

Love Rox Half, 10k, & 5k

Love Rox 10k

Age Group Results

February 22, 2015

Results By Richmond Multisports [Richmond Multisports](#)

Men: [15-19](#) [20-24](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-54](#) [55-59](#) [60-64](#) [65-69](#) [70-74](#)

Women: [15-19](#) [20-24](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-54](#) [55-59](#) [60-64](#) [65-69](#)

[Top](#)

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Claire McClintick		1220	16	15	45:36.1	7:21/M
2	Caroline Gaenzle	Richmond VA	1075	17	228	1:13:55.3	11:55/M

[Top](#)

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Katie Wood	Richmond VA	1153	20	27	48:21.1	7:48/M
2	Killian Buckley	Auburn MA	1183	22	29	48:40.5	7:51/M
3	Christina Smith	Richmond VA	1099	24	43	52:40.5	8:30/M
4	Mary Loffredo	OLD WESTBURY NY	961	23	52	54:35.1	8:48/M
5	Anna Kirby	Richmond VA	842	23	60	55:53.9	9:01/M
6	Camila Fishtahler	Arlington VA	241	21	74	57:43.2	9:19/M
7	Katherine Guryansky	Richmond VA	973	24	92	59:51.1	9:39/M
8	Heather Guryansky	Fairfax VA	974	22	93	59:51.4	9:39/M
9	Shannon Sansone	Henrico VA	1095	24	98	1:00:12.6	9:43/M
10	Grace Campbell	Alexandria VA	1213	24	122	1:02:25.4	10:04/M
11	Daria Mosman	Richmond VA	1013	22	126	1:02:53.7	10:09/M
12	Megan Ahart	Blacksburg VA	965	22	133	1:03:34.2	10:15/M
13	Jennifer Reinking	Richmond VA	905	23	194	1:10:13.6	11:20/M
14	Megan Finkelson	Norfolk VA	1195	24	203	1:11:05.5	11:28/M
15	Courtney Richmon	Henrico VA	998	22	262	1:19:42.7	12:51/M
16	Bridget Drain	Annandale VA	1007	24	270	1:20:43.9	13:01/M
17	Nikkia Young	Richmond VA	1031	23	308	1:33:38.4	15:06/M

[Top](#)

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Rebecca Ward	Richmond VA	855	27	20	47:13.3	7:37/M
2	Sarah Fagre	Richmond VA	854	27	63	56:15.1	9:04/M
3	Rachel Rand	Richmond VA	867	27	64	56:15.2	9:04/M
4	Kendra Decelle	Mechanicsville VA	1119	27	69	57:26.5	9:16/M
5	Cara Norton	Arlington VA	860	26	75	57:51.9	9:20/M
6	candice summers	Petersburg VA	1200	26	77	58:00.1	9:21/M
7	Jennifer Buzby	Raleigh NC	1192	29	81	58:20.4	9:25/M
8	Brittany Blaska	Richmond VA	1187	25	86	58:42.1	9:28/M
9	Nicole Tunstall	Washington DC	1130	28	87	58:51.2	9:30/M
10	Malissa Bradshaw	Richmond VA	1092	27	99	1:00:16.1	9:43/M

