

2010 Azalea Sprint

Overall Women

Wilmington, NC 3/13/2010 09:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	7	F	24	OF	CHRIS TOMMERDAHL	CHAPEL HILL NC	1	00:03:50	00:01:37	2	00:24:29	00:00:43	2	00:20:45		00:51:23	
2	14	F	28	OF	TARA FLINT	WILMINGTON NC	6	00:04:24	00:02:19	4	00:25:36	00:00:54	1	00:19:45		00:52:55	
3	16	F	43	MF	JOANNA YOUNTS	CHAPEL HILL NC	15	00:04:47	00:01:57	3	00:24:57	00:00:55	3	00:20:46		00:53:20	
4	17	F	37	OF	MAGGIE ROUGIER-CHAPMAN	RALEIGH NC	40	00:05:23	00:01:37	9	00:27:01	00:00:57	4	00:20:51		00:55:47	
5	150	F	38		SOPHIE EVANS	DURHAM NC	19	00:04:53	00:02:05	8	00:26:46	00:00:52	5	00:21:43		00:56:16	
6	111	F	36		STEPHANIE HEALEY	RALEIGH NC	63	00:05:44	00:02:11	5	00:26:22	00:01:11	7	00:22:17		00:57:44	
7	102	F	29		SARA FAIBISOFF	SNEADS FERRY NC	20	00:04:54	00:02:17	12	00:27:40	00:01:10	6	00:22:16		00:58:15	
8	246	F	53		JOAN PERRY	KINSTON NC	33	00:05:16	00:02:20	11	00:27:08	00:01:00	8	00:22:35		00:58:18	
9	213	F	50		DENISE LARSON	DURHAM NC	72	00:05:50	00:02:05	7	00:26:43	00:00:45	26	00:24:08		00:59:29	
10	328	F	40		TRICIA MAINIL	RALEIGH NC	49	00:05:31	00:02:00	13	00:27:54	00:01:13	11	00:22:55		00:59:31	
11	153	F	37		ELIZA BLACKWELL	WILMINGTON NC	27	00:05:08	00:02:24	10	00:27:06	00:01:01	22	00:23:56		00:59:34	
12	109	F	15		LILIANNA FERNANDEZ	CARY NC	26	00:05:07	00:02:10	16	00:28:08	00:01:02	15	00:23:25		00:59:49	
13	222	F	32		KATE MURRAY	SNEADS FERRY NC	23	00:04:58	00:02:24	14	00:28:06	00:00:53	20	00:23:40		00:59:59	
14	78	F	41		LEANNE LA FAVE	WILMINGTON NC	14	00:04:45	00:02:12	17	00:28:11	00:00:53	24	00:24:02		01:00:01	
15	121	F	30		KARYN SUTTON	RALEIGH NC	53	00:05:37	00:02:23	18	00:28:32	00:01:13	17	00:23:33		01:01:16	
16	114	F	37		TORI ARENS	RALEIGH NC	16	00:04:48	00:02:33	19	00:28:43	00:01:06	29	00:24:37		01:01:46	
17	30	F	23		DANA MCCREARY	CHAPEL HILL NC	3	00:04:07	00:02:17	55	00:31:34	00:00:50	23	00:24:00		01:02:47	
18	237	F	38	A	KARYN LONG	CARY NC	51	00:05:33	00:02:21	15	00:28:06	00:01:04	50	00:25:52		01:02:54	
19	148	F	42		DANA PELLIZZARI	WILMINGTON NC	34	00:05:17	00:03:41	21	00:29:03	00:01:28	21	00:23:42		01:03:08	
20	41	F	33		ALICIA UHL	WILMINGTON NC	2	00:04:04	00:02:22	22	00:29:23	00:01:20	61	00:26:19		01:03:27	
21	106	F	34		MELISSA HOFF	WILMINGTON NC	92	00:06:09	00:02:41	41	00:30:47	00:01:28	9	00:22:37		01:03:40	
22	311	F	36		MARNEKANE TUGWELL	WILMINGTON NC	91	00:06:07	00:02:43	32	00:30:20	00:01:22	14	00:23:16		01:03:46	

23	225	F	54	HOLLY KONRADY	WRIGHTSVILLE BEACH NC	39	00:05:23	00:02:53	39	00:30:38	00:01:27	19	00:23:38	01:03:58
24	270	F	43	MARY ELLEN CONDON	WILMINGTON NC	147	00:06:56	00:03:05	23	00:29:30	00:01:25	13	00:23:15	01:04:08
25	282	F	30	ALINDA KOKKINOU	STATE COLLEGE PA	24	00:04:58	00:02:42	33	00:30:21	00:00:48	49	00:25:48	01:04:35
26	165	F	49	REBECCA MOXEY	SURF CITY NC	54	00:05:39	00:03:03	24	00:29:36	00:01:02	46	00:25:38	01:04:57
27	290	F	26	JESSICA OLIVER	CHAPEL HILL NC	48	00:05:29	00:02:20	52	00:31:16	00:01:09	35	00:24:47	01:04:59
28	191	F	34	JENNIFER MAYNARD	PINEHURST NC	37	00:05:17	00:02:28	27	00:29:51	00:01:32	54	00:26:06	01:05:11
29	251	F	40	LISA DEJOSEPH	CASTLE HAYNE NC	64	00:05:44	00:02:23	47	00:30:59	00:01:12	36	00:24:56	01:05:12
30	343	F	32	LAUREN FRITH	WILMINGTON NC	56	00:05:40	00:03:34	1	00:20:04	00:01:02	187	00:35:12	01:05:31
