

# 2011 White Lake Spring Sprint

## Overall Women

### White Lake, NC 5/08/2011 08:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	TAround	Rank	RUN	PENALTY	Time	DQ
1	356	F	22		Chelsea Koglmeier	Cincinnati OH	3	00:11:34	00:01:26	2	00:36:36	00:00:54	00:10:02	1	00:19:54		01:10:23	
2	6	F	27	OF	Erin Cutrell	Raleigh NC	2	00:11:01	00:01:21	7	00:37:57	00:01:07	00:10:30	5	00:20:49		01:12:14	
3	3	F	45	MF	Nasrin Azari	Cary NC	15	00:13:49	00:01:35	6	00:37:30	00:00:59	00:11:03	14	00:22:05		01:15:57	
4	5	F	26	OF	Erin McKee	Durham NC	22	00:14:11	00:01:22	5	00:37:14	00:00:55	00:10:17	2	00:20:26	00:02:00	01:16:07	
5	4	F	27	OF	Melissa Milstead	Wilmington NC	6	00:12:55	00:01:58	11	00:39:23	00:01:07	00:10:32	6	00:20:49		01:16:12	
6	321	F	26		Brooke Campese	Wilmington NC	5	00:12:53	00:01:49	12	00:39:28	00:00:59	00:10:46	11	00:21:18		01:16:25	
7	2	F	36	OF	Kari Mayhew	Morrisville NC	18	00:13:57	00:01:43	4	00:37:09	00:01:01	00:10:38	7	00:21:04	00:02:00	01:16:52	
8	55	F	42		Suzanne Laprade Lewis	Richmond VA	14	00:13:40	00:01:45	18	00:40:03	00:01:11	00:10:33	4	00:20:45		01:17:22	
9	454	F	31		Erin Green	Wilmington NC	11	00:13:24	00:01:48	9	00:38:34	00:01:13	00:11:21	16	00:22:28		01:17:26	
10	56	F	39		Sophie Evans	Durham NC	42	00:15:44	00:01:25	3	00:37:05	00:00:47	00:11:40	19	00:22:55		01:17:55	
11	439	F	31		Kimberly Eagens	Charlotte NC	35	00:15:22	00:02:09	8	00:37:59	00:01:20	00:10:43	8	00:21:13		01:18:01	
12	20	F	30		Zoe Meinecke	Charlotte NC	25	00:14:32	00:01:42	13	00:39:40	00:00:56	00:10:47	12	00:21:23		01:18:12	
13	58	F	29		Kelly Caulfield	Huntersville NC	7	00:13:02	00:01:50	10	00:39:19	00:01:15	00:11:43	20	00:22:59		01:18:23	
14	550	F	42		Ashley Naelon	Davidson NC	21	00:14:05	00:01:39	37	00:42:00	00:01:01	00:10:35	9	00:21:15		01:19:57	
15	339	F	26		Becky Woodruff	Durham NC	4	00:11:36	00:02:06	21	00:40:49	00:01:30	00:11:45	32	00:24:01		01:20:01	
16	40	F	43		Cherie Kuzmiak	Chapel Hill NC	38	00:15:28	00:01:20	26	00:41:31	00:01:05	00:10:36	3	00:20:40		01:20:01	
17	91	F	16		Shannon Scovel	Cary NC	1	00:10:58	00:01:55	42	00:42:33	00:01:21	00:11:35	24	00:23:24		01:20:08	
18	201	F	45		Karen Kemerait	Raleigh NC	10	00:13:22	00:01:54	19	00:40:11	00:01:25	00:11:47	28	00:23:45		01:20:35	
19	426	F	38		Heather Weeks Honnold	Apex NC	17	00:13:55	00:02:05	20	00:40:41	00:01:06	00:11:37	22	00:23:09		01:20:54	
20	203	F	29		Lisa Woodward	Cary NC	20	00:14:05	00:02:22	17	00:40:02	00:01:24	00:12:03	23	00:23:12		01:21:03	
21	442	F	42		Leanne La Fave	Wilmington NC	8	00:13:17	00:02:09	15	00:39:56	00:01:19	00:12:25	42	00:24:43		01:21:22	
22	474	F	36		Amy Hambrick	Raleigh NC	12	00:13:31	00:01:44	57	00:43:23	00:01:29	00:11:03	13	00:21:54		01:21:59	

23	107	F	20	Mollie Brewer	Chapel Hill NC	28	00:14:50	00:01:31	24	00:41:14	00:00:58	00:11:45	25	00:23:28	01:21:59
24	386	F	34	Katie Wagner	Wilmington NC	19	00:13:58	00:01:37	14	00:39:50	00:01:15	00:13:07	56	00:25:41	01:22:19
25	298	F	36	Jennifer Young	Wilmington NC	31	00:15:00	00:01:21	43	00:42:45	00:01:03	00:12:24	33	00:24:12	01:24:19
26	347	F	13	Krystina Millar	Myrtle Beach SC	27	00:14:37	00:01:55	86	00:45:43	00:01:10	00:10:39	10	00:21:17	01:24:41
