

# Run A Muk 5K

## Overall Male Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	433	COLIN WEAR	00:16:11.00		Runner		5:13/M	11.5mph	1	15	
2	745	BRADEN WATKINS	00:16:59.65		Runner		5:28/M	11.0mph	2	17	
3	492	GABE DONNELLY	00:17:42.32		Runner		5:42/M	10.5mph	3	15	

## Overall Female Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	649	MEGAN HOANG	00:21:57.00		Runner		7:04/M	8.5mph	9	15	
2	744	JAXIN HOLLOWAY	00:22:31.64		Runner		7:15/M	8.3mph	13	16	
3	652	SARAH HOANG	00:23:27.99		Runner		7:33/M	7.9mph	16	19	

## Male 7 - 9

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	792	CAMDEN MCNANY	00:43:14.33		Runner		13:55/M	4.3mph	101	7	
2	816	NATHAN GARDNER	00:57:12.93		Runner		18:25/M	3.3mph	134	9	
3	706	JOHN BRAMMEIER	01:12:11.06		Runner		23:14/M	2.6mph	141	7	
4	707	PETER BRAMMEIER	01:12:14.79		Runner		23:15/M	2.6mph	142	9	

## Female 7 - 9

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	664	FRANCES YUNGE	00:35:32.52		Runner		11:26/M	5.2mph	66	9	
2	681	BRYNLEE BARTON	00:35:55.83		Runner		11:34/M	5.2mph	68	8	
3	734	ELSA SPINGLER	00:41:00.24		Runner		13:12/M	4.5mph	85	9	
4	733	AVA SPINGLER	00:41:38.50		Runner		13:24/M	4.5mph	91	9	
5	655	ELIZABETH NEGILSKI	00:49:49.70		Runner		16:02/M	3.7mph	116	7	
6	738	AUDREY TERWELP	01:02:10.57		Runner		20:01/M	3.0mph	137	8	

## Male 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	624	ETHAN EINFELD	00:20:21.58		Runner		6:33/M	9.2mph	4	14	
2	671	KEEGAN ALAMI	00:23:09.66		Runner		7:27/M	8.1mph	15	13	
3	756	ANDY BRODNIAK	00:30:30.15		Runner		9:49/M	6.1mph	44	10	
4	760	PRICE BROOKING	00:33:35.71		Runner		10:49/M	5.6mph	58	12	

## Female 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	721	SERENA RAAUM	00:25:12.84		Runner		8:07/M	7.4mph	19	11	
2	804	ELLA JAFARI	00:29:38.53		Runner		9:32/M	6.3mph	41	13	
3	651	SAMANTHA HOANG	00:32:01.19		Runner		10:18/M	5.8mph	49	12	
4	717	LILY PONOMARCHUK	00:38:23.67		Runner		12:21/M	4.9mph	77	14	
5	718	SASHA PONOMARCHUK	00:38:30.06		Runner		12:24/M	4.8mph	78	14	
6	739	EMILY TERWELP	00:40:08.48		Runner		12:55/M	4.6mph	81	12	
7	805	SARAYU MAIKALA	00:42:26.03		Runner		13:39/M	4.4mph	100	13	
8	693	TAYLIN TAFT	00:53:11.00		Runner		17:07/M	3.5mph	124	11	
9	741	SYDNEY TERWELP	00:53:13.32		Runner		17:08/M	3.5mph	125	11	

## Male 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	728	LUKE SMITH	00:20:52.53		Runner		6:43/M	8.9mph	5	18	
2	727	JACK MARSHALL	00:21:07.66		Runner		6:48/M	8.8mph	7	18	
3	720	ANDERS RAAUM	00:21:54.04		Runner		7:03/M	8.5mph	8	15	

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## Male 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
4	754	SAM PETERSON	00:22:27.22		Runner		7:14/M	8.3mph	10	15	
5	777	MATT MUSTO	00:22:30.10		Runner		7:15/M	8.3mph	11	16	
6	778	RUSSELL VAUGHAN	00:28:00.92		Runner		9:01/M	6.7mph	33	17	
7	809	JAYDEN CALIFANO	00:28:01.81		Runner		9:01/M	6.7mph	34	17	
8	647	DANIEL DADOLE	00:36:38.00		Runner		11:47/M	5.1mph	71	15	

