

9th Annual Point of Honor 5k
 Lynchburg, VA April 2, 2016 9:00am
 Lynchburg, VA
 55 degrees, overcast, wind west 4mph

***** AWARDS LIST *****

***** MALE 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Jeff Harrington	45	Lynchburg	VA	17:40	17:40	5:42
2	Nathan Hottle	39	Lynchburg	VA	17:50	17:50	5:45
3	Jordan Price	30	Bedford	VA	17:53	17:53	5:46

***** FEMALE 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Maddy Schricker	27	Lynchburg	VA	21:06	20:54	6:45
2	Jennifer Lully	38	Lynchburg	VA	21:44	21:39	7:00
3	Holly Knight	29	Forest	VA	21:52	21:50	7:03

***** MALE MASTERS RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Len Barker	56	Lynchburg	VA	19:44	19:42	6:22

***** FEMALE MASTERS RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Robin Steckley	57	Forest	VA	23:09	23:06	7:28

MALE AGE GROUP: 1 - 12

1	37	Andrew Perry	12	Lynchburg	VA	22:36	22:31
2	55	Max Ayres	10	Lynchburg	VA	24:01	23:57
3	85	Kendrick Ring	10	Forest	VA	25:51	25:46
4	137	Sage Searwar	12	Lynchburg	VA	29:35	29:19
5	171	Hunter Humbles	12	Appomattox	VA	31:23	30:52
6	258	Isaiah Harrington	11	Lynchburg	VA	39:23	38:51
7	307	Connor Champney	12	Forest	VA	51:28	50:55

FEMALE AGE GROUP: 1 - 12

1	106	Molly Pratt	12	Forest	VA	27:00	26:54
2	140	Rachel Searwar	10	Lynchburg	VA	29:30	29:25
3	149	Zoie Lamanna	10	Forest	VA	30:19	29:54
4	187	Trinity Hendricks	9	Lynchburg	VA	32:16	32:08
5	201	Caroline Russell	11	Lynchburg	VA	33:41	33:17
6	231	Aly Vandewater	9	Lynchburg	VA	36:12	35:55
7	265	Katie Rowe	11	Evington	VA	40:57	40:27
8	309	Rylee Champney	10	Forest	VA	51:29	50:57

MALE AGE GROUP: 13 - 17

1	174	Ethan Stinson	13	Lynchburg	VA	31:42	31:15
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FEMALE AGE GROUP: 13 - 17

1	62	Esther Perry	15	Lynchburg	VA	24:34	24:23
2	66	Emma Kate Russell	15	Lynchburg	VA	24:48	24:41
3	79	Nicole Baum	15	Madison Heig	VA	25:36	25:33
4	130	Ana Azuela Morales	17	Lynchburg	VA	29:07	28:58
5	175	Caroline Mays	17	Lynchburg	VA	31:24	31:18
6	186	Marissa McReynolds	13	Forest	VA	32:14	32:06

MALE AGE GROUP: 18 - 24

1	5	William Merring	23	Easton	PA	18:58	18:58
2	7	Terae Harris	24	Lynchburg	VA	19:21	19:21
3	12	Mitchell Dieudonne	24	Lynchburg	VA	20:00	19:57
4	13	Levi Phillips	18	Forest	VA	20:02	20:01
5	31	Paul Boydoh	23	Lynchburg	VA	22:04	22:03
6	50	Grant Sisson	19	Lynchburg	VA	24:07	23:44
7	69	Brandon Wooldridge	20	Goode	VA	24:54	24:46
8	80	Tyler Gordon	22	Amherst	VA	25:48	25:44
9	87	Ryan Campbell	21	Lynchburg	VA	26:00	25:52
10	235	Remso Martinez	21	Clifton	VA	36:42	36:11
11	243	Aaron Kennon	24	Madison Heig	VA	37:11	36:40

FEMALE AGE GROUP: 18 - 24

1	35	Leah Hurt	19	Lynchburg	VA	22:18	22:14
2	43	Baylee Snead	20	South Boston	VA	23:13	23:09
3	108	Leah Jones	23	Lynchburg	VA	27:05	27:01
4	166	Kesler Coalson	22	Lynchburg	VA	30:52	30:38
5	248	Faith Perry	18	Lynchburg	VA	37:29	37:18
6	305	Lauren Kennon	24	Madison Heig	VA	51:19	50:45
7	333	Kaitlin Thompson	24	Lynchburg	VA	56:45	56:19

MALE AGE GROUP: 25 - 29

1	26	Ashton Farrell	29	Appomattox	VA	21:34	21:32
2	41	Brian Harder	26	Lynchburg	VA	23:03	22:52
3	48	Henry Barden	28	Millboro	VA	23:47	23:35
4	49	Kevin Harter	27	Lynchburg	VA	24:04	23:44
5	54	Grayson Burch	27	Forest	VA	24:01	23:57
6	67	Anthony Morton	28	Lynchburg	VA	24:53	24:45
7	70	Brian Dollanarte	28	Forest	VA	24:58	24:55
8	90	Andrew Lindeman	25	Lynchburg	VA	26:20	26:05
9	152	Ryan Martell	28	Madison Heig	VA	30:17	29:56
10	153	Bryan McCracken	25	Lynchburg	VA	30:15	29:57
11	172	Ben Bond	27	Lynchburg	VA	31:16	30:58
12	182	Chris Harter	29	Lynchburg	VA	32:13	31:53
13	228	Taylor Langley	25	Lynchburg	VA	36:12	35:54
14	245	Joseph Cannon	26	Lynchburg	VA	37:10	36:52
15	259	Drew Taylor	29	Lynchburg	VA	39:30	39:11
16	282	Mike Rago	29	Lynchburg	VA	45:22	45:03

FEMALE AGE GROUP: 25 - 29

1	73	Amanda Velez	25	Lynchburg	VA	25:24	25:18
2	99	Ruth Blanks	29	Lynchburg	VA	26:38	26:32
3	102	Allie Fridley	29	Lynchburg	VA	26:43	26:38
4	118	Hoa Huynh	25	Roanoke	VA	28:30	28:14
5	121	Morgan Kane	25	Lynchburg	VA	28:36	28:22
6	124	Christina Ruiz	25	Lynchburg	VA	28:34	28:28
7	125	Ashley Reich	29	Lynchburg	VA	28:38	28:29
8	144	Cassidy Jones	26	Concord	VA	29:52	29:32
9	155	Lyla Rumler	28	Forest	VA	30:38	30:11
10	160	Nicole Jordan	26	Amherst	VA	30:32	30:24
11	179	Brittney Bolin	27	Forest	VA	31:47	31:41

12	184	Elizabeth Humphrey	28	Madison Heig	VA	32:09	31:57
13	193	Morgan Burgess	28	Virginia Bea	VA	32:58	32:39
14	196	Kelley Sanders	29	Forest	VA	33:06	32:56
15	204	Kristen Lancaster	25	Lynchburg	VA	33:29	33:27
16	208	Amanda Hahn	25	Lynchburg	VA	33:59	33:50
17	218	Kolby Shroyer	25	Forest	VA	34:54	34:34
18	225	Mary Kate Glime	26	Lynchburg	VA	35:49	35:35
19	233	Rachel Frischeisen	26	Lynchburg	VA	36:25	35:58
20	299	Constance Owuor	29	Lynchburg	VA	49:27	49:06
21	314	Bonnie Gumpman	26	Lynchburg	VA	51:40	51:10
22	319	Kristi Reaves	28	Lynchburg	VA	54:53	54:22