31	468	F	51	LISA GARRITY	APEX NC	179	00:07:35	00:02:19	20	00:28:52	00:01:23	42	00:25:26	01:05:34
32	572	F	34	MEGAN MIEDEMA	RALEIGH NC	75	00:05:53	00:02:28	38	00:30:36	00:01:04	45	00:25:36	01:05:34
33	183	F	30	JESSICA HARTMANN	WILMINGTON NC	41	00:05:23	00:02:43	59	00:31:40	00:01:18	28	00:24:37	01:05:39
34	71	F	27	LAUREN ROSS	MATTHEWS NC	17	00:04:51	00:03:37	29	00:30:04	00:00:53	57	00:26:19	01:05:41
35	228	F	50	SUSAN PARKS	WEST END NC	83	00:06:02	00:02:53	25	00:29:41	00:01:32	48	00:25:44	01:05:50
36	70	F	26	MEREDITH CLAYCOMB	WILMINGTON NC	4	00:04:15	00:04:08	57	00:31:35	00:02:09	25	00:24:06	01:06:11
37	330	F	31	JENNIFER COON	RALEIGH NC	46	00:05:28	00:03:11	42	00:30:48	00:01:38	41	00:25:23	01:06:26
38	200	F	32	MARIE BAKER	DURHAM NC	62	00:05:44	00:03:23	30	00:30:13	00:01:15	51	00:25:56	01:06:29
39	278	F	27	DERICA JUSTICE	FUQUAY VARINA NC	43	00:05:24	00:02:39	34	00:30:21	00:01:03	73	00:27:04	01:06:30
40	303	F	29	EVA MIHM	BOONE NC	42	00:05:23	00:03:32	91	00:32:34	00:01:26	18	00:23:37	01:06:30
41	336	F	33	BARBI WILLIAMS	WILMINGTON NC	106	00:06:20	00:03:17	48	00:30:59	00:00:47	38	00:25:14	01:06:35
42	344	F	46	MARIE LUX	CARY NC	93	00:06:10	00:02:39	64	00:31:49	00:01:32	33	00:24:44	01:06:52
43	54	F	32	JANA FOGLEMAN	WILMINGTON NC	25	00:04:59	00:02:57	45	00:30:55	00:00:54	77	00:27:18	01:07:01
44	485	F	21	CARLA NOWICKI	BOONE NC	129	00:06:40	00:03:14	92	00:32:35	00:01:08	16	00:23:28	01:07:02
45	59	F	21	STEPHANIE HALE	WILMINGTON NC	11	00:04:38	00:02:32	127	00:34:40	00:00:48	31	00:24:41	01:07:18
46	435	F	31	MARY KAMINSKI	SNEADS FERRY NC	88	00:06:05	00:03:24	60	00:31:43	00:00:52	43	00:25:27	01:07:28
47	372	F	26	AMY LAMBERT	CARRBORO NC	77	00:05:54	00:03:03	87	00:32:27	00:01:41	32	00:24:42	01:07:45
48	284	F	29	SHERI ROBBINS	HOLLY SPRINGS NC	118	00:06:29	00:02:31	37	00:30:30	00:01:11	75	00:27:10	01:07:48
49	414	F	44	LAURA VAN SANT	CHAPEL HILL NC	114	00:06:23	00:02:43	50	00:31:05	00:02:01	53	00:26:04	01:08:14
50	394	F	22	MORGAN KERN	GREENVILLE NC	13	00:04:45	00:02:59	56	00:31:34	00:01:49	76	00:27:11	01:08:16
51	259	F	36	TRACY TATE	WILMINGTON NC	109	00:06:22	00:02:35	49	00:30:59	00:01:29	70	00:26:54	01:08:17
52	436	F	42	MARIE HARDY	WILMINGTON NC	73	00:05:51	00:04:11	51	00:31:15	00:01:51	37	00:25:13	01:08:20
53	196	F	30	AMANDA NILES	DURHAM NC	52	00:05:33	00:02:58	80	00:32:21	00:01:34	52	00:26:00	01:08:23

54	268	F	38		BETSY WEINBERG	WILMINGTON NC	50	00:05:32	00:04:19	103	00:33:04	00:01:14	34	00:24:44	01:08:52
55	504	F	47		PAULA BRENNAN	CHAPEL HILL NC	183	00:07:41	00:02:57	43	00:30:51	00:01:31	58	00:26:19	01:09:17
56	608	F	31	NF	AMBER MASSEY	JACKSONVILLE NC	55	00:05:40	00:03:23	156	00:35:58	00:01:09	12	00:23:10	01:09:18
57	419	F	30		MELISSA BARNES	WILMINGTON NC	123	00:06:34	00:02:29	99	00:32:54	00:01:11	55	00:26:16	01:09:22
58	373	F	18		EMILY EDQUIST	RALEIGH NC	80	00:05:59	00:02:52	86	00:32:27	00:01:38	64	00:26:30	01:09:25
59	387	F	41	A	CARIN VANDERKLOK	RALEIGH NC	69	00:05:50	00:02:18	54	00:31:26	00:01:27	97	00:28:31	01:09:29
60	349	F	42		ELIZABETH HENDERSON	NEW BERN NC	182	00:07:39	00:02:10	66	00:31:53	00:00:57	69	00:26:52	01:09:30
61	609	F	44	ZF	CAROLE WIRSZYLA	WILMINGTON NC	71	00:05:50	00:03:26	61	00:31:44	00:01:07	80	00:27:25	01:09:30
