

2016 Triangle Sprint

Overall Men

Harris County Park|Southwestern Wake County (Raleigh)| NC 7/16/2016 07:30AM

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Place	Bib	Name	Age	City/State	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	5	MARK CAREY	45	CHAPEL HILL NC	8	00:08:36	1	00:00:59	4	00:42:22	8	00:00:51	1	00:19:17		01:12:03	
2	382	GEORGE WORRELL	41	GOLDSBORO NC	3	00:07:53	13	00:01:10	1	00:42:09	19	00:00:57	13	00:20:47		01:12:54	
3	18	KORY GRAY	30	RINCON GA	4	00:08:13	16	00:01:12	3	00:42:22	9	00:00:53	2	00:19:25	00:02:00	01:14:03	
4	12	BRIAN STOVER	45	TUCSON AZ	5	00:08:16	22	00:01:17	2	00:42:21	34	00:01:03	7	00:20:13	00:02:00	01:15:10	
5	10	ERIC REID	44	CHAPEL HILL NC	6	00:08:24	20	00:01:15	6	00:43:39	78	00:01:19	10	00:20:35		01:15:11	
6	419	CID CARDOSO JR	47	CARY NC	29	00:09:50	58	00:01:35	5	00:43:27	41	00:01:05	12	00:20:45		01:16:40	
7	264	MARK SCHLAM	30	FORT BRAGG NC	31	00:09:51	4	00:01:04	15	00:45:48	7	00:00:51	4	00:19:57		01:17:29	
8	349	ERIK JOHNSON	49	CORNELIUS NC	24	00:09:41	18	00:01:13	12	00:45:18	18	00:00:57	11	00:20:43		01:17:49	
9	425	BOBBY DIXON	53	APEX NC	15	00:09:13	7	00:01:07	7	00:44:38	38	00:01:04	38	00:22:49		01:18:51	
10	403	KEITH WEITZ	48	DURHAM NC	30	00:09:51	26	00:01:19	11	00:45:12	21	00:00:58	24	00:21:51		01:19:10	
11	7	CHAD KUFEN	44	RALEIGH NC	46	00:10:22	17	00:01:12	13	00:45:22	5	00:00:50	22	00:21:36		01:19:20	
12	95	KERRY MARTIN	25	CARY NC	22	00:09:34	6	00:01:05	22	00:47:05	79	00:01:19	9	00:20:31		01:19:32	
13	138	TIM PLATTS-MILLS	42	CHAPEL HILL NC	18	00:09:26	11	00:01:09	26	00:47:33	20	00:00:57	20	00:21:28		01:20:32	
14	440	MARTY GAAL	45	MORRISVILLE NC	2	00:07:53	24	00:01:18	19	00:46:44	29	00:01:00	53	00:23:41		01:20:34	
15	395	JOHN CLARK	37	CHAPEL HILL NC	20	00:09:29	131	00:02:21	8	00:44:40	56	00:01:11	44	00:23:00		01:20:39	
16	333	JAMES BLOWERS	45	CARY NC	12	00:09:04	75	00:01:48	20	00:46:49	157	00:01:51	19	00:21:22		01:20:52	
17	335	JONATHAN SMYRE	48	WAKE FOREST NC	14	00:09:06	46	00:01:28	18	00:46:36	30	00:01:02	37	00:22:49		01:20:59	
18	9	KIT PHILLIPS	40	APEX NC	17	00:09:26	21	00:01:17	21	00:46:49	42	00:01:05	31	00:22:27		01:21:03	
19	160	ALEX ALBRECHT	31	HOLLY RIDGE NC	32	00:09:52	32	00:01:22	41	00:48:48	27	00:01:00	8	00:20:15		01:21:15	
20	8	SHAWN MOLLOY	47	HOLLY SPRINGS NC	35	00:09:58	29	00:01:21	17	00:46:16	53	00:01:09	41	00:22:53		01:21:35	
21	370	FRANK FISHER	47	GREENVILLE NC	9	00:08:39	5	00:01:05	9	00:44:46	26	00:00:59	114	00:26:22		01:21:49	
22	167	JIM MOLNAR	44	CARY NC	90	00:11:50	19	00:01:14	10	00:44:53	31	00:01:02	46	00:23:03		01:22:00	

23	283	MARK BOETTCHER	56	FAYETTEVILLE NC	19	00:09:27	48	00:01:29	14	00:45:48	44	00:01:05	71	00:24:27	01:22:14
24	357	JIM FERNANDES	36	PINEHURST NC	63	00:11:01	23	00:01:17	16	00:45:54	55	00:01:11	49	00:23:09	01:22:30
25	418	LOUIS ALMEKINDERS	59	CHAPEL HILL NC	11	00:09:01	2	00:01:02	38	00:48:43	48	00:01:07	36	00:22:45	01:22:36
26	316	ART PREJS	42	CARRBORO NC	53	00:10:46	12	00:01:09	24	00:47:10	14	00:00:55	45	00:23:01	01:22:59
27	402	MICHAEL BRENEGAN	41	CARY NC	95	00:12:00	3	00:01:02	34	00:48:20	52	00:01:09	14	00:20:56	01:23:25
28	213	RON PASCUZZI	48	RALEIGH NC	68	00:11:07	9	00:01:08	32	00:47:59	22	00:00:58	32	00:22:28	01:23:39
29	253	CHRIS KALBERG	55	CARY NC	27	00:09:48	38	00:01:23	45	00:49:08	33	00:01:03	34	00:22:34	01:23:55
30	320	MATTHEW PEACH	31	RALEIGH NC	28	00:09:49	33	00:01:23	28	00:47:36	54	00:01:10	76	00:24:48	01:24:43