MALE AGE GROUP: 30 - 34

1	4	Patrick Harvey	33	Lynchburg	VA	18:05	18:04
2	6	Douglas Thomasey	33	Lynchburg	VA	19:08	19:08
3	9	John Baker	31	Lynchburg	VA	19:46	19:44
4	16	Ed Lane	30	Lynchburg	VA	20:09	20:07
5	17	Ben Wells	33	Lynchburg	VA	20:19	20:14
6	30	Jeffrey Hesson	32	Lynchburg	VA	22:04	22:00
7	32	Peter Reich	30	Lynchburg	VA	22:12	22:05
8	33	Kyle Bowman	31	Lynchburg	VA	22:12	22:08
9	40	Brian Banton	33	Madison Heig	VA	22:57	22:50
10	61	Adam Kosinski	32	Lynchburg	VA	24:24	24:20
11	105	Graham Jones	32	Durham	NC	26:59	26:54
12	113	Ben Larkins	31	Lynchburg	VA	28:25	27:46
13	117	James Peery	34	Lynchburg	VA	28:30	28:13
14	215	Sarah Kline	34	Forest	VA	34:30	34:19
15	236	Jun Li	31	Roanoke	VA	36:40	36:12
16	239	Todd Ramsey	30	Lynchburg	VA	36:43	36:28
17	244	Andrew Pieleck	33	Forest	VA	37:05	36:40
18	247	Andrew Crews	33	Rustburg	VA	37:34	37:08
19	251	Allen Harris	31	Forest	VA	38:18	38:04
20	295	Chad Walters	34	Lynchburg	VA	48:40	48:11
21	320	Jimmy Reaves	34	Lynchburg	VA	54:53	54:24

FEMALE AGE GROUP: 30 - 34

1	68	Tabatha Banton	30	Madison Heig	VA	24:52	24:45
2	95	Karen Wells	31	Lynchburg	VA	26:35	26:23
3	111	Jessica Kercher	30	Lynchburg	VA	27:39	27:24
4	129	Amanda Bowling	32	Lynchburg	VA	29:07	28:53
5	154	Laura Winch	31	Lynchburg	VA	30:17	30:08
6	158	Brittany Crawley	30	Evington	VA	30:36	30:19
7	192	Kori Johnson	31	Roanoke	VA	32:48	32:21
8	195	Kristen Tipton	31	Lynchburg	VA	33:02	32:42
9	202	Sara Tomlin	34	Madison Heig	VA	33:43	33:21
10	203	Kimberly Mattox	33	Amherst	VA	33:34	33:22
11	253	Jeanette Crews	34	Rustburg	VA	38:56	38:30
12	254	Miranda Arnold	30	Lynchburg	VA	38:58	38:36
13	263	Jessica Jones	31	Durham	NC	40:17	39:58
14	269	Bonnie Ramsey	30	Lynchburg	VA	41:04	40:49
15	280	Emily Gossler	34	Forest	VA	44:50	44:27
16	288	Stephanie Pieleck	33	Forest	VA	46:22	45:56
17	292	Leighann Elmore	33	Lynchburg	VA	48:14	47:52
18	337	Felicia Hinkley	34	Lynchburg	VA	1:00:12	59:33

MALE AGE GROUP: 35 - 39

1	11	Robbie Stephens	39	Spout Spring	VA	19:58	19:57
2	15	Randy Birnschein	37	Evington	VA	20:09	20:06
3	38	Matthew Lohmeyer	37	Lynchburg	VA	22:49	22:45
4	52	Ryan Ayres	36	Lynchburg	VA	23:56	23:49

5	75	Jeff Cunningham	39	Forest	VA	25:27	25:19
6	83	Brian Winch	37	Lynchburg	VA	25:47	25:45
7	89	Brian Painter	37	Lynchburg	VA	25:53	25:53
8	109	Lamont Council	38	Lynchburg	VA	27:11	27:06
9	112	M Craig Dixon	39	Spout Spring	VA	28:16	27:40
10	126	Daniel Crawley	35	Evington	VA	28:51	28:31
11	127	Josh Brown	35	Lynchburg	VA	28:40	28:32
12	133	Fordys Arnold Jr.	37	Wake Forest	NC	29:13	29:13
13	143	Michael Jacob	39	Lynchburg	VA	29:39	29:30
14	151	Steve Lamanna	38	Forest	VA	30:19	29:55
15	197	Justin Wingfield	36	Lynchburg	VA	33:33	32:59
16	261	Arshag Humbles	35	Appomattox	VA	40:01	39:29
17	279	Michael Gossler	35	Forest	VA	44:49	44:27

FEMALE AGE GROUP: 35 - 39

1	45	Carrie Beaumont	39	Lynchburg	VA	23:25	23:20
2	64	Ruth Beveridge	36	Lynchburg	VA	24:44	24:33
3	78	Amanda Turner	35	Lynchburg	VA	25:39	25:32
4	91	Alicia Roberts	37	Lynchburg	VA	26:12	26:07
5	94	Keena Wood	36	Lynchburg	VA	26:28	26:17
6	123	Melita Ring	36	Forest	VA	28:33	28:27
7	147	Andrea Harris	38	Forest	VA	29:59	29:45
8	156	Robin Cunningham	37	Forest	VA	30:22	30:15
9	161	Tami Jacob	39	Lynchburg	VA	30:36	30:27
10	163	Janice Searwar	39	Lynchburg	VA	30:41	30:28
11	180	Patricia Colletti	37	Lynchburg	VA	32:22	31:50
12	181	Kelli Johnson	38	Lynchburg	VA	32:23	31:51
13	194	Tray Grant	38	Lynchburg	VA	33:02	32:42
14	230	Julie Baum	39	Madison Heig	VA	35:55	35:55
15	241	Rebecca Frye	35	Lynchburg	VA	36:47	36:32
16	260	Heather Harris	39	Forest	VA	39:26	39:19
17	296	Jennifer Walters	38	Lynchburg	VA	48:40	48:12
18	300	Krista Bold	37	Evington	VA	49:27	49:06
19	306	Stephanie Hubbard	38	Lynchburg	VA	51:12	50:55
20	340	Marie Goff	39	Bedford	VA	1:02:06	1:01:53

MALE AGE GROUP: 40 - 44

1	18	Scott Covey	44	Lynchburg	VA	20:27	20:24
2	20	Brad Stone	42	Lynchburg	VA	20:38	20:36
3	22	Darrell Manning	40	Lynchburg	VA	21:09	21:05
4	23	Jonathan Baum	41	Madison Heig	VA	21:09	21:09
5	34	Alan Kauppi	44	Lynchburg	VA	22:11	22:08
6	39	David Phillips	44	Rustburg	VA	23:06	22:50
7	63	Tom Markham	40	Lynchburg	VA	24:36	24:31
8	81	Jeff Wood	43	Lynchburg	VA	25:57	25:44
9	134	James Green	42	Lynchburg	VA	29:43	29:13
10	146	Kent White	43	Lynchburg	VA	30:11	29:45
11	189	Terry Lowe	42	Lynchburg	VA	32:41	32:08
12	249	Kevin Struble	44	Lynchburg	VA	37:45	37:26
13	252	Sam Jacobs	42	Lynchburg	VA	38:06	38:06
14	318	Thomas Wood	43	Forest	VA	54:14	53:34
15	328	Jim Hunter	43	Lynchburg	VA	55:47	55:09

