

2009 White Lake Fall International

Overall Women

North Carolina FFA Center - White Lake, NC 9/13/2009 09:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Club	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	7	F	37	OF	JEANNA CHAIN	WAKE FOREST NC	INSIDE-OUT SPORTS	1	00:26:05	00:01:45	1	01:15:28	00:00:55	2	00:42:58		02:27:09	
2	72	F	33		DANIELLE BAKER	DURHAM NC		3	00:29:20	00:01:55	2	01:22:46	00:01:43	4	00:45:32		02:41:14	
3	70	F	42		SUSAN KITCHEN	CHAPEL HILL NC	UNC WELLNESS	4	00:31:10	00:02:56	3	01:24:18	00:01:16	5	00:45:41		02:45:19	
4	68	F	30		LEANNE JOHNSON	LELAND NC	WILMINGTON YMCA TRI CLUB	8	00:33:35	00:02:04	6	01:27:02	00:01:27	3	00:45:18		02:49:24	
5	107	F	41		SHELLEY HINSON	IRMO SC		9	00:33:36	00:02:18	7	01:29:07	00:01:27	6	00:47:18		02:53:44	
6	84	F	39		AMANDA SOMMER	ELON NC		5	00:32:12	00:02:39	5	01:24:42	00:01:25	10	00:53:30		02:54:25	
7	36	F	43		NEMO BRAUCH	NAGS HEAD NC		15	00:34:52	00:02:00	4	01:24:37	00:01:04	9	00:53:27		02:55:59	
8	50	F	36		DANA HARRISON	HAMPSTEAD NC		6	00:33:08	00:02:36	15	01:35:25	00:02:05	7	00:49:03		03:02:16	
9	78	F	26		MEGHAN HEGARTY	RALEIGH NC	NCSU TRIATHLON CLUB	21	00:40:06	00:02:44	22	01:38:09	00:00:49	1	00:42:43		03:04:29	
10	74	F	41		TANIA MURCIANO	COLUMBIA SC		16	00:34:54	00:02:42	19	01:37:44	00:02:12	8	00:50:45		03:08:15	
11	95	F	51		DIANE SHUGARS	CHAPEL HILL NC	UNC WELLNESS	14	00:34:50	00:02:18	9	01:30:29	00:01:49	14	00:58:54		03:08:18	
12	54	F	28		ANDREA COUTS	HIGH POINT NC		11	00:34:38	00:02:04	16	01:35:32	00:01:20	12	00:54:53		03:08:26	
13	77	F	23		NICOLE LEWIS	CARY NC	NCSU TRIATHLON CLUB	2	00:28:52	00:02:01	10	01:30:53	00:01:02	25	01:11:18		03:14:04	
14	18	F	32		CHRISTINE CARMINE	LELAND NC	WILMINGTON YMCA TRI CLUB	13	00:34:47	00:01:54	30	01:43:30	00:01:10	11	00:54:11		03:15:29	
15	63	F	63		LENA CARDOSO	CARY NC	INSIDE-OUT SPORTS	29	00:42:44	00:02:41	8	01:29:35	00:02:00	15	00:58:55		03:15:53	

16	32	F	26	DERICA JUSTICE	FUQUAY VARINA NC		17	00:36:13	00:02:11	17	01:35:57	00:01:39	16	01:02:10	03:18:08
17	97	F	48	JULIA TRIMMER	CHAPEL HILL NC	UNC WELLNESS	12	00:34:42	00:02:42	11	01:33:18	00:01:37	19	01:06:26	03:18:43
18	69	F	37	NATALIE DEARMAN	MAULDIN SC		10	00:34:25	00:03:15	14	01:35:25	00:01:47	23	01:09:06	03:23:56
19	81	F	48	MAUREEN PERCY	CARY NC		18	00:38:00	00:03:38	27	01:40:29	00:01:32	18	01:03:09	03:26:46
20	28	F	38	KRISTINE WHALON	IRMO SC		27	00:41:31	00:02:40	26	01:39:05	00:01:23	17	01:02:23	03:27:00
21	38	F	37	SUE PERRY	HARDY VA		25	00:41:04	00:02:18	12	01:33:31	00:02:18	22	01:08:51	03:28:00
22	75	F	49	KATHY SMITH	RALEIGH NC		7	00:33:09	00:03:58	29	01:43:02	00:01:32	21	01:08:24	03:30:03
23	40	F	40	CHRISTINE TAYLOR	WAKE FOREST NC		22	00:40:07	00:02:31	24	01:38:33	00:01:53	20	01:07:46	03:30:48
24	39	F	30	MARQUITA HOLMES	RAEFORD NC	SANDSPURS TRIATHLON CLUB	28	00:42:05	00:02:42	25	01:38:38	00:02:37	24	01:09:58	03:35:57
25	56	F	33	NATALIE GREEN	SAVANNAH GA		32	00:54:17	00:03:20	21	01:38:05	00:02:17	13	00:58:39	03:36:37
26	83	F	42	SUZANNE KUHNS	ABERDEEN NC		26	00:41:29	00:03:21	20	01:38:02	00:02:30	27	01:12:49	03:38:10
27	11	F	38	A PAMELA HARPER	GREENSBORO NC	TRIAD TRIATHLON TEAM	20	00:40:02	00:02:10	18	01:37:07	00:01:15	30	01:19:54	03:40:26
28	86	F	29	ALLYSON WOOD	PFAFFTOWN NC		24	00:40:30	00:02:18	28	01:40:35	00:02:01	28	01:16:08	03:41:30
29	43	F	29	SALLY DRIVER	PINEHURST NC		23	00:40:16	00:03:37	31	01:44:37	00:02:12	26	01:12:19	03:42:58
30	13	F	40	A KATHY KREIS	CLAYTON NC		31	00:45:50	00:03:33	13	01:35:18	00:03:23	29	01:17:33	03:45:35
31	45	F	38	PHILICA FOWLER	FAYETTEVILLE NC		19	00:39:26	00:02:26	23	01:38:12	00:01:41	31	01:25:38	03:47:21
32	30	F	44	NONA YOUNG	DURHAM NC		30	00:45:19	00:02:40	32	01:46:06	00:03:18	33	01:34:24	04:11:44
33	104	F	40	BEVERLY MOORE	ANGIER NC	CLUBWORX	33	01:05:55	00:02:56	33	01:54:41	00:02:00	32	01:27:48	04:33:18

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