

























































Coventry Woods 5K/10K Trail Challenge

Overall Results 10K Trail Run

Place	Bib	Name	City	Group	Group Place	Pace	Chip Time
1	2996	Peter Weida	Lancaster, PA	M (20-29)	 (Overall Male 1)	6:18	36:34
2	2962	Gabriel Rodriguez	Seven Valleys, PA	M (40-49)	 (1 of 15)	6:29	37:38
3	2998	Brian Wiest	Wallingford, PA	M (30-39)	 (1 of 8)	6:30	37:47
4	2979	Dan Speirs	Newtown Square, PA	M (40-49)	 (2 of 15)	6:58	40:26
5	3354	Tim Harte	Coatesville, PA	M (50-59)	 (1 of 12)	7:04	41:04
6	2694	Craig Polakoff	Philadelphia, PA	M (40-49)	 (3 of 15)	7:08	41:28
7	2970	Derek Schultz	Pottstown, PA	M (40-49)	 (4 of 15)	7:09	41:32
8	2645	Colin Gibbons	Pottstown, PA	M (30-39)	 (2 of 8)	7:12	41:51
9	2613	Clayton Bouchard	Lykens, PA	M (40-49)	 (5 of 15)	7:18	42:24
10	2986	Mark Tallon	Ambler, PA	M (50-59)	 (2 of 12)	7:27	43:14
11	2676	Daniel Mazo	Bala Cynwyd, PA	M (50-59)	 (3 of 12)	7:33	43:52
12	2610	Bill Boben	Lancaster, PA	M (50-59)	 (4 of 12)	7:35	44:05
13	2636	Michael Flanagan	Newtown Square, PA	M (50-59)	 (5 of 12)	7:36	44:10
14	2618	Greg Cauler	York, PA	M (60-69)	 (1 of 12)	7:46	45:05
15	2672	Reza Manavi	Willow Grove, PA	M (40-49)	 (6 of 15)	7:50	45:30
16	2961	Bob Reynolds	Wyndmoor, PA	M (60-69)	 (2 of 12)	7:56	46:01
17	2612	Andrew Bondarev	Phoenixville, PA	M (30-39)	 (3 of 8)	8:04	46:49
18	2993	Chris Walker	Downingtown, PA	M (30-39)	 (4 of 8)	8:07	47:08
19	2643	Zack Gershenson	Harleysville, PA	M (30-39)	 (5 of 8)	8:09	47:18
20	2651	Stanley Hatch	Flourtown, PA	M (50-59)	 (6 of 12)	8:10	47:23
21	2698	John Regan	Lansdale, PA	M (50-59)	 (7 of 12)	8:13	47:44
22	689	Kara Rubinich	Downingtown, PA	F (40-49)	 (Overall Female 1)	8:15	47:53
23	2655	Skip Horton	Gloucester City, NJ	M (40-49)	 (7 of 15)	8:17	48:06
24	637	Lorraine Jasper	Birchrowville, PA	F (50-59)	 (1 of 10)	8:21	48:27
25	2670	David Long	Newark, DE	M (40-49)	 (8 of 15)	8:22	48:36
26	2696	Jennifer Purvis	Ambler, PA	F (30-39)	 (1 of 12)	8:28	49:07
27	701	Josh Rubinich	Downingtown, PA	M (40-49)	 (9 of 15)	8:28	49:11
28	2624	Keith Crispin	Bear, DE	M (50-59)	 (8 of 12)	8:29	49:15
29	2603	Emily Asher	Norristown, PA	F (30-39)	 (2 of 12)	8:35	49:48
30	2965	Hannah Rose	Lansdale, PA	F (30-39)	 (3 of 12)	8:36	49:55
31	2634	Gene Dykes	Bala Cynwyd, PA	M (70+)	 (1 of 5)	8:40	50:22
32	2693	Joe Phillips	Bechtelsville, PA	M (20-29)	 (1 of 4)	8:41	50:28
33	3000	Rachel Wise	North Wales, PA	F (30-39)	 (4 of 12)	8:42	50:32
34	2660	Samantha Karwacki	Bethlehem, PA	F (0-19)	 (1 of 1)	8:45	50:49
35	2608	Robert Bezgin	Exton, PA	M (60-69)	 (3 of 12)	8:52	51:30
36	2644	Stephen Gibbons	Wayne, PA	M (60-69)	 (4 of 12)	8:54	51:42
37	2969	Cody Scholl	Mc Alisterville, PA	M (20-29)	 (2 of 4)	8:55	51:44
38	625	Dan Flickinger	Philadelphia, PA	M (40-49)	 (10 of 15)	8:57	51:57
39	619	Don Morrison	-	M (70+)	 (2 of 5)	9:06	52:47
40	2982	Bonnie Stoeckl	Pequea, PA	F (60-69)	 (1 of 3)	9:11	53:21
41	2633	Chrisa Dustman	Sicklervillesicklerville, NJ	F (40-49)	 (1 of 12)	9:16	53:48
42	2978	Thomas Smith	Pemberton, NJ	M (40-49)	 (11 of 15)	9:31	55:16
43	2695	Steven Pratt	Vincentown, NJ	M (40-49)	 (12 of 15)	9:31	55:17
44	2999	Anita Wiest	Wallingford, PA	F (30-39)	 (5 of 12)	9:32	55:23
45	2981	Robert Stenzel	Cherry Hill, NJ	M (60-69)	(5 of 12)	9:45	56:35