FEMALE AGE GROUP: 40 - 44

1	77	Dale Treadway	43	Madison Heig	VA	25:33	25:30
2	135	Jennifer Styrsky	44	Lynchburg	VA	29:23	29:16
3	138	Amy Overstreet	41	Evington	VA	29:32	29:21
4	164	Meegan Reynolds	41	Rustburg	VA	30:47	30:30
5	183	Sandy Ritchie	42	Gretna	VA	32:11	31:55
6	200	Julie Barber	40	Madison Heig	VA	33:28	33:11

7	212	Janna Russell	44	Lynchburg	VA	34:39	34:16
8	237	Lynne Goodwin	43	Lynchburg	VA	36:34	36:13
9	246	Jennifer C Morris	43	Forest	VA	37:35	37:07
10	277	Gwen Revely	40	Concord	VA	43:44	43:16
11	286	Melissa Goodrich	44	Lynchburg	VA	46:24	45:49
12	291	Helen Rasnake	43	Madison Heig	VA	48:13	47:51
13	313	Krista Champney	42	Forest	VA	51:41	51:09
14	334	Margaret Hall	43	Gladys	VA	56:55	56:19

MALE AGE GROUP: 45 - 49

1	19	Marshall Roberts	46	Lynchburg	VA	20:36	20:34
2	24	Jeff Aultice	46	Lynchburg	VA	21:19	21:16
3	25	Darrell Wargo	47	Lynchburg	VA	21:27	21:27
4	28	Jeffrey Shortridge	45	Lynchburg	VA	21:46	21:43
5	57	Steve Horeczko	45	Lynchburg	VA	24:25	24:11
6	58	Lee Beaumont	47	Lynchburg	VA	24:17	24:12
7	97	Stephen Blair	49	Forest	VA	26:47	26:31
8	98	Jesse Stem	46	Lynchburg	VA	26:42	26:32
9	104	Jeryl Rowe	46	Evington	VA	27:13	26:54
10	107	Scott Niedzialek	46	Lynchburg	VA	27:14	26:58
11	142	Kenneth Wallace	49	Forest	VA	29:43	29:30
12	217	John Carter	48	Appomattox	VA	35:10	34:23
13	220	Ben Rieley	49	Rustburg	VA	35:07	34:36
14	234	Todd Stinson	47	Lynchburg	VA	36:37	36:09
15	240	Robert Williams	47	Rustburg	VA	37:02	36:32
16	257	Curtis Farrar	46	Forest	VA	39:28	38:48
17	287	Bert Neighbors	46	Lynchburg	VA	46:23	45:49
18	325	Hunter Russell	45	Lynchburg	VA	55:35	55:00

FEMALE AGE GROUP: 45 - 49

1	53	Ann Dalton	45	Evington	VA	24:00	23:54
2	93	Agata Griffis	46	Forest	VA	26:25	26:15
3	96	Elizabeth Clarke	47	Lynchburg	VA	26:39	26:30
4	132	Malia King	45	Lynchburg	VA	29:17	29:07
5	139	Nelfa McReynolds	49	Forest	VA	29:29	29:21
6	157	Susan Coalson	49	Lynchburg	VA	30:32	30:18
7	159	Karen Crosby	45	Madison Heig	VA	30:35	30:24
8	169	Sara Carter	45	Appomattox	VA	31:33	30:45
9	176	Denise Woernle	49	Monroe	VA	31:30	31:22
10	207	Tammy Brown	46	Forest	VA	34:16	33:48
11	210	Candy Spencer	45	Lynchburg	VA	34:35	34:12
12	222	Missy Taylor	49	Lynchburg	VA	35:12	34:55
13	226	Lauren Wheless	47	Lynchburg	VA	35:57	35:38
14	255	Debbie Asbury	49	Lynchburg	VA	39:13	38:47
15	270	Sondra Rowe	46	Evington	VA	41:35	41:05
16	271	Dana Rieley	48	Rustburg	VA	41:41	41:09
17	275	Angela Markham	46	Lynchburg	VA	42:39	42:19
18	278	Rhonda Williams	46	Rustburg	VA	44:26	43:56
19	285	Zeinab Mayagile	48	Lynchburg	VA	46:18	45:45
20	294	Peri Adams	48	Durham	NC	48:36	48:11
21	324	Leigh Ann Woody	49	Madison Heig	VA	55:35	55:00

MALE AGE GROUP: 50 - 54

1	46	Scott Vail	53	Roanoke	VA	23:39	23:33
2	47	Joe Malloy	52	Lynchburg	VA	23:34	23:34
3	56	Erik Petzing	53	Lynchburg	VA	24:09	24:04
4	59	Randy Winks	53	Forest	VA	24:26	24:16
5	65	Joseph Pociluyko	54	Forest	VA	24:43	24:38
6	74	Gary Blanchard	54	Appomattox	VA	25:27	25:19
7	76	Bruce Wallace	53	Rustburg	VA	25:41	25:28

8	86	Edward Goad	52	Lynchburg	VA	25:52	25:48
9	100	Paul Calland	50	Lynchburg	VA	26:47	26:37
10	101	Don Griffis	52	Forest	VA	26:47	26:37
11	131	Doug Lawrence	54	Lynchburg	VA	29:25	29:01
12	150	Donald Clay	53	Gretna	VA	30:28	29:55
13	177	Robert Miller	51	Lynchburg	VA	31:29	31:24
14	190	Scott Goodman	52	Goode	VA	32:30	32:11
15	214	Carey Martin	53	Forest	VA	34:29	34:19
16	229	Jay Waller	51	Lynchburg	VA	36:25	35:55
17	232	Malcolm Miller	50	Lynchburg	VA	36:25	35:58
18	242	Kevin Drawbaugh	53	York	PA	37:05	36:40
19	262	Robert Bolin	54	Forest	VA	39:52	39:43
20	284	John Bogolin	54	Lynchburg	VA	46:05	45:28
21	293	William Richards	54	Madison Heig	VA	48:37	48:02
22	317	Marty Gibson	54	Forest	VA	52:30	52:07

FEMALE AGE GROUP: 50 - 54

1	84	Lorrie Brunet	51	Lynchburg	VA	25:49	25:45
2	122	Michele Corneau	51	Rice	VA	28:46	28:27
3	148	Jeanne Landis	54	Lynchburg	VA	30:05	29:51
4	185	Victoria Lee	53	Madison Heig	VA	32:10	31:57
5	211	Barbara Bryant	52	Forest	VA	34:41	34:16
6	213	Ginger Vail	51	Roanoke	VA	34:25	34:17
7	223	Laura Taylor	53	Lynchburg	VA	35:12	34:56
8	238	Gwen Pope	51	Gretna	VA	36:43	36:27
9	250	Sharon Civis	54	Forest	VA	38:20	37:52
10	266	Donna Brown	51	Rustburg	VA	40:46	40:29
11	283	Sheila Bogolin	51	Lynchburg	VA	46:05	45:28
12	302	Penny Wallace	51	Rustburg	VA	49:49	49:24
13	308	Melody Eastman	50	Madison Heig	VA	51:14	50:56
14	310	Tammy Fore	52	Concord	VA	51:27	50:59
15	321	Sarah Jackson	53	Madison Heig	VA	55:15	54:38
16	322	Roberta Liebl	54	Altavista	VA	55:20	54:41
17	335	Betty Franklin	54	Lynchburg	VA	59:37	58:59
18	339	Celia Lloyd	54	Lynchburg	VA	1:00:49	1:00:17