27	86	F	43	Kimmie Jacobs	Cary NC	59	00:16:46	00:02:15	39	00:42:09	00:01:11	00:11:15	17	00:22:44	01:25:04
28	53	F	31	Jessica Hartmann	Wilmington NC	52	00:16:16	00:01:42	36	00:41:57	00:01:03	00:12:41	47	00:25:13	01:26:09
29	52	F	43	Dana Pellizzari	Wilmington NC	40	00:15:34	00:03:06	38	00:42:02	00:01:26	00:12:12	35	00:24:22	01:26:29
30	344	F	39	Melia Tyndall	Myrtle Beach SC	78	00:17:45	00:01:44	29	00:41:38	00:01:31	00:12:34	44	00:24:50	01:27:26
31	87	F	35	Erin Fruland	Fayetteville NC	43	00:15:47	00:01:58	34	00:41:56	00:01:07	00:13:21	82	00:26:41	01:27:28
32	553	F	41	Heather Hageman	Charlotte NC	9	00:13:20	00:02:16	62	00:43:43	00:01:19	00:13:47	85	00:27:07	01:27:43
33	320	F	47	Elizabeth Agather	Raleigh NC	76	00:17:44	00:01:30	31	00:41:45	00:01:06	00:12:53	58	00:25:42	01:27:44
34	363	F	33	Sara Rudy	Wilmington NC	39	00:15:30	00:02:25	68	00:44:02	00:01:28	00:12:32	38	00:24:26	01:27:49
35	178	F	32	Jennifer Manocchio	Wilmington NC	64	00:17:03	00:02:06	59	00:43:30	00:01:26	00:12:20	31	00:23:54	01:27:57
36	31	F	43	Julie Kelada	Waxhaw NC	60	00:16:47	00:02:08	70	00:44:04	00:01:13	00:12:23	30	00:23:51	01:28:00
37	406	F	40	A Maureen Curis	Wilmington NC	53	00:16:29	00:01:44	22	00:41:06	00:01:24	00:13:44	88	00:27:22	01:28:03
38	333	F	26	Lindsey Pope	Cameron NC	32	00:15:16	00:02:01	80	00:45:15	00:01:55	00:11:58	29	00:23:49	01:28:14
39	288	F	40	Ashley Borter	Raleigh NC	44	00:15:57	00:02:12	46	00:43:03	00:00:53	00:13:24	68	00:26:18	01:28:21
40	547	F	33	Holly Di Giovine	Greenville SC	74	00:17:28	00:02:29	79	00:45:14	00:01:04	00:11:16	15	00:22:18	01:28:31
41	114	F	43	Kelly Bowland	Huntersville NC	63	00:16:59	00:02:05	30	00:41:38	00:01:20	00:13:38	84	00:26:55	01:28:54
42	183	F	36	Jennifer Dunston	Raleigh NC	62	00:16:50	00:02:37	60	00:43:36	00:01:41	00:12:24	34	00:24:17	01:28:58
43	198	F	50	Sandra McKinnon	Durham NC	24	00:14:30	00:02:38	67	00:44:00	00:01:33	00:13:14	76	00:26:31	01:29:10
44	90	F	45	Laura Gellman	Charlotte NC	117	00:19:17	00:02:14	25	00:41:15	00:01:27	00:12:57	49	00:25:20	01:29:31
45	32	F	43	Laura Sciepko	Waxhaw NC	88	00:18:18	00:02:30	45	00:42:57	00:01:27	00:12:22	37	00:24:25	01:29:35
46	421	F	48	Susan Trimmer	Chapel Hill NC	37	00:15:24	00:02:12	54	00:43:16	00:01:42	00:13:20	90	00:27:29	01:30:01
47	452	F	51	Mildred H Biller	Cary NC	58	00:16:42	00:03:13	51	00:43:08	00:02:23	00:12:38	41	00:24:42	01:30:06
48	380	F	42	Sarah Bodin	Winston-Salem NC	13	00:13:37	00:02:20	71	00:44:05	00:02:19	00:14:07	99	00:27:52	01:30:11
49	258	F	37	Amy McDavitt	Raleigh NC	126	00:19:24	00:02:23	64	00:43:54	00:01:31	00:11:45	21	00:23:04	01:30:13
50	174	F	50	Rebecca Moxey	Surf City NC	71	00:17:17	00:01:55	63	00:43:51	00:01:05	00:13:12	67	00:26:14	01:30:21
51	218	F	30	Rebecca Wright	Carrboro NC	54	00:16:31	00:02:17	88	00:45:48	00:01:29	00:12:26	36	00:24:25	01:30:28
52	293	F	27	Rebekah Asselin	Wilmington NC	16	00:13:53	00:02:02	87	00:45:47	00:01:03	00:13:53	101	00:27:55	01:30:38
53	281	F	52	Annina Pope	Parkton NC	97	00:18:46	00:02:13	35	00:41:57	00:01:18	00:13:20	73	00:26:27	01:30:38

54	270	F	18	Sofie Rodo	Hampstead NC	72	00:17:25	00:02:01	73	00:44:09	00:01:28	00:12:52	54	00:25:40	01:30:41		
