

2015 Triangle Sprint

Overall Women

Harris County Park|Southwestern Wake County (Raleigh)| NC 7/18/2015 07:30AM

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Place	Bib	Co	Name	Age	City/State	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	29		CARRIE HUGHSTON	37	RALEIGH NC	6	00:12:35	38	00:01:57	1	00:49:03	2	00:00:59	5	00:22:57		01:27:29	
2	70		JENNIFER KENNEY	39	CARY NC	3	00:11:45	10	00:01:35	9	00:51:30	7	00:01:02	12	00:24:22		01:30:13	
3	20		NASRIN AZARI	49	CARY NC	12	00:13:13	1	00:01:16	5	00:50:26	15	00:01:09	14	00:24:29		01:30:31	
4	40		DORACY HARRISON	35	RALEIGH NC	10	00:13:05	33	00:01:54	7	00:50:46	10	00:01:06	13	00:24:28		01:31:18	
5	23	MF	ANDREA PACKARD	41	NEW BERN NC	1	00:11:00	3	00:01:21	18	00:54:07	40	00:01:24	8	00:23:33		01:31:24	
6	246		LEIGH WEST	30	DURHAM NC	24	00:14:44	24	00:01:45	13	00:52:54	24	00:01:15	4	00:22:26		01:33:03	
7	157		KATHRYN STOLP	33	WILMINGTON GA	8	00:13:01	11	00:01:36	17	00:53:24	68	00:01:41	7	00:23:31		01:33:12	
8	496		TYRELLE BARNES	46		55	00:16:13	26	00:01:47	2	00:49:51	45	00:01:28	10	00:23:56		01:33:12	
9	17	MF	SARAH MULLIGAN	51	RALEIGH NC	4	00:12:14	30	00:01:50	6	00:50:44	27	00:01:18	34	00:27:23		01:33:28	
10	19	MF	CARI SOLEO	47	CARY NC	11	00:13:07	20	00:01:43	12	00:52:48	16	00:01:11	16	00:24:49		01:33:36	
11	345		KIMBERLEY PATTERSON	38	ROANOKE VA	56	00:16:15	21	00:01:44	4	00:49:59	35	00:01:21	15	00:24:38		01:33:55	
12	132		PATRICIA OELSCHLAGER	32	SOUTHERN PINES NC	105	00:19:01	17	00:01:42	3	00:49:57	3	00:01:00	6	00:23:03		01:34:41	
13	229		KELSEY NOLL	23	CARRBORO NC	16	00:14:08	2	00:01:20	15	00:52:59	22	00:01:14	19	00:25:08		01:34:48	
14	352		KIMBERLY JONES	48	RALEIGH NC	38	00:15:22	8	00:01:31	14	00:52:54	47	00:01:29	22	00:25:36		01:36:51	
15	332		KARIN SCHREUR	46	CHAPEL HILL NC	19	00:14:25	62	00:02:12	8	00:51:24	56	00:01:33	37	00:27:59		01:37:31	
16	369		ELLEN PARKER	44	CHAPEL HILL NC	31	00:15:00	29	00:01:50	34	00:56:52	28	00:01:18	9	00:23:36		01:38:34	
17	7	OF	ERIN MCGOWAN	31	RALEIGH NC	2	00:11:32	53	00:02:08	20	00:54:34	86	00:01:54	41	00:28:33		01:38:40	
18	328		FRAN HUGHES	51	APEX NC	20	00:14:28	5	00:01:23	29	00:55:40	21	00:01:14	25	00:26:20		01:39:04	
19	405		ANGELA BALL	36	PINEHURST NC	45	00:15:39	32	00:01:52	21	00:54:35	37	00:01:21	23	00:25:41		01:39:06	
20	192		KAMDEN HOFFMANN	40	MORRISVILLE NC	41	00:15:33	14	00:01:38	24	00:55:02	12	00:01:08	24	00:25:52		01:39:11	
21	315		KRISTY BORAWSKI	36	DURHAM NC	52	00:16:00	66	00:02:15	23	00:54:50	19	00:01:13	17	00:25:04		01:39:20	
22	317		BETSY HENDERSON	62	ROANOKE VA	58	00:16:18	25	00:01:45	10	00:52:16	17	00:01:11	38	00:28:04		01:39:32	