MALE AGE GROUP: 55 - 59

1	10	Preston Evans	59	Madison Heig	VA	19:58	19:56
2	14	R.B. Carter	57	Lynchburg	VA	20:07	20:04
3	51	Tony Smith	59	Lynchburg	VA	23:52	23:46
4	60	Glenn Gumpman	55	Lynchburg	VA	24:27	24:19
5	103	Burton Burch	56	Lynchburg	VA	27:01	26:49
6	115	Skip Galt	56	Rustburg	VA	28:24	28:10
7	120	Gary Gallant	57	Evington	VA	28:29	28:21
8	128	Larry Mobley	56	Appomattox	VA	28:59	28:40
9	136	Steve Clark	58	Forest	VA	29:26	29:16
10	141	Dave Civis	59	Forest	VA	29:55	29:26
11	170	Jimmy Cardinale	59	Forest	VA	30:55	30:49
12	205	Billy Coffey	58	Lynchburg	VA	33:50	33:37
13	264	Bob Calhoun	59	Forest	VA	40:35	40:01
14	315	Paul Bryant	58	Forest	VA	52:31	52:06
15	330	Thomas Willman	56	Lynchburg	VA	55:48	55:11

FEMALE AGE GROUP: 55 - 59

1	168	Sara Lloyd Bryant	57	Lynchburg	VA	31:08	30:42
2	178	Carol Carr	59	Brookneal	VA	31:34	31:25
3	198	Roxanne Slaughter	56	Amherst	VA	33:23	33:01
4	199	Andrea Neiman	55	Lynchburg	VA	33:22	33:02
5	206	Stacey Lowe	55	Lynchburg	VA	34:00	33:44
6	219	Kristie Shroyer	55	Forest	VA	34:54	34:34

7	221	Nancy Claudio	57	Forest	VA	34:50	34:39
8	224	Pamela Hughes	55	Charlotte	NC	35:42	35:27
9	281	Denise Lawrence	56	Lynchburg	VA	45:03	44:39
10	289	Nancy Cameron	56	Forest	VA	46:44	46:03
11	290	Barbara Dalton	58	Hurt	VA	48:21	47:40
12	297	Carla Williams	57	Lynchburg	VA	48:49	48:14
13	311	Wilhelmina Glover	56	Madison Heig	VA	51:18	51:03
14	312	Cam Gumpman	57	Lynchburg	VA	51:39	51:09
15	316	Julie Gibson	56	Forest	VA	52:30	52:07
16	331	Leslie Willman	55	Lynchburg	VA	55:48	55:11
17	332	Blondell Jackson	58	Evington	VA	56:34	55:58
18	336	Kathy Jarvis	58	Lynchburg	VA	1:00:10	59:29

MALE AGE GROUP: 60 - 64

1	36	Roger Koehler	61	Lexington	VA	22:16	22:14
2	44	Felix Lopez	63	Lynchburg	VA	23:21	23:19
3	71	Jesus Castaneda	61	Lynchburg	VA	25:07	25:04
4	82	Keith Austin	62	Lynchburg	VA	25:54	25:44
5	114	Don Jennings	62	Forest	VA	28:06	27:52
6	116	Russell Smith	64	Goode	VA	28:21	28:13
7	119	Craig M Miller	63	Spout Spring	VA	28:19	28:16
8	145	Alberto Carrion	62	Lynchburg	VA	29:39	29:33
9	303	Rod Johnson	60	Forest	VA	51:10	50:44

FEMALE AGE GROUP: 60 - 64

1	92	Susan Anderson	60	Forest	VA	26:13	26:10
2	162	Donna Nixon	63	Lynchburg	VA	30:51	30:28
3	173	Debbie Martin	63	Lynchburg	VA	31:35	31:12
4	276	Carolyn Clark	60	Forest	VA	42:55	42:32
5	298	Cathy Ewing	61	Lynchburg	VA	48:58	48:44
6	304	Marsha Johnson	61	Forest	VA	51:12	50:45
7	323	Gwendolyn Scott	63	Lynchburg	VA	55:16	54:41
8	327	Anita Moore	63	Madison Heig	VA	55:50	55:08

MALE AGE GROUP: 65 - 69

1	88	Walter Allen	67	Lynchburg	VA	25:55	25:53
2	110	Larry Creasy	65	Lynchburg	VA	27:13	27:06
3	267	Leonard Brown	65	Rustburg	VA	40:46	40:29
4	326	Thomas Moore	65	Madison Heig	VA	55:50	55:08

MALE AGE GROUP: 65 - 69

1	165	Lynn McFaden	65	Evington	VA	30:52	30:34
2	188	Deborah Allen	66	Lynchburg	VA	32:15	32:08
3	191	Katherine Farmer	65	Lynchburg	VA	32:30	32:12
4	268	Gail Copelan	66	Lynchburg	VA	41:03	40:41
5	272	Janice Penn	65	Rustburg	VA	41:30	41:11
6	274	Regina Schwabe	66	Pamplin	VA	42:35	42:05
7	338	Betsy Esch	69	Lynchburg	VA	1:00:49	1:00:16

MALE AGE GROUP: 70 - 74

1	72	Bob Hartless	72	Forest	VA	25:23	25:16
2	209	Paul Sherburne	71	Lynchburg	VA	34:11	34:11
3	227	Larry Scott	70	Lynchburg	VA	36:06	35:48

FEMALE AGE GROUP: 70 - 74

1	216	Susan Spencer	71	Lynchburg	VA	34:45	34:22
2	301	Susan Luce	70	Lynchburg	VA	49:53	49:17
3	329	Susan Epling	74	Huddleston	VA	55:47	55:11

MALE AGE GROUP: 75 - 99

1	167 Tommy Harris	76 Lynchburg	VA	30:52	30:39
2	256 John Kurisky	77 Forest	VA	39:25	38:47
3	273 Bernie Davis	78 Lynchburg	VA	41:37	41:19

FEMALE AGE GROUP: 75 - 99
NO FINISHERS

9th Annual Point of Honor 5k
Lynchburg, VA April 2, 2016 9:00am
Lynchburg, VA
55 degrees, overcast, wind west 4mph