55	89	F	46	Kathryn Scovel	Cary NC	90	00:18:27	00:02:34	32	00:41:46	00:01:33	00:13:18	78	00:26:36	01:30:53		
56	93	F	44	Loralie Clark	Morganton NC	96	00:18:37	00:02:20	33	00:41:47	00:01:23	00:13:26	86	00:27:09	01:31:13		
57	257	F	35	Kasi McGraw	Raeford NC	134	00:19:39	00:02:29	41	00:42:26	00:01:24	00:12:58	50	00:25:23	01:31:19		
58	171	F	31	Emily Skolozynski	Lillington NC	67	00:17:13	00:02:02	52	00:43:12	00:01:08	00:14:05	100	00:27:55	01:31:28		
59	131	F	51	Dana Lebo	Chapel Hill NC	144	00:20:06	00:02:56	65	00:43:56	00:01:47	00:11:30	18	00:22:47	01:31:29		
60	240	F	37	Mandra Wirick	Raleigh NC	29	00:14:56	00:02:21	90	00:46:06	00:01:40	00:13:27	77	00:26:32	01:31:33		
61	557	F	32	NF	Brandy Strickland	Winston-Salem NC	211	00:34:36	00:04:21	1	00:27:00	00:02:01	00:12:19	27	00:23:40	01:31:35	Y
62	109	F	36	A	Ruth Sleeter	Raleigh NC	70	00:17:17	00:02:11	16	00:39:59	00:01:23	00:15:31	146	00:31:04	01:31:52	
63	437	F	33	Jaime Szymusiak	Raleigh NC	140	00:19:59	00:02:47	28	00:41:38	00:01:24	00:13:00	66	00:26:07	01:31:53		
64	329	F	38	Jennifer Blanchard	Evans GA	116	00:19:17	00:02:23	27	00:41:34	00:02:25	00:13:26	75	00:26:30	01:32:06		
65	494	F	31	NF	Teresa Sanchez	Raleigh NC	26	00:14:35	00:01:42	117	00:47:57	00:01:27	00:13:17	74	00:26:29	01:32:09	
66	272	F	32	Erica Christensen	Wilmington NC	92	00:18:28	00:02:40	48	00:43:04	00:01:54	00:13:20	80	00:26:38	01:32:42		
67	396	F	31	Alexis Lowe	Cornelius NC	81	00:17:48	00:03:00	50	00:43:08	00:01:37	00:13:49	87	00:27:21	01:32:53		
68	199	F	42	Sonia Grego	Durham NC	51	00:16:15	00:02:48	44	00:42:57	00:01:28	00:14:44	123	00:29:30	01:32:55		
69	217	F	29	Melissa Brown	Raleigh NC	79	00:17:46	00:02:41	49	00:43:04	00:01:38	00:14:05	96	00:27:51	01:32:58		
70	202	F	43	Laura Cove	Raleigh NC	80	00:17:48	00:02:40	40	00:42:20	00:02:39	00:13:49	93	00:27:34	01:32:59		
71	64	F	48	Paula Brennan	Chapel Hill NC	115	00:19:16	00:02:05	58	00:43:29	00:01:34	00:13:31	81	00:26:41	01:33:03		
72	306	F	38	Tammy Hilbert	Wake Forest NC	156	00:21:11	00:02:51	56	00:43:22	00:01:13	00:12:33	39	00:24:35	01:33:10		
73	480	F	46	ZF	Julie Jennings	Chapel Hill NC	132	00:19:35	00:02:23	55	00:43:17	00:02:04	00:13:09	64	00:25:54	01:33:12	
74	150	F	40	Elizabeth Andrew	Wilmington NC	50	00:16:14	00:02:42	93	00:46:19	00:01:19	00:13:15	83	00:26:46	01:33:18		
75	451	F	20	Chelsea Brewer	High Point NC	55	00:16:33	00:02:52	103	00:47:05	00:01:22	00:12:48	60	00:25:45	01:33:35		
76	530	F	38	NF	Anita Pease	Cary NC	152	00:20:36	00:02:49	61	00:43:36	00:01:06	00:13:06	53	00:25:38	01:33:44	
77	118	F	44	Jacqui White	Wilmington NC	87	00:18:03	00:02:49	91	00:46:12	00:01:17	00:12:58	52	00:25:34	01:33:53		
78	104	F	43	Bj Hilliard	Charlotte NC	106	00:19:03	00:02:20	85	00:45:43	00:01:10	00:13:22	69	00:26:18	01:34:31		
79	284	F	42	Christie Benjamin	Cary NC	82	00:17:49	00:02:15	125	00:48:19	00:00:55	00:13:07	59	00:25:44	01:34:59		
80	445	F	35	Kara Schwartz	Holly Springs NC	100	00:18:54	00:02:23	82	00:45:18	00:02:14	00:13:37	71	00:26:21	01:35:08		
81	335	F	52	Kim Stott	Cary NC	34	00:15:19	00:02:47	98	00:46:45	00:01:23	00:14:40	115	00:29:01	01:35:14		
