

2016 Lake Lure Sprint

Overall Men

Lake Lure, NC 8/13/2016 08:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	4	M	50	MM	Jay Curwen	Asheville NC	2	00:09:36	00:00:33	1	00:37:59	00:00:28	2	00:19:07		01:07:41	
2	210	M	35		Adam Weeks	Hickory NC	24	00:11:56	00:00:44	4	00:39:02	00:00:41	1	00:18:14		01:10:34	
3	7	M	44	MM	Heath Dotson	Asheville NC	9	00:10:55	00:00:41	2	00:38:26	00:00:37	6	00:20:34		01:11:11	
4	3	M	47	MM	Cid Cardoso Jr	Cary NC	19	00:11:41	00:01:09	3	00:38:54	00:00:39	5	00:20:31		01:12:52	
5	119	M	39		Daniel Kaminstein	North Augusta SC	7	00:10:33	00:00:42	7	00:41:08	00:00:34	3	00:20:15		01:13:11	
6	276	M	37		Mark Leo	Charlotte NC	11	00:11:06	00:01:02	5	00:39:32	00:00:45	19	00:22:35		01:14:58	
7	108	M	52		Brian Hook	Asheville NC	54	00:13:07				00:00:53	9	00:21:07		01:16:06	
8	163	M	49		Richard Rauschenbach	Fletcher NC	15	00:11:34	00:00:37	10	00:41:25	00:00:41	13	00:21:56		01:16:10	
9	131	M	54		Mike Mabry	Mooresville NC	27	00:12:06								01:16:33	
10	176	M	51		David Scott	Waxhaw NC	33	00:12:23	00:00:37	6	00:40:54	00:00:35	15	00:22:11		01:16:39	
11	52	M	55		Robert Cole	Mooresville NC	3	00:09:49	00:00:45	14	00:43:03	00:00:38	17	00:22:31		01:16:44	
12	125	M	29		Brian Levy	Charlotte NC	88	00:14:56								01:17:27	
13	215	M	33		Bradley Wiest	Waxhaw NC	38	00:12:30	00:00:41	9	00:41:19	00:00:37	24	00:22:48		01:17:53	
14	153	M	31		Matthew Peach	Raleigh NC	12	00:11:17	00:00:58	8	00:41:18	00:00:39	35	00:23:51		01:18:02	
15	86	M	45		John Glover	Hendersonville NC	8	00:10:53	00:00:43	12	00:42:15	00:00:55	34	00:23:43		01:18:27	
16	45	M	51		Shawn Carey	West Chester PA	4	00:10:14	00:00:25	17	00:44:32	00:00:33	23	00:22:47		01:18:29	
17	179	M	54		Tim Shea	Pisgah Forest NC	43	00:12:41				00:00:46	14	00:22:01		01:18:44	
18	184	M	47		Corey Smith	Lexington NC	47	00:12:52	00:00:35	11	00:42:03	00:00:33	21	00:22:44		01:18:45	
19	148	M	25		Clark Obannon	Richmond VA	51	00:13:00								01:18:48	
20	272	M	46		Brad Noble	Peachtree Corners GA	53	00:13:05	00:00:55	16	00:43:53	00:00:28	8	00:21:00		01:19:20	
21	49	M	49		Dominic Ciavatta	Chapel Hill NC	13	00:11:24				00:00:45	26	00:22:54		01:19:42	
22	280	M	50		John Henis	Lexington SC	16	00:11:35				00:00:43	16	00:22:13		01:19:55	

23	147	M	59		Nathan Nevid	Palm Beach Gardens FL	5	00:10:15	00:00:54	24	00:45:44	00:00:41	20	00:22:36	01:20:08
24	12	M	16	OM	William Belote	Cary NC	1	00:09:16	00:00:24	18	00:44:34	00:00:24	57	00:25:48	01:20:25
25	34	M	41		Joseph Bayse	Charlotte NC	32	00:12:19				00:00:45	38	00:24:00	01:20:51
