

2016 White Lake Fall Half

Overall Women

White Lake, NC 9/10/2016 07:00AM

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Place	Bib	Name	Age	City/State	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	1	CATHLEEN RUECKEIS	20	CHAPEL HILL NC	4	00:37:27	1	00:01:45	1	02:34:00	1	00:01:06	3	01:50:35		05:04:52	
2	2	SARA LARSON	42	CHAPEL HILL NC	5	00:37:45	2	00:01:49	3	02:43:28	4	00:01:35	1	01:42:02		05:06:37	
3	4	JORDAN MCAMMOND	40	JAMESTOWN NC	1	00:31:54	4	00:02:33	2	02:39:22	17	00:02:22	4	01:51:33		05:07:43	
4	131	LEANNE JOHNSON	37	LELAND NC	15	00:44:06	3	00:02:18	7	02:47:07	5	00:01:35	2	01:42:08		05:17:12	
5	176	JODI NEWMAN	44	MONROE NC	7	00:38:41	13	00:03:06	6	02:46:40	6	00:01:37	9	02:00:59	00:04:00	05:35:00	
6	88	JILL MARIE HILL	37	CHAPEL HILL NC	10	00:40:10	8	00:02:42	22	03:04:31	2	00:01:28	5	01:52:10		05:41:00	
7	118	CLARE MEERNIK	26	CARRBORO NC	12	00:42:37	24	00:03:30	14	02:59:06	16	00:02:16	8	01:57:01		05:44:29	
8	184	CARMEN CEDERHOLM	35	WHITSETT NC	21	00:47:44	21	00:03:23	4	02:45:55	9	00:02:01	13	02:05:38		05:44:38	
9	82	JO ANN BISTANY	25	SAVANNAH GA	27	00:49:13	7	00:02:42	21	03:04:24	13	00:02:07	6	01:54:48		05:53:12	
10	69	LINDSEE MCPHAIL	39	RALEIGH NC	28	00:49:27	17	00:03:16	9	02:54:40	30	00:03:48	12	02:03:19		05:54:27	
11	140	COURTNEY HOLMES MAN	28	CHARLOTTE NC	2	00:36:04	18	00:03:19	20	03:04:06	8	00:01:51	15	02:11:09		05:56:28	
12	216	LINDA HATFIELD	48	APEX NC	41	00:55:57	39	00:04:19	12	02:55:31	49	00:06:07	7	01:55:07		05:56:59	
13	188	HEATHER CREWS	30	WALTHAM MA	23	00:48:09	5	00:02:35	5	02:46:16	7	00:01:45	17	02:21:09		05:59:51	
14	165	WINDY CHRISTY	38	LUMBERTON NC	38	00:54:18	20	00:03:21	15	03:01:21	10	00:02:03	10	02:01:17		06:02:19	
15	251	BRIDGET FREY	44	HOLLY SPRINGS NC	6	00:38:11	22	00:03:25	10	02:55:19	27	00:03:06	20	02:23:41		06:03:40	
16	124	MARCY WATERS	51	HAMPSTEAD NC	36	00:53:23	9	00:02:59	16	03:01:37	18	00:02:23	14	02:05:47		06:06:07	
17	190	JENNIFER YOUNG	41	WILMINGTON NC	9	00:39:20	6	00:02:35	8	02:53:44	15	00:02:10	24	02:30:49		06:08:36	
18	70	SARAH JADELIS	27	RALEIGH NC	17	00:45:52	16	00:03:15	39	03:22:43	11	00:02:03	11	02:01:43		06:15:34	
19	162	MEAGHAN MACKINNON	35	RALEIGH NC	22	00:47:52	36	00:04:05	17	03:01:48	21	00:02:47	21	02:26:13		06:22:44	
20	227	YAEL DANE	39	APEX NC	51	01:01:00	37	00:04:05	13	02:57:32	39	00:04:32	16	02:17:04		06:24:11	
21	209	EILEEN CAQUIAS-GONZ	46	WILMINGTON NC	30	00:50:25	12	00:03:05	27	03:11:34	25	00:02:56	22	02:26:45		06:34:42	
22	24	SUDIE TESZLER	53	ATLANTA GA	35	00:52:15	34	00:04:00	19	03:03:41	23	00:02:53	30	02:38:31		06:41:19	

