

2009 Triangle Sprint

Overall Women

Harris County Park, southwestern Wake County (Raleigh), NC 7/12/2009 08:30AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	T1	Rank	BIKE	T2	Rank	RUN	PENALTY	Time	DQ
1	15	F	39	OF	ALICIA PARR	DURHAM NC	10	00:12:31	00:01:39	1	00:45:50	00:01:03	6	00:20:32		01:21:32	
2	3	F	37	OF	STACEY RICHARDSON	CHAPEL HILL NC	4	00:12:03	00:01:59	2	00:45:59	00:00:59	2	00:19:24	00:02:00	01:22:23	
3	5	F	30	OF	BRIANNE GAAL	CARY NC	7	00:12:25	00:01:51	9	00:48:48	00:01:06	1	00:19:18		01:23:26	
4	6	F	29	OF	AMIE KRASNOZON	MORRISVILLE NC	3	00:11:57	00:01:55	7	00:48:10	00:01:25	17	00:21:21		01:24:46	
5	29	F	37	OF	JEANNA CHAIN	WAKE FOREST NC	12	00:12:49	00:02:00	10	00:49:02	00:01:06	20	00:21:29		01:26:25	
6	14	F	31	OF	ALYSIA LOVGREN	DURHAM NC	11	00:12:35	00:01:47	21	00:50:33	00:01:03	10	00:20:47		01:26:43	
7	7	F	43	MF	NASRIN AZARI	CARY NC	8	00:12:30	00:01:50	15	00:50:02	00:01:10	23	00:21:43		01:27:13	
8	320	F	29		ANNIE LUX	RALEIGH NC	26	00:14:07	00:02:35	3	00:47:23	00:01:34	24	00:21:43		01:27:20	
9	37	F	36	OF	SHANNON LOWERY	RALEIGH NC	109	00:17:02	00:01:58	4	00:47:41	00:01:09	3	00:19:33		01:27:22	
10	43	F	41	MF	KERRY TROESTER	RALEIGH NC	39	00:14:55	00:01:50	20	00:50:16	00:01:11	4	00:20:00		01:28:11	
11	10	F	28	OF	MELISSA BELL	CHARLOTTE NC	6	00:12:13	00:02:11	18	00:50:14	00:01:04	36	00:22:44		01:28:23	
12	9	F	40	MF	STACEY GRIFFITH	RUTHERFORDTON NC	9	00:12:30	00:01:58	32	00:52:12	00:01:05	8	00:20:46		01:28:29	
13	8	F	41	MF	CARI SOLEO	CARY NC	33	00:14:43	00:02:11	11	00:49:22	00:01:22	14	00:21:04		01:28:40	
14	86	F	45		CHERYL CARDELLO	RALEIGH NC	30	00:14:30	00:01:56	16	00:50:02	00:01:07	15	00:21:09		01:28:43	
15	27	F	42	MF	JOANNA YOUNTS	CHAPEL HILL NC	74	00:16:06	00:02:04	6	00:47:54	00:01:08	25	00:21:46		01:28:56	
16	184	F	30		CHRISTINA NEWPORT	CARY NC	52	00:15:24	00:01:55	12	00:49:36	00:01:04	16	00:21:10		01:29:07	
17	23	F	45	MF	SARAH MULLIGAN	RALEIGH NC	5	00:12:06	00:02:07	17	00:50:10	00:01:19	56	00:23:53		01:29:33	
18	843	F	35		STEPHANIE HEALEY	RALEIGH NC	73	00:16:05	00:02:19	5	00:47:51	00:01:38	26	00:21:54		01:29:46	
19	929	F	34		KARI MAYHEW	MORRISVILLE NC	61	00:15:45	00:02:23	19	00:50:15	00:01:27	11	00:20:51		01:30:38	
20	729	F	52		KAREN WILSON	KURE BEACH NC	21	00:13:22	00:02:23	14	00:49:46	00:01:28	58	00:24:00		01:30:56	
21	63	F	41		CHERIE KUZMIK	CHAPEL HILL NC	38	00:14:55	00:02:00	33	00:52:25	00:01:21	18	00:21:25		01:32:04	
22	489	F	31		ERIN STERLING	RALEIGH NC	27	00:14:21	00:02:20	22	00:50:33	00:01:11	50	00:23:45		01:32:08	

23	703	F	35	LEIGH ADAMS	HAMPSTEAD NC	69	00:16:01	00:02:35	28	00:51:36	00:01:37	7	00:20:41	01:32:29
24	363	F	48	GINGER SPANSEL	FAYETTEVILLE NC	31	00:14:33	00:02:11	30	00:52:08	00:01:22	37	00:22:51	01:33:04