26	219	M	41		Jonathan Wise	Charlotte NC	26	00:12:04	00:01:15	25	00:46:01	00:00:42	7	00:20:52	01:20:53
27	81	M	39		Ulrick Garrison	Asheville NC	39	00:12:31				00:00:39	28	00:23:08	01:21:08
28	100	M	45		Brad Hecker	Mebane NC	68	00:13:56	00:00:47	13	00:42:58	00:00:57	37	00:23:54	01:22:30
29	199	M	31		Ryan Treadway	E. Flat Rock NC	100	00:15:36	00:01:06	19	00:44:45	00:00:52	4	00:20:23	01:22:40
30	46	M	47		Todd Cattaneo	Columbia SC	41	00:12:33				00:00:48	50	00:25:23	01:22:44
31	63	M	36		John Donnelly	Greenville SC	71	00:13:58				00:01:00	12	00:21:51	01:23:09
32	174	M	39		Jeffrey Schlaudecker	Cincinnati OH	17	00:11:36	00:01:32	15	00:43:28	00:01:08	53	00:25:34	01:23:16
33	218	M	35		Eric Wininger	Gate City VA	25	00:12:00	00:00:39	40	00:48:51	00:00:37	10	00:21:37	01:23:42
34	124	M	55		Doug Lennon	Columbia SC	10	00:11:03	00:00:36	22	00:45:09	00:00:47	60	00:26:30	01:24:03
35	266	M	47		Douglas Brede	Charlottesville VA	34	00:12:26				00:00:55	29	00:23:20	01:24:04
36	168	M	40		Jason Robbins	Charleston SC	23	00:11:55				00:00:53	41	00:24:25	01:24:19
37	9	M	44		David Ledger	Asheville NC	58	00:13:22	00:00:43	26	00:46:09	00:00:49	32	00:23:39	01:24:40
38	94	M	40		Eugene Haas	Charlotte NC	83	00:14:39	00:00:43	23	00:45:37	00:00:37	30	00:23:30	01:25:03
39	130	M	47		Ted Lyerly	Greenville SC	67	00:13:51	00:01:38	28	00:46:47	00:01:11	11	00:21:38	01:25:05
40	194	M	55		Gene Summey	Shelby NC	70	00:13:57	00:01:16	30	00:46:59	00:01:03	22	00:22:46	01:25:59
41	217	M	37		Nick Wilkinson	Asheville NC	77	00:14:14							01:26:28
42	140	M	32		Joseph Meadows	Charlotte NC	49	00:12:53				00:01:20	27	00:23:02	01:26:37
43	185	M	32		Eric Smith	Greenville SC	29	00:12:11	00:00:58	37	00:48:19	00:01:07	39	00:24:07	01:26:40
44	30	M	27		Nate Barclay	Asheville NC	113	00:16:10				00:01:00	44	00:25:04	01:26:59
45	160	M	40		Robert Racek	Brunswick MD	18	00:11:39	00:00:50	41	00:49:09	00:00:56	43	00:25:02	01:27:34
46	6	M	44	MM	Brian Davis	Charlotte NC	42	00:12:37	00:01:29	33	00:47:47	00:01:02	51	00:25:29	01:28:23
47	60	M	47		David Degroot	Indian Trail NC	30	00:12:16				00:01:05	42	00:24:56	01:28:32
48	197	M	56		David Thompson	Waynesville NC	31	00:12:18				00:00:57	66	00:27:35	01:28:42
49	62	M	35		Peter Dixon	Cornelius NC	79	00:14:29	00:01:17	27	00:46:15	00:01:14	52	00:25:29	01:28:43
50	286	M	46		Roberto Gonzalez	Spindale NC	136	00:18:28	00:02:02	21	00:45:09	00:00:40	25	00:22:54	01:29:11
51	183	M	37		Adam Smith	Simpsonville SC	63	00:13:33				00:02:25	31	00:23:38	01:29:32
52	212	M	29		Brant Werts	Charlotte NC	57	00:13:16				00:01:39	40	00:24:11	01:29:43
