9	1:22.68	31	22:03.36	7:21	1:29:27.9
21	Keith Tufte	996	30	7:39.69	1:54	2:29.78	17	56:03.30	23.5	1:17.49	30	22:00.82	7:20	1:29:31.0
22	Nick Zarns	798	22	7:25.79	1:51	1:28.10	21	56:40.71	23.3	1:03.34	41	23:00.89	7:40	1:29:38.8
23	Colin Smith	882	29	7:37.30	1:54	1:33.39	29	57:12.41	23.1	1:22.79	28	21:58.17	7:19	1:29:44.0
24	Edwing Gelvez	697	36	7:44.74	1:56	0:59.25	32	57:29.67	23.0	1:04.53	34	22:29.81	7:30	1:29:48.0
25	Trihards	806	6	6:46.37	1:41	0:49.79	67	1:02:16.7	21.2	0:39.36	7	19:23.79	6:28	1:29:56.0
26	Bettina Keppers	702	16	7:11.73	1:47	1:17.78	16	56:00.81	23.6	1:04.36	72	24:34.45	8:11	1:30:09.1
27	Aaron Wilson	795	91	9:11.94	2:17	0:57.67	27	57:00.36	23.2	1:15.95	25	21:45.20	7:15	1:30:11.1
28	Colin Stemper	800	31	7:40.40	1:54	1:29.09	36	58:04.98	22.7	1:05.97	27	21:57.67	7:19	1:30:18.1
29	Rob Kaufman	947	45	8:06.76	2:01	0:56.20	19	56:26.38	23.4	1:32.68	50	23:26.66	7:49	1:30:28.6
30	Jacob Spehar	779	49	8:11.71	2:02	0:55.97	15	55:56.47	23.6	1:15.28	63	24:09.34	8:03	1:30:28.7
31	Andrew Lehman	750	53	8:17.40	2:04	1:37.17	31	57:17.45	23.0	1:03.46	43	23:09.34	7:43	1:31:24.8
32	Michael Jordan	747	11	7:03.10	1:45	1:23.95	40	58:45.01	22.5	1:06.50	49	23:24.92	7:48	1:31:43.4
33	Erin Lahti	859	28	7:36.47	1:53	1:18.60	49	1:00:14.9	21.9	0:54.40	38	22:49.79	7:37	1:32:54.1

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			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Craig Harrison	935	38	7:51.15	1:57	1:46.93	24	56:51.55	23.2	1:46.15	100	25:33.83	8:31	1:33:49.6
35	Marcelo Nunes De Almeida	760	70	8:43.58	2:10	1:37.90	35	57:56.00	22.8	1:35.70	57	24:03.26	8:01	1:33:56.4
36	Edward Carlson	720	110	9:47.28	2:26	0:54.39	90	1:04:07.0	20.6	1:32.29	1	17:46.27	5:55	1:34:07.2
37	Amy Woolsey	896	67	8:29.96	2:07	1:33.55	37	58:11.32	22.7	1:06.04	75	24:47.26	8:16	1:34:08.1
38	Jeffrey O Melby	967	75	8:49.90	2:12	1:49.32	12	55:36.35	23.7	1:22.99	119	26:36.93	8:52	1:34:15.4
39	Jonathan Kell	814	122	10:03.85	2:30	1:29.60	22	56:44.66	23.3	1:20.09	81	24:54.36	8:18	1:34:32.5
40	Luke Spehar	780	57	8:21.74	2:05	1:18.69	64	1:02:00.0	21.3	1:09.76	24	21:42.48	7:14	1:34:32.6
41	Josh Averbeck	708	33	7:41.87	1:55	1:48.84	53	1:00:51.6	21.7	1:36.05	36	22:38.81	7:33	1:34:37.2
42	Mark Paananen	762	61	8:25.24	2:06	1:54.91	39	58:31.18	22.6	1:06.86	74	24:45.47	8:15	1:34:43.6
43	Jody Quesnell	872	55	8:20.88	2:04	1:43.60	42	59:04.71	22.3	1:14.44	66	24:25.14	8:08	1:34:48.7
44	Aidan Oneil	761	15	7:09.42	1:47	1:44.17	51	1:00:36.5	21.8	1:18.63	67	24:25.71	8:09	1:35:14.4
45	Eli Cullison	722	23	7:26.16	1:51	1:10.00	55	1:00:55.1	21.7	1:12.87	70	24:30.50	8:10	1:35:14.6
46	Harvey Wilhelm	799	14	7:07.14	1:46	1:33.15	52	1:00:49.2	21.7	1:17.21	68	24:28.08	8:09	1:35:14.8
47	Chris Bowman	717	224	12:47.04	3:11	2:28.31	38	58:20.84	22.6	1:25.09	14	20:35.75	6:52	1:35:37.0
48	Randy Gibson	930	46	8:07.53	2:01	1:59.38	47	1:00:07.7	22.0	1:33.43	61	24:07.60	8:03	1:35:55.6
49	Patrick Foley	840	87	9:05.09	2:15	2:09.14	41	58:50.51	22.4	1:57.94	55	23:53.82	7:58	1:35:56.5
50	Rich Rovang	773	52	8:16.41	2:03	1:33.10	60	1:01:05.3	21.6	1:12.86	56	23:55.40	7:58	1:36:03.1
51	Mandy Stoesz	386	40	7:55.81	1:58	1:55.04	66	1:02:09.9	21.2	1:15.71	48	23:15.26	7:45	1:36:31.8
52	Benjamin Harris	739	63	8:26.38	2:06	2:59.15	50	1:00:17.1	21.9	1:58.31	45	23:12.70	7:44	1:36:53.6
53	Scott Tollefson	994	158	10:48.37	2:41	2:15.02	46	59:58.60	22.0	1:41.55	33	22:12.38	7:24	1:36:55.9
54	Duncan Secor	778	103	9:36.28	2:23	3:11.49	48	1:00:10.6	21.9	3:08.75	17	20:49.30	6:56	1:36:56.4
55	Matt Boyer	908	18	7:20.70	1:50	2:08.61	72	1:02:30.6	21.1	1:32.54	51	23:36.82	7:52	1:37:09.3
56	Thu Tong	885	124	10:07.50	2:31	1:53.70	44	59:45.40	22.1	1:39.67	62	24:08.85	8:03	1:37:35.1
57	Peter Doherty	923	92	9:12.49	2:17	2:19.64	25	56:52.65	23.2	1:57.15	138	27:25.64	9:09	1:37:47.5
58	Jon Carlson	912	120	10:02.83	2:30	1:56.39	88	1:03:45.8	20.7	2:23.75	8	19:45.35	6:35	1:37:54.1
59	Chris Nehring	869	69	8:38.20	2:09	1:56.29	54	1:00:52.0	21.7	1:03.46	102	25:36.98	8:32	1:38:06.9
60	Binam Shrestha	984	154	10:42.65	2:40	2:41.57	59	1:01:04.6	21.6	2:03.72	23	21:38.10	7:13	1:38:10.7
61	Morgan Bell	715	71	8:44.96	2:10	1:49.25	62	1:01:23.2	21.5	1:07.32	93	25:24.43	8:28	1:38:29.2
62	Sarah Berseth	821	97	9:26.38	2:21	1:35.84	69	1:02:24.9	21.1	1:14.41	54	23:52.83	7:58	1:38:34.3
63	Betsy Barrett	819	32	7:40.50	1:54	3:20.92	79	1:03:10.7	20.9	1:28.98	39	22:57.56	7:39	1:38:38.6
64	Jill Ellenbecker	834	51	8:16.13	2:03	1:27.77	70	1:02:27.0	21.1	1:16.75	91	25:18.63	8:26	1:38:46.2
65	Joe Kuntz	749	10	6:59.16	1:44	2:10.58	82	1:03:22.3	20.8	2:08.87	69	24:29.77	8:10	1:39:10.6
66	Quinn Ellingson	729	84	9:03.19	2:15	1:32.12	75	1:02:54.0	21.0	1:36.03	60	24:06.79	8:02	1:39:12.1

