

Love Rox Half, 10k, & 5k

Love Rox 5k

Age Group Results

February 22, 2015

Results By Richmond Multisports [Richmond Multisports](#)

Men: [0-0](#) [1-11](#) [12-14](#) [15-19](#) [20-24](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-54](#) [55-59](#) [60-64](#) [65-69](#) [70-74](#)
Women: [1-11](#) [15-19](#) [20-24](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-54](#) [55-59](#) [60-64](#)

[Top](#)

Female 11 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mollye Goldberg	Richmond VA	1616	9	155	38:05.2	12:17/M
2	Sadie Goldberg	Richmond VA	1617	7	168	39:29.0	12:44/M

[Top](#)

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Calie Felter	Richmond VA	1445	19	70	28:41.3	9:15/M

[Top](#)

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Kathleen Lautzenheiser	Richmond VA	1444	23	11	18:08.1	5:51/M
2	Anne Vaughan	Ashland VA	1416	24	20	20:07.3	6:29/M
3	Stephanie Cario	Mechanicsville VA	1585	23	27	22:08.3	7:08/M
4	Rose Kohinke	Salem VA	1597	22	59	27:43.1	8:56/M
5	Marlena Anderson	Richmond VA	1656	24	76	30:01.3	9:41/M
6	Cheryl Cortez	Fairfax VA	1402	22	77	30:05.7	9:42/M
7	Megan Masini	Richmond VA	1449	24	95	31:41.3	10:13/M
8	Caitlyn Berry	Mechanicsville VA	1574	24	111	32:42.8	10:33/M
9	Tracey Reisch	Amelia VA	1440	23	114	32:46.2	10:34/M
10	Rachael Jones	Richmond VA	1415	24	128	33:58.1	10:57/M
11	Lisa Callan	Manassas VA	1614	24	130	34:03.5	10:59/M
12	alexandria Lebon		1681	23	142	35:57.6	11:36/M
13	Tessa Martin	Richmond VA	1436	22	163	39:03.5	12:36/M
14	alexandria glover	Richmond VA	1618	20	169	39:29.2	12:44/M
15	Becky Balog	Henrico VA	1572	24	174	40:03.1	12:55/M
16	Kate Gibbs	Midlothian VA	1533	24	188	41:08.8	13:16/M
17	Lucy Clayton	Richmond VA	1491	22	204	44:19.0	14:18/M

[Top](#)

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Bobbie Davey	Henrico VA	1472	26	24	21:43.1	7:00/M
2	Stacie Boyle	Arlington VA	1434	28	30	23:09.6	7:28/M