Coventry Woods 5K/10K Trail Challenge

Overall Results 10K Trail Run

Place	Bib	Name	City	Group		Group Place	Pace	Chip Time
46	2641	Mark Frazza	Philadelphia, PA	M (70+)	 (3 of 5)	9:46	56:40	
47	2647	Barbara Gorka	Philadelphia, PA	F (50-59)	 (2 of 10)	9:55	57:32	
48	3357	Scott Newcomb	Narberth, PA	M (40-49)		(13 of 15)	10:01	58:07
49	2675	Robert Mason	Wilmington, DE	M (60-69)		(6 of 12)	10:09	58:57
50	2677	Meaghan Mcelroy	Mount Laurel, NJ	F (40-49)	 (2 of 12)	10:12	59:13	
51	2974	Domenic Sexton	Lansdale, PA	M (0-19)	 (1 of 1)	10:16	59:37	
52	2973	Jennifer Sexton	Lansdale, PA	F (30-39)		(6 of 12)	10:23	1:00:17
53	2683	Gabrielle Minarik	Pottstown, PA	F (40-49)	 (3 of 12)	10:23	1:00:18	
54	617	Manuel Pedro	Elizabeth, NJ	M (60-69)		(7 of 12)	10:24	1:00:23
55	3350	Valene Zogorski	Collegeville, PA	F (40-49)		(4 of 12)	10:26	1:00:34
56	2994	Andrew Wallace	West Chester, PA	M (50-59)		(9 of 12)	10:42	1:02:04
57	2988	Colleen Tozer	Philadelphia, PA	F (30-39)		(7 of 12)	10:43	1:02:10
58	2963	James Rooney	Royersford, PA	M (40-49)		(14 of 15)	10:45	1:02:25
59	2697	Scott Ramoth	Coatesville, PA	M (50-59)		(10 of 12)	10:45	1:02:26
60	616	Dalton Reinford	East Greenville, PA	M (20-29)	 (3 of 4)	11:05	1:04:21	
61	2669	Mike Leake	Washington, DC	M (30-39)		(6 of 8)	11:06	1:04:25
62	2992	Lauren Versak	Collegeville, PA	F (30-39)		(8 of 12)	11:08	1:04:36
63	2640	Evan Franke	Allentown, PA	M (20-29)		(4 of 4)	11:20	1:05:47
64	2659	Tom Jennings	Fort Washington, PA	M (70+)		(4 of 5)	11:26	1:06:20
65	2691	Todd Palmer	Phoenixville, PA	M (50-59)		(11 of 12)	11:29	1:06:42
66	2635	Lindsey Engler	Spring City, PA	F (30-39)		(9 of 12)	11:32	1:07:00
67	2661	Eileen Keller	Glenmoore, PA	F (40-49)		(5 of 12)	11:34	1:07:11
68	2967	Andrea Rubinoff	Bear, DE	F (60-69)	 (2 of 3)	11:41	1:07:46	
69	2968	Karl Russek	Pottstown, PA	M (50-59)		(12 of 12)	11:44	1:08:09
70	2616	James Bushong	Columbia, PA	M (60-69)		(8 of 12)	11:44	1:08:09
71	2628	Nicole Dimaio	Maple Shade, NJ	F (20-29)	 (1 of 6)	11:53	1:09:01	
72	2678	Mary Pat Mcfarland	Merion Station, PA	F (50-59)	 (3 of 10)	11:59	1:09:31	
73	2699	Cecelia Regan	Glenside, PA	F (50-59)		(4 of 10)	11:59	1:09:31
74	2601	Perry Appino	Bryn Mawr, PA	M (60-69)		(9 of 12)	12:06	1:10:15
75	3352	Emily Evans	Macungie, PA	F (20-29)	 (2 of 6)	12:08	1:10:28	
76	2960	Christine Repetto	Havertown, PA	F (40-49)		(6 of 12)	12:18	1:11:22
77	2995	Ami Wasilewski	Malvern, PA	F (40-49)		(7 of 12)	12:18	1:11:26
78	2682	Sharon Michaelson	Fort Washington, PA	F (50-59)		(5 of 10)	12:23	1:11:51
79	2609	Kristine Blakely	West Chester, PA	F (50-59)		(6 of 10)	12:26	1:12:09
80	2663	Corinne Knier	Norwood, PA	F (20-29)	 (3 of 6)	12:27	1:12:15	
81	2673	Deborah Mancini	Pottstown, PA	F (60-69)	 (3 of 3)	12:27	1:12:15	
82	2615	Garrett Burch	Skippack, PA	M (60-69)		(10 of 12)	12:32	1:12:44
83	2652	Ed Hawkey	Perkasie, PA	M (70+)		(5 of 5)	12:32	1:12:44
84	2971	Ralph Seidler	Bethlehem, PA	M (30-39)		(7 of 8)	12:33	1:12:53
85	3356	Emily Merrick	Downingtown, PA	F (20-29)		(4 of 6)	12:52	1:14:39
86	3353	Meghan Moscarelli	Coatesville, PA	F (20-29)		(5 of 6)	12:52	1:14:40
87	2611	Barbara Boben	Lancaster, PA	F (50-59)		(7 of 10)	12:53	1:14:47
88	2692	Megan Petty	Downingtown, PA	F (40-49)		(8 of 12)	12:55	1:14:59
89	2607	Georgia Basso	Washington, DC	F (40-49)		(9 of 12)	13:03	1:15:44
90	2685	Judy Mohn	Hamburg, PA	F (20-29)		(6 of 6)	13:05	1:15:54