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			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
67	Jonathan Schoen	776	108	9:44.16	2:25	1:47.41	84	1:03:27.3	20.8	1:00.75	46	23:13.12	7:44	1:39:12.7
68	Daniel Texidor	992	152	10:40.90	2:39	2:42.15	61	1:01:07.6	21.6	2:05.87	42	23:01.95	7:41	1:39:38.4
69	Bryant Brakke	718	159	10:49.98	2:42	2:34.64	96	1:04:57.8	20.3	0:58.78	16	20:47.44	6:56	1:40:08.6
70	Daniel Wilson	796	72	8:46.15	2:11	2:06.36	115	1:06:47.4	19.8	1:36.08	18	20:53.46	6:58	1:40:09.4
71	Jennifer Birkmeier	822	98	9:33.56	2:23	1:53.84	71	1:02:29.2	21.1	1:42.84	71	24:32.30	8:11	1:40:11.7
72	Brigid McHale	864	34	7:42.60	1:55	1:40.54	99	1:05:05.4	20.3	1:28.20	79	24:53.78	8:18	1:40:50.5
73	Cindy Schlafmann	879	81	8:54.41	2:13	1:53.24	77	1:02:57.6	21.0	1:48.94	89	25:16.90	8:26	1:40:51.1
74	Peter Leadholm	960	106	9:41.17	2:24	2:07.82	86	1:03:41.7	20.7	1:23.45	64	24:16.83	8:06	1:41:11.0
75	Ryan Meany	752	93	9:13.96	2:18	1:52.66	89	1:03:48.2	20.7	1:30.09	78	24:52.18	8:17	1:41:17.1
76	Robin Tedlund	785	193	11:46.94	2:56	2:02.07	58	1:01:03.9	21.6	1:18.08	85	25:07.48	8:22	1:41:18.4
77	Macy Iyer	745	37	7:49.43	1:57	1:05.30	158	1:10:04.8	18.8	0:59.61	20	21:25.71	7:09	1:41:24.9
78	Mark Noel	759	130	10:13.42	2:32	2:34.21	74	1:02:48.4	21.0	1:48.33	59	24:05.29	8:02	1:41:29.7
79	Hunter Doherty	726	26	7:35.47	1:53	2:25.56	87	1:03:42.4	20.7	1:12.06	124	26:57.16	8:59	1:41:52.6
80	Tom Tedlund	991	271	14:59.07	3:43	2:11.70	30	57:16.29	23.0	2:03.02	95	25:28.76	8:30	1:41:58.8
81	Laura Rescorla	875	19	7:21.70	1:50	2:00.41	103	1:05:43.2	20.1	1:24.97	105	25:45.84	8:35	1:42:16.1
82	Kyleen Harstedt	846	60	8:24.77	2:05	1:41.25	78	1:02:59.6	21.0	1:44.53	141	27:31.88	9:11	1:42:22.1
83	David Flynn	731	133	10:18.41	2:34	2:27.58	98	1:05:04.9	20.3	1:34.46	44	23:09.97	7:43	1:42:35.4
84	Kristen Hawkins	937	172	11:11.64	2:47	1:12.75	81	1:03:19.4	20.8	1:52.74	99	25:33.10	8:31	1:43:09.7
85	Lizzie McNamara	900	48	8:10.32	2:02	1:36.76	101	1:05:34.6	20.1	1:17.02	118	26:31.21	8:50	1:43:09.9
86	Lara Mertens	753	20	7:24.54	1:50	0:47.19	141	1:08:59.2	19.1	1:05.81	83	25:01.13	8:20	1:43:17.9
87	Tony Radloff	978	238	13:11.25	3:17	2:21.48	45	59:48.56	22.1	1:48.34	116	26:21.94	8:47	1:43:31.5
88	Nicole Slattery	881	107	9:43.21	2:25	1:58.49	65	1:02:03.7	21.3	2:02.90	147	28:02.28	9:21	1:43:50.5
89	Janice Stanford	883	115	9:57.35	2:28	2:24.24	91	1:04:11.0	20.6	2:02.69	96	25:29.63	8:30	1:44:04.9
90	Lisa Burton	825	177	11:17.55	2:48	1:36.46	94	1:04:42.5	20.4	1:34.79	82	24:58.29	8:19	1:44:09.5
91	Joel Wilson	689	161	10:52.13	2:42	1:52.01	80	1:03:17.1	20.9	2:16.45	108	25:56.07	8:39	1:44:13.8
92	Brian Goepfner	688	128	10:10.97	2:32	3:13.44	123	1:07:44.2	19.5	1:27.33	32	22:10.70	7:24	1:44:46.6
93	Dave Quatmann	771	138	10:27.76	2:36	4:40.55	57	1:01:00.2	21.6	1:40.46	129	27:08.97	9:03	1:44:58.0
94	The Old, The Bold, The Beautiful	803	126	10:08.95	2:31	1:03.80	125	1:07:51.0	19.5	1:09.82	80	24:54.05	8:18	1:45:07.6
95	Matt Dunn	728	150	10:38.96	2:39	2:09.73	102	1:05:35.0	20.1	1:12.63	101	25:36.38	8:32	1:45:12.7
96	Kevin Proud	770	44	8:05.34	2:01	1:44.56	56	1:00:57.4	21.7	1:44.04	213	32:44.39	10:55	1:45:15.7
97	Jason Lien	860	129	10:13.30	2:32	2:22.89	63	1:01:59.4	21.3	1:30.30	176	29:53.77	9:58	1:45:59.6
98	Ashlee May	965	202	11:59.93	2:59	1:33.85	132	1:08:19.7	19.3	1:21.20	40	23:00.59	7:40	1:46:15.3
99	Kylie Swanson	988	64	8:27.75	2:06	2:12.75	148	1:09:38.2	19.0	1:42.95	65	24:23.91	8:08	1:46:25.5