Place	Name	No.	Age	S	City	St	Gun	Chip	Pace
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	Jeff Harrington	125	45	M	Lynchburg	VA	17:40	17:40	5:42
2	Nathan Hottle	339	39	M	Lynchburg	VA	17:50	17:50	5:45
3	Jordan Price	209	30	M	Bedford	VA	17:53	17:53	5:46
4	Patrick Harvey	316	33	M	Lynchburg	VA	18:05	18:04	5:50
5	William Merring	344	23	M	Easton	PA	18:58	18:58	6:07
6	Douglas Thomasey	337	33	M	Lynchburg	VA	19:08	19:08	6:11
7	Terae Harris	296	24	M	Lynchburg	VA	19:21	19:21	6:15
8	Len Barker	29	56	M	Lynchburg	VA	19:44	19:42	6:22
9	John Baker	179	31	M	Lynchburg	VA	19:46	19:44	6:22
10	Preston Evans	333	59	M	Madison Heights	VA	19:58	19:56	6:26
11	Robbie Stephens	24	39	M	Spout Spring	VA	19:58	19:57	6:26
12	Mitchell Dieudonne	310	24	M	Lynchburg	VA	20:00	19:57	6:26
13	Levi Phillips	93	18	M	Forest	VA	20:02	20:01	6:28
14	R.B. Carter	324	57	M	Lynchburg	VA	20:07	20:04	6:29
15	Randy Birnschein	36	37	M	Evington	VA	20:09	20:06	6:29
16	Ed Lane	306	30	M	Lynchburg	VA	20:09	20:07	6:30
17	Ben Wells	347	33	M	Lynchburg	VA	20:19	20:14	6:32
18	Scott Covey	61	44	M	Lynchburg	VA	20:27	20:24	6:35
19	Marshall Roberts	291	46	M	Lynchburg	VA	20:36	20:34	6:39
20	Brad Stone	120	42	M	Lynchburg	VA	20:38	20:36	6:39
21	Maddy Schricker	203	27	F	Lynchburg	VA	21:06	20:54	6:45
22	Darrell Manning	143	40	M	Lynchburg	VA	21:09	21:05	6:48
23	Jonathan Baum	307	41	M	Madison Heights	VA	21:09	21:09	6:50
24	Jeff Aultice	233	46	M	Lynchburg	VA	21:19	21:16	6:52
25	Darrell Wargo	42	47	M	Lynchburg	VA	21:27	21:27	6:55
26	Ashton Farrell	328	29	M	Appomattox	VA	21:34	21:32	6:57
27	Jennifer Lully	280	38	F	Lynchburg	VA	21:44	21:39	7:00
28	Jeffrey Shortridge	287	45	M	Lynchburg	VA	21:46	21:43	7:01
29	Holly Knight	132	29	F	Forest	VA	21:52	21:50	7:03
30	Jeffrey Hesson	208	32	M	Lynchburg	VA	22:04	22:00	7:06
31	Paul Boydoh	366	23	M	Lynchburg	VA	22:04	22:03	7:07
32	Peter Reich	23	30	M	Lynchburg	VA	22:12	22:05	7:08
33	Kyle Bowman	258	31	M	Lynchburg	VA	22:12	22:08	7:09
34	Alan Kauppi	304	44	M	Lynchburg	VA	22:11	22:08	7:09
35	Leah Hurt	214	19	F	Lynchburg	VA	22:18	22:14	7:11
36	Roger Koehler	302	61	M	Lexington	VA	22:16	22:14	7:11
37	Andrew Perry	157	12	M	Lynchburg	VA	22:36	22:31	7:16
38	Matthew Lohmeyer	62	37	M	Lynchburg	VA	22:49	22:45	7:21
39	David Phillips	332	44	M	Rustburg	VA	23:06	22:50	7:22
40	Brian Banton	228	33	M	Madison Heights	VA	22:57	22:50	7:22
41	Brian Harder	197	26	M	Lynchburg	VA	23:03	22:52	7:23
42	Robin Steckley	128	57	F	Forest	VA	23:09	23:06	7:28
43	Baylee Snead	305	20	F	South Boston	VA	23:13	23:09	7:28
44	Felix Lopez	279	63	M	Lynchburg	VA	23:21	23:19	7:32
45	Carrie Beaumont	200	39	F	Lynchburg	VA	23:25	23:20	7:32

46	Scott Vail	6	53	M	Roanoke	VA	23:39	23:33	7:36
47	Joe Malloy	189	52	M	Lynchburg	VA	23:34	23:34	7:36
48	Henry Barden	194	28	M	Millboro	VA	23:47	23:35	7:37
49	Kevin Harter	325	27	M	Lynchburg	VA	24:04	23:44	7:40
50	Grant Sisson	364	19	M	Lynchburg	VA	24:07	23:44	7:40
51	Tony Smith	10	59	M	Lynchburg	VA	23:52	23:46	7:40
52	Ryan Ayres	96	36	M	Lynchburg	VA	23:56	23:49	7:41
53	Ann Dalton	8	45	F	Evington	VA	24:00	23:54	7:43
54	Grayson Burch	185	27	M	Forest	VA	24:01	23:57	7:44
55	Max Ayres	97	10	M	Lynchburg	VA	24:01	23:57	7:44
56	Erik Petzing	202	53	M	Lynchburg	VA	24:09	24:04	7:46
57	Steve Horeczko	172	45	M	Lynchburg	VA	24:25	24:11	7:48
58	Lee Beaumont	199	47	M	Lynchburg	VA	24:17	24:12	7:49
59	Randy Winks	283	53	M	Forest	VA	24:26	24:16	7:50
60	Glenn Gumpman	237	55	M	Lynchburg	VA	24:27	24:19	7:51
61	Adam Kosinski	349	32	M	Lynchburg	VA	24:24	24:20	7:51
62	Esther Perry	158	15	F	Lynchburg	VA	24:34	24:23	7:52
63	Tom Markham	111	40	M	Lynchburg	VA	24:36	24:31	7:55
64	Ruth Beveridge	222	36	F	Lynchburg	VA	24:44	24:33	7:55
65	Joseph Pociluyko	77	54	M	Forest	VA	24:43	24:38	7:57
66	Emma Kate Russell	114	15	F	Lynchburg	VA	24:48	24:41	7:58
67	Anthony Morton	117	28	M	Lynchburg	VA	24:53	24:45	7:59
68	Tabatha Banton	227	30	F	Madison Heights	VA	24:52	24:45	7:59
69	Brandon Wooldridge	284	20	M	Goode	VA	24:54	24:46	8:00
70	Brian Dollanarte	361	28	M	Forest	VA	24:58	24:55	8:03
71	Jesus Castaneda	330	61	M	Lynchburg	VA	25:07	25:04	8:06
72	Bob Hartless	121	72	M	Forest	VA	25:23	25:16	8:09
73	Amanda Velez	230	25	F	Lynchburg	VA	25:24	25:18	8:10
74	Gary Blanchard	334	54	M	Appomattox	VA	25:27	25:19	8:10
75	Jeff Cunningham	55	39	M	Forest	VA	25:27	25:19	8:10
76	Bruce Wallace	267	53	M	Rustburg	VA	25:41	25:28	8:13
77	Dale Treadway	278	43	F	Madison Heights	VA	25:33	25:30	8:14
78	Amanda Turner	234	35	F	Lynchburg	VA	25:39	25:32	8:15
79	Nicole Baum	318	15	F	Madison Heights	VA	25:36	25:33	8:15
80	Tyler Gordon	295	22	M	Amherst	VA	25:48	25:44	8:18
81	Jeff Wood	47	43	M	Lynchburg	VA	25:57	25:44	8:18
82	Keith Austin	1	62	M	Lynchburg	VA	25:54	25:44	8:19
83	Brian Winch	187	37	M	Lynchburg	VA	25:47	25:45	8:19
84	Lorrie Brunet	129	51	F	Lynchburg	VA	25:49	25:45	8:19
85	Kendrick Ring	35	10	M	Forest	VA	25:51	25:46	8:19
86	Edward Goad	161	52	M	Lynchburg	VA	25:52	25:48	8:20
87	Ryan Campbell	155	21	M	Lynchburg	VA	26:00	25:52	8:21
88	Walter Allen	5	67	M	Lynchburg	VA	25:55	25:53	8:21
89	Brian Painter	195	37	M	Lynchburg	VA	25:53	25:53	8:21
90	Andrew Lindeman	226	25	M	Lynchburg	VA	26:20	26:05	8:25
91	Alicia Roberts	292	37	F	Lynchburg	VA	26:12	26:07	8:26
92	Susan Anderson	320	60	F	Forest	VA	26:13	26:10	8:27
93	Agata Griffis	71	46	F	Forest	VA	26:25	26:15	8:28
94	Keena Wood	48	36	F	Lynchburg	VA	26:28	26:17	8:29
95	Karen Wells	346	31	F	Lynchburg	VA	26:35	26:23	8:31
96	Elizabeth Clarke	219	47	F	Lynchburg	VA	26:39	26:30	8:33
97	Stephen Blair	78	49	M	Forest	VA	26:47	26:31	8:33
98	Jesse Stem	206	46	M	Lynchburg	VA	26:42	26:32	8:34
99	Ruth Blanks	216	29	F	Lynchburg	VA	26:38	26:32	8:34
100	Paul Calland	223	50	M	Lynchburg	VA	26:47	26:37	8:35
101	Don Griffis	72	52	M	Forest	VA	26:47	26:37	8:36
102	Allie Fridley	79	29	F	Lynchburg	VA	26:43	26:38	8:36
103	Burton Burch	186	56	M	Lynchburg	VA	27:01	26:49	8:39
104	Jeryl Rowe	18	46	M	Evington	VA	27:13	26:54	8:41
105	Graham Jones	191	32	M	Durham	NC	26:59	26:54	8:41

