

2010 Azalea Sprint

Overall Women

Wilmington, NC 3/14/2010 09:00AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	4	F	24	OF	CHRIS TOMMERDAHL	CHAPEL HILL NC	1	00:03:43	00:01:36	1	00:24:43	00:00:40	1	00:19:36		00:50:16	
2	5	F	26	OF	MELISSA MILSTEAD	WILMINGTON NC	2	00:03:45	00:01:58	4	00:28:21	00:00:58	2	00:19:57		00:54:57	
3	13	F	43	MF	JOANNA YOUNTS	CHAPEL HILL NC	8	00:04:51	00:01:59	2	00:26:23	00:01:01	4	00:20:52		00:55:03	
4	31	F	35		CAROLINE KRATZ	RALEIGH NC	3	00:04:23	00:02:47	3	00:27:19	00:01:17	6	00:22:21		00:58:06	
5	15	F	25	OF	ERIN MCKEE	DURHAM NC	13	00:05:05	00:02:21	6	00:28:52	00:01:20	3	00:20:49		00:58:25	
6	95	F	46		CHERYL CARDELLO	RALEIGH NC	7	00:04:50	00:02:13	9	00:28:56	00:01:04	9	00:23:27		01:00:27	
7	79	F	15		KALI CAULIER	BEDFORD XX	5	00:04:38	00:02:00	16	00:31:09	00:01:16	5	00:22:06		01:01:08	
8	97	F	42		DANA PELLIZZARI	WILMINGTON NC	18	00:05:17	00:02:31	8	00:28:53	00:01:26	8	00:23:14		01:01:20	
9	88	F	44		JUDY MCCARTER	HUNTERSVILLE NC	15	00:05:12	00:03:38	5	00:28:35	00:01:47	7	00:23:05		01:02:16	
10	198	F	42		TONYA JONKHEER	WILMINGTON NC	62	00:06:37	00:02:09	7	00:28:53	00:01:03	13	00:24:27		01:03:07	
11	55	F	24		NICOLE LEWIS	CARY NC	6	00:04:46	00:02:12	10	00:30:10	00:01:11	17	00:25:05		01:03:23	
12	103	F	15		ELYSE CHARRIER	STITTSVILLE XX	10	00:04:54	00:01:59	17	00:31:13	00:00:54	19	00:25:30		01:04:27	
13	106	F	24		NOELLE FLAUAUS	WILMINGTON NC	19	00:05:18	00:02:34	15	00:30:53	00:01:20	23	00:25:52		01:05:57	
14	213	F	37		DANA HARRISON	HAMPSTEAD NC	27	00:05:45	00:03:04	23	00:31:30	00:01:59	14	00:24:35		01:06:51	
15	228	F	33		REBECCA PESKO	CAPE CARTERET NC	51	00:06:22	00:02:33	18	00:31:16	00:00:52	26	00:25:58		01:07:01	
16	327	F	39		SARAH MATEJOWSKY	CARY NC	16	00:05:13	00:02:55	24	00:31:32	00:01:44	21	00:25:47		01:07:10	
17	255	F	17		SOFIE RODO	HAMPSTEAD NC	48	00:06:09	00:03:22	11	00:30:24	00:01:19	29	00:26:08		01:07:20	
18	77	F	17		MYRISKA CAULIER	BEDFORD XX	4	00:04:36	00:01:58	13	00:30:49	00:01:00	36	00:27:23	00:02:00	01:07:44	
19	107	F	49		REBECCA MOXEY	SURF CITY NC	49	00:06:13	00:03:24	12	00:30:24	00:01:19	30	00:26:27		01:07:45	
20	122	F	32		NICOLE FERGUSON	WILMINGTON NC	23	00:05:37	00:02:40	34	00:33:10	00:01:08	22	00:25:52		01:08:25	
21	372	F	51	ZF	KATE MENARD	CHAPEL HILL NC	99	00:08:36	00:05:22				110	00:51:16		01:08:25	Y
22	205	F	48		PAT WILKINS	RALEIGH NC	46	00:06:09	00:03:18	35	00:33:11	00:00:50	18	00:25:07		01:08:34	

