

# 2013 Triangle Sprint

## Overall Men

### Harris County Park, southwestern Wake County (Raleigh), NC 7/20/2013 07:30AM

\*\* Results are for the private use of participants and are the Intellectual Property of Set Up Events. Unauthorized use of these results is prohibited.

| Place | Bib | Sex | Age | Cat. | NAME                   | CITY/STATE           | Rank | SWIM     | Rank | T1       | Rank | BIKE     | Rank | T2       | Rank | RUN      | PENALTY  | Time     | DQ |
|-------|-----|-----|-----|------|------------------------|----------------------|------|----------|------|----------|------|----------|------|----------|------|----------|----------|----------|----|
| 1     | 557 | M   | 28  | OM   | Dwayne Dixon           | Raleigh NC           | 3    | 00:10:14 | 8    | 00:01:35 | 1    | 00:42:39 | 4    | 00:00:47 | 7    | 00:18:13 |          | 01:13:26 |    |
| 2     | 547 | M   | 20  | OM   | Gil Cukierman          | Chapel Hill NC       | 2    | 00:10:10 | 4    | 00:01:31 | 3    | 00:43:10 | 13   | 00:00:53 | 16   | 00:19:00 |          | 01:14:42 |    |
| 3     | 2   | M   | 27  | OM   | Kory Gray              | Raleigh NC           | 20   | 00:11:36 | 15   | 00:01:37 | 9    | 00:44:12 | 19   | 00:00:54 | 4    | 00:17:48 |          | 01:16:05 |    |
| 4     | 482 | M   | 45  |      | Richard Bailey         | Chapel Hill NC       | 46   | 00:13:03 | 11   | 00:01:36 | 5    | 00:43:40 | 35   | 00:01:00 | 3    | 00:17:42 |          | 01:16:58 |    |
| 5     | 207 | M   | 16  |      | Jack Ratterree         | Charlotte NC         | 5    | 00:10:42 | 12   | 00:01:36 | 27   | 00:46:55 | 17   | 00:00:53 | 2    | 00:17:20 |          | 01:17:24 |    |
| 6     | 4   | M   | 41  | MM   | Robert Vangraafeiland  | Rolesville NC        | 1    | 00:10:08 | 2    | 00:01:29 | 11   | 00:44:30 | 18   | 00:00:53 | 50   | 00:20:56 |          | 01:17:55 |    |
| 7     | 10  | M   | 37  | OM   | Kit Phillips           | Apex NC              | 44   | 00:13:00 | 7    | 00:01:34 | 6    | 00:43:40 | 26   | 00:00:56 | 17   | 00:19:16 |          | 01:18:25 |    |
| 8     | 5   | M   | 46  | MM   | Duncan Rougier-Chapman | Raleigh NC           | 7    | 00:10:55 | 103  | 00:02:14 | 12   | 00:44:33 | 30   | 00:00:59 | 33   | 00:19:58 |          | 01:18:38 |    |
| 9     | 453 | M   | 21  |      | Michael Lindler        | Tobaccoville NC      | 64   | 00:13:40 | 3    | 00:01:30 | 10   | 00:44:18 | 7    | 00:00:50 | 9    | 00:18:29 |          | 01:18:45 |    |
| 10    | 1   | M   | 44  | MM   | Cid Cardoso Jr         | Cary NC              | 47   | 00:13:03 | 10   | 00:01:36 | 7    | 00:43:49 | 29   | 00:00:59 | 25   | 00:19:50 |          | 01:19:14 |    |
| 11    | 449 | M   | 32  |      | Jonathan Smith         | Cornelius NC         | 42   | 00:12:57 | 17   | 00:01:39 | 8    | 00:43:52 | 16   | 00:00:53 | 35   | 00:20:04 |          | 01:19:24 |    |
| 12    | 320 | M   | 32  |      | Chad Crockford         | Charlotte NC         | 33   | 00:12:30 | 24   | 00:01:43 | 43   | 00:47:54 | 43   | 00:01:02 | 1    | 00:16:41 |          | 01:19:47 |    |
| 13    | 31  | M   | 23  |      | Nathan Weston          | Banner Elk NC        | 78   | 00:14:15 | 14   | 00:01:37 | 2    | 00:42:54 | 70   | 00:01:10 | 37   | 00:20:09 |          | 01:20:03 |    |
| 14    | 377 | M   | 35  |      | Keith Nelson           | Durham NC            | 8    | 00:10:58 | 29   | 00:01:46 | 24   | 00:46:39 | 38   | 00:01:00 | 24   | 00:19:46 |          | 01:20:07 |    |
| 15    | 495 | M   | 40  |      | John Dewey             | Greensboro NC        | 17   | 00:11:23 | 25   | 00:01:45 | 45   | 00:48:06 | 21   | 00:00:55 | 6    | 00:18:12 |          | 01:20:19 |    |
| 16    | 267 | M   | 14  |      | Ryan Brown             | Raleigh NC           | 15   | 00:11:20 | 1    | 00:01:22 | 38   | 00:47:34 | 49   | 00:01:04 | 18   | 00:19:16 |          | 01:20:34 |    |
| 17    | 317 | M   | 24  |      | Edward Dobner          | Winston Salem NC     | 57   | 00:13:29 | 80   | 00:02:07 | 4    | 00:43:30 | 25   | 00:00:56 | 11   | 00:18:44 | 00:02:00 | 01:20:44 |    |
| 18    | 231 | M   | 41  |      | Spencer Cocanour       | Southern Pines NC    | 48   | 00:13:04 | 54   | 00:01:58 | 22   | 00:46:34 | 3    | 00:00:47 | 13   | 00:18:51 |          | 01:21:13 |    |
| 19    | 459 | M   | 31  |      | Eric Torrey            | Wightsville Beach NC | 34   | 00:12:36 | 18   | 00:01:40 | 53   | 00:48:28 | 8    | 00:00:50 | 5    | 00:18:06 |          | 01:21:37 |    |
| 20    | 417 | M   | 47  |      | Matthew Perry          | Davidson NC          | 56   | 00:13:22 | 20   | 00:01:40 | 29   | 00:46:59 | 11   | 00:00:52 | 15   | 00:18:53 |          | 01:21:44 |    |
| 21    | 315 | M   | 20  |      | Cameron Cook           | Mooresville NC       | 9    | 00:11:01 | 65   | 00:02:01 | 66   | 00:49:08 | 50   | 00:01:05 | 10   | 00:18:44 |          | 01:21:56 |    |
| 22    | 351 | M   | 26  |      | Andrew Dominguez       | Havelock NC          | 23   | 00:11:47 | 26   | 00:01:45 | 33   | 00:47:22 | 55   | 00:01:06 | 39   | 00:20:14 |          | 01:22:12 |    |

|    |     |   |    |    |                      |                  |     |          |     |          |     |          |     |          |     |          |          |
|----|-----|---|----|----|----------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 23 | 291 | M | 36 |    | Thomas Woodrum       | Wilmington NC    | 50  | 00:13:06 | 49  | 00:01:56 | 14  | 00:45:55 | 65  | 00:01:09 | 44  | 00:20:31 | 01:22:36 |
| 24 | 394 | M | 41 |    | Jim Molnar           | Cary NC          | 107 | 00:14:48 | 48  | 00:01:56 | 13  | 00:44:49 | 34  | 00:01:00 | 45  | 00:20:35 | 01:23:06 |
| 25 | 407 | M | 44 |    | Edward McDermott     | Jacksonville NC  | 84  | 00:14:18 | 79  | 00:02:06 | 16  | 00:46:06 | 56  | 00:01:07 | 21  | 00:19:39 | 01:23:16 |
| 26 | 262 | M | 46 |    | Dominic Ciavatta     | Chapel Hill NC   | 39  | 00:12:53 | 23  | 00:01:42 | 32  | 00:47:15 | 47  | 00:01:04 | 43  | 00:20:31 | 01:23:23 |
| 27 | 440 | M | 21 |    | Charlie Lambrecht    | Raleigh NC       | 29  | 00:12:17 | 9   | 00:01:35 | 39  | 00:47:35 | 6   | 00:00:48 | 56  | 00:21:11 | 01:23:24 |
| 28 | 261 | M | 52 |    | Chris Kalberg        | Cary NC          | 52  | 00:13:11 | 73  | 00:02:04 | 25  | 00:46:45 | 120 | 00:01:20 | 38  | 00:20:09 | 01:23:28 |
| 29 | 564 | M | 14 |    | Jared Eytcheson      | Cary NC          | 10  | 00:11:02 | 5   | 00:01:32 | 105 | 00:51:11 | 28  | 00:00:58 | 14  | 00:18:53 | 01:23:34 |
| 30 | 339 | M | 31 |    | Mathew Marsico       | Charlotte NC     | 32  | 00:12:27 | 31  | 00:01:46 | 54  | 00:48:29 | 41  | 00:01:01 | 32  | 00:19:57 | 01:23:38 |
| 31 | 236 | M | 49 |    | Christopher Pittelli | Apex NC          | 6   | 00:10:49 | 180 | 00:02:45 | 35  | 00:47:29 | 73  | 00:01:10 | 65  | 00:21:29 | 01:23:41 |
| 32 | 8   | M | 18 | OM | Brandon Nix          | Wilmington NC    | 22  | 00:11:40 | 13  | 00:01:37 | 69  | 00:49:25 | 2   | 00:00:47 | 41  | 00:20:25 | 01:23:52 |
| 33 | 152 | M | 13 |    | Will Belote          | Cary NC          | 4   | 00:10:40 | 6   | 00:01:32 | 81  | 00:50:04 | 1   | 00:00:45 | 53  | 00:20:58 | 01:23:57 |
| 34 | 90  | M | 36 |    | Jeremy Riggle        | Fuquay Varina NC | 26  | 00:12:09 | 60  | 00:01:59 | 61  | 00:49:01 | 121 | 00:01:20 | 19  | 00:19:34 | 01:24:02 |
| 35 | 499 | M | 27 |    | Michael Sumbs        | Raleigh NC       | 159 | 00:15:53 | 104 | 00:02:16 | 17  | 00:46:09 | 77  | 00:01:11 | 12  | 00:18:51 | 01:24:18 |
| 36 | 551 | M | 41 | MM | Chad Kufen           | Raleigh NC       | 130 | 00:15:14 | 50  | 00:01:56 | 19  | 00:46:14 | 45  | 00:01:03 | 36  | 00:20:07 | 01:24:32 |
| 37 | 375 | M | 35 |    | Payson Thompson      | Raleigh NC       | 53  | 00:13:12 | 83  | 00:02:07 | 51  | 00:48:24 | 60  | 00:01:08 | 27  | 00:19:50 | 01:24:40 |
| 38 | 399 | M | 44 |    | Frank Fisher         | Greenville NC    | 13  | 00:11:13 | 37  | 00:01:50 | 23  | 00:46:34 | 12  | 00:00:52 | 170 | 00:24:16 | 01:24:43 |
| 39 | 577 | M | 45 |    | Travis Guess         | Cary NC          | 123 | 00:15:04 | 52  | 00:01:57 | 18  | 00:46:10 | 85  | 00:01:15 | 42  | 00:20:28 | 01:24:52 |
| 40 | 439 | M | 26 |    | Bryan Deitz          | Raleigh NC       | 73  | 00:13:59 | 27  | 00:01:45 | 52  | 00:48:26 | 20  | 00:00:54 | 29  | 00:19:55 | 01:24:58 |
| 41 | 427 | M | 29 |    | Daniel Scagnelli     | Durham NC        | 94  | 00:14:30 | 93  | 00:02:11 | 34  | 00:47:25 | 32  | 00:01:00 | 34  | 00:20:03 | 01:25:06 |
| 42 | 554 | M | 44 | MC | David Fairbanks      | Ft Bragg NC      | 35  | 00:12:37 | 70  | 00:02:03 | 15  | 00:45:59 | 57  | 00:01:07 | 133 | 00:23:28 | 01:25:13 |
| 43 | 20  | M | 33 |    | Jim Fernandes        | Pinehurst NC     | 108 | 00:14:49 | 34  | 00:01:49 | 21  | 00:46:28 | 82  | 00:01:13 | 52  | 00:20:57 | 01:25:15 |
| 44 | 200 | M | 56 |    | Louis Almekinders    | Chapel Hill NC   | 30  | 00:12:18 | 19  | 00:01:40 | 70  | 00:49:28 | 68  | 00:01:09 | 61  | 00:21:18 | 01:25:51 |
| 45 | 573 | M | 29 |    | Preston Goodrich     | Woodbridge VA    | 62  | 00:13:40 | 135 | 00:02:31 | 28  | 00:46:59 | 95  | 00:01:16 | 66  | 00:21:29 | 01:25:52 |
| 46 | 487 | M | 41 |    | Daniel Egbert        | Sanford NC       | 55  | 00:13:18 | 111 | 00:02:19 | 41  | 00:47:42 | 119 | 00:01:20 | 62  | 00:21:23 | 01:26:00 |
| 47 | 102 | M | 32 |    | Brett Hayes          | Jacksonville NC  | 79  | 00:14:15 | 56  | 00:01:58 | 40  | 00:47:42 | 63  | 00:01:09 | 55  | 00:21:05 | 01:26:07 |
| 48 | 474 | M | 31 |    | Thomas Moelhave      | Raleigh NC       | 69  | 00:13:49 | 33  | 00:01:49 | 47  | 00:48:15 | 86  | 00:01:15 | 81  | 00:21:55 | 01:27:00 |
| 49 | 33  | M | 44 |    | Greg Sousa           | Durham NC        | 68  | 00:13:48 | 143 | 00:02:34 | 48  | 00:48:18 | 132 | 00:01:23 | 54  | 00:21:02 | 01:27:02 |
| 50 | 159 | M | 24 |    | Ryan Pahl            | Wilmington NC    | 67  | 00:13:45 | 44  | 00:01:54 | 49  | 00:48:19 | 39  | 00:01:01 | 93  | 00:22:17 | 01:27:14 |
| 51 | 458 | M | 20 |    | Robert Maughan       | Fayetteville NC  | 132 | 00:15:15 | 167 | 00:02:40 | 71  | 00:49:29 | 176 | 00:01:34 | 8   | 00:18:27 | 01:27:24 |
| 52 | 486 | M | 42 |    | Jose Gonzalez        | Wilmington NC    | 19  | 00:11:35 | 67  | 00:02:02 | 85  | 00:50:17 | 91  | 00:01:16 | 98  | 00:22:35 | 01:27:41 |
| 53 | 393 | M | 43 |    | Dan Decker           | Wilson NC        | 88  | 00:14:24 | 30  | 00:01:46 | 55  | 00:48:47 | 40  | 00:01:01 | 77  | 00:21:52 | 01:27:48 |

