

Event Name: Cat's Cradle 5K & 10K
Overall Finish Gun Elapsed



Division: 10K

Finishers: 64 of 69

Rank	Bib	Name	Gun Elapsed	Pace	Gen	Age	City- St
Top Overall in 10K Male							
1	970	MIKE LAWSON	00:39:57.2	06:25	M	48	CLAREMONT, NC
2	946	CHRISTOPHER BELL	00:42:10.4	06:47	M	33	GASTONIA, NC
3	979	KENNEY OLDFIELD	00:43:26.7	06:59	M	26	SHELBY, NC
Top Overall in 10K Female							
1	994	NATALIA TALBOT	00:46:46.5	07:31	F	32	ASHEVILLE, NC
2	973	SHERRI LORRAINE	00:48:53.1	07:52	F	42	MELBOURNE, FL
3	943	LAUREN BARKLEY	00:49:12.4	07:55	F	27	HICKORY, NC
Age Groups: 10 - 14 Female							
1	972	MADDEN LORRAINE	00:51:38.6	08:18	F	14	MELBOURNE, FL
Age Groups: 15 - 19 Female							
1	965	SARA HEATH	00:52:20.8	08:25	F	18	TAYLORSVILLE, NC
2	968	CLAIRE KIEHL	00:59:46.1	09:37	F	15	CHARLOTTE, NC
3	976	LAURA LUND	01:08:27.9	11:01	F	19	GRANITE FALLS
Age Groups: 20 - 24 Male							
1	944	LAWSON BARKLEY	00:58:12.1	09:22	M	20	HICKORY, NC
Age Groups: 20 - 24 Female							
1	963	MACKENZIE GORDON	00:58:21.6	09:23	F	24	MORGANTON, NC
2	955	DREW DARNELL	00:59:11.4	09:31	F	20	SHELBY, NC
Age Groups: 25 - 29 Male							
1	960	SAM FIERO	00:50:45.4	08:10	M	26	APEX, NC
2	936	LOGAN BARKLEY	00:53:20.3	08:35	M	25	HICKORY, NC
3	962	CHASE GORDON	00:58:46.1	09:27	M	29	MORGANTON, NC
Age Groups: 25 - 29 Female							
1	996	LANE TORRINGTON	00:54:34.9	08:47	F	28	ASHEVILLE, NC
2	975	KATY LUND	01:04:24.8	10:21	F	25	APEX, NC
Age Groups: 30 - 34 Male							
1	949	SHANNON CARPENTER	01:17:31.4	12:28	M	34	NEBO, NC
Age Groups: 30 - 34 Female							
1	950	KELLEY CHEVES	01:06:09.5	10:38	F	33	VALDESE, NC
Age Groups: 35 - 39 Male							
1	939	RYAN FUNKHOUSER	00:48:44.1	07:50	M	37	TROUTMAN, NC
2	966	NICK HUGHES	00:51:57.5	08:21	M	36	LINCOLNTON, NC
Age Groups: 35 - 39 Female							
1	938	LESLIE CHAPMAN	00:55:05.7	08:52	F	39	MORGANTON, NC
2	998	MALEENA WHITE	00:57:18.7	09:13	F	37	LINCOLNTON, NC
3	937	MORGAN PITTMAN	00:58:52.2	09:28	F	37	MARION, NC
4	958	MEREDITH ELLER	01:22:34.9	13:17	F	39	MORGANTON, NC
Age Groups: 40 - 44 Male							
1	854	FEDERICO HERNANDEZ	00:44:43.8	07:11	M	42	
2	935	JAMIE GAMBRELL	00:48:12.2	07:45	M	41	KANNAPOLIS, NC
3	934	KEVIN JONES	00:55:37.4	08:57	M	44	LAKE LURE, NC
Age Groups: 40 - 44 Female							
1	983	LEIGH PHILLIPS	01:08:19.9	10:59	F	43	STATESVILLE, NC
2	989	AIMIE SHIPLEY	01:15:33.4	12:09	F	40	YADKINVILLE, NC
Age Groups: 45 - 49 Male							
1	969	GREGG KIEHL	00:51:43.7	08:19	M	49	CHARLOTTE, NC
2	964	SHANE HAMBY	01:04:06.8	10:19	M	49	ROARING GAP, NC
3	959	TIM ELLER	01:33:10.4	14:59	M	48	MORGANTON, NC
Age Groups: 45 - 49 Female							
1	957	EMILY ELDER	00:49:51.3	08:01	F	47	MORGANTON, NC