62	274	F	44		GINA PENNISI	APEX NC	148	00:06:56	00:02:49	31	00:30:14	00:01:08	95	00:28:26	01:09:31
63	50	F	40	A	PATTY MARSH	OAK RIDGE NC	10	00:04:38	00:02:48	69	00:32:02	00:01:13	104	00:28:55	01:09:34
64	236	F	35		CHRISTINE KJELLBERG	CARY NC	45	00:05:27	00:03:28	67	00:31:56	00:02:13	67	00:26:38	01:09:39
65	294	F	26		JANIE HAUSER	CHAPEL HILL NC	95	00:06:13	00:03:39	6	00:26:25	00:01:31	151	00:31:59	01:09:44
66	239	F	32		CONNIE BARNES	FUQUAY VARINA NC	28	00:05:08	00:03:09	65	00:31:51	00:01:00	101	00:28:39	01:09:46
67	497	F	41		TRACY LEMPKE	JACKSONVILLE NC	154	00:07:03	00:03:05	53	00:31:25	00:01:47	66	00:26:37	01:09:55
68	151	F	39	A	CHRISTA BLAKELOCK	NEW BERN NC	18	00:04:53	00:02:49	95	00:32:38	00:01:10	96	00:28:28	01:09:55
69	347	F	29		LAUREN WATTS	WILMINGTON NC	65	00:05:44	00:02:58	83	00:32:24	00:01:09	88	00:27:51	01:10:04
70	635	F	25	NF	MARISSA GARDNER	RALEIGH NC	128	00:06:40	00:04:15	63	00:31:49	00:01:50	47	00:25:43	01:10:15
71	323	F	44		PATSY SMITH	CHAPEL HILL NC	104	00:06:18	00:02:56	79	00:32:19	00:00:59	86	00:27:48	01:10:18
72	47	F	40	A	HEATHER HAGEMAN	CHARLOTTE NC	5	00:04:17	00:02:59	68	00:31:56	00:01:40	113	00:29:30	01:10:20
73	218	F	49		JILL BAULIEU	HUNTERSVILLE NC	30	00:05:12	00:02:57	44	00:30:54	00:01:19	126	00:30:09	01:10:30
74	272	F	43		SUZANNE KUHNS	ABERDEEN NC	136	00:06:47	00:03:18	26	00:29:42	00:01:20	116	00:29:39	01:10:45
75	337	F	34		SERENA PACE	WILMINGTON NC	113	00:06:23	00:03:49	139	00:35:10	00:00:51	30	00:24:40	01:10:51
76	386	F	45		JILL PARKER	MATTHEWS NC	102	00:06:18	00:02:57	107	00:33:31	00:01:08	78	00:27:21	01:11:13
77	267	F	38		TRACY TERTZAGIAN	WILMINGTON NC	59	00:05:42	00:02:30	106	00:33:23	00:01:29	93	00:28:16	01:11:18
78	489	F	34		KARA ZUMMO	SNEADS FERRY NC	160	00:07:11	00:03:05	70	00:32:03	00:01:40	44	00:25:28	00:02:00 01:11:25
79	645	F	40	ZF	HELEN CODD	WILMINGTON NC	173	00:07:29	00:02:39	120	00:34:18	00:00:46	59	00:26:19	01:11:29
80	518	F	35		BECKY SMITH	RALEIGH NC	125	00:06:35	00:02:23	90	00:32:32	00:01:26	102	00:28:41	01:11:36
81	494	F	48	A	LISA GRIFFIN	NEBO NC	164	00:07:16	00:04:05	81	00:32:22	00:01:09	71	00:26:58	01:11:48
82	427	F	35		LAURA HOOVER	CAMP LEJEUNE NC	98	00:06:16	00:03:12	128	00:34:41	00:01:30	62	00:26:20	01:11:57
83	292	F	42	A	STEPHANIE SULLIVAN	WINTERVILLE NC	74	00:05:53	00:03:53	88	00:32:30	00:01:31	99	00:28:34	01:12:19
84	593	F	28	NF	ELIZABETH FOOTE	RALEIGH NC	7	00:04:31	00:03:17	154	00:35:47	00:00:51	56	00:26:18	00:02:00 01:12:42

85	415	F	47		JULIE RICHARDSON	CHAPEL HILL NC	127	00:06:39	00:02:52	126	00:34:39	00:00:58	82	00:27:38	01:12:44
86	398	F	37		CHRISTY TURNER	WILMINGTON NC	101	00:06:18	00:03:06	35	00:30:21	00:01:47	140	00:31:15	01:12:45
87	515	F	54		NANCI ARNOUX	WILMINGTON NC	176	00:07:33	00:03:28	111	00:33:40	00:01:13	72	00:27:01	01:12:53
88	215	F	37		JEAN MURTAGH	WILMINGTON NC	22	00:04:57	00:03:52	113	00:33:44	00:00:45	115	00:29:37	01:12:54
89	603	F	27	NF	NICOLE HODGE	DURHAM NC	67	00:05:49	00:02:56	109	00:33:35	00:00:59	117	00:29:39	01:12:56
90	610	F	37	NF	JANE ELLISON	WILMINGTON NC	57	00:05:41	00:02:56	84	00:32:25	00:01:13	134	00:30:45	01:12:57
91	286	F	56		SALLY ALMEKINDERS	CHAPEL HILL NC	133	00:06:44	00:02:19	62	00:31:47	00:00:46	145	00:31:40	01:13:14