23	98	F	23		AMBER ROGERS	CAROLINA BEACH NC	14	00:05:09	00:03:36	58	00:35:21	00:01:05	10	00:23:40	01:08:50
24	236	F	50		GINA CANTRELL	WASHINGTON NC	79	00:07:12	00:02:50	31	00:32:56	00:01:04	24	00:25:55	01:09:55
25	278	F	53		LAURIE O'CONNOR	WAKE FOREST NC	105	00:09:31	00:02:54	14	00:30:53	00:02:32	12	00:24:14	01:10:03
26	188	F	38		KELLY CAMPBELL	WILMINGTON NC	25	00:05:43	00:03:16	44	00:34:00	00:02:31	15	00:24:35	01:10:04
27	281	F	47		PAULA BRENNAN	CHAPEL HILL NC	95	00:08:03	00:03:01	22	00:31:29	00:01:48	27	00:26:03	01:10:21
28	319	F	34		LAUREN LANGLEY	WILMINGTON NC	57	00:06:31	00:03:32	29	00:32:43	00:01:49	28	00:26:03	01:10:36
29	166	F	46		MICHELLE GURRERA	WILMINGTON NC	42	00:06:00	00:03:17	36	00:33:19	00:01:16	31	00:26:49	01:10:39
30	99	F	39		ELIZABETH ANDREW	WILMINGTON NC	31	00:05:48	00:03:00	32	00:33:00	00:02:02	35	00:27:00	01:10:49
31	361	F	44	ZF	CATHY POFAHL	CARY NC	94	00:08:00	00:03:29	20	00:31:22	00:02:17	25	00:25:57	01:11:03
32	354	F	27	NF	VIRGINIA DRAKE	WILMINGTON NC	53	00:06:26	00:03:01	19	00:31:21	00:00:59	37	00:27:32	00:02:00 01:11:18
33	368	F	38	NF	TISHA GALLOWAY	NEW BERN NC	71	00:06:57	00:03:13	55	00:35:14	00:01:02	16	00:24:56	01:11:20
34	230	F	33		SARA TENNANT	WILMINGTON NC	59	00:06:33	00:03:21	37	00:33:21	00:01:30	34	00:26:58	01:11:40
35	326	F	19		ANDREA ESTES	CARY NC	44	00:06:02	00:03:09	42	00:33:50	00:01:24	20	00:25:33	00:02:00 01:11:57
36	38	F	34		JENN SMITH	DURHAM NC	73	00:06:57	00:02:32	30	00:32:44	00:01:04	44	00:28:49	01:12:03
37	237	F	64		LENA CARDOSO	CARY NC	89	00:07:42	00:03:33	21	00:31:25	00:01:46	41	00:28:07	01:12:32
38	193	F	26		SARAH UNDERWOOD	WILMINGTON NC	41	00:05:58	00:03:00	40	00:33:42	00:01:17	51	00:29:23	01:13:19
39	404	F	20		MEGHAN LOUK	WILMINGTON NC	12	00:04:57	00:02:30	60	00:35:33	00:01:03	52	00:29:26	01:13:26
40	340	F	20	NF	GRACE SYKES	DURHAM NC	36	00:05:56	00:02:10	50	00:34:46	00:00:51	58	00:29:56	01:13:37
41	183	F	30		LESLIE ASHBROOK	CHARLOTTESVILLE VA	35	00:05:55	00:03:25	43	00:33:57	00:01:21	49	00:29:12	01:13:48
42	30	F	26		SAMANTHA WHITESIDE	ROANOKE VA	22	00:05:35	00:03:16	28	00:32:35	00:01:09	73	00:31:44	01:14:17
43	350	F	14	NF	CLAIRE SCANGA	CHAPEL HILL NC	17	00:05:17	00:03:35	78	00:37:41	00:01:09	32	00:26:54	01:14:35
44	223	F	47		TRACEY WHITE	LYNCHBURG VA	63	00:06:39	00:04:01	39	00:33:39	00:02:01	43	00:28:40	01:14:59