3	Tammy Nguyen	Richmond VA	1621	28	36	24:26.5	7:53/M
4	Leah Meyers	Richmond VA	1575	27	38	24:49.6	8:00/M
5	Jennifer Hillman	Bowie MD	1387	28	41	25:17.0	8:09/M
6	Paige Anderson	Richmond VA	1477	29	48	26:28.7	8:32/M
7	Molly Wells	La plata MD	1383	28	54	27:24.1	8:50/M
8	Jeanshay Wright	Fort lee VA	1660	27	82	30:38.9	9:53/M
9	Lisa Kurczewski	Richmond VA	1586	27	98	31:49.0	10:16/M
10	Kelsey Mallory	Richmond VA	1519	25	109	32:38.5	10:32/M
11	Rachel Southard	Midlothian VA	1442	25	113	32:46.1	10:34/M
12	Danielle Gerardo	Charlottesville VA	1531	29	121	33:33.4	10:49/M
13	Meghan Gerardo	Landover MD	1549	27	122	33:33.5	10:49/M
14	Becca Andrews	Luray VA	871	25	123	33:42.2	10:52/M
15	Travis Snyder	Virginia Beach VA	1460	27	137	35:44.3	11:32/M
16	Randee Gilmore	Arlington VA	1466	27	138	35:44.4	11:32/M
17	Brittany Nice	Providence Forge V	1425	26	139	35:46.1	11:32/M
18	Kelly Schoenfelder	Midlothian VA	1426	26	140	35:46.3	11:32/M
19	Christina Todd	Richmond VA	1582	27	145	36:29.6	11:46/M
20	Kelsey Mansmann	Richmond VA	1583	27	146	36:29.9	11:46/M
21	Alex Jaffee	Fredericksburg VA	1396	25	148	36:49.3	11:53/M
22	Jessica Kiefer	Henrico VA	1369	25	157	38:11.3	12:19/M
23	Kerry Malley	Richmond VA	121	29	158	38:11.7	12:19/M
24	Hannan Parker	Henrico VA	1376	25	162	38:57.1	12:34/M
25	Stephanie Wooten	Richmond VA	1470	25	165	39:20.6	12:41/M
26	Tori Starke	Mechanicsville VA	1366	26	167	39:26.7	12:43/M
27	Jennie Leonard	Glen allen VA	1418	26	171	39:38.0	12:47/M
28	Salem Glenn	Henrico VA	1553	27	176	40:22.3	13:01/M
29	Elizabeth Fonseca	Mechanicsville VA	1357	27	177	40:22.5	13:01/M
30	Rachel Bachtel	Richmond VA	1591	25	182	40:51.8	13:11/M
31	Tiffany Townsend	Richmond VA	1609	29	187	41:07.7	13:16/M
32	Sara Skeens	Chesterfield VA	1607	28	192	41:46.4	13:28/M
33	Maris Merlino	Midlothian VA	1606	28	193	41:46.9	13:28/M
34	Estaña Davis	Henrico VA	1490	27	203	44:13.8	14:16/M
35	Amy Garmon	Glen Allen VA	1492	28	214	46:00.4	14:50/M
36	Sarah Brown	Midlothian VA	1497	28	219	46:35.1	15:02/M
37	Brittany Long	Mechanicsville VA	1424	25	223	46:35.7	15:02/M
38	Kathryn Thompson	Ruckersville VA	1558	28	225	47:51.3	15:26/M
39	Roger White	Henrico VA	1571	29	236	51:54.6	16:45/M
40	Susan White	Henrico VA	1570	29	237	51:54.7	16:45/M

[Top](#)

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Rosanna Chapman	Henrico VA	1411	30	46	26:12.4	8:27/M
2	Kellyn Stanovick	Mechanicsville VA	1566	30	74	29:26.2	9:30/M
3	Mollie VanderVoort	Fort Lee VA	1576	30	78	30:17.9	9:46/M
4	Tasha Stephens	Midlothian VA	1375	33	79	30:21.2	9:47/M
5	Bridget Reichert	Richmond VA	1510	33	80	30:31.9	9:51/M
6	Emily Bishop	Glen Allen VA	1362	33	84	30:46.3	9:55/M
7	Laura Khandjian	Richmond VA	1539	30	85	30:53.9	9:58/M
8	Wendy D'Angelo	Richmond VA	1538	30	86	30:54.1	9:58/M
9	Allison Moser	Glen Allen VA	1654	31	99	31:49.3	10:16/M
10	Christine Davison	Richmond VA	1507	33	105	32:23.5	10:27/M
11	Kaylon Krukiel	Mechanicsville VA	1589	33	136	35:35.0	11:29/M
12	Cynthia Lau	Richmond VA	1537	34	164	39:16.0	12:40/M
13	HEATHER HAMILTON	MECHANICSVILLE VA	1541	31	178	40:24.9	13:02/M
14	Jennifer Harris	Richmond VA	1372	34	184	40:57.0	13:13/M
15	Lori Jefferson	North Chesterfiled	1489	32	186	41:03.7	13:15/M
16	Kate Bennett	Macclenny FL	1403	30	196	42:50.5	13:49/M
17	Ryann George	Newport News VA	1450	33	207	44:54.8	14:29/M
18	Rhonda Butts-McGee	Henrico VA	1359	32	210	45:30.4	14:41/M
19	Christine Thompson	Midlothian VA	1547	32	211	45:32.0	14:41/M
20	Lauren Clark	Richmond VA	1488	30	213	46:00.3	14:50/M
21	Patricia Wooten	Richmond VA	1469	31	215	46:07.0	14:53/M
22	Lisa Kretzschmar	Mechanicsville VA	1496	30	218	46:34.8	15:01/M
23	Brandy Warthan	Richmond VA	1423	31	222	46:35.6	15:02/M
24	Lauren Mann	Bumpass VA	1406	30	227	48:04.5	15:30/M
25	Jessica Farmer	Chester VA	1619	30	228	48:05.2	15:31/M
26	Lindsay Saunders	Henrico VA	1550	33	249	57:06.9	18:25/M