11	Anna Hindelang		1219	25	100	1:00:17.6	9:43/M
12	Fegan Hewitt	Glen Allen VA	858	27	101	1:00:21.6	9:44/M
13	Erin Sahly	Chicago IL	953	27	102	1:00:22.0	9:44/M
14	Megan Collins	Richmond VA	884	28	118	1:02:06.1	10:01/M
15	Meredith Lis	Philadelphia PA	1093	25	120	1:02:16.0	10:03/M
16	Brittany Horvath	Philadelphia PA	1125	25	121	1:02:16.1	10:03/M
17	Brittany Burns	Richmond VA	862	25	128	1:03:00.5	10:10/M
18	Ann-Gordon Bennett	Henrico VA	912	26	140	1:04:40.8	10:26/M
19	Laura King	Richmond VA	1091	29	143	1:04:52.8	10:28/M
20	Caitlin Argalas	Henrico VA	822	27	151	1:05:38.7	10:35/M
21	Courtney DeRemer	Midlothian VA	970	28	162	1:07:01.4	10:49/M
22	Heather Hollingsworth	Chesterfield VA	1077	26	167	1:07:28.3	10:53/M
23	Ashley Gordon	Moseley VA	1001	28	169	1:07:32.1	10:54/M
24	Leslie Harris	Henrico VA	1009	28	181	1:08:47.3	11:06/M
25	Ashley Bowling	Hagerstown MD	966	28	189	1:09:35.7	11:13/M
26	Brittany Nielsen	Chesapeake VA	1160	27	190	1:09:40.0	11:14/M
27	Whitney Cashman	Petersburg VA	1177	26	210	1:11:32.2	11:32/M
28	Amanda Gilbert	Laurel MD	945	28	217	1:12:29.0	11:41/M
29	Rachael Delbridge	Waynesboro VA	985	25	221	1:13:19.1	11:50/M
30	Rachel Leonard	Richmond VA	1034	29	227	1:13:53.8	11:55/M
31	Lauren Keene	Chesterfield VA	1043	28	232	1:14:47.3	12:04/M
32	kara sprouse	Richmond VA	881	25	247	1:17:29.5	12:30/M
33	Emma Hilbert	Richmond VA	893	26	252	1:17:38.1	12:31/M
34	Jessica Atkinson	Glen Allen VA	824	27	256	1:17:49.4	12:33/M
35	Dawn Goodall-Abaire	Richmond VA	1167	28	258	1:18:02.4	12:35/M
36	Gurdaman Sarkaria	Richmond VA	908	28	259	1:18:38.0	12:41/M
37	Stacey Heflin	Richmond VA	990	25	263	1:19:42.7	12:51/M
38	Staci Phillips	Richmond VA	444	29	267	1:20:32.8	12:59/M
39	Melinda Vaughan	Chester VA	836	29	268	1:20:32.9	12:59/M
40	jessica Dodson	Virginia Beach VA	182	28	269	1:20:33.7	13:00/M
41	Sabrina Wyatt	Chester VA	1070	25	277	1:22:34.5	13:19/M
42	Brittney Popelier	Richmond VA	108	27	283	1:26:00.0	13:52/M
43	Erin Hurley	Henrico VA	115	29	284	1:26:00.4	13:52/M
44	Christina Austin	South Chesterfield	1064	26	290	1:27:27.4	14:06/M
45	Brittany Beckner	richmond VA	1096	27	297	1:29:13.1	14:23/M
46	Stephanie Mogelgaard	Richmond VA	1171	27	298	1:30:05.4	14:32/M
47	Lianna Woods	Richmond VA	930	28	299	1:31:25.1	14:45/M
48	Kimberly Buffington	Richmond VA	891	29	313	1:39:35.4	16:04/M
49	Kristin Graham	Ashlan VA	1102	26	316	1:43:37.0	16:43/M

[Top](#)

