

# 2012 White Lake Spring Sprint

## Overall Men

### White Lake, NC 5/06/2012 08:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	1	M	27	OM	Matthew Wisthoff	Wilmington NC	1	00:09:28	1	00:00:58	1	00:31:57	2	00:00:48	1	00:17:17		01:00:26	
2	2	M	28	OM	James Haycraft	Charlotte NC	6	00:10:25	20	00:01:18	2	00:33:06	4	00:00:51	4	00:18:17		01:03:54	
3	10	M	35	OM	Dan Young	Cary NC	4	00:10:11	30	00:01:23	5	00:34:34	8	00:00:56	6	00:18:45		01:05:47	
4	6	M	31	OM	Justin Smith	Mebane NC	13	00:11:10	13	00:01:12	4	00:34:13	26	00:01:01	9	00:19:09		01:06:43	
5	181	M	40		Robert Vangraafeiland	Louisburg NC	3	00:09:54	43	00:01:29	8	00:34:59	72	00:01:12	49	00:21:01		01:08:33	
6	68	M	21		Ryan Polli	Cary NC	5	00:10:21	10	00:01:10	72	00:38:22	17	00:00:58	2	00:17:49		01:08:37	
7	22	M	20	OM	Ben Rachunok	Wilmington NC	12	00:11:01	4	00:01:04	41	00:37:29	1	00:00:42	5	00:18:43		01:08:56	
8	59	M	44		Mark Facciani	Pasadena MD	47	00:13:06	62	00:01:38	3	00:33:40	18	00:00:58	17	00:19:49		01:09:09	
9	427	M	35		Todd Midgett	Wilmington NC	16	00:11:22	21	00:01:20	17	00:35:36	47	00:01:05	47	00:20:51		01:10:11	
10	602	M	41		Steven Lewis	Wilmington NC	21	00:12:04	18	00:01:16	25	00:36:11	45	00:01:05	14	00:19:44		01:10:18	
11	679	M	53		Brian Wilson	Charlotte NC	11	00:10:59	50	00:01:33	24	00:36:07	76	00:01:14	39	00:20:36		01:10:27	
12	570	M	44		Jim Houghton	Weddington NC	33	00:12:43	69	00:01:42	15	00:35:25	38	00:01:04	19	00:19:50		01:10:42	
13	670	M	33		Nick Trueman	Holly Springs NC	15	00:11:17	19	00:01:17	38	00:37:17	35	00:01:03	22	00:19:55		01:10:48	
14	691	M	46		Dan Sullivan	Charlotte NC	26	00:12:21	39	00:01:26	18	00:35:37	48	00:01:05	46	00:20:49		01:11:17	
15	23	M	46	MM	Mike Beaman	Cary NC	59	00:13:33	68	00:01:41	6	00:34:37	23	00:01:00	36	00:20:35		01:11:24	
16	513	M	34		David Sinnk	Fayetteville NC	32	00:12:42	8	00:01:07	23	00:36:07	49	00:01:05	32	00:20:25		01:11:24	
17	511	M	43		Doug Cowell	Pittsboro NC	36	00:12:46	77	00:01:44	9	00:35:03	70	00:01:12	44	00:20:42		01:11:25	
18	417	M	17		Michael Brienza	Charlotte NC	10	00:10:47	46	00:01:31	48	00:37:47	9	00:00:56	34	00:20:32		01:11:32	
19	552	M	34		Cameron Simpson	Wilmington NC	20	00:11:53										01:11:32	
20	284	M	30		Eric Torrey	Wilmington NC	23	00:12:12	9	00:01:09	103	00:39:23	5	00:00:53	3	00:18:07		01:11:43	
21	320	M	42		James Wragge	Wake Forest NC	22	00:12:07	36	00:01:25	36	00:37:15	66	00:01:10	18	00:19:49		01:11:44	
22	649	M	46		Matthew Perry	Davidson NC	38	00:12:48	31	00:01:23	11	00:35:17	16	00:00:57	11	00:19:20	00:02:00	01:11:45	

23	153	M	15	Jarod Nizen	Raleigh NC	9	00:10:46	25	00:01:22	68	00:38:14	11	00:00:56	43	00:20:41	01:11:56	
24	646	M	37	Matthew Roberts	Swansboro NC	17	00:11:41	28	00:01:23	59	00:38:06	53	00:01:06	25	00:20:07	01:12:21	
25	161	M	41	David Gurley	Charlotte NC	88	00:14:17	57	00:01:36	20	00:35:49	14	00:00:57	21	00:19:51	01:12:28	
26	416	M	49	John Brienza	Charlotte NC	40	00:12:49	33	00:01:24	12	00:35:20	24	00:01:00	79	00:22:17	01:12:49	
27	678	M	37	Jeff Kern	Jackson Springs NC	110	00:14:37	32	00:01:23	29	00:36:54	21	00:00:59	8	00:18:58	01:12:50	
28	402	M	27	Brad Tripp	Raleigh NC	27	00:12:23	63	00:01:39	54	00:37:58	29	00:01:02	20	00:19:51	01:12:51	
29	612	M	39	Burmah Broadfoot	Wilmington NC	18	00:11:46	49	00:01:32	75	00:38:25	67	00:01:11	29	00:20:14	01:13:06	
30	173	M	55	Louis Almekinders	Chapel Hill NC	14	00:11:10	35	00:01:25	69	00:38:14	69	00:01:12	56	00:21:17	01:13:16	
31	149	M	18	Chris Pollenz	Raleigh NC	2	00:09:48	73	00:01:43	88	00:38:46	196	00:01:43	58	00:21:20	01:13:18	
32	15	M	40	MM Kyle Shepard	Hampstead NC	54	00:13:24	11	00:01:11	50	00:37:51	13	00:00:57	26	00:20:07	01:13:28	
33	372	M	51	Ronnie Horne	Raleigh NC	126	00:14:50	55	00:01:35	14	00:35:23	39	00:01:04	41	00:20:38	01:13:28	
34	690	M	45	Cisco Ortiz	Raleigh NC	121	00:14:46	105	00:01:55	19	00:35:48	101	00:01:19	30	00:20:16	01:14:03	
35	625	M	41	Brad Stone	Myrtle Beach SC	39	00:12:49	64	00:01:39	27	00:36:20	57	00:01:08	75	00:22:09	01:14:03	
36	509	M	23	Edward Dobner	Raleigh NC	170	00:15:56	81	00:01:46	10	00:35:12	115	00:01:21	27	00:20:13	01:14:26	
37	24	M	48	Jeff Plemmons	Gastonia NC	74	00:13:56	72	00:01:43	28	00:36:28	100	00:01:19	52	00:21:05	01:14:29	
38	654	M	20	Charlie Lambrecht	Raleigh NC	25	00:12:19	29	00:01:23	97	00:39:12	15	00:00:57	45	00:20:45	01:14:34	
39	441	M	33	Shaun Hill	Wilmington NC	7	00:10:40	113	00:01:59	67	00:38:13	220	00:01:50	73	00:22:05	01:14:43	
40	633	M	35	David Garrison	Morehead City NC	64	00:13:45	22	00:01:20	91	00:38:55	40	00:01:04	13	00:19:41	01:14:44	
41	480	M	41	Paul Haugan	Raleigh NC	97	00:14:24	56	00:01:35	16	00:35:30	94	00:01:18	28	00:20:13	00:02:00	01:14:58
42	676	M	36	Jason Crawford	Chapel Hill NC	122	00:14:46	41	00:01:28	13	00:35:22	65	00:01:10	78	00:22:15	01:15:00	
43	456	M	30	Tony Radakovich	Raleigh NC	78	00:14:04	76	00:01:44	66	00:38:13	55	00:01:08	24	00:19:59	01:15:06	
44	517	M	37	Brian Bohrer	Wilmington NC	44	00:12:57	24	00:01:22	64	00:38:10	56	00:01:08	62	00:21:37	01:15:12	
45	595	M	17	Brandon Nix	Wilmington NC	19	00:11:53	14	00:01:13	33	00:37:13	10	00:00:56	72	00:22:00	00:02:00	01:15:12
46	578	M	20	Alex Leonard	Charlotte NC	57	00:13:26	60	00:01:36	53	00:37:58	52	00:01:06	54	00:21:12	01:15:17	
47	117	M	62	Charles Lysaght	Raleigh NC	35	00:12:45	78	00:01:44	30	00:36:56	81	00:01:15	94	00:22:44	01:15:22	
48	541	M	47	Bobby Crawford	Norfolk VA	82	00:14:08	208	00:02:30	26	00:36:17	258	00:01:59	40	00:20:37	01:15:29	
49	675	M	29	Will Ross	Charlotte NC	31	00:12:41	34	00:01:25	44	00:37:39	105	00:01:19	90	00:22:37	01:15:39	
50	662	M	47	Myles Nelligan	Raleigh NC	69	00:13:51	67	00:01:41	34	00:37:14	42	00:01:04	68	00:21:52	01:15:39	
51	568	M	35	Seth Palmer	Raleigh NC	77	00:14:02	54	00:01:35	32	00:37:10	91	00:01:16	64	00:21:45	01:15:47	
52	575	M	28	Drew Howlett	Piedmont SC	79	00:14:06	155	00:02:12	49	00:37:49	135	00:01:28	37	00:20:35	01:16:07	
53	96	M	44	Ron Pascuzzi	Wake Forest NC	81	00:14:07	40	00:01:26	58	00:38:03	28	00:01:02	61	00:21:35	01:16:11	