23	402		HEATHER MACMILLAN	41	PINEHURST NC	40	00:15:28	6	00:01:24	26	00:55:12	8	00:01:05	30	00:27:04		01:40:11
24	26	OF	DOMINIQUE STASULLI	24	LILLINGTON NC	32	00:15:08	7	00:01:28	75	01:01:47	42	00:01:25	2	00:21:20		01:41:07
25	282		MARY LANIER ZAYTOUN	25	RALEIGH NC	13	00:13:33	13	00:01:37	38	00:57:10	32	00:01:20	36	00:27:38		01:41:16
26	350		LIBBY RVBACKI	31	DURHAM NC	28	00:14:52	9	00:01:34	19	00:54:22	5	00:01:02	57	00:29:35		01:41:23
27	374		KARI WILKINSON	54	MEBANE NC	49	00:15:48	63	00:02:12	11	00:52:30	61	00:01:38	55	00:29:29		01:41:35
28	102		BEVIN BLAKE	24	GREENVILLE NC	34	00:15:13	51	00:02:07	31	00:55:48	95	00:02:01	28	00:26:41		01:41:48
29	301		CATHY POFAHL	49	CARY NC	71	00:16:57	19	00:01:43	16	00:53:23	70	00:01:42	46	00:28:54		01:42:36
30	281		KELLY HOBSON	25	RALEIGH NC	9	00:13:04	39	00:01:57	49	00:58:15	30	00:01:19	39	00:28:06		01:42:39
31	324		MEREDITH KAPLER	33	RALEIGH NC	57	00:16:16	40	00:01:58	45	00:57:56	67	00:01:41	20	00:25:26		01:43:14
32	158		EMILY WILLIAMS	29	PINEHURST NC	59	00:16:20	36	00:01:57	44	00:57:52	31	00:01:20	27	00:26:35		01:44:02
33	478		MADELEINE GAFFANEY	21	CARY NC	26	00:14:48	4	00:01:22	43	00:57:43	9	00:01:06	53	00:29:19		01:44:15
34	215		JILL FLANAGAN	45	CARY NC	79	00:17:22	46	00:02:01	22	00:54:40	48	00:01:30	49	00:29:10		01:44:41
35	140		RACHEL BARTOLOMEO	20	CARY NC	72	00:17:04	79	00:02:24	83	01:02:46	1	00:00:55	3	00:21:43		01:44:49
36	161		ALANA DE KLERK	23	SIMPSONVILLE SC	122	00:19:35	16	00:01:41	25	00:55:06	4	00:01:00	35	00:27:32		01:44:53
37	133		MEAGHAN MACKINNON	34	RALEIGH NC	84	00:17:38	44	00:02:00	39	00:57:17	43	00:01:25	33	00:27:20		01:45:39
38	178		GINA TURRINI	29	DURHAM NC	35	00:15:15	77	00:02:23	27	00:55:20	57	00:01:33	76	00:31:54		01:46:23
39	63		PAULINA COLLIER	29	DURHAM NC	95	00:18:25	27	00:01:48	30	00:55:42	44	00:01:27	50	00:29:12		01:46:31
40	283		ASHLEY HINTON	38	CARY NC	64	00:16:40	34	00:01:55	32	00:56:11	58	00:01:35	67	00:30:16		01:46:35
41	278	A	ANNE FORNEY	29	ARLINGTON VA	33	00:15:12	42	00:01:59	28	00:55:38	46	00:01:28	90	00:32:30		01:46:45
42	76		SHERI SAMPSON	39	CARY NC	15	00:13:57	93	00:02:31	62	00:59:43	76	00:01:46	29	00:26:56	00:02:00	01:46:52
43	472		KIM SCANLON	42	HOLLY SPRINGS NC	54	00:16:06	84	00:02:27	41	00:57:36	62	00:01:38	56	00:29:32		01:47:18
44	403		ALISHA WOODROOF	43	RALEIGH NC	114	00:19:25	35	00:01:56	36	00:57:07	79	00:01:48	32	00:27:19		01:47:33
45	309		CHRISTA LONG	43	WINSTON SALEM NC	126	00:19:51	15	00:01:39	42	00:57:37	38	00:01:22	31	00:27:11		01:47:38
46	117		PENNY TERRY	56	PINEHURST NC	112	00:19:20	72	00:02:18	126	01:08:15	130	00:02:26	1	00:15:25		01:47:42 Y
