

Cheese and Sauerkraut 10-Mile Prediction Race

December 6, 2025

Big Tree Certified Course, McBaine Katy Trailhead, Columbia, MO

Place by Time	First Name	Last Name	Predicted	Actual	Difference
1	Ben	Eiffert	1:02:00	1:00:28	1:32
2	Andrew	Pelikan	1:02:00	1:00:29	1:31
3	Kaitlyn	Shea	1:09:18	1:01:18	8:00
4	Kollin	King	1:15:00	1:02:40	12:20
5	Andy	Emerson	1:23:00	1:14:17	8:43
6	Nancy	Taube	1:30:00	1:20:46	9:14
7	Tom	May	1:30:00	1:24:25	5:35
8	Shirish	Arora	1:20:00	1:25:35	5:35
9	Grayson	Vaughan	1:30:00	1:28:20	1:40
10	Craig	Nichols	1:26:00	1:29:45	3:45
11	Tessa	Mussman	1:32:00	1:32:58	0:58
12	Madison	King	1:32:00	1:32:59	0:59
13	Jen	Anderson	1:40:00	1:33:40	6:20
14	Samuel	Martin	1:40:00	1:35:33	4:27
15	Cabb	Martin	1:35:00	1:35:56	0:56
16	Brayden	Knittel	2:05:00	1:36:10	28:50
17	Niraj	Arora	1:28:00	1:36:11	8:11
18	Dawson	Willard	1:58:00	1:38:59	19:01
19	John	Fraser	1:40:00	1:39:22	0:38
20	Derek	Archer	1:51:00	1:39:28	11:32
21	Mark	Kleckaefer	1:38:00	1:39:58	1:58

22	Paula	Rawlings	1:44:00	1:42:59	1:01
23	Becky	Hennessy	1:50:00	1:47:22	2:38
24	Nancy	Mette	1:50:00	1:47:23	2:37
25	Charlie	Schweppe	2:00:00	1:52:01	7:59
26	Jessie	Starbuck	1:58:00	1:52:38	5:22

The temperature was 29 F at the 8:30 a.m. start, fog warning in place, and no wind, probably the best conditions for racing for this race in years. Twenty-five runners completed the race, no one wearing a watch save one individual who opted out of the competition for the cheese and sauerkraut. The rules are simple. Predict the time you would like to run, use your own two feet the entire 10 miles to propel yourself, stay on the course for the two 5-mile laps, and smile when you pass the timers on the first lap and while finishing. We mentioned running on your own two feet because a sign had been posted at the trailhead asking people to be on the lookout for a four-footed creature, a pony that was on the loose, a potential lift for a tired runner.

Ben Eiffert, Andrew Pelikan, and Kaitlyn Shea led the way in fast fashion. Nancy Taube set a new Missouri State 10-mile record by 5 minutes and everyone else had impressive races, no question.

John Fraser was just 38 seconds off his predicted time and he took home a very nice assortment of cheeses. Brayden Knittel went home with a large glass jar brimming with sauerkraut courtesy of his Olympian sandbagging partner, predicting a two hour 5 minute race while running 1 hour and 36 minutes.

Very special thanks to the following Columbia Track Club members who showed up and made certain that the competitors raced under safe and fair conditions and were enjoyed the hospitality that this race is known for. Nancy Rezabek made dozens of muffins, gave away Log Boat beer glasses, and helped with recording the results. Tony Taube and Randy Gay took care of recording the place and identity of every finisher while Tom May marked the turn-around site. Thom Allen built the computer program for calculating the differences between predicted and actual times, inputted the runners' information, and got the names of the best and worse predictors for the awards ceremony in just a few minutes after the last runner crossed the finish line. Andy Emerson managed the online registration and Anne Hessler purchased the cheese and sauerkraut.

Respectfully submitted,

Dick Hessler