31	439	DAN SULLIVAN	50	CHARLOTTE NC	25	00:09:42	65	00:01:41	44	00:49:04	23	00:00:58	51	00:23:26	01:24:50
32	434	NICHOLAS PLOCAR	30	SHEBOYGAN WI	84	00:11:38	49	00:01:30	52	00:49:53	4	00:00:50	17	00:21:19	01:25:07
33	233	ADAM BURKE	38	RALEIGH NC	87	00:11:47	36	00:01:23	65	00:51:03	11	00:00:54	5	00:20:03	01:25:08
34	246	JASON RAPER	42	NEW BERN NC	40	00:10:07	30	00:01:22	37	00:48:39	49	00:01:08	63	00:24:09	01:25:22
35	267	JOHN LITSAS	57	RALEIGH NC	38	00:10:06	42	00:01:25	46	00:49:21	50	00:01:08	55	00:23:44	01:25:42
36	277	BILL MESSENGER	52	RALEIGH NC	26	00:09:45	60	00:01:40	42	00:48:52	126	00:01:38	56	00:23:55	01:25:48
37	49	TIM HAHN	52	CARY NC	133	00:13:08	54	00:01:33	25	00:47:32	28	00:01:00	40	00:22:52	01:26:03
38	422	DAVID GANCE	43	RALEIGH NC	45	00:10:19	100	00:02:03	30	00:47:47	127	00:01:38	68	00:24:21	01:26:06
39	351	BRIAN ORR	45	SAVANNAH GA	34	00:09:57	15	00:01:11	27	00:47:35	91	00:01:24	106	00:26:07	01:26:11
40	347	MARTY TRAKY	37	RALEIGH NC	37	00:10:01	145	00:02:31	56	00:50:14	61	00:01:13	50	00:23:24	01:27:23
41	373	JEFF ROEGGE	48	CARY NC	82	00:11:36	57	00:01:34	43	00:48:57	88	00:01:22	70	00:24:23	01:27:51
42	255	ZACH ESSELMAN	26	WAUSAU WI	134	00:13:08	43	00:01:27	67	00:51:11	2	00:00:47	18	00:21:21	01:27:51
43	297	BLAKE JOHNSTONE	26	RAEFORD NC	66	00:11:05	31	00:01:22	105	00:53:18	13	00:00:55	15	00:21:15	01:27:52
44	396	DAN ADKINS	41	CARY NC	21	00:09:32	108	00:02:08	57	00:50:22	93	00:01:25	72	00:24:29	01:27:54
45	313	FRANK GAUDIOSO	53	CARY NC	178	00:14:39	10	00:01:09	33	00:48:05	40	00:01:05	47	00:23:03	01:27:58
46	386	CYRIL NESTOR	47	DURHAM NC	97	00:12:07	93	00:01:57	35	00:48:22	60	00:01:13	73	00:24:37	01:28:14
47	248	DAVE DUPONT	55	WRIGHTSVILLE BEACH NC	42	00:10:14	47	00:01:29	66	00:51:05	107	00:01:30	59	00:24:01	01:28:17
48	384	JEFF BRADBURN	46	WINSTON SALEM NC	54	00:10:46	70	00:01:46	36	00:48:32	136	00:01:41	97	00:25:44	01:28:27
49	363	TIM HANSEN	42	RALEIGH NC	16	00:09:19	132	00:02:23	64	00:51:01	39	00:01:05	75	00:24:46	01:28:33
50	81	PHILIP CLIFFORD	49	DURHAM NC	116	00:12:37	28	00:01:21	23	00:47:08	112	00:01:31	102	00:25:59	01:28:35
51	300	CHIC FERRELL	51	RALEIGH NC	78	00:11:23	34	00:01:23	93	00:52:35	90	00:01:23	25	00:21:56	01:28:38
52	168	JOHN W COLLINS	38	APEX NC	70	00:11:10	78	00:01:49	48	00:49:43	135	00:01:41	67	00:24:20	01:28:41
53	61	TED TAKACS	42	RALEIGH NC	105	00:12:23	89	00:01:55	29	00:47:38	92	00:01:24	95	00:25:40	01:28:58

54	199	CALEB JACKSON	15	HOPE MILLS NC	121	00:12:46	37	00:01:23	72	00:51:37	1	00:00:41	35	00:22:38	01:29:03
55	19	ANTHONY MAKAR	25	SPRING LAKE NC	65	00:11:02	112	00:02:09	108	00:53:33	57	00:01:12	16	00:21:17	01:29:11
56	367	BARRETT MARTIN	27	SANFORD NC	120	00:12:44	126	00:02:17	62	00:50:43	74	00:01:17	28	00:22:17	01:29:16
57	191	ANDREW LIPETZKY	28	DURHAM NC	59	00:10:54	118	00:02:13	88	00:52:25	154	00:01:51	26	00:21:56	01:29:18
58	390	ALAN PARKER	43	ABERDEEN NC	100	00:12:12	35	00:01:23	39	00:48:44	16	00:00:56	115	00:26:22	01:29:34
59	366	PETER MCKINNIS	32	CARRBORO NC	7	00:08:34	56	00:01:34	80	00:51:55	58	00:01:12	113	00:26:22	01:29:35
60	356	KYLE MCDERMOTT	25	CARRBORO NC	123	00:12:50	88	00:01:54	61	00:50:37	161	00:01:54	29	00:22:26	01:29:38
61	276	JACK MESSENGER	17	RALEIGH NC	1	00:07:20	119	00:02:15	136	00:55:46	65	00:01:14	48	00:23:06	01:29:39
62	353	BEN TROXLER	49	RALEIGH NC	47	00:10:23	137	00:02:25	49	00:49:46	160	00:01:54	92	00:25:35	01:30:01