[Top](#)

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Azure McFee	Richmond VA	1581	39	37	24:34.4	7:55/M
2	Maureen Davis-Berk	North Chesterfield	1612	35	55	27:28.6	8:52/M
3	Danielle Bowers	Chester VA	1561	37	71	28:43.3	9:16/M
4	Jennifer Fitzpatrick	Newport News VA	1667	37	72	28:57.3	9:20/M
5	Bridgit Kreutzer	Richmond VA	1505	36	81	30:32.5	9:51/M
6	Allison Snyder	Glen Allen VA	1525	36	83	30:46.1	9:55/M

7	MONICA WOODWARD	RICHMOND VA	1361	35	115	32:52.8	10:36/M
8	Lori Bennett	Mechanicsville VA	1590	35	116	33:09.0	10:42/M
9	Heather Mauk	North Chesterfield	1548	36	124	33:43.3	10:53/M
10	Kristen Brown	King William VA	1517	39	126	33:49.3	10:55/M
11	Stephanie Goldberg	Richmond VA	1382	39	154	38:05.0	12:17/M
12	Stephanie Marino	Springfield VA	1508	36	156	38:08.8	12:18/M
13	Holly Smith	Midlothian VA	1534	37	185	40:59.9	13:13/M
14	Heather Dunning	Ashland VA	1657	38	191	41:41.1	13:27/M
15	Anita Sikka	Glen Allen VA	1552	35	198	43:46.0	14:07/M
16	Chrystal Marche	Richmond VA	1495	35	217	46:22.2	14:57/M
17	Alex Butterfield	Roseland VA	1414	38	221	46:35.3	15:02/M
18	Jodi Meadows	Henrico VA	1527	39	244	53:24.3	17:14/M
19	Kerstin Poole	Richmond VA	1379	35	247	56:59.4	18:23/M

[Top](#)

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Brandon Slazyk	Richmond VA	1565	41	50	26:43.3	8:37/M
2	Susan Kohler	Richmond VA	1404	40	69	28:34.6	9:13/M
3	Trisha Ferris	Midlothian VA	1512	44	88	30:59.8	10:00/M
4	Anne Kennon	Richmond VA	1355	43	104	32:12.5	10:23/M
5	Cynthia Ruppert	Chesterfield VA	1461	44	134	34:45.9	11:13/M
6	Carol Wilson	Newport News VA	1358	43	150	37:21.0	12:03/M
7	Brenna Sears	Glen Allen VA	1475	43	166	39:24.3	12:43/M
8	Melissa Wilkes	Midlothian VA	1593	41	175	40:20.4	13:01/M
9	Jennifer Moore	Glen Allen VA	1422	40	183	40:54.9	13:12/M
10	Deirdre Cox	Henrico VA	1642	40	195	41:49.9	13:29/M
11	Ann Hawkins	Midlothian VA	1598	43	197	42:59.7	13:52/M
12	Cassandra Davis	Hopewell VA	1432	42	200	43:55.4	14:10/M
13	Sherry Neuffer	Gum Spring VA	1615	40	202	44:05.2	14:13/M
14	Ebonyw Wilkins	Chesterfield VA	1542	40	224	47:20.6	15:16/M
15	Maggie Drilling	Henrico VA	1483	42	234	50:26.3	16:16/M
16	Donna Witherow	Mechanicsville VA	1482	44	235	50:26.4	16:16/M
17	Amy Green	Richmond VA	1644	40	238	52:04.1	16:48/M

[Top](#)