45	93	F	38		MOLLY WHITE	WILMINGTON NC	9	00:04:53	00:04:20	57	00:35:20	00:01:27	56	00:29:50	01:15:49
46	216	F	26		ELLEN PEARCE	CHAPEL HILL NC	30	00:05:47	00:05:06	38	00:33:32	00:02:39	46	00:28:56	01:15:58
47	179	F	56		SALLY ALMEKINDERS	CHAPEL HILL NC	55	00:06:29	00:02:26	45	00:34:04	00:00:50	79	00:32:29	01:16:16
48	348	F	29	NF	ANDREA ROWE	HILLSBOROUGH NC	24	00:05:40	00:03:55	73	00:36:49	00:01:58	40	00:27:58	01:16:17
49	111	F	18		KRISTEN BOGEY	GREENVILLE NC	39	00:05:57	00:03:07	51	00:34:50	00:01:19	70	00:31:17	01:16:28
50	352	F	32	NF	EMILY GREENE	RALEIGH NC	68	00:06:52	00:03:32	62	00:35:49	00:01:07	54	00:29:29	01:16:46
51	284	F	48		JENNIFER FORD	SOUTHBOROUGH MA	84	00:07:31	00:04:11	33	00:33:01	00:02:17	60	00:30:05	01:17:02
52	353	F	41	ZF	KIMBERLE CRISAFULLI	BURGAW NC	76	00:07:02	00:04:22	41	00:33:46	00:02:35	50	00:29:21	01:17:05
53	18	F	44		CATHERINE BETOR	SHELBY NC	56	00:06:30	00:03:29	25	00:31:54	00:02:02	86	00:33:32	01:17:24

54	256	F	25		NICOLE SUDDETH	CHAPEL HILL NC	64	00:06:43	00:03:17	49	00:34:43	00:02:04	64	00:30:41	01:17:26
55	377	F	43	ZF	LISA WAYNE	WILMINGTON NC	104	00:09:14	00:04:12	47	00:34:39	00:01:33	38	00:27:52	01:17:27
56	195	F	19		JULIANE YOUNG	WILMINGTON NC	43	00:06:02	00:03:27	71	00:36:45	00:01:28	55	00:29:47	01:17:27
57	375	F	26	NF	KATIE HANSON	TAYLORS SC	82	00:07:24	00:04:14	68	00:36:41	00:00:52	45	00:28:54	01:18:03
58	169	F	43	A	LAURA LENERT	RALEIGH NC	32	00:05:49	00:04:41	27	00:32:30	00:02:47	77	00:32:22	01:18:06
59	261	F	18		LAUREN HATCH	GREENVILLE NC	50	00:06:20	00:03:46	67	00:36:30	00:01:08	62	00:30:26	01:18:08
60	235	F	18		ABIGAIL BREWER	WILMINGTON NC	34	00:05:54	00:05:56	94	00:40:24	00:01:49	11	00:24:14	01:18:15
61	330	F	50		LORRINE LARIMER	RALEIGH NC	37	00:05:56	00:04:37	54	00:35:12	00:02:08	65	00:30:47	01:18:38
62	275	F	44		LIANE HARSH	WASHINGTON NC	80	00:07:16	00:04:10	46	00:34:35	00:01:57	66	00:30:53	01:18:49
63	391	F	31	NF	ANNETTE LINDSAY	RALEIGH NC	77	00:07:07	00:02:53	85	00:38:20	00:00:56	57	00:29:51	01:19:05
64	403	F	43	NF	RENEE HALL	HUNTERSVILLE NC	83	00:07:27	00:03:51	69	00:36:42	00:02:09	48	00:29:11	01:19:18
65	374	F	31	NF	NICOLLE BLOCK	DURHAM NC	109	00:10:34	00:03:40	48	00:34:42	00:01:32	47	00:29:07	01:19:32
66	202	F	38		JOLIE MUELLER	WILMINGTON NC	40	00:05:58	00:03:02	81	00:38:05	00:01:33	69	00:31:08	01:19:44
67	130	F	31		BONNIE RICHARDSON	CHARLOTTE NC	61	00:06:35	00:04:10	56	00:35:16	00:01:53	74	00:31:55	01:19:48