47	380		DANIELLE SMITH	21	RALEIGH NC	50	00:15:49	28	00:01:49	52	00:58:33	66	00:01:41	64	00:30:07		01:47:57
48	130		MOLLY JONES	27	CARY NC	14	00:13:34	59	00:02:11	63	00:59:44	63	00:01:38	72	00:31:06		01:48:12
49	173		LAUREL WHEELER	29	DURHAM NC	75	00:17:07	68	00:02:16	35	00:57:02	54	00:01:33	70	00:30:45		01:48:42
50	266		ALISON HENDERSON	36	CONCORD NC	81	00:17:31	49	00:02:06	48	00:58:07	60	00:01:37	59	00:29:36		01:48:55
51	218		KATHLEEN NEVILL	48	WARRENTON VA	93	00:18:23	54	00:02:08	46	00:57:57	81	00:01:50	43	00:28:39		01:48:56
52	191		LESLIE WILLIS	26	CARY NC	73	00:17:07	94	00:02:33	91	01:03:32	13	00:01:08	18	00:25:05		01:49:22
53	285		JENESS CAMPBELL	46	CHAPEL HILL NC	83	00:17:37	23	00:01:44	50	00:58:20	36	00:01:21	69	00:30:26		01:49:26

54	80	PHYLLIS MASON	68	WILMINGTON NC	43	00:15:36	41	00:01:58	54	00:58:48	77	00:01:46	75	00:31:41	01:49:47
55	410	LISA TARANTINO	48	CHAPEL HILL NC	25	00:14:46	31	00:01:51	47	00:58:04	73	00:01:44	98	00:33:25	01:49:48
56	183	CHRISTINA BEAUCHAMP	32	RALEIGH NC	116	00:19:29	82	00:02:25	51	00:58:26	55	00:01:33	44	00:28:41	01:50:31
57	181	LINDSEY YODER	29	HILLSBOROUGH NC	151	00:24:01	37	00:01:57	37	00:57:08	26	00:01:18	26	00:26:31	01:50:51
58	116	AMANDA EDWARDS	29	RALEIGH NC	39	00:15:27	106	00:02:49	61	00:59:43	138	00:02:36	68	00:30:24	01:50:56
59	198	WHITNEY NYE	30	DURHAM NC	7	00:12:47	47	00:02:02	66	01:00:13	116	00:02:13	102	00:33:52	01:51:06
60	156	PAULA VANANTWERP	65	WEST END NC	67	00:16:44	90	00:02:31	56	00:59:01	149	00:02:56	63	00:30:05	01:51:15
61	179	HELEN O'SHAUGHNESSY	42	RALEIGH NC	63	00:16:38	58	00:02:11	58	00:59:23	119	00:02:16	78	00:31:59	01:52:25
62	204	DEBBIE BUTNER	49	HOLLY SPRINGS NC	134	00:20:38	87	00:02:29	57	00:59:08	115	00:02:13	40	00:28:09	01:52:35
63	239	KIM PETERS	36	RALEIGH NC	47	00:15:44	81	00:02:24	70	01:00:26	118	00:02:15	83	00:32:11	01:52:58
64	318	VICTORIA STREMEL	45	WILLOW SPRING NC	97	00:18:39	95	00:02:34	40	00:57:31	113	00:02:11	82	00:32:11	01:53:04
65	325	VICTORIA HALL	25	RALEIGH NC	96	00:18:25	56	00:02:10	53	00:58:46	52	00:01:31	86	00:32:17	01:53:09
66	307	AMY MCDAVITT	41	RALEIGH NC	118	00:19:30	86	00:02:28	69	01:00:20	97	00:02:03	47	00:29:01	01:53:21
67	475	JOY VONK	30	FV NC	138	00:21:29	18	00:01:43	64	00:59:45	53	00:01:32	48	00:29:09	01:53:35
68	412	MARY-DALLAS ALLISON	26	MATTHEWS NC	23	00:14:40	60	00:02:12	77	01:01:58	111	00:02:11	92	00:32:40	01:53:39
69	378	CHRISTINA HARRIS	45	CHAPEL HILL NC	132	00:20:14	55	00:02:10	109	01:05:30	65	00:01:40	11	00:24:12	01:53:44
70	479	ALEXA GAFFANEY	19	CARY NC	22	00:14:37	12	00:01:37	76	01:01:55	41	00:01:24	109	00:34:49	01:54:20