53	241	M	30	NM	Stephen Schuler	Pineville NC	73	00:14:02	00:02:22	35	00:47:56	00:01:46	33	00:23:42	01:29:46

54	5	M	48	MM	Jim Dandro	Charlotte NC	90	00:15:04	00:01:09	29	00:46:56	00:00:55	64	00:26:55	01:30:57
55	143	M	45		Brian Mock	Raleigh NC	35	00:12:28	00:02:19	47	00:50:05	00:01:28	48	00:25:11	01:31:29
56	198	M	61		Tom Torkildsen	Matthews NC	116	00:16:37	00:01:07	20	00:44:47	00:01:16	70	00:27:49	01:31:33
57	133	M	47		William Majewski	Summerville SC	115	00:16:18	00:01:13	38	00:48:25	00:00:56	49	00:25:21	01:32:10
58	44	M	46		Philip Calland	Pineville NC	76	00:14:10	00:01:38	43	00:49:14	00:01:12	58	00:26:09	01:32:21
59	230	M	50	MC	George Manos	Simpsonville SC	37	00:12:30	00:01:13	32	00:47:38	00:01:07	94	00:30:14	01:32:40
60	278	M	65		Lonnie Lepore	Asheville NC	106	00:15:53	00:01:12	42	00:49:10	00:01:23	46	00:25:08	01:32:45
61	180	M	45		John Shields	Mooresville NC	62	00:13:31	00:01:44	44	00:49:49	00:02:02	56	00:25:46	01:32:50
62	37	M	51		Elliott Bell	Atlanta GA	95	00:15:15	00:00:54	34	00:47:56	00:01:19	68	00:27:45	01:33:08
63	97	M	38		Kyle Hankinson	Lake Lure NC	82	00:14:38	00:01:20	51	00:51:38	00:00:49	45	00:25:05	01:33:29
64	123	M	45		Jason Lastella	Asheville NC	64	00:13:36	00:01:46	36	00:48:04	00:01:26	79	00:28:39	01:33:29
65	36	M	43		Cameron Beddingfield	Lincolnton NC	109	00:16:03				00:00:53	63	00:26:53	01:33:31
66	28	M	60		Chuck Babin	Asheville NC	75	00:14:08	00:01:02	31	00:47:03	00:00:50	97	00:30:33	01:33:34
67	139	M	33		Matt McMahan	Rock Hill SC	36	00:12:29				00:02:04	55	00:25:42	01:33:37
68	164	M	56		Anthony Read	Mooresville NC	60	00:13:28	00:01:15	48	00:50:14	00:00:46	73	00:28:05	01:33:46
69	102	M	32		Chad Heinrich	Clover SC	78	00:14:14				00:01:22	72	00:28:02	01:33:59
70	54	M	69		Tito Craige	Chapel Hill NC	28	00:12:10				00:01:00	89	00:29:52	01:33:59
71	189	M	42		Samuel Sterrett	Greenville SC	21	00:11:47	00:01:18	64	00:54:16	00:01:35	54	00:25:38	01:34:33
72	243	M	35	NM	Ian Trent	Greensboro NC	104	00:15:48	00:02:44	54	00:52:23	00:01:24	18	00:22:32	01:34:48
73	105	M	48		Ben Hitchings	Durham NC	120	00:16:55	00:01:33	39	00:48:34	00:01:23	62	00:26:48	01:35:12
74	67	M	54		Jorge Espinosa	Charlotte NC	65	00:13:36	00:01:36	46	00:50:00	00:01:09	82	00:29:04	01:35:23
75	90	M	42		Brian Gross	Fort Mill SC	6	00:10:31	00:01:19	49	00:51:16	00:01:41	103	00:31:04	01:35:49
76	170	M	40		Michael Rudinsky	Greenville SC	22	00:11:50	00:01:11	68	00:55:05	00:01:11	61	00:26:35	01:35:50
77	285	M	51		Michael Shore	Asheville NC	128	00:17:47	00:02:47	45	00:49:50	00:01:43	36	00:23:53	01:35:58
78	109	M	58		Sam Hopkins	Raleigh NC	40	00:12:33				00:01:10	65	00:27:22	01:36:13