82	99	F	39	Maggi Atkins	Charlotte NC	110	00:19:07	00:02:58	92	00:46:16	00:01:36	00:13:13	51	00:25:25	01:35:19		
83	156	F	61	Stephanie Willis	Chapel Hill NC	30	00:14:58	00:02:43	101	00:46:56	00:02:13	00:14:27	109	00:28:36	01:35:24		
84	561	F	29	Kari Obermeyer	Raleigh NC	45	00:16:01	00:02:20	78	00:45:14	00:01:21	00:15:43	140	00:30:42	01:35:35		

85	308	F	39	A	Sofia Filzer	Aberdeen NC	99	00:18:49	00:02:28	75	00:44:38	00:01:46	00:14:17	103	00:28:12	01:35:52
86	190	F	38	A	Christine Harlow	Raleigh NC	41	00:15:36	00:02:44	23	00:41:07	00:01:52	00:17:27	174	00:34:35	01:35:52
87	412	F	44		Lori Copper	West End NC	61	00:16:48	00:02:42	107	00:47:29	00:01:21	00:14:19	94	00:27:35	01:35:53
88	359	F	28		Kat Gunsur	Cary NC	127	00:19:25	00:02:06	152	00:50:34	00:00:27	00:11:33	26	00:23:31	01:36:02
89	551	F	38		Allyson Werner	Cornelius NC	84	00:18:01	00:02:28	72	00:44:06	00:01:20	00:14:14	135	00:30:17	01:36:10
90	449	F	31		Lee Lamb	Goldsboro NC	124	00:19:23	00:04:12	94	00:46:32	00:01:16	00:12:40	43	00:24:49	01:36:11
91	21	F	24		Meredith Price	Wilmington NC	133	00:19:37	00:02:03	69	00:44:02	00:01:10	00:14:51	120	00:29:26	01:36:15
92	62	F	36		Moira Roberts	Raleigh NC	165	00:21:50	00:02:17	53	00:43:14	00:01:31	00:14:13	95	00:27:45	01:36:35
93	366	F	50		Coleman Whittier	Hillsborough NC	121	00:19:19	00:02:37	100	00:46:56	00:01:25	00:13:10	72	00:26:22	01:36:37
94	340	F	43		Georgia Price	Richmond VA	57	00:16:41	00:02:41	151	00:50:25	00:01:44	00:13:07	48	00:25:13	01:36:43
95	280	F	37		Kim Jordan	North Augusta SC	120	00:19:19	00:02:22	66	00:43:57	00:01:50	00:14:38	124	00:29:31	01:36:57
96	249	F	26		Lauren Beck	Raleigh NC	148	00:20:14	00:02:57	121	00:48:04	00:01:21	00:12:47	40	00:24:35	01:37:08
97	410	F	55		Dani Phillips	Hampstead NC	125	00:19:24	00:02:28	108	00:47:32	00:02:02	00:13:31	62	00:25:52	01:37:16
98	45	F	47		Susan Harrell	Cary NC	145	00:20:10	00:02:41	114	00:47:52	00:01:37	00:12:37	46	00:25:11	01:37:30
99	63	F	32		Jenny Parker	Chapel Hill NC	83	00:17:54	00:02:32	77	00:45:14	00:01:30	00:15:28	137	00:30:29	01:37:37
100	95	F	40		Colleen Wagner	Cary NC	66	00:17:12	00:02:34	154	00:50:47	00:01:14	00:13:13	65	00:26:00	01:37:45
101	523	F	25	NF	Rosemarie Yagoda	Raleigh NC	161	00:21:32	00:03:24	47	00:43:03	00:01:44	00:14:17	107	00:28:36	01:38:17
102	511	F	41	ZF	Michele Rivera	Cary NC	103	00:18:59	00:02:40	97	00:46:44	00:01:38	00:14:40	104	00:28:22	01:38:21
103	191	F	46		Michele Linsley	Chapel Hill NC	47	00:16:02	00:04:06	128	00:48:38	00:02:05	00:13:47	92	00:27:32	01:38:21
104	303	F	27		Michelle Garnsey	Durham NC	23	00:14:29	00:02:11	137	00:49:13	00:01:25	00:15:16	148	00:31:10	01:38:26
105	488	F	27	NF	Jessica Blount	Apex NC	109	00:19:05	00:02:43	95	00:46:35	00:01:37	00:14:25	105	00:28:29	01:38:26
106	252	F	39		Rochelle Grieco	Raleigh NC	118	00:19:18	00:02:24	102	00:47:02	00:02:25	00:13:56	91	00:27:31	01:38:39
107	300	F	39		Elizabeth Cole	Elizabethtown NC	91	00:18:28	00:02:38	153	00:50:40	00:01:38	00:13:00	55	00:25:40	01:39:03
108	501	F	36	NF	Heather Wilks	Raleigh NC	122	00:19:20	00:03:31	140	00:49:16	00:01:41	00:13:06	63	00:25:53	01:39:38