68	248	F	17		SARAH MCCULLOUGH	WILMINGTON NC	21	00:05:25	00:03:10	104	00:43:22	00:00:55	33	00:26:58	01:19:48
69	110	F	39		ELIZABETH BENFIELD	WILMINGTON NC	11	00:04:54	00:04:23	53	00:35:09	00:01:16	87	00:34:08	01:19:48
70	226	F	55		ROBIN CLARKE	WASHINGTON NC	72	00:06:57	00:03:14	70	00:36:43	00:01:15	72	00:31:41	01:19:48
71	379	F	32	NF	WHITNEY DAVIS	LEXINGTON NC	81	00:07:20	00:04:20	79	00:37:50	00:01:15	53	00:29:28	01:20:12
72	346	F	21	NF	JENNA EUBANKS	RALEIGH NC	26	00:05:43	00:03:09	77	00:37:35	00:01:17	85	00:33:21	01:21:03
73	271	F	39		CONNIE CIPRIANO	WASHINGTON NC	91	00:07:47	00:04:06	26	00:32:11	00:02:30	89	00:34:38	01:21:09
74	385	F	36	NF	MINH-TU NGUYEN	N. BETHESDA MD	110	00:10:38	00:04:55	63	00:36:02	00:01:57	39	00:27:53	01:21:22
75	341	F	33	NF	ANNE THORNHILL	DURHAM NC	45	00:06:08	00:04:49	61	00:35:33	00:01:38	84	00:33:19	01:21:25
76	229	F	52		CINDY STACK	MATTHEWS NC	75	00:06:59	00:04:01	65	00:36:22	00:03:11	68	00:31:03	01:21:34
77	240	F	20		MARY GIGLIOTTI	JAMESTOWN NC	29	00:05:47	00:03:25	99	00:42:10	00:00:53	59	00:30:02	01:22:15
78	85	F	16		EMMA BALL	APEX NC	20	00:05:23	00:02:52	75	00:37:19	00:01:47	90	00:35:00	01:22:18
79	311	F	33		LEANNE REAVES	RED SPRINGS NC	108	00:10:01	00:03:41	74	00:37:04	00:01:05	63	00:30:30	01:22:19
80	265	F	42		ALISON SCHLEEDE	MOUNT ULLA NC	58	00:06:32	00:03:25	52	00:35:03	00:01:03	93	00:36:34	01:22:35
81	315	F	42		SHERRI WESTBROOK	DURHAM NC	93	00:07:49	00:03:46	76	00:37:20	00:02:16	71	00:31:32	01:22:42
82	100	F	11		LAUREN BIRMINGHAM	KURE BEACH NC	92	00:07:48	00:02:33	95	00:40:51	00:02:12	61	00:30:19	01:23:40
83	397	F	41	ZF	JONI BUCKNER	BURGAW NC	86	00:07:37	00:03:46	82	00:38:09	00:01:58	76	00:32:21	01:23:49
84	258	F	31		BECKIE WALLACE	MYRTLE BEACH SC	87	00:07:38	00:04:25	72	00:36:48	00:02:25	81	00:32:44	01:23:58

85	206	F	42	A	JENNIFER ADAMS	WILMINGTON NC	52	00:06:24	00:03:49	59	00:35:24	00:02:06	95	00:37:03	01:24:43
86	217	F	34		CATHI SANDER	DURHAM NC	60	00:06:34	00:03:19	87	00:38:59	00:01:23	88	00:34:33	01:24:47
87	243	F	49		MARTHA KERNS	DURHAM NC	88	00:07:42	00:04:56	84	00:38:16	00:01:14	82	00:32:51	01:24:56
88	364	F	33	NF	ANGELA DAWSON	RALEIGH NC	69	00:06:53	00:04:47	90	00:39:35	00:01:50	75	00:31:59	01:25:02
89	116	F	28		ELIZABETH CROOM	KNIGHTDALE NC	38	00:05:56	00:04:11	98	00:41:45	00:02:55	67	00:30:54	01:25:40