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100	Matthew Ostrowski	975	104	9:36.56	2:23	3:10.63	73	1:02:46.7	21.0	1:48.15	169	29:13.62	9:45	1:46:35.7
101	Susan Nygaard	972	35	7:42.77	1:55	3:11.22	119	1:07:10.1	19.7	2:39.31	111	26:08.61	8:43	1:46:52.0
102	Marie Jordan	851	88	9:09.43	2:17	1:57.75	112	1:06:36.5	19.8	1:44.05	137	27:25.15	9:08	1:46:52.9
103	Rhonda Narlock	868	116	9:58.02	2:29	2:16.25	92	1:04:20.1	20.5	1:40.94	165	28:58.03	9:39	1:47:13.3
104	Ryan Queenan	772	146	10:35.64	2:38	3:33.05	145	1:09:24.9	19.0	1:12.75	37	22:45.90	7:35	1:47:32.2
105	Steve Schauer	692	121	10:03.54	2:30	2:11.67	107	1:06:03.3	20.0	2:26.40	127	27:01.67	9:01	1:47:46.5
106	Robert Sandgren	774	94	9:17.19	2:18	2:34.22	105	1:06:00.9	20.0	1:22.74	159	28:46.54	9:36	1:48:01.6
107	Sarah Johnson	850	165	10:57.61	2:43	1:58.64	109	1:06:10.9	19.9	1:34.82	135	27:22.21	9:07	1:48:04.2
108	Marybeth Mueller	867	225	12:49.97	3:11	2:07.01	106	1:06:02.1	20.0	1:51.95	98	25:32.82	8:31	1:48:23.8
109	Giraldo/Jorgensen	807	254	13:43.73	3:25	1:03.88	130	1:08:09.2	19.4	0:56.14	73	24:34.51	8:12	1:48:27.5
110	Brady Behrens	713	100	9:35.05	2:23	2:00.64	118	1:06:58.3	19.7	1:14.34	163	28:54.98	9:38	1:48:43.3
111	Alexi Hansen	845	109	9:44.46	2:25	2:03.10	134	1:08:34.5	19.2	1:26.47	139	27:29.34	9:10	1:49:17.9
112	Gary Nygaard	971	136	10:25.42	2:35	3:21.58	76	1:02:54.8	21.0	3:20.07	173	29:37.67	9:53	1:49:39.6
113	Sheila Crisp	829	125	10:08.07	2:31	2:02.30	113	1:06:36.6	19.8	2:23.46	154	28:30.04	9:30	1:49:40.4
114	Megan Stebbins	884	58	8:22.50	2:05	2:11.77	147	1:09:29.0	19.0	2:52.71	122	26:49.03	8:56	1:49:45.1
115	Macy Bell	714	80	8:53.58	2:13	1:43.93	167	1:11:33.6	18.4	1:24.71	115	26:18.09	8:46	1:49:53.9
116	Frederick Gill Filho	735	99	9:34.83	2:23	2:43.50	93	1:04:21.9	20.5	3:34.38	179	30:01.94	10:01	1:50:16.5
117	Go Lauren, Beat Emily	808	89	9:10.08	2:17	1:19.51	192	1:13:46.3	17.9	0:49.29	92	25:20.10	8:27	1:50:25.2
118	Amanda Kozitza	856	168	11:07.88	2:46	2:20.68	116	1:06:49.7	19.8	1:48.86	153	28:21.44	9:27	1:50:28.6
119	Jonathan Seaberg	777	112	9:50.54	2:27	3:17.83	152	1:09:47.0	18.9	1:43.38	107	25:52.91	8:38	1:50:31.6
120	We're the Miller(s)	804	251	13:42.24	3:24	0:58.55	149	1:09:38.2	19.0	0:55.99	90	25:17.64	8:26	1:50:32.7
121	Damon Summer	784	79	8:53.56	2:13	2:08.09	183	1:13:11.8	18.0	2:20.56	58	24:03.59	8:01	1:50:37.6
122	Steven Gaffer	683	74	8:49.21	2:12	2:29.63	85	1:03:27.9	20.8	1:54.90	230	34:10.63	11:24	1:50:52.2
123	Stephanie Feakes-Young	838	118	10:01.32	2:29	2:29.88	138	1:08:51.5	19.2	1:14.96	152	28:17.87	9:26	1:50:55.5
124	Lael Daire	922	139	10:27.84	2:36	3:04.36	100	1:05:13.9	20.2	1:27.81	190	30:44.77	10:15	1:50:58.7
125	Eric Thiewes	786	153	10:42.43	2:40	2:36.12	104	1:05:58.5	20.0	1:53.02	178	29:57.75	9:59	1:51:07.8
126	Brenda Conzet	918	78	8:52.84	2:12	3:08.36	117	1:06:52.9	19.7	2:44.18	172	29:30.64	9:50	1:51:08.9
127	Janelle Waslaski	888	149	10:38.90	2:39	2:04.50	168	1:11:34.2	18.4	2:03.95	76	24:48.57	8:16	1:51:10.1
128	Peter Currie	830	183	11:25.73	2:50	2:39.63	151	1:09:41.0	18.9	2:11.10	97	25:32.61	8:31	1:51:30.1
129	Patrick Flynn	925	135	10:22.92	2:35	2:12.49	137	1:08:51.4	19.2	2:53.14	133	27:16.78	9:06	1:51:36.7
130	Ben Seeling	982	186	11:31.92	2:52	4:03.57	128	1:08:02.8	19.4	2:05.81	110	26:02.59	8:41	1:51:46.7
131	Steve Stauff	781	230	12:54.88	3:13	3:12.40	114	1:06:38.5	19.8	1:21.22	145	27:53.31	9:18	1:52:00.3
132	Megan Hill	685	131	10:13.74	2:33	2:20.54	175	1:12:35.6	18.2	1:38.21	88	25:12.33	8:24	1:52:00.4