92	184	F	29		NIKKI RUSSOS	RALEIGH NC	82	00:06:01	00:03:32	141	00:35:12	00:01:55	65	00:26:36	01:13:15
93	453	F	38		TAMMY YALCH	RALEIGH NC	107	00:06:21	00:03:57	129	00:34:44	00:01:18	74	00:27:06	01:13:24
94	544	F	38		JERILIN KENNEY	RALEIGH NC	158	00:07:09	00:02:42	77	00:32:17	00:01:36	120	00:29:44	01:13:26
95	317	F	40		TAMMIE WHITE	WILMINGTON NC									01:13:42
96	279	F	38		TANYA ENEY	RALEIGH NC	66	00:05:45	00:02:24	105	00:33:22	00:01:39	131	00:30:34	01:13:43
97	374	F	42		VICKI NIZEN	RALEIGH NC	79	00:05:57	00:03:04	146	00:35:22	00:00:52	98	00:28:33	01:13:45
98	250	F	45		LORIE LOWER	FORT MILL SC	177	00:07:33	00:04:06	96	00:32:43	00:01:48	83	00:27:41	01:13:50
99	492	F	44		LAURA GELLMAN	CHARLOTTE NC	196	00:08:04	00:04:09	28	00:29:56	00:02:08	119	00:29:42	01:13:57
100	652	F	54	ZF	KIM HOMME	NEBO NC	189	00:07:48	00:03:19	74	00:32:15	00:01:30	106	00:29:07	01:13:58
101	318	F	38		TERESSA MERCK	RALEIGH NC	89	00:06:05	00:02:59	116	00:34:01	00:01:08	122	00:29:49	01:14:01
102	546	F	49		VALERIE MINOGUE	CHAPEL HILL NC	194	00:08:01	00:02:49	93	00:32:36	00:01:04	118	00:29:42	01:14:10
103	296	F	31		KRISTY KAZEMFAR	WILMINGTON NC	76	00:05:53	00:04:09	58	00:31:37	00:01:24	109	00:29:11	00:02:00 01:14:12
104	525	F	25		REBECCA DILDAY	CARY NC	115	00:06:24	00:03:49	82	00:32:23	00:01:59	121	00:29:46	01:14:19
105	596	F	41	ZF	CATHERINE BARITELL	RALEIGH NC	12	00:04:44	00:03:21	170	00:36:39	00:01:21	94	00:28:17	01:14:19
106	56	F	37		HILARY STOKES	RALEIGH NC	9	00:04:35	00:03:36	157	00:36:01	00:01:19	105	00:29:07	01:14:36
107	642	F	25	NF	CLAIRE POWELL	APEX NC	132	00:06:42	00:04:21	161	00:36:17	00:01:00	63	00:26:27	01:14:46
108	503	F	39		MARY PAT FULKERSON	RALEIGH NC	191	00:07:51	00:02:56	142	00:35:13	00:01:08	85	00:27:46	01:14:52
109	618	F	38	NF	JENNIFER WILLIAMS	WILMINGTON NC	96	00:06:15	00:04:01	159	00:36:05	00:01:10	79	00:27:24	01:14:53
110	326	F	29		LORI KRASNER	RALEIGH NC	61	00:05:43	00:03:30	153	00:35:46	00:02:13	87	00:27:50	01:15:00
111	513	F	34	A	DANA ULRICH	CHARLOTTE NC	145	00:06:55	00:03:22	72	00:32:11	00:01:44	138	00:30:57	01:15:08
112	179	F	37	A	EVELYN ROLAND	CAROLINA BEACH NC	111	00:06:23	00:03:30	46	00:30:59	00:01:56	162	00:32:25	01:15:10
113	455	F	29		ASHLEY TREXLER	MORRISVILLE NC	60	00:05:42	00:03:04	144	00:35:16	00:00:43	136	00:30:47	01:15:31
114	247	F	30		ALISHA MURRAY	WILMINGTON NC	86	00:06:03	00:02:52	104	00:33:20	00:01:13	155	00:32:07	01:15:33
115	530	F	35		DELISA MACKLIN	CONCORD NC	188	00:07:47	00:03:13	115	00:34:01	00:01:33	107	00:29:08	01:15:40

116	562	F	41		ANGELA LEONARD	WILMINGTON NC	226	00:09:32	00:03:36	166	00:36:23	00:01:08	39	00:25:17	01:15:55
117	405	F	36	A	LEE INTEGLIA	RALEIGH NC	110	00:06:23	00:03:15	89	00:32:30	00:01:03	169	00:32:48	01:15:58
118	174	F	27		AUTUM MIHM	WILMINGTON NC	29	00:05:12	00:03:09	223	00:43:50	00:01:05	10	00:22:51	01:16:05
119	369	F	17		KAITLYN ROSS	SMITHFIELD NC	70	00:05:50	00:04:24	176	00:37:03	00:01:18	81	00:27:32	01:16:05
120	255	F	28		SHEILA RODEL	GARNER NC	78	00:05:54	00:03:48	187	00:37:40	00:00:50	89	00:27:57	01:16:07
121	142	F	14		MADELINE SMITH	CHAPEL HILL NC	21	00:04:56	00:02:45	204	00:40:05	00:00:39	92	00:28:12	01:16:36
122	614	F	40	ZF	MICHELE EGGLESTON	WILMINGTON NC	103	00:06:18	00:03:19	78	00:32:19	00:01:16	175	00:33:30	01:16:38