|    |     |   |    |                 |                       |     |          |     |          |     |          |     |          |     |          |          |
|----|-----|---|----|-----------------|-----------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 54 | 575 | M | 42 | Chris Ellis     | Wrightsville Beach NC | 91  | 00:14:26 | 96  | 00:02:12 | 36  | 00:47:32 | 240 | 00:01:49 | 80  | 00:21:53 | 01:27:51 |
| 55 | 437 | M | 21 | Nathaniel Fryer | Raleigh NC            | 37  | 00:12:43 | 32  | 00:01:46 | 67  | 00:49:14 | 22  | 00:00:55 | 126 | 00:23:18 | 01:27:54 |
| 56 | 23  | M | 41 | Michael Welker  | Holly Springs NC      | 77  | 00:14:11 | 172 | 00:02:42 | 78  | 00:49:48 | 144 | 00:01:27 | 31  | 00:19:57 | 01:28:02 |
| 57 | 263 | M | 51 | Dan Lehman      | Chapel Hill NC        | 82  | 00:14:17 | 38  | 00:01:50 | 42  | 00:47:47 | 141 | 00:01:26 | 110 | 00:22:51 | 01:28:10 |
| 58 | 260 | M | 44 | Daniel Doret    | Holly Springs NC      | 90  | 00:14:26 | 108 | 00:02:17 | 37  | 00:47:34 | 108 | 00:01:19 | 101 | 00:22:41 | 01:28:14 |
| 59 | 318 | M | 26 | Bryant Yee      | Emerald Isle NC       | 256 | 00:18:22 | 98  | 00:02:12 | 26  | 00:46:46 | 59  | 00:01:08 | 28  | 00:19:53 | 01:28:18 |
| 60 | 66  | M | 28 | Matthew Peach   | Raleigh NC            | 45  | 00:13:02 | 185 | 00:02:47 | 50  | 00:48:22 | 202 | 00:01:41 | 100 | 00:22:35 | 01:28:26 |
| 61 | 160 | M | 39 | Art Prejs       | Cary NC               | 156 | 00:15:46 | 45  | 00:01:55 | 62  | 00:49:05 | 84  | 00:01:14 | 51  | 00:20:57 | 01:28:54 |
| 62 | 128 | M | 63 | Charles Lysaght | Raleigh NC            | 75  | 00:14:07 | 68  | 00:02:02 | 59  | 00:48:59 | 113 | 00:01:19 | 97  | 00:22:30 | 01:28:55 |
| 63 | 84  | M | 30 | Brian Karim     | Raleigh NC            | 98  | 00:14:36 | 43  | 00:01:54 | 74  | 00:49:38 | 48  | 00:01:04 | 89  | 00:22:07 | 01:29:17 |
| 64 | 466 | M | 47 | Edmund Hohls    | Apex NC               | 121 | 00:15:02 | 198 | 00:02:55 | 83  | 00:50:14 | 179 | 00:01:35 | 20  | 00:19:38 | 01:29:21 |
| 65 | 215 | M | 36 | Whit Hughston   | Raleigh NC            | 11  | 00:11:08 | 91  | 00:02:10 | 156 | 00:53:40 | 99  | 00:01:17 | 57  | 00:21:11 | 01:29:25 |
| 66 | 446 | M | 54 | Eric Waldbauer  | Durham NC             | 51  | 00:13:08 | 207 | 00:02:59 | 20  | 00:46:20 | 129 | 00:01:22 | 227 | 00:25:47 | 01:29:33 |
| 67 | 89  | M | 40 | Eric Allman     | Chapel Hill NC        | 31  | 00:12:21 | 214 | 00:03:04 | 72  | 00:49:34 | 155 | 00:01:31 | 122 | 00:23:14 | 01:29:43 |
| 68 | 475 | M | 28 | Nick Livy       | Cary NC               | 92  | 00:14:27 | 106 | 00:02:16 | 77  | 00:49:44 | 58  | 00:01:07 | 99  | 00:22:35 | 01:30:07 |
| 69 | 568 | M | 49 | Tim Hahn        | Cary NC               | 239 | 00:17:53 | 86  | 00:02:08 | 44  | 00:48:01 | 31  | 00:00:59 | 59  | 00:21:13 | 01:30:12 |
| 70 | 558 | M | 27 | Brian Kennedy   | Raleigh NC            | 140 | 00:15:24 | 97  | 00:02:12 | 79  | 00:49:54 | 15  | 00:00:53 | 79  | 00:21:53 | 01:30:14 |
| 71 | 41  | M | 29 | Matt Reed       | Swansboro NC          | 85  | 00:14:21 | 82  | 00:02:07 | 88  | 00:50:19 | 116 | 00:01:19 | 92  | 00:22:14 | 01:30:19 |
| 72 | 197 | M | 61 | John Austin     | Wake Forest NC        | 197 | 00:16:42 | 101 | 00:02:14 | 68  | 00:49:23 | 83  | 00:01:13 | 48  | 00:20:49 | 01:30:19 |
| 73 | 310 | M | 21 | David Perales   | Fayetteville NC       | 192 | 00:16:38 | 115 | 00:02:23 | 90  | 00:50:30 | 53  | 00:01:05 | 23  | 00:19:46 | 01:30:20 |
| 74 | 367 | M | 47 | Simon Sawyer    | Chapel Hill NC        | 65  | 00:13:41 | 84  | 00:02:07 | 97  | 00:50:48 | 193 | 00:01:39 | 91  | 00:22:13 | 01:30:27 |
| 75 | 176 | M | 38 | Jeff Kern       | Jackson Springs NC    | 204 | 00:16:57 | 22  | 00:01:42 | 91  | 00:50:30 | 62  | 00:01:09 | 40  | 00:20:16 | 01:30:32 |
| 76 | 217 | M | 33 | Matt Lavin      | Raleigh NC            | 41  | 00:12:57 | 125 | 00:02:27 | 111 | 00:51:29 | 52  | 00:01:05 | 106 | 00:22:49 | 01:30:44 |
| 77 | 164 | M | 43 | Jeffrey Cross   | Chattanooga TN        | 114 | 00:14:58 | 41  | 00:01:52 | 58  | 00:48:57 | 114 | 00:01:19 | 148 | 00:23:45 | 01:30:49 |
| 78 | 283 | M | 40 | John Morris     | Lewisville NC         | 99  | 00:14:37 | 62  | 00:02:00 | 92  | 00:50:34 | 145 | 00:01:27 | 94  | 00:22:19 | 01:30:55 |
| 79 | 403 | M | 39 | Mike McBrierty  | Chapel Hill NC        | 165 | 00:16:00 | 148 | 00:02:35 | 63  | 00:49:05 | 136 | 00:01:24 | 85  | 00:21:58 | 01:31:00 |
| 80 | 505 | M | 54 | Paul Nielson    | Winston-Salem NC      | 115 | 00:14:59 | 39  | 00:01:51 | 80  | 00:49:55 | 131 | 00:01:22 | 111 | 00:22:57 | 01:31:02 |
| 81 | 16  | M | 49 | Lowell Gould    | Rocky Point NC        | 83  | 00:14:18 | 16  | 00:01:38 | 82  | 00:50:05 | 10  | 00:00:51 | 172 | 00:24:18 | 01:31:08 |
| 82 | 191 | M | 41 | Jason Deibert   | Holly Springs NC      | 104 | 00:14:43 | 95  | 00:02:11 | 64  | 00:49:05 | 90  | 00:01:15 | 161 | 00:24:07 | 01:31:19 |
| 83 | 305 | M | 33 | Camilo Lopez    | Washington DC         | 141 | 00:15:25 | 107 | 00:02:16 | 75  | 00:49:40 | 112 | 00:01:19 | 102 | 00:22:43 | 01:31:20 |
| 84 | 86  | M | 15 | David Smith     | Winston-Salem NC      | 80  | 00:14:15 | 130 | 00:02:29 | 120 | 00:51:59 | 54  | 00:01:06 | 86  | 00:21:58 | 01:31:45 |