Race Date
July 28, 2019

Chisago Lakes Triathlon
All Sprint

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
133	Sarah Jamieson	942	231	12:57.23	3:13	1:52.20	111	1:06:32.2	19.8	1:39.40	168	29:12.56	9:44	1:52:13.6
134	Kaylee Arostegui	901	102	9:35.79	2:23	2:50.17	159	1:10:05.4	18.8	2:37.34	130	27:09.12	9:03	1:52:17.8
135	Mary Weidner	892	90	9:11.45	2:17	2:20.94	184	1:13:21.0	18.0	1:53.30	104	25:44.81	8:35	1:52:31.5
136	John Hudzinski	744	151	10:40.60	2:39	3:40.27	110	1:06:12.3	19.9	4:01.67	146	28:01.73	9:21	1:52:36.6
137	Mary Yetzer	797	214	12:24.13	3:05	3:10.20	146	1:09:28.1	19.0	1:56.50	103	25:38.04	8:33	1:52:37.0
138	Paul Hanek	844	179	11:19.90	2:49	2:38.42	131	1:08:12.5	19.4	2:17.10	151	28:13.89	9:25	1:52:41.8
139	Nick Guggenbuehl	737	140	10:29.37	2:36	1:57.03	178	1:12:50.6	18.1	1:16.00	113	26:11.80	8:44	1:52:44.8
140	Sam Barr	710									294	1:53:12.1	37:44	1:53:12.1
141	Carrie Artang	817	211	12:23.60	3:05	2:23.18	139	1:08:53.6	19.2	2:16.79	140	27:30.17	9:10	1:53:27.4
142	Tom Krueger	953	147	10:36.18	2:38	3:17.67	160	1:10:06.9	18.8	2:34.47	125	26:59.36	9:00	1:53:34.6
143	Duane Whittaker	998	155	10:43.48	2:40	2:15.28	150	1:09:40.0	18.9	2:30.43	155	28:32.78	9:31	1:53:41.9
144	Aimee Schaefer	815	144	10:32.68	2:37	2:14.68	170	1:11:40.4	18.4	2:01.76	134	27:17.15	9:06	1:53:46.7
145	Ben Sexe	983	176	11:15.87	2:48	3:51.31	129	1:08:05.7	19.4	2:30.24	148	28:06.86	9:22	1:53:50.0
146	Tony Cullison	920	180	11:22.73	2:50	2:52.12	169	1:11:35.9	18.4	1:57.39	112	26:10.86	8:44	1:53:59.0
147	Steve Paschke	763	160	10:50.63	2:42	2:23.17	95	1:04:54.4	20.3	2:34.58	221	33:16.44	11:05	1:53:59.2
148	Marisa Peterson	977	127	10:10.14	2:32	4:00.85	166	1:11:25.1	18.5	1:36.91	120	26:47.18	8:56	1:54:00.2
149	Lolipop Girls	802	134	10:19.73	2:34	1:26.08	136	1:08:39.9	19.2	0:57.01	215	32:55.77	10:59	1:54:18.5
150	Matthew Fox	841	249	13:37.66	3:23	2:35.27	124	1:07:48.1	19.5	2:24.39	150	28:11.16	9:24	1:54:36.5
151	Andy Long	690	117	9:58.25	2:29	4:29.93	164	1:10:51.9	18.6	2:15.10	128	27:01.72	9:01	1:54:36.9
152	Jeffrey Tortelli	995	111	9:49.09	2:26	3:46.64	133	1:08:30.9	19.3	1:15.63	198	31:14.99	10:25	1:54:37.2
153	Connor Nelson	758	148	10:37.26	2:38	3:38.99	144	1:09:20.2	19.0	2:22.04	157	28:39.94	9:33	1:54:38.4
154	Susan Holt	740	83	9:01.31	2:15	1:35.91	153	1:09:47.6	18.9	2:12.27	205	32:05.70	10:42	1:54:42.8
155	Greg Thorp	787	195	11:47.67	2:56	4:14.89	83	1:03:25.8	20.8	3:12.38	209	32:19.00	10:46	1:54:59.8
156	Amanda Kelsey	245	85	9:04.62	2:15	2:06.30	171	1:12:13.6	18.3	2:09.79	171	29:25.85	9:49	1:55:00.1
157	Brian Mrozinski	866	188	11:33.11	2:52	3:25.08	174	1:12:32.7	18.2	1:30.09	109	25:59.16	8:40	1:55:00.1
158	Andrea Tande	387	43	8:04.69	2:00	3:20.22	201	1:14:42.2	17.7	2:04.04	123	26:50.96	8:57	1:55:02.1
159	Pravesh Khadka	948	267	14:35.70	3:38	2:26.19	161	1:10:29.2	18.7	2:27.80	87	25:11.31	8:24	1:55:10.2
160	Kelly Connolly	827	77	8:50.30	2:12	1:59.61	172	1:12:16.2	18.3	1:50.62	196	31:02.06	10:21	1:55:58.8
161	Kari Snyder	698	113	9:55.02	2:28	2:47.23	202	1:14:42.9	17.7	1:48.44	121	26:47.86	8:56	1:56:01.5
162	Chuck Kartak	946	273	15:31.12	3:51	1:59.66	120	1:07:27.2	19.6	2:07.14	164	28:57.89	9:39	1:56:03.0
163	Laura Kuhlman	857	96	9:20.85	2:19	2:29.68	196	1:14:08.8	17.8	2:23.65	144	27:44.77	9:15	1:56:07.8
164	Laura Payton	765	194	11:47.48	2:56	2:41.87	121	1:07:29.9	19.6	1:50.62	210	32:33.21	10:51	1:56:23.1
165	Michelle Abellera-Wright	707	197	11:50.33	2:57	3:22.28	142	1:09:04.3	19.1	2:07.70	181	30:08.75	10:03	1:56:33.4

