

AGE-GROUP RESULTS IN THE 5K
 Rochester Regional Health Flower City Challenge
 June 19&20, 2021 Half Marathon & 5k Rochester N.Y.

(THE FIRST OVERALL MALE AND FEMALE ARE EXCLUDED FROM THEIR AGE DIVISIONS)

FEMALE AGE GROUP: 19 and Under IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|--------------------|-----|-----|-------|--------------|
| 1 | 23:50 | 7:40 | Tessa Wohlschlegel | 15 | F | 9625 | Gladwin MI |
| 2 | 24:26 | 7:52 | Molly Fantauzzo | 15 | F | 9630 | Pittsford NY |
| 3 | 25:20 | 8:10 | Jasmine Rozalski | 16 | F | 9563 | Geneseo NY |

MALE AGE GROUP: 19 and Under IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|----------------|-----|-----|-------|-----------------|
| 1 | 23:45 | 7:39 | Jack Fantauzzo | 18 | M | 9629 | Pittsford NY |
| 2 | 26:30 | 8:32 | Teddy Tempest | 14 | M | 9526 | Pittsford NY |
| 3 | 32:52 | 10:35 | Jack Lonsberry | 16 | M | 9600 | Mount Morris NY |

FEMALE AGE GROUP: 20 to 24 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|---------------|-----|-----|-------|-------------|
| 1 | 25:12 | 8:07 | Sarah Farnand | 20 | F | 9577 | Fairport NY |
| 2 | 26:15 | 8:27 | Megan Ross | 22 | F | 9771 | Fairport NY |
| 3 | 39:31 | 12:44 | Cat Delaus | 24 | F | 9504 | Penfield NY |

MALE AGE GROUP: 20 to 24 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|--------------------|-----|-----|-------|--------------|
| 1 | 23:36 | 7:36 | Zachariah Barfield | 24 | M | 9739 | Rochester NY |
| 2 | 34:05 | 10:58 | Tom Brown | 20 | M | 9741 | Penfield NY |
| 3 | 39:26 | 12:42 | Shuji Gillis | 21 | M | 9705 | Rochester NY |

FEMALE AGE GROUP: 25 to 29 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|-------------------|-----|-----|-------|--------------|
| 1 | 25:06 | 8:05 | Courtney Lafferty | 26 | F | 9711 | Rochester NY |
| 2 | 28:03 | 9:02 | Hailey Clark | 28 | F | 9606 | Rochester NY |
| 3 | 29:02 | 9:21 | Samantha Testa | 29 | F | 9681 | Rochester NY |

MALE AGE GROUP: 25 to 29 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|-----------------|-----|-----|-------|----------------|
| 1 | 21:26 | 6:54 | Ivan Nowosiadlo | 27 | M | 9560 | Webster NY |
| 2 | 22:26 | 7:14 | Max Roth | 26 | M | 9727 | Rochester NY |
| 3 | 36:42 | 11:49 | Nick Starr | 27 | M | 9679 | North Chili NY |

FEMALE AGE GROUP: 30 to 34 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|------------------|-----|-----|-------|-------------|
| 1 | 27:46 | 8:57 | Sayre Wilson | 33 | F | 9685 | Ithaca NY |
| 2 | 27:46 | 8:57 | Caprice Vanauken | 32 | F | 9682 | Cortland NY |
| 3 | 29:46 | 9:35 | Shelby Sova | 31 | F | 9566 | Penfield NY |

MALE AGE GROUP: 30 to 34 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|--------------------|-----|-----|-------|--------------|
| 1 | 20:33 | 6:37 | Daniel Goldowitz | 32 | M | 9755 | Rochester NY |
| 2 | 22:36 | 7:17 | Alexander Cornhill | 31 | M | 9696 | Rochester NY |
| 3 | 26:07 | 8:25 | Brian Willis | 34 | M | 9604 | Auburn NY |

FEMALE AGE GROUP: 35 to 39 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|----------------|-----|-----|-------|--------------|
| 1 | 23:36 | 7:36 | Lauren Herko | 35 | F | 9581 | Rochester NY |
| 2 | 26:28 | 8:31 | Lindsay Pilato | 38 | F | 9725 | Penfield NY |
| 3 | 28:51 | 9:17 | Jenny Brewer | 36 | F | 9620 | Webster NY |

MALE AGE GROUP: 35 to 39 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|--------------------|-----|-----|-------|--------------|
| 1 | 20:01 | 6:27 | Rob Laveck | 39 | M | 9713 | Rochester NY |
| 2 | 22:58 | 7:24 | Mark Dwyer | 39 | M | 9751 | Pittsford NY |
| 3 | 24:04 | 7:45 | James Throckmorton | 38 | M | 9528 | Rochester NY |

FEMALE AGE GROUP: 40 to 44 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|------------------|-----|-----|-------|--------------|
| 1 | 29:10 | 9:24 | Alison Baker | 42 | F | 9500 | Victor NY |
| 2 | 29:10 | 9:24 | Meredith Ferraro | 42 | F | 9506 | Victor NY |
| 3 | 32:02 | 10:19 | Kathryn Castle | 42 | F | 9503 | Rochester NY |