|     |     |   |    |    |                    |                     |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|---|----|----|--------------------|---------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 85  | 411 | M | 28 |    | Paul Kozlowski     | Hubert NC           | 193 | 00:16:39 | 40  | 00:01:52 | 60  | 00:49:00 | 165 | 00:01:32 | 103 | 00:22:45 | 01:31:46 |
| 86  | 362 | M | 48 |    | Chic Ferrell       | Raleigh NC          | 163 | 00:16:00 | 55  | 00:01:58 | 135 | 00:52:45 | 102 | 00:01:17 | 26  | 00:19:50 | 01:31:48 |
| 87  | 409 | M | 44 |    | Christopher Angell | Cary NC             | 60  | 00:13:39 | 149 | 00:02:35 | 89  | 00:50:28 | 208 | 00:01:42 | 147 | 00:23:44 | 01:32:05 |
| 88  | 325 | M | 32 |    | Alex Keil          | Chapel Hill NC      | 188 | 00:16:29 | 105 | 00:02:16 | 76  | 00:49:41 | 217 | 00:01:45 | 90  | 00:22:11 | 01:32:20 |
| 89  | 189 | M | 35 |    | Rob Struck         | Raleigh NC          | 133 | 00:15:16 | 71  | 00:02:03 | 122 | 00:52:00 | 128 | 00:01:21 | 72  | 00:21:47 | 01:32:26 |
| 90  | 553 | M | 54 |    | Jeff Peterson      | Cary NC             | 282 | 00:18:58 | 90  | 00:02:10 | 57  | 00:48:57 | 87  | 00:01:15 | 68  | 00:21:36 | 01:32:53 |
| 91  | 150 | M | 57 |    | Robert Trivette    | Kitty Hawk NC       | 27  | 00:12:16 | 129 | 00:02:28 | 124 | 00:52:10 | 154 | 00:01:30 | 193 | 00:24:48 | 01:33:10 |
| 92  | 241 | M | 53 |    | John Beck          | Winston-Salem NC    | 49  | 00:13:05 | 64  | 00:02:00 | 121 | 00:51:59 | 148 | 00:01:28 | 186 | 00:24:39 | 01:33:10 |
| 93  | 428 | M | 53 |    | Mark Boettcher     | Fayetteville NC     | 87  | 00:14:22 | 253 | 00:03:24 | 102 | 00:51:04 | 94  | 00:01:16 | 117 | 00:23:06 | 01:33:10 |
| 94  | 398 | M | 54 |    | William Derks      | Cary NC             | 28  | 00:12:17 | 124 | 00:02:26 | 162 | 00:53:53 | 236 | 00:01:48 | 112 | 00:23:00 | 01:33:22 |
| 95  | 504 | M | 40 |    | Alan Parker        | Aberdeen NC         | 154 | 00:15:44 | 63  | 00:02:00 | 110 | 00:51:27 | 46  | 00:01:03 | 121 | 00:23:13 | 01:33:26 |
| 96  | 170 | M | 36 |    | Lee Eatmon         | Wilson NC           | 38  | 00:12:53 | 117 | 00:02:23 | 131 | 00:52:31 | 81  | 00:01:13 | 183 | 00:24:34 | 01:33:33 |
| 97  | 412 | M | 36 |    | Jonathan Gerber    | Sanford NC          | 138 | 00:15:22 | 74  | 00:02:04 | 153 | 00:53:30 | 72  | 00:01:10 | 74  | 00:21:50 | 01:33:54 |
| 98  | 561 | M | 25 |    | Daniel Gordon      | Raleigh NC          | 12  | 00:11:11 | 127 | 00:02:27 | 183 | 00:55:02 | 248 | 00:01:52 | 136 | 00:23:30 | 01:34:00 |
| 99  | 186 | M | 32 |    | Brian Wong         | Spring Lake NC      | 134 | 00:15:17 | 94  | 00:02:11 | 113 | 00:51:35 | 192 | 00:01:38 | 135 | 00:23:29 | 01:34:08 |
| 100 | 352 | M | 30 |    | Luke Cagle         | Cary NC             | 142 | 00:15:27 | 150 | 00:02:36 | 103 | 00:51:07 | 134 | 00:01:24 | 145 | 00:23:38 | 01:34:10 |
| 101 | 326 | M | 36 | C  | Brian Hicks        | Apex NC             | 241 | 00:18:02 | 119 | 00:02:25 | 46  | 00:48:07 | 230 | 00:01:47 | 157 | 00:23:58 | 01:34:17 |
| 102 | 198 | M | 36 |    | Alper Savas        | Raleigh NC          | 97  | 00:14:35 | 206 | 00:02:59 | 116 | 00:51:44 | 78  | 00:01:12 | 151 | 00:23:51 | 01:34:19 |
| 103 | 456 | M | 42 |    | Randall Rine       | Morrisville NC      | 207 | 00:17:00 | 100 | 00:02:13 | 100 | 00:50:50 | 110 | 00:01:19 | 113 | 00:23:03 | 01:34:23 |
| 104 | 435 | M | 50 |    | Scott Brown        | Apex NC             | 250 | 00:18:16 | 36  | 00:01:49 | 65  | 00:49:07 | 167 | 00:01:32 | 146 | 00:23:43 | 01:34:25 |
| 105 | 415 | M | 51 |    | Theodore Dumont    | Fuquay Varina NC    | 179 | 00:16:19 | 139 | 00:02:33 | 123 | 00:52:09 | 174 | 00:01:34 | 82  | 00:21:55 | 01:34:27 |
| 106 | 114 | M | 33 |    | Corey Palakovich   | Raleigh NC          | 139 | 00:15:24 | 182 | 00:02:46 | 87  | 00:50:19 | 100 | 00:01:17 | 194 | 00:24:49 | 01:34:32 |
| 107 | 379 | M | 58 |    | Steve Thompson     | Chapel Hill NC      | 150 | 00:15:41 | 118 | 00:02:24 | 129 | 00:52:25 | 186 | 00:01:37 | 96  | 00:22:29 | 01:34:33 |
| 108 | 480 | M | 45 |    | Greg Hamlyn        | Cary NC             | 196 | 00:16:41 | 165 | 00:02:40 | 119 | 00:51:55 | 153 | 00:01:30 | 76  | 00:21:51 | 01:34:36 |
| 109 | 146 | M | 40 |    | John Mitzak        | Durham NC           | 21  | 00:11:40 | 110 | 00:02:19 | 207 | 00:55:51 | 109 | 00:01:19 | 137 | 00:23:31 | 01:34:38 |
| 110 | 9   | M | 45 | MM | Brent Nix          | Wilmington NC       | 186 | 00:16:25 | 47  | 00:01:56 | 99  | 00:50:49 | 171 | 00:01:33 | 160 | 00:24:03 | 01:34:45 |
| 111 | 324 | M | 43 |    | James Lovell       | Whispering Pines NC | 136 | 00:15:19 | 164 | 00:02:39 | 106 | 00:51:12 | 221 | 00:01:46 | 156 | 00:23:55 | 01:34:49 |
| 112 | 83  | M | 42 |    | Scott Debernardo   | Holly Springs NC    | 102 | 00:14:40 | 66  | 00:02:01 | 112 | 00:51:32 | 209 | 00:01:42 | 204 | 00:24:59 | 01:34:53 |
| 113 | 281 | M | 30 |    | Matt Greenan       | Cary NC             | 36  | 00:12:42 | 81  | 00:02:07 | 151 | 00:53:25 | 101 | 00:01:17 | 221 | 00:25:37 | 01:35:06 |
| 114 | 420 | M | 44 |    | Mark Hamberlin     | Chapel Hill NC      | 198 | 00:16:44 | 169 | 00:02:40 | 96  | 00:50:48 | 159 | 00:01:31 | 129 | 00:23:25 | 01:35:07 |
| 115 | 355 | M | 45 |    | Gene Caffrey       | Cary NC             | 225 | 00:17:28 | 243 | 00:03:16 | 56  | 00:48:54 | 135 | 00:01:24 | 163 | 00:24:07 | 01:35:08 |

|     |     |   |    |    |                   |                    |     |          |     |          |     |          |     |          |     |          |                   |
|-----|-----|---|----|----|-------------------|--------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-------------------|
| 116 | 574 | M | 41 |    | Mark Engen        | Fayetteville NC    | 248 | 00:18:13 | 59  | 00:01:59 | 115 | 00:51:39 | 157 | 00:01:31 | 73  | 00:21:49 | 01:35:10          |
| 117 | 462 | M | 37 |    | Mark Dillon       | Wilmington NC      | 158 | 00:15:51 | 133 | 00:02:30 | 117 | 00:51:50 | 188 | 00:01:38 | 128 | 00:23:25 | 01:35:12          |
| 118 | 471 | M | 30 |    | Jordan Brown      | Winston-Salem NC   | 283 | 00:19:00 | 78  | 00:02:06 | 73  | 00:49:37 | 51  | 00:01:05 | 143 | 00:23:38 | 01:35:23          |
| 119 | 271 | M | 29 |    | Paul Parfitt      | Arlington VA       | 152 | 00:15:43 | 160 | 00:02:38 | 205 | 00:55:44 | 175 | 00:01:34 | 30  | 00:19:55 | 01:35:32          |
| 120 | 212 | M | 16 |    | Evan Welles       | Raleigh NC         | 171 | 00:16:10 | 177 | 00:02:44 | 212 | 00:56:07 | 5   | 00:00:48 | 22  | 00:19:45 | 01:35:33          |
| 121 | 372 | M | 42 |    | James Lemieux     | Raleigh NC         | 170 | 00:16:06 | 75  | 00:02:05 | 148 | 00:53:23 | 27  | 00:00:58 | 116 | 00:23:06 | 01:35:35          |
| 122 | 369 | M | 39 |    | Richard Pontello  | Apex NC            | 54  | 00:13:16 | 260 | 00:03:30 | 138 | 00:52:49 | 293 | 00:02:12 | 154 | 00:23:54 | 01:35:38          |
| 123 | 130 | M | 48 |    | Jay Reville       | Pinehurst NC       | 14  | 00:11:14 | 157 | 00:02:37 | 215 | 00:56:11 | 231 | 00:01:47 | 153 | 00:23:53 | 01:35:41          |
| 124 | 297 | M | 33 |    | Patrick McGuire   | Raleigh NC         | 61  | 00:13:40 | 161 | 00:02:38 | 139 | 00:52:50 | 98  | 00:01:17 | 130 | 00:23:27 | 00:02:00 01:35:49 |
| 125 | 502 | M | 50 | ZM | Tom Lankford      | Wilmington NC      | 251 | 00:18:17 | 120 | 00:02:25 | 118 | 00:51:51 | 123 | 00:01:21 | 84  | 00:21:57 | 01:35:49          |
| 126 | 133 | M | 53 |    | Asa Beavers       | Holly Springs NC   | 96  | 00:14:33 | 122 | 00:02:26 | 130 | 00:52:25 | 118 | 00:01:20 | 211 | 00:25:12 | 01:35:54          |
| 127 | 181 | M | 41 |    | Lance Buchholz    | Raleigh NC         | 149 | 00:15:39 | 114 | 00:02:22 | 176 | 00:54:41 | 233 | 00:01:48 | 67  | 00:21:35 | 01:36:02          |
| 128 | 301 | M | 45 |    | Lalit Verma       | Chapel Hill NC     | 43  | 00:12:58 | 183 | 00:02:46 | 132 | 00:52:34 | 213 | 00:01:43 | 241 | 00:26:09 | 01:36:09          |
| 129 | 360 | M | 25 |    | Patrick Frost     | New Bern NC        | 203 | 00:16:55 | 51  | 00:01:56 | 147 | 00:53:17 | 96  | 00:01:16 | 108 | 00:22:50 | 01:36:12          |
| 130 | 157 | M | 51 |    | Robert Agans      | Hillsborough NC    | 117 | 00:15:00 | 28  | 00:01:46 | 221 | 00:56:25 | 105 | 00:01:18 | 75  | 00:21:51 | 01:36:19          |
| 131 | 243 | M | 46 |    | Kevin Henderson   | Linden NC          | 175 | 00:16:13 | 113 | 00:02:21 | 127 | 00:52:21 | 127 | 00:01:21 | 166 | 00:24:09 | 01:36:23          |
| 132 | 68  | M | 40 |    | Brad Carpico      | Chapel Hill NC     | 110 | 00:14:50 | 92  | 00:02:10 | 182 | 00:55:00 | 190 | 00:01:38 | 105 | 00:22:48 | 01:36:24          |
| 133 | 247 | M | 40 |    | Rick Brown        | Apex NC            | 71  | 00:13:55 | 58  | 00:01:59 | 251 | 00:58:11 | 44  | 00:01:03 | 70  | 00:21:41 | 01:36:47          |
| 134 | 69  | M | 57 |    | Wally Warren      | Charlotte NC       | 235 | 00:17:41 | 76  | 00:02:05 | 93  | 00:50:36 | 76  | 00:01:11 | 213 | 00:25:18 | 01:36:50          |
| 135 | 337 | M | 21 |    | Chris Zino        | Boone NC           | 249 | 00:18:16 | 87  | 00:02:08 | 94  | 00:50:41 | 64  | 00:01:09 | 185 | 00:24:38 | 01:36:50          |
| 136 | 51  | M | 42 |    | Dan Duran         | Raleigh NC         | 120 | 00:15:02 | 175 | 00:02:44 | 163 | 00:53:57 | 183 | 00:01:36 | 140 | 00:23:35 | 01:36:51          |
| 137 | 286 | M | 35 |    | Randy O'Connor    | Raleigh NC         | 288 | 00:19:03 | 163 | 00:02:39 | 98  | 00:50:49 | 104 | 00:01:18 | 118 | 00:23:06 | 01:36:53          |
| 138 | 258 | M | 40 |    | John Morris       | Holly Springs NC   | 172 | 00:16:10 | 162 | 00:02:38 | 114 | 00:51:39 | 223 | 00:01:46 | 201 | 00:24:55 | 01:37:06          |
| 139 | 477 | M | 24 |    | Maxwell Schweizer | Raleigh NC         | 205 | 00:16:57 | 112 | 00:02:20 | 145 | 00:53:14 | 9   | 00:00:51 | 150 | 00:23:46 | 01:37:06          |
| 140 | 79  | M | 46 |    | Paul Kuzma        | Pinehurst NC       | 86  | 00:14:22 | 131 | 00:02:29 | 179 | 00:54:50 | 115 | 00:01:19 | 164 | 00:24:08 | 01:37:07          |
| 141 | 151 | M | 43 |    | Keith Votava      | Holly Springs NC   | 199 | 00:16:48 | 121 | 00:02:26 | 104 | 00:51:10 | 164 | 00:01:32 | 212 | 00:25:17 | 01:37:10          |
| 142 | 13  | M | 51 |    | Bonner Litchfield | Concord NC         | 202 | 00:16:54 | 109 | 00:02:18 | 150 | 00:53:25 | 143 | 00:01:26 | 127 | 00:23:18 | 01:37:18          |
| 143 | 418 | M | 55 |    | Sam Hopkins       | Raleigh NC         | 122 | 00:15:04 | 154 | 00:02:36 | 149 | 00:53:24 | 162 | 00:01:32 | 190 | 00:24:46 | 01:37:20          |
| 144 | 107 | M | 51 |    | Steve Higgins     | Madison Heights VA | 294 | 00:19:10 | 171 | 00:02:42 | 84  | 00:50:15 | 177 | 00:01:35 | 149 | 00:23:45 | 01:37:24          |
| 145 | 483 | M | 28 |    | Matt Mason        | Raleigh NC         | 187 | 00:16:26 | 61  | 00:01:59 | 206 | 00:55:50 | 187 | 00:01:37 | 69  | 00:21:36 | 01:37:26          |
| 146 | 410 | M | 37 |    | Steven Kyle       | Holly Springs NC   | 220 | 00:17:22 | 188 | 00:02:48 | 136 | 00:52:49 | 92  | 00:01:16 | 132 | 00:23:28 | 01:37:40          |