23	30	MICHELE CLARK	44	HARRISBURG NC	40	00:55:56	51	00:05:16	18	03:02:33	37	00:04:05	29	02:38:13	06:46:01	
24	157	BRANDY YORK	42	WAKE FOREST NC	8	00:38:46	10	00:03:03	11	02:55:30	14	00:02:09	42	03:06:36	06:46:03	
25	104	REBEKAH HOLLINGSWOR	39	SAINT MATTHEWS SC	37	00:53:57	31	00:03:51	34	03:21:57	32	00:03:48	23	02:30:12	06:53:44	
26	126	LAURA BURROWS	49	WINSTON-SALEM NC	20	00:47:23	57	00:06:03	35	03:22:03	50	00:06:07	25	02:34:40	06:56:15	
27	135	ASHLEY VERWOERDT	49	WINSTON SALEM NC	14	00:43:18	64	00:10:06	37	03:22:11	48	00:06:01	26	02:34:41	06:56:15	
28	108	TAMMIE TAYLOR	48	SUMMERVILLE SC	55	01:04:32	35	00:04:01	29	03:12:03	12	00:02:04	28	02:37:36	07:00:15	
29	106	TRISH SCHUMACHER	51	CHARLOTTE NC	13	00:43:18	26	00:03:37	33	03:17:58	34	00:03:54	36	02:57:25	07:06:10	
30	215	EMILY GARDNER	24	CLAYTON NC	43	00:57:06	42	00:04:29	49	03:36:57	44	00:05:15	19	02:23:35	07:07:20	
31	95	TINA RICH	51	LITTLE MOUNTAIN SC	16	00:45:26	14	00:03:08	24	03:06:52	31	00:03:48	49	03:13:54	07:13:06	
32	28	HEATHER ELDER	38	MYRTLE BEACH SC	18	00:46:01	45	00:04:42	38	03:22:28	43	00:05:14	34	02:55:59	07:14:22	
33	122	TRACY TRACY	53	BEL AIR MD	56	01:04:39	56	00:05:52	40	03:23:20	46	00:05:47	27	02:35:48	07:15:23	
34	145	KELSIE JUDD	23	FREDERICKSBURG VA	11	00:41:40	29	00:03:42	44	03:30:14	28	00:03:27	38	03:02:16	07:21:17	
35	205	KATIE BOND	22	GREENSBORO NC	24	00:48:16	33	00:04:00	43	03:29:03	36	00:04:00	35	02:55:59	07:21:17	
36	89	SHARON SIEBER	50	SUMMERVILLE SC	29	00:50:08	19	00:03:20	30	03:15:41	26	00:02:59	47	03:12:20	07:24:26	
37	59	MEG FOREMAN	50	FALLS CHURCH VA	47	00:58:53	46	00:04:50	45	03:30:51	52	00:06:21	32	02:46:53	07:27:46	
38	98	SHEILA HUNT	48	SUMMERVILLE SC	33	00:51:48	11	00:03:05	25	03:08:17	22	00:02:50	52	03:23:27	07:29:26	
39	76	KELLY HAIR	48	SUMMERVILLE SC	60	01:07:27	27	00:03:38	28	03:11:53	20	00:02:44	41	03:06:14	07:31:55	
40	85	JULIE SMITH	42	HIGH POINT NC	42	00:57:05	23	00:03:30	62	04:08:54	3	00:01:32	18	02:22:16	07:33:14	
41	133	MELISSA BRUNO	29	GREENVILLE SC	50	01:00:21	30	00:03:48	47	03:36:19	19	00:02:24	33	02:53:54	07:36:43	
42	224	ALLISON HOUSE	45	CREEDMOOR NC	31	00:51:32	28	00:03:41	32	03:17:37	41	00:04:54	51	03:20:39	07:38:20	
43	57	JEANETTE TOWNSEND	53	OAK HILL VA	54	01:03:51	44	00:04:36	51	03:39:40	45	00:05:23	31	02:45:24	07:38:52	
44	27	SARAH TYNES	50	DECATUR GA	57	01:04:44	53	00:05:31	31	03:15:52	38	00:04:16	45	03:11:02	07:41:23	
45	19	CELESTE SMITH	50	CHARLOTTE NC	44	00:57:27	55	00:05:47	48	03:36:33	35	00:03:59	43	03:07:03	07:50:48	
46	36	KATHLEEN COMEAU	32	NEW HAVEN CT	19	00:47:14	50	00:05:09	50	03:38:53	53	00:06:39	48	03:12:59	07:50:52	
47	6	TINA AHLEMANN	50	SUMMERRVILLE SC	58	01:04:54	32	00:03:55	42	03:28:11	47	00:05:57	44	03:09:44	07:52:38	
48	16	JULIE RAINS	56	WINSTON SALEM NC	26	00:49:04	59	00:06:41	41	03:24:48	55	00:06:41	56	03:30:12	07:57:25	
49	147	KAREN BOWERS	37	ATLANTA GA	45	00:57:32	48	00:05:02	36	03:22:09	54	00:06:39	55	03:29:43	08:01:03	
50	29	LELANIA CARPENTER	47	HARRISBURG NC	39	00:55:41	41	00:04:25	54	03:46:23	40	00:04:43	50	03:13:59	08:05:09	
51	196	JENNY BEAZLEY	40	CLAYTON NC	49	01:00:05	61	00:06:55	55	03:48:22	57	00:07:37	40	03:04:32	08:07:29	
52	160	ELIZABETH EVANS	59	WEST COLUMBIA SC	63	01:16:41	40	00:04:24	61	03:58:56	24	00:02:54	37	02:59:17	08:22:10	
53	22	RITA PHILLIPS	63	MATTHEWS NC	53	01:02:46	43	00:04:34	52	03:40:52	42	00:05:10	54	03:28:51	00:04:00	08:26:11

54	114	CYNTHIA PHYKITT	46	CHARLOTTE NC	62	01:12:07	65	00:11:47	57	03:50:08	56	00:06:43	39	03:02:50	00:04:00	08:27:33
55	63	STEPHANIE BRYANT	44	APEX NC	52	01:02:17	60	00:06:49	59	03:50:53	58	00:07:44	53	03:24:38		08:32:18
56	49	RACHAEL TAYLOR	34	ST. PAULS NC	64	01:17:58	47	00:04:54	46	03:35:26	33	00:03:52	58	03:32:53		08:35:02
57	25	ELISA COLE	54	HAYMARKET VA	48	00:59:30	54	00:05:39	60	03:52:58	51	00:06:10	57	03:32:38		08:36:53
58	113	SALIENA GUZMAN	42	AVONDALE ESTATES GA	65	01:20:26	62	00:07:02	56	03:48:40	59	00:08:25	46	03:11:55	00:04:00	08:40:25

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