54	839	M	46		Brian Shugart	Winston-Salem NC	42	00:12:52	37	00:01:25	63	00:38:10	34	00:01:03	95	00:22:48	01:16:16	
55	716	M	43	ZM	Kevin Casey	Charlotte NC	111	00:14:39	148	00:02:10	7	00:34:53	147	00:01:31	109	00:23:17	01:16:27	
56	559	M	36		Damon McLean	Raleigh NC	67	00:13:50	79	00:01:45	37	00:37:15	78	00:01:14	86	00:22:30	01:16:33	
57	674	M	29		Matthew Chisholm	Charlotte NC	155	00:15:36	115	00:01:59	21	00:35:53	61	00:01:09	70	00:22:00	01:16:35	
58	607	M	25		Evan Goff	Cary NC	156	00:15:37	5	00:01:04	100	00:39:15	22	00:01:00	15	00:19:44	01:16:37	
59	155	M	36		Brian Heidt	Silver Spring MD	171	00:15:57	178	00:02:19	57	00:38:02	36	00:01:03	12	00:19:34	01:16:52	
60	18	M	22	OM	Alan Woodbury	Wilmington NC	46	00:13:05	66	00:01:41	129	00:40:30	43	00:01:05	38	00:20:35	01:16:54	
61	399	M	43		Edward McDermott	Jacksonville NC	85	00:14:14	85	00:01:47	80	00:38:29	80	00:01:15	55	00:21:14	01:16:58	
62	597	M	41		Mark Locklear	Lumberton NC	91	00:14:19	234	00:02:42	47	00:37:42	88	00:01:16	53	00:21:09	01:17:07	
63	443	M	25		Martin Jacaruso	Haw River NC	80	00:14:06	83	00:01:47	111	00:39:42	46	00:01:05	33	00:20:31	01:17:10	
64	536	M	31	C	Matt Ham	Wilmington NC	29	00:12:37	92	00:01:49	31	00:37:04	141	00:01:28	133	00:24:13	01:17:10	
65	624	M	37		Jason Klaitman	Chapel Hill NC	175	00:16:03	93	00:01:50	87	00:38:45	31	00:01:03	16	00:19:46	01:17:24	
66	74	M	60		John Austin	Wake Forest NC	141	00:15:17	141	00:02:08	45	00:37:40	98	00:01:19	50	00:21:04	01:17:25	
67	246	M	18		Hans Loewen	Hampstead NC	102	00:14:31	23	00:01:21	133	00:40:33	58	00:01:08	23	00:19:55	01:17:26	
68	466	M	45		Randy Talton	Cary NC	118	00:14:44	58	00:01:36	74	00:38:23	118	00:01:23	59	00:21:23	01:17:27	
69	572	M	25		Austin Howlett	Wilmington NC	72	00:13:55	52	00:01:33	81	00:38:30	60	00:01:09	31	00:20:21	00:02:00	01:17:27
70	503	M	55		Bruce Wieand	Cary NC	53	00:13:22	15	00:01:13	90	00:38:51	64	00:01:10	101	00:23:00	01:17:35	
71	85	M	39	C	Chad Culver	Smithfield NC	94	00:14:22	42	00:01:29	71	00:38:21	41	00:01:04	83	00:22:25	01:17:38	
72	494	M	44		Erik Johnson	Apex NC	8	00:10:44	96	00:01:50	108	00:39:33	249	00:01:57	69	00:21:59	00:02:00	01:18:02
73	539	M	43		Emil Velasquez	Cary NC	93	00:14:21	44	00:01:30	35	00:37:14	206	00:01:46	57	00:21:18	00:02:00	01:18:08
74	660	M	27		Andrew Stevens	Fayetteville NC	172	00:15:58	47	00:01:31	52	00:37:55	50	00:01:06	65	00:21:45	01:18:13	
75	587	M	43		Brad Southerland	Wilmington NC	24	00:12:14	59	00:01:36	130	00:40:30	37	00:01:04	102	00:23:06	01:18:28	
76	581	M	50		Webb Geer	Morehead City NC	137	00:15:09	45	00:01:31	77	00:38:27	130	00:01:26	76	00:22:14	01:18:45	
77	245	M	42		Lawrence Turner	Fayetteville NC	109	00:14:37	175	00:02:16	56	00:38:01	155	00:01:32	89	00:22:34	01:18:58	
78	609	M	39		Grant Meyers	Wilmington NC	71	00:13:53	204	00:02:29	42	00:37:32	167	00:01:35	119	00:23:35	01:19:02	
79	713	M	35		Sergio S. Rosa Jr.	Durham NC	63	00:13:39	3	00:01:02	128	00:40:29	51	00:01:06	97	00:22:56	01:19:10	
80	285	M	42		Mike Decinti	Lumberton NC	140	00:15:15	146	00:02:10	117	00:40:02	77	00:01:14	35	00:20:34	01:19:13	
81	506	M	28		Jesse Naftel	Wilmington NC	138	00:15:10	80	00:01:45	99	00:39:13	270	00:02:03	51	00:21:04	01:19:15	
82	65	M	44	MC	Kevin McCarthy	Wilmington NC	70	00:13:53	213	00:02:34	51	00:37:51	120	00:01:23	120	00:23:38	01:19:17	
83	182	M	51		Brian Van Horn	Durham NC	56	00:13:25	269	00:02:59	86	00:38:42	127	00:01:25	98	00:22:56	01:19:25	
84	142	M	56		Dave Venable	Yorktown VA	127	00:14:56	218	00:02:37	40	00:37:23	159	00:01:33	105	00:23:14	01:19:41	