Race Date
July 28, 2019

Chisago Lakes Triathlon
All Sprint

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
166	Tucker Trettel	789	259	14:01.06	3:29	2:40.34	126	1:07:55.4	19.4	1:59.61	177	29:57.19	9:59	1:56:33.6
167	Katie Leadholm	959	256	13:51.47	3:27	2:01.52	135	1:08:37.2	19.2	1:07.82	194	30:56.58	10:19	1:56:34.6
168	Emily Martens	863	184	11:26.40	2:51	2:33.85	188	1:13:37.1	17.9	1:55.06	132	27:12.67	9:04	1:56:45.1
169	David Kell	686	221	12:39.84	3:09	1:47.48	108	1:06:08.7	20.0	2:10.97	234	34:56.08	11:39	1:57:43.1
170	Emmett Dowdal-Osborn	727	114	9:56.63	2:28	5:44.40	140	1:08:56.5	19.1	4:58.27	149	28:09.79	9:23	1:57:45.6
171	Karen Gibson	929	192	11:41.81	2:54	2:33.09	163	1:10:42.2	18.7	3:46.87	167	29:05.70	9:42	1:57:49.7
172	Marc Chiodo	914	237	13:08.86	3:16	2:10.29	68	1:02:17.3	21.2	4:12.25	243	36:10.15	12:03	1:57:58.8
173	Bob Bunten	910	42	8:02.61	2:00	2:11.86	97	1:05:04.6	20.3	2:44.40	263	40:04.27	13:21	1:58:07.8
174	Julieann Larson	954	191	11:40.21	2:54	3:59.76	177	1:12:50.4	18.1	3:13.90	117	26:24.66	8:48	1:58:08.9
175	Gabrielle Marchino	751	178	11:18.47	2:49	2:23.54	226	1:17:50.5	17.0	1:34.67	94	25:28.11	8:29	1:58:35.3
176	Lynn Lutz	681	239	13:12.38	3:17	5:06.72	157	1:10:01.0	18.9	2:23.71	156	28:34.39	9:31	1:59:18.2
177	Ellen Kimlinger	748	142	10:32.40	2:37	2:40.45	187	1:13:32.3	17.9	1:47.56	193	30:48.62	10:16	1:59:21.4
178	Carolyn Kunz	858	206	12:14.87	3:03	2:48.32	162	1:10:37.4	18.7	2:34.88	197	31:06.16	10:22	1:59:21.6
179	Tom Millerbernd	968	132	10:16.41	2:33	3:52.84	179	1:12:52.6	18.1	2:11.96	184	30:22.57	10:08	1:59:36.4
180	Kassy Peterson	766	143	10:32.61	2:37	2:47.64	155	1:09:58.5	18.9	2:56.55	227	33:48.35	11:16	2:00:03.6
181	Jennifer Wilson	893	166	10:59.05	2:44	2:21.51	193	1:13:47.8	17.9	3:55.30	166	29:02.46	9:41	2:00:06.2
182	Dr. Pete Wurdemann	812	241	13:14.70	3:18	3:05.36	154	1:09:53.8	18.9	3:49.72	185	30:23.40	10:08	2:00:26.9
183	Emily Breen	823	66	8:28.72	2:06	3:52.21	185	1:13:21.9	18.0	2:02.25	212	32:44.27	10:55	2:00:29.3
184	Nick Cmiel	721	82	8:58.44	2:14	3:57.15	206	1:15:01.9	17.6	1:48.80	195	31:01.32	10:20	2:00:47.6
185	Linnea Massoglia	865	95	9:17.31	2:19	2:30.86	215	1:16:23.1	17.3	1:42.51	199	31:17.12	10:26	2:01:10.9
186	Sherry Hoffman	939	182	11:24.68	2:50	2:52.33	210	1:15:37.7	17.5	2:01.63	170	29:16.71	9:46	2:01:13.1
187	Adrienne Conzemius	828	181	11:23.53	2:50	2:50.97	207	1:15:02.5	17.6	2:11.31	180	30:07.09	10:02	2:01:35.4
188	Kelly Johnson	849	141	10:30.83	2:37	3:00.14	182	1:13:11.2	18.0	2:48.21	207	32:09.00	10:43	2:01:39.3
189	Austin Cumblad	723	190	11:37.40	2:53	6:38.78	186	1:13:28.9	18.0	2:29.31	142	27:34.86	9:12	2:01:49.3
190	Pete Olson	973	222	12:40.56	3:09	3:54.82	199	1:14:38.9	17.7	1:22.39	174	29:41.25	9:54	2:02:18.0
191	Bridgid Dowdal	924	227	12:53.62	3:12	5:53.34	208	1:15:16.0	17.5	1:08.93	131	27:10.46	9:03	2:02:22.3
192	Linnea Massoglia	898	240	13:14.51	3:17	2:18.08	190	1:13:43.9	17.9	5:44.19	136	27:24.50	9:08	2:02:25.1
193	Samantha Engrav	730	123	10:05.24	2:30	3:31.20	228	1:17:55.8	16.9	2:07.79	158	28:46.43	9:35	2:02:26.4
194	Tania Briggs	824	173	11:11.68	2:47	3:09.90	122	1:07:33.3	19.5	2:59.67	255	37:36.32	12:32	2:02:30.9
195	Amber Ross	876	137	10:26.97	2:36	3:12.45	180	1:12:58.6	18.1	2:50.65	219	33:09.97	11:03	2:02:38.7
196	Annie Ryder	877	41	8:00.82	2:00	4:25.44	224	1:17:32.5	17.0	2:25.15	182	30:15.95	10:05	2:02:39.9
197	Calli Waddell	886	76	8:50.24	2:12	3:35.84	222	1:17:28.1	17.0	2:28.76	183	30:17.39	10:06	2:02:40.3
198	Amber Hill	847	216	12:29.69	3:06	2:20.52	198	1:14:21.4	17.8	1:57.33	203	31:39.20	10:33	2:02:48.1