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kelly Hadjaris	Midlothian VA	1197	34	9	43:20.0	6:59/M
2	Kristen Kelley	Richmond VA	1210	30	22	47:25.7	7:39/M
3	sarah stone	Williamsburg VA	1023	30	47	53:32.5	8:38/M
4	Andrea Beyer	Midlothian VA	807	32	53	54:45.3	8:50/M
5	Hilary Swan	Richmond VA	376	30	88	59:09.3	9:32/M
6	Tessa Deyle	Glen Allen VA	1164	30	91	59:47.7	9:39/M
7	Jill Crimmins	Charlottesville VA	1052	31	95	59:59.5	9:40/M
8	Anna Loucks	Midlothian VA	994	34	104	1:00:31.9	9:46/M
9	Jen Fournelle	North Chesterfield	904	31	129	1:03:02.5	10:10/M
10	Andrea Onderdonk	Richmond VA	1050	30	141	1:04:42.1	10:26/M
11	Alicia Washburn	Meredithville VA	833	31	148	1:05:31.0	10:34/M
12	Ashley Barker		1223	31	154	1:05:59.3	10:39/M
13	Jennifer Rainey	Arlington VA	1138	33	157	1:06:10.6	10:40/M
14	Joanna Metz	Henrico VA	1032	33	172	1:07:43.2	10:55/M
15	Erin Handly	Columbus OH	929	33	178	1:08:40.4	11:05/M
16	Lea Eyler	Dillsburg PA	1076	33	179	1:08:40.4	11:05/M
17	Shelley Oxenham	Henrico VA	1008	34	180	1:08:47.1	11:06/M
18	Danelia Valdivia	Midlothian VA	828	32	187	1:09:31.3	11:13/M
19	Karen Snyder	Troy VA	978	34	196	1:10:33.5	11:23/M
20	Shannon Cooper	Locust Grove VA	988	34	204	1:11:08.4	11:28/M
21	Kendra Gaul	Williamsburg VA	1022	34	211	1:11:32.9	11:32/M
22	Emily Underwood	Chester VA	1097	32	215	1:12:11.0	11:39/M
23	julie Martin	fredericksburg VA	1122	32	219	1:13:01.5	11:47/M
24	Jessica D'Orio	Fredericksburg VA	1067	31	223	1:13:31.1	11:51/M
25	Sarah Schubert	Richmond VA	1051	30	226	1:13:53.3	11:55/M
26	Sarah Patthoff	Richmond VA	1073	34	233	1:15:19.9	12:09/M
27	Anna Driscoll	Henrico VA	810	33	235	1:15:32.5	12:11/M
28	Sarah Lawrence	Frederick MD	926	32	248	1:17:30.5	12:30/M
29	Kerry McClung	Richmond VA	820	30	250	1:17:37.5	12:31/M
30	Jennifer McCann	Stafford VA	831	30	254	1:17:46.0	12:33/M
31	Jessica Lane	Aylett VA	1066	30	281	1:24:12.6	13:35/M
32	Larissa Holmes	Richmond VA	1145	30	291	1:27:38.5	14:08/M
33	Kathleen Mazzitti	Williamsburg VA	868	31	304	1:33:20.5	15:03/M
34	Patricia Fredrick	Williamsburg VA	869	34	305	1:33:20.9	15:03/M
35	Qadira Stewart	Meherren VA	888	31	309	1:34:05.2	15:10/M
36	Becky Allen	Charlottesville VA	1036	33	310	1:36:33.8	15:34/M
37	Cheryl Reamy	Hague VA	1011	32	311	1:36:48.0	15:37/M

[Top](#)

38	Tonya Buffington	Richmond VA	971	30	314	1:39:35.7	16:04/M
----	------------------	-------------	-----	----	-----	-----------	---------