85	696	M	39		Maxwell Williams	Durham NC	100	00:14:27	98	00:01:51	85	00:38:41	160	00:01:33	111	00:23:20	01:19:50
86	479	M	49		Scott Brown	Apex NC	149	00:15:30	84	00:01:47	43	00:37:33	110	00:01:20	123	00:23:48	01:19:57
87	647	M	48		Mike Guerin	Cary NC											01:20:13
88	157	M	41		Martin Scott	Whiteville NC	43	00:12:55	206	00:02:30	118	00:40:07	128	00:01:25	115	00:23:24	01:20:19
89	664	M	30		Brandon Davis	Wilmington NC	233	00:17:33	48	00:01:32	22	00:36:01	68	00:01:11	130	00:24:04	01:20:20
90	174	M	25		Steven Feingold	Raleigh NC	145	00:15:27	154	00:02:11	121	00:40:15	95	00:01:18	60	00:21:25	01:20:35
91	523	M	25		Robert Womble	Raleigh NC	211	00:17:00	119	00:02:00	61	00:38:10	192	00:01:42	67	00:21:46	01:20:36
92	387	M	42		Mark Oliver	Wilmington NC	129	00:14:59	7	00:01:06	70	00:38:16	59	00:01:09	177	00:25:21	01:20:49
93	710	M	49		Lee Allen	Albemarle NC	165	00:15:48	87	00:01:48	39	00:37:23	180	00:01:39	139	00:24:17	01:20:53
94	622	M	53		Wade Davis	Myrtle Beach SC	220	00:17:08	51	00:01:33	84	00:38:40	125	00:01:24	77	00:22:14	01:20:58
95	92	M	40	MC	Kevin Smith	Myrtle Beach SC	112	00:14:39	117	00:02:00	185	00:42:23	86	00:01:15	48	00:20:52	01:21:07
96	236	M	43	MC	Steven Finney	Raeford NC	114	00:14:41	65	00:01:39	82	00:38:35	148	00:01:31	159	00:24:44	01:21:08
97	337	M	31		Dan Radez	Apex NC	61	00:13:35	71	00:01:43	152	00:41:22	82	00:01:15	116	00:23:26	01:21:19
98	703	M	41		Shawn Spencer	Wilmington NC	119	00:14:45	6	00:01:05	96	00:39:07	165	00:01:34	175	00:25:20	01:21:50
99	379	M	46		Scott Yelton	Raleigh NC	166	00:15:49	163	00:02:13	79	00:38:29	211	00:01:47	63	00:21:39	00:02:00 01:21:55
100	474	M	34		Bradley Norton	Fuquay Varina NC	159	00:15:40	109	00:01:57	114	00:39:51	108	00:01:20	106	00:23:15	01:22:01
101	395	M	48		Richard Wells	Greensboro NC	34	00:12:43	74	00:01:44	208	00:43:06	230	00:01:52	93	00:22:43	01:22:06
102	280	M	39		Eric Depoto	Matthews NC	144	00:15:25	75	00:01:44	127	00:40:29	137	00:01:28	103	00:23:07	01:22:10
103	328	M	48		Lowell Gould	Rocky Point NC	95	00:14:22	2	00:00:59	120	00:40:15	3	00:00:48	207	00:26:00	01:22:21
104	25	M	28	C	Jonathan Miller	Raleigh NC	75	00:13:56	99	00:01:51	115	00:39:52	99	00:01:19	185	00:25:29	01:22:24
105	222	M	35		Christopher Lang	Yorktown VA	215	00:17:05	215	00:02:36	94	00:39:04	179	00:01:39	74	00:22:08	01:22:29
106	632	M	48		Bryan Mulqueen	Cary NC	41	00:12:51	265	00:02:57	113	00:39:51	291	00:02:10	156	00:24:42	01:22:29
107	708	M	51		Joel Isely	Poquoson VA	52	00:13:21	89	00:01:48	83	00:38:40	285	00:02:08	223	00:26:34	01:22:30
108	842	M	14		Watson Dolhare	Charlotte NC	167	00:15:51	53	00:01:34	150	00:41:21	219	00:01:50	71	00:22:00	01:22:34
109	393	M	23		Christopher Horne	Fayetteville NC	192	00:16:29	12	00:01:11	105	00:39:30	87	00:01:16	142	00:24:20	01:22:45
110	454	M	40		Maksim Hromiak	Wilmington NC	58	00:13:29	123	00:02:02	139	00:40:44	74	00:01:13	176	00:25:21	01:22:46
111	534	M	34		Barry Graham	Pembroke NC	209	00:16:59	228	00:02:40	78	00:38:27	229	00:01:51	100	00:22:57	01:22:53
112	630	M	43	MC	Sean Raynor	Wake Forest NC	84	00:14:14	223	00:02:38	104	00:39:29	139	00:01:28	174	00:25:19	01:23:06
113	262	M	49		Peter Poggetti	Fayetteville NC	206	00:16:51	82	00:01:46	89	00:38:49	63	00:01:10	157	00:24:43	01:23:17
114	786	M	27	NM	Jim Hussey	High Point NC	28	00:12:28	111	00:01:57	166	00:41:52	114	00:01:21	197	00:25:44	01:23:20
115	340	M	56		Michael Caveness	Wilmington NC	49	00:13:08	86	00:01:47	141	00:40:52	83	00:01:15	218	00:26:20	01:23:20

116	631	M	16		Michael Balanda	Charlotte NC	103	00:14:31	124	00:02:03	215	00:43:30	20	00:00:59	81	00:22:21	01:23:22	
117	193	M	44	MC	Michael Ross	Wilmington NC	83	00:14:13	100	00:01:51	109	00:39:37	7	00:00:55	236	00:26:56	01:23:30	
118	259	M	38		Clint Rogers	Cary NC	169	00:15:54	162	00:02:12	92	00:38:55	189	00:01:41	164	00:24:56	01:23:38	
119	684	M	52		Vic Turner	Apex NC	30	00:12:40	128	00:02:04	154	00:41:25	245	00:01:56	191	00:25:39	01:23:42	
120	255	M	51		Roger Jeffs	Chapel Hill NC	193	00:16:30	205	00:02:29	65	00:38:12	263	00:02:01	155	00:24:42	01:23:53	
121	34	M	50		Patrick Webster	Raleigh NC	87	00:14:17	91	00:01:49	110	00:39:37	12	00:00:56	253	00:27:22	01:23:59	
122	61	M	45		Richard Puckett	Raleigh NC	239	00:17:45	16	00:01:16	106	00:39:31	84	00:01:15	135	00:24:14	01:23:59	
123	214	M	45		Dwayne Purper	Apex NC	208	00:16:59	264	00:02:57	158	00:41:36	232	00:01:52	42	00:20:39	01:24:00	
124	212	M	16		Dalton Cox	Sanford NC	48	00:13:06	190	00:02:25	317	00:48:37	33	00:01:03	7	00:18:52	01:24:01	
125	360	M	37		Kyle Habecker	Durham NC	96	00:14:22	144	00:02:09	98	00:39:12	236	00:01:53	233	00:26:44	01:24:18	
126	641	M	36	OM	Gus Illescas	Fayetteville NC	151	00:15:33	193	00:02:25	195	00:42:52	97	00:01:19	82	00:22:23	01:24:29	
127	505	M	45		Joel Smith	Wake Forest NC	158	00:15:38	217	00:02:36	102	00:39:21	151	00:01:32	182	00:25:25	01:24:30	
128	242	M	53		Richard Sutherland	Chapel Hill NC	89	00:14:17	252	00:02:50	107	00:39:31	96	00:01:18	230	00:26:39	01:24:35	
129	648	M	41		Eric Rhodes	Carrboro NC	132	00:15:04	247	00:02:49	143	00:40:59	240	00:01:54	124	00:23:52	01:24:35	
130	653	M	57		Michael Sullivan	Spring Lake NC	186	00:16:21	179	00:02:19	112	00:39:45	185	00:01:41	150	00:24:37	01:24:42	
131	705	M	14		Rj Jerina	Greenville SC	136	00:15:09	26	00:01:22	241	00:44:40	44	00:01:05	85	00:22:29	01:24:44	
132	558	M	36	C	Dennis Powers	Ocean Isle Beach NC	135	00:15:06	153	00:02:11	142	00:40:54	215	00:01:48	161	00:24:53	01:24:51	
133	211	M	65		Tito Craige	Chapel Hill NC	55	00:13:24	238	00:02:44	138	00:40:43	153	00:01:32	226	00:26:38	01:25:00	
134	562	M	27		Timothy Yarborough	Raleigh NC	99	00:14:26	209	00:02:30	162	00:41:45	27	00:01:01	113	00:23:23	00:02:00	01:25:04
135	473	M	37		Mark Neubauer	Hagerstown MD	279	00:18:53	165	00:02:13	62	00:38:10	116	00:01:22	147	00:24:31	01:25:07	
136	661	M	34		Bryan Kaufman	Cary NC	231	00:17:30	38	00:01:26	224	00:43:49	102	00:01:19	10	00:19:10	00:02:00	01:25:11
137	482	M	49		David Schultz	Leland NC	62	00:13:36	168	00:02:14	168	00:41:54	280	00:02:07	181	00:25:24	01:25:13	
138	146	M	33		Cody Gormley	Jacksonville NC	252	00:18:05	130	00:02:05	137	00:40:41	214	00:01:48	96	00:22:53	01:25:30	
139	260	M	38		Chris Cohen	Cary NC	168	00:15:52	156	00:02:12	93	00:39:02	222	00:01:50	158	00:24:44	00:02:00	01:25:37
140	663	M	62		Jim Mincher	Wrightsville Beach NC	182	00:16:16	157	00:02:12	132	00:40:31	207	00:01:46	163	00:24:55	01:25:38	
141	683	M	53		Don Shupe	Cary NC	45	00:12:57	143	00:02:08	149	00:41:13	300	00:02:14	243	00:27:08	01:25:39	
142	583	M	28		Daniel Fitzgerald	Raleigh NC	65	00:13:47	199	00:02:28	235	00:44:27	136	00:01:28	121	00:23:40	01:25:47	
143	282	M	48		Wayne McAllister	Leesburg VA	51	00:13:14	176	00:02:16	76	00:38:25	307	00:02:16	295	00:29:43	01:25:53	
144	287	M	45		Daniel Doerr	Fayetteville NC	76	00:13:56	256	00:02:52	206	00:43:05	169	00:01:35	146	00:24:31	01:25:57	
145	449	M	50		Michael Fiocco	Pittsboro NC	153	00:15:34	203	00:02:29	144	00:41:02	228	00:01:51	107	00:23:15	00:02:00	01:26:10
146	99	M	52		John Graham	Southern Shores NC	120	00:14:45	94	00:01:50	218	00:43:39	190	00:01:41	138	00:24:16	01:26:10	