63	411	BRIAN BLUM	51	MORRISVILLE NC	71	00:11:11	64	00:01:41	47	00:49:35	122	00:01:36	107	00:26:07	01:30:08
64	71	JOHN COLE	29	BURLINGTON NC	58	00:10:52	110	00:02:08	103	00:53:08	66	00:01:14	42	00:22:53	01:30:14
65	179	CHRIS CARTER	53	HOLLY SPRINGS NC	106	00:12:25	113	00:02:09	31	00:47:54	46	00:01:07	123	00:26:56	01:30:29
66	113	PETER LYU	26	ATLANTA GA	10	00:08:44	91	00:01:55	102	00:53:07	36	00:01:04	100	00:25:54	01:30:43
67	319	JEFFREY NELSON	47	RALEIGH NC	75	00:11:18	86	00:01:54	51	00:49:50	147	00:01:48	104	00:26:01	01:30:48
68	312	ABRAM KLINE	32	RALEIGH NC	50	00:10:37	79	00:01:49	79	00:51:51	75	00:01:17	83	00:25:17	01:30:50
69	358	TRAVIS MURRAY	28	WILMINGTON NC	98	00:12:10	40	00:01:24	87	00:52:24	37	00:01:04	57	00:23:56	01:30:55
70	4	MIKE ARMSTRONG	41	HOLLY SPRINGS NC	57	00:10:52	84	00:01:52	120	00:54:52	45	00:01:06	30	00:22:26	01:31:06
71	136	MATT TAGUE	43	APEX NC	83	00:11:37	59	00:01:36	73	00:51:39	80	00:01:19	79	00:25:00	01:31:10
72	334	MARK LAVIN	34	APEX NC	62	00:11:00	68	00:01:42	129	00:55:28	105	00:01:29	23	00:21:36	01:31:13
73	140	STEPHEN BRANSTON	26	CARRBORO NC	72	00:11:12	182	00:02:55	106	00:53:25	113	00:01:32	27	00:22:14	01:31:16
74	62	MARK WOODWELL	36	RALEIGH NC	99	00:12:11	177	00:02:49	112	00:54:20	152	00:01:50	6	00:20:10	01:31:19
75	381	NICHOLAS MEEKER	28	RALEIGH NC	148	00:13:33	106	00:02:06	117	00:54:34	104	00:01:29	3	00:19:51	01:31:31
76	77	DAVID MONTEFIORI	62	HILLSBOROUGH NC	69	00:11:09	44	00:01:28	95	00:52:42	181	00:02:09	65	00:24:14	01:31:40
77	242	PRESTON ERB	50	WINCHESTER VA	150	00:13:38	121	00:02:16	40	00:48:44	101	00:01:28	98	00:25:49	01:31:53
78	171	LEE RAGSDALE	44	RALEIGH NC	117	00:12:38	165	00:02:41	63	00:50:56	148	00:01:48	58	00:23:59	01:32:01
79	38	CHRISTOPHER CATON	48	CLAYTON NC	109	00:12:26	95	00:01:59	59	00:50:37	95	00:01:25	93	00:25:37	01:32:02
80	105	JONATHAN DOERING	46	CLAYTON NC	81	00:11:32	87	00:01:54	75	00:51:44	94	00:01:25	89	00:25:32	01:32:04
81	239	FRANK SAVARESE	43	ROLESVILLE NC	36	00:10:00	63	00:01:41	70	00:51:23	77	00:01:18	146	00:28:07	01:32:27
82	359	MICHAEL HOLLOMAN	36	STELLA NC	96	00:12:05	50	00:01:30	90	00:52:30	103	00:01:28	82	00:25:11	01:32:42
83	156	JASON NORMAN	47	CHAPEL HILL NC	92	00:11:56	80	00:01:49	97	00:52:49	59	00:01:12	78	00:24:59	01:32:43
84	47	KEVIN EARLEY	44	RALEIGH NC	41	00:10:09	73	00:01:47	96	00:52:48	100	00:01:27	124	00:26:56	01:33:05

85	270	CRAIG GILBERT	57	DURHAM NC	64	00:11:01	66	00:01:42	81	00:51:58	64	00:01:14	131	00:27:16	01:33:08
86	142	LALIT VERMA	48	CHAPEL HILL NC	33	00:09:53	85	00:01:53	78	00:51:50	150	00:01:48	142	00:27:50	01:33:12
87	280	TAMU MILLER	42	CARY NC	205	00:15:47	81	00:01:50	55	00:50:11	99	00:01:26	62	00:24:04	01:33:16
88	284	BOB BECKSTEAD	50	RALEIGH NC	157	00:13:53	39	00:01:23	82	00:52:06	110	00:01:31	74	00:24:39	01:33:30
89	308	JOSEPH BORAWSKI	42	DURHAM NC	202	00:15:36	116	00:02:11	54	00:50:04	89	00:01:23	69	00:24:22	01:33:34
90	388	MICHAEL DRUTAR	33	RALEIGH NC	104	00:12:20	104	00:02:04	113	00:54:20	43	00:01:05	64	00:24:12	01:33:59
91	256	ANDY WHITEMAN	61	RALEIGH NC	113	00:12:33	83	00:01:51	123	00:55:17	116	00:01:32	39	00:22:51	01:34:02
92	44	FRAZIER KECK	55	CARY NC	128	00:12:54	41	00:01:25	86	00:52:20	87	00:01:22	118	00:26:31	01:34:30
93	362	BRIAN VAN HORN	55	DURHAM NC	55	00:10:47	194	00:03:09	92	00:52:31	138	00:01:41	119	00:26:33	01:34:39