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Andrea Gleason		1224	35	26	48:01.8	7:45/M
2	Sarah Feinstein		1222	37	33	49:44.2	8:01/M
3	Laura Dvorak	Henrico VA	981	39	40	51:53.5	8:22/M
4	Kelly Britt	Chestefield VA	1161	37	54	54:50.3	8:51/M
5	Danielle Joslin	Richmond VA	1079	36	57	55:24.3	8:56/M
6	Rebecca Nelson	Mechanicsville VA	1089	38	59	55:44.4	8:59/M
7	Tamara Da Silva	Prince George VA	1139	37	62	56:04.8	9:03/M
8	Karen Berndt	Richmond VA	1113	38	94	59:58.0	9:40/M
9	Sam Ruppert	Moseley VA	877	39	110	1:01:10.2	9:52/M
10	Devon Thiel	Mechanicsville VA	1044	35	112	1:01:22.0	9:54/M
11	Amanda Wray	Richmond VA	1012	35	116	1:01:59.7	10:00/M
12	Rebecca Clarke	Moseley VA	882	39	119	1:02:11.0	10:02/M
13	Chemitra Clay	Prince George VA	932	37	139	1:04:30.6	10:24/M
14	tawanna taborn	Virginia beach VA	1173	39	156	1:06:06.9	10:40/M
15	Tanya Meline	Fredericksburg VA	889	36	170	1:07:34.1	10:54/M
16	Jean Mosher	South Hill VA	1209	35	191	1:09:56.2	11:17/M
17	Elizabeth Shoenfeld	Richmond VA	1029	36	201	1:10:51.1	11:26/M
18	Tee Ammon	Midlothian VA	246	37	207	1:11:21.8	11:30/M
19	ELISA DOUGLAS	MECHANICSVILLE VA	1038	35	220	1:13:05.3	11:47/M
20	Damacia Johnson	RICHMOND VA	933	36	225	1:13:50.8	11:55/M
21	Kathryn Stevens	Mechanicsville VA	983	39	229	1:14:10.1	11:58/M
22	Megan Healy	Richmond VA	1121	35	237	1:15:41.2	12:12/M
23	Amy Baker	Spotsylvania VA	1090	38	239	1:15:57.9	12:15/M
24	Allison Layne	Mechanicsville VA	1136	38	240	1:15:58.7	12:15/M
25	Ally Gamez	Silver Spring MD	1035	37	245	1:16:58.0	12:25/M
26	Rachel Sloan	Louisa VA	804	35	264	1:19:55.7	12:53/M
27	Jennifer Farley	Glen Allen VA	1021	38	276	1:22:34.1	13:19/M
28	Laurie Robillard	Williamsburg VA	1152	37	279	1:22:57.2	13:23/M
29	Cassie Mozingo	Richmond VA	1154	35	286	1:26:29.6	13:57/M
30	Kelly Haase	Richmond VA	1002	37	292	1:28:07.7	14:13/M
31	Susan Wagner	Richmond VA	1003	37	293	1:28:08.1	14:13/M
32	Marilou Guajardo	Annapolis MD	896	36	306	1:33:36.4	15:06/M
33	Tanisha Crichlow	Brooklyn NY	964	35	307	1:33:38.1	15:06/M

[Top](#)