147	582	M	35		Brent Wheelwright	Beaufort NC	184	00:16:19	248	00:02:49	134	00:40:35	269	00:02:03	145	00:24:30	01:26:13	
148	266	M	37		Martin Bowling	Whispering Pines NC	269	00:18:39	182	00:02:20	46	00:37:40	284	00:02:08	190	00:25:38	01:26:24	
149	317	M	23		David Dinkins	Mount Airy NC	240	00:17:45	210	00:02:32	125	00:40:23	89	00:01:16	148	00:24:32	01:26:26	
150	377	M	61		John Bevier	Raleigh NC	187	00:16:23	118	00:02:00	55	00:38:00	265	00:02:02	274	00:28:04	01:26:27	
151	410	M	48		Noah Pickus	Durham NC	181	00:16:10	200	00:02:29	197	00:42:54	186	00:01:41	108	00:23:15	01:26:28	
152	566	M	51		David Sherburne	Aiken SC	92	00:14:19	126	00:02:03	203	00:43:01	79	00:01:14	206	00:25:58	01:26:33	
153	252	M	26		Paul Corcoran	Sanford NC	230	00:17:28	185	00:02:22	188	00:42:27	273	00:02:05	80	00:22:20	01:26:40	
154	166	M	45		Gary Trullinger	Durham NC	275	00:18:44	147	00:02:10	123	00:40:20	173	00:01:37	125	00:23:52	01:26:40	
155	692	M	23		Patrick Ingram	Jacksonville NC	162	00:15:45	88	00:01:48	60	00:38:08	201	00:01:44	257	00:27:27	00:02:00	01:26:50
156	492	M	29		Patrick Vander Woude	Richlands NC	199	00:16:42	150	00:02:10	178	00:42:17	264	00:02:01	128	00:23:58	01:27:06	
157	77	M	35		Jason Edwards	Raleigh NC	197	00:16:41	129	00:02:04	186	00:42:23	109	00:01:20	154	00:24:40	01:27:07	
158	563	M	43		Kelly Caudle	Albemarle NC	157	00:15:37	122	00:02:00	116	00:40:00	256	00:01:59	263	00:27:32	01:27:07	
159	28	M	41	MC	William H Harkins Jr	Cary NC	116	00:14:41	145	00:02:09	181	00:42:20	121	00:01:23	234	00:26:44	01:27:16	
160	202	M	52		David Cates	Hillsborough NC	133	00:15:04	138	00:02:07	169	00:41:55	162	00:01:33	229	00:26:39	01:27:16	
161	407	M	40		Soo Chan Lee	Durham NC	201	00:16:45	125	00:02:03	119	00:40:09	124	00:01:24	239	00:27:03	01:27:21	
162	577	M	35	C	Kristoffer Mills	Fayetteville NC	124	00:14:49	216	00:02:36	135	00:40:36	171	00:01:37	270	00:27:48	01:27:23	
163	194	M	57		Len Toledo	Palmyra VA	198	00:16:42	276	00:03:04	101	00:39:17	336	00:02:33	205	00:25:56	01:27:29	
164	712	M	32		Kevin McCabe	Durham NC	296	00:19:46	140	00:02:08	164	00:41:49	54	00:01:08	92	00:22:43	01:27:31	
165	542	M	30		Andy Owens	Wilmington NC	243	00:17:48	61	00:01:38	233	00:44:20	129	00:01:26	87	00:22:31	01:27:41	
166	154	M	70		Doug Fletcher	Youngsville NC	161	00:15:44	17	00:01:16	174	00:42:08	163	00:01:33	241	00:27:05	01:27:45	
167	707	M	36		Mac Moore	Apex NC	188	00:16:24	233	00:02:42	227	00:44:05	132	00:01:27	110	00:23:19	01:27:55	
168	218	M	25		Drew Barber	Raleigh NC	73	00:13:56	161	00:02:12	282	00:46:16	142	00:01:28	131	00:24:08	01:27:58	
169	374	M	29		Jason Bevier	Cary NC	293	00:19:40	149	00:02:10	155	00:41:33	85	00:01:15	114	00:23:24	01:28:01	
170	326	M	57		Duncan Wallace	Graham NC	148	00:15:29	254	00:02:51	183	00:42:21	313	00:02:18	168	00:25:06	01:28:03	
171	37	M	53		Steve Boyd	Apex NC	174	00:16:02	230	00:02:41	165	00:41:49	250	00:01:57	189	00:25:35	01:28:04	
172	596	M	44		Brent Nix	Wilmington NC	218	00:17:07	27	00:01:23	122	00:40:19	223	00:01:50	266	00:27:39	01:28:16	
173	489	M	27	C	Kevin Connor	Cary NC	37	00:12:46	197	00:02:26	253	00:45:13	226	00:01:51	210	00:26:04	01:28:19	
174	805	M	38	NM	Sean Doherty	Charlotte NC	228	00:17:25	249	00:02:49	182	00:42:20	275	00:02:06	122	00:23:42	01:28:20	
175	580	M	50		Anthony Bronkema	Morehead City NC	229	00:17:25	137	00:02:07	170	00:41:55	317	00:02:20	151	00:24:38	01:28:23	
176	419	M	43		Floyd Phillips	Holly Springs NC	196	00:16:39	237	00:02:43	126	00:40:28	322	00:02:23	141	00:24:18	00:02:00	01:28:30
177	668	M	39		Jason Inks	High Point NC	142	00:15:17	114	00:01:59	177	00:42:16	152	00:01:32	258	00:27:28	01:28:30	