94	330	DANIEL KING	42	RALEIGH NC	49	00:10:33	158	00:02:35	109	00:53:40	142	00:01:45	109	00:26:09	01:34:41
95	257	STEVE BRADLEY	64	PURCELLVILLE VA	135	00:13:08	8	00:01:08	107	00:53:26	81	00:01:20	96	00:25:43	01:34:43
96	404	MICHAEL PRAFKA	27	RALEIGH NC	76	00:11:20	189	00:03:04	135	00:55:42	159	00:01:53	43	00:22:58	01:34:55
97	21	JOSEPH SEYMOUR	31	CARRBORO NC	56	00:10:52	181	00:02:53	143	00:56:03	133	00:01:40	52	00:23:30	01:34:56
98	322	SCOTT CUNNINGHAM	50	APEX NC	190	00:15:13	82	00:01:50	85	00:52:13	139	00:01:41	60	00:24:02	01:34:57
99	58	CRAIG ALLEN	40	WAKE FOREST NC	177	00:14:32	62	00:01:40	71	00:51:27	70	00:01:16	117	00:26:27	01:35:20
100	410	NICHOLAS PHILLIPS	41	PIKEVILLE NC	226	00:17:31	27	00:01:20	50	00:49:47	67	00:01:15	88	00:25:32	01:35:23
101	288	CHARLES WEST	26	NEWPORT NEWS VA	108	00:12:26	207	00:03:21	91	00:52:31	194	00:02:16	77	00:24:51	01:35:24
102	182	KEVIN HUEMAN	40	FAYETTEVILLE NC	183	00:14:49	102	00:02:04	89	00:52:29	85	00:01:22	80	00:25:02	01:35:45
103	321	MARK SMITH	49	CHAPEL HILL NC	13	00:09:05	96	00:02:00	76	00:51:47	167	00:01:57	183	00:31:03	01:35:52
104	435	VIC TURNER	56	APEX NC	48	00:10:29	25	00:01:19	131	00:55:35	83	00:01:22	139	00:27:35	01:36:18
105	268	GEORGE ZYGMUNTOWICZ	49	APEX NC	129	00:12:54	53	00:01:33	101	00:53:05	108	00:01:30	136	00:27:27	01:36:27
106	219	KEN MATHER	32	RALEIGH NC	67	00:11:07	175	00:02:48	147	00:56:37	199	00:02:19	54	00:23:43	01:36:32
107	432	JOSH DUEWER	32	APEX NC	145	00:13:29	99	00:02:03	119	00:54:51	187	00:02:11	61	00:24:02	01:36:35
108	23	TOM GIBBONS	34	WAKE FOREST NC	154	00:13:50	144	00:02:30	104	00:53:13	173	00:02:00	81	00:25:08	01:36:39
109	437	JEREMY WIGGINS	33	RALEIGH NC	159	00:13:55	45	00:01:28	118	00:54:36	111	00:01:31	86	00:25:28	01:36:56
110	102	CARL NYMAN	57	APEX NC	91	00:11:52	152	00:02:33	77	00:51:49	193	00:02:16	151	00:28:30	01:36:58
111	325	DAVID HAWLEY	58	CARY NC	161	00:13:56	52	00:01:32	58	00:50:23	117	00:01:33	170	00:29:53	01:37:15
112	145	JEFFREY PETERSON	47	CHELTENHAM PA	88	00:11:48	133	00:02:24	126	00:55:24	137	00:01:41	110	00:26:10	01:37:24
113	163	MICHAEL EMANUELE	38	CHAPEL HILL NC	132	00:13:04	161	00:02:37	142	00:56:02	118	00:01:34	66	00:24:17	01:37:33
114	43	DAVID FROST	53	PITTSBORO NC	74	00:11:17	129	00:02:20	53	00:49:55	219	00:02:39	188	00:31:29	01:37:38
115	93	TANNER LOVELACE	46	DURHAM NC	152	00:13:42	127	00:02:17	69	00:51:19	123	00:01:36	160	00:29:03	01:37:55

116	240	TYLER CONFREY-MALON	25	RALEIGH NC	111	00:12:28	72	00:01:46	134	00:55:42	12	00:00:55	132	00:27:16	01:38:05
117	417	MICHAEL HODGDON	53	DURHAM NC	162	00:13:59	101	00:02:04	68	00:51:15	73	00:01:16	168	00:29:44	01:38:17
118	17	TOM ALDRICH	31	SPRING LAKE NC	209	00:16:09	134	00:02:24	158	00:57:38	3	00:00:47	21	00:21:30	01:38:26
119	33	JEFF ZILLMER	46	CARY NC	137	00:13:14	140	00:02:28	100	00:53:01	98	00:01:26	148	00:28:26	01:38:33
120	338	STEVE HIGGINS	54	MADISON HEIGHTS VA	212	00:16:16	160	00:02:37	84	00:52:13	170	00:01:59	87	00:25:32	01:38:35
121	99	CARLTON COOPER	60	RALEIGH NC	168	00:14:07	69	00:01:42	114	00:54:21	96	00:01:25	128	00:27:03	01:38:37
122	120	JEFF WELLS	46	HILLSBOROUGH NC	124	00:12:50	150	00:02:33	83	00:52:11	225	00:02:45	153	00:28:34	01:38:52
123	109	JAMES MICHAELS	30	ATLANTA GA	119	00:12:42	156	00:02:34	148	00:56:41	144	00:01:46	91	00:25:34	01:39:15
124	310	CRAIG DUBRULE	44	CARY NC	144	00:13:28	173	00:02:47	130	00:55:33	183	00:02:09	90	00:25:33	01:39:30