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Sidney Burke	South Hill VA	838	42	34	50:10.2	8:05/M
2	Petra Platzer	Midlothian VA	839	43	51	54:31.4	8:48/M
3	Martha Davidson	Mechanicsville VA	1088	44	76	57:55.6	9:20/M
4	monica powers	ashland VA	879	44	80	58:15.7	9:24/M
5	Missy Ogden	Richmond VA	1030	43	82	58:20.6	9:25/M
6	Billie Suttles	Palmyra VA	901	43	90	59:18.9	9:34/M
7	Krisanne Sell	Mechanicsville VA	955	43	96	59:59.5	9:40/M
8	Michelle Miller	Glen Allen VA	1047	41	97	59:59.8	9:40/M
9	julie williams	fredericksburg VA	1143	44	113	1:01:29.8	9:55/M
10	Jennifer Ruth	Fort Belvoir VA	1212	40	127	1:02:56.1	10:09/M
11	belinda ragonese	Glen Allen VA	1199	41	134	1:03:35.4	10:15/M
12	Kelly Ayling	Richmond VA	847	43	135	1:03:44.5	10:17/M
13	Stephanie Theofanos	Richmond VA	890	44	150	1:05:38.0	10:35/M
14	Shannon Facchina	South Hill VA	1178	44	158	1:06:17.6	10:41/M
15	Betsy Louis	Midlothian VA	202	42	165	1:07:18.6	10:51/M
16	Kristen Mentzer	Arlington VA	856	41	168	1:07:29.6	10:53/M
17	Kelly McAdams	Richmond VA	900	42	175	1:08:14.1	11:00/M
18	Kimberly Giska	Providence Forge V	1045	40	177	1:08:39.5	11:04/M
19	Elizabeth Jones	Woodbridge VA	1069	41	184	1:09:01.4	11:08/M
20	Jennifer Drew	Spotsylvania VA	875	42	185	1:09:08.9	11:09/M
21	Charmel Shock Peters	Virginia Beach VA	1056	44	188	1:09:34.3	11:13/M
22	Jennifer k Griffin	Williamsburg VA	919	40	193	1:10:13.3	11:20/M
23	Valerie Luevano	Palmyra VA	821	40	197	1:10:33.5	11:23/M
24	Karen Reilly-Jones	Midlothian VA	857	43	208	1:11:22.4	11:31/M
25	Renee Almond	Unionville VA	1058	40	218	1:12:35.0	11:42/M
26	Lisa Lantz	Richmond VA	1123	44	231	1:14:29.2	12:01/M
27	Sabrina Adams	Chesterfield VA	809	40	234	1:15:31.7	12:11/M
28	Nikole Cox	South Chesterfield	1142	42	241	1:16:04.0	12:16/M
29	Jennifer Ramachandran	Henrico VA	1072	43	242	1:16:16.7	12:18/M
30	Donna Krausss	Fredericksburg VA	939	43	260	1:18:40.3	12:41/M
31	Kiersten Helgerson	Chesterfield VA	1033	42	261	1:18:51.2	12:43/M
32	Joy Leabough	Henrico VA	859	40	272	1:21:28.0	13:08/M
33	Anne Sims	Mechanicsville VA	874	40	275	1:22:09.7	13:15/M
34	Tatyana Omdahl	Midlothian VA	967	44	280	1:23:20.0	13:26/M
35	Deanna Eichenmiller	Glen Allen VA	1112	40	282	1:24:57.7	13:42/M
36	Candi Hoffman	Woodbridge VA	944	41	285	1:26:26.3	13:56/M

37	Kendra Belcher	Chester VA	915	41	296	1:28:23.9	14:15/M
38	Tracey Moseley	Lacrosse VA	911	43	302	1:32:34.5	14:56/M
39	Juanita Turner	Lacrosse VA	916	40	303	1:32:35.1	14:56/M
40	Alethea Woodworth	Richmond VA	913	41	317	1:45:23.9	17:00/M

[Top](#)

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Debbie Goodpasture	Midlothian VA	992	45	25	47:48.9	7:43/M
2	Karen McClintick		1221	48	28	48:29.4	7:49/M
3	Meg Rymiszewski	Ashland VA	802	46	48	53:45.3	8:40/M
4	Katie Kassab	Richmond VA	1194	45	72	57:30.9	9:16/M
5	Martha Cusick	Richmond VA	1060	47	83	58:24.0	9:25/M
6	kristin fisher	mechanicsville VA	886	46	131	1:03:05.6	10:10/M
7	Molly Wash	Richmond VA	980	47	136	1:04:03.8	10:20/M
8	Jeanine Graubics	Mechanicsville VA	1085	47	137	1:04:05.8	10:20/M
9	Melissa Outhous	Mechanicsville VA	921	45	146	1:05:14.1	10:31/M
10	Tere Hernandez-Bonet	Richmond VA	1179	45	153	1:05:56.1	10:38/M
11	Paige McCleary	Richmond VA	870	45	166	1:07:27.6	10:53/M
12	Anita Williamson	Sandy hook VA	1163	45	195	1:10:15.7	11:20/M
13	Judy Peiper	Carlisle PA	1135	45	243	1:16:34.4	12:21/M
14	Tammy Vaughan	Chester VA	837	49	266	1:20:30.9	12:59/M
15	Tina Rose	Charles City VA	951	46	278	1:22:40.0	13:20/M
16	Karen Purcell	Staunton VA	841	45	288	1:26:46.7	14:00/M
17	Tammy Brewer	LaCrosse VA	866	45	301	1:32:34.4	14:56/M
18	Angela Dews	Richmond VA	935	46	312	1:37:11.6	15:40/M

[Top](#)