178	709	M	45	Ej Salon	Daniels, Wv WV	271	00:18:41	220	00:02:37	95	00:39:05	344	00:02:47	180	00:25:23	01:28:31	
179	425	M	46	Michael Peters	Hope Mills NC	205	00:16:50	226	00:02:39	192	00:42:45	231	00:01:52	149	00:24:36	01:28:40	
180	386	M	52	Roger Lias	Raleigh NC	180	00:16:09	107	00:01:56	193	00:42:49	126	00:01:25	221	00:26:28	01:28:46	
181	263	M	23	Brett Danforth	Raleigh NC	66	00:13:49	151	00:02:11	229	00:44:09	73	00:01:13	264	00:27:34	01:28:55	
182	269	M	57	Andy Whiteman	Raleigh NC	272	00:18:42	136	00:02:07	209	00:43:11	321	00:02:23	91	00:22:37	01:28:58	
183	604	M	15	Evan Welles	Raleigh NC	226	00:17:22	258	00:02:54	274	00:46:07	6	00:00:54	66	00:21:46	01:29:01	
184	659	M	41	Tim Gill	Wilmington NC	195	00:16:36	106	00:01:56	214	00:43:23	287	00:02:09	184	00:25:28	01:29:31	
185	363	M	38	Ben Goetz	Linden NC	90	00:14:18	324	00:03:54	234	00:44:23	225	00:01:51	169	00:25:07	01:29:31	
186	666	M	24	Patrick Campbell	Raleigh NC	250	00:17:54	90	00:01:48	194	00:42:51	274	00:02:05	99	00:22:56	00:02:00	01:29:33
187	638	M	53	Frank Rexford	Chapel Hill NC	219	00:17:08	225	00:02:39	180	00:42:20	286	00:02:08	178	00:25:21	01:29:33	
188	501	M	50	Rob Temucin	New Bern NC	134	00:15:06	284	00:03:10	202	00:43:00	193	00:01:42	232	00:26:43	01:29:39	
189	323	M	52	MC David Dinkins	Mount Airy NC	241	00:17:46	298	00:03:28	136	00:40:38	259	00:02:00	204	00:25:52	01:29:42	
190	574	M	42	Soren Windram	Durham NC	123	00:14:47	268	00:02:58	271	00:45:57	348	00:02:54	104	00:23:11	01:29:45	
191	538	M	43	Jeffrey Richards	Raleigh NC	221	00:17:09	158	00:02:12	261	00:45:32	133	00:01:27	117	00:23:30	01:29:48	
192	124	M	49	Bryan Maynor	Pembroke NC	227	00:17:25	321	00:03:49	153	00:41:23	187	00:01:41	188	00:25:35	01:29:51	
193	234	M	55	Jeff Hunter	Durham NC	210	00:17:00	135	00:02:07	175	00:42:08	103	00:01:19	254	00:27:25	01:29:56	
194	735	M	22	NM Nicholson Sprinkle	Statesville NC	101	00:14:27	345	00:04:16	212	00:43:19	359	00:03:17	162	00:24:54	01:30:11	
195	251	M	47	Steve Boehling	Wilmington NC	163	00:15:45	289	00:03:13	171	00:42:00	253	00:01:58	172	00:25:16	00:02:00	01:30:12
196	21	M	47	Gib Palmer	Clinton NC	117	00:14:44	253	00:02:51	219	00:43:40	188	00:01:41	252	00:27:20	01:30:14	
197	216	M	39	Seth Hollar	Raleigh NC	305	00:20:04	306	00:03:33	151	00:41:22	106	00:01:20	136	00:24:14	01:30:31	
198	686	M	32	John Bullard	Dupont WA	113	00:14:40	170	00:02:15	265	00:45:38	311	00:02:17	200	00:25:45	01:30:33	
199	567	M	57	Mike Beck	Wilmington NC	185	00:16:20	257	00:02:53	223	00:43:49	267	00:02:02	199	00:25:44	01:30:46	
200	665	M	55	David Gilbert	Chapel Hill NC	178	00:16:08	318	00:03:48	200	00:42:58	301	00:02:14	198	00:25:44	01:30:50	
201	639	M	48	Samuel Rossa	Cary NC	217	00:17:07	235	00:02:43	207	00:43:05	332	00:02:31	183	00:25:27	01:30:50	
202	400	M	55	Larry Ray	Cary NC	257	00:18:13	232	00:02:42	160	00:41:43	293	00:02:11	211	00:26:07	01:30:54	
203	367	M	63	Norris Townsend	Raleigh NC	147	00:15:29	183	00:02:21	124	00:40:22	260	00:02:00	311	00:30:51	01:31:02	
204	508	M	44	James Hurr	Cameron NC	212	00:17:00	120	00:02:00	157	00:41:34	176	00:01:38	286	00:28:56	01:31:06	
205	128	M	50	Daniel Dellarova	Wake Forest NC	284	00:19:24	112	00:01:58	201	00:42:58	184	00:01:40	171	00:25:13	01:31:12	
206	370	M	42	Michael Jordan	Winston-Salem NC	329	00:22:09	97	00:01:51	147	00:41:06	277	00:02:06	132	00:24:11	01:31:21	
207	130	M	50	Andrew Gager	Holly Springs NC	115	00:14:41	356	00:04:44	173	00:42:05	292	00:02:10	268	00:27:44	01:31:22	
208	569	M	47	Fred Theron	Raleigh NC	98	00:14:25	320	00:03:48	199	00:42:55	242	00:01:54	219	00:26:23	00:02:00	01:31:23

209	793	M	38	NM	Scott Lugenbeal	High Point NC	327	00:22:01	171	00:02:15	156	00:41:34	134	00:01:27	134	00:24:13	01:31:28
210	636	M	35		Robert Crawford	Raleigh NC	190	00:16:27	246	00:02:49	243	00:44:47	227	00:01:51	193	00:25:40	01:31:33
211	753	M	42	ZM	Michael Smith	Asheboro NC	139	00:15:11	323	00:03:53	290	00:46:37	282	00:02:07	127	00:23:58	01:31:44
212	43	M	43		Scot Garner	Raleigh NC	177	00:16:08	250	00:02:50	279	00:46:11	25	00:01:01	194	00:25:41	01:31:48
213	782	M	37	NM	Lloyd Gautier	Kernersville NC	264	00:18:22	311	00:03:42	159	00:41:38	327	00:02:26	195	00:25:44	01:31:49
214	150	M	57		Alan Pollenz	Raleigh NC	108	00:14:37	169	00:02:14	167	00:41:54	288	00:02:10	312	00:30:57	01:31:50
215	213	M	51		Thomas Miller	Raleigh NC	152	00:15:34	273	00:03:02	146	00:41:05	323	00:02:24	297	00:29:52	01:31:55
216	428	M	38		Miguel Gonzalez	Charlotte NC	339	00:23:44	259	00:02:55	148	00:41:06	195	00:01:42	88	00:22:34	01:31:59
217	131	M	47		Joel Smith	Cary NC	128	00:14:57	134	00:02:06	242	00:44:41	247	00:01:57	281	00:28:20	01:31:59
218	472	M	32		Donnie Brooks	Mytle Beach SC	225	00:17:22	164	00:02:13	285	00:46:27	170	00:01:36	144	00:24:27	01:32:03
219	58	M	45	MC	Bob Davis Jr	Charlotte NC	60	00:13:33	166	00:02:14	190	00:42:34	166	00:01:34	334	00:32:23	01:32:17
220	748	M	30	NM	Kevin Jones	Charlotte NC	261	00:18:17	194	00:02:25	262	00:45:33	205	00:01:45	143	00:24:21	01:32:19
221	303	M	52		Taylor Phillips	Rocky Mount NC	107	00:14:36	201	00:02:29	211	00:43:13	302	00:02:14	299	00:29:55	01:32:25
222	775	M	39	NM	David Curbo	Wilmington NC	248	00:17:54	127	00:02:03	268	00:45:47	62	00:01:10	201	00:25:46	01:32:38
223	500	M	44		Scott Whalen	Cary NC	280	00:19:10	229	00:02:40	221	00:43:43	213	00:01:48	186	00:25:31	01:32:50
224	381	M	47		Albert Novak	Cherryville NC	286	00:19:26	142	00:02:08	198	00:42:55	305	00:02:15	213	00:26:09	01:32:50
225	78	M	16		Archie Barron III	Concord NC	125	00:14:49	152	00:02:11	298	00:47:04	217	00:01:49	244	00:27:10	01:33:01
226	467	M	36		David Pellegrino	Leland NC	278	00:18:53	189	00:02:24	256	00:45:23	175	00:01:38	160	00:24:50	01:33:05
227	179	M	42		Floyd Benfield	Wilmington NC	194	00:16:31	167	00:02:14	272	00:46:02	104	00:01:19	240	00:27:04	01:33:09
228	75	M	66		Jim Ebert	Manteo NC	104	00:14:32	353	00:04:37	161	00:41:44	372	00:04:12	277	00:28:10	01:33:14
229	669	M	19		James Hooppaw	Holly Springs NC	160	00:15:42	191	00:02:25	291	00:46:37	298	00:02:13	217	00:26:20	01:33:15
230	544	M	28		Garry Church	Mooreville NC	260	00:18:16	291	00:03:15	259	00:45:27	216	00:01:49	152	00:24:39	01:33:22
231	411	M	41		James Caraway	Little River SC	282	00:19:23	177	00:02:17	140	00:40:48	272	00:02:05	287	00:29:03	01:33:33
232	594	M	55		Steve Harberger	Clemmons NC	213	00:17:00	300	00:03:28	232	00:44:19	297	00:02:13	224	00:26:34	01:33:34
233	349	M	53		Spencer Fox	Winston Salem NC	164	00:15:47	239	00:02:44	276	00:46:07	90	00:01:16	267	00:27:42	01:33:36
234	254	M	44		Roland Klober	Durham NC	203	00:16:46	328	00:03:59	231	00:44:19	319	00:02:21	216	00:26:15	01:33:38
235	560	M	37		Brandon Gillette	Jacksonville NC	150	00:15:32	180	00:02:20	222	00:43:45	243	00:01:54	306	00:30:18	01:33:47
236	144	M	52	MC	Erik Jorgensen	Chesapeake VA	214	00:17:05	290	00:03:14	145	00:41:03	248	00:01:57	308	00:30:36	01:33:53
237	442	M	46		Brian Michelson	Fayetteville NC	207	00:16:58	224	00:02:38	244	00:44:49	209	00:01:46	269	00:27:44	01:33:54
238	477	M	46		Steve Kenny	Wilmington NC	335	00:22:52	278	00:03:05	179	00:42:20	200	00:01:44	126	00:23:57	01:33:55
239	122	M	56		Jaime Hernandez	Chapel Hill NC	267	00:18:32	331	00:04:05	196	00:42:53	358	00:03:16	170	00:25:13	01:33:57