125	198	JOHN MCKNIGHT	43	RALEIGH NC	94	00:11:59	139	00:02:27	137	00:55:46	224	00:02:45	120	00:26:43	01:39:39
126	20	GORDON MCLEAN	27	CARTHAGE NC	73	00:11:13	178	00:02:50	174	00:59:24	17	00:00:56	85	00:25:28	01:39:49
127	11	ADAM RIVENBARK	42	WILMINGTON NC	85	00:11:42	90	00:01:55	161	00:57:54	115	00:01:32	122	00:26:52	01:39:53
128	261	MIKE STARRETT	31	CARY NC	122	00:12:47	114	00:02:10	98	00:52:57	202	00:02:20	169	00:29:45	01:39:57
129	100	ANDREW ECKERT	34	QUANTICO VA	114	00:12:34	171	00:02:46	139	00:55:54	140	00:01:43	130	00:27:08	01:40:02
130	153	DAVID GREENAWALD	28	ARLINGTON VA	93	00:11:58	135	00:02:25	132	00:55:38	82	00:01:21	159	00:28:54	01:40:14
131	254	MATTHEW TYNDALL	17	CARY NC	79	00:11:28	55	00:01:33	167	00:58:58	51	00:01:09	135	00:27:24	01:40:30
132	385	STUART STANKEVICH	19	BRENTWOOD TN	103	00:12:17	164	00:02:41	156	00:57:24	10	00:00:54	133	00:27:18	01:40:32
133	383	BRIAN FESSLER	35	SOUTHERN PINES NC	101	00:12:12	51	00:01:31	178	01:00:00	68	00:01:15	94	00:25:37	01:40:33
134	115	MATT MORELOCK	24	RALEIGH NC	169	00:14:08	203	00:03:18	138	00:55:48	124	00:01:37	101	00:25:57	01:40:45
135	236	JOHN REILLY	63	BROWN SUMMIT NC	146	00:13:30	187	00:03:00	115	00:54:31	192	00:02:14	140	00:27:38	01:40:51
136	304	MARK PRUDHOMME	49	CARY NC	218	00:17:04	146	00:02:32	110	00:53:41	156	00:01:51	99	00:25:52	01:40:58
137	342	BEN BARKER	46	DURHAM NC	199	00:15:27	77	00:01:48	140	00:55:57	72	00:01:16	121	00:26:51	01:41:18
138	45	MATT SEAVEY	32	CARY NC	44	00:10:17	67	00:01:42	94	00:52:40	114	00:01:32	213	00:35:18	01:41:26
139	203	DAVID NICHOLS	32	HOLLY SPRINGS NC	167	00:14:05	122	00:02:17	125	00:55:24	132	00:01:40	145	00:28:03	01:41:28
140	350	CHRIS NOVAKOSKI	35	FRANKLIN VA	172	00:14:25	193	00:03:09	188	01:00:45	35	00:01:03	33	00:22:33	01:41:54
141	260	DAVID TYNDALL	48	CARY NC	171	00:14:20	159	00:02:37	151	00:57:02	145	00:01:47	116	00:26:26	01:42:10
142	406	ALEX MOLGAARD	20	ANGIER NC	118	00:12:42	198	00:03:15	145	00:56:19	221	00:02:42	141	00:27:47	01:42:43
143	355	ROBERT DIEM	35	RAEFORD NC	155	00:13:50	123	00:02:17	141	00:56:01	119	00:01:35	161	00:29:08	01:42:48
144	29	MICHAEL TRACY	44	TEGA CAY SC	141	00:13:23	204	00:03:19	163	00:57:59	226	00:02:51	84	00:25:20	01:42:50
145	339	TIMOTHY VELLA	49	HOLLY SPRINGS NC	175	00:14:28	109	00:02:08	111	00:53:51	120	00:01:35	180	00:30:52	01:42:53
146	228	DAVID CONNER	56	SOUTH BOSTON VA	182	00:14:47	199	00:03:16	60	00:50:37	208	00:02:25	195	00:31:56	01:42:59

147	245	DANIEL LIPETZKY	26	RALEIGH NC	147	00:13:33	217	00:03:44	164	00:58:23	86	00:01:22	103	00:26:00	01:43:00
148	192	THOMPSON LIU	30	SPRING LAKE NC											01:43:00
149	32	ADAM MEADE	42	RALEIGH NC	153	00:13:49	153	00:02:34	170	00:59:05	102	00:01:28	108	00:26:07	01:43:01
150	301	DWIGHT HOWELL	61	CHINA GROVE NC	180	00:14:43	214	00:03:40	74	00:51:41	146	00:01:47	186	00:31:18	01:43:07
151	401	SHANNON MILLER	52	CHARLOTTE NC	39	00:10:06	136	00:02:25	181	01:00:17	125	00:01:37	164	00:29:23	01:43:46
152	217	JOEL EATON	42	HOLLY SPRINGS NC	227	00:17:49	124	00:02:17	124	00:55:19	134	00:01:41	125	00:26:56	01:44:01
153	341	GABE KRANENBURG	16	RAEFORD NC	115	00:12:37	76	00:01:48	172	00:59:12	151	00:01:49	162	00:29:12	01:44:36
154	275	MICHAEL BARRETT	55	CHAPEL HILL NC	125	00:12:51	143	00:02:29	146	00:56:35	207	00:02:25	175	00:30:27	01:44:45
155	206	THOMAS GIVENS	53	ROUGEMONT NC	166	00:14:03	115	00:02:11	133	00:55:40	128	00:01:38	189	00:31:32	01:45:02