|     |     |   |    |                  |                  |     |          |     |          |     |          |     |          |     |          |                   |
|-----|-----|---|----|------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-------------------|
| 147 | 118 | M | 52 | Roger Jeffs      | Chapel Hill NC   | 227 | 00:17:30 | 138 | 00:02:31 | 101 | 00:50:54 | 147 | 00:01:27 | 214 | 00:25:21 | 01:37:42          |
| 148 | 500 | M | 52 | Lindsey Puryear  | Cary NC          | 146 | 00:15:32 | 126 | 00:02:27 | 188 | 00:55:09 | 80  | 00:01:13 | 131 | 00:23:27 | 01:37:46          |
| 149 | 39  | M | 31 | Preston Ivie     | Cary NC          | 147 | 00:15:34 | 218 | 00:03:06 | 197 | 00:55:26 | 249 | 00:01:52 | 78  | 00:21:52 | 01:37:48          |
| 150 | 168 | M | 45 | David Tyndall    | Cary NC          | 238 | 00:17:52 | 137 | 00:02:31 | 170 | 00:54:13 | 170 | 00:01:33 | 71  | 00:21:47 | 01:37:55          |
| 151 | 48  | M | 52 | Frazier Keck     | Cary NC          | 219 | 00:17:20 | 88  | 00:02:09 | 144 | 00:53:12 | 133 | 00:01:24 | 162 | 00:24:07 | 01:38:10          |
| 152 | 273 | M | 45 | Paul Novak       | Apex NC          | 157 | 00:15:51 | 199 | 00:02:55 | 86  | 00:50:19 | 244 | 00:01:50 | 268 | 00:27:18 | 01:38:11          |
| 153 | 165 | M | 31 | Mark Lavin       | Cary NC          | 106 | 00:14:46 | 176 | 00:02:44 | 243 | 00:57:35 | 260 | 00:01:56 | 60  | 00:21:13 | 01:38:12          |
| 154 | 450 | M | 39 | Jim Halley       | Chapel Hill NC   | 127 | 00:15:10 | 166 | 00:02:40 | 109 | 00:51:22 | 122 | 00:01:21 | 277 | 00:27:57 | 01:38:28          |
| 155 | 493 | M | 34 | Joe Abeln        | Raeford NC       | 302 | 00:19:28 | 170 | 00:02:41 | 108 | 00:51:20 | 79  | 00:01:13 | 155 | 00:23:54 | 01:38:33          |
| 156 | 126 | M | 39 | Josh Dalton      | Raleigh NC       | 74  | 00:14:01 | 236 | 00:03:14 | 161 | 00:53:53 | 146 | 00:01:27 | 239 | 00:26:07 | 01:38:41          |
| 157 | 110 | M | 38 | John Flynn       | Raleigh NC       | 116 | 00:14:59 | 205 | 00:02:59 | 199 | 00:55:31 | 67  | 00:01:09 | 165 | 00:24:08 | 01:38:45          |
| 158 | 235 | M | 51 | Joe Omlor        | Shelby NC        | 93  | 00:14:28 | 132 | 00:02:29 | 198 | 00:55:27 | 206 | 00:01:42 | 200 | 00:24:53 | 01:38:56          |
| 159 | 353 | M | 23 | Aaron Lucas      | Charlotte NC     | 191 | 00:16:35 | 57  | 00:01:59 | 211 | 00:56:07 | 71  | 00:01:10 | 120 | 00:23:08 | 01:38:57          |
| 160 | 101 | M | 36 | Jay Dodge        | Jacksonville NC  | 296 | 00:19:14 | 144 | 00:02:34 | 95  | 00:50:45 | 93  | 00:01:16 | 218 | 00:25:25 | 01:39:11          |
| 161 | 228 | M | 34 | Zachary Harrison | Sanford NC       | 137 | 00:15:22 | 202 | 00:02:57 | 223 | 00:56:32 | 89  | 00:01:15 | 58  | 00:21:12 | 00:02:00 01:39:15 |
| 162 | 179 | M | 31 | Brad Fletcher    | Fuquay Varina NC | 145 | 00:15:31 | 134 | 00:02:31 | 154 | 00:53:35 | 126 | 00:01:21 | 249 | 00:26:22 | 01:39:19          |
| 163 | 127 | M | 58 | Andy Whiteman    | Raleigh NC       | 266 | 00:18:40 | 220 | 00:03:07 | 140 | 00:52:51 | 111 | 00:01:19 | 63  | 00:21:28 | 00:02:00 01:39:22 |
| 164 | 185 | M | 45 | Mike Reardon     | Raleigh NC       | 189 | 00:16:31 | 299 | 00:04:01 | 133 | 00:52:39 | 178 | 00:01:35 | 202 | 00:24:55 | 01:39:39          |
| 165 | 259 | M | 38 | Philip Raymond   | New Bern NC      | 297 | 00:19:16 | 190 | 00:02:50 | 107 | 00:51:19 | 150 | 00:01:29 | 195 | 00:24:49 | 01:39:41          |
| 166 | 457 | M | 33 | Adriano De Meo   | Morrisville NC   | 291 | 00:19:04 | 287 | 00:03:48 | 126 | 00:52:17 | 352 | 00:03:59 | 46  | 00:20:40 | 01:39:47          |
| 167 | 220 | M | 28 | Devin Miller     | Sneads Ferry NC  | 143 | 00:15:28 | 209 | 00:03:02 | 225 | 00:56:42 | 239 | 00:01:49 | 107 | 00:22:49 | 01:39:49          |
| 168 | 348 | M | 38 | Phil Greene      | Holly Springs NC | 314 | 00:19:56 | 332 | 00:04:50 | 31  | 00:47:14 | 330 | 00:02:56 | 205 | 00:25:00 | 01:39:55          |
| 169 | 400 | M | 41 | Russ Helms       | Chapel Hill NC   | 223 | 00:17:26 | 258 | 00:03:29 | 141 | 00:52:55 | 137 | 00:01:25 | 192 | 00:24:48 | 01:40:01          |
| 170 | 335 | M | 42 | Will Harkins     | Cary NC          | 126 | 00:15:10 | 196 | 00:02:53 | 142 | 00:52:59 | 156 | 00:01:31 | 273 | 00:27:50 | 01:40:21          |
| 171 | 137 | M | 51 | Michael Fiocco   | Pittsboro NC     | 252 | 00:18:18 | 174 | 00:02:43 | 164 | 00:53:59 | 255 | 00:01:55 | 152 | 00:23:53 | 01:40:45          |
| 172 | 416 | M | 45 | Jeff Henderson   | Cary NC          | 135 | 00:15:18 | 233 | 00:03:13 | 167 | 00:54:05 | 319 | 00:02:35 | 222 | 00:25:38 | 01:40:47          |
| 173 | 387 | M | 43 | Daryl Ocain      | Raleigh NC       | 267 | 00:18:40 | 140 | 00:02:33 | 173 | 00:54:21 | 106 | 00:01:18 | 159 | 00:24:01 | 01:40:51          |
| 174 | 429 | M | 38 | Dan Adkins       | Durham NC        | 100 | 00:14:40 | 241 | 00:03:16 | 226 | 00:56:43 | 290 | 00:02:10 | 175 | 00:24:22 | 01:41:09          |
| 175 | 44  | M | 33 | Phil Prudich     | Cary NC          | 176 | 00:16:14 | 264 | 00:03:32 | 222 | 00:56:28 | 140 | 00:01:26 | 141 | 00:23:35 | 01:41:12          |
| 176 | 203 | M | 48 | Brian Blum       | Morrisville NC   | 153 | 00:15:44 | 226 | 00:03:10 | 203 | 00:55:41 | 252 | 00:01:53 | 198 | 00:24:51 | 01:41:17          |
| 177 | 221 | M | 44 | Bilal Saib       | Raleigh NC       | 194 | 00:16:40 | 212 | 00:03:03 | 218 | 00:56:23 | 207 | 00:01:42 | 144 | 00:23:38 | 01:41:25          |