71	300	VICKI JANSEN	43	CLAYTON NC	107	00:19:06	105	00:02:48	33	00:56:32	96	00:02:02	103	00:33:58	01:54:25
72	447	NF CARISSA LADA	28	RALEIGH NC	44	00:15:38	134	00:03:37	96	01:03:56	34	00:01:21	66	00:30:12	01:54:42
73	340	AMY TERRY	33	THOMASVILLE NC	109	00:19:10	104	00:02:47	74	01:01:39	50	00:01:30	60	00:29:59	01:55:04
74	254	ELIZABETH DANIEL	43	RALEIGH NC	61	00:16:31	149	00:04:03	60	00:59:30	148	00:02:55	88	00:32:24	01:55:20
75	168	SARAH DANIEL	43	WINCHESTER VA	77	00:17:16	126	00:03:20	59	00:59:27	150	00:02:56	87	00:32:24	01:55:20
76	118	ALYSSA D'ALESSANDRO	24	GREENVILLE NC	51	00:15:56	83	00:02:27	68	01:00:20	83	00:01:51	110	00:35:04	01:55:35
77	259	JENNIFER STORY	39	MEBANE NC	121	00:19:33	73	00:02:18	65	01:00:13	99	00:02:04	74	00:31:40	01:55:46
78	271	MICHELE KITCHING	42	HOLLY SPRINGS NC	94	00:18:24	113	00:03:03	72	01:01:11	121	00:02:18	71	00:30:54	01:55:48
79	212	JESSICA BURR	28	WINSTON-SALEM NC	148	00:22:55	99	00:02:37	85	01:02:52	98	00:02:03	21	00:25:26	01:55:52
80	134	MARYELLE KIELY	34	RALEIGH NC	29	00:14:57	120	00:03:14	122	01:07:22	114	00:02:13	51	00:29:14	01:56:58
81	176	KENDRA LYNCH	43	HOLLY SPRINGS NC	76	00:17:14	57	00:02:11	80	01:02:14	93	00:01:57	101	00:33:38	01:57:11
82	38	JENNIFER SHORT	44	APEX NC	140	00:21:40	48	00:02:04	55	00:58:53	75	00:01:45	96	00:33:23	01:57:43
83	147	JENNIFER STROMBERG	31	CARY NC	17	00:14:18	152	00:04:13	84	01:02:50	105	00:02:07	107	00:34:34	01:58:01
84	361	JULIA TRIMMER	54	CHAPEL HILL NC	92	00:18:20	74	00:02:19	82	01:02:30	82	00:01:50	95	00:33:03	01:58:01

85	304		JULIE COVELESKI	39	RALEIGH NC	108	00:19:07	124	00:03:19	95	01:03:53	134	00:02:33	52	00:29:15	01:58:05
86	58		SUZIE MCGEE	42	FUQUAY VARINA NC	66	00:16:44	107	00:02:50	99	01:04:24	84	00:01:51	89	00:32:26	01:58:13
87	127		MICHELLE DE PAOR	44	HAMPSTEAD NC	125	00:19:48	65	00:02:14	78	01:02:06	91	00:01:57	81	00:32:10	01:58:13
88	343	A	AMANDA HEWES	35	JACKSONVILLE NC	103	00:18:56	108	00:02:51	88	01:03:20	33	00:01:21	80	00:32:00	01:58:27
89	85		JENNY GONZALEZ	40	CARY NC	98	00:18:41	50	00:02:07	73	01:01:12	88	00:01:54	111	00:35:19	01:59:11
90	260		KENDRA OEHLERICH	33	HAVELOCK NC	36	00:15:15	114	00:03:04	112	01:06:04	90	00:01:56	97	00:33:24	01:59:42
91	48		DONNA WILLIAMS	54	ROANOKE VA	152	00:24:42	22	00:01:44	87	01:03:18	20	00:01:14	45	00:28:48	01:59:43
92	219	A	KATIE JOHNS	39	CARY NC	86	00:17:53	96	00:02:35	71	01:00:28	124	00:02:20	120	00:36:31	01:59:46
93	50		JENNIFER PRENDA	41	CHAPEL HILL NC	113	00:19:23	119	00:03:13	111	01:05:43	101	00:02:06	54	00:29:23	01:59:46