123	456	F	35		LAURA MURRAY	RALEIGH NC	100	00:06:17	00:02:59	114	00:33:58	00:00:56	167	00:32:33	01:16:41
124	483	F	31		MICHELLE ABRAMS	CHAPEL HILL NC	190	00:07:49	00:03:59	181	00:37:20	00:01:00	68	00:26:42	01:16:49
125	512	F	33		BRIDGET PETRUCELLI	STEVENSVILLE MT	203	00:08:15	00:03:54	36	00:30:29	00:02:45	144	00:31:28	01:16:49
126	94	F	49		LISA COLEMAN	CARY NC	38	00:05:21	00:03:13	94	00:32:37	00:02:58	168	00:32:44	01:16:51
127	426	F	41		BROOKE BOGUE	RALEIGH NC	167	00:07:20	00:03:59	73	00:32:13	00:02:03	142	00:31:19	01:16:52
128	207	F	28		DANIELLE YOUNG	RALEIGH NC	36	00:05:17	00:04:49	177	00:37:03	00:01:35	90	00:28:11	01:16:54
129	487	F	47	A	BJ TIPTON	CHAPEL HILL NC	135	00:06:46	00:02:59	76	00:32:17	00:01:12	178	00:33:43	01:16:55
130	510	F	42		MAUREEN SHAHEEN	BETHESDA MD	117	00:06:27	00:05:41	71	00:32:06	00:02:17	130	00:30:33	01:17:03
131	385	F	35	A	GLORIA DAVIS	RALEIGH NC	126	00:06:36	00:03:04	149	00:35:31	00:01:14	135	00:30:46	01:17:09
132	129	F	26		LINDSAY CLEVINGER	WILMINGTON NC	32	00:05:15	00:03:33	155	00:35:51	00:01:12	143	00:31:22	01:17:11
133	521	F	35		ANGIE SHORT	MOUNT PLEASANT NC	223	00:09:08	00:03:37	40	00:30:47	00:02:34	139	00:31:11	01:17:14
134	579	F	44		SUSAN BAKER	WILMINGTON NC	205	00:08:20	00:04:45	130	00:34:44	00:01:55	84	00:27:42	01:17:24
135	285	F	53		KATHY DEAN	WILLOW SPRINGS NC	134	00:06:46	00:04:19	112	00:33:42	00:02:05	132	00:30:38	01:17:27
136	85	F	50		LINDA TUFTS	ABERDEEN NC	94	00:06:11	00:03:36	160	00:36:15	00:02:14	111	00:29:20	01:17:34
137	475	F	31		AMY STARNES	WINSTON SALEM NC	121	00:06:33	00:03:55	132	00:34:48	00:02:07	129	00:30:32	01:17:53
138	332	F	31		JESSICA LAM	RALEIGH NC	195	00:08:02	00:03:32	123	00:34:32	00:01:22	128	00:30:29	01:17:55
139	550	F	52		JANICE MCSWEENEY	WILMINGTON NC	209	00:08:25	00:04:01	148	00:35:27	00:01:24	103	00:28:53	01:18:08
140	576	F	30		ASHLEY DELPH	RALEIGH NC	197	00:08:05	00:04:34	122	00:34:23	00:03:06	91	00:28:12	01:18:18
141	466	F	38		LAURA RYSDON	CHARLOTTE NC	116	00:06:27	00:03:44	118	00:34:12	00:01:30	164	00:32:29	01:18:19
142	501	F	47		LUCILLE EATON	DURHAM NC	137	00:06:48	00:03:24	134	00:34:52	00:00:59	161	00:32:17	01:18:20
143	412	F	45		TERRI HOWELL	FUQUAY VARINA NC	156	00:07:04	00:03:18	125	00:34:38	00:00:58	165	00:32:30	01:18:27
144	502	F	46		MANDY BURNHAMS	CARY NC	161	00:07:11	00:03:16	108	00:33:31	00:01:39	170	00:32:52	01:18:28
145	542	F	47		SUZANNE LEVER	CARY NC	193	00:08:00	00:03:40	145	00:35:16	00:01:42	125	00:29:59	01:18:36
146	592	F	39	NF	KEMBERLY GONZALEZ	WILMINGTON NC	178	00:07:35	00:04:36	169	00:36:33	00:01:21	100	00:28:35	01:18:37

147	636	F	32	NF	JENNIFER HESTER	CAMP LEJEUNE NC	58	00:05:41	00:02:43	197	00:39:04	00:01:07	127	00:30:11	01:18:44
148	280	F	14		KENDALL WOOD	CHAPEL HILL NC	47	00:05:29	00:03:51	193	00:38:31	00:01:35	110	00:29:20	01:18:44
149	365	F	17		CASSIDY MAXWELL	WILMINGTON NC	108	00:06:21	00:04:24	210	00:40:54	00:00:49	60	00:26:19	01:18:46
150	667	F	45	ZF	JANINE GOVERT	CHAPEL HILL NC	236	00:12:42	00:03:38	137	00:35:05	00:02:17	40	00:25:23	01:19:03
151	423	F	41		ANDREA LANGLEY	GREENSBORO NC	168	00:07:21	00:03:39	138	00:35:06	00:01:12	157	00:32:11	01:19:27
152	125	F	48		SUSAN LINDER-HAUSER	WILMINGTON NC	35	00:05:17	00:03:36	175	00:37:00	00:01:31	158	00:32:12	01:19:33
