

Duathlon Female 30 - 39 Results

Place	Bib	Name	Gender Place	Age	City	State	Run-1 Time	Run-1 Pace	Bike Time	Bike Pace	Run-2 Time	Run-2 Pace	Chip Time
1	518	Marianna Grudziak	1: F	37	Pittsburgh	PA	0:20:22	7:32	1:27:01	9.2 mph	1:01:12	11:08	2:48:34
2	506	Juli Kmetzo	2: F	35	Downingtown	PA	0:22:21	8:17	1:26:31	9.3 mph	1:00:23	10:59	2:49:15
3	532	Allison Rohrs	4: F	39	Fairhope	PA	0:21:27	7:56	1:42:34	7.8 mph	1:04:38	11:45	3:08:38
4	501	Nicole Runyon	5: F	38	Reston	VA	0:22:23	8:17	1:38:28	8.2 mph	1:09:20	12:36	3:10:09

Duathlon Female 40 - 49 Results

Place	Bib	Name	Gender Place	Age	City	State	Run-1 Time	Run-1 Pace	Bike Time	Bike Pace	Run-2 Time	Run-2 Pace	Chip Time
1	519	Jessica Schmitz	3: F	41	Springfield	VA	0:18:48	6:57	1:38:17	8.2 mph	0:52:16	9:30	2:49:19
2	521	Sarah Crockett	7: F	44	Catonsville	MD	0:25:52	9:35	1:57:52	6.8 mph	1:11:32	13:00	3:35:15

Duathlon Female 50 - 59 Results

Place	Bib	Name	Gender Place	Age	City	State	Run-1 Time	Run-1 Pace	Bike Time	Bike Pace	Run-2 Time	Run-2 Pace	Chip Time
1	533	Amy Dunkin	6: F	52	Venetia	PA	0:27:29	10:10	1:44:43	7.7 mph	1:16:18	13:52	3:28:28

Duathlon Male 20 - 29 Results

Place	Bib	Name	Gender Place	Age	City	State	Run-1 Time	Run-1 Pace	Bike Time	Bike Pace	Run-2 Time	Run-2 Pace	Chip Time
1	511	Max Trumper	14: M	25	Frederick	MD	0:22:11	8:13	1:37:21	8.3 mph	1:24:45	15:24	3:24:15

Duathlon Male 30 - 39 Results

Place	Bib	Name	Gender Place	Age	City	State	Run-1 Time	Run-1 Pace	Bike Time	Bike Pace	Run-2 Time	Run-2 Pace	Chip Time
1	502	Nathaniel Altom	1: M	34	Ellicott City	MD	0:16:08	5:58	1:19:14	10.1 mph	0:43:44	7:57	2:19:05
2	527	Will Muller	4: M	32	Mechanicsburg	PA	0:17:27	6:28	1:29:42	9 mph	0:55:37	10:07	2:42:45
3	524	Richard Thompson	5: M	37	Portage	PA	0:19:07	7:05	1:21:13	9.9 mph	1:03:47	11:36	2:44:07
4	513	Thomas Seiser	7: M	39	Whiteford	MD	0:21:14	7:52	1:27:10	9.2 mph	1:06:38	12:07	2:55:01
5	517	Conor Mullaney	11: M	38	Mount Airy	MD	0:23:04	8:32	1:37:51	8.2 mph	1:09:38	12:40	3:10:32
6	528	Travis Hoke	12: M	34	York	PA	0:19:08	7:05	1:45:44	7.6 mph	1:07:35	12:17	3:12:26

Duathlon Male 40 - 49 Results

Place	Bib	Name	Gender Place	Age	City	State	Run-1 Time	Run-1 Pace	Bike Time	Bike Pace	Run-2 Time	Run-2 Pace	Chip Time
1	523	Michael Jazwiecki	2: M	42	Catonsville	MD	0:18:45	6:56	1:11:59	11.2 mph	0:54:38	9:56	2:25:21
2	530	Christopher Shaw	3: M	45	Lovettsville	VA	0:18:44	6:56	1:15:06	10.7 mph	0:52:39	9:34	2:26:29
3	508	Ryan Ravenna	8: M	49	Christiansburg	VA	0:18:22	6:48	1:24:24	9.5 mph	1:16:39	13:56	2:59:24

4	516	Mark Peck	9: M	42	Mc Sherrystown	PA	0:21:53	8:06	1:30:40	8.9 mph	1:09:03	12:33	3:01:36
5	514	Steven Feldstein	10: M	45	Arlington	VA	0:20:24	7:33	1:38:01	8.2 mph	1:06:05	12:01	3:04:29
Drop	503	Matthew Heist	15: M	43	ANNAPOLIS	MD	0:20:23	7:33					

Duathlon Male 50 - 59 Results

Place	Bib	Name	Gender	Place	Age	City	State	Run-1 Time	Run-1 Pace	Bike Time	Bike Pace	Run-2 Time	Run-2 Pace	Chip Time
1	515	Brien Nickel	6: M	53	East Berlin	PA	0:21:38	8:01	1:27:10	9.2 mph	1:03:38	11:34	2:52:24	
2	505	Nathean Meadows	13: M	52	Owings Mills	MD	0:22:36	8:22	1:33:55	8.6 mph	1:17:53	14:10	3:14:23	

Red indicates impacted by course closure due to lightning. Run course shortened.