106	Molly Pratt	153	12	F	Forest	VA	27:00	26:54	8:41
107	Scott Niedzialek	49	46	M	Lynchburg	VA	27:14	26:58	8:42
108	Leah Jones	224	23	F	Lynchburg	VA	27:05	27:01	8:43
109	Lamont Council	210	38	M	Lynchburg	VA	27:11	27:06	8:45
110	Larry Creasy	351	65	M	Lynchburg	VA	27:13	27:06	8:45
111	Jessica Kercher	31	30	F	Lynchburg	VA	27:39	27:24	8:51
112	M Craig Dixon	207	39	M	Spout Spring	VA	28:16	27:40	8:56
113	Ben Larkins	32	31	M	Lynchburg	VA	28:25	27:46	8:58
114	Don Jennings	110	62	M	Forest	VA	28:06	27:52	9:00
115	Skip Galt	321	56	M	Rustburg	VA	28:24	28:10	9:05
116	Russell Smith	311	64	M	Goode	VA	28:21	28:13	9:06
117	James Peery	358	34	M	Lynchburg	VA	28:30	28:13	9:07
118	Hoa Huynh	357	25	F	Roanoke	VA	28:30	28:14	9:07
119	Craig M Miller	293	63	M	Spout Spring	VA	28:19	28:16	9:07
120	Gary Gallant	27	57	M	Evington	VA	28:29	28:21	9:09
121	Morgan Kane	225	25	F	Lynchburg	VA	28:36	28:22	9:09
122	Michele Corneau	360	51	F	Rice	VA	28:46	28:27	9:11
123	Melita Ring	34	36	F	Forest	VA	28:33	28:27	9:11
124	Christina Ruiz	229	25	F	Lynchburg	VA	28:34	28:28	9:11
125	Ashley Reich	22	29	F	Lynchburg	VA	28:38	28:29	9:12
126	Daniel Crawley	265	35	M	Evington	VA	28:51	28:31	9:12
127	Josh Brown	354	35	M	Lynchburg	VA	28:40	28:32	9:13
128	Larry Mobley	286	56	M	Appomattox	VA	28:59	28:40	9:15
129	Amanda Bowling	170	32	F	Lynchburg	VA	29:07	28:53	9:19
130	Ana Azuela Morales	173	17	F	Lynchburg	VA	29:07	28:58	9:21
131	Doug Lawrence	272	54	M	Lynchburg	VA	29:25	29:01	9:22
132	Malia King	37	45	F	Lynchburg	VA	29:17	29:07	9:24
133	Fordys Arnold Jr.	17	37	M	Wake Forest	NC	29:13	29:13	9:26
134	James Green	28	42	M	Lynchburg	VA	29:43	29:13	9:26
135	Jennifer Styrsky	277	44	F	Lynchburg	VA	29:23	29:16	9:27
136	Steve Clark	180	58	M	Forest	VA	29:26	29:16	9:27
137	Sage Searwar	171	12	M	Lynchburg	VA	29:35	29:19	9:28
138	Amy Overstreet	309	41	F	Evington	VA	29:32	29:21	9:28
139	Nelfa McReynolds	148	49	F	Forest	VA	29:29	29:21	9:28
140	Rachel Searwar	169	10	F	Lynchburg	VA	29:30	29:25	9:30
141	Dave Civis	340	59	M	Forest	VA	29:55	29:26	9:30
142	Kenneth Wallace	198	49	M	Forest	VA	29:43	29:30	9:31
143	Michael Jacob	204	39	M	Lynchburg	VA	29:39	29:30	9:31
144	Cassidy Jones	159	26	F	Concord	VA	29:52	29:32	9:32
145	Alberto Carrion	192	62	M	Lynchburg	VA	29:39	29:33	9:32
146	Kent White	84	43	M	Lynchburg	VA	30:11	29:45	9:36
147	Andrea Harris	40	38	F	Forest	VA	29:59	29:45	9:36
148	Jeanne Landis	271	54	F	Lynchburg	VA	30:05	29:51	9:38
149	Zoie Lamanna	53	10	F	Forest	VA	30:19	29:54	9:39
150	Donald Clay	151	53	M	Gretna	VA	30:28	29:55	9:39
151	Steve Lamanna	52	38	M	Forest	VA	30:19	29:55	9:39
152	Ryan Martell	299	28	M	Madison Heights	VA	30:17	29:56	9:40
153	Bryan McCracken	303	25	M	Lynchburg	VA	30:15	29:57	9:40
154	Laura Winch	188	31	F	Lynchburg	VA	30:17	30:08	9:43
155	Lyla Rumler	323	28	F	Forest	VA	30:38	30:11	9:45
156	Robin Cunningham	56	37	F	Forest	VA	30:22	30:15	9:46
157	Susan Coalson	166	49	F	Lynchburg	VA	30:32	30:18	9:47
158	Brittany Crawley	266	30	F	Evington	VA	30:36	30:19	9:47
159	Karen Crosby	211	45	F	Madison Heights	VA	30:35	30:24	9:49
160	Nicole Jordan	60	26	F	Amherst	VA	30:32	30:24	9:49
161	Tami Jacob	205	39	F	Lynchburg	VA	30:36	30:27	9:50
162	Donna Nixon	98	63	F	Lynchburg	VA	30:51	30:28	9:50
163	Janice Searwar	168	39	F	Lynchburg	VA	30:41	30:28	9:50
164	Meegan Reynolds	217	41	F	Rustburg	VA	30:47	30:30	9:51
165	Lynn McFaden	45	65	F	Evington	VA	30:52	30:34	9:52