109	403	F	27		Christina Archbold	Maysville NC	86	00:18:02	00:02:31	173	00:52:43	00:00:51	00:12:58	57	00:25:41	01:39:47
110	196	F	46		Dawn Heim	Charlotte NC	33	00:15:18	00:02:37	141	00:49:21	00:01:52	00:15:42	142	00:30:47	01:39:53
111	39	F	43		Sonja Payne	Charlotte NC	94	00:18:33	00:02:21	124	00:48:16	00:01:21	00:14:49	125	00:29:31	01:40:02
112	408	F	49		Susan Linder-Hauser	Wilmington NC	49	00:16:13	00:02:35	99	00:46:49	00:01:42	00:17:00	169	00:33:18	01:40:35
113	47	F	42		Kim Smith	Cary NC	131	00:19:31	00:03:03	89	00:45:57	00:01:29	00:15:24	141	00:30:44	01:40:42
114	544	F	28	NF	Lindsey Rademacher	Raleigh NC	147	00:20:13	00:03:10	81	00:45:18	00:04:07	00:14:16	102	00:27:58	01:40:46
115	48	F	57		Sally Almekinders	Chapel Hill NC	154	00:20:58	00:01:25	76	00:45:10	00:01:01	00:16:20	158	00:32:24	01:40:56

116	145	F	58		Gail Summerskill	Charlotte NC	108	00:19:05	00:03:04	129	00:48:39	00:01:28		112	00:28:48	01:41:02
117	70	F	43		Elizabeth Mosher Blount	Apex NC	155	00:21:02	00:02:30	83	00:45:33	00:01:52	00:15:21	133	00:30:12	01:41:08
118	496	F	24	NF	Melissa Martin	Charlotte NC	104	00:18:59	00:02:35	132	00:49:02	00:01:15	00:14:25	119	00:29:22	01:41:11
119	238	F	41		Kimberly Ring	Chapel Hill NC	163	00:21:43	00:02:44	133	00:49:06	00:01:33	00:13:07	70	00:26:19	01:41:24
120	241	F	40		Stacy Edwards	Apex NC	166	00:22:17	00:01:51	120	00:48:00	00:01:33	00:14:13	98	00:27:52	01:41:30
121	248	F	35		Dana Schillmoller	Raleigh NC	98	00:18:47	00:02:51	112	00:47:44	00:02:43	00:14:46	121	00:29:28	01:41:32
122	291	F	29		Anna Berry	Chapel Hill NC	146	00:20:13	00:02:39	109	00:47:40	00:01:20	00:14:57	131	00:29:53	01:41:43
123	182	F	54		Joanne Field	Efland NC	36	00:15:24	00:03:22	119	00:47:59	00:02:26	00:16:41	160	00:32:39	01:41:48
124	364	F	32	A	Kristin Brown	Wilmington NC	68	00:17:14	00:02:34	144	00:49:34	00:01:44	00:15:57	150	00:31:12	01:42:16
125	180	F	57		Kay Pratt	Chapel Hill NC	46	00:16:01	00:04:15	113	00:47:51	00:01:38	00:16:29	159	00:32:38	01:42:21
126	275	F	27		Allison Whiteman	Chapel Hill NC	48	00:16:12	00:02:58	135	00:49:08	00:02:08	00:16:19	155	00:32:02	01:42:26
127	526	F	35		Erin Osborne	Chapel Hill NC	101	00:18:57	00:03:04	139	00:49:15	00:02:04	00:14:27	128	00:29:37	01:42:55
128	251	F	39		Stephanie Hedrick	Raleigh NC	151	00:20:36	00:02:58	162	00:51:50	00:01:55	00:13:10	61	00:25:50	01:43:07
129	34	F	14		Hayden Taylor	Raleigh NC	138	00:19:55	00:02:21	110	00:47:40	00:00:58	00:15:33	157	00:32:18	01:43:10
130	228	F	36		Jenni Sweet	Raleigh NC	136	00:19:53	00:03:26	74	00:44:15	00:01:26	00:17:17	173	00:34:23	01:43:20
131	286	F	44		Suzanne Kuhns	Aberdeen NC	149	00:20:21	00:03:13	104	00:47:12	00:02:14	00:15:39	144	00:31:00	01:43:58
132	195	F	48		Jennifer Curtis	Carrboro NC	65	00:17:03	00:03:16	177	00:53:17	00:01:15	00:15:09	117	00:29:20	01:44:09
133	152	F	39		Paula Rock	Hampstead NC	130	00:19:31	00:02:17	156	00:50:54	00:01:21	00:15:19	134	00:30:16	01:44:18
134	497	F	41	ZF	Molly Berkoff	Chapel Hill NC	162	00:21:32	00:02:42	147	00:49:57	00:01:16	00:15:23	130	00:29:46	01:45:10
135	106	F	50		Jean McDonald	Chapel Hill NC	123	00:19:21	00:02:23	166	00:51:59	00:01:47	00:15:04	129	00:29:44	01:45:13