Race Date
July 28, 2019

Chisago Lakes Triathlon
All Sprint

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			----	T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
199	Lindsey Kampa	852	59	8:24.27	2:05	4:03.33	223	1:17:31.0	17.0	2:28.67	204	31:54.20	10:38	2:04:21.4	
200	Adreaias M	680	62	8:26.20	2:06	1:49.83	258	1:27:44.7	15.0	1:35.63	77	24:49.33	8:16	2:04:25.6	
201	Tracey Berg	820	244	13:32.09	3:22	2:43.42	156	1:10:01.0	18.9	3:45.05	231	34:39.06	11:33	2:04:40.6	
202	Mark Walmsley	997	169	11:09.79	2:46	4:35.22	235	1:19:36.7	16.6	2:23.87	126	27:01.44	9:00	2:04:47.0	
203	Isaiah Baker	709	291	18:55.61	4:42	3:33.85	212	1:15:48.1	17.4	1:20.97	86	25:11.05	8:24	2:04:49.6	
204	Peter Howard	743	105	9:40.65	2:24	3:27.56	245	1:22:25.6	16.0	1:42.03	143	27:36.80	9:12	2:04:52.7	
205	Shannon Larson	957	260	14:10.87	3:31	3:46.31	173	1:12:31.7	18.2	2:05.11	211	32:34.37	10:51	2:05:08.4	
206	Connie Foster	732	162	10:52.34	2:42	3:09.26	231	1:18:19.2	16.9	2:02.69	191	30:46.79	10:16	2:05:10.3	
207	Marty Asleson	687	189	11:33.69	2:52	4:31.43	143	1:09:12.9	19.1	3:37.29	245	36:21.11	12:07	2:05:16.4	
208	Cashelle Carroll-Clark	826	187	11:32.96	2:52	2:15.14	194	1:14:05.5	17.8	3:08.84	233	34:51.99	11:37	2:05:54.5	
209	Debra Grandgenett	932	218	12:34.41	3:08	3:43.69	127	1:07:56.5	19.4	4:14.89	254	37:26.40	12:29	2:05:55.9	
210	Jennifer Kowarsch	855	170	11:09.86	2:46	2:28.47	219	1:17:18.6	17.1	1:53.16	220	33:14.06	11:05	2:06:04.1	
211	Katherine Hinderlie	862	223	12:45.59	3:10	4:44.93	217	1:16:33.0	17.2	1:24.95	192	30:46.92	10:16	2:06:15.4	
212	Lori Henneman	938	235	13:02.18	3:14	4:31.88	211	1:15:43.0	17.4	2:28.14	188	30:36.71	10:12	2:06:21.9	
213	Kale Haluptzok	738	164	10:53.70	2:42	3:37.66	236	1:19:50.8	16.5	4:00.21	161	28:52.69	9:38	2:07:15.1	
214	Jeremy Holweger	741	171	11:10.09	2:47	3:25.61	209	1:15:18.5	17.5	1:21.14	242	36:08.90	12:03	2:07:24.3	
215	Connie Rosinsky	981	257	13:56.42	3:28	2:43.68	200	1:14:40.5	17.7	2:30.34	222	33:34.07	11:11	2:07:25.0	
216	Amy Halloran	843	208	12:22.91	3:05	2:37.09	205	1:14:48.9	17.6	4:02.52	223	33:38.80	11:13	2:07:30.3	
217	Elizabeth Walters	887	213	12:24.12	3:05	1:59.80	181	1:13:04.9	18.1	1:56.49	260	38:31.36	12:50	2:07:56.7	
218	Michael Hull	940	264	14:27.79	3:36	3:32.24	225	1:17:32.8	17.0	3:39.00	160	28:47.00	9:36	2:07:58.8	
219	Joe Wilson	1000	233	12:59.91	3:14	5:03.28	246	1:22:27.9	16.0	1:48.80	106	25:49.85	8:37	2:08:09.8	
220	Pierce Moberg	969	258	13:57.23	3:28	4:03.82	191	1:13:44.9	17.9	2:54.92	224	33:40.50	11:14	2:08:21.3	
221	Brad Nye	559	199	11:52.49	2:57	4:15.72	203	1:14:45.1	17.7	2:44.32	235	35:04.95	11:42	2:08:42.5	
222	Mary Souder	986	215	12:27.42	3:06	5:11.56	213	1:16:01.6	17.4	5:18.89	175	29:47.26	9:56	2:08:46.7	
223	Carol Mordorski	755	234	13:01.15	3:14	2:41.10	165	1:11:24.9	18.5	2:09.71	262	39:45.86	13:15	2:09:02.7	
224	Bryan Simmons	985	207	12:16.67	3:03	5:33.13	239	1:20:26.3	16.4	3:07.29	162	28:54.60	9:38	2:10:18.0	
225	Lana Weber	890	101	9:35.68	2:23	4:22.50	216	1:16:31.1	17.3	3:40.49	244	36:13.81	12:05	2:10:23.6	
226	Tim Chisholm	915	210	12:23.55	3:05	3:48.69	204	1:14:46.3	17.7	3:03.96	246	36:26.84	12:09	2:10:29.4	
227	Terrence Hudson	691	205	12:13.72	3:02	3:45.58	241	1:20:46.0	16.3	2:22.54	208	32:16.41	10:45	2:11:24.2	
228	Steven Fox	733	185	11:31.12	2:52	4:05.15	240	1:20:43.8	16.4	1:14.30	229	34:06.94	11:22	2:11:41.3	
229	Gary Arvidson	818	200	11:55.95	2:58	3:54.31	234	1:19:00.1	16.7	1:51.88	236	35:15.18	11:45	2:11:57.4	
230	Grant Waslaski	793	157	10:46.48	2:41	2:51.41	247	1:22:57.9	15.9	2:03.68	226	33:43.56	11:15	2:12:23.1	
231	Halyna Zeineh	897	68	8:32.12	2:07	4:02.74	250	1:24:26.8	15.6	3:04.49	214	32:48.66	10:56	2:12:54.8	