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Christy Winn	Midlothian VA	1540	45	87	30:59.7	10:00/M
2	Nicole Simmons	Richmond VA	1513	45	93	31:38.6	10:12/M
3	Tessa Pearson	Midlothian VA	1356	49	94	31:39.5	10:13/M
4	Dawn Wallace	Alexandria VA	1514	45	110	32:39.1	10:32/M
5	Rebecca Randolph	Richmond VA	1428	47	118	33:16.4	10:44/M
6	Susanne Wick		1676	46	143	36:09.1	11:40/M
7	Stephanie Boarman	Chesterfield VA	1463	46	149	36:55.9	11:55/M
8	anju Singla	richmond VA	1453	47	152	38:02.1	12:16/M
9	Donna Wade	Glen Allen VA	1351	48	159	38:25.4	12:24/M
10	Amy Garber	Mechanicsville VA	1480	47	160	38:31.3	12:25/M
11	charise davis	chesterfield VA	1020	47	181	40:45.3	13:09/M
12	laura cody	richmond VA	903	46	216	46:22.1	14:57/M
13	Lisa Ferrell	Chester VA	1647	48	233	50:09.2	16:11/M
14	Kimmy Dixon	Fredericksburg VA	1564	45	241	53:11.3	17:09/M
15	Melanie Hughes	Henrico VA	1520	49	243	53:24.1	17:14/M

[Top](#)

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Margaret Krick	Fredericksburg VA	979	50	144	36:18.8	11:43/M
2	Lei Ann Davis	Mechanicsville VA	1487	53	147	36:39.4	11:49/M
3	Pamela Pope	Chesterfield VA	1604	50	180	40:42.9	13:08/M
4	Evelyn Dowdy	Mechanicsville VA	1486	54	189	41:22.6	13:21/M
5	Angela Cornish	North Chesterfield	1431	53	199	43:55.1	14:10/M
6	Chris Scott		1684	53	230	48:23.4	15:36/M
7	Kelly Koogler	Chester VA	1405	53	232	50:09.1	16:11/M
8	Pam Smith	Amherst VA	1568	51	242	53:14.1	17:10/M

[Top](#)

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	jamie graham	Richmond VA	1594	56	90	31:08.3	10:03/M
2	Terry Colville	Ashland VA	1377	56	135	35:00.5	11:17/M
3	Sandy Miller	Charlottesville VA	1557	56	226	47:51.7	15:26/M

4	Kris Knight		1683	58	231	49:31.3	15:58/M
5	Angela Poole	Midlothian VA	1385	55	248	56:59.7	18:23/M
6	Cindy Clarke	North Chesterfield	1430	57	250	57:07.0	18:25/M

[Top](#)

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mary Goodman	SUFFOLK VA	1457	60	208	44:54.8	14:29/M

[Top](#)

Male No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Unknown Partic. 1151		1151		253	1:43:42.0	33:27/M

[Top](#)

Male 11 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Christopher Cox	Henrico VA	1643	11	194	41:48.3	13:29/M

[Top](#)

Male 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Matthew Shriner	Richmond VA	1478	14	35	24:13.4	7:49/M
2	Colby Burchzn		1680	13	61	28:01.2	9:02/M
3	Ethan Drew	Spotsylvania VA	1528	13	108	32:38.4	10:32/M

[Top](#)

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jonathan Hogue		1673	19	3	15:51.9	5:07/M
2	Ryan Lerda		1674	19	6	16:28.9	5:19/M
3	Steven Jean		1679	17	8	17:20.7	5:35/M
4	Cole Shugart	Richmond VA	1665	17	10	17:51.4	5:45/M
5	Maxwell Galbraith	Glen Allen VA	1669	15	12	18:13.7	5:53/M
6	Bill Londrey		1678	17	14	18:30.9	5:58/M
7	Ryan Duong	Richmond VA	1634	18	23	21:30.9	6:56/M
8	Parker Brookefield	Richmond VA	1626	18	29	22:36.3	7:17/M
9	Millad Nooristani	Richmond VA	1636	19	53	27:21.2	8:49/M
10	Nicholas Tomlin	Richmond VA	1638	19	66	28:26.6	9:10/M
11	Ben Garber	Mechanicsville VA	1481	17	151	37:51.3	12:13/M
12	Andy Hinrichs	Richmond VA	1633	18	240	52:30.0	16:56/M
13	Nathan Beare	Richmond VA	1627	18	246	55:10.0	17:48/M
14	Sohaib Khuram	Richmond VA	1629	19	251	1:07:02.5	21:37/M
15	Alistar Feury	Richmond VA	1632	19	252	1:07:03.4	21:38/M