MALE AGE GROUP: 40 to 44 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|--------------------|-----|-----|-------|------------|
| 1 | 22:08 | 7:08 | Scott Beardsley | 42 | M | 9690 | Buford GA |
| 2 | 23:07 | 7:27 | Casey Wohlschlegel | 40 | M | 9624 | Gladwin MI |
| 3 | 24:50 | 8:00 | Mark Dellaquila | 44 | M | 9609 | Hamlin NY |

FEMALE AGE GROUP: 45 to 49 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|-------------------|-----|-----|-------|--------------|
| 1 | 25:57 | 8:21 | Alicia Holdridge | 48 | F | 9612 | Rochester NY |
| 2 | 27:41 | 8:55 | Virginia Crandall | 45 | F | 9573 | Rochester NY |
| 3 | 28:22 | 9:08 | Bridgid Cahill | 49 | F | 9535 | Geneseo NY |

MALE AGE GROUP: 45 to 49 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|-------------------|-----|-----|-------|--------------|
| 1 | 21:46 | 7:01 | Ken Stack | 45 | M | 9525 | Liverpool NY |
| 2 | 22:40 | 7:18 | Richard Serapilio | 49 | M | 9733 | Rochester NY |
| 3 | 27:29 | 8:51 | Andrew Farmer | 49 | M | 9505 | Avon NY |

FEMALE AGE GROUP: 50 to 54 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|-----------------|-----|-----|-------|--------------|
| 1 | 26:30 | 8:32 | Kaye Treanor | 51 | F | 9529 | Fairport NY |
| 2 | 30:22 | 9:47 | Penelope Murray | 51 | F | 9721 | Rochester NY |
| 3 | 32:53 | 10:35 | Susan Reisig | 50 | F | 9768 | Rochester NY |

MALE AGE GROUP: 50 to 54 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|-----------------|-----|-----|-------|-------------|
| 1 | 28:09 | 9:04 | Gordie Auckland | 54 | M | 9737 | Arkport NY |
| 2 | 30:52 | 9:56 | Russ Loughry | 54 | M | 9556 | Avon NY |
| 3 | 34:59 | 11:16 | Andrew Mullings | 54 | M | 9720 | Fairport NY |

FEMALE AGE GROUP: 55 to 59 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|----------------|-----|-----|-------|--------------|
| 1 | 29:39 | 9:33 | Susan Farnand | 58 | F | 9579 | Fairport NY |
| 2 | 31:04 | 10:00 | Ann More | 59 | F | 9719 | Buffalo NY |
| 3 | 34:07 | 10:59 | Sandra Bossert | 58 | F | 9501 | Rochester NY |

MALE AGE GROUP: 55 to 59 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|----------------|-----|-----|-------|----------------|
| 1 | 24:57 | 8:02 | William Belec | 57 | M | 9691 | Rochester NY |
| 2 | 25:02 | 8:04 | Peter Pallmann | 55 | M | 9723 | Spencerport NY |
| 3 | 25:13 | 8:07 | Steve Farnand | 58 | M | 9578 | Fairport NY |

FEMALE AGE GROUP: 60 to 64 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|--------------------------|-----|-----|-------|--------------|
| 1 | 28:19 | 9:07 | Artemia Rojas Gomez De C | 63 | F | 9674 | Rochester NY |
| 2 | 28:32 | 9:11 | Kathy Gregoire | 62 | F | 9707 | Hamburg NY |
| 3 | 32:24 | 10:26 | Gayle Long | 60 | F | 9613 | Rochester NY |

MALE AGE GROUP: 60 to 64 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|--------------|-----|-----|-------|--------------|
| 1 | 30:21 | 9:47 | Richard Roth | 62 | M | 9729 | Rochester NY |
| 2 | 30:56 | 9:58 | Don Dow | 63 | M | 9642 | Rochester NY |
| 3 | 35:15 | 11:21 | Michael May | 60 | M | 9557 | Tonawanda NY |

FEMALE AGE GROUP: 65 to 69 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|---------------|-----|-----|-------|--------------|
| 1 | 41:04 | 13:13 | Jayne Young | 65 | F | 9686 | Rochester NY |
| 2 | 43:56 | 14:09 | Sue Donovan | 69 | F | 9543 | Rochester NY |
| 3 | 46:20 | 14:55 | Susan Chapman | 65 | F | 9537 | Rochester NY |

MALE AGE GROUP: 65 to 69 IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|---------------|-----|-----|-------|--------------|
| 1 | 31:25 | 10:07 | Thomas Starin | 66 | M | 9622 | Penfield NY |
| 2 | 33:58 | 10:56 | Randy Meek | 65 | M | 9517 | Rochester NY |
| 3 | 37:03 | 11:56 | Douglas Ralph | 65 | M | 9522 | Rochester NY |

FEMALE AGE GROUP: 70 and Over IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|------|------|-----|-----|-------|------------|
|-------|---------|------|------|-----|-----|-------|------------|

MALE AGE GROUP: 70 and Over IN THE 5K

| Place | Nettime | Pace | Name | Age | Sex | Race# | City/state |
|-------|---------|-------|--------------|-----|-----|-------|--------------|
| 1 | 33:12 | 10:42 | Gary Culotta | 70 | M | 9540 | Rochester NY |
| 2 | 43:55 | 14:08 | Beth Kelly | 70 | F | 9550 | Webster NY |
| 3 | 47:56 | 15:26 | Donna Ecker | 76 | F | 9752 | Fairport NY |