240	540	M	52	Cass Schussler	Virginia Beach VA	222	00:17:13	214	00:02:35	263	00:45:35	93	00:01:17	251	00:27:19	01:33:58	
241	655	M	29	Jason Bryant	Lumberton NC	355	00:26:04	102	00:01:53	73	00:38:23	111	00:01:21	220	00:26:25	01:34:04	
242	249	M	30	Mike Hazell	Cameron NC	307	00:20:08	116	00:01:59	313	00:48:06	140	00:01:28	84	00:22:27	01:34:06	
243	356	M	35	Chad Ramskugler	Fayetteville NC	304	00:20:03	261	00:02:56	205	00:43:01	197	00:01:43	227	00:26:38	01:34:20	
244	667	M	49	Andy Gilbert	Wahiawa HI	143	00:15:25	187	00:02:22	226	00:44:02	314	00:02:19	304	00:30:14	01:34:20	
245	171	M	26	Andy Branscomb	Durham NC	312	00:20:27	139	00:02:08	250	00:45:11	218	00:01:49	166	00:25:05	01:34:39	
246	774	M	36	NM Nathan Christie	Cary NC	332	00:22:29	221	00:02:37	238	00:44:29	208	00:01:46	112	00:23:22	01:34:41	
247	603	M	53	Harris Welles	Raleigh NC	173	00:16:01	271	00:03:01	239	00:44:31	194	00:01:42	261	00:27:30	00:02:00	01:34:43
248	576	M	31	C Kelly Johnson	Beaufort NC	238	00:17:45	236	00:02:43	240	00:44:35	237	00:01:53	272	00:27:52	01:34:48	
249	605	M	56	Richard Cartwright	Greensboro NC	289	00:19:33	108	00:01:57	236	00:44:28	238	00:01:53	237	00:26:59	01:34:48	
250	657	M	44	MC Wayne Davis	Willow Spring NC	242	00:17:47	131	00:02:05	176	00:42:13	154	00:01:32	322	00:31:32	01:35:07	
251	781	M	23	NM Robert Anderson	Raleigh NC	268	00:18:35	292	00:03:15	270	00:45:55	119	00:01:23	209	00:26:02	01:35:08	
252	772	M	28	NM Bryan Snyder	Charlotte NC	274	00:18:44	104	00:01:55	295	00:46:56	19	00:00:59	235	00:26:44	01:35:15	
253	537	M	42	Joseph Leblanc	Wilmington NC	276	00:18:47	244	00:02:46	264	00:45:36	244	00:01:56	215	00:26:14	01:35:16	
254	227	M	58	Robert Newell	Raleigh NC	308	00:20:08	338	00:04:10	246	00:44:56	234	00:01:52	137	00:24:15	01:35:20	
255	801	M	45	ZM Blair Robinson	Cary NC	298	00:19:51	283	00:03:09	280	00:46:12	309	00:02:16	129	00:23:59	01:35:24	
256	545	M	24	Trase Jones	Roanoke Rapids NC	340	00:23:49	243	00:02:46	184	00:42:21	157	00:01:32	165	00:25:00	01:35:26	
257	12	M	59	David Brooks	Pembroke NC	300	00:19:54	364	00:05:15	187	00:42:26	349	00:02:54	167	00:25:06	01:35:33	
258	325	M	52	Kevin Norris	Holly Springs NC	325	00:21:50	307	00:03:34	213	00:43:21	202	00:01:45	173	00:25:18	01:35:46	
259	808	M	26	NM Jared Brown	Raleigh NC	253	00:18:06	270	00:03:00	266	00:45:41	251	00:01:58	248	00:27:16	01:35:58	
260	127	M	13	Derek Dellarova	Wake Forest NC	105	00:14:34	207	00:02:30	303	00:47:13	198	00:01:43	302	00:30:10	01:36:08	
261	652	M	39	Phillip Jones	Burgaw NC	237	00:17:44	196	00:02:26	287	00:46:32	268	00:02:02	259	00:27:28	01:36:11	
262	773	M	32	NM Brian Solomon	Charlotte NC	259	00:18:15	195	00:02:25	278	00:46:09	252	00:01:58	255	00:27:25	01:36:11	
263	644	M	43	MC David Raynor	Orrum NC	291	00:19:34	272	00:03:02	131	00:40:31	266	00:02:02	315	00:31:05	01:36:13	
264	224	M	40	Robert Harrell	Wilmington NC	255	00:18:12	329	00:03:59	237	00:44:28	303	00:02:14	275	00:28:05	01:36:58	
265	355	M	53	Al Best	Wilmington NC	216	00:17:06	348	00:04:27	249	00:45:08	181	00:01:39	284	00:28:50	01:37:09	
266	137	M	53	Jim Disalle	Charlotte NC	320	00:21:22	222	00:02:38	230	00:44:15	210	00:01:46	247	00:27:14	01:37:13	
267	177	M	52	Steven Young	Durham NC	130	00:14:59	288	00:03:12	288	00:46:34	281	00:02:07	282	00:28:23	00:02:00	01:37:14
268	351	M	60	Rich Haney	Chapel Hill NC	50	00:13:14	293	00:03:18	255	00:45:20	334	00:02:32	339	00:32:55	01:37:16	
269	298	M	54	Randy Peterson	Waukesha WI	234	00:17:35	295	00:03:24	277	00:46:08	271	00:02:04	279	00:28:16	01:37:25	
270	201	M	46	Peter Henderson	Raleigh NC	232	00:17:32	317	00:03:47	292	00:46:47	347	00:02:51	222	00:26:33	01:37:28	

