

# 2025 TCRR Club Championship

## 7 Miler - Age Graded

Race Date  
December 13, 2025

### 7 Miler - Age Graded

**Record Female: 32:30.0**

#### Female Finishers

**Record Male: 29:50.0**

| <u>Place</u> | <u>Name</u>           | <u>City</u>       | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>Actual Time</u> | <u>Factor</u> | <u>Net Time</u> | <u>Percent</u> |
|--------------|-----------------------|-------------------|---------------|------------|-------------|--------------------|---------------|-----------------|----------------|
| 1            | Lori Wisniewski       | Williamsburg VA   | 271           | 68         | F           | 1:13:13.4          | 0.7010        | 51:19.7         | 0.6332         |
| 2            | Mandy Hudson          | Richmond VA       | 231           | 46         | F           | 56:27.0            | 0.9187        | 51:51.6         | 0.6267         |
| 3            | Michelle Cerny Harner | Disputanta VA     | 214           | 46         | F           | 57:34.8            | 0.9187        | 52:53.9         | 0.6144         |
| 4            | Emily Mendoza         | Fort Lee VA       | 243           | 27         | F           | 56:17.5            | 1.0000        | 56:17.5         | 0.5774         |
| 5            | Kristin Harrelson     | Midlothian VA     | 228           | 55         | F           | 1:11:21.1          | 0.8311        | 59:18.0         | 0.5481         |
| 6            | Miho Curtis           | Colonial Heights  | 215           | 49         | F           | 1:08:28.1          | 0.8911        | 1:01:00.8       | 0.5327         |
| 7            | Kelly Harris          | Richmond VA       | 229           | 52         | F           | 1:13:40.4          | 0.8611        | 1:03:26.4       | 0.5123         |
| 8            | Shelli Lipton         | Mechanicsville VA | 239           | 54         | F           | 1:16:15.6          | 0.8411        | 1:04:08.5       | 0.5067         |
| 9            | Heather Seymour       | Chester VA        | 258           | 51         | F           | 1:14:29.5          | 0.8711        | 1:04:53.4       | 0.5009         |
| 10           | Shirley Duke          | Petersburg VA     | 218           | 58         | F           | 1:38:46.0          | 0.8011        | 1:19:07.3       | 0.4108         |
| 11           | Krista Smith          | Midlothian VA     | 261           | 45         | F           | 1:30:31.0          | 0.9271        | 1:23:55.0       | 0.3873         |

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#### Male Finishers

**Record Male: 29:50.0**

| <u>Place</u> | <u>Name</u>   | <u>City</u>       | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>Actual Time</u> | <u>Factor</u> | <u>Net Time</u> | <u>Percent</u> |
|--------------|---------------|-------------------|---------------|------------|-------------|--------------------|---------------|-----------------|----------------|
| 1            | Kevin Burcham | Colonial Heights  | 211           | 53         | M           | 49:55.8            | 0.8656        | 43:13.2         | 0.6903         |
| 2            | Garry Dixon   | Prince George VA  | 216           | 72         | M           | 1:10:00.2          | 0.7209        | 50:27.9         | 0.5912         |
| 3            | James Vardy   | Chester VA        | 264           | 55         | M           | 1:04:04.9          | 0.8505        | 54:30.0         | 0.5474         |
| 4            | Bill Hyink    | Chester VA        | 234           | 72         | M           | 1:15:50.2          | 0.7209        | 54:40.2         | 0.5457         |
| 5            | John Amoroso  | Glen Allen VA     | 208           | 48         | M           | 1:06:27.0          | 0.9033        | 1:00:01.4       | 0.4970         |
| 6            | Alexander Fay | Richmond VA       | 222           | 35         | M           | 1:18:36.7          | 0.9912        | 1:17:55.1       | 0.3829         |
| 7            | Mike Lipton   | Mechanicsville VA | 238           | 60         | M           | 1:38:47.0          | 0.8127        | 1:20:16.8       | 0.3716         |
| 8            | John Lawson   | Chesterfield VA   | 237           | 37         | M           | 1:23:50.0          | 0.9825        | 1:22:21.9       | 0.3622         |