|     |     |   |    |                       |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|---|----|-----------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 178 | 300 | M | 25 | Matthew Ingerson      | Sanford NC       | 309 | 00:19:46 | 213 | 00:03:04 | 160 | 00:53:51 | 215 | 00:01:44 | 115 | 00:23:05 | 01:41:29 |
| 179 | 488 | M | 35 | Rich Guerra           | Cary NC          | 269 | 00:18:43 | 210 | 00:03:03 | 181 | 00:54:58 | 103 | 00:01:17 | 139 | 00:23:34 | 01:41:34 |
| 180 | 349 | M | 30 | Anthony Henage        | Chapel Hill NC   | 113 | 00:14:55 | 197 | 00:02:54 | 214 | 00:56:10 | 169 | 00:01:33 | 244 | 00:26:15 | 01:41:45 |
| 181 | 347 | M | 36 | Jason Smith           | Holly Springs NC | 183 | 00:16:22 | 261 | 00:03:31 | 216 | 00:56:14 | 88  | 00:01:15 | 179 | 00:24:24 | 01:41:45 |
| 182 | 395 | M | 21 | Joseph Matroni        | Apex NC          | 312 | 00:19:53 | 102 | 00:02:14 | 143 | 00:52:59 | 166 | 00:01:32 | 210 | 00:25:10 | 01:41:46 |
| 183 | 323 | M | 39 | Vern Wagner           | Moncure NC       | 217 | 00:17:15 | 191 | 00:02:51 | 228 | 00:56:44 | 219 | 00:01:45 | 123 | 00:23:15 | 01:41:48 |
| 184 | 478 | M | 52 | Brian Dorn            | Newport NC       | 246 | 00:18:10 | 156 | 00:02:37 | 157 | 00:53:48 | 283 | 00:02:05 | 215 | 00:25:22 | 01:42:00 |
| 185 | 272 | M | 21 | Phillip Vance         | Sanford NC       | 328 | 00:20:59 | 42  | 00:01:54 | 217 | 00:56:16 | 33  | 00:01:00 | 83  | 00:21:56 | 01:42:02 |
| 186 | 36  | M | 31 | Larry Umberger        | Raleigh NC       | 24  | 00:11:55 | 232 | 00:03:13 | 241 | 00:57:32 | 37  | 00:01:00 | 288 | 00:28:28 | 01:42:06 |
| 187 | 103 | M | 53 | Rod Boyle             | Cameron NC       | 200 | 00:16:49 | 128 | 00:02:27 | 125 | 00:52:13 | 225 | 00:01:46 | 296 | 00:28:53 | 01:42:08 |
| 188 | 92  | M | 17 | Thomas Loughlin       | Holly Springs NC | 324 | 00:20:47 | 231 | 00:03:12 | 134 | 00:52:42 | 270 | 00:01:59 | 138 | 00:23:31 | 01:42:09 |
| 189 | 364 | M | 45 | Daniel Westbrook      | Raleigh NC       | 105 | 00:14:44 | 242 | 00:03:16 | 159 | 00:53:49 | 191 | 00:01:38 | 294 | 00:28:47 | 01:42:11 |
| 190 | 105 | M | 48 | Stuart Higgins        | Apex NC          | 253 | 00:18:21 | 187 | 00:02:48 | 168 | 00:54:09 | 161 | 00:01:31 | 219 | 00:25:26 | 01:42:12 |
| 191 | 82  | M | 30 | Audley Campbell Jr    | Fayetteville NC  |     |          |     |          |     |          |     |          |     |          | 01:42:14 |
| 192 | 322 | M | 33 | William Eschenbrenner | Fayetteville NC  | 243 | 00:18:06 | 257 | 00:03:28 | 171 | 00:54:15 | 278 | 00:02:02 | 180 | 00:24:30 | 01:42:19 |
| 193 | 238 | M | 43 | Jeff Draper           | Holly Springs NC | 167 | 00:16:03 | 280 | 00:03:45 | 175 | 00:54:29 | 182 | 00:01:35 | 260 | 00:26:47 | 01:42:37 |
| 194 | 144 | M | 25 | David Carlson         | Durham NC        | 25  | 00:11:59 | 219 | 00:03:06 | 284 | 01:00:39 | 42  | 00:01:02 | 233 | 00:25:58 | 01:42:43 |
| 195 | 472 | M | 18 | Jonathan Blum         | Morrisville NC   | 89  | 00:14:25 | 275 | 00:03:40 | 234 | 00:57:11 | 243 | 00:01:50 | 224 | 00:25:40 | 01:42:43 |
| 196 | 448 | M | 29 | Bryce Coleman         | Cary NC          | 95  | 00:14:33 | 77  | 00:02:06 | 237 | 00:57:14 | 23  | 00:00:55 | 280 | 00:28:04 | 01:42:50 |
| 197 | 380 | M | 27 | Aaron Jones           | Raleigh NC       | 242 | 00:18:03 | 142 | 00:02:34 | 261 | 00:59:14 | 181 | 00:01:35 | 64  | 00:21:28 | 01:42:52 |
| 198 | 153 | M | 45 | Ben Hitchings         | Durham NC        | 310 | 00:19:51 | 230 | 00:03:11 | 184 | 00:55:03 | 277 | 00:02:02 | 109 | 00:22:50 | 01:42:56 |
| 199 | 391 | M | 38 | Jess Grace            | Wilmington NC    | 212 | 00:17:09 | 85  | 00:02:08 | 240 | 00:57:28 | 97  | 00:01:16 | 206 | 00:25:03 | 01:43:03 |
| 200 | 430 | M | 35 | Bryan Staffey         | Wake Forest NC   | 247 | 00:18:11 | 238 | 00:03:15 | 224 | 00:56:41 | 259 | 00:01:56 | 125 | 00:23:17 | 01:43:18 |
| 201 | 35  | M | 36 | James Steelman        | Fuquay Varina NC | 257 | 00:18:23 | 288 | 00:03:48 | 235 | 00:57:12 | 14  | 00:00:53 | 119 | 00:23:07 | 01:43:22 |
| 202 | 442 | M | 24 | Ivan Almekinders      | Chapel Hill NC   | 112 | 00:14:53 | 89  | 00:02:09 | 307 | 01:02:56 | 61  | 00:01:08 | 95  | 00:22:20 | 01:43:24 |
| 203 | 491 | M | 34 | Dan Meyer             | Raleigh NC       | 276 | 00:18:53 | 69  | 00:02:02 | 232 | 00:56:58 | 75  | 00:01:11 | 177 | 00:24:22 | 01:43:25 |
| 204 | 112 | M | 49 | Jon Barlow            | Fuquay-Varina NC | 168 | 00:16:03 | 201 | 00:02:56 | 187 | 00:55:07 | 199 | 00:01:40 | 275 | 00:27:54 | 01:43:38 |
| 205 | 222 | M | 45 | Anthony Biller        | Raleigh NC       | 63  | 00:13:40 | 292 | 00:03:53 | 201 | 00:55:33 | 311 | 00:02:26 | 283 | 00:28:08 | 01:43:38 |
| 206 | 304 | M | 37 | C Brad Allen          | Charlotte NC     | 190 | 00:16:33 | 53  | 00:01:58 | 204 | 00:55:43 | 172 | 00:01:33 | 281 | 00:28:04 | 01:43:49 |
| 207 | 405 | M | 38 | Ryan Switzer          | Cary NC          | 261 | 00:18:29 | 240 | 00:03:16 | 128 | 00:52:24 | 237 | 00:01:49 | 282 | 00:28:05 | 01:44:00 |
| 208 | 334 | M | 53 | Kevin Norris          | Holly Springs NC | 270 | 00:18:45 | 286 | 00:03:48 | 178 | 00:54:49 | 307 | 00:02:22 | 178 | 00:24:24 | 01:44:05 |