[Top](#)

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Matthew Sonnenfeldt		1668	24	1	15:23.7	4:58/M
2	Tim Gruber	Huntersville NC	1671	20	2	15:44.4	5:05/M
3	Joseph Murray	Richmond VA	1664	24	5	16:15.2	5:15/M
4	Malcolm Peacock	Richmond VA	1649	20	9	17:23.5	5:36/M
5	Ben Marrone	Ashland VA	1417	23	47	26:13.6	8:27/M
6	Nick Sun	Richmond VA	1630	21	89	31:07.2	10:02/M
7	Juan Alvarez	Richmond VA	1637	21	112	32:43.4	10:33/M
8	Pouria Rahini	Richmond VA	1635	21	245	55:07.4	17:47/M

[Top](#)

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Piotr Dybas		1653	27	4	16:07.2	5:12/M
2	Kevin Peggs	North Chesterfield	1580	29	7	16:46.4	5:25/M
3	Rob Halliday	Arlington VA	1433	28	13	18:28.0	5:57/M
4	Joshua Munoz	Richmond VA	1611	28	18	20:06.9	6:29/M

5	Benjamin Snyder	Centreville VA	1452	29	21	20:35.0	6:38/M
6	Claude Manjo	Bowie MD	1388	29	25	21:54.8	7:04/M
7	Zeke Brody	Richmond VA	1454	27	32	23:56.3	7:43/M
8	Alex Godschalk	Richmond VA	1465	25	57	27:33.9	8:53/M
9	Richard Wilson	Chester VA	1468	25	62	28:11.1	9:05/M
10	Jeffrey Fleming	Richmond VA	1650	27	63	28:23.2	9:09/M
11	Michael Landau	Charlottesville VA	1397	28	67	28:28.3	9:11/M
12	Sajeer Beg	Richmond VA	1373	25	101	32:00.9	10:19/M
13	Ray Balog	Henrico VA	1573	26	173	40:02.8	12:55/M

[Top](#)

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Joseph Kistner	Colonial Heights V	1354	32	19	20:07.2	6:29/M
2	Ruben Valle	Richmond VA	1500	31	42	25:52.6	8:21/M
3	Trong Nguyen	Richmond VA	1501	31	43	25:52.9	8:21/M
4	Andrew Kinch	Richmond VA	1353	32	49	26:36.1	8:35/M
5	Josh Hastings	Richmond VA	1560	34	73	29:09.9	9:24/M
6	A.J. McFadden	Richmond VA	1448	34	96	31:41.4	10:13/M
7	Glenn Coleman	RICHMOND VA	1670	31	107	32:28.9	10:28/M
8	Kevin George	Newport News VA	1451	34	205	44:27.3	14:20/M
9	Schlonte McGee	Henrico VA	1360	32	209	45:29.9	14:40/M

[Top](#)

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Nathaniel Story	Richmond VA	1409	35	15	19:23.4	6:15/M
2	Fabian Jacot	Richmond VA	1584	36	17	19:59.2	6:27/M
3	Colin Kreutzer		1675	36	22	21:16.2	6:52/M
4	Chris Berney	Midlothian VA	1400	37	28	22:25.4	7:14/M
5	Joseph Segar	Fredericksburg VA	1563	38	34	24:07.5	7:47/M
6	Mark Flinchbaugh	Glen Allen VA	1596	37	44	25:56.3	8:22/M
7	John Moore	Glen Allen VA	1421	39	51	26:45.0	8:38/M
8	William Hinson	Mechanicsville VA	1662	39	52	27:05.9	8:44/M
9	Anthony Galeano	La plata MD	940	39	75	29:54.9	9:39/M
10	Michael Berk	North Chesterfield	1613	37	91	31:18.7	10:06/M
11	Benjamin Feeney	Springfield VA	1530	35	117	33:11.8	10:42/M
12	David Brown	King William VA	1518	39	125	33:48.9	10:54/M
13	Jacob Swenson	Richmond VA	1532	39	179	40:42.3	13:08/M
14	David Lawrence	Frederick MD	1380	35	239	52:10.2	16:50/M