136	450	F	50		Julia Trimmer	Chapel Hill NC	73	00:17:26	00:02:25	181	00:54:20	00:01:31	00:15:20	127	00:29:34	01:45:14
137	227	F	46		Paula Steele	Durham NC	174	00:22:53	00:04:06	84	00:45:36	00:02:11	00:15:53	139	00:30:36	01:45:19
138	253	F	41		Jodie Woodworth	Charlotte NC	177	00:23:08	00:03:49	105	00:47:15	00:02:10	00:14:34	114	00:29:01	01:45:21
139	377	F	29		Maggie Yearout	Raleigh NC	85	00:18:01	00:02:31	169	00:52:17	00:01:27	00:15:44	149	00:31:11	01:45:26
140	277	F	23		Lauren Casey	Florence SC	142	00:20:02	00:01:31	189	00:55:39	00:01:11	00:14:21	89	00:27:24	01:45:45
141	538	F	35	NF	Christine Hughes	Wilmington NC	128	00:19:26	00:02:56	123	00:48:11	00:02:36	00:16:53	164	00:32:59	01:46:07
142	499	F	43	ZF	Samantha Meltzer-Brody	Chapel Hill NC	176	00:23:04	00:03:30	163	00:51:53	00:01:12	00:13:28	79	00:26:37	01:46:15
143	155	F	40		Deanna Dzybon	Winston Salem NC	198	00:27:13	00:02:19	96	00:46:43	00:01:30	00:15:11	108	00:28:36	01:46:19
144	484	F	35	NF	Tana Jennings	Raleigh NC	105	00:19:00	00:03:46	149	00:50:21	00:02:17	00:15:28	147	00:31:09	01:46:32
145	278	F	30		Eulalia Barajas	Pembroke NC	184	00:24:21	00:02:45	127	00:48:35	00:01:53	00:15:16	118	00:29:21	01:46:53
146	491	F	51		Elizabeth Grayson	Durham NC	150	00:20:22	00:03:07	146	00:49:56	00:02:28	00:15:43	151	00:31:22	01:47:14

147	441	F	26	Katherine Mahoney	Winston Salem NC	69	00:17:15	00:02:59	150	00:50:22	00:01:44	00:17:35	180	00:35:11	01:47:29	
148	141	F	29	Erin Kaltenbrun	Carrboro NC	181	00:23:56	00:03:30	131	00:49:01	00:02:10	00:14:19	113	00:29:00	01:47:35	
149	390	F	42	Martha Millichip	Cary NC	141	00:20:01	00:03:05	155	00:50:49	00:02:07	00:16:05	156	00:32:12	01:48:13	
150	33	F	39	Sonya Taylor	Raleigh NC	158	00:21:18	00:02:41	118	00:47:58	00:02:17	00:17:56	175	00:34:40	01:48:53	
151	197	F	51	Terri Hawley	White Lake NC	89	00:18:25	00:02:41	176	00:53:13	00:01:19	00:17:01	170	00:33:19	01:48:56	
152	232	F	66	Karen Jacobs	Virginia Beach VA	93	00:18:33	00:03:26	138	00:49:14	00:02:06	00:17:57	181	00:36:02	01:49:19	
153	175	F	42	Damaris Caley	Apex NC	143	00:20:04	00:04:40	142	00:49:24	00:02:10	00:16:22	167	00:33:07	01:49:23	
154	205	F	34	Haley Hall	Fayetteville NC	129	00:19:30	00:03:37	164	00:51:56	00:01:55	00:16:16	166	00:33:06	01:50:02	
155	334	F	34	Jennifer Edwards	Cornelius NC	189	00:25:24	00:05:19	126	00:48:34	00:02:57	00:14:09	97	00:27:51	01:50:03	
156	133	F	38	Julie Knaack	Durham NC	180	00:23:52	00:05:19	148	00:50:09	00:01:16	00:15:08	126	00:29:33	01:50:08	
157	219	F	42	Aimee Anderson	Raleigh NC	114	00:19:15	00:02:57	190	00:55:48	00:01:35	00:14:20	111	00:28:45	00:02:00	01:50:19
158	66	F	42	Karen Baysinger	Mocksville NC	173	00:22:52	00:03:43	145	00:49:47	00:02:23	00:15:51	152	00:31:42	01:50:23	
159	233	F	28	Allison Nergart	Greensboro NC	182	00:24:08	00:03:23	122	00:48:05	00:02:03	00:16:32	163	00:32:57	01:50:34	
160	483	F	54	ZF	Kate Nell	Raleigh NC	186	00:24:51	00:02:56	115	00:47:53	00:02:06	00:16:11	161	00:32:50	01:50:35
161	162	F	61	Carol Willis	Cincinnati OH	139	00:19:58	00:03:53	161	00:51:48	00:02:03	00:17:10	171	00:33:26	01:51:06	