90	370	F	34	NF	MELISSA REED	DURHAM NC	70	00:06:56	00:05:39	103	00:43:08	00:02:41	42	00:28:18	01:26:40
91	89	F	48		CATHERINE MEWBORN	WILMINGTON NC	28	00:05:47	00:04:04	88	00:39:33	00:01:50	96	00:37:55	01:29:06
92	303	F	32		JESSICA WHALEY	WILMINGTON NC	85	00:07:37	00:03:35	108	00:45:05	00:01:26	80	00:32:29	01:30:10
93	382	F	44	ZF	ANNMARIE JAWORSKI	CORINTH TX	102	00:08:49	00:05:16	100	00:42:20	00:01:36	78	00:32:25	01:30:24
94	356	F	36	NF	CATHERINE GARNER	GREENVILLE NC	97	00:08:21	00:04:58	64	00:36:14	00:02:17	99	00:38:38	01:30:27
95	405	F	56	ZF	MARIJEAN YOUNG	WILMINGTON NC	78	00:07:11	00:04:53	96	00:41:16				01:31:13
96	393	F	35	NF	MOLLIE PAEN	CAROLINA BEACH NC	107	00:09:51	00:04:43	66	00:36:24	00:02:21	101	00:39:22	01:32:39
97	318	F	41	A	SUSIE HANSLEY	DURHAM NC	111	00:12:16	00:03:17	92	00:40:01	00:02:20	91	00:35:10	01:33:02
98	242	F	41		CHIAKI ITO	WILMINGTON NC	66	00:06:50	00:04:09	83	00:38:10	00:01:37	106	00:43:04	01:33:47
99	371	F	29	NF	SARAH WALSH	CASTLE HAYNE NC	100	00:08:39	00:04:22	93	00:40:16	00:01:30	100	00:39:03	01:33:49
100	113	F	25		MEGAN CHARBONNEAU	RALEIGH NC	33	00:05:51	00:05:01	102	00:42:53	00:01:47	98	00:38:29	01:34:00
101	386	F	31	NF	SHERRI SCHULTZ	LELAND NC	106	00:09:38	00:05:45	86	00:38:52	00:04:15	92	00:36:05	01:34:33
102	245	F	25		MEG KLINE	ARLINGTON VA	65	00:06:47	00:04:40	89	00:39:34	00:03:28	102	00:40:17	01:34:43
103	109	F	24		BRITTANY AUSTIN	RALEIGH NC	47	00:06:09	00:05:41	97	00:41:31	00:03:11	97	00:38:29	01:34:59
104	363	F	21	NF	ANNA KATE BABNIK	PITTSBURGH PA	74	00:06:57	00:04:24	110	00:51:08	00:00:47	83	00:32:57	01:36:10
105	112	F	32		LEAH CHARBONNEAU	KNIGHTDALE NC	96	00:08:13	00:04:56	101	00:42:26	00:01:21	103	00:40:35	01:37:29
106	384	F	40	ZF	LAURA LANCASTER	RALEIGH NC	90	00:07:45	00:05:15	80	00:37:56	00:01:50	107	00:44:47	00:02:00 01:39:30
107	210	F	41		STEPHANIE DEES	SMITHFIELD NC	54	00:06:29	00:05:01	106	00:43:43	00:02:24	105	00:42:42	01:40:17
108	373	F	28	NF	ASHLEY MORGAN	GARNER NC	98	00:08:28	00:09:48	105	00:43:30	00:02:02	94	00:36:55	01:40:41
109	300	F	36	A	RACHEL SUTHERLAND	MOORESVILLE NC	103	00:08:54	00:04:38	91	00:39:51	00:03:06	109	00:45:33	01:42:01
110	123	F	15		BONNIE HANSLEY	DURHAM NC	67	00:06:50	00:05:04	109	00:49:02	00:01:19	104	00:41:35	01:43:48
111	381	F	54	ZF	DEBORAH ROSS	WILMINGTON NC	101	00:08:44	00:06:37	107	00:44:15	00:04:41	108	00:44:48	01:49:02

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