166	Kesler Coalson	167	22	F	Lynchburg	VA	30:52	30:38	9:53
167	Tommy Harris	109	76	M	Lynchburg	VA	30:52	30:39	9:54
168	Sara Lloyd Bryant	212	57	F	Lynchburg	VA	31:08	30:42	9:55
169	Sara Carter	101	45	F	Appomattox	VA	31:33	30:45	9:56
170	Jimmy Cardinale	290	59	M	Forest	VA	30:55	30:49	9:57
171	Hunter Humbles	331	12	M	Appomattox	VA	31:23	30:52	9:58
172	Ben Bond	196	27	M	Lynchburg	VA	31:16	30:58	10:00
173	Debbie Martin	162	63	F	Lynchburg	VA	31:35	31:12	10:04
174	Ethan Stinson	262	13	M	Lynchburg	VA	31:42	31:15	10:05
175	Caroline Mays	289	17	F	Lynchburg	VA	31:24	31:18	10:06
176	Denise Woernle	218	49	F	Monroe	VA	31:30	31:22	10:07
177	Robert Miller	65	51	M	Lynchburg	VA	31:29	31:24	10:08
178	Carol Carr	70	59	F	Brookneal	VA	31:34	31:25	10:08
179	Brittney Bolin	134	27	F	Forest	VA	31:47	31:41	10:14
180	Patricia Colletti	33	37	F	Lynchburg	VA	32:22	31:50	10:16
181	Kelli Johnson	182	38	F	Lynchburg	VA	32:23	31:51	10:17
182	Chris Harter	326	29	M	Lynchburg	VA	32:13	31:53	10:18
183	Sandy Ritchie	221	42	F	Gretna	VA	32:11	31:55	10:18
184	Elizabeth Humphrey	81	28	F	Madison Heights	VA	32:09	31:57	10:19
185	Victoria Lee	82	53	F	Madison Heights	VA	32:10	31:57	10:19
186	Marissa McReynolds	149	13	F	Forest	VA	32:14	32:06	10:21
187	Trinity Hendricks	73	9	F	Lynchburg	VA	32:16	32:08	10:22
188	Deborah Allen	4	66	F	Lynchburg	VA	32:15	32:08	10:22
189	Terry Lowe	21	42	M	Lynchburg	VA	32:41	32:08	10:22
190	Scott Goodman	298	52	M	Goode	VA	32:30	32:11	10:23
191	Katherine Farmer	46	65	F	Lynchburg	VA	32:30	32:12	10:24
192	Kori Johnson	341	31	F	Roanoke	VA	32:48	32:21	10:26
193	Morgan Burgess	352	28	F	Virginia Beach	VA	32:58	32:39	10:32
194	Tray Grant	3	38	F	Lynchburg	VA	33:02	32:42	10:33
195	Kristen Tipton	2	31	F	Lynchburg	VA	33:02	32:42	10:33
196	Kelley Sanders	353	29	F	Forest	VA	33:06	32:56	10:38
197	Justin Wingfield	14	36	M	Lynchburg	VA	33:33	32:59	10:39
198	Roxanne Slaughter	99	56	F	Amherst	VA	33:23	33:01	10:39
199	Andrea Neiman	103	55	F	Lynchburg	VA	33:22	33:02	10:40
200	Julie Barber	119	40	F	Madison Heights	VA	33:28	33:11	10:43
201	Caroline Russell	115	11	F	Lynchburg	VA	33:41	33:17	10:45
202	Sara Tomlin	312	34	F	Madison Heights	VA	33:43	33:21	10:46
203	Kimberly Mattox	329	33	F	Amherst	VA	33:34	33:22	10:46
204	Kristen Lancaster	274	25	F	Lynchburg	VA	33:29	33:27	10:48
205	Billy Coffey	83	58	M	Lynchburg	VA	33:50	33:37	10:51
206	Stacey Lowe	64	55	F	Lynchburg	VA	34:00	33:44	10:53
207	Tammy Brown	238	46	F	Forest	VA	34:16	33:48	10:54
208	Amanda Hahn	288	25	F	Lynchburg	VA	33:59	33:50	10:55
209	Paul Sherburne	20	71	M	Lynchburg	VA	34:11	34:11	11:02
210	Candy Spencer	297	45	F	Lynchburg	VA	34:35	34:12	11:02
211	Barbara Bryant	260	52	F	Forest	VA	34:41	34:16	11:03
212	Janna Russell	113	44	F	Lynchburg	VA	34:39	34:16	11:04
213	Ginger Vail	7	51	F	Roanoke	VA	34:25	34:17	11:04
214	Carey Martin	322	53	M	Forest	VA	34:29	34:19	11:04
215	Sarah Kline	343	34	M	Forest	VA	34:30	34:19	11:05
216	Susan Spencer	30	71	F	Lynchburg	VA	34:45	34:22	11:06
217	John Carter	100	48	M	Appomattox	VA	35:10	34:23	11:06
218	Kolby Shroyer	39	25	F	Forest	VA	34:54	34:34	11:09
219	Kristie Shroyer	38	55	F	Forest	VA	34:54	34:34	11:09
220	Ben Rieley	130	49	M	Rustburg	VA	35:07	34:36	11:10
221	Nancy Claudio	80	57	F	Forest	VA	34:50	34:39	11:11
222	Missy Taylor	135	49	F	Lynchburg	VA	35:12	34:55	11:16
223	Laura Taylor	136	53	F	Lynchburg	VA	35:12	34:56	11:16
224	Pamela Hughes	9	55	F	Charlotte	NC	35:42	35:27	11:26
225	Mary Kate Glime	59	26	F	Lynchburg	VA	35:49	35:35	11:29

226	Lauren Wheless	142	47	F	Lynchburg	VA	35:57	35:38	11:30
227	Larry Scott	102	70	M	Lynchburg	VA	36:06	35:48	11:33
228	Taylor Langley	137	25	M	Lynchburg	VA	36:12	35:54	11:35
229	Jay Waller	313	51	M	Lynchburg	VA	36:25	35:55	11:35
230	Julie Baum	308	39	F	Madison Heights	VA	35:55	35:55	11:35
231	Aly Vandewater	140	9	F	Lynchburg	VA	36:12	35:55	11:35
232	Malcolm Miller	54	50	M	Lynchburg	VA	36:25	35:58	11:36
233	Rachel Frischeisen	261	26	F	Lynchburg	VA	36:25	35:58	11:36
234	Todd Stinson	263	47	M	Lynchburg	VA	36:37	36:09	11:40
235	Remso Martinez	363	21	M	Clifton	VA	36:42	36:11	11:41
236	Jun Li	285	31	M	Roanoke	VA	36:40	36:12	11:41
237	Lynne Goodwin	26	43	F	Lynchburg	VA	36:34	36:13	11:41
238	Gwen Pope	220	51	F	Gretna	VA	36:43	36:27	11:46
239	Todd Ramsey	57	30	M	Lynchburg	VA	36:43	36:28	11:46
240	Robert Williams	139	47	M	Rustburg	VA	37:02	36:32	11:47
241	Rebecca Frye	163	35	F	Lynchburg	VA	36:47	36:32	11:48
242	Kevin Drawbaugh	127	53	M	York	PA	37:05	36:40	11:50
243	Aaron Kennon	300	24	M	Madison Heights	VA	37:11	36:40	11:50
244	Andrew Pieleck	12	33	M	Forest	VA	37:05	36:40	11:50
245	Joseph Cannon	138	26	M	Lynchburg	VA	37:10	36:52	11:54
246	Jennifer C Morris	25	43	F	Forest	VA	37:35	37:07	11:59
247	Andrew Crews	50	33	M	Rustburg	VA	37:34	37:08	11:59
248	Faith Perry	348	18	F	Lynchburg	VA	37:29	37:18	12:02
249	Kevin Struble	365	44	M	Lynchburg	VA	37:45	37:26	12:05
250	Sharon Civis	342	54	F	Forest	VA	38:20	37:52	12:13
251	Allen Harris	41	31	M	Forest	VA	38:18	38:04	12:17
252	Sam Jacobs	44	42	M	Lynchburg	VA	38:06	38:06	12:18
253	Jeanette Crews	51	34	F	Rustburg	VA	38:56	38:30	12:26
254	Miranda Arnold	317	30	F	Lynchburg	VA	38:58	38:36	12:28
255	Debbie Asbury	264	49	F	Lynchburg	VA	39:13	38:47	12:31
256	John Kurisky	319	77	M	Forest	VA	39:25	38:47	12:31
257	Curtis Farrar	270	46	M	Forest	VA	39:28	38:48	12:31
258	Isaiah Harrington	359	11	M	Lynchburg	VA	39:23	38:51	12:32
259	Drew Taylor	176	29	M	Lynchburg	VA	39:30	39:11	12:39
260	Heather Harris	107	39	F	Forest	VA	39:26	39:19	12:41
261	Arshag Humbles	327	35	M	Appomattox	VA	40:01	39:29	12:45
262	Robert Bolin	133	54	M	Forest	VA	39:52	39:43	12:49
263	Jessica Jones	190	31	F	Durham	NC	40:17	39:58	12:54
264	Bob Calhoun	175	59	M	Forest	VA	40:35	40:01	12:55
265	Katie Rowe	19	11	F	Evington	VA	40:57	40:27	13:03
266	Donna Brown	144	51	F	Rustburg	VA	40:46	40:29	13:04
267	Leonard Brown	145	65	M	Rustburg	VA	40:46	40:29	13:04
268	Gail Copelan	95	66	F	Lynchburg	VA	41:03	40:41	13:08
269	Bonnie Ramsey	58	30	F	Lynchburg	VA	41:04	40:49	13:10
270	Sondra Rowe	16	46	F	Evington	VA	41:35	41:05	13:15
271	Dana Rieley	131	48	F	Rustburg	VA	41:41	41:09	13:17
272	Janice Penn	91	65	F	Rustburg	VA	41:30	41:11	13:17
273	Bernie Davis	294	78	M	Lynchburg	VA	41:37	41:19	13:20
274	Regina Schwabe	193	66	F	Pamplin	VA	42:35	42:05	13:35
275	Angela Markham	112	46	F	Lynchburg	VA	42:39	42:19	13:39
276	Carolyn Clark	181	60	F	Forest	VA	42:55	42:32	13:43
277	Gwen Revely	68	40	F	Concord	VA	43:44	43:16	13:58
278	Rhonda Williams	141	46	F	Rustburg	VA	44:26	43:56	14:11
279	Michael Gossler	177	35	M	Forest	VA	44:49	44:27	14:21
280	Emily Gossler	178	34	F	Forest	VA	44:50	44:27	14:21
281	Denise Lawrence	273	56	F	Lynchburg	VA	45:03	44:39	14:24
282	Mike Rago	239	29	M	Lynchburg	VA	45:22	45:03	14:32
283	Sheila Bogolin	87	51	F	Lynchburg	VA	46:05	45:28	14:40
284	John Bogolin	86	54	M	Lynchburg	VA	46:05	45:28	14:40
285	Zeinab Mayagile	15	48	F	Lynchburg	VA	46:18	45:45	14:46