94	364		LINDSEY BARR	28	GRENVILLE NC	101	00:18:53	71	00:02:18	101	01:04:40	80	00:01:48	85	00:32:15	01:59:53
95	355		MEGHAN RIDER	35	HOLLY SPRINGS NC	89	00:18:05	123	00:03:18	120	01:07:03	64	00:01:39	62	00:30:04	02:00:07
96	125		JULIE MURPHY	40	HOLLY SPRINGS NC	18	00:14:24	61	00:02:12	115	01:06:27	18	00:01:12	116	00:35:57	02:00:09
97	392		MEGHAN CHOKREFF	23	BLACKLICK OH	53	00:16:05	85	00:02:28	119	01:06:56	14	00:01:09	100	00:33:37	02:00:13
98	461	NF	CAROL ROSENFELD	32	DURHAM NC	68	00:16:47	122	00:03:17	81	01:02:15	112	00:02:11	114	00:35:52	02:00:20
99	53		ANDREA MAINIERO	28	CARY NC	46	00:15:41	80	00:02:24	137	01:10:17	135	00:02:34	58	00:29:36	02:00:30
100	280		ANGELA AMISANO	36	APEX NC	88	00:17:55	129	00:03:24	86	01:02:58	107	00:02:08	106	00:34:29	02:00:52
101	441	NF	LAURA KOHL	30	RALEIGH NC	82	00:17:35	97	00:02:37	127	01:08:25	141	00:02:40	65	00:30:08	02:01:24
102	348		MARY DEFFENBAUGH	32	JACKSONVILLE NC	117	00:19:30	102	00:02:43	113	01:06:17	29	00:01:19	77	00:31:59	02:01:46
103	252		HOLLY SIMSER	20	CARY NC	62	00:16:31	109	00:02:54	134	01:09:34	6	00:01:02	79	00:31:59	02:01:58
104	371		JEANNA WELCH	26	CARRBORO NC	48	00:15:47	153	00:04:29	106	01:05:11	145	00:02:48	104	00:34:04	02:02:16
105	49		JULIE SCHMIDT	33	FUQUAY VARINA NC	128	00:20:03	67	00:02:15	79	01:02:12	85	00:01:53	117	00:36:05	02:02:26
106	263		KATHERINE MESSENGER	51	RALEIGH NC	60	00:16:28	128	00:03:22	103	01:04:44	136	00:02:34	115	00:35:54	02:03:01
107	119	A	MOLLIE BOAZ	35	REIDSVILLE NC	87	00:17:54	115	00:03:05	123	01:07:30	100	00:02:06	94	00:32:58	02:03:31
108	142		SARA SPOLRICH	27	CHICAGO IL	115	00:19:27	64	00:02:13	98	01:04:00	104	00:02:07	113	00:35:51	02:03:35
109	27		ELIZABETH ALLEN	26	CARY NC	69	00:16:52	78	00:02:23	97	01:03:56	49	00:01:30	131	00:38:59	02:03:37
110	120		KELLY BUIE JONES	40	SANFORD NC	120	00:19:32	142	00:03:48	135	01:09:50	94	00:02:00	42	00:28:39	02:03:47
111	149		BETHANY COX	30	RALEIGH NC	110	00:19:12	138	00:03:41	117	01:06:41	143	00:02:42	84	00:32:13	02:04:27
112	131	A	KRISTIN ORR WINSTEAD	43	WILSON NC	106	00:19:02	75	00:02:21	92	01:03:33	122	00:02:18	128	00:37:29	02:04:42
113	91		NICHOLE TORRES	37	RALEIGH NC	78	00:17:17	88	00:02:30	130	01:09:10	153	00:03:03	93	00:32:45	02:04:43
114	267		CARMEN BRENNAN	40	HOLLY SPRINGS NC	136	00:21:17	110	00:02:54	118	01:06:41	128	00:02:23	73	00:31:40	02:04:53
115	36		SALLIE ELLIOTT	24	FUQUAY VARINA NC	70	00:16:53	100	00:02:39	125	01:07:50	102	00:02:06	121	00:36:37	02:06:02

116	171		VICTORIA ROSS	28	JACKSONVILLE NC	42	00:15:34	69	00:02:17	131	01:09:18	92	00:01:57	125	00:37:05	02:06:10