79	73	M	47		Donald Fisher	Elon NC	45	00:12:47	00:01:50	72	00:55:38	00:00:58	59	00:26:15	01:37:25
80	221	M	51		Brad Workman	Bostic NC	56	00:13:14	00:01:32	58	00:53:34	00:01:21	76	00:28:23	01:38:03
81	214	M	37		Robert Wheeler	Atlanta GA	74	00:14:04				00:01:05	86	00:29:30	01:38:38
82	76	M	74		Doug Fletcher	Youngsville NC	87	00:14:53	00:00:38	52	00:51:45	00:01:06	95	00:30:26	01:38:46
83	103	M	69		Bill Helfferich	Lake Worth FL	52	00:13:01	00:01:14	73	00:55:40	00:01:10	69	00:27:47	01:38:51
84	172	M	37		Rich Salmony	Chapel Hill NC	20	00:11:46				00:01:20	91	00:30:07	01:39:34

85	181	M	42		Serge Skiba	Cornelius NC	55	00:13:11			00:01:13	78	00:28:31	01:39:38	
86	222	M	42		Camp Wynn	Greenville SC	14	00:11:32	00:01:21	65	00:54:36	00:01:12	107	00:32:04	01:40:42
87	158	M	33		Nelson Poe	Greenville SC	129	00:17:51	00:02:41	50	00:51:19	00:01:34	74	00:28:06	01:41:29
88	144	M	18		Gabriel Mosteller	Andrews NC	48	00:12:53	00:03:51	59	00:53:37	00:01:23	101	00:30:58	01:42:40
89	129	M	41		Ryan Lubbers	Geron NC	85	00:14:43	00:03:06	56	00:53:20	00:01:35	90	00:29:59	01:42:42
90	142	M	42		Mark Meyerhofer	Acworth GA	122	00:16:56	00:02:06	69	00:55:14	00:00:53	67	00:27:38	01:42:45
91	106	M	46		David Hoenicke	Greenville SC	135	00:18:27	00:01:15	57	00:53:31	00:01:34	77	00:28:25	01:43:10
92	259	M	47	ZM	Mike Hudspeth	High Point NC	102	00:15:40	00:02:44	61	00:53:51	00:01:19	88	00:29:49	01:43:22
93	85	M	51		John Gillie	Tryon NC	124	00:17:16	00:01:27	66	00:54:54	00:01:18	80	00:28:42	01:43:35
94	265	M	34		Brian Garrison	Fort Mills SC	80	00:14:31							01:44:28
95	53	M	60		Chris Conlon	Fort Mill SC	114	00:16:11	00:03:08	63	00:54:12	00:01:37	87	00:29:33	01:44:39
96	270	M	45		Tracy Ledford	Cherryville NC									01:45:07
97	25	M	35		Shane Anderson	Candler NC	46	00:12:52				00:01:52	117	00:34:23	01:45:21
98	47	M	35		Mark Cecil	Mt Pleasant SC	59	00:13:22				00:01:43	106	00:31:57	01:45:24
99	39	M	28		Jordan Berry	Greenville NC	112	00:16:08	00:03:43	77	00:56:00	00:01:51	71	00:27:50	01:45:28
100	15	M	17	OM	Matthew Severance	Belmont NC	84	00:14:42							01:45:41
101	236	M	21	NM	Matt Earley	Raleigh NC	94	00:15:15	00:03:30	81	00:57:12	00:01:43	75	00:28:20	01:45:57
102	134	M	66		Jerry Mandello	West Palm Beach FL	119	00:16:50	00:02:16	70	00:55:26	00:01:11	100	00:30:52	01:46:32
103	161	M	55		David Rankin	Rock Hill SC	91	00:15:09	00:02:27	67	00:54:55	00:02:27	105	00:31:56	01:46:52
104	242	M	33	NM	Nikola Stojanovic	Rutherfordton NC	86	00:14:47	00:01:42	76	00:55:59	00:01:45	111	00:32:49	01:47:01