Race Date
July 28, 2019

Chisago Lakes Triathlon
All Sprint

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
232	Stacey Hall	842	219	12:36.81	3:08	2:28.55	253	1:25:38.2	15.4	1:55.11	187	30:26.75	10:09	2:13:05.4
233	Tom Steinbring	782	167	10:59.67	2:44	2:21.11	264	1:31:05.3	14.5	3:01.12	114	26:12.12	8:44	2:13:39.3
234	Donna Tabat	989	217	12:31.41	3:07	5:14.93	237	1:20:00.8	16.5	4:31.83	202	31:25.79	10:29	2:13:44.8
235	Rick Schmidt	775	212	12:23.66	3:05	3:09.81	233	1:18:46.1	16.8	2:27.07	253	37:15.88	12:25	2:14:02.5
236	Erin Record	873	73	8:48.92	2:11	2:42.94	252	1:25:22.9	15.5	1:37.26	237	35:37.02	11:52	2:14:09.0
237	Bill Wilson	999	248	13:36.61	3:23	4:18.37	221	1:17:25.8	17.0	2:23.06	248	36:40.51	12:14	2:14:24.3
238	James Oneill	974	204	12:06.73	3:01	4:07.86	197	1:14:19.3	17.8	2:58.72	264	40:52.24	13:37	2:14:24.9
239	Linnea McChesney	966	220	12:39.69	3:09	6:30.02	214	1:16:03.4	17.4	4:14.75	238	35:40.91	11:54	2:15:08.8
240	Adam Paulson	976	226	12:51.87	3:12	3:42.06	227	1:17:52.9	16.9	2:53.68	258	38:10.36	12:43	2:15:30.9
241	Laura Perry	871	253	13:42.77	3:24	3:39.45	218	1:16:49.5	17.2	3:46.98	256	37:54.88	12:38	2:15:53.6
242	Sharon Castren	913	262	14:18.85	3:33	4:48.03	232	1:18:37.6	16.8	2:19.87	239	36:00.51	12:00	2:16:04.9
243	Tim Rathjen	682	243	13:23.31	3:20	4:45.81	255	1:25:59.8	15.3	2:20.20	186	30:25.26	10:08	2:16:54.3
244	Michael Mj Poulos	769	294	33:48.18	8:24	3:32.96	189	1:13:39.1	17.9	2:02.84	84	25:03.86	8:21	2:18:06.9
245	Andrea Tauer	990	56	8:21.14	2:05	3:41.92	265	1:31:09.8	14.5	1:59.05	218	33:08.55	11:03	2:18:20.4
246	Elizabeth Farrell	837	209	12:22.93	3:05	5:26.29	242	1:20:57.0	16.3	3:37.31	241	36:06.75	12:02	2:18:30.3
247	Thomas Bauch	711	265	14:30.09	3:36	3:47.79	195	1:14:05.9	17.8	3:18.19	274	42:56.23	14:19	2:18:38.2
248	Lisa Gorman	736	255	13:45.18	3:25	2:04.24	249	1:24:07.9	15.7	1:36.59	251	37:13.94	12:25	2:18:47.8
249	Pete Larson	956	266	14:34.47	3:37	4:39.56	230	1:18:02.0	16.9	3:39.10	257	37:57.81	12:39	2:18:52.9
250	Sarah Birkholz	906	236	13:04.11	3:15	3:43.61	244	1:22:09.7	16.1	4:21.75	250	36:46.89	12:16	2:20:06.1
251	Kelsey Weber	889	163	10:52.80	2:42	4:37.47	229	1:17:56.0	16.9	2:43.51	280	44:07.12	14:42	2:20:16.9
252	Richard Trenkmann	788	263	14:26.51	3:35	4:45.02	243	1:21:41.8	16.2	3:25.17	240	36:01.28	12:00	2:20:19.8
253	Angie Eret	835	198	11:52.27	2:57	2:52.03	267	1:32:33.1	14.3	1:48.10	206	32:08.22	10:43	2:21:13.7
254	Sheila Konz	854	201	11:59.26	2:59	4:22.34	248	1:24:05.9	15.7	2:56.57	261	39:14.05	13:05	2:22:38.1
255	Melissa Schuchmann	880	203	12:05.70	3:00	5:10.38	256	1:26:15.2	15.3	2:50.34	247	36:30.21	12:10	2:22:51.8
256	Dawn Tischaefter	993	250	13:38.98	3:24	4:05.41	176	1:12:49.2	18.1	3:40.49	287	49:10.97	16:24	2:23:25.0
257	Aiyana MacHado	861	274	15:33.18	3:52	3:44.24	251	1:24:28.4	15.6	1:51.10	259	38:28.45	12:49	2:24:05.4
258	Katrina Lau	958	245	13:32.29	3:22	5:16.20	269	1:33:42.2	14.1	2:35.92	189	30:39.70	10:13	2:25:46.3
259	Mark Lenling	961	290	18:01.42	4:29	6:59.61	220	1:17:25.6	17.0	3:09.03	268	41:32.11	13:51	2:27:07.7
260	Thomas Lucy	962	232	12:59.00	3:14	4:25.27	257	1:26:28.2	15.3	2:58.34	269	41:46.45	13:55	2:28:37.2
261	Jeff Corrigan	919	156	10:46.21	2:41	3:04.34	266	1:31:50.6	14.4	2:38.23	270	41:47.76	13:56	2:30:07.2
262	Lynn Larson	955	242	13:21.32	3:19	2:36.73	277	1:38:06.5	13.5	2:27.83	228	33:52.39	11:17	2:30:24.8
263	Richard Weil	757	287	17:41.81	4:24	6:09.94	261	1:29:49.0	14.7	3:52.01	216	32:59.54	11:00	2:30:32.3
264	Christine Rein	874	272	15:12.38	3:47	2:52.82	254	1:25:49.6	15.4	4:07.14	275	43:09.97	14:23	2:31:11.9

