

Race Date
October 14, 2018

3rd Annual NB4T 5K

Overall Finish List

5K Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	James Dericks	Pompton Plains NJ	186	M	1: Open	21:26.6	6:55/M
2	Walter Galarowicz	Cedar Grove NJ	223	M	1: 14-16	21:37.1	6:58/M
3	Paul Silverman	Wayne NJ	212	M	1: 40-49	21:46.8	7:01/M
4	Shawn Dennis	Verona NJ	183	M	2: 40-49	22:33.8	7:16/M
5	Joseph Jennings	Pompton Lakes NJ	192	M	1: 60-99	22:57.2	7:24/M
6	Joseph Catalano	Wayne NJ	225	M	1: 30-39	23:40.6	7:38/M
7	Donna Dericks	Pompton Plains NJ	185	F	1: Open	24:31.4	7:55/M
8	Christine Alario	Pompton Lakes NJ	220	F	1: 50-59	25:12.1	8:08/M
9	Laurie Wallace	Ringwood NJ	222	F	2: 50-59	25:51.1	8:20/M
10	Richard Nachbaur	Morrisville PA	203	M	1: 50-59	26:00.5	8:23/M
11	Lily Nachbaur	Verona NJ	226	F	1: 10-13	27:09.4	8:45/M
12	James Nachbaur	Verona NJ	204	M	3: 40-49	27:10.3	8:46/M
13	Rami Bar	Oceanside NY	175	M	2: 50-59	27:45.6	8:57/M
14	Joe Nachbaur	Cedar Grove NJ	202	M	4: 40-49	28:04.5	9:03/M
15	Adam Warner	Short Hills NJ	221	M	3: 50-59	28:25.1	9:10/M
16	Antonio Lorenzo	Harrison NJ	196	M	4: 50-59	28:33.2	9:13/M
17	Michael Farrelly	Little Falls NJ	188	M	5: 40-49	30:06.0	9:43/M
18	Kaitlyn Temples	Lincoln Park NJ	213	F	1: 20-29	30:40.6	9:54/M
19	Joseph Sheehan	Lincoln Park NJ	210	M	2: 30-39	30:41.7	9:54/M
20	Lauren O Reilly	Ramsey NJ	205	F	1: 30-39	31:23.9	10:07/M
21	Luz Diaz	Clifton NJ	187	F	1: 40-49	32:01.6	10:20/M
22	Elina Warner	Butler NJ	215	F	3: 50-59	33:55.9	10:56/M
23	Paul Murphy	Woodland Park NJ	201	M	3: 30-39	34:35.6	11:09/M
24	Candace Galvez	Colonia NJ	190	F	2: 40-49	34:35.7	11:09/M
25	Kathy Swede	Wayne NJ	219	F	3: 40-49	34:42.6	11:12/M
26	Jake Silverman	Wayne NJ	211	M	2: 14-16	37:21.1	12:03/M
27	Trey Lengyel	Wayne NJ	195	M	3: 14-16	37:46.5	12:11/M
28	Barbara McEvoy	Verona NJ	198	F	4: 50-59	37:47.6	12:11/M
29	Sheila Forbes	Wayne NJ	189	F	5: 50-59	40:08.0	12:57/M
30	Joe Marasco		229	M	1: 0-0	41:15.2	13:18/M
31	Dana Manto		230	F	1: 0-0	41:16.1	13:19/M
32	Karen Hagopian	Saddle Brook NJ	228	F	2: 30-39	46:43.9	15:04/M
33	Lisa Mulhall	Pompton Plains NJ	227	F	4: 40-49	46:44.8	15:05/M
34	Jamie Ziegelhofer	Hackensack NJ	216	F	5: 40-49	50:48.4	16:23/M
35	Katherine McGarril	New Milford NJ	218	F	6: 50-59	50:50.5	16:24/M
36	Deidre Conrad	Greentown PA	181	F	6: 40-49	50:51.8	16:24/M