105	77	M	43		Richard Forney	Greensboro NC	97	00:15:30	00:02:24	82	00:57:32	00:01:31	92	00:30:08	01:47:03
106	87	M	67		Michael Goldstein	Murphy NC	107	00:15:54	00:00:59	85	00:58:10	00:01:17	99	00:30:46	01:47:04
107	205	M	29		Charlie Vroon	Fort Mill SC	50	00:12:59				00:00:46	112	00:32:50	01:47:31
108	177	M	50		James Shafer	Wilmington NC	111	00:16:06	00:02:17	84	00:58:07	00:02:08	83	00:29:20	01:47:57
109	209	M	33		Jeffrey Webb	Raleigh NC	117	00:16:38	00:03:05	78	00:56:32	00:01:38	93	00:30:12	01:48:02
110	261	M	44	ZM	Michael Tracy	Tega Cay SC	98	00:15:34	00:03:20	98	01:02:06	00:02:22	47	00:25:10	01:48:30
111	8	M	42		Brian Hecke	Fayetteville NC	137	00:18:35	00:03:02	62	00:53:56	00:00:25	113	00:33:08	01:49:04
112	75	M	47		Mark Fleming	Huntersville NC	110	00:16:06	00:01:27	86	00:58:14	00:01:30	108	00:32:08	01:49:23
113	188	M	33		Nathan St. Denny	Raleigh NC	138	00:18:38	00:02:21	83	00:57:45	00:00:52	102	00:30:59	01:50:33
114	149	M	56		Thomas Obannon	Charlotte NC	105	00:15:48	00:02:47	92	01:00:19	00:01:33	96	00:30:26	01:50:50
115	64	M	41		Tom Egan	Charlotte NC	101	00:15:38	00:02:00	71	00:55:34	00:01:38	123	00:36:34	01:51:22

116	91	M	35		Justen Gross	Leland NC	103	00:15:45	00:01:49	95	01:01:05	00:00:37	109	00:32:12	01:51:27
117	96	M	65		Ken Hankinson	Forest City NC	93	00:15:12	00:02:16	80	00:57:11	00:01:48	119	00:35:23	01:51:48
118	29	M	27		Rafael Baptista	Durham NC	69	00:13:57	00:02:49	93	01:00:58	00:01:20	115	00:33:24	01:52:26
119	83	M	58		John Garrity	Cary NC	132	00:18:08	00:01:19						01:52:27
120	237	M	34	NM	Hart Ebersole	Greensboro NC	92	00:15:09	00:02:34	99	01:02:33	00:01:50	98	00:30:34	01:52:38
121	223	M	63		Jim Yamin	Tryon NC	133	00:18:17	00:03:43	74	00:55:42	00:02:44	110	00:32:34	01:52:57
122	117	M	55		Barthell Joseph	Brevard NC	99	00:15:35	00:05:25	97	01:01:40	00:01:15	85	00:29:28	01:53:22
123	55	M	30		Oliver Crawford	Charlotte NC	118	00:16:48	00:03:19	101	01:03:00	00:00:53	84	00:29:27	01:53:25
124	269	M	17		Matthew Schriefer	Fletcher NC	125	00:17:19	00:03:05	60	00:53:51	00:00:39	132	00:38:58	01:53:49
125	201	M	41		Sergei Vinnichenko	Cary NC	72	00:13:58	00:02:13	87	00:58:39	00:02:12	126	00:37:00	01:54:01
126	192	M	48		Brian Subasavage	Acworth GA	134	00:18:23	00:02:17	88	00:59:45	00:01:52	114	00:33:19	01:55:35
127	257	M	44	ZM	Josh Chrusciel	Indian Trail NC	96	00:15:18	00:01:42	90	00:59:53	00:01:24	130	00:38:00	01:56:15
128	146	M	36		Chris Mulchay	Asheville NC	66	00:13:40							01:56:18
129	238	M	23	NM	Joshua Gough	Belews Creek NC	127	00:17:44	00:01:28	105	01:04:36	00:00:43	104	00:31:54	01:56:23