|     |     |   |    |                         |                  |     |          |     |          |     |          |     |          |     |          |                   |
|-----|-----|---|----|-------------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-------------------|
| 209 | 359 | M | 56 | John Carroll            | Wilmington NC    | 263 | 00:18:32 | 195 | 00:02:52 | 220 | 00:56:25 | 142 | 00:01:26 | 199 | 00:24:53 | 01:44:06          |
| 210 | 76  | M | 42 | Brent Puzak             | Holly Springs NC | 144 | 00:15:30 | 267 | 00:03:34 | 189 | 00:55:09 | 289 | 00:02:09 | 274 | 00:27:52 | 01:44:12          |
| 211 | 314 | M | 52 | Nelson Long             | Nashville NC     | 299 | 00:19:18 | 208 | 00:03:00 | 177 | 00:54:46 | 265 | 00:01:57 | 220 | 00:25:27 | 01:44:26          |
| 212 | 425 | M | 29 | Austin Cole             | Raleigh NC       | 128 | 00:15:11 | 330 | 00:04:43 | 219 | 00:56:25 | 196 | 00:01:39 | 254 | 00:26:35 | 01:44:31          |
| 213 | 154 | M | 36 | Tee Wilkins             | Franklinton NC   | 240 | 00:17:59 | 155 | 00:02:36 | 242 | 00:57:35 | 107 | 00:01:19 | 207 | 00:25:05 | 01:44:32          |
| 214 | 298 | M | 38 | Paul Cardon             | Raleight NC      | 161 | 00:15:56 | 181 | 00:02:46 | 208 | 00:55:56 | 158 | 00:01:31 | 292 | 00:28:40 | 01:44:46          |
| 215 | 332 | M | 58 | Michael Sullivan        | Spring Lake NC   | 329 | 00:21:07 | 178 | 00:02:44 | 146 | 00:53:15 | 245 | 00:01:50 | 230 | 00:25:55 | 01:44:49          |
| 216 | 454 | M | 32 | Jeff Monroe             | Raleigh NC       | 201 | 00:16:52 | 325 | 00:04:29 | 185 | 00:55:04 | 328 | 00:02:47 | 228 | 00:25:49 | 01:45:01          |
| 217 | 408 | M | 34 | Aaron Yontz             | Cary NC          | 260 | 00:18:28 | 235 | 00:03:14 | 194 | 00:55:19 | 149 | 00:01:29 | 252 | 00:26:33 | 01:45:01          |
| 218 | 316 | M | 54 | Frank Rexford           | Chapel Hill NC   | 232 | 00:17:32 | 268 | 00:03:35 | 200 | 00:55:32 | 160 | 00:01:31 | 263 | 00:26:55 | 01:45:02          |
| 219 | 111 | M | 39 | Daniel King             | Raleigh NC       | 169 | 00:16:04 | 272 | 00:03:39 | 233 | 00:57:09 | 198 | 00:01:39 | 255 | 00:26:36 | 01:45:06          |
| 220 | 277 | M | 37 | Thomas Gilmore          | Norfolk VA       | 111 | 00:14:53 | 317 | 00:04:22 | 268 | 00:59:34 | 338 | 00:03:00 | 142 | 00:23:36 | 01:45:22          |
| 221 | 371 | M | 44 | Tom Howard              | Morrisville NC   | 275 | 00:18:51 | 266 | 00:03:33 | 229 | 00:56:45 | 152 | 00:01:30 | 191 | 00:24:46 | 01:45:23          |
| 222 | 244 | M | 28 | David Majer             | Raleigh NC       | 124 | 00:15:07 | 216 | 00:03:06 | 247 | 00:57:58 | 210 | 00:01:42 | 270 | 00:27:34 | 01:45:25          |
| 223 | 543 | M | 31 | Nicholas Wheeler        | Raleigh NC       | 226 | 00:17:30 | 327 | 00:04:38 | 274 | 01:00:00 | 130 | 00:01:22 | 87  | 00:21:59 | 01:45:28          |
| 224 | 97  | M | 48 | Michael Mitchell        | Moyock NC        | 185 | 00:16:25 | 116 | 00:02:23 | 298 | 01:02:01 | 195 | 00:01:39 | 114 | 00:23:04 | 01:45:30          |
| 225 | 225 | M | 55 | David Hawley            | Raleigh NC       | 268 | 00:18:43 | 152 | 00:02:36 | 166 | 00:54:05 | 212 | 00:01:43 | 287 | 00:28:26 | 01:45:30          |
| 226 | 167 | M | 49 | Kevin Kelley            | Raleigh NC       | 76  | 00:14:09 | 308 | 00:04:13 | 285 | 01:00:43 | 138 | 00:01:25 | 209 | 00:25:07 | 01:45:35          |
| 227 | 444 | M | 37 | Jonathan Scott          | Apex NC          | 218 | 00:17:18 | 227 | 00:03:10 | 257 | 00:58:59 | 251 | 00:01:53 | 171 | 00:24:16 | 01:45:35          |
| 228 | 19  | M | 59 | Jim McCleary            | Raleigh NC       | 337 | 00:22:13 | 146 | 00:02:34 | 169 | 00:54:10 | 266 | 00:01:57 | 187 | 00:24:42 | 01:45:35          |
| 229 | 205 | M | 27 | James Thomas            | Durham NC        | 181 | 00:16:21 | 361 | 01:06:16 |     |          |     |          | 88  | 00:22:01 | 01:45:39          |
| 230 | 269 | M | 48 | Frederick Theron        | Raleigh NC       | 160 | 00:15:54 | 263 | 00:03:31 | 230 | 00:56:47 | 264 | 00:01:57 | 272 | 00:27:48 | 01:45:56          |
| 231 | 338 | M | 39 | Jeffrey McConnell       | Chapel Hill NC   | 313 | 00:19:55 | 246 | 00:03:17 | 238 | 00:57:18 | 284 | 00:02:07 | 134 | 00:23:29 | 01:46:04          |
| 232 | 329 | M | 45 | Robert Boswell          | Wilmington NC    | 131 | 00:15:14 | 284 | 00:03:47 | 252 | 00:58:12 | 326 | 00:02:45 | 245 | 00:26:15 | 01:46:12          |
| 233 | 501 | M | 33 | Troels Bjerre Soerensen | Raleigh NC       | 307 | 00:19:41 | 151 | 00:02:36 | 202 | 00:55:40 | 224 | 00:01:46 | 257 | 00:26:41 | 01:46:21          |
| 234 | 308 | M | 48 | Scott Gilchrest         | Raleigh NC       | 209 | 00:17:01 | 318 | 00:04:22 | 192 | 00:55:16 | 194 | 00:01:39 | 240 | 00:26:07 | 00:02:00 01:46:24 |
| 235 | 299 | M | 40 | Guillermo Tello         | Cameron NC       | 344 | 00:23:04 | 145 | 00:02:34 | 152 | 00:53:28 | 125 | 00:01:21 | 234 | 00:25:59 | 01:46:24          |
| 236 | 232 | M | 47 | Mario Castro            | Charlotte NC     | 166 | 00:16:00 | 99  | 00:02:12 | 258 | 00:59:00 | 201 | 00:01:40 | 269 | 00:27:34 | 01:46:24          |
| 237 | 521 | M | 44 | ZM Matthew Nelson       | Chapel Hill NC   | 213 | 00:17:10 | 252 | 00:03:24 | 250 | 00:58:05 | 294 | 00:02:12 | 229 | 00:25:55 | 01:46:43          |
| 238 | 296 | M | 43 | Andy Peat               | Fuquay Varina NC | 173 | 00:16:11 | 136 | 00:02:31 | 263 | 00:59:25 | 168 | 00:01:32 | 266 | 00:27:10 | 01:46:48          |
| 239 | 396 | M | 31 | Eric Galindo            | Fort Bragg NC    | 334 | 00:21:48 | 189 | 00:02:50 | 172 | 00:54:20 | 301 | 00:02:16 | 223 | 00:25:39 | 01:46:51          |



|     |     |   |    |    |                     |                  |     |          |     |          |     |          |     |          |     |          |                   |
|-----|-----|---|----|----|---------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-------------------|
| 240 | 544 | M | 42 |    | Kyle Montgomery     | Morrisville NC   | 254 | 00:18:22 | 215 | 00:03:05 | 213 | 00:56:09 | 296 | 00:02:13 | 267 | 00:27:14 | 01:47:01          |
| 241 | 104 | M | 52 |    | Bob Cray            | Raleigh NC       | 184 | 00:16:23 | 224 | 00:03:09 | 270 | 00:59:42 | 257 | 00:01:55 | 238 | 00:26:04 | 01:47:11          |
| 242 | 292 | M | 33 |    | Brett Wentz         | Wilmington NC    | 233 | 00:17:33 | 193 | 00:02:52 | 190 | 00:55:12 | 276 | 00:02:01 | 305 | 00:29:45 | 01:47:21          |
| 243 | 309 | M | 67 |    | Tom Thompson        | High Point NC    | 109 | 00:14:50 | 247 | 00:03:17 | 303 | 01:02:34 | 226 | 00:01:47 | 203 | 00:24:58 | 01:47:24          |
| 244 | 183 | M | 50 |    | Alain Borthayre     | Raleigh NC       | 255 | 00:18:22 | 168 | 00:02:40 | 155 | 00:53:38 | 297 | 00:02:14 | 290 | 00:28:36 | 00:02:00 01:47:28 |
| 245 | 49  | M | 48 |    | Joe Fanjoy          | Holly Springs NC | 298 | 00:19:17 | 147 | 00:02:35 | 210 | 00:56:07 | 325 | 00:02:45 | 259 | 00:26:46 | 01:47:28          |
| 246 | 365 | M | 51 |    | Rans Douglas        | Raleigh NC       | 278 | 00:18:56 | 315 | 00:04:20 | 244 | 00:57:41 | 314 | 00:02:29 | 173 | 00:24:18 | 01:47:42          |
| 247 | 468 | M | 42 |    | Mike Molter         | Cary NC          | 40  | 00:12:53 | 336 | 00:04:58 | 309 | 01:03:02 | 300 | 00:02:16 | 189 | 00:24:45 | 01:47:52          |
| 248 | 552 | M | 40 |    | David Robertson     | Apex NC          | 274 | 00:18:50 | 186 | 00:02:47 | 158 | 00:53:49 | 331 | 00:02:56 | 303 | 00:29:34 | 01:47:54          |
| 249 | 87  | M | 24 |    | Wesley Mattocks     | Ashland OR       | 244 | 00:18:07 | 229 | 00:03:11 | 323 | 01:05:07 | 24  | 00:00:55 | 49  | 00:20:54 | 01:48:12          |
| 250 | 520 | M | 34 | NM | Ian Brown           | Fayetteville NC  | 305 | 00:19:37 | 279 | 00:03:44 | 227 | 00:56:44 | 271 | 00:01:59 | 247 | 00:26:17 | 01:48:19          |
| 251 | 12  | M | 32 |    | Sutton Schilawski   | Leland NC        | 292 | 00:19:08 | 249 | 00:03:22 | 281 | 01:00:30 | 36  | 00:01:00 | 174 | 00:24:21 | 01:48:20          |
| 252 | 511 | M | 48 | ZM | Douglas Behan       | Chapel Hill NC   | 118 | 00:15:01 | 300 | 00:04:01 | 295 | 01:01:55 | 222 | 00:01:46 | 231 | 00:25:56 | 01:48:37          |
| 253 | 177 | M | 32 |    | Daniel Miller       | Raleigh NC       | 101 | 00:14:40 | 278 | 00:03:42 | 291 | 01:01:21 | 261 | 00:01:56 | 264 | 00:27:00 | 01:48:37          |
| 254 | 74  | M | 42 |    | Brett Wiggins       | Raleigh NC       | 237 | 00:17:44 | 194 | 00:02:52 | 289 | 01:01:09 | 216 | 00:01:44 | 216 | 00:25:24 | 01:48:50          |
| 255 | 246 | M | 56 |    | Christopher Granger | Bahama NC        | 224 | 00:17:27 | 204 | 00:02:57 | 280 | 01:00:26 | 242 | 00:01:50 | 248 | 00:26:19 | 01:48:57          |
| 256 | 312 | M | 39 |    | David Wilfret       | Raleigh NC       | 325 | 00:20:47 | 320 | 00:04:25 | 180 | 00:54:53 | 322 | 00:02:39 | 246 | 00:26:15 | 01:48:57          |
| 257 | 294 | M | 24 |    | Merrick Reiland     | Raleigh NC       | 259 | 00:18:27 | 316 | 00:04:20 | 288 | 01:01:08 | 66  | 00:01:09 | 158 | 00:23:59 | 01:49:02          |
| 258 | 175 | M | 43 |    | Soren Windram       | Chapel Hill NC   | 182 | 00:16:22 | 274 | 00:03:40 | 296 | 01:01:58 | 304 | 00:02:19 | 196 | 00:24:50 | 01:49:07          |
| 259 | 389 | M | 50 |    | Kevin Concannon     | Durham NC        | 295 | 00:19:11 | 244 | 00:03:17 | 246 | 00:57:56 | 302 | 00:02:18 | 251 | 00:26:30 | 01:49:08          |
| 260 | 275 | M | 32 |    | Ryan Applegate      | Raleigh NC       | 195 | 00:16:41 | 290 | 00:03:50 | 300 | 01:02:16 | 253 | 00:01:53 | 181 | 00:24:31 | 01:49:11          |
| 261 | 266 | M | 34 |    | Jeff Soplop         | Raleigh NC       | 174 | 00:16:11 | 295 | 00:03:57 | 253 | 00:58:23 | 303 | 00:02:19 | 286 | 00:28:24 | 01:49:13          |
| 262 | 17  | M | 72 |    | Greyson Quarles     | Duck Key FL      | 230 | 00:17:31 | 223 | 00:03:08 | 186 | 00:55:05 | 281 | 00:02:05 | 325 | 00:31:32 | 01:49:19          |
| 263 | 206 | M | 30 |    | Adam Hart           | Raleigh NC       | 277 | 00:18:56 | 250 | 00:03:24 | 275 | 01:00:08 | 333 | 00:02:58 | 167 | 00:24:11 | 01:49:34          |
| 264 | 328 | M | 31 |    | Bayard Collins      | Chapel Hill NC   | 330 | 00:21:12 | 306 | 00:04:11 | 245 | 00:57:48 | 299 | 00:02:15 | 168 | 00:24:11 | 01:49:34          |
| 265 | 303 | M | 67 |    | Lou Galli           | Wilmington NC    | 206 | 00:16:57 | 153 | 00:02:36 | 266 | 00:59:28 | 269 | 00:01:59 | 291 | 00:28:38 | 01:49:36          |
| 266 | 201 | M | 43 |    | Keith Shackelford   | Wake Forest NC   | 351 | 00:23:44 | 158 | 00:02:38 | 236 | 00:57:13 | 180 | 00:01:35 | 182 | 00:24:32 | 01:49:40          |
| 267 | 242 | M | 20 |    | Matthew Newland     | Cary NC          | 16  | 00:11:22 | 200 | 00:02:55 | 254 | 00:58:23 | 189 | 00:01:38 | 347 | 00:35:31 | 01:49:47          |
| 268 | 343 | M | 21 |    | Tyler Van Zant      | Rocky Mount NC   | 129 | 00:15:12 | 314 | 00:04:18 | 313 | 01:03:34 | 268 | 00:01:58 | 217 | 00:25:24 | 01:50:24          |
| 269 | 571 | M | 43 | MC | Charles Cooley      | Cameron NC       | 336 | 00:22:00 | 256 | 00:03:27 | 193 | 00:55:17 | 306 | 00:02:21 | 271 | 00:27:35 | 01:50:38          |
| 270 | 184 | M | 37 |    | Boss Poe            | Raleigh NC       | 180 | 00:16:21 | 248 | 00:03:19 | 304 | 01:02:34 | 295 | 00:02:12 | 256 | 00:26:39 | 01:51:03          |