162	370	F	35	Cathy Appler	Wrightsville Beach NC	159	00:21:30	00:04:22	168	00:52:14	00:01:18	00:15:52	153	00:31:45	01:51:08	
163	279	F	26	Bethany Rice	Greensboro NC				130	00:48:55	00:02:15	00:18:58	189	00:38:39	01:51:09	Y
164	348	F	36	Toni Curry	Aurora CO	153	00:20:56	00:07:39	185	00:55:15	00:02:30	00:12:59	45	00:25:09	01:51:27	
165	26	F	31	A	Darlene Nyce	Holly Springs NC	95	00:18:37	00:03:15	106	00:47:26	00:02:26	00:20:24	194	00:39:54	01:51:35
166	422	F	33	Donna Miller	Moncks Corner SC	137	00:19:53	00:03:46	184	00:55:01	00:02:01	00:15:26	145	00:31:02	01:51:41	
167	349	F	28	Grace McFetters	Randleman NC	119	00:19:18	00:02:47	116	00:47:54	00:01:55	00:19:18	195	00:39:55	01:51:47	
168	516	F	46	ZF	Risa Wilkerson	Carrboro NC	187	00:25:04	00:04:36	170	00:52:20	00:01:30	00:14:34	106	00:28:34	01:52:02
169	211	F	33	Amanda Harberger	Wrightsville Beach NC	178	00:23:13	00:02:59	183	00:54:58	00:01:17	00:15:10	138	00:30:30	01:52:55	
170	71	F	48	Kathleen Moran	Cary NC	56	00:16:34	00:02:42	179	00:53:58	00:01:25	00:19:37	191	00:39:05	01:53:43	
171	151	F	45	Gina Pennisi	Apex NC	170	00:22:44	00:02:28	143	00:49:27	00:02:06	00:19:08	186	00:37:18	01:54:01	
172	534	F	27	NF	Yessica Lozano	Ashburn VA	111	00:19:08	00:02:42	178	00:53:36	00:01:22	00:18:23	187	00:37:21	01:54:08
173	351	F	40	Marie Carr	Burlington NC	171	00:22:45	00:04:42	182	00:54:42	00:02:37	00:15:12	122	00:29:29	01:54:13	
174	75	F	42	A	Betsy Hoyt	Mocksville NC	168	00:22:39	00:04:29	188	00:55:38	00:01:32	00:15:27	132	00:30:10	01:54:26
175	123	F	37	Autumn Cobeland	Raleigh NC	135	00:19:42	00:02:44	180	00:54:14	00:01:54	00:18:16	182	00:36:20	01:54:51	
176	507	F	33	NF	Stephanie Aronson	Raleigh NC	107	00:19:04	00:04:13	202	00:58:59	00:02:17	00:15:14	143	00:30:51	01:55:22
177	165	F	29	Elizabeth Dorn	Chapel Hill NC	183	00:24:16	00:03:41	165	00:51:57	00:01:15	00:16:43	176	00:35:01	01:56:08	

178	142	F	55		Catherine Duncan	Cary NC	75	00:17:43	00:02:51	172	00:52:38	00:02:52	00:20:20	196	00:40:10	01:56:11
179	478	F	54	ZF	Cindy Poole	Raleigh NC	102	00:18:58	00:05:56	175	00:53:10	00:02:26	00:18:33	183	00:36:46	01:57:14
180	116	F	51		Bryn Townsend	Raleigh NC	169	00:22:41	00:03:50	111	00:47:43	00:02:33	00:20:05	201	00:40:32	01:57:17
181	318	F	48	A	Ellen Corliss	Raleigh NC	175	00:22:55	00:03:35	134	00:49:08	00:02:52	00:19:07	190	00:38:53	01:57:20
182	247	F	41		Jennifer Frederiksen	Holly Springs NC	157	00:21:16	00:02:46	160	00:51:21	00:02:04	00:20:15	200	00:40:31	01:57:55
183	322	F	29		Lindsey Admire	Clayton NC	190	00:25:35	00:04:59	136	00:49:10	00:01:24	00:18:40	184	00:36:54	01:57:59
184	305	F	39		Ginger Dill	Fayetteville NC	179	00:23:40	00:02:51	205	01:00:34	00:01:37	00:15:02	136	00:30:22	01:59:04
185	212	F	29		Candice Glover	Wilmington NC	160	00:21:31	00:03:50	197	00:56:58	00:02:41	00:17:08	179	00:35:11	02:00:09
186	189	F	31		Molly Stegen	Chapel Hill NC	188	00:25:18	00:03:45	194	00:56:50	00:02:00	00:16:41	165	00:33:00	02:00:51
187	111	F	47		Kim Boggess	Chapel Hill NC	199	00:27:19	00:04:01	192	00:56:06	00:01:28	00:16:02	154	00:31:58	02:00:51
188	419	F	38		Ginny Cockrum	Hampstead NC	167	00:22:24	00:02:55	196	00:56:56	00:02:25	00:17:44	185	00:37:04	02:01:43