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2	992	KATHRIN STAAS	00:59:21.3	09:33	F	48	HICKORY, NC
3	954	ALISA CROOKS	01:00:41.3	09:46	F	48	HICKORY, NC
4	982	RUTH PERSHING	01:02:27.6	10:03	F	45	MORGANTON, NC
5	993	VERA STAAS	01:05:20.2	10:30	F	45	HICKORY, NC
6	961	TRACEY GALLOWAY	01:18:22.3	12:36	F	49	CHARLOTTE, NC
Age Groups: 50 - 54 Male							
1	852	KEN MILLER	00:46:24.8	07:28	M	51	
2	981	JEFF PENLEY	00:52:23.7	08:25	M	54	HICKORY, NC
3	951	CHRISTOPHER CLAPP	00:54:59.3	08:50	M	50	MORGANTON, NC
4	985	PAUL PROCHASKA	00:58:59.3	09:29	M	52	MOORESVILLE, NC
5	984	DENNIS POPE	00:59:17.4	09:32	M	53	CONCORD, NC
6	997	MICHAEL WELCH	01:14:08.2	11:55	M	53	BURLINGTON, NC
Age Groups: 50 - 54 Female							
1	995	KIM TOOLE	00:59:14.3	09:32	F	52	VALDESE, NC
Age Groups: 55 - 59 Male							
1	855	CHRIS EASON	00:53:55.9	08:40	M	57	
2	941	SHAWN OVERCASH	01:03:36.8	10:14	M	57	CHARLOTTE, NC
3	974	TIM HEPLER	01:04:21.7	10:21	M	58	BESSEMER CITY
Age Groups: 55 - 59 Female							
1	987	SHERRY ROANE	00:59:28.4	09:34	F	59	ASHEVILLE, NC
Age Groups: 60 - 64 Male							
1	999	BENJAMIN ZACHARY	00:52:04.7	08:22	M	63	, NC
2	956	DENNIS DEANE	00:52:58.8	08:31	M	64	VALDESE, NC
3	967	THOMAS JONES	00:53:23.8	08:35	M	63	N.WILKESBORO, NC
Age Groups: 60 - 64 Female							
1	853	MICHELE YODER	01:13:03.2	11:45	F	61	
2	977	MARGARET MCADAMS	01:14:15.2	11:57	F	64	VALDESE, NC
Age Groups: 65 - 69 Male							
1	940	NORMAN FERRIS	00:45:29.7	07:19	M	69	ASHEVILLE, NC
2	851	RICHARD HEFNER	00:50:24.6	08:06	M	67	
3	971	FRANK LEWIS	01:03:22.8	10:12	M	69	LENOIR, NC
Age Groups: 70 - 74 Male							
1	990	JERRY SOFLEY	00:57:03.6	09:10	M	72	GASTONIA, NC
2	980	JIM OWENS	00:58:39.9	09:26	M	73	KINGS MOUNTIAN
3	948	JOHN BRYSON	01:45:06.8	16:54	M	74	HICKORY, NC
4	953	JEFFREY CRAWFORD	01:45:06.8	16:54	M	73	HICKORY, NC
Age Groups: 70 - 74 Female							
1	942	BENITA AUGÉ	01:04:43.9	10:25	F	71	WEAVERVILLE, NC