|     |     |   |    |    |                    |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|---|----|----|--------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 271 | 211 | M | 54 |    | Harris Welles      | Raleigh NC       | 214 | 00:17:12 | 294 | 00:03:54 | 267 | 00:59:28 | 263 | 00:01:56 | 289 | 00:28:35 | 01:51:03 |
| 272 | 406 | M | 43 |    | James Haskell      | Holly Springs NC | 339 | 00:22:25 | 276 | 00:03:41 | 248 | 00:57:59 | 258 | 00:01:55 | 208 | 00:25:05 | 01:51:03 |
| 273 | 490 | M | 43 |    | Ben Barker         | Durham NC        | 316 | 00:20:09 | 141 | 00:02:33 | 286 | 01:00:43 | 238 | 00:01:49 | 237 | 00:26:04 | 01:51:15 |
| 274 | 42  | M | 30 |    | Jeffrey Webb       | Raleigh NC       | 285 | 00:19:01 | 254 | 00:03:26 | 292 | 01:01:25 | 151 | 00:01:30 | 235 | 00:25:59 | 01:51:19 |
| 275 | 270 | M | 71 |    | Doug Fletcher      | Youngsville NC   | 151 | 00:15:41 | 72  | 00:02:03 | 294 | 01:01:46 | 204 | 00:01:42 | 313 | 00:30:30 | 01:51:40 |
| 276 | 109 | M | 57 |    | Jaime Hernandez    | Chapel Hill NC   | 306 | 00:19:40 | 343 | 00:05:12 | 249 | 00:58:04 | 332 | 00:02:57 | 236 | 00:26:02 | 01:51:53 |
| 277 | 28  | M | 56 |    | Gary Cook          | Leland NC        | 264 | 00:18:37 | 173 | 00:02:42 | 269 | 00:59:38 | 117 | 00:01:19 | 304 | 00:29:38 | 01:51:54 |
| 278 | 515 | M | 58 | ZM | Thomas McConnell   | Greenville NC    | 332 | 00:21:38 | 270 | 00:03:36 | 255 | 00:58:25 | 323 | 00:02:40 | 225 | 00:25:41 | 01:51:58 |
| 279 | 148 | M | 43 |    | Eric Schulze       | Alpharetta GA    | 284 | 00:19:00 | 297 | 00:03:59 | 191 | 00:55:13 | 291 | 00:02:11 | 326 | 00:31:39 | 01:52:00 |
| 280 | 313 | M | 25 |    | Brandon Long       | Raleigh NC       | 320 | 00:20:29 | 265 | 00:03:33 | 209 | 00:56:06 | 232 | 00:01:47 | 310 | 00:30:10 | 01:52:04 |
| 281 | 274 | M | 35 |    | William Burgos     | Richlands NC     | 258 | 00:18:25 | 234 | 00:03:14 | 297 | 01:01:59 | 308 | 00:02:22 | 242 | 00:26:09 | 01:52:07 |
| 282 | 542 | M | 33 |    | Robert Spicuzzu    | Durham NC        | 353 | 00:24:12 | 351 | 00:05:24 | 265 | 00:59:26 | 321 | 00:02:37 | 47  | 00:20:47 | 01:52:24 |
| 283 | 572 | M | 70 |    | Peter Lilley       | Charlotte NC     | 345 | 00:23:05 | 123 | 00:02:26 | 174 | 00:54:25 | 254 | 00:01:54 | 317 | 00:30:54 | 01:52:41 |
| 284 | 230 | M | 43 |    | Jeff Zillmer       | Cary NC          | 262 | 00:18:30 | 322 | 00:04:28 | 264 | 00:59:26 | 285 | 00:02:07 | 284 | 00:28:13 | 01:52:42 |
| 285 | 340 | M | 47 |    | Sherman Criner     | Wilmington NC    | 289 | 00:19:03 | 159 | 00:02:38 | 256 | 00:58:27 | 185 | 00:01:36 | 318 | 00:31:01 | 01:52:43 |
| 286 | 287 | M | 51 |    | Matthew Sharp      | Apex NC          | 335 | 00:21:50 | 281 | 00:03:46 | 282 | 01:00:31 | 315 | 00:02:29 | 169 | 00:24:11 | 01:52:45 |
| 287 | 563 | M | 44 |    | Istvan Pataki      | Holly Springs NC | 234 | 00:17:38 | 192 | 00:02:51 | 317 | 01:04:20 | 69  | 00:01:10 | 261 | 00:26:53 | 01:52:51 |
| 288 | 386 | M | 32 |    | Steven Sartorio    | Raleigh NC       | 211 | 00:17:04 | 326 | 00:04:33 | 328 | 01:05:34 | 313 | 00:02:29 | 124 | 00:23:16 | 01:52:54 |
| 289 | 546 | M | 59 |    | Lawrence Balick    | Raleigh NC       | 323 | 00:20:39 | 255 | 00:03:27 | 260 | 00:59:13 | 267 | 00:01:58 | 278 | 00:27:57 | 01:53:12 |
| 290 | 278 | M | 66 |    | Iva Anderson       | Raleigh NC       | 347 | 00:23:07 | 289 | 00:03:49 | 276 | 01:00:14 | 211 | 00:01:43 | 184 | 00:24:37 | 01:53:28 |
| 291 | 81  | M | 40 | MC | Patrick Van Vickle | Apex NC          | 236 | 00:17:42 | 237 | 00:03:14 | 283 | 01:00:39 | 279 | 00:02:02 | 308 | 00:30:09 | 01:53:44 |
| 292 | 156 | M | 34 |    | Eric McCoy         | Chapel Hill NC   | 221 | 00:17:22 | 328 | 00:04:39 | 271 | 00:59:58 | 246 | 00:01:51 | 306 | 00:30:04 | 01:53:54 |
| 293 | 172 | M | 38 |    | Brian Morgan       | Apex NC          | 357 | 00:24:42 | 335 | 00:04:57 | 259 | 00:59:00 | 316 | 00:02:32 | 104 | 00:22:46 | 01:53:55 |
| 294 | 392 | M | 46 |    | Jason Long         | Cary NC          | 354 | 00:24:17 | 179 | 00:02:45 | 278 | 01:00:19 | 250 | 00:01:52 | 188 | 00:24:45 | 01:53:56 |
| 295 | 91  | M | 29 |    | Michael Shields    | Raleigh NC       | 215 | 00:17:13 | 221 | 00:03:07 | 329 | 01:05:42 | 235 | 00:01:48 | 243 | 00:26:12 | 01:54:00 |
| 296 | 562 | M | 54 |    | Phillip Gillespie  | Chapel Hill NC   | 103 | 00:14:41 | 273 | 00:03:40 | 311 | 01:03:27 | 346 | 00:03:26 | 295 | 00:28:52 | 01:54:04 |
| 297 | 256 | M | 44 |    | Doug Thompson      | Holly Springs NC | 231 | 00:17:31 | 348 | 00:05:18 | 239 | 00:57:19 | 336 | 00:02:59 | 320 | 00:31:10 | 01:54:17 |
| 298 | 55  | M | 30 |    | Shane Barry        | Raleigh NC       | 70  | 00:13:52 | 311 | 00:04:16 | 344 | 01:08:40 | 228 | 00:01:47 | 232 | 00:25:58 | 01:54:31 |
| 299 | 21  | M | 53 |    | Steven Levine      | Cary NC          | 280 | 00:18:57 | 245 | 00:03:17 | 272 | 01:00:00 | 272 | 00:01:59 | 322 | 00:31:17 | 01:55:28 |
| 300 | 52  | M | 33 |    | Justin McCleery    | Asheville NC     | 222 | 00:17:25 | 342 | 00:05:11 | 293 | 01:01:26 | 288 | 00:02:09 | 302 | 00:29:26 | 01:55:35 |
| 301 | 469 | M | 34 | C  | Steve Gardner      | Cary NC          | 81  | 00:14:16 | 296 | 00:03:58 | 320 | 01:04:58 | 247 | 00:01:52 | 314 | 00:30:40 | 01:55:43 |