25	884	F	33	AMELIA GRIFFITH	NEW BERN NC	156	00:18:02	00:01:57	26	00:51:33	00:01:06	5	00:20:28	01:33:05
26	349	F	46	CAROL SCHEIBLE	CHAPEL HILL NC	90	00:16:40	00:02:10	8	00:48:27	00:01:26	82	00:24:57	01:33:39
27	233	F	41	JULIE HAIGHT	HOLLY SPRINGS NC	115	00:17:08	00:02:15	29	00:52:04	00:01:28	9	00:20:46	01:33:40
28	714	F	46	SUZY PANTLIN	CARY NC	60	00:15:42	00:02:08	23	00:50:35	00:01:25	61	00:24:03	01:33:51
29	671	F	48	KARI WILKINSON	MEBANE NC	78	00:16:11	00:02:31	13	00:49:40	00:01:16	77	00:24:48	01:34:24
30	796	F	29	CYNTHIA MARKS	RALEIGH NC	2	00:11:56	00:02:44	53	00:54:19	00:01:32	59	00:24:00	01:34:29
31	895	F	39	CHRISTINE LEWIS	RALEIGH NC	13	00:12:50	00:02:14	36	00:52:46	00:01:23	44	00:23:20	00:02:00 01:34:32
32	816	F	36	MAGGIE ROUGIER-CHAPMAN	RALEIGH NC	127	00:17:31	00:02:35	31	00:52:11	00:01:11	21	00:21:35	01:35:00
33	579	F	24	LAUREN CLARK	DURHAM NC	66	00:15:54	00:02:15	66	00:55:12	00:01:32	12	00:20:55	01:35:45
34	405	F	45	FRAN HUGHES	HOLLY SPRINGS NC	58	00:15:39	00:02:18	46	00:54:02	00:01:21	33	00:22:38	01:35:56
35	905	F	48	CAROLYN GENTRY	CARY NC	64	00:15:50	00:02:44	27	00:51:34	00:01:31	70	00:24:37	01:36:14
36	423	F	44	REBECCA TAYLOR	WILMINGTON NC	20	00:13:20	00:02:23	38	00:52:51	00:01:47	108	00:26:02	01:36:21
37	461	F	31	JENNIFER MARKS	RALEIGH NC	44	00:15:04	00:02:11	67	00:55:13	00:01:17	34	00:22:38	01:36:23
38	119	F	26	LINDSEY WARD	RALEIGH NC	86	00:16:28	00:02:23	42	00:53:23	00:01:22	43	00:23:13	01:36:46
39	412	F	30	LEANNE JOHNSON	LELAND NC	164	00:18:14	00:02:16	55	00:54:23				01:37:01
40	268	F	37	CARRIE PARKER	RICHMOND VA	139	00:17:49	00:02:50	39	00:52:52	00:01:24	29	00:22:17	01:37:11
41	648	F	38	LISA RIPPERTON	HIGH POINT NC	70	00:16:03	00:02:24	45	00:53:56	00:01:18	47	00:23:36	01:37:15
42	833	F	56	BETSY HENDERSON	ROANOKE VA	121	00:17:18	00:02:31	25	00:51:29	00:01:20	84	00:25:00	01:37:36
43	763	F	37	JENN GEORGE	MORRISVILLE NC	56	00:15:37	00:02:34	52	00:54:18	00:01:39	55	00:23:50	01:37:56
44	776	F	44	LISA BAREFOOT	GREENSBORO NC	183	00:18:51	00:01:58	49	00:54:14	00:01:17	22	00:21:41	01:37:59
45	741	F	51	MIRIAM VANNOY	SPARTANBURG SC									01:38:10
46	84	F	36	MEREDITH DOLHARE	CHARLOTTE NC	181	00:18:50	00:02:35	41	00:53:15	00:01:10	32	00:22:23	01:38:11
47	690	F	29	TAYLOR WOFFORD	DURHAM NC	15	00:13:12	00:02:59	88	00:56:55	00:01:39	51	00:23:45	01:38:29
48	955	F	54	DORIS ALEXANDER	CARRBORO NC	92	00:16:41	00:02:34	71	00:55:30	00:01:34	30	00:22:19	01:38:36
49	351	F	36	JENNIFER MACDOUGALL	CARY NC	34	00:14:47	00:02:21	73	00:55:38	00:01:24	69	00:24:33	01:38:41
50	963	F	37	A KARYN LONG	CARY NC	94	00:16:42	00:02:26	24	00:50:59	00:01:39	133	00:27:01	01:38:46
51	194	F	28	A LAURA GALLAHER	WINSTON SALEM NC	36	00:14:50	00:02:55	61	00:54:50	00:01:28	79	00:24:52	01:38:53