130	35	M	63		Mark Beckenbach	Atlantic Beach FL	147	00:22:52	00:02:47	55	00:52:42	00:03:00	120	00:35:48	01:57:08
131	68	M	13		Gabriel Eusantos	Alamance NC	81	00:14:33							01:57:31
132	271	M	41		Keith Demma	Harisburg NC	131	00:18:06	00:03:55	79	00:56:48	00:02:04	127	00:37:42	01:58:33
133	151	M	58		David Payne	Statesville NC	145	00:21:58	00:02:45	103	01:03:49	00:01:22	81	00:28:51	01:58:42
134	42	M	48		Jay Burriss	Greenville SC	139	00:18:52	00:04:43	100	01:02:37				02:00:06
135	203	M	70		Kip Vosburgh	Tryon NC	146	00:22:26	00:03:21	53	00:51:49	00:02:11	134	00:40:55	02:00:40
136	95	M	64		Rich Haney	Durham NC	44	00:12:41	00:03:20	106	01:05:12	00:01:52	129	00:37:54	02:00:57
137	240	M	27	NM	Jordan Putnam	Weaverville NC	126	00:17:29	00:03:19	89	00:59:49	00:02:24	131	00:38:26	02:01:25
138	274	M	58	ZM	Jim Sands	Charlotte NC	108	00:15:55	00:03:45	94	01:00:58	00:02:44	133	00:39:50	02:03:10
139	141	M	45		Charley Melton	Forest City NC	121	00:16:56	00:02:45	107	01:05:36	00:01:51	122	00:36:31	02:03:37
140	263	M	75		Angelo Grillo	Lake Lure NC	140	00:18:58	00:03:13	102	01:03:14	00:02:53	125	00:36:58	02:05:15
141	239	M	32	NM	Aaron Hobbs	Durham NC	144	00:20:26	00:04:05	104	01:04:08	00:01:57	118	00:34:51	02:05:25
142	61	M	52		Ben Deridder	Edneyville NC	153	00:28:48	00:02:41	91	01:00:01	00:02:17	116	00:34:08	02:07:54
143	258	M	46	ZM	Brian Craig	Black Mountain NC	130	00:18:00	00:04:00	110	01:07:09	00:02:00	124	00:36:50	02:07:57
144	121	M	43		Heath Knott	Charlotte NC	143	00:19:51	00:02:56	109	01:06:57	00:02:02	121	00:36:18	02:08:01
145	235	M	31	NM	Michael Brock	Raleigh NC	148	00:23:04	00:06:19	96	01:01:09	00:03:02	136	00:45:23	02:18:55
146	228	M	40	MC	Terry Belue Jr	Gaffney SC	151	00:24:26	00:03:29	108	01:06:03	00:01:57	135	00:43:42	02:19:35

147	208	M	60	Alexander Waugh	Charlotte NC	149	00:23:31	00:03:01						02:26:18
148	126	M	46	Brad Lewis	Lugoff SC	152	00:25:42	00:04:07	112	01:20:59	00:01:58	128	00:37:50	02:30:34
149	43	M	45	Tony Butz	New Bern NC	89	00:14:57	00:02:40	111	01:20:03	00:01:27	138	00:53:22	02:32:27
150	282	M	30	John Mallory	Lexington SC	154	00:34:54	00:06:08	114	01:24:16	00:02:52	137	00:45:44	02:53:51
151	107	M	40	Josh Holmes	Greenville SC	150	00:23:37	00:02:29	113	01:23:22	00:01:10			
152	220	M	76	Fred Wood	Waynesville NC	141	00:19:32	00:02:03	75	00:55:54	00:05:12			
153	80	M	39	Bryan Gaines	Charlotte NC	61	00:13:29							
154	26	M	71	Stephen Aragon	Statesville NC	142	00:19:40	00:01:41						
155	99	M	43	Samuel Hayes	Arden NC	123	00:17:04	00:03:11						

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