

Grace Wins Hahira 10k

Male Overall

Place	Bib #	Name	Time	Type	City
1	350	COLIN PRINSLOO	00:42:37	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:21:38.472	8.6mph	06:57 00:21:38.472
		Split 2	00:20:59.197	8.9mph	06:45 00:42:37.669

Female Overall

Place	Bib #	Name	Time	Type	City
1	368	BRITTANY MARTIN	00:55:36	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:27:20.920	6.8mph	08:48 00:27:20.920
		Split 2	00:28:15.270	6.6mph	09:05 00:55:36.190

Male 20 - 29

Place	Bib #	Name	Time	Type	City
1	342	CARTER BLANTON	00:50:32	Runner	Hahira
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:25:05.021	7.4mph	08:04 00:25:05.021
		Split 2	00:25:27.487	7.3mph	08:11 00:50:32.508
2	348	NIKOLAY GOGIN	00:52:35	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:25:47.672	7.2mph	08:18 00:25:47.672
		Split 2	00:26:47.350	7.0mph	08:37 00:52:35.022
3	347	MITCHELL BENTON	01:02:14	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:29:53.179	6.2mph	09:37 00:29:53.179
		Split 2	00:32:21.445	5.8mph	10:24 01:02:14.624

Female 20 - 29

Place	Bib #	Name	Time	Type	City
1	346	ABBIGALE LAMMERS	01:02:13	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:29:52.989	6.2mph	09:37 00:29:52.989
		Split 2	00:32:20.654	5.8mph	10:24 01:02:13.643
2	333	SARA TAYLOR	01:02:34	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:30:46.175	6.1mph	09:54 00:30:46.175
		Split 2	00:31:48.137	5.9mph	10:14 01:02:34.312

Male 30 - 39

Place	Bib #	Name	Time	Type	City
1	365	MATT BROWN	00:43:04	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:21:50.975	8.5mph	07:01 00:21:50.975
		Split 2	00:21:13.926	8.8mph	06:50 00:43:04.901
2	352	HOLDEN HENDRICKS	00:46:44	Runner	Hahira
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:22:42.038	8.2mph	07:18 00:22:42.038
		Split 2	00:24:02.007	7.8mph	07:44 00:46:44.045
3	340	JORDAN BRIDWELL	00:54:22	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:26:00.851	7.2mph	08:22 00:26:00.851
		Split 2	00:28:21.570	6.6mph	09:07 00:54:22.421
4	344	JERMAINE THOMAS	00:56:52	Runner	Thomasville
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:27:12.495	6.9mph	08:45 00:27:12.495
		Split 2	00:29:39.656	6.3mph	09:32 00:56:52.151
5	362	WILL ROBERTS	00:57:22	Runner	Hahira
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:28:13.492	6.6mph	09:05 00:28:13.492
		Split 2	00:29:09.242	6.4mph	09:23 00:57:22.734

Female 30 - 39

Place	Bib #	Name	Time	Type	City
1	335	RACHEL SCHMIDBAUER	01:11:06	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:34:34.428	5.4mph	11:07 00:34:34.428
		Split 2	00:36:31.805	5.1mph	11:45 01:11:06.233
2	337	WHITNEY APPERSON	01:11:06	Runner	Hahira
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:34:34.812	5.4mph	11:07 00:34:34.812
		Split 2	00:36:32.052	5.1mph	11:45 01:11:06.864

Male 40 - 49

Place	Bib #	Name	Time	Type	City
1	351	RYAN KELLY	00:43:16	Runner	Lake Park
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:21:00.920	8.9mph	06:45 00:21:00.920
		Split 2	00:22:15.629	8.4mph	07:09 00:43:16.549
2	345	JAMES TODD	00:52:44	Runner	Ray City
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:26:12.304	7.1mph	08:26 00:26:12.304
		Split 2	00:26:31.742	7.0mph	08:32 00:52:44.046

Female 40 - 49

Place	Bib #	Name	Time	Type	City
1	339	ALICIA BRIDWELL	01:06:46	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:31:04.655	6.0mph	10:00 00:31:04.655
		Split 2	00:35:42.163	5.2mph	11:29 01:06:46.818
2	334	DAWN WARD	01:11:34	Runner	Hahira
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:34:49.833	5.4mph	11:12 00:34:49.833
		Split 2	00:36:44.337	5.1mph	11:49 01:11:34.170

Female 50 - 59

Place	Bib #	Name	Time	Type	City
1	338	ARLENE HART	01:06:50	Runner	LakelandLakeland
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:32:25.452	5.7mph	10:26 00:32:25.452
		Split 2	00:34:25.010	5.4mph	11:04 01:06:50.462

Male 60 - 69

Place	Bib #	Name	Time	Type	City
1	343	ALAN TAYLOR	00:57:22	Runner	Hahira
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:28:14.836	6.6mph	09:05 00:28:14.836
		Split 2	00:29:07.436	6.4mph	09:22 00:57:22.272
2	349	GEORGE BROWN	00:59:38	Runner	Valdosta
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u> <u>Cumulative</u>
		Split 1	00:27:50.400	6.7mph	08:57 00:27:50.400
		Split 2	00:31:47.728	5.9mph	10:14 00:59:38.128