52	388	F	33	MARY K. BRIDGERS	CHARLOTTE NC	45	00:15:06	00:02:49	114	00:58:00	00:01:58	13	00:21:03	01:38:54
53	80	F	39	STACY ZOTTER	RALEIGH NC	23	00:13:46	00:02:24	126	00:58:33	00:01:21	41	00:23:00	01:39:01

54	90	F	32		KATIE WAGNER	WILMINGTON NC	28	00:14:24	00:02:18	51	00:54:18	00:01:14	81	00:24:54	00:02:00	01:39:06
55	851	F	32		ERIN SMYRSKI	CARY NC	122	00:17:19	00:02:57	58	00:54:38	00:01:27	39	00:22:59		01:39:18
56	773	F	25		MELISSA HALSTENSGARD	CHARLOTTE NC	19	00:13:17	00:02:33	111	00:57:49	00:01:12	67	00:24:31		01:39:19
57	761	F	17		MONICA LITSAS	RALEIGH NC	47	00:15:10	00:02:31	75	00:55:47	00:01:11	76	00:24:46		01:39:24
58	777	F	46		NANCY SUTTON	WINSTON SALEM NC	161	00:18:09	00:02:18	59	00:54:41	00:01:30	42	00:23:10		01:39:46
59	96	F	14		SHANNON SCOVEL	CARY NC	1	00:11:40	00:02:34	123	00:58:21	00:01:22	104	00:25:51		01:39:46
60	97	F	41		DANA PELLIZZARI	WILMINGTON NC	50	00:15:15	00:02:54	60	00:54:42	00:01:42	91	00:25:20		01:39:50
61	311	F	14		MICHELLE SWAROVSKI	CARY NC	62	00:15:45	00:02:25	96	00:57:17	00:01:14	46	00:23:32		01:40:11
62	1042	F	26	NF	AMY KLEIST	CARY NC	186	00:19:05	00:03:26	64	00:55:06	00:01:27	19	00:21:25		01:40:26
63	775	F	25		VERONICA ROTEMBERG	NEWTON MA	51	00:15:21	00:02:31	63	00:54:59	00:01:42	106	00:25:56		01:40:27
64	722	F	25		LAUREN RICHTER	DURHAM NC	143	00:17:52	00:02:24	90	00:57:08	00:01:15	27	00:22:11		01:40:49
65	921	F	43		ELIZABETH ANDERSON	SUMMERVILLE SC	232	00:20:15	00:02:08	34	00:52:33	00:01:24	78	00:24:51		01:41:09
66	822	F	30		ERICA MANCUSO	CARY NC	57	00:15:38	00:02:38	56	00:54:34	00:01:29	132	00:26:58		01:41:15
67	168	F	35		AMY SCOTT	CARY NC	222	00:19:59	00:02:29	50	00:54:16	00:01:20	45	00:23:23		01:41:26
68	917	F	35		JENNIFER ROYALL	WILMINGTON NC	148	00:17:56	00:02:30	37	00:52:48	00:01:58	66	00:24:19	00:02:00	01:41:28
69	117	F	30		KATIE HORTON	APEX WV	176	00:18:43	00:02:36	40	00:52:56	00:01:21	105	00:25:56		01:41:30
70	509	F	46		LEAH RANNEY	DURHAM NC	112	00:17:04	00:03:00	48	00:54:14	00:02:07	87	00:25:14		01:41:37
71	341	F	30		DENISE CHOY	RALEIGH NC	18	00:13:16	00:02:35	131	00:58:50	00:01:28	101	00:25:43		01:41:49
72	1088	F	47	A	CATHERINE BALDWIN	RALEIGH NC	49	00:15:15	00:02:25	69	00:55:28	00:01:40	137	00:27:13		01:41:58
73	730	F	43		KIMBERLY WILSON	CHARLOTTE NC	188	00:19:06	00:02:44	94	00:57:16	00:01:27	28	00:22:12		01:42:43
74	577	F	50		VICKY YEINGST	CARY NC	135	00:17:45	00:02:52	74	00:55:40	00:01:35	83	00:25:00		01:42:49
75	858	F	17		LARA PANTLIN	CARY NC	43	00:15:02	00:02:21	119	00:58:11	00:01:22	107	00:26:00		01:42:54
76	879	F	38		RUTH MENEHELLA	CARY NC	172	00:18:35	00:02:57	43	00:53:28	00:01:33	120	00:26:33		01:43:05
77	593	F	62		PHYLLIS MASON	WILMINGTON NC	85	00:16:22	00:02:50	70	00:55:28	00:01:41	131	00:26:56		01:43:15
78	791	F	36		CINDY BOHLIN	CHAPEL HILL NC	131	00:17:39	00:02:02	92	00:57:09	00:01:09	97	00:25:36		01:43:32