## Female 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	510	JADYN JOSEY	00:32:36.84		Runner		10:30/M	5.7mph	51	16	
2	714	AVA PONOMARCHUK	00:41:38.31		Runner		13:24/M	4.5mph	90	17	
3	802	TANISHA JAL	00:44:20.36		Runner		14:16/M	4.2mph	105	15	
4	650	MELISSA HOANG	00:53:07.35		Runner		17:06/M	3.5mph	122	16	

## Male 20 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	799	KYLE DESMOND	00:22:42.17		Runner		7:18/M	8.2mph	14	26	
2	523	BRANDON BAKER	00:28:26.58		Runner		9:09/M	6.6mph	35	29	
3	813	JULIUS MENDOZA	00:34:02.83		Runner		10:57/M	5.5mph	61	27	

## Female 20 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	685	ISABELLE LANNERTONE	00:25:18.37		Runner		8:09/M	7.4mph	20	20	
2	641	ANNE CALAYAG	00:37:14.65		Runner		11:59/M	5.0mph	72	27	
3	670	EMILY KETZENBERG	00:38:11.87		Runner		12:17/M	4.9mph	76	27	
4	712	GREY WEBB	00:47:25.35		Runner		15:16/M	3.9mph	111	20	
5	752	KIMBERLY CASTANEDA	01:07:37.20		Runner		21:46/M	2.8mph	138	29	
6	751	KATHARINE COLES	01:07:42.90		Runner		21:47/M	2.8mph	140	28	

## Male 30 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	564	ZACHARY LOVERN	00:24:07.43		Runner		7:46/M	7.7mph	18	33	
2	767	JEFFREY PRINCIPE	00:26:08.40		Runner		8:25/M	7.1mph	26	30	
3	688	ZACHARY LEVY	00:27:41.37		Runner		8:55/M	6.7mph	32	31	
4	787	PAUL CARNER	00:28:57.92		Runner		9:19/M	6.4mph	38	31	
5	747	PENG WEI	00:30:13.63		Runner		9:44/M	6.2mph	43	36	
6	749	JASON TAFT	00:33:23.04		Runner		10:45/M	5.6mph	57	37	
7	775	SHAWN EDGHILL	00:41:13.31		Runner		13:16/M	4.5mph	87	31	
8	790	MICHAEL MCNANY	00:43:15.65		Runner		13:55/M	4.3mph	102	36	
9	784	ANDY GALUSKA	00:55:35.98		Runner		17:53/M	3.4mph	130	38	

## Female 30 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	776	MELANIE TSAI	00:25:43.28		Runner		8:17/M	7.2mph	22	37	
2	696	ELIZABETH ARNO	00:25:56.59		Runner		8:21/M	7.2mph	23	34	
3	766	MAGGIE MOORE	00:26:04.00		Runner		8:23/M	7.2mph	24	31	
4	765	SARAH KORS	00:27:05.39		Runner		8:43/M	6.9mph	29	39	
5	798	ALISA CLARK	00:29:31.66		Runner		9:30/M	6.3mph	40	38	
6	677	KATIE NORLING	00:32:54.16		Runner		10:35/M	5.7mph	54	36	
7	730	JESSICA LOUGHLIN	00:36:01.75		Runner		11:36/M	5.2mph	69	39	
8	525	JENNI GEISZLER	00:37:14.80		Runner		11:59/M	5.0mph	73	36	
9	791	KELSI LINDUS	00:41:22.17		Runner		13:19/M	4.5mph	89	34	