117	154	A	ALLISON STANDARD	31	RALEIGH NC	21	00:14:29	103	00:02:45	110	01:05:39	103	00:02:06	139	00:41:16	02:06:13
118	457		JULIE NGUYEN	27	DURHAM NC	135	00:20:44	144	00:03:54	67	01:00:17	151	00:02:56	130	00:38:40	02:06:29
119	197		EMILY PECHAR	27	DURHAM NC	102	00:18:55	131	00:03:32	102	01:04:41	144	00:02:46	127	00:37:12	02:07:05
120	346		KAREN LIVINGSTON	61	RALEIGH NC	119	00:19:31	45	00:02:01	93	01:03:34	109	00:02:10	134	00:40:07	02:07:21
121	150		MEEGHAN FORD	31	RALEIGH NC	91	00:18:18	141	00:03:47	124	01:07:48	157	00:03:14	108	00:34:46	02:07:50
122	216		LORRA GOSSELIN	35	DURHAM NC	100	00:18:49	132	00:03:33	116	01:06:40	108	00:02:08	129	00:38:11	02:09:19
123	426	NF	KAITLUND GREENWOOD	24	CARY NC	133	00:20:22	125	00:03:20	136	01:10:11	23	00:01:14	105	00:34:19	02:09:24
124	338	A	CARRIE FREY	45	WILLOW SPRING NC	104	00:19:00	70	00:02:17	107	01:05:22	110	00:02:11	137	00:40:52	02:09:40
125	407		KIM MCLAMB	32	HOLLY SPRINGS NC	129	00:20:08	156	00:05:14	104	01:04:55	142	00:02:41	124	00:37:04	02:09:59
126	396		SCHUYLER ZIMMERMAN	31	HOLLY SPRINGS NC	130	00:20:08	157	00:05:15	105	01:04:56	139	00:02:39	123	00:37:03	02:09:59
127	182		LISA R BECK	53	DURHAM NC	111	00:19:16	117	00:03:08	90	01:03:27	126	00:02:22	144	00:42:17	02:10:29
128	448	NF	RACHEL ZIMMERMAN	27	APEX NC	157	00:26:14	92	00:02:31	100	01:04:37	71	00:01:42	112	00:35:41	02:10:43
129	187		CAROLYN WATTERSON	48	PITTSBORO NC	65	00:16:43	148	00:04:02	143	01:12:22	69	00:01:42	119	00:36:25	02:11:12
130	77	A	DANIELLE SUPRICK	24	PITTSBORO NC	139	00:21:37	89	00:02:30	89	01:03:25	72	00:01:43	146	00:42:40	02:11:53
131	195		JOANNA BLASZCZAK	26	DURHAM NC	150	00:23:25	150	00:04:09	129	01:08:51	117	00:02:14	99	00:33:37	02:12:15
132	86		CHRISTINE MAROCLO	53	RALEIGH NC	37	00:15:15	98	00:02:37	108	01:05:26	120	00:02:17	158	00:48:31	02:14:04
133	330		ANNA EARLEY	20	CARY NC	74	00:17:07	118	00:03:13	142	01:12:13	25	00:01:16	149	00:42:58	02:16:45
134	445	NF	JESSICA THOMPSON	39	DURHAM NC	99	00:18:47	121	00:03:15	146	01:14:05	140	00:02:39	122	00:36:54	00:02:00 02:17:39
135	385	A	LINDSAY GRESS	36	CAPE CARTERET NC	124	00:19:40	127	00:03:21	144	01:12:52	87	00:01:54	135	00:40:15	02:18:00
136	416		KYLIE MCLAUGHLIN	16	WEST END NC	80	00:17:31	76	00:02:21	149	01:14:51	51	00:01:31	142	00:41:50	02:18:02
137	233		SHELLEY GURLEY	35	RALEIGH NC	149	00:23:05	145	00:03:54	128	01:08:35	159	00:03:20	132	00:39:22	02:18:14
138	489	ZF	BJ BEHAR	41	FT BRAGG NC	145	00:22:20	154	00:04:40	158	01:18:47	146	00:02:52	61	00:30:04	02:18:41
139	155		MARY PEARCE	60	CARY NC	27	00:14:51	137	00:03:40	152	01:16:01	39	00:01:24	148	00:42:48	02:18:41