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Lise Willingham	Charlottesville VA	1193	51	32	49:34.3	8:00/M
2	Lisa Nielsen	Roanoke VA	1109	51	41	52:24.4	8:27/M
3	Susan Johnson	Chesterfield VA	803	50	55	54:57.8	8:52/M
4	Jill Shugart	Richmond VA	1211	54	58	55:38.0	8:58/M
5	Cheryl Holt	Roanoke VA	865	53	85	58:25.9	9:25/M
6	Leanne Vigliano	Montclair VA	1041	52	89	59:12.7	9:33/M
7	Holly Barth	Mechanicsville VA	1084	50	132	1:03:22.5	10:13/M
8	Ronda Ford	Richmond VA	1147	54	144	1:04:57.2	10:29/M
9	Susan Alexander	Richmond VA	1042	52	159	1:06:32.9	10:44/M
10	Jenna Mosman	Richmond VA	1127	51	183	1:08:55.2	11:07/M
11	Renita Randolph	Richmond VA	993	54	199	1:10:42.3	11:24/M
12	Ann Palmer	Washington DC	1015	50	214	1:12:09.8	11:38/M
13	Laura Strutz	Dover DE	395	51	216	1:12:13.6	11:39/M
14	Nancy Humphreys	Richmond VA	1105	52	230	1:14:28.2	12:01/M
15	Anne Townsend	Powhatan VA	1054	51	246	1:16:59.2	12:25/M
16	Tracy Farrell	Chesterfield VA	1063	51	287	1:26:34.5	13:58/M
17	Theresa A Bulluck	Palmyra VA	819	53	318	1:51:48.7	18:02/M
18	Lori Gibson	Charlottesville VA	925	51	319	1:52:00.8	18:04/M

[Top](#)

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Lynn Bradshaw	Roanoke VA	885	58	67	56:35.9	9:08/M
2	Charlene Wilhelm	richmond VA	1087	58	68	56:43.2	9:09/M
3	Dorothy Wright	Montclair VA	1101	57	107	1:01:00.5	9:50/M
4	Mary Tognarelli	Henrico VA	1071	55	142	1:04:47.9	10:27/M
5	Jodi Miller	Ashland VA	968	55	152	1:05:47.4	10:37/M
6	Elizabeth Chapman	Richmond VA	210	57	160	1:06:33.4	10:44/M
7	Kathryn Scourby	Richmond VA	997	56	163	1:07:08.3	10:50/M
8	Nancy Hans	ROANOKE VA	892	57	200	1:10:45.2	11:25/M

[Top](#)

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Dawn Eberhard	richmond VA	823	60	123	1:02:32.5	10:05/M
2	Lucy Hurlbut	Lexington VA	1206	60	257	1:17:56.8	12:34/M
3	Susan Raber	Richmond VA	1162	64	289	1:27:24.1	14:06/M

[Top](#)

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Nancy Faux	Midlothian VA	1040	67	173	1:07:57.3	10:58/M

[Top](#)

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Patrick Doolin	Alexandria VA	1184	19	11	44:14.7	7:08/M

[Top](#)

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	matthew sonnenfeldt	Johnson City TN	1215	24	1	34:04.4	5:30/M
2	Devon KIRK`	Purcellville VA	1181	20	8	42:30.2	6:51/M
3	Justin Blubaugh	Williamsburg VA	1150	21	21	47:22.9	7:38/M
4	Alex Wong	Renton WA	1182	22	39	51:37.1	8:20/M
5	Christopher Keene	Chesterfield VA	975	24	50	53:57.5	8:42/M
6	William Virgl	Virginia beach VA	1137	23	71	57:27.3	9:16/M
7	Travis Howard	Richmond VA	1100	24	108	1:01:08.6	9:52/M
8	Shawn Lacey	Norfolk VA	1196	24	202	1:11:04.9	11:28/M
9	Michael Davis	Richmond VA	1019	23	213	1:11:57.7	11:36/M

[Top](#)