Race Date
July 28, 2019

Chisago Lakes Triathlon
All Sprint

Place	Name	Bib No	Swim			T1	Bike			T2	Run			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
265	Julianna Dahlager	921	86	9:04.88	2:15	4:12.60	270	1:33:48.2	14.1	4:44.25	267	41:23.35	13:48	2:33:13.2
266	Nikki Ehrich	833	175	11:15.09	2:48	4:07.59	287	1:44:43.3	12.6	2:19.37	201	31:24.45	10:28	2:33:49.8
267	Jessica Bevan	905	174	11:14.80	2:48	4:09.04	286	1:44:41.1	12.6	2:21.06	200	31:24.13	10:28	2:33:50.2
268	Shelly Flynn	926	276	15:49.80	3:56	4:33.80	275	1:35:13.8	13.9	2:08.79	252	37:14.20	12:25	2:35:00.4
269	Karin Evans	836	252	13:42.55	3:24	3:25.51	268	1:33:01.4	14.2	2:10.20	277	43:19.42	14:26	2:35:39.1
270	Patricia Moran	754	268	14:39.64	3:39	3:15.04	260	1:29:35.7	14.7	2:37.33	283	45:40.44	15:13	2:35:48.1
271	Sean Rein	979	269	14:44.74	3:40	3:34.01	263	1:30:43.5	14.5	2:42.04	282	45:13.74	15:05	2:36:58.0
272	Gerry Gaudette	927	278	16:11.67	4:02	12:21.73	238	1:20:12.4	16.5	7:57.13	271	41:51.52	13:57	2:38:34.5
273	Kari Hauck	936	247	13:36.04	3:23	5:08.06	259	1:29:14.9	14.8	4:51.23	284	45:52.59	15:18	2:38:42.8
274	Erin Matteson	964	145	10:33.96	2:38	4:22.14	272	1:34:27.3	14.0	2:41.63	285	46:37.94	15:33	2:38:43.0
275	Dan Dahlager	724	196	11:50.12	2:56	7:29.15	271	1:33:52.9	14.1	3:16.11	273	42:45.77	14:15	2:39:14.1
276	William Rathajen	679	285	16:54.63	4:12	3:55.29	289	1:50:39.8	11.9	4:09.73	52	23:42.63	7:54	2:39:22.1
277	Denise Becker	902	279	16:15.47	4:02	4:44.72	262	1:30:03.0	14.7	3:00.69	286	46:56.10	15:39	2:41:00.0
278	Amber Johnson	944	228	12:54.05	3:12	8:41.99	281	1:39:37.7	13.2	6:58.71	225	33:41.37	11:14	2:41:53.9
279	Theresa Riley	980	281	16:37.50	4:08	3:36.19	276	1:37:08.3	13.6	3:51.34	266	40:57.21	13:39	2:42:10.5
280	Breanna Kooiman	949	286	17:18.29	4:18	5:54.43	273	1:34:34.7	14.0	3:22.17	278	43:30.80	14:30	2:44:40.4
281	Nicole Johnson	695	229	12:54.32	3:12	8:42.32	282	1:39:51.6	13.2	6:35.80	249	36:45.92	12:15	2:44:50.0
282	Brittni Kooiman	950	280	16:19.97	4:04	6:51.13	274	1:34:38.9	13.9	6:10.14	276	43:16.49	14:25	2:47:16.6
283	Mary Guentzel	933	270	14:46.73	3:40	4:06.48	285	1:42:57.3	12.8	4:30.38	272	42:04.26	14:01	2:48:25.2
284	Maggie Kozak	952	292	20:21.38	5:04	5:20.79	288	1:48:25.6	12.2	2:25.14	232	34:51.04	11:37	2:51:23.9
285	Craig Nelson	970	261	14:15.14	3:33	3:57.32	283	1:40:25.5	13.1	2:33.72	289	51:22.19	17:07	2:52:33.9
286	Mary Wilson	810	283	16:46.22	4:10	4:27.94	279	1:38:53.1	13.3	4:42.58	288	50:41.73	16:54	2:55:31.6
287	Tom Wilson	811	284	16:46.24	4:10	4:24.64	284	1:40:26.6	13.1	2:22.50	290	51:31.91	17:11	2:55:31.9
288	Patricia Hagen	934	282	16:39.50	4:08	5:25.70	280	1:39:00.3	13.3	3:27.51	291	54:21.61	18:07	2:58:54.7
289	Sarah Vogel	791	277	15:52.28	3:57	6:54.19	278	1:38:07.9	13.5	9:11.18	293	1:00:42.1	20:14	3:10:47.7
290	Kateri Wold	696	275	15:49.48	3:56	4:30.20	293	2:11:39.6	10.0	4:13.12	265	40:56.99	13:39	3:17:09.4
291	Erik Brekke	909	246	13:35.83	3:23	4:05.80	294	2:24:08.9	9.16	2:11.96	217	33:08.38	11:03	3:17:10.9
292	Steve Arndt	606	289	17:44.09	4:24	5:36.42	291	2:09:46.9	10.2	4:29.91	279	44:03.30	14:41	3:21:40.6
293	Elizabeth Arndt	605	288	17:42.45	4:24	5:39.89	292	2:09:48.4	10.2	4:28.38	281	44:10.27	14:43	3:21:49.4
294	Lindsay Nauen	756	293	23:11.66	5:46	7:47.87	290	1:51:22.7	11.9	4:49.53	292	58:20.20	19:27	3:25:32.0
DNF	Hazel Dame and Betty Ford-tress	801	65	8:27.83	2:06	8:04.84	43	59:31.75	22.2	1:26.92				