271	31	M	42	Troy Wojcik	Clayton NC	306	00:20:07	219	00:02:37	247	00:44:57	342	00:02:43	242	00:27:06	01:37:29	
272	300	M	56	David F. Martin	Lewisville NC	301	00:19:56	313	00:03:44	225	00:43:51	350	00:02:58	256	00:27:26	01:37:53	
273	711	M	28	Jeffrey Mills	Garner NC	281	00:19:16	188	00:02:23	321	00:48:48	113	00:01:21	214	00:26:10	01:37:56	
274	88	M	33	Eric Whitaker	Apex NC	183	00:16:16	101	00:01:52	294	00:46:53	254	00:01:58	313	00:31:03	01:38:00	
275	257	M	29	Michael Drutar	Raleigh NC	244	00:17:51	314	00:03:44	340	00:50:18	257	00:01:59	153	00:24:39	01:38:29	
276	84	M	71	Greyson Quarles	Duck Key FL	176	00:16:06	267	00:02:58	163	00:41:48	366	00:03:30	348	00:34:14	01:38:35	
277	579	M	48	Thom Roth	Myrtle Beach SC	106	00:14:35	351	00:04:30	357	00:51:49	123	00:01:23	225	00:26:38	01:38:53	
278	342	M	53	Steven Snyder	Roanoke Rapids NC	290	00:19:33	212	00:02:34	204	00:43:01	178	00:01:39	303	00:30:10	00:02:00	01:38:56
279	111	M	35	Matthew Scott	Lumberton NC	313	00:20:30	343	00:04:14	251	00:45:12	362	00:03:21	202	00:25:48	01:39:03	
280	336	M	58	Marshal Cates	Hillsborough NC	179	00:16:09	172	00:02:15	267	00:45:45	326	00:02:26	335	00:32:31	01:39:05	
281	64	M	66	Lou Galli	Wilmington NC	131	00:15:04	132	00:02:06	304	00:47:26	233	00:01:52	338	00:32:52	01:39:17	
282	810	M	29	NM John Leasiolagi	Holly Ridge NC	202	00:16:45	375	00:08:11	258	00:45:26	191	00:01:42	249	00:27:16	01:39:18	
283	435	M	43	MC Juan Calle	Chapel Hill NC	249	00:17:54	181	00:02:20	228	00:44:06	278	00:02:06	340	00:32:56	01:39:21	
284	688	M	30	Andy Thore	Morrisville NC	191	00:16:27	198	00:02:27	320	00:48:45	325	00:02:26	300	00:29:59	01:40:02	
285	378	M	46	MC Philip Maginnes	Wilmington NC	258	00:18:14	282	00:03:08	245	00:44:50	221	00:01:50	331	00:32:03	01:40:05	
286	844	M	57	Bobby Brandon	Wrightsville Beach NC	338	00:23:40	133	00:02:06	216	00:43:32	146	00:01:30	291	00:29:23	01:40:10	
287	672	M	41	Kurt Vanscoy	Wilmington NC	357	00:26:43	286	00:03:11	189	00:42:28	161	00:01:33	231	00:26:43	01:40:36	
288	516	M	48	Jeff West	Wilmington NC	223	00:17:16	333	00:04:06	254	00:45:16	343	00:02:46	319	00:31:17	01:40:39	
289	112	M	56	Jon Sasser	Raleigh NC	235	00:17:42	251	00:02:50	315	00:48:27	335	00:02:32	290	00:29:18	01:40:47	
290	46	M	39	Mark Guner	Southfield MI	334	00:22:42	245	00:02:47	210	00:43:12	310	00:02:17	298	00:29:54	01:40:50	
291	253	M	19	Alex Jorgensen	Chesapeake VA	246	00:17:53	326	00:03:55	260	00:45:29	331	00:02:30	318	00:31:12	01:40:58	
292	62	M	54	Wayne Lopresti	Spring Lake NC	331	00:22:17	160	00:02:12	311	00:47:54	203	00:01:45	246	00:27:12	01:41:19	
293	450	M	43	Scott Davis	High Point NC	200	00:16:44	279	00:03:06	293	00:46:48	246	00:01:56	342	00:33:10	01:41:41	
294	156	M	61	Steve Pate	Fayetteville NC	318	00:21:13	70	00:01:43	257	00:45:24	117	00:01:22	301	00:30:06	00:02:00	01:41:46
295	458	M	35	Andrew Sarine	Apex NC	365	00:28:39	159	00:02:12	220	00:43:43	183	00:01:40	192	00:25:40	01:41:52	
296	759	M	36	NM Eric Tivnan	Apex NC	297	00:19:47	305	00:03:33	269	00:45:47	328	00:02:28	307	00:30:32	01:42:04	
297	462	M	37	Jason Gilbert	Leland NC	309	00:20:12	330	00:04:00	327	00:49:19	174	00:01:37	238	00:27:00	01:42:07	
298	267	M	53	Tracy Howe	Cary NC	254	00:18:12	336	00:04:08	323	00:48:54	346	00:02:49	278	00:28:14	01:42:15	
299	361	M	55	Robert Kern	Chapel Hill NC	299	00:19:51	281	00:03:08	297	00:47:03	279	00:02:06	305	00:30:17	01:42:23	
300	704	M	35	Felipe Flores	Raleigh NC	266	00:18:26	294	00:03:23	314	00:48:15	112	00:01:21	317	00:31:10	01:42:32	
301	164	M	51	Bob Cray	Raleigh NC	263	00:18:18	241	00:02:45	349	00:50:58	143	00:01:29	293	00:29:25	01:42:53	

302	621	M	40		Charles Davis	Wilmington NC	86	00:14:16	274	00:03:03	302	00:47:10	168	00:01:35	357	00:37:05	01:43:07
303	802	M	38	NM	Christopher Laco	Winnabow NC	310	00:20:17	263	00:02:56	332	00:49:36	71	00:01:12	288	00:29:09	01:43:08
304	354	M	15		Scott Best	Wilmington NC	256	00:18:12	363	00:05:13	352	00:51:14	75	00:01:13	262	00:27:32	01:43:22
305	390	M	42		Michael Hudson	Wrightsville Beach NC	361	00:27:03	174	00:02:16	191	00:42:38	199	00:01:44	296	00:29:47	01:43:25
306	698	M	46	MC	David Taylor	Warsaw NC	189	00:16:27	242	00:02:45	335	00:50:05	289	00:02:10	332	00:32:05	01:43:30
307	726	M	47	ZM	Greg Wells	Holly Springs NC	262	00:18:18	370	00:05:53	333	00:49:43	371	00:04:05	208	00:26:02	01:43:58
308	199	M	64		Sam Baker	Raleigh NC	146	00:15:27	277	00:03:04	275	00:46:07	341	00:02:42	354	00:36:50	01:44:08
309	788	M	50	ZM	Scott Squires	Raleigh NC	363	00:28:00	312	00:03:42	217	00:43:36	352	00:03:00	212	00:26:08	01:44:25
310	151	M	53		David Biles	Garner NC	317	00:21:12	173	00:02:15	296	00:46:59	235	00:01:53	333	00:32:08	01:44:25
311	592	M	33		Michael Sweet	Raleigh NC	324	00:21:47	308	00:03:37	341	00:50:19	92	00:01:17	260	00:27:30	01:44:28
312	845	M	28	NM	Aaron Ward	Holly Ridge NC	322	00:21:32	297	00:03:27	322	00:48:49	329	00:02:28	280	00:28:17	01:44:31
313	376	M	32		Matt Webb	Raleigh NC	285	00:19:24	347	00:04:26	336	00:50:09	145	00:01:30	292	00:29:24	01:44:52
314	40	M	58		Daniel Addison	Chapel Hill NC	277	00:18:52	340	00:04:12	353	00:51:24	255	00:01:59	283	00:28:40	01:45:05
315	422	M	36		Kyle Brown	Creedmoor NC									265	00:27:37	01:45:12
316	770	M	40	ZM	Steve Money	Myrtle Beach SC	353	00:25:39	240	00:02:45	330	00:49:30	283	00:02:08	179	00:25:21	01:45:21
317	11	M	27	OM	Patrick Lofvenholm	Raleigh NC	273	00:18:43	302	00:03:30	331	00:49:35	316	00:02:20	325	00:31:43	01:45:49
318	681	M	14		Wyatt Phillips	Rocky Mount NC	154	00:15:36	280	00:03:06	370	00:59:37	30	00:01:03	228	00:26:39	01:45:58
319	728	M	56	ZM	Dean Sprinkle	Statesville NC	348	00:25:12	339	00:04:11	299	00:47:06	144	00:01:30	276	00:28:07	01:46:04
320	265	M	29		Jeremy Wiggins	Raleigh NC	341	00:23:58	95	00:01:50	309	00:47:49	363	00:03:22	289	00:29:17	01:46:14
321	715	M	44	ZM	Andrew McVey	Wilmington NC	351	00:25:27	342	00:04:14	338	00:50:11	306	00:02:15	140	00:24:17	01:46:22
322	392	M	31	C	William Johnson	Raeford NC	303	00:20:02	103	00:01:54	316	00:48:28	122	00:01:23	350	00:34:38	01:46:23
323	295	M	62		Kevin Radez	Raleigh NC	330	00:22:10	266	00:02:57	284	00:46:26	365	00:03:29	320	00:31:25	01:46:25
324	338	M	44		Bill Avelino	Ramseur NC	251	00:17:55	361	00:05:07	310	00:47:51	333	00:02:31	343	00:33:20	01:46:43
325	792	M	33	NM	Ian Brown	Fayetteville NC	333	00:22:41	322	00:03:50	346	00:50:50	204	00:01:45	273	00:27:56	01:47:00
326	358	M	37	C	Jim Waddell	Cary NC	368	00:30:01	365	00:05:23	172	00:42:02	241	00:01:54	271	00:27:51	01:47:09
327	283	M	42		Ravi Jhaveri	Durham NC	356	00:26:22	368	00:05:35	339	00:50:16	182	00:01:40	118	00:23:33	01:47:25
328	394	M	65		Ralph Edwards	Morganton NC	315	00:21:07	299	00:03:28	301	00:47:10	172	00:01:37	347	00:34:07	01:47:27
329	79	M	36	C	Tate Little	Chapel Hill NC	224	00:17:18	344	00:04:14	348	00:50:56	294	00:02:12	337	00:32:50	01:47:29
330	139	M	46		Chris Snow	Cary NC	265	00:18:23	304	00:03:31	325	00:49:03	351	00:02:59	344	00:33:41	01:47:35
331	221	M	44		John Joyce	Durham NC	336	00:23:08	275	00:03:03	300	00:47:08	338	00:02:38	326	00:31:45	01:47:40
332	736	M	47	ZM	David Siener	Kinston NC	359	00:26:56	349	00:04:28	329	00:49:24	150	00:01:31	187	00:25:35	01:47:52