# Run A Muk 5K

## Female 30 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
10	524	SARAH KRESS	00:45:20.52		Runner		14:35/M	4.1mph	107	36	
11	789	JENNA MCNANY	00:46:00.59		Runner		14:48/M	4.1mph	108	36	
12	701	LEAH LEGGETT	00:47:18.96		Runner		15:13/M	3.9mph	110	37	
13	692	ELISHA JOHNSON	00:53:10.01		Runner		17:07/M	3.5mph	123	36	
14	757	CAROLYN HULIN	00:53:42.86		Runner		17:17/M	3.5mph	126	30	
15	764	JOANNE NORMAN	00:55:48.65		Runner		17:58/M	3.3mph	132	30	
16	753	KRITI SINGH	01:07:38.52		Runner		21:46/M	2.8mph	139	32	
17	708	RACHEL BRAMMEIER	01:12:35.50		Runner		23:22/M	2.6mph	144	36	

## Male 40 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	625	MARK EINFELD	00:20:56.39		Runner		6:44/M	8.9mph	6	46	
2	769	KENNETH RINES	00:23:53.93		Runner		7:41/M	7.8mph	17	48	
3	687	SCOTT PETERSON	00:25:21.74		Runner		8:10/M	7.4mph	21	49	
4	660	BRENT MEYER	00:26:04.48		Runner		8:23/M	7.2mph	25	48	
5	659	JAN DADOLE	00:28:58.86		Runner		9:19/M	6.4mph	39	48	
6	709	STELLIN MCKETTA	00:29:57.87		Runner		9:38/M	6.2mph	42	43	
7	806	SHAWN CONKLIN	00:31:14.59		Runner		10:03/M	6.0mph	47	40	
8	796	DEVEON VANCE	00:35:07.08		Runner		11:18/M	5.3mph	64	42	
9	731	JOHN LOUGHLIN	00:36:14.52		Runner		11:40/M	5.1mph	70	43	
10	686	CHRIS PEPPLER	00:37:34.21		Runner		12:05/M	5.0mph	74	43	
11	735	ROB SPINGLER	00:41:07.71		Runner		13:14/M	4.5mph	86	45	
12	801	PRADEEP JAL	00:44:22.41		Runner		14:17/M	4.2mph	106	48	
13	491	HAL YU	00:50:45.52		Runner		16:20/M	3.7mph	120	40	
14	705	ANDREW BRAMMEIER	01:12:34.32		Runner		23:21/M	2.6mph	143	43	

## Female 40 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	774	SAYANA HAIRSTON	00:26:49.76		Runner		8:38/M	7.0mph	27	45	
2	719	ALICIA RAAUM	00:27:39.48		Runner		8:54/M	6.7mph	31	46	
3	726	HEATHER MARSHALL	00:28:57.19		Runner		9:19/M	6.4mph	37	48	
4	746	ANJA CONKLIN	00:31:01.72		Runner		9:59/M	6.0mph	46	40	
5	894	REENIE BROOKING	00:33:14.88		Runner		10:42/M	5.6mph	56	45	
6	637	MEGAN JEWELL	00:33:37.69		Runner		10:49/M	5.5mph	59	43	
7	663	ANDREA SWISSTACK	00:35:19.41		Runner		11:22/M	5.3mph	65	45	
8	755	SARA PETERSON	00:35:54.93		Runner		11:33/M	5.2mph	67	49	
9	742	ABIGAIL TERWELP	00:40:08.87		Runner		12:55/M	4.6mph	82	41	
10	644	GERMAINE FU	00:40:49.10		Runner		13:08/M	4.6mph	84	47	
11	691	KRISTINA CERISE	00:41:14.90		Runner		13:16/M	4.5mph	88	43	
12	654	RACHEL FU	00:41:54.25		Runner		13:29/M	4.4mph	96	42	
13	736	TARYN SPINGLER	00:41:56.04		Runner		13:30/M	4.4mph	97	43	
14	665	PATRICIA YUNGE	00:42:21.62		Runner		13:38/M	4.4mph	99	46	
15	684	WILDA GILMAN	00:44:16.57		Runner		14:15/M	4.2mph	104	44	
16	918	CHARLOTTA KROMANN	00:49:36.56		Runner		15:58/M	3.8mph	115	42	