286	Melissa Goodrich	314	44	F	Lynchburg	VA	46:24	45:49	14:47
287	Bert Neighbors	315	46	M	Lynchburg	VA	46:23	45:49	14:47
288	Stephanie Pieleck	13	33	F	Forest	VA	46:22	45:56	14:49
289	Nancy Cameron	345	56	F	Forest	VA	46:44	46:03	14:51
290	Barbara Dalton	362	58	F	Hurt	VA	48:21	47:40	15:23
291	Helen Rasnake	256	43	F	Madison Heights	VA	48:13	47:51	15:27
292	Leighann Elmore	240	33	F	Lynchburg	VA	48:14	47:52	15:27
293	William Richards	85	54	M	Madison Heights	VA	48:37	48:02	15:30
294	Peri Adams	269	48	F	Durham	NC	48:36	48:11	15:33
295	Chad Walters	231	34	M	Lynchburg	VA	48:40	48:11	15:33
296	Jennifer Walters	232	38	F	Lynchburg	VA	48:40	48:12	15:33
297	Carla Williams	94	57	F	Lynchburg	VA	48:49	48:14	15:34
298	Cathy Ewing	215	61	F	Lynchburg	VA	48:58	48:44	15:44
299	Constance Owuor	174	29	F	Lynchburg	VA	49:27	49:06	15:51
300	Krista Bold	257	37	F	Evington	VA	49:27	49:06	15:51
301	Susan Luce	106	70	F	Lynchburg	VA	49:53	49:17	15:54
302	Penny Wallace	268	51	F	Rustburg	VA	49:49	49:24	15:56
303	Rod Johnson	356	60	M	Forest	VA	51:10	50:44	16:22
304	Marsha Johnson	355	61	F	Forest	VA	51:12	50:45	16:23
305	Lauren Kennon	301	24	F	Madison Heights	VA	51:19	50:45	16:23
306	Stephanie Hubbard	338	38	F	Lynchburg	VA	51:12	50:55	16:26
307	Connor Champney	123	12	M	Forest	VA	51:28	50:55	16:26
308	Melody Eastman	336	50	F	Madison Heights	VA	51:14	50:56	16:26
309	Rylee Champney	124	10	F	Forest	VA	51:29	50:57	16:27
310	Tammy Fore	146	52	F	Concord	VA	51:27	50:59	16:27
311	Wilhelmina Glover	276	56	F	Madison Heights	VA	51:18	51:03	16:28
312	Cam Gumpman	235	57	F	Lynchburg	VA	51:39	51:09	16:30
313	Krista Champney	122	42	F	Forest	VA	51:41	51:09	16:30
314	Bonnie Gumpman	236	26	F	Lynchburg	VA	51:40	51:10	16:31
315	Paul Bryant	259	58	M	Forest	VA	52:31	52:06	16:49
316	Julie Gibson	183	56	F	Forest	VA	52:30	52:07	16:49
317	Marty Gibson	184	54	M	Forest	VA	52:30	52:07	16:49
318	Thomas Wood	11	43	M	Forest	VA	54:14	53:34	17:17
319	Kristi Reaves	281	28	F	Lynchburg	VA	54:53	54:22	17:33
320	Jimmy Reaves	282	34	M	Lynchburg	VA	54:53	54:24	17:33
321	Sarah Jackson	89	53	F	Madison Heights	VA	55:15	54:38	17:38
322	Robert Liebl	67	54	F	Altavista	VA	55:20	54:41	17:39
323	Gwendolyn Scott	92	63	F	Lynchburg	VA	55:16	54:41	17:39
324	Leigh Ann Woody	118	49	F	Madison Heights	VA	55:35	55:00	17:45
325	Hunter Russell	116	45	M	Lynchburg	VA	55:35	55:00	17:45
326	Thomas Moore	368	65	M	Madison Heights	VA	55:50	55:08	17:47
327	Anita Moore	367	63	F	Madison Heights	VA	55:50	55:08	17:47
328	Jim Hunter	350	43	M	Lynchburg	VA	55:47	55:09	17:48
329	Susan Epling	108	74	F	Huddleston	VA	55:47	55:11	17:48
330	Thomas Willman	105	56	M	Lynchburg	VA	55:48	55:11	17:48
331	Leslie Willman	104	55	F	Lynchburg	VA	55:48	55:11	17:48
332	Blondell Jackson	88	58	F	Evington	VA	56:34	55:58	18:04
333	Kaitlin Thompson	154	24	F	Lynchburg	VA	56:45	56:19	18:10
334	Margaret Hall	66	43	F	Gladys	VA	56:55	56:19	18:10
335	Betty Franklin	90	54	F	Lynchburg	VA	59:37	58:59	19:02
336	Kathy Jarvis	76	58	F	Lynchburg	VA	1:00:10	59:29	19:12
337	Felicia Hinkley	75	34	F	Lynchburg	VA	1:00:12	59:33	19:13
338	Betsy Esch	335	69	F	Lynchburg	VA	1:00:49	1:00:16	19:27
339	Celia Lloyd	275	54	F	Lynchburg	VA	1:00:49	1:00:17	19:27
340	Marie Goff	201	39	F	Bedford	VA	1:02:06	1:01:53	19:58