

The Wobble After The Gobble 5K

Most Improved List

5k

Race Date
November 30, 2019

<u>Name</u>	<u>City</u>	<u>2018</u>	<u>2019</u>	<u>Improvement %</u>
Meghan Orendorf	Wilmington	47:30.4	36:01.0	24.20
Ben Siwik	Bear	47:35.9	36:52.5	22.50
Maria Stewart	Newark	1:12:56.6	57:37.4	21.00
L. Stephen Cleary	Hockessin	42:12.1	36:03.7	14.60
Andrew Algard	Newark	22:59.8	21:23.9	6.96
Zachary Vincent	Elkton	24:37.8	23:09.0	6.01
Janet Somerville	Hockessin	26:01.5	24:43.9	4.97
Kara Kochenash	Newark	30:15.5	29:35.6	2.20
Betty Olmstead	Wilmington	44:30.1	43:33.6	2.12
Halley Wisner	Elkton	24:54.2	24:27.7	1.77
Chuck Siwik	Bear	35:06.4	34:38.6	1.32
Jason Lopez	Bear	38:44.5	38:18.2	1.13
Jorge Morales	Wilmington	19:39.0	19:27.8	0.94
Allison Riek	Newark	1:09:33.3	1:09:29.7	0.09
Ida Algard	Elkton	1:02:01.3	1:02:00.7	0.02
Duane Christy	Havre De Grace	23:38.4	23:52.0	-0.96
Nicole Hughes	Townsend	40:45.0	42:07.6	-3.38
Emily Galiardo	New Castle	28:46.5	29:53.5	-3.88
John Jensen	Newark	33:46.6	35:42.7	-5.73
Paul Wiggins	Wilmington	34:32.3	37:29.2	-8.53
Sean Stewart	Newark	36:44.0	41:11.0	-12.11
Patricia Jones	Wilmington	44:40.0	54:33.8	-22.16