153	509	F	31		RYANNA AVERY	WILMINGTON NC	144	00:06:54	00:03:05	171	00:36:42	00:01:01	160	00:32:13	01:19:53
154	520	F	40	A	TANYA HILLER	GREENSBORO NC	200	00:08:13	00:04:19	147	00:35:25	00:01:14	137	00:30:53	01:20:02
155	540	F	39		ANGIE HEDGEPEETH	WILMINGTON NC	169	00:07:22	00:03:24	164	00:36:22	00:01:02	150	00:31:58	01:20:06
156	314	F	38		JENNIFER CHIAVETTA	WILMINGTON NC	149	00:06:57	00:03:07	203	00:39:57	00:00:45	112	00:29:30	01:20:13
157	313	F	39		SUTTON BONEY	WILMINGTON NC	162	00:07:11	00:03:06	201	00:39:27	00:01:15	114	00:29:31	01:20:28
158	366	F	47		LORI GOULD	ROCKY POINT NC	150	00:06:58	00:03:32	133	00:34:51	00:01:16	179	00:33:54	01:20:28
159	454	F	24		AMY ALLEN	DURHAM NC	99	00:06:16	00:04:00	121	00:34:22	00:01:36	180	00:34:23	01:20:35
160	331	F	39		WENDY PENFIELD	RALEIGH NC	44	00:05:25	00:02:49	85	00:32:26	00:01:24	214	00:39:19	01:21:21
161	404	F	44		KIRAH VAN SICKLE	WILMINGTON NC	105	00:06:19	00:03:48	102	00:33:03	00:02:30	193	00:35:49	01:21:26
162	473	F	40		STEPHANIE LOHER	NEW BERN NC	198	00:08:10	00:04:15	124	00:34:36	00:02:55	148	00:31:48	01:21:43
163	452	F	41		NANCY BIXLER	WAKE FOREST NC	206	00:08:24	00:05:10	140	00:35:11	00:01:23	147	00:31:45	01:21:51
164	288	F	58		LIZ YEAGER	WILMINGTON NC	166	00:07:18	00:04:24	110	00:33:37	00:03:17	176	00:33:35	01:22:09
165	401	F	35		EMILY MARTIN	SURF CITY NC	140	00:06:52	00:03:55	75	00:32:16	00:01:43	209	00:37:39	01:22:23
166	437	F	36		KELLY HINES	WILMINGTON NC	157	00:07:08	00:03:25	97	00:32:50	00:02:52	200	00:36:11	01:22:24
167	410	F	41		PATRICIA BENEDICT	RALEIGH NC	139	00:06:51	00:03:54	173	00:36:53	00:01:40	174	00:33:14	01:22:29
168	537	F	33		JEN HANLEY	WILMINGTON NC	165	00:07:17	00:04:00	174	00:36:59	00:01:49	163	00:32:28	01:22:31
169	554	F	30		APRIL DEDERICK	HOPE MILLS NC	122	00:06:33	00:04:13	165	00:36:22	00:02:16	172	00:33:09	01:22:31
170	630	F	50	ZF	VIRGINIA PARKER	RALEIGH NC	119	00:06:31	00:04:03	131	00:34:45	00:01:15	198	00:36:04	01:22:36
171	524	F	72		SHARON ROGGENBUCK	HILLSBOROUGH NC	220	00:09:00	00:03:05	100	00:32:58	00:01:46	197	00:36:03	01:22:49
172	355	F	25		ALICIA DAVISON	CHARLOTTE NC	181	00:07:37	00:03:03	158	00:36:03	00:01:07	185	00:35:02	01:22:50
173	500	F	41	A	KATHY KREIS	FUQUAY VARINA MT	163	00:07:15	00:03:45	98	00:32:51	00:02:05	184	00:35:00	00:02:00
174	536	F	29		KRISTI DAVIS	WILMINGTON NC	170	00:07:25	00:04:23	151	00:35:44	00:01:10	182	00:34:47	01:23:28
175	359	F	39	A	CHERYL BOWLING	FORT MILL SC	130	00:06:41	00:03:51	208	00:40:46	00:01:03	141	00:31:15	01:23:34
176	413	F	53		JANICE ROBBINS	RALEIGH NC	219	00:08:49	00:02:57	162	00:36:18	00:01:54	154	00:32:06	00:02:00
177	551	F	53		LORETTA EGGELING	WILMINGTON NC	216	00:08:38	00:04:01	135	00:34:57	00:01:13	188	00:35:22	01:24:08

178	581	F	57		MARYANNE SPRAGUE	ROCKY MOUNT NC	211	00:08:28	00:05:20	168	00:36:26	00:01:09	171	00:33:06	01:24:27
179	477	F	37		KRISTIN FONES	FREDERICKSBURG VA	180	00:07:37	00:05:07	119	00:34:18	00:03:04	181	00:34:26	01:24:30
180	552	F	45		MELINDA ABRAMS	CHAPEL HILL NC	215	00:08:36	00:03:46	136	00:35:00	00:00:58	202	00:36:14	01:24:32
181	308	F	40		CHRISTINE VAYO	WILMINGTON NC	187	00:07:46	00:02:49	178	00:37:09	00:01:30	189	00:35:30	01:24:41
182	367	F	41		NANCY GLEW	WILMINGTON NC	87	00:06:05	00:03:41	152	00:35:46	00:01:39	191	00:35:40	00:02:00 01:24:49