189	88	F	42		Donna Pryor	Ruffin NC	195	00:26:21	00:03:17	191	00:56:01	00:01:18	00:18:13	178	00:35:10	02:02:05
190	486	F	43	ZF	Kristin Garner	Cary NC	205	00:30:01	00:03:55	195	00:56:53	00:02:32	00:14:11	116	00:29:07	02:02:26
191	317	F	39		Elizabeth All	Greer SC	185	00:24:27	00:03:26	187	00:55:34	00:02:00	00:19:00	188	00:37:58	02:03:23
192	200	F	32		Hollis Myers	Charlotte NC	77	00:17:45	00:03:51	201	00:58:35	00:01:38	00:21:33	206	00:42:03	02:03:49
193	470	F	41	A	Betsy Zaragoza	Chapel Hill NC	207	00:30:58	00:04:43	158	00:51:14	00:02:20	00:17:49	177	00:35:09	02:04:22
194	508	F	35	NF	Rachel Farmer	St. Pauls NC	164	00:21:46	00:03:27	210	01:04:57	00:01:46	00:16:20	162	00:32:53	02:04:47
195	535	F	40	ZF	Shannon Holland	Denver NC	208	00:33:14	00:04:16	198	00:57:13	00:01:51	00:14:25	110	00:28:39	02:05:12
196	460	F	40	A	Sheila Sokolinsky	Wilmington NC	112	00:19:10	00:03:54	203	00:59:55	00:01:46	00:21:43	205	00:41:49	02:06:33
197	223	F	30	A	Natosha Knight	Greensboro NC	193	00:26:13	00:03:21	174	00:52:49	00:01:16	00:21:45	207	00:43:23	02:07:00
198	194	F	38	A	Kara Prater	Fuquay Varina NC	194	00:26:17	00:04:04	167	00:52:03	00:01:24	00:21:47	210	00:44:44	02:08:30
199	521	F	36	NF	Amelia Reynolds	Raleigh NC	191	00:25:43	00:07:05	157	00:50:56	00:03:07	00:22:26	204	00:41:49	02:08:38
200	292	F	48	A	Trisha Stone	Hope Mills NC	204	00:29:15	00:03:35	193	00:56:25	00:01:40	00:20:26	202	00:40:38	02:11:31
201	312	F	38		Jennie Seaman	New Bern NC	212	00:34:42	00:03:17	171	00:52:36	00:03:10	00:19:55	197	00:40:15	02:13:57
202	214	F	34	A	Michelle French	Reidsville NC	206	00:30:32	00:02:46	186	00:55:32	00:01:26	00:21:37	209	00:44:03	02:14:17
203	487	F	38	NF	Johanna Wicker	Pittsboro NC	200	00:27:47	00:03:59	208	01:04:16	00:06:19	00:16:11	168	00:33:12	02:15:30
204	428	F	29		Jennifer Singletary	New Bern NC	197	00:26:46	00:03:46	200	00:58:25	00:01:34	00:23:14	211	00:46:12	02:16:40
205	213	F	40	A	Tara Marshall	Summerfield NC	192	00:25:57	00:04:49	207	01:04:04	00:01:31	00:21:48	208	00:43:24	02:19:43
206	517	F	41	ZF	Sherry Lahr	Fayetteville NC	201	00:27:51	00:04:41	212	01:11:47	00:01:44	00:16:29	172	00:33:42	02:19:43
207	519	F	41	ZF	Kate Erwin	Havelock NC	209	00:33:56	00:03:38	204	01:00:06	00:01:51	00:19:56	203	00:40:55	02:20:24
208	307	F	46		Roberta Harding	Vass NC	172	00:22:50	00:04:42	159	00:51:20	00:02:47	00:29:03	213	00:59:38	02:21:15

209	528	F	33	NF	Julia Valles	Fayetteville NC	202	00:28:06	00:05:01	211	01:05:33	00:04:52	00:20:21	199	00:40:24	02:23:55
210	153	F	46		Allison Lloyd	Winston-Salem NC	113	00:19:14	00:04:13	199	00:57:45	00:04:14	00:29:40	212	00:59:30	02:24:55
211	458	F	64		Pat Andrews	Charlotte NC	210	00:33:57	00:04:57	206	01:03:37	00:02:24	00:20:42	198	00:40:16	02:25:09
212	513	F	56	ZF	Deborah Casey	Raleigh NC	196	00:26:40	00:04:29	213	01:14:19	00:01:53	00:19:30	192	00:39:26	02:26:45
213	476	F	13	NF	Gaurika Mester	Clarksville MD	213	00:39:19	00:04:29	209	01:04:38	00:02:07	00:21:26	193	00:39:38	02:30:09
214	328	F	57		Cathy Dingman	Raleigh NC	203	00:28:44								

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