Coventry Woods 5K/10K Trail Challenge

Overall Results 10K Trail Run

Place	Bib	Name	City	Group	Group Place	Pace	Chip Time
91	2639	Michelle Foley	Reading, PA	F (30-39)	(10 of 12)	13:06	1:16:01
92	2686	Annette Musloski	Phoenixville, PA	F (30-39)	(11 of 12)	13:09	1:16:19
93	2964	Margo Rooney	Phoenixville, PA	F (40-49)	(10 of 12)	13:09	1:16:19
94	2621	Jack Comiskey	Pottstown, PA	M (60-69)	(11 of 12)	13:12	1:16:35
95	2623	Aliyah Cox	Burlington Twp, NJ	F (40-49)	(11 of 12)	13:27	1:18:04
96	2688	William Nolan	Exton, PA	M (30-39)	(8 of 8)	13:41	1:19:24
97	2674	Andre Marjanowski	Reading, PA	M (60-69)	(12 of 12)	13:43	1:19:36
98	2977	Dana Smith	Pemberton, NJ	F (40-49)	(12 of 12)	14:00	1:21:17
99	2984	Samantha Stripko	Medford, NJ	F (30-39)	(12 of 12)	14:00	1:21:17
100	2972	Sharon Sein	East Greenville, PA	F (50-59)	(8 of 10)	14:12	1:22:27
101	2665	Srirama Koyyalamudi	Downingtown, PA	M (40-49)	(15 of 15)	16:19	1:34:40
102	2602	Melissa Armstrong	Fleetwood, PA	F (50-59)	(9 of 10)	18:20	1:46:25
103	2671	Kristine Longshore	Doylestown, PA	F (50-59)	(10 of 10)	19:50	1:55:08