183	381	F	11		SARAH HOOVER	LEXINGTON NC	159	00:07:10	00:03:27	227	00:44:13	00:00:54	108	00:29:09	01:24:50
184	662	F	44	ZF	MARY KINTZ	APEX NC	217	00:08:44	00:04:51	117	00:34:04	00:02:21	186	00:35:03	01:25:02
185	431	F	28		MEREDITH EVERETT	RALEIGH NC	218	00:08:44	00:03:45	192	00:38:23	00:01:48	166	00:32:32	01:25:10
186	639	F	40	ZF	CAROLYN MEJIA	WILMINGTON NC	228	00:09:43	00:02:21	202	00:39:40	00:01:19	159	00:32:12	01:25:14
187	451	F	25		MEAGAN WHITE	RALEIGH NC	184	00:07:43	00:04:09	215	00:41:31	00:01:14	133	00:30:39	01:25:15
188	563	F	47		DANA GARTON	GERMANTOWN MD	231	00:10:26	00:04:17	200	00:39:19	00:01:53	123	00:29:49	01:25:42
189	660	F	40	ZF	ERIN NEUROHR	FORT MILL SC	224	00:09:08	00:04:22	143	00:35:15	00:01:09	199	00:36:05	01:25:57
190	243	F	32		WENDY SHORTER-BRIDGES	WRIGHTSVILLE BEACH NC	131	00:06:41	00:03:17	150	00:35:35	00:01:45	213	00:39:11	01:26:27
191	418	F	37		KELLY BAUGHER	WILMINGTON NC	138	00:06:48	00:04:01	213	00:41:28	00:01:17	173	00:33:13	01:26:46
192	45	F	12		WAVERLY LEONARD	WILMINGTON NC	8	00:04:33	00:03:22	236	00:53:09	00:01:52	27	00:24:09	01:27:03
193	622	F	28	NF	WENDY HAYEK	WILMINGTON NC	153	00:07:02	00:03:02	232	00:47:47				01:27:04
194	408	F	55		CATHERINE MCLAUGHLIN	WILMINGTON NC	174	00:07:32	00:05:02	163	00:36:19	00:02:07	201	00:36:12	01:27:11
195	549	F	55		SUE PROCTOR	KINSTON NC	208	00:08:25	00:04:41	101	00:33:01	00:01:23	217	00:39:56	01:27:23
196	624	F	28	NF	AMANDA SHEDAKER	WILMINGTON NC	120	00:06:32	00:04:40	195	00:38:51	00:02:06	190	00:35:31	01:27:37
197	619	F	40	ZF	ASHLEY WOOLWINE	WILMINGTON NC	81	00:06:01	00:03:59	211	00:40:55	00:02:38	153	00:32:06	00:02:00 01:27:37
198	244	F	54		THERESA BROCKWAY	WILMINGTON NC	97	00:06:15	00:04:18	196	00:38:53	00:02:17	196	00:35:59	01:27:41
199	358	F	38	A	KIM BIEHL	MATTHEWS NC	124	00:06:35	00:04:20	189	00:38:10	00:01:39	204	00:37:00	01:27:42
200	514	F	38		MELANIE CAMERON	WILMINGTON NC	222	00:09:08	00:02:38	183	00:37:22	00:01:15	207	00:37:37	01:27:57
201	471	F	38		MELANIE COOKE	HOLLY SPRINGS NC	155	00:07:03	00:06:24	214	00:41:29	00:03:19	124	00:29:59	01:28:13
202	674	F	50	ZF	NATALIE PERKINS	RALEIGH NC	232	00:10:26	00:04:14	184	00:37:27	00:02:31	177	00:33:43	01:28:20
203	561	F	57		ANNE SHAMP	HAMPSTEAD NC	210	00:08:26	00:04:21	179	00:37:13	00:01:20	205	00:37:13	01:28:32
204	666	F	35	NF	AUDREY CHANOIT	RALEIGH NC	175	00:07:32	00:03:55	228	00:44:33	00:01:00	146	00:31:41	01:28:39
205	380	F	30		MELISSA SWOFFORD	ABERDEEN NC	85	00:06:03	00:04:05	182	00:37:21	00:01:45	216	00:39:41	01:28:54
206	26	F	37		BRIDGETTE RICHARDS	DURHAM NC	199	00:08:11	00:04:24	220	00:42:51	00:01:57	149	00:31:54	01:29:14
207	490	F	49		ANNE CAMMER	WAXHAW NC	172	00:07:28	00:04:18	207	00:40:31	00:01:17	192	00:35:42	01:29:14
208	629	F	44	ZF	BETH LENNON	WILMINGTON NC	152	00:07:01	00:04:28	217	00:41:32	00:01:28	183	00:34:53	01:29:21

209	573	F	35		CARLA HUNT	RALEIGH NC											01:29:31
210	24	F	41		MARIE RICHARDS	DURHAM NC	68	00:05:49	00:04:24	230	00:45:42	00:01:55	152	00:32:02			01:29:50
211	360	F	41		JULIE GRIFFIN	FORT MILL SC	225	00:09:25	00:04:04	224	00:43:55	00:01:03	156	00:32:10			01:30:35
212	633	F	31	NF	ASHELEY CLARKIN	LELAND NC	112	00:06:23	00:04:10	172	00:36:43	00:01:32	227	00:41:50			01:30:36
