

2015 Fox Trot 5K Run  
for Parkinson's Research  
Results by the Appalachian Timing Group - APTiming.com  
March 21, 2015 - 9:00 AM | Charleston, WV  
Weather: 45 Degrees and Partly Cloudy - Wind WSW @ 9MPH

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* OVERALL Female RESULTS \*\*\*\*\*

| Place | Name         | S | Age | Time    | Pace |
|-------|--------------|---|-----|---------|------|
| 1     | Angela Gould | F | 38  | 24:33.5 | 7:55 |

\*\*\*\*\* OVERALL Male RESULTS \*\*\*\*\*

| Place | Name      | S | Age | Time    | Pace |
|-------|-----------|---|-----|---------|------|
| 1     | Gary Sims | M | 45  | 21:38.2 | 6:58 |

FEMALE Age Group 1 - 18

| Place | O'All | Name          | S | Age | Time    | Pace |
|-------|-------|---------------|---|-----|---------|------|
| 1     | 30    | Keera Wilmoth | F | 18  | 28:38.2 | 9:14 |
| 2     | 37    | Baylee Thomas | F | 15  | 29:53.8 | 9:38 |
| 3     | 39    | Grace Javins  | F | 12  | 30:09.4 | 9:43 |

MALE Age Group 1 - 18

| Place | O'All | Name             | S | Age | Time    | Pace |
|-------|-------|------------------|---|-----|---------|------|
| 1     | 2     | Logan Hostuttler | M | 13  | 22:06.7 | 7:07 |
| 2     | 3     | Lucas Roberts    | M | 17  | 22:30.1 | 7:15 |
| 3     | 15    | Thomas Witte     | M | 12  | 25:38.5 | 8:16 |

FEMALE Age Group 19 - 29

| Place | O'All | Name           | S | Age | Time    | Pace |
|-------|-------|----------------|---|-----|---------|------|
| 1     | 14    | Meagan Smith   | F | 28  | 25:10.2 | 8:07 |
| 2     | 24    | Brooke Sheets  | F | 23  | 27:50.4 | 8:58 |
| 3     | 26    | Paige Moorhead | F | 22  | 28:04.3 | 9:03 |

MALE Age Group 19 - 29

| Place | O'All | Name             | S | Age | Time    | Pace |
|-------|-------|------------------|---|-----|---------|------|
| 1     | 6     | Will Messer      | M | 28  | 23:33.1 | 7:35 |
| 2     | 7     | Cory Atwood      | M | 27  | 23:59.8 | 7:44 |
| 3     | 9     | Caleb Brownfield | M | 24  | 24:04.0 | 7:45 |

FEMALE Age Group 30 - 39

| Place | O'All | Name              | S | Age | Time    | Pace |
|-------|-------|-------------------|---|-----|---------|------|
| 1     | 22    | Karla Downey      | F | 37  | 27:10.5 | 8:45 |
| 2     | 28    | Jessica Duffield  | F | 32  | 28:07.0 | 9:03 |
| 3     | 38    | Meggan Hostuttler | F | 31  | 30:00.6 | 9:40 |

MALE Age Group 30 - 39

| Place | O'All | Name         | S | Age | Time    | Pace |
|-------|-------|--------------|---|-----|---------|------|
| 1     | 8     | Lee Cassis   | M | 35  | 24:00.9 | 7:44 |
| 2     | 16    | Adam Marco   | M | 35  | 25:38.9 | 8:16 |
| 3     | 17    | Shawn Abbott | M | 37  | 25:46.9 | 8:18 |

|       |       | FEMALE         |   | Age Group |         | 40 - 49 |
|-------|-------|----------------|---|-----------|---------|---------|
| Place | O'All | Name           | S | Age       | Time    | Pace    |
| ===== | ===== | =====          | = | =====     | =====   | =====   |
| 1     | 23    | Meredith Dean  | F | 43        | 27:35.4 | 8:53    |
| 2     | 34    | Melody Viars   | F | 42        | 29:27.5 | 9:29    |
| 3     | 44    | Tiffany Thomas | F | 40        | 30:35.6 | 9:51    |

|       |       | MALE              |   | Age Group |         | 40 - 49 |
|-------|-------|-------------------|---|-----------|---------|---------|
| Place | O'All | Name              | S | Age       | Time    | Pace    |
| ===== | ===== | =====             | = | =====     | =====   | =====   |
| 1     | 4     | Robert Hostuttler | M | 40        | 22:40.4 | 7:18    |
| 2     | 13    | Chris Marr        | M | 43        | 24:52.1 | 8:01    |
| 3     | 18    | Ben Savage        | M | 40        | 26:00.4 | 8:23    |

|       |       | FEMALE         |   | Age Group |         | 50 - 59 |
|-------|-------|----------------|---|-----------|---------|---------|
| Place | O'All | Name           | S | Age       | Time    | Pace    |
| ===== | ===== | =====          | = | =====     | =====   | =====   |
| 1     | 35    | Teresa Hensley | F | 56        | 29:29.5 | 9:30    |
| 2     | 36    | Sam Fox        | F | 50        | 29:43.4 | 9:35    |
| 3     | 58    | Teresa Nunley  | F | 52        | 33:08.8 | 10:41   |

|       |       | MALE           |   | Age Group |         | 50 - 59 |
|-------|-------|----------------|---|-----------|---------|---------|
| Place | O'All | Name           | S | Age       | Time    | Pace    |
| ===== | ===== | =====          | = | =====     | =====   | =====   |
| 1     | 5     | Robert Hensley | M | 50        | 23:15.3 | 7:30    |
| 2     | 25    | Kent Reed      | M | 52        | 27:51.8 | 8:59    |
| 3     | 41    | Walt Ivey      | M | 55        | 30:17.1 | 9:45    |

|       |       | FEMALE          |   | Age Group |         | 60 - 98 |
|-------|-------|-----------------|---|-----------|---------|---------|
| Place | O'All | Name            | S | Age       | Time    | Pace    |
| ===== | ===== | =====           | = | =====     | =====   | =====   |
| 1     | 80    | Judith Justison | F | 61        | 37:58.3 | 12:14   |
| 2     | 110   | Rebecca Nelson  | F | 60        | 47:32.6 | 15:19   |

|       |       | MALE        |   | Age Group |         | 60 - 98 |
|-------|-------|-------------|---|-----------|---------|---------|
| Place | O'All | Name        | S | Age       | Time    | Pace    |
| ===== | ===== | =====       | = | =====     | =====   | =====   |
| 1     | 31    | Rick Forren | M | 60        | 28:43.2 | 9:15    |
| 2     | 81    | John Lack   | M | 62        | 37:58.5 | 12:14   |
| 3     | 100   | Gary Epling | M | 66        | 43:37.1 | 14:03   |