79	261	F	33		SHERI SAMPSON	CARY NC	24	00:13:52	00:02:28	194	01:01:59	00:01:34	49	00:23:42		01:43:33
80	407	F	43	A	CAROL ANN REDFIELD	FUQUAY VARINA NC	17	00:13:14	00:03:02	82	00:56:36	00:02:04	175	00:28:45		01:43:39
81	356	F	20		LIA HUDAK	CHARLOTTE NC	101	00:16:56	00:02:44	127	00:58:39	00:01:17	64	00:24:17		01:43:51
82	977	F	38	NF	SALLY BOTWICK	GARNER NC	165	00:18:18	00:02:38	54	00:54:22	00:01:33	136	00:27:10		01:43:59
83	760	F	45		SUZY NISBET	CARY NC	210	00:19:32	00:02:40	65	00:55:06	00:01:22	99	00:25:41		01:44:20
84	641	F	41		KIMMIE JACOBS	CARY NC	195	00:19:14	00:02:29	97	00:57:18	00:01:43	52	00:23:46		01:44:28

85	77	F	14		LILIANNA FERNANDEZ	CARY NC	105	00:17:00	00:02:10	138	00:59:07	00:01:12	88	00:25:14	01:44:41
86	834	F	38		ANGELA MCDONALD	RALEIGH NC	53	00:15:27	00:02:38	85	00:56:51	00:01:54	154	00:28:04	01:44:51
87	140	F	36		JULIANN ZOETMULDER	CARY NC	120	00:17:17	00:03:04	80	00:56:23	00:01:50	118	00:26:30	01:45:02
88	1090	F	34	NF	NICOLE VINSON	FAYETTEVILLE NC	189	00:19:08	00:02:39	81	00:56:23	00:01:37	89	00:25:17	01:45:02
89	551	F	41	A	TERI SPENCE	HENDERSON NC	159	00:18:06	00:02:58	57	00:54:36	00:01:57	142	00:27:29	01:45:04
90	1037	F	44	ZF	BARBARA WEDEL	DURHAM NC	168	00:18:27	00:03:13	62	00:54:58	00:01:51	75	00:24:45	00:02:00 01:45:12
91	398	F	23		CAROLINA DIMSDALE	DURHAM NC	14	00:13:06	00:03:04	222	01:03:59	00:01:26	48	00:23:40	01:45:13
92	755	F	40		CAROLYN VINCENT	MORRISVILLE NC	259	00:20:46	00:03:12	44	00:53:29	00:02:17	98	00:25:37	01:45:19
93	944	F	42		JANINE ROSEN	RALEIGH NC	54	00:15:28	00:02:35	107	00:57:42	00:01:37	163	00:28:24	01:45:44
94	289	F	17		ZATHA LOEWEN	HAMPSTEAD NC	107	00:17:01	00:02:20	202	01:02:28	00:01:38	31	00:22:21	01:45:46
95	33	F	25	OF	KELLY BRUNO	DURHAM NC	89	00:16:37	00:02:24	198	01:02:13	00:01:39	38	00:22:56	01:45:48
96	373	F	52		CLAIRE LAU	CHESTERFIELD VA	76	00:16:06	00:02:49	141	00:59:19	00:01:56	103	00:25:49	01:45:58
97	438	F	43		MINDI MCLENDON	HILLSBOROUGH NC	281	00:21:58	00:02:52	72	00:55:32	00:01:39	62	00:24:06	01:46:05
98	185	F	38		SANDRA DONALDSON	CARY NC	194	00:19:14	00:03:19	116	00:58:07	00:01:54	54	00:23:49	01:46:21
99	570	F	36		TORI ARENS	RALEIGH NC	32	00:14:39	00:03:04	120	00:58:13	00:01:59	173	00:28:42	01:46:35
100	1082	F	52		COURTNEY RUDDER	APEX NC	272	00:21:15	00:03:23	35	00:52:35	00:02:00	144	00:27:34	01:46:46
101	195	F	43		JULIE TREVISAN	FUQUAY VARINA NC	40	00:14:55	00:03:10	86	00:56:52	00:01:59	210	00:30:14	01:47:09
102	672	F	43		TRISH PAGE	APEX NC	205	00:19:26	00:03:06	104	00:57:32	00:01:34	96	00:25:36	01:47:11
103	914	F	24		JESSICA BRANTLEY	RALEIGH NC	96	00:16:47	00:03:15	103	00:57:30	00:02:27	139	00:27:22	01:47:19
104	504	F	47		JENNIFER FRITH	MARTINSVILLE VA	160	00:18:06	00:