213	181	F	42		MARY KONZ	WILMINGTON NC	84	00:06:03	00:04:14	219	00:42:46	00:01:58	194	00:35:57			01:30:56
214	620	F	45		MICHELE STONE	RALEIGH NC	151	00:07:01	00:03:16	191	00:38:22	00:01:24	226	00:41:50			01:31:51
215	440	F	49		JANET ROGERS	WILMINGTON NC	212	00:08:31	00:03:59	186	00:37:34	00:02:35	215	00:39:19			01:31:57
216	219	F	54		CATHERINE DUNCAN	CARY NC	90	00:06:07	00:05:00	185	00:37:31	00:02:36	228	00:41:56			01:33:07
217	665	F	47	ZF	LAURA BROOKS	CHAPEL HILL NC	201	00:08:14	00:04:48	188	00:37:55	00:02:27	218	00:40:04			01:33:27
218	555	F	63		PAT ANDREWS	CHARLOTTE NC	229	00:10:08	00:04:14	216	00:41:32	00:01:39	195	00:35:59			01:33:30
219	507	F	45		HOLLY WOOD	CHAPEL HILL NC	186	00:07:44	00:03:21	225	00:44:10	00:01:07	206	00:37:36			01:33:57
220	444	F	34		ADELE MCMURTREY	WILMINGTON NC	143	00:06:54	00:05:00	180	00:37:15	00:04:40	211	00:38:28	00:02:00		01:34:14
221	565	F	52		KATHY WILLIAMS	CHARLOTTE NC	237	00:14:34	00:04:57	167	00:36:24	00:02:14	203	00:36:46			01:34:53
222	495	F	67		MARY ELAINE DOWDEN	HILTON HEAD SC	207	00:08:24	00:04:28	199	00:39:12	00:02:28	222	00:40:53			01:35:22
223	506	F	12		KATE WOOD	CHAPEL HILL NC	185	00:07:44	00:03:36	226	00:44:12	00:01:06	208	00:37:37	00:02:00		01:36:14
224	570	F	53		MARY ANNE MILLER	KANNAPOLIS NC	221	00:09:04	00:05:46	212	00:41:25	00:01:37	212	00:38:44			01:36:34
225	461	F	41		ANDREA DOUGHTY	CHAPEL HILL NC	227	00:09:41	00:05:36	209	00:40:48	00:02:05	210	00:38:26			01:36:35
226	649	F	37	NF	AMY HILL	DURHAM NC	141	00:06:53	00:04:15	218	00:42:28	00:03:03	219	00:40:15			01:36:52
227	595	F	18	NF	DANIELLE MOORE	WILMINGTON NC	31	00:05:13	00:05:21	198	00:39:06	00:02:47	230	00:42:55	00:02:00		01:37:20
228	168	F	24		BRIDGET WENDELL	WILMINGTON NC	171	00:07:28	00:04:16	229	00:44:39	00:00:51	220	00:40:24			01:37:37
229	508	F	34		JENNIFER SWOFFORD	CHARLOTTE NC	142	00:06:53	00:04:38	190	00:38:15	00:01:58	234	00:46:31			01:38:13
230	657	F	47	ZF	CATHY MILLER	RALEIGH NC	235	00:11:03	00:04:00	206	00:40:31	00:02:12	223	00:41:06			01:38:50
231	646	F	44	ZF	ANNE BARWICK	CHARLOTTE NC	213	00:08:33	00:04:47	222	00:43:49	00:02:39	224	00:41:10			01:40:56
232	527	F	35		CAROLYN MIRES	WINTERVILLE NC	204	00:08:19	00:04:59	205	00:40:10	00:01:35	233	00:46:13			01:41:14
233	654	F	28	NF	HALEY CHITTY	WILMINGTON NC	233	00:10:31	00:04:33	221	00:43:19	00:01:18	231	00:43:52			01:43:31
234	442	F	46	A	ELIZABETH LOCKYER	WILMINGTON NC	202	00:08:15	00:07:35	194	00:38:40	00:02:57	232	00:46:05	00:02:00		01:45:30
235	638	F	25	NF	RACHEL MATTHEWS	CARY NC	192	00:07:58	00:04:50	235	00:51:07	00:01:44	221	00:40:31			01:46:08
236	671	F	24	NF	KERRI DALY	CARY NC	214	00:08:35	00:04:55	234	00:50:10	00:01:06	225	00:41:38			01:46:22
237	568	F	37		ALYSIA RIEG	JACKSONVILLE NC	234	00:10:49	00:04:39	231	00:47:29	00:01:12	229	00:42:25			01:46:32
238	476	F	35		HEATHER LEAGUE	WILMINGTON NC											01:57:42
239	35	F	36	A	JODY KOONCE	MINT HILL NC	230	00:10:24	00:05:02	233	00:47:58	00:02:44	235	00:55:51			02:01:58

240	673	F	15	NF	LYNDSEY SHAFIEI	CHAPEL HILL NC										02:23:27
241	672	F	15	NF	SARAH BROOKS	CHAPEL HILL NC	238	00:14:34	00:07:46	237	00:56:24	00:02:15	236	01:02:45		02:23:42
242	626	F	23	NF	JESSIE KIELTY	CARY NC	146	00:06:56	00:06:26							

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