156	346	JIM BAILEY	47	APEX NC	176	00:14:29	197	00:03:14	155	00:57:18	211	00:02:28	150	00:28:27	01:45:53
157	106	DOUG FLETCHER	74	YOUNGSVILLE NC	127	00:12:53	14	00:01:11	173	00:59:20	106	00:01:29	185	00:31:09	01:46:00
158	97	JIM ROBERTSON	53	CHAPEL HILL NC	60	00:10:54	117	00:02:13	177	00:59:56	63	00:01:13	194	00:31:53	01:46:06
159	368	VICTOR JEAN	50	CARY NC	197	00:15:27	166	00:02:42	165	00:58:32	163	00:01:56	138	00:27:33	01:46:07
160	336	STUART HIGGINS	51	APEX NC	160	00:13:55	184	00:02:56	152	00:57:04	143	00:01:45	177	00:30:31	01:46:08
161	318	BLAIR BOST	61	YOUNGSVILLE NC	86	00:11:42	179	00:02:50	121	00:54:55	178	00:02:06	211	00:34:41	01:46:12
162	200	FRANK BARBER	44	CARRICK ON SHANNON XX	174	00:14:26	148	00:02:32	160	00:57:53	32	00:01:02	181	00:30:53	01:46:44
163	371	WILL GODFREY	38	HOLLY SPRINGS NC	189	00:15:12	202	00:03:17	182	01:00:23	71	00:01:16	126	00:27:01	01:47:07
164	52	JOHN BRUBAKER	49	NEW HILL NC	231	00:18:16	185	00:02:56	168	00:59:04	6	00:00:50	105	00:26:06	01:47:10
165	37	JIM MCCLEARY	62	RALEIGH NC	192	00:15:15	180	00:02:52	122	00:55:16	210	00:02:27	190	00:31:33	01:47:22
166	151	JOHN COLLINS	40	APEX NC	188	00:15:05	205	00:03:20	144	00:56:15	200	00:02:19	179	00:30:47	01:47:45
167	170	BRUCE O'CONNELL	54	APEX NC	236	00:18:34	215	00:03:40	128	00:55:28	149	00:01:48	147	00:28:23	01:47:52
168	372	KEVIN CONCANNON	53	DURHAM NC	126	00:12:51	128	00:02:18	187	01:00:44	168	00:01:57	173	00:30:10	01:48:00
169	281	QUINTON STALLINGS	25	HOLLY SPRINGS NC	222	00:17:11	149	00:02:32	154	00:57:06	197	00:02:17	163	00:29:14	01:48:18
170	360	ALEX VALENTINE	16	MATTHEWS NC	89	00:11:50	218	00:03:52	198	01:02:10	24	00:00:58	167	00:29:31	01:48:20
171	188	KEVIN MCNAMEE	32	DURHAM NC	156	00:13:51	243	00:06:01	159	00:57:41	242	00:04:16	134	00:27:23	01:49:10
172	194	DECLAN OSHAUGHNESSY	40	RALEIGH NC	198	00:15:27	98	00:02:01	206	01:02:51	171	00:02:00	127	00:27:02	01:49:19
173	430	CHRIS DICKERSON	42	HOPE MILLS NC	165	00:14:03	190	00:03:05	191	01:01:23	203	00:02:20	156	00:28:36	01:49:25
174	152	TYLER MARRIOTT	38	PINEHURST NC	151	00:13:41	239	00:05:09	150	00:56:50	198	00:02:18	191	00:31:34	01:49:31
175	186	KYLE KORNBAU	40	HOLLY SPRINGS NC	130	00:12:57	227	00:04:26	184	01:00:29	239	00:03:47	143	00:27:59	01:49:34
176	377	STEPHEN ARAGON	71	STATESVILLE NC	143	00:13:26	111	00:02:09	127	00:55:25	230	00:03:10	216	00:35:51	01:49:59
177	327	JASON DEFREITAS	38	HOLLY SPRINGS NC	187	00:15:02	212	00:03:36	209	01:03:15	129	00:01:39	129	00:27:07	01:50:38

178	340	PETER KRANENBURG	46	RAEFORD NC	149	00:13:38	94	00:01:59	180	01:00:13	164	00:01:56	198	00:33:01	01:50:45
179	123	KEITH LARICK	40	HOLLY SPRINGS NC	206	00:15:50	195	00:03:10	153	00:57:04	141	00:01:43	199	00:33:06	01:50:52
180	235	AARON HOLT	33	DURHAM NC	194	00:15:22	222	00:04:05	216	01:04:18	25	00:00:59	112	00:26:14	01:50:55
181	400	MARK KENJARSKI	42	CARY NC	200	00:15:35	142	00:02:29	185	01:00:31	185	00:02:10	174	00:30:18	01:51:01
182	309	WILLIAM TATE	56	APEX NC	211	00:16:15	168	00:02:44	149	00:56:43	189	00:02:11	200	00:33:15	01:51:05
183	302	BRETT HOWELL	33	FUQUAY VARINA NC	164	00:14:03	245	00:12:18	99	00:52:59	205	00:02:24	166	00:29:25	01:51:07
184	148	LEMUEL KORNEGAY IV	28	RALEIGH NC	102	00:12:14	107	00:02:07	192	01:01:39	84	00:01:22	207	00:33:57	01:51:17
185	274	TONY GARCIA	44	RALEIGH NC	136	00:13:09	192	00:03:09	204	01:02:27	184	00:02:10	176	00:30:28	01:51:21