140	115		KIRSTEN CRAPNELL	49	CHAPEL HILL NC	147	00:22:51	101	00:02:41	132	01:09:19	78	00:01:46	145	00:42:34	02:19:09
141	450	NF	JESSICA DOSS	29	FUQUAY VARINA NC	141	00:21:41	116	00:03:06	153	01:16:40	11	00:01:07	126	00:37:08	02:19:40
142	336		AMI PARRISH	38	LILLINGTON NC	153	00:25:06	91	00:02:31	155	01:16:58	160	00:03:32	91	00:32:39	02:20:43
143	78		MELANIE MEADOWS	41	RALEIGH NC	144	00:21:56	130	00:03:31	141	01:11:48	152	00:03:02	136	00:40:36	02:20:50
144	404		CARLIE FROST	26	PITTSBORO NC	85	00:17:52	139	00:03:46	147	01:14:22	155	00:03:09	150	00:43:00	02:22:07
145	273		PAMELA CASSELLIUS	32	PINEHURST NC	90	00:18:05	159	00:05:19	154	01:16:48	129	00:02:23	133	00:39:40	02:22:14
146	60		ERICA WYDRZYNSKI	45	FUQUAY VARINA NC	160	00:28:09	140	00:03:46	114	01:06:25	132	00:02:29	140	00:41:34	02:22:21

147	14	MF	LISA COLEMAN	54	RALEIGH NC	30	00:14:58	135	00:03:39	138	01:10:32	127	00:02:22	160	00:51:35	02:23:04
148	190		TINA MANNING	53	CLAYTON NC	127	00:19:57	111	00:02:57	139	01:10:33	137	00:02:35	156	00:47:21	02:23:20
149	151		MISSY HORTMAN	44	APEX NC	131	00:20:11	147	00:03:57	145	01:13:53	125	00:02:22	151	00:44:02	02:24:23
150	163		SHARON ROGGENBUCK	77	HILLSBOROUGH NC	156	00:26:01	52	00:02:08	133	01:09:22	147	00:02:54	152	00:44:28	02:24:50
151	251		VIRGINIA WOODS	31	DURHAM NC	161	00:30:40	136	00:03:40	94	01:03:51	131	00:02:27	153	00:44:31	02:25:06
152	476	NF	ARIEL KANABY	22	APEX NC	158	00:27:09	133	00:03:35	150	01:15:10	89	00:01:55	118	00:36:09	00:02:00 02:25:57
153	106		KRISTIN SCHMITT	25	ROCKY MOUNT NC	143	00:21:56	155	00:05:08	148	01:14:32	106	00:02:07	147	00:42:41	02:26:22
154	217	ZF	LORI WELSH	45	CARY NC	154	00:25:36	161	00:05:40	151	01:15:10	158	00:03:14	138	00:41:13	02:30:51
155	460	ZF	MELISSA CARLETON	44	FUQUAY VARINA NC	142	00:21:53	151	00:04:11	161	01:19:50	154	00:03:07	143	00:41:59	02:30:57
156	255		PAULA BUCKINGHAM	40	RALEIGH NC	146	00:22:25	112	00:02:59	157	01:18:24	59	00:01:35	155	00:46:22	02:31:43
157	138		SUSAN PAISNER	65	SILVER SPRING MD	137	00:21:19	143	00:03:50	156	01:18:08	74	00:01:44	157	00:47:24	02:32:23
158	482	A	HEIDI BURGESS	46	HAMPSTEAD NC	123	00:19:37	158	00:05:16	160	01:19:45	156	00:03:13	159	00:50:24	02:38:13
159	238	NF	AMANDA CRONICK	32	DURHAM NC	159	00:27:47	146	00:03:57	159	01:19:37	133	00:02:30	154	00:46:11	02:40:01
160	128		DANIELLE MARCHAND	28	SHELBY TOWNSHIP MI	155	00:25:40	160	00:05:29	162	01:28:57	123	00:02:19	141	00:41:39	02:44:02
161	418	ZF	SARA MURRAY	51	RALEIGH NC					140	01:11:10				00:02:00	Y
162	393		JO MURPHY	18	NEWPORT NC	5	00:12:16	43	00:02:00	121	01:07:07					

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