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Piotr Dybas	Richmond VA	1208	27	2	35:08.2	5:40/M
2	Robert Mazzanti	Richmond VA	1141	27	3	38:27.3	6:12/M
3	Derek Deyle	Glen Allen VA	1165	29	18	46:56.3	7:34/M
4	Chris Smith	Richmond VA	1098	25	31	48:48.3	7:52/M
5	Anthony Mansisidor	Richmond VA	452	28	36	50:52.6	8:12/M
6	Hunter Joslin	Richmond VA	1190	27	49	53:52.1	8:41/M
7	KC Ogbonna	Mechanicsville VA	1120	28	70	57:26.6	9:16/M
8	Jorge Fishtahler	Arlington VA	526	25	73	57:42.8	9:18/M
9	Joe Bower	Baltimore MD	1205	28	78	58:00.3	9:21/M
10	Aaron Boling	Ruther Glen VA	1204	28	79	58:01.3	9:21/M
11	Rick Lim	Philadelphia PA	1202	26	124	1:02:33.7	10:05/M
12	Jacob Fram	Henrico VA	346	29	149	1:05:32.7	10:34/M
13	Franklin Charity	Richmond VA	906	29	192	1:09:57.1	11:17/M
14	Jesse McCaleb	Prince George VA	1172	26	209	1:11:30.7	11:32/M
15	Joseph D'Orio	Fredericksburg VA	1068	28	224	1:13:31.4	11:51/M
16	Justin Searles	Arlington VA	1018	26	273	1:21:59.0	13:13/M

[Top](#)

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Sean O'Neill	Centreville VA	1174	31	10	43:44.6	7:03/M
2	Bradley Barr	Richmond VA	956	33	13	44:47.1	7:13/M
3	Edward VanderVoort	Fort Lee VA	1146	33	38	51:29.9	8:18/M
4	Drew Kohan	Henrico VA	1170	30	125	1:02:53.4	10:09/M
5	Chandler Moore	Richmond VA	1059	30	130	1:03:03.0	10:10/M

[Top](#)

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	DANNY WOODWARD	RICHMOND VA	840	36	6	40:54.7	6:36/M
2	Jonathan Wilson	Ashland VA	1191	35	14	44:54.5	7:15/M
3	Ethan Lindbloom		1227	36	42	52:39.9	8:30/M
4	Paul Mashack	Richmond VA	1159	35	61	56:01.1	9:02/M
5	Jeffry Clarke	Moseley VA	883	38	65	56:15.8	9:04/M
6	Chris Ruppert	Moseley VA	876	38	109	1:01:10.0	9:52/M
7	David Copen	Chesterfield VA	907	39	198	1:10:37.2	11:23/M
8	James Fisher		1218	38	222	1:13:19.4	11:50/M
9	Michael Barder	Lanexa VA	1049	39	249	1:17:32.7	12:30/M
10	Steven Cooper	Locust Grove VA	989	38	253	1:17:42.2	12:32/M
11	Tiffany McKenzie		1198	39	271	1:21:05.4	13:05/M

[Top](#)

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kevin Burcham	Midlothian VA	946	43	4	40:32.2	6:32/M
2	Brent Lantz	Mechanicsville VA	1157	40	17	46:30.3	7:30/M
3	James Collier	North Chesterfield	1111	43	19	47:12.1	7:37/M
4	Don Schlusser		1226	41	35	50:24.3	8:08/M
5	Eric Meacham	Midlothian VA	941	44	46	53:31.5	8:38/M
6	Troy Savenko	Richmond VA	1094	41	56	55:08.2	8:54/M
7	Joel Cusick	Richmond VA	1061	42	84	58:24.1	9:25/M
8	Grant Neely		1229	42	138	1:04:25.1	10:23/M
9	Aaron Kochanski	Richmond VA	1186	42	155	1:05:59.7	10:39/M
10	Kevin Cash	Henrico VA	982	43	161	1:06:56.1	10:48/M
11	Bryan Cline	Ashland VA	825	41	164	1:07:14.7	10:51/M
12	Ryan Hoggan	North Chesterfield	1124	41	171	1:07:36.1	10:54/M
13	Robin Lotz	Richmond VA	1017	43	174	1:08:08.8	10:59/M
14	David Rolfe	Midlothian VA	1046	40	176	1:08:25.6	11:02/M
15	william galaspie	mechanicsville VA	261	42	182	1:08:47.6	11:06/M
16	Mike McCullum		1225	40	251	1:17:38.0	12:31/M
17	Brent Malone	richmind VA	1217	42	315	1:42:30.2	16:32/M