[Top](#)

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Pete Ayling	Richmond VA	1455	41	39	25:02.9	8:05/M
2	Jeff Boarman	Chesterfield VA	1462	41	106	32:28.6	10:28/M
3	James Snyder	Glen Allen VA	1526	42	129	34:02.2	10:59/M
4	Kazi Moore	Midlothian VA	1391	43	161	38:55.0	12:33/M
5	Peter Thompson	Glen Allen VA	1352	43	190	41:41.0	13:27/M
6	Dawn Knight	Mineral VA	1605	42	201	44:04.9	14:13/M

[Top](#)

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	John Piggott		1677	49	16	19:48.9	6:23/M
2	Jeff Williamson	Sandy hook VA	1599	45	56	27:29.7	8:52/M
3	Andrew Goldkuhle	Hanover VA	950	47	58	27:41.4	8:56/M
4	David Lassiter	Williamsburg VA	1562	46	64	28:24.5	9:10/M
5	Mark Wood	Mechanicsville VA	1493	47	92	31:21.2	10:07/M
6	Mike Morelock	Glen Allen VA	1504	47	102	32:08.3	10:22/M
7	Ken Daveler	fredericksburg VA	1365	46	119	33:19.9	10:45/M
8	Jack Goodpasture		1672	45	120	33:27.7	10:47/M
9	Christopher Davis	Mechanicsville VA	1592	48	131	34:23.4	11:05/M
10	Mike Medlin	Richmond VA	1588	47	132	34:31.5	11:08/M
11	Mike Ryan	Richmond VA	1587	49	133	34:32.0	11:08/M
12	Todd Sears	Glen Allen VA	1476	45	170	39:37.5	12:47/M

[Top](#)

Male 50 to 54

Total

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Crecco	Richmond VA	1569	53	26	22:03.8	7:07/M
2	Ronnie Shriner	Richmond VA	1479	51	31	23:40.4	7:38/M
3	Bryan Armentrout	Glen Allen VA	1651	54	40	25:04.5	8:05/M
4	Ron McLeod	Mechanicsville VA	1390	50	45	26:02.3	8:24/M
5	John Smith	Amherst VA	1567	50	100	31:57.3	10:18/M
6	Yulando Wallace	Prince George VA	1005	50	127	33:57.5	10:57/M
7	Benny Lebon		1682	54	141	35:57.3	11:36/M
8	Mark Buckland	Highland Springs V	1601	53	212	45:40.5	14:44/M
9	Joe Scott		1685	54	229	48:22.5	15:36/M

[Top](#)

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Jeff Shugart	Richmond VA	1666	56	68	28:30.5	9:12/M
2	Tom Leonard	Glen Allen VA	1389	58	172	39:38.2	12:47/M
3	Steven Hein	Woodbridge VA	1381	57	206	44:39.8	14:24/M
4	Malcolm Pulley	Moseley VA	1413	56	220	46:35.1	15:02/M

[Top](#)

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Christopher Colville	Ashland VA	1378	64	103	32:08.9	10:22/M
2	Wally Bolger	Yorktown VA	1408	61	153	38:02.6	12:16/M

[Top](#)

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Larry Jones	Midlothian VA	1494	65	33	24:06.3	7:46/M
2	Denis Graves	North Chesterfield	1610	66	60	27:48.0	8:58/M
3	Edward Tepper	Glen Allen VA	1392	66	97	31:45.2	10:15/M

[Top](#)

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	Total <u>Time</u>	<u>Pace</u>
1	Douglas Gross	Williamsburg VA	1551	72	65	28:24.8	9:10/M