|     |     |   |    |    |                      |                  |     |          |     |          |     |          |     |          |     |          |          |
|-----|-----|---|----|----|----------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 302 | 190 | M | 50 |    | Allan Brunner        | Cary NC          | 355 | 00:24:29 | 239 | 00:03:15 | 196 | 00:55:26 | 273 | 00:01:59 | 323 | 00:31:18 | 01:56:26 |
| 303 | 567 | M | 51 | ZM | Michael Mauldwin     | Hope Mills NC    | 321 | 00:20:33 | 310 | 00:04:14 | 231 | 00:56:55 | 298 | 00:02:14 | 336 | 00:32:59 | 01:56:53 |
| 304 | 219 | M | 27 |    | Stuart Brooks        | Raleigh NC       | 229 | 00:17:31 | 222 | 00:03:08 | 318 | 01:04:37 | 220 | 00:01:45 | 312 | 00:30:15 | 01:57:14 |
| 305 | 384 | M | 43 |    | Tom Patton           | Clayton NC       | 327 | 00:20:52 | 262 | 00:03:31 | 287 | 01:01:02 | 342 | 00:03:14 | 293 | 00:28:47 | 01:57:24 |
| 306 | 548 | M | 40 |    | Michael Capps        | Cary NC          | 318 | 00:20:19 | 211 | 00:03:03 | 316 | 01:04:16 | 203 | 00:01:41 | 285 | 00:28:22 | 01:57:40 |
| 307 | 413 | M | 50 |    | William H. Moore III | Cary NC          | 162 | 00:15:59 | 340 | 00:05:05 | 277 | 01:00:17 | 354 | 00:04:17 | 333 | 00:32:24 | 01:58:00 |
| 308 | 117 | M | 28 |    | Chris Reynolds       | Fayetteville NC  |     |          |     |          | 322 | 01:05:05 | 262 | 00:01:56 | 258 | 00:26:46 | 01:58:39 |
| 309 | 64  | M | 54 |    | Rick Turner          | Apex NC          | 350 | 00:23:24 | 283 | 00:03:47 | 279 | 01:00:22 | 280 | 00:02:02 | 299 | 00:29:11 | 01:58:45 |
| 310 | 447 | M | 49 |    | Lance Tastet         | Apex NC          | 228 | 00:17:31 | 217 | 00:03:06 | 273 | 01:00:00 | 341 | 00:03:10 | 344 | 00:35:02 | 01:58:47 |
| 311 | 187 | M | 45 | MC | Branson Kimball      | Durham NC        | 360 | 00:27:44 | 269 | 00:03:36 | 137 | 00:52:49 | 317 | 00:02:33 | 332 | 00:32:17 | 01:58:56 |
| 312 | 344 | M | 22 |    | Tim Watson           | Raleigh NC       | 286 | 00:19:01 | 333 | 00:04:51 | 327 | 01:05:33 | 200 | 00:01:40 | 276 | 00:27:54 | 01:58:57 |
| 313 | 381 | M | 23 |    | Brent Gillespie      | Chapel Hill NC   | 245 | 00:18:09 | 346 | 00:05:15 | 338 | 01:07:10 | 340 | 00:03:05 | 226 | 00:25:46 | 01:59:22 |
| 314 | 414 | M | 40 |    | Troy Smith           | Holly Springs NC | 346 | 00:23:06 | 305 | 00:04:09 | 308 | 01:03:02 | 124 | 00:01:21 | 279 | 00:28:02 | 01:59:37 |
| 315 | 57  | M | 40 |    | Patrick Peterson     | Holly Springs NC | 66  | 00:13:44 | 331 | 00:04:49 | 333 | 01:06:40 | 350 | 00:03:54 | 319 | 00:31:08 | 02:00:14 |
| 316 | 565 | M | 37 | NM | Vince Rozier         | Raleigh NC       | 338 | 00:22:24 | 298 | 00:03:59 | 342 | 01:08:13 | 139 | 00:01:25 | 176 | 00:24:22 | 02:00:22 |
| 317 | 209 | M | 31 |    | Ryan Lambert         | Apex NC          | 304 | 00:19:33 | 321 | 00:04:26 | 314 | 01:03:39 | 74  | 00:01:11 | 328 | 00:31:45 | 02:00:31 |
| 318 | 147 | M | 41 |    | Johan Meurling       | Apex NC          | 322 | 00:20:37 | 307 | 00:04:11 | 312 | 01:03:29 | 214 | 00:01:44 | 315 | 00:30:42 | 02:00:41 |
| 319 | 59  | M | 33 |    | Gualberto Sanchez    | Holly Springs NC | 273 | 00:18:49 | 293 | 00:03:54 | 302 | 01:02:23 | 324 | 00:02:44 | 335 | 00:32:57 | 02:00:46 |
| 320 | 524 | M | 31 | NM | Mike Noeth           | Cary NC          | 265 | 00:18:40 | 323 | 00:04:29 | 334 | 01:06:43 | 286 | 00:02:08 | 297 | 00:28:53 | 02:00:51 |
| 321 | 162 | M | 61 |    | Ted Oliver           | Chapel Hill NC   | 293 | 00:19:09 | 277 | 00:03:42 | 290 | 01:01:16 | 320 | 00:02:35 | 342 | 00:34:18 | 02:00:57 |
| 322 | 139 | M | 56 |    | Bruce Pitner         | Durham NC        | 340 | 00:22:28 | 339 | 00:05:05 | 262 | 00:59:15 | 305 | 00:02:21 | 329 | 00:31:53 | 02:01:00 |
| 323 | 192 | M | 38 | C  | Shane Brown          | Sanford NC       | 279 | 00:18:56 | 354 | 00:06:13 | 321 | 01:05:04 | 218 | 00:01:45 | 300 | 00:29:21 | 02:01:17 |
| 324 | 525 | M | 32 | NM | Chad Ott             | Sanford NC       | 271 | 00:18:45 | 285 | 00:03:48 | 332 | 01:06:34 | 282 | 00:02:05 | 309 | 00:30:09 | 02:01:20 |
| 325 | 257 | M | 39 |    | Cory Allen           | Apex NC          | 300 | 00:19:26 | 312 | 00:04:17 | 306 | 01:02:51 | 318 | 00:02:34 | 331 | 00:32:15 | 02:01:21 |
| 326 | 120 | M | 46 |    | Phil Vanderwoude     | Chapel Hill NC   | 272 | 00:18:46 | 301 | 00:04:02 | 325 | 01:05:12 | 292 | 00:02:11 | 324 | 00:31:22 | 02:01:31 |
| 327 | 345 | M | 61 |    | Charles Ford         | High Point NC    | 72  | 00:13:56 | 353 | 00:06:04 | 339 | 01:07:35 | 345 | 00:03:25 | 327 | 00:31:41 | 02:02:39 |
| 328 | 141 | M | 56 |    | Mark Cramer          | Wilmington NC    | 164 | 00:16:00 | 324 | 00:04:29 | 305 | 01:02:47 | 348 | 00:03:34 | 348 | 00:36:04 | 02:02:52 |
| 329 | 519 | M | 27 | NM | Richard Ross         | Jacksonville NC  | 356 | 00:24:33 | 271 | 00:03:38 | 336 | 01:06:53 | 205 | 00:01:42 | 250 | 00:26:25 | 02:03:09 |
| 330 | 38  | M | 64 |    | David Mason          | Wilmington NC    | 301 | 00:19:26 | 259 | 00:03:30 | 315 | 01:04:07 | 309 | 00:02:22 | 339 | 00:33:57 | 02:03:20 |
| 331 | 508 | M | 37 | NM | Adam Demicco         | Cary NC          | 303 | 00:19:29 | 282 | 00:03:46 | 341 | 01:07:55 | 163 | 00:01:32 | 316 | 00:30:53 | 02:03:32 |
| 332 | 293 | M | 47 |    | Philip Maginnes      | Wilmington NC    | 290 | 00:19:04 | 303 | 00:04:05 | 310 | 01:03:10 | 287 | 00:02:08 | 345 | 00:35:20 | 02:03:45 |

|     |     |   |    |    |                     |                  |     |          |     |          |     |          |     |          |     |          |                   |
|-----|-----|---|----|----|---------------------|------------------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-------------------|
| 333 | 523 | M | 29 | NM | Emerson Sullivan    | Raeford NC       | 326 | 00:20:48 | 347 | 00:05:18 | 345 | 01:09:00 | 197 | 00:01:39 | 265 | 00:27:04 | 02:03:47          |
| 334 | 149 | M | 40 |    | Craig Gresham       | Cary NC          | 317 | 00:20:15 | 309 | 00:04:13 | 343 | 01:08:19 | 275 | 00:02:00 | 301 | 00:29:23 | 02:04:08          |
| 335 | 559 | M | 47 | MC | William Bunte       | Raleigh NC       | 311 | 00:19:52 | 352 | 00:05:39 | 299 | 01:02:08 | 339 | 00:03:04 | 341 | 00:34:12 | 02:04:53          |
| 336 | 473 | M | 31 |    | Patrick Riley       | Knightdale NC    | 333 | 00:21:43 | 313 | 00:04:17 | 301 | 01:02:19 | 334 | 00:02:58 | 343 | 00:34:33 | 02:05:49          |
| 337 | 29  | M | 27 |    | John Martin         | Raleigh NC       | 125 | 00:15:09 | 334 | 00:04:53 | 356 | 01:16:04 | 234 | 00:01:48 | 298 | 00:28:54 | 02:06:46          |
| 338 | 75  | M | 33 |    | Walter Devins       | Raleigh NC       | 216 | 00:17:14 | 338 | 00:05:01 | 347 | 01:09:25 | 274 | 00:02:00 | 337 | 00:33:35 | 02:07:12          |
| 339 | 476 | M | 32 |    | Bradley Hearn       | Raleigh NC       | 178 | 00:16:16 | 319 | 00:04:24 | 352 | 01:12:15 | 227 | 00:01:47 | 321 | 00:31:11 | 00:02:00 02:07:51 |
| 340 | 135 | M | 47 |    | Philip Perrotta     | Pinehurst NC     | 308 | 00:19:42 | 251 | 00:03:24 | 349 | 01:10:23 | 256 | 00:01:55 | 334 | 00:32:40 | 02:08:03          |
| 341 | 507 | M | 37 | NM | Declan Oshaughnessy | Raleigh NC       | 349 | 00:23:19 | 225 | 00:03:10 | 354 | 01:15:32 | 173 | 00:01:33 | 197 | 00:24:50 | 02:08:21          |
| 342 | 30  | M | 56 |    | Robert Kern         | Chapel Hill NC   | 352 | 00:23:48 | 203 | 00:02:57 | 330 | 01:06:02 | 229 | 00:01:47 | 340 | 00:33:58 | 02:08:30          |
| 343 | 125 | M | 35 |    | William Silverman   | Raleigh NC       | 210 | 00:17:03 | 304 | 00:04:08 | 357 | 01:16:39 | 184 | 00:01:36 | 330 | 00:31:54 | 02:11:18          |
| 344 | 178 | M | 39 |    | Daniel Courtine     | Fuquay Varina NC | 177 | 00:16:15 | 337 | 00:04:59 | 326 | 01:05:26 | 310 | 00:02:24 | 354 | 00:42:26 | 02:11:28          |
| 345 | 290 | M | 43 |    | Eric Thomson        | Durham NC        | 287 | 00:19:01 | 355 | 00:06:25 | 350 | 01:10:58 | 329 | 00:02:53 | 338 | 00:33:44 | 02:13:00          |
| 346 | 361 | M | 43 |    | Andrew Flynn        | Wilmington NC    | 361 | 00:32:11 | 356 | 00:06:28 | 319 | 01:04:38 | 349 | 00:03:40 | 262 | 00:26:54 | 02:13:50          |
| 347 | 253 | M | 55 |    | Rick Martin         | Erwin NC         | 348 | 00:23:12 | 302 | 00:04:03 | 335 | 01:06:47 | 312 | 00:02:28 | 350 | 00:37:58 | 02:14:26          |
| 348 | 356 | M | 42 |    | Thomas Williford    | Durham NC        | 359 | 00:26:51 | 291 | 00:03:51 | 353 | 01:12:40 | 241 | 00:01:49 | 311 | 00:30:15 | 02:15:24          |
| 349 | 54  | M | 39 |    | Nathan Magee        | Fuquay-Varina NC | 315 | 00:20:04 | 349 | 00:05:20 | 351 | 01:11:37 | 344 | 00:03:20 | 346 | 00:35:21 | 02:15:42          |
| 350 | 136 | M | 53 |    | Brett Hughes        | Apex NC          | 342 | 00:22:50 | 358 | 00:08:15 | 337 | 01:07:07 | 353 | 00:04:17 | 349 | 00:36:52 | 02:19:19          |
| 351 | 285 | M | 40 |    | Michael Kanaby      | Holly Springs NC | 331 | 00:21:25 | 357 | 00:06:41 | 355 | 01:15:56 | 351 | 00:03:56 | 307 | 00:30:07 | 00:02:00 02:20:03 |
| 352 | 116 | M | 72 |    | Gary Taylor         | Dunn, NC         | 341 | 00:22:34 | 350 | 00:05:20 | 331 | 01:06:31 | 335 | 00:02:58 | 355 | 00:43:42 | 02:21:03          |
| 353 | 239 | M | 54 |    | Robby Benedyk       | Angier NC        | 358 | 00:25:29 | 329 | 00:04:42 | 340 | 01:07:36 | 337 | 00:03:00 | 353 | 00:42:04 | 02:22:48          |
| 354 | 401 | M | 38 |    | Craig Casteel       | Sanford NC       | 319 | 00:20:24 | 360 | 00:31:40 | 324 | 01:05:08 | 343 | 00:03:16 | 253 | 00:26:34 | 02:27:00          |
| 355 | 276 | M | 33 | NM | Kevin Rust          | Raleigh NC       | 281 | 00:18:58 | 345 | 00:05:15 | 358 | 01:19:31 | 347 | 00:03:33 | 352 | 00:41:42 | 02:28:58          |
| 356 | 61  | M | 67 |    | Richard Watson      | Durham NC        | 343 | 00:22:55 | 344 | 00:05:12 | 346 | 01:09:23 | 355 | 00:05:42 | 356 | 00:48:07 | 02:31:17          |
| 357 | 53  | M | 38 | C  | Brian Irish         | Fuquay Varina NC | 362 | 00:35:56 | 341 | 00:05:07 | 348 | 01:09:53 | 327 | 00:02:46 | 351 | 00:39:23 | 02:33:02          |

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