## Male 50 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	725	DAVID MARSHALL	00:28:46.74		Runner		9:16/M	6.5mph	36	57	
2	779	PAT WANG	00:30:31.93		Runner		9:49/M	6.1mph	45	56	
3	786	CHRIS LIHOSIT	00:31:29.64		Runner		10:08/M	5.9mph	48	51	
4	748	TIM MOORE	00:33:14.43		Runner		10:42/M	5.6mph	55	51	
5	793	MICHAEL SZOKE	00:40:14.62		Runner		12:57/M	4.6mph	83	56	
6	715	DIMITRI PONOMARCHUK	00:41:41.36		Runner		13:25/M	4.5mph	92	56	
7	811	MIKE DIXON	00:55:34.40		Runner		17:53/M	3.4mph	129	57	

# Run A Muk 5K

## Male 50 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
8	740	JOE TERWELP	01:02:07.83		Runner		20:00/M	3.0mph	136	56	

## Female 50 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	770	KALEIGH ZANE	00:32:01.43		Runner		10:18/M	5.8mph	50	54	
2	814	JACKIE SOO	00:32:39.30		Runner		10:31/M	5.7mph	52	51	
3	674	LIISA LUICK	00:32:44.92		Runner		10:32/M	5.7mph	53	55	
4	803	BOOSEH JAFARI	00:38:30.52		Runner		12:24/M	4.8mph	79	52	
5	713	LAURA WEBB	00:47:26.70		Runner		15:16/M	3.9mph	112	54	
6	869	NANCY TREJO	00:47:35.94		Runner		15:19/M	3.9mph	113	51	
7	743	SHERI LIEURANCE	00:47:46.57		Runner		15:22/M	3.9mph	114	51	
8	729	PAM PAUDLER	00:49:55.54		Runner		16:04/M	3.7mph	117	59	
9	771	DENISE ERICKSON	00:50:04.42		Runner		16:07/M	3.7mph	118	59	
10	772	BETTY JEAN MIANECKI	00:50:07.33		Runner		16:08/M	3.7mph	119	58	

## Male 60 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	797	STEVE BERTRAND	00:22:30.14		Runner		7:15/M	8.3mph	12	68	
2	810	JAY WERNER	00:27:01.51		Runner		8:42/M	6.9mph	28	63	
3	788	MEL OSHIRO	00:27:31.24		Runner		8:51/M	6.8mph	30	62	
4	668	PHILLIP MILLARD	00:34:37.49		Runner		11:09/M	5.4mph	63	64	
5	689	CARL KURFESS	00:41:49.73		Runner		13:28/M	4.5mph	95	61	
6	781	MARTIN LOUIE	00:47:17.86		Runner		15:13/M	3.9mph	109	69	

## Female 60 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	711	NANCY CROOK	00:40:08.29		Runner		12:55/M	4.6mph	80	60	
2	667	MOLLY COLE	00:41:42.53		Runner		13:25/M	4.5mph	93	67	
3	773	KATIE NIVA	00:41:43.12		Runner		13:26/M	4.5mph	94	65	
4	780	SANDRA ROLLER	00:44:01.68		Runner		14:10/M	4.2mph	103	67	
5	758	KATHLEEN HULIN	00:53:47.03		Runner		17:19/M	3.5mph	127	63	
6	812	ALISE MCCORMICK	00:55:32.80		Runner		17:52/M	3.4mph	128	61	
7	800	LORI WIEGAND	00:59:39.87		Runner		19:12/M	3.1mph	135	69	

## Male 70 - 79

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	704	MICHAEL SHOUSE	00:33:56.00		Runner		10:55/M	5.5mph	60	79	
2	640	JOHN WILTSHIRE	00:34:11.40		Runner		11:00/M	5.5mph	62	73	
3	477	ERNESTO YU	00:50:45.69		Runner		16:20/M	3.7mph	121	70	

## Female 70 - 79

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	639	GABINA WILTSHIRE	00:37:49.73		Runner		12:10/M	4.9mph	75	76	

## Female 80 - 89

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	783	DIANE L JOHNSON	00:42:14.95		Runner		13:36/M	4.4mph	98	80	
2	722	EDYTHE HULET	00:56:05.66		Runner		18:03/M	3.3mph	133	85	