186	172	JOHN SANTANA	34	RALEIGH NC	163	00:14:01	155	00:02:34	213	01:03:42	223	00:02:44	149	00:28:26	01:51:26
187	91	PATRICK CONNELLY	32	WILLOW SPRING NC	186	00:15:01	229	00:04:28	195	01:01:49	179	00:02:07	144	00:28:03	01:51:26
188	428	PATRICK CAMPBELL	43	RALEIGH NC	193	00:15:19	240	00:05:29	171	00:59:07	233	00:03:17	152	00:28:30	01:51:40
189	24	DAVID KIDD	39	MOUNT AIRY NC	110	00:12:28	97	00:02:01	175	00:59:25	191	00:02:13	208	00:34:04	00:02:00 01:52:08
190	374	CARLOS DIAZ	49	QUERETARO XX	181	00:14:45	103	00:02:04	201	01:02:15	109	00:01:30	192	00:31:36	01:52:09
191	75	PAXTON CAMPBELL	29	RALEIGH NC	112	00:12:30	232	00:04:42	212	01:03:37	228	00:03:00	155	00:28:36	01:52:23
192	223	MIKE VALENTINE	47	HOLLY SPRINGS NC	23	00:09:35	219	00:03:53	183	01:00:27	216	00:02:33	217	00:36:11	01:52:38
193	207	JOSHUA HAMMOND	27	GARNER NC	221	00:17:10	141	00:02:29	193	01:01:42	97	00:01:26	178	00:30:31	01:53:15
194	429	JEREMY SHOFF	36	FAYETTEVILLE NC	241	00:21:40	74	00:01:48	189	01:00:53	130	00:01:40	137	00:27:27	01:53:25
195	391	LEON ARTHUR	68	MOUNT OLIVE NC	228	00:17:53	188	00:03:02	186	01:00:42	166	00:01:57	171	00:30:01	01:53:32
196	409	ERIC BROWN	40	SANDY SPRINGS GA	77	00:11:20	183	00:02:55	197	01:02:07	244	00:04:55	197	00:32:41	01:53:56
197	214	RICHARD KRASSY	38	RALEIGH NC	219	00:17:06	169	00:02:44	219	01:04:58	232	00:03:17	111	00:26:13	01:54:16
198	119	TED OLIVER	64	CHAPEL HILL NC	210	00:16:11	170	00:02:45	157	00:57:29	231	00:03:14	210	00:34:39	01:54:16
199	311	JJ OMALLEY	45	APEX NC	213	00:16:46	147	00:02:32	218	01:04:54	121	00:01:35	157	00:28:38	01:54:24
200	117	MATT WEBB	36	CARY NC	142	00:13:26	206	00:03:21	205	01:02:35	165	00:01:56	201	00:33:21	01:54:37
201	65	MICHAEL JANNI	48	CARY NC	195	00:15:23	105	00:02:05	199	01:02:12	212	00:02:29	196	00:32:37	01:54:43
202	72	KURT BURGER	53	CARY NC	52	00:10:46	151	00:02:33	196	01:01:56	188	00:02:11	223	00:37:22	01:54:45
203	251	ALLAN BRUNNER	53	CARY NC	235	00:18:32	138	00:02:26	162	00:57:55	214	00:02:29	202	00:33:26	01:54:46
204	34	FRANK ARMSTRONG	57	WENDELL NC	179	00:14:40	61	00:01:40	176	00:59:41	175	00:02:01	218	00:36:48	01:54:48
205	328	PATRICK MACKIE	34	HOLLY SPRINGS NC	173	00:14:25	176	00:02:49	223	01:05:52	131	00:01:40	172	00:30:09	01:54:54
206	262	JOHN BARBATI	65	CARY NC	238	00:18:59	201	00:03:17	169	00:59:05	215	00:02:32	187	00:31:21	01:55:12
207	110	BRAD KIRLEY	71	ORANGE VA	203	00:15:46	120	00:02:16	202	01:02:16	172	00:02:00	204	00:33:32	01:55:48
208	279	MICHAEL MCCOLLUM	60	RALEIGH NC	237	00:18:39	225	00:04:18	200	01:02:13	176	00:02:03	158	00:28:39	01:55:50

209	387	BRIAN SEVERINO	48	SANFORD NC	207	00:15:56	220	00:03:55	194	01:01:44	235	00:03:21	182	00:30:58	01:55:53
210	31	MATTHEW BAUM	38	DURHAM NC	107	00:12:26	71	00:01:46	179	01:00:11	169	00:01:59	231	00:40:32	01:56:51
211	195	JAY MCROBERTS	39	HOLLY SPRINGS NC	80	00:11:31	237	00:05:01	232	01:09:36	217	00:02:34	154	00:28:34	01:57:14
212	51	PATRICK VAN VICKLE	43	APEX NC	139	00:13:20	157	00:02:35	203	01:02:22	190	00:02:12	220	00:37:08	01:57:35
213	317	GABRIEL EUSANTOS	13	ALAMANCE NC	140	00:13:21	92	00:01:55	228	01:08:37	15	00:00:55	209	00:34:16	01:59:03
214	354	RICH HANEY	64	DURHAM NC	43	00:10:15	223	00:04:06	221	01:05:34	213	00:02:29	219	00:37:08	01:59:30
215	295	MASON JOHNS	14	CARY NC	61	00:10:57	200	00:03:17	211	01:03:26	153	00:01:51	232	00:40:34	02:00:03
