

THE 2015 PHILADELPHIA METROPOLITAN COLLEGE XC INVITE
September 12 Belmont Plateau

WOMEN'S RACE - 5K
Results by Bryn Mawr Racing Co
www.brynmawrracing.com

YEAR MILE
PLACE PTS TOTALNAME PLACE SCHOOL TIME PACE

Place	Name	Div	Sch	Div	School	Div	Women	Pace
1	Alyssa Lambert	1	1	SR	Franklin Pierce	SR	20:27.6	6:36
2	Nicole Pagan	2	1	SR	Nyack	SR	21:06.2	6:48
3	Regan Asay	1	1	FR	U. of Sciences	FR	21:14.2	6:51
4	Emilie Barton	3	1	SR	Philadelphia U.	SR	21:24.1	6:54
5	Raquel Lopez	2	1	FR	Chestnut Hill	FR	21:29.0	6:55
6	Stefani Ritter	1	2	SO	Nyack	SO	21:31.4	6:56
7	Victoria Thaler	2	1	SO	Caldwell	SO	21:37.6	6:58
8	Juliana Coculo	3	2	FR	Philadelphia U.	FR	21:39.7	6:59
9	Jessica Thies	1	3	JR	Philadelphia U.	JR	21:41.3	6:59
10	Alexa Fotopoulos	4	1	FR	Ocean County College	FR	21:42.1	7:00
11	Victoria Frisbie	2	4	JR	Philadelphia U.	JR	21:46.2	7:01
12	Brianna Ligotski	4	2	SR	U. of Sciences	SR	21:55.2	7:04
13	Sidney Spaschak	3	3	SO	Nyack	SO	22:00.7	7:06
14	Alyssa Litty	5	5	SR	Philadelphia U.	SR	22:05.0	7:07
15	Danielle Wilson	3	4	JR	Nyack	JR	22:08.4	7:08
16	Grace John	6	3	SR	U. of Sciences	SR	22:17.5	7:11
17	Maddie Conway	4	6	SO	Philadelphia U.	SO	22:18.1	7:11
18	Akia Callum	5	1	FR	Post	FR	22:19.8	7:12
19	Perrin Ryal	4	1	JR	Albright	JR	22:21.2	7:12
20	Stephanie Cuaycong	5	1	SO	Bloomfield	SO	22:24.8	7:13
21	Paige Antall	5	2	JR	Chestnut Hill	JR	22:26.1	7:14
22	Trisha Frazer	6	5	JR	Nyack	JR	22:29.8	7:15
23	Lisette Castillo	7	2	SR	Bloomfield	SR	22:31.3	7:15
24	Elizabeth Rosario	6	2	SO	Ocean County College	SO	22:37.8	7:18
25	Leslie Castro	6	3	FR	Bloomfield	FR	22:41.7	7:19
26	Farheen Abbasi	8	4	SR	Bloomfield	SR	22:43.5	7:19
27	Ces Coleman	7	1	SO	Holy Family	SO	22:44.8	7:20
28	Gypsy Blue Cooper	7	7	FR	Philadelphia U.	FR	22:48.1	7:21
29	Maria Santangelo	8	8	FR	Philadelphia U.	FR	22:52.3	7:22
30	Vanessa Monzon	9	2	FR	Franklin Pierce	FR	22:53.6	7:23
31	Jessica Fraone	8	4	SO	U. of Sciences	SO	22:54.9	7:23
32	Sarah Hart	10	3	FR	Franklin Pierce	FR	23:00.1	7:25
33	Natalie Davies	9	4	SO	Franklin Pierce	SO	23:01.5	7:25
34	Emily Brand	11	5	FR	U. of Sciences	FR	23:03.3	7:26
35	Naomi Scharf	7	9	JR	Philadelphia U.	JR	23:09.1	7:28
36	Stephanie Watson	8	10	JR	Philadelphia U.	JR	23:09.3	7:28
37	Allison Heuwetter	12	3	FR	Chestnut Hill	FR	23:12.1	7:29
38	Sarah Gray	9	1	JR	Lincoln (Pa.)	JR	23:13.7	7:29
39	Samantha Harrer	9	1	SR	Rosemont	SR	23:19.8	7:31

40	Erica Dukleth	13	4	FR	Chestnut Hill	FR	23:21.5	7:32
41	Katarina Grynyshin	10	2	SR	Rosemont	SR	23:23.8	7:32
42	Erin Raup	14	11	FR	Philadelphia U.	FR	23:32.8	7:35
43	Sabrina Roldan	10	1	JR	Felician	JR	23:36.8	7:36
44	Lila Morreale	10	2	SO	Caldwell	SO	23:40.2	7:38
45	Samantha Frear	11	6	SO	U. of Sciences	SO	23:42.4	7:38
46	Mily Shah	12	7	SO	U. of Sciences	SO	23:48.8	7:40
47	Michelle Camacho	11	2	SR	Felician	SR	23:53.8	7:42
48	Kaitlyn Beckham	11	12	JR	Philadelphia U.	JR	24:01.5	7:44
49	Taylor Landis	12	3	SR	Caldwell	SR	24:09.9	7:47
50	Amanda Guida	15	3	FR	Ocean County College	FR	24:13.9	7:48

THE 2015 PHILADELPHIA METROPOLITAN COLLEGE XC INVITE
September 12 Belmont Plateau

WOMEN'S RACE - 5K
Results by Bryn Mawr Racing Co
www.brynmawrracing.com

YEAR MILE
PLACE PTS TOTALNAME PLACE SCHOOL TIME PACE

Place	Name	Div	Sch	Div	School	Div	Women	Pace
51	Courtney Lafferty	13	13	SR	Philadelphia U.	SR	24:15.4	7:49
52	Katie Rohsler	12	3	JR	Felician	JR	24:18.3	7:50
53	Kellsey Dunn	16	2	FR	Albright	FR	24:20.1	7:50
54	Bridget Houghton	13	8	SO	U. of Sciences	SO	24:24.5	7:52
55	Shannon Lozier	14	5	SR	Franklin Pierce	SR	24:33.2	7:55
56	Carley Oldfield	14	2	SO	Holy Family	SO	24:39.7	7:57
57	Lyndsey Dundon	17	3	FR	Albright	FR	24:41.0	7:57
58	Bailey Malone	18	4	FR	Ocean County College	FR	24:43.2	7:58
59	Caitlyn Leary	19	6	FR	Franklin Pierce	FR	24:49.0	8:00
60	Chiara Guida	13	4	JR	Caldwell	JR	24:50.0	8:00
61	Cassandra Rehnert	20	3	FR	Rosemont	FR	24:51.9	8:01
62	Erica Waleksi	21	5	FR	Chestnut Hill	FR	24:53.6	8:01
63	Deanna Jo Alberto	15	2	SO	Post	SO	24:55.4	8:02
64	Emani Parsons	14	2	JR	Lincoln (Pa.)	JR	24:56.4	8:02
65	Arianna Polk	15	3	JR	Lincoln (Pa.)	JR	24:56.6	8:02
66	Millicent Kipp	16	1	JR	Rutgers-Camden	JR	25:04.0	8:05
67	Leigha Mayers	16	1	SO	Neumann	SO	25:12.7	8:07
68	Allie Mandarano	22	1	FR	Concordia (N.Y.)	FR	25:19.6	8:10
69	Arianna Wasley	23	3	FR	Post	FR	25:21.3	8:10
70	Emily McCann	24	4	FR	Post	FR	25:24.4	8:11
71	Alondra Sanchez Sola	17	5	JR	Caldwell	JR	25:33.7	8:14
72	Tabitha MacKenzie	17	6	SO	Caldwell	SO	25:36.7	8:15
73	Danica Heck	18	5	SO	Ocean County College	SO	25:38.3	8:16
74	Katelyn Thomas	19	7	SO	Franklin Pierce	SO	25:46.9	8:18
75	Tiffany Fliedner	25	6	FR	Ocean County College	FR	25:48.4	8:19
76	Ariel Wilson	15	5	SR	Bloomfield	SR	25:59.5	8:22
77	Makenzie Hooven	26	6	FR	Chestnut Hill	FR	26:06.7	8:25
78	Victoria Hochuli	27	14	FR	Philadelphia U.	FR	26:12.6	8:27

79	Joelle Polk	20	4	SO	Lincoln (Pa.)	SO	26:13.8	8:27
80	Adia Berkel	21	5	SO	Lincoln (Pa.)	SO	26:23.5	8:30
81	Hanna Terwillinger	22	1	SO	Valley Forge Military	SO	26:24.9	8:31
82	Karen Gasior	16	4	SR	Albright	SR	26:27.3	8:31
83	Courtney Burrell	28	8	FR	Franklin Pierce	FR	26:31.8	8:33
84	Amanda Guerra	23	7	SO	Caldwell	SO	27:01.9	8:43
85	Caitlyn Silva	29	5	FR	Post	FR	27:05.9	8:44
86	Kristina Clark	18	1	JR	Bryn Athyn	JR	27:18.7	8:48
87	Kayla Digiantommaso	17	9	SR	Franklin Pierce	SR	27:28.2	8:51
88	Alyse Parker	19	9	JR	U. of Sciences	JR	27:35.1	8:53
89	Kianna Tidball	24	3	SO	Holy Family	SO	27:41.3	8:55
90	Stephanie Powell	30	8	FR	Caldwell	FR	27:53.1	8:59
91	Megan Dillon	31	7	FR	Ocean County College	FR	27:58.1	9:01
92	Brenna McCloskey	18	2	SR	Neumann	SR	28:16.0	9:06
93	Samantha Kamphausen	19	4	SR	Felician	SR	28:37.3	9:13
94	Victoria Carchietta	20	15	SR	Philadelphia U.	SR	28:51.4	9:18
95	Jaclyn Timoney	32	4	FR	Holy Family	FR	29:16.3	9:26
96	Haile Bowers	33	5	FR	Holy Family	FR	29:24.4	9:28
97	Nicole Butler	21	3	SR	Neumann	SR	29:28.7	9:30
98	Jenipher Rodriguez	22	6	SR	Bloomfield	SR	29:54.7	9:38
99	Casey Gutierrez	34	5	FR	Albright	FR	30:05.9	9:42
100	Jessica Lavelle	23	6	SR	Post	SR	30:21.3	9:47

THE 2015 PHILADELPHIA METROPOLITAN COLLEGE XC INVITE
September 12 Belmont Plateau

WOMEN'S RACE - 5K
Results by Bryn Mawr Racing Co
www.brynmawrracing.com

YEAR MILE
PLACE PTS TOTALNAME PLACE SCHOOL TIME PACE

Place	Name	Div	Sch	Div	School	Div	Women	Pace
101	Natasha Gonel	20	5	JR	Felician	JR	30:25.4	9:48
102	Romana Tabakova	35	2	FR	Concordia (N.Y.)	FR	31:54.7	10:17
103	Sinead Mohan	21	4	JR	Neumann	JR	31:57.6	10:18
104	Alexis Duck	36	4	FR	Rosemont	FR	32:18.8	10:25
105	Stephanie Nickerson	25	6	SO	Holy Family	SO	32:23.5	10:26
106	Nicole Mortimer	26	5	SO	Neumann	SO	33:01.3	10:38
107	Alexa Lavalley	37	3	FR	Concordia (N.Y.)	FR	33:14.9	10:43
108	Katie Pavlick	27	5	SO	Rosemont	SO	33:19.0	10:44
109	Keana Schoennagle	22	2	JR	Bryn Athyn	JR	33:48.1	10:53
110	Erin Hutt	38	7	FR	Holy Family	FR	35:28.3	11:26
111	Lindsay McDonald	28	3	SO	Bryn Athyn	SO	37:02.8	11:56
112	Alla Kravchuk	39	4	FR	Concordia (N.Y.)	FR	37:15.4	12:00
113	Marcquia Garvin	23	4	JR	Bryn Athyn	JR	38:28.8	12:24
114	Calisha Francis	24	5	JR	Bryn Athyn	JR	42:15.6	13:37
115	Kat Morrill	29	6	SO	Bryn Athyn	SO	44:02.3	14:11