333	348	M	59		Brian Clark	Mebane NC	319	00:21:18	316	00:03:47	324	00:48:56	318	00:02:20	324	00:31:40	01:47:59
334	38	M	49	MC	Gary Boatwright	Charlotte NC	352	00:25:31	186	00:02:22	306	00:47:38	276	00:02:06	309	00:30:46	01:48:21
335	784	M	25	NM	Rob Langdon	Raleigh NC	247	00:17:54	346	00:04:20	367	00:58:12	304	00:02:14	196	00:25:44	01:48:22
336	743	M	36	NM	Matthew Dobson	Pickens SC	366	00:29:03	332	00:04:06	281	00:46:14	361	00:03:20	203	00:25:50	01:48:30
337	345	M	41		Scott Brandes	Chapel Hill NC	346	00:24:54	121	00:02:00	354	00:51:31	107	00:01:20	310	00:30:49	01:50:32
338	460	M	57	MC	Derrick Ham	Wilmington NC	345	00:24:54	310	00:03:41	248	00:45:01	156	00:01:32	351	00:35:35	01:50:40
339	768	M	36	NM	Christopher Davis	Charleston SC	321	00:21:28	211	00:02:34	356	00:51:48	32	00:01:03	346	00:34:00	01:50:50
340	426	M	14		Brandon Vega	Fayetteville NC	287	00:19:28	358	00:04:56	366	00:58:00	131	00:01:26	245	00:27:11	01:50:59
341	510	M	59		John Murphy	Cary NC	245	00:17:53	369	00:05:39	359	00:52:35	368	00:03:53	316	00:31:07	01:51:05
342	187	M	55		Matthew Boss	Raleigh NC	316	00:21:11	325	00:03:55	289	00:46:34	295	00:02:12	358	00:37:15	01:51:06
343	289	M	74		William Thomas	Charlotte NC	354	00:25:54	255	00:02:51	286	00:46:29	138	00:01:28	349	00:34:28	01:51:09
344	762	M	37	NM	Shane Brown	Sanford NC	292	00:19:35	352	00:04:34	364	00:56:37	299	00:02:13	285	00:28:51	01:51:48
345	557	M	44	MC	Chad Scott	Lincolnton NC	311	00:20:19	334	00:04:07	273	00:46:03	337	00:02:33	367	00:39:18	01:52:18
346	352	M	32	C	James Michael	Raleigh NC	204	00:16:50	335	00:04:08	350	00:50:59	353	00:03:00	359	00:37:31	01:52:27
347	20	M	61		Pat Hoy	Chapel Hill NC	68	00:13:50	309	00:03:38	305	00:47:28	364	00:03:28	364	00:38:19	00:06:00 01:52:41
348	19	M	60	MM	Scott Warner	Wilmington NC	236	00:17:43	110	00:01:57	371	01:00:02	224	00:01:51	323	00:31:34	01:53:05
349	627	M	43		Blake Roberson	Clayton NC	349	00:25:18	287	00:03:11	351	00:51:06	212	00:01:48	328	00:31:50	01:53:11
350	455	M	44		Kevin Johnson	Leland NC	302	00:19:58	260	00:02:56	345	00:50:45	312	00:02:17	360	00:37:36	01:53:30
351	764	M	41	ZM	Kyle Watts	Austin TX	337	00:23:34	319	00:03:48	355	00:51:44	354	00:03:01	329	00:31:56	01:54:00
352	478	M	47		Dan Jacobs	Raleigh NC	323	00:21:34	374	00:07:42	342	00:50:24	339	00:02:39	327	00:31:45	01:54:03
353	102	M	52		Bryan Jones	Raleigh NC	288	00:19:28	231	00:02:42	328	00:49:22	369	00:03:55	366	00:39:14	01:54:39
354	727	M	33	NM	Nathan Tryon	Cary NC	295	00:19:46	366	00:05:23	363	00:55:40	308	00:02:16	330	00:32:02	01:55:04
355	465	M	57		Charlie Bell	Raleigh NC	326	00:21:55	285	00:03:10	344	00:50:25	357	00:03:16	356	00:37:04	01:55:48
356	645	M	43	MC	Joseph Bologna	Hampstead NC	283	00:19:23	355	00:04:43	312	00:48:05	355	00:03:04	369	00:41:05	01:56:18
357	637	M	42	ZM	Rob Gregory	Anderson SC	364	00:28:31	341	00:04:13	252	00:45:13	330	00:02:29	352	00:36:01	01:56:25
358	412	M	35		Joshua Mordarski	Fayetteville NC	371	00:32:11	227	00:02:39	360	00:53:42	177	00:01:39	250	00:27:16	01:57:25
359	106	M	36		Christopher Bertz	Cary NC	342	00:24:03	296	00:03:24	347	00:50:55	290	00:02:10	362	00:37:58	01:58:28
360	210	M	54		Alfred Lunt	Fayetteville NC	343	00:24:10	262	00:02:56	318	00:48:43	345	00:02:47	361	00:37:55	00:02:00 01:58:29
361	529	M	58		H Michael Brinkley	Elyria OH	369	00:30:11	337	00:04:10	358	00:51:51	164	00:01:34	321	00:31:25	01:59:08
362	807	M	38	NM	Christopher Myers	Holly Springs NC	370	00:30:22	350	00:04:30	361	00:53:46	315	00:02:19	294	00:29:43	02:00:38
363	401	M	67		John Dillewyn	Simpsonville SC	358	00:26:48	315	00:03:45	337	00:50:10	340	00:02:40	363	00:38:16	02:01:36

364	29	M	35	C	Ryan Beede	Chapel Hill NC	314	00:21:04	192	00:02:25	369	00:59:28	239	00:01:53	355	00:36:57	02:01:45
365	264	M	48		Dave Parkes	Staines XX	367	00:29:58	367	00:05:30	343	00:50:25	296	00:02:12	345	00:33:49	02:01:52
366	299	M	51		Gary Dingess	Cary NC	328	00:22:07	362	00:05:09	308	00:47:45	373	00:04:25	371	00:42:34	02:01:57
367	798	M	39	NM	Van Slaughter	Seven Lakes NC	362	00:27:18	184	00:02:21	307	00:47:40	158	00:01:33	373	00:43:52	02:02:41
368	414	M	51		Ken Maynor	Ellicott City MD	374	00:40:48	202	00:02:29	283	00:46:24	261	00:02:00	314	00:31:04	02:02:43
369	94	M	71		Gary Taylor	Dunn, NC	350	00:25:23	327	00:03:57	326	00:49:06	356	00:03:15	370	00:41:31	02:03:10
370	699	M	37		Andre Vazquez	Cary NC	373	00:38:58	301	00:03:29	334	00:49:49	367	00:03:52	341	00:33:02	02:09:08
371	291	M	37		Mike McColl	Midway KY	344	00:24:13	357	00:04:51	362	00:55:23	360	00:03:18	372	00:43:19	02:11:02
372	806	M	32	NM	Josh Newkirk	Wilmington NC	347	00:24:56	354	00:04:42	372	01:03:36	262	00:02:01	368	00:40:50	02:16:03
373	729	M	45	ZM	Anthony Buntyn	Bolivia NC	375	00:43:40	359	00:05:03	368	00:58:53	149	00:01:31	336	00:32:47	02:21:53
374	439	M	52		Rusty Elliott	Columbia TN	376	00:48:25	371	00:05:54	319	00:48:45	324	00:02:25	353	00:36:39	02:22:04
375	333	M	40		Gerrit Smit	Cary NC	372	00:35:04	373	00:06:47	365	00:57:50	370	00:04:05	365	00:39:10	02:22:55
376	809	M	56	ZM	Robert Richardson	Elizabethtown NC	360	00:26:57	360	00:05:06	373	01:18:57	320	00:02:21	374	00:47:11	02:40:30
377	314	M	38		Otis Hopson	Lanham MD	294	00:19:41	303	00:03:30							
378	440	M	44	MC	Reuben Allen	Wilmington NC	270	00:18:40	372	00:06:33							

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