216	365	RICARDO PADILLA	46	DURHAM NC	138	00:13:19	208	00:03:24	210	01:03:21	182	00:02:09	226	00:38:28	02:00:39
217	164	COOPER CASH	32	HOLLY SPRINGS NC	170	00:14:20	216	00:03:41	214	01:04:04	209	00:02:25	222	00:37:19	02:01:47
218	337	SCOTT WEED	37	SOUTHERN PINES NC	220	00:17:09	230	00:04:30	225	01:06:15	220	00:02:40	193	00:31:44	02:02:16
219	293	BRUCE MATHENY	53	WAKE FOREST NC	196	00:15:26	163	00:02:40	220	01:05:04	155	00:01:51	224	00:37:49	02:02:47
220	266	CLARK WADLOW	70	HAMPSTEAD NC	230	00:17:59	172	00:02:46	226	01:06:41	240	00:03:47	203	00:33:27	02:04:37
221	375	JOE ALPHONSE	60	CARY NC	204	00:15:47	244	00:06:58	207	01:03:00	243	00:04:53	214	00:35:25	02:06:00
222	314	DOUG GILLOTTE	56	RALEIGH NC	225	00:17:21	210	00:03:30	190	01:01:07	237	00:03:31	235	00:41:37	02:07:04
223	40	JEFF WEINER	58	CARY NC	239	00:19:40	226	00:04:21	227	01:08:14	76	00:01:18	206	00:33:47	02:07:18
224	154	MIKE MURPHY	45	HOLLY SPRINGS NC	215	00:16:52	174	00:02:47	222	01:05:48	218	00:02:38	229	00:39:40	02:07:43
225	380	DAVID CHAVEZ	34	FAYETTEVILLE NC	223	00:17:12	228	00:04:28	235	01:10:53	222	00:02:43	205	00:33:47	02:09:00
226	204	DENNIS GEISER	72	PITTSBORO NC	240	00:20:23	186	00:02:59	208	01:03:01	47	00:01:07	236	00:41:42	02:09:11
227	98	ARIEL ROSARIO	42	WAKE FOREST NC	208	00:16:08	154	00:02:34	241	01:13:11	186	00:02:10	212	00:35:11	02:09:12
228	224	RYAN ANSBRO	26	RALEIGH NC	131	00:12:57	233	00:04:43	234	01:10:36	195	00:02:16	227	00:39:15	02:09:45
229	290	DOUG PORTER	31	RALEIGH NC	191	00:15:13	162	00:02:39	239	01:12:32	174	00:02:01	225	00:38:05	02:10:28
230	263	ROBBY BENEDYK	57	ANGIER NC	224	00:17:17	130	00:02:21	215	01:04:09	180	00:02:07	241	00:45:08	02:11:00
231	225	TODD COOK	44	NEW BERN NC	185	00:14:55	234	00:04:43	224	01:06:12	204	00:02:24	239	00:43:15	02:11:27
232	85	DAVID MASON	67	WILMINGTON NC	217	00:17:02	191	00:03:07	229	01:08:42	196	00:02:17	233	00:40:54	02:12:00
233	292	CARL TOLER	49	NEW BERN NC	245	00:32:16	211	00:03:36	217	01:04:33	201	00:02:19	165	00:29:24	02:12:06
234	296	BART WHITE	62	RALEIGH NC	234	00:18:32	209	00:03:28	238	01:12:24	158	00:01:53	221	00:37:19	02:13:32
235	74	JON CRAIN	33	FUQUAY VARINA NC	214	00:16:49	224	00:04:11	236	01:11:45	162	00:01:54	228	00:39:35	02:14:12
236	237	JONATHAN WOODHULL-S	36	RALEIGH NC	51	00:10:41	221	00:03:58	245	01:27:14	177	00:02:03	184	00:31:09	02:15:03
237	273	STUART ERRINGTON	49	CHAPEL HILL NC	244	00:25:53	196	00:03:12	233	01:09:45	62	00:01:13	215	00:35:45	02:15:47
238	208	JUSTIN NISSENFELD	39	MORRISVILLE NC	216	00:16:54	241	00:05:36	240	01:13:02	227	00:02:52	230	00:39:52	02:18:13
239	230	JEFF SPORTS	50	PARKTON NC	243	00:24:10	167	00:02:42	231	01:08:54	238	00:03:32	234	00:41:35	02:20:52

240	108	DAVID LAWLOR	49	DURHAM NC	184	00:14:55	213	00:03:37	243	01:18:51	69	00:01:15	238	00:42:50	02:21:26
241	131	RAVI SUNDARARAJAN	49	CARY NC	229	00:17:55	242	00:05:55	237	01:11:55	236	00:03:27	240	00:43:46	02:22:55
242	389	JAIME E. HERNANDEZ	60	CHAPEL HILL NC	201	00:15:35	238	00:05:05	166	00:58:55	234	00:03:19	244	01:02:50	02:25:42
243	329	GARY TAYLOR	75	DUNN, NC	232	00:18:28	231	00:04:34	230	01:08:43	229	00:03:04	242	00:52:08	02:26:55
244	104	RICHARD WILKERSON	65	CARY NC	233	00:18:28	236	00:04:57	244	01:26:45	206	00:02:24	237	00:42:18	02:34:51
245	88	RICHARD WATSON	70	DURHAM NC	242	00:21:48	235	00:04:55	242	01:15:36	241	00:03:51	243	00:53:08	02:39:17

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