[Top](#)

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Brad Onofrio	Glen Allen VA	454	47	12	44:45.1	7:13/M
2	Eric Glymph	Chesterfield VA	934	45	16	46:18.6	7:28/M
3	steve manley	Glen Allen VA	1053	48	30	48:44.9	7:52/M
4	Sean Ruppert	Chesterfield VA	1062	48	103	1:00:30.4	9:45/M
5	Richard Marcus	Glen Allen VA	995	49	105	1:00:37.8	9:47/M
6	David Klabo	Richmond VA	1104	47	115	1:01:53.5	9:59/M
7	Christopher Grandpre	Richmond VA	136	48	117	1:02:04.2	10:01/M
8	David Outhous	Mechanicsville VA	920	49	147	1:05:14.8	10:31/M
9	Chris Drew		1216	45	186	1:09:09.2	11:09/M
10	Michael Reilly	Glen Allen VA	1149	45	206	1:11:21.3	11:30/M
11	Bill Hallam	Fredericksburg VA	1189	49	236	1:15:39.5	12:12/M
12	Carl Seip	Mechanicsville VA	1132	48	265	1:20:13.1	12:56/M
13	David powers	ashland VA	880	45	274	1:22:09.5	13:15/M
14	Jay Villanueva	Glen Allen VA	1144	47	294	1:28:13.2	14:14/M
15	Wayne Vaughan	Chester VA	861	49	300	1:32:08.5	14:52/M

[Top](#)

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Stefan Calos	Richmond VA	1203	52	5	40:46.0	6:35/M
2	Marty Stiegmann		1228	52	7	41:09.4	6:38/M
3	Dexter Wade	Glen Allen VA	1010	51	23	47:29.3	7:40/M
4	David Sullivan	Alexandria VA	801	52	24	47:39.8	7:41/M
5	Rob Anderson	Chesterfield VA	1083	51	37	51:12.9	8:15/M
6	Don Mosman	Richmond VA	1126	51	45	53:11.7	8:35/M
7	Thomas gregorson	Warren ton VA	963	54	106	1:00:42.0	9:47/M
8	Erik Nilsen	Dumfries VA	1188	52	114	1:01:45.4	9:58/M
9	Charlie Bonet	Richmond VA	1180	50	238	1:15:48.9	12:14/M
10	JB Atkinson	Glen Allen VA	991	53	255	1:17:49.3	12:33/M

[Top](#)

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	steve peters	virginia beach VA	1057	57	205	1:11:12.6	11:29/M
2	Jonathan Burbaum	Arlington VA	1214	55	212	1:11:41.6	11:34/M
3	Jimmy Johnson	Moseley VA	1131	56	244	1:16:40.2	12:22/M

[Top](#)

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Don Wilhelm	Richmond VA	1086	61	44	53:07.2	8:34/M
2	Michael Prior	Henrico VA	1166	61	111	1:01:13.2	9:52/M

[Top](#)

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
--------------	-------------	-------------	---------------	------------	----------------	-------------------	-------------

1	Robert Bingham	Richmond VA	1158	69	66	56:20.0	9:05/M
2	Lawrence Garfield	Fredericksburg VA	996	65	145	1:04:59.2	10:29/M

[Top](#)

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Herb Norton	Richmond VA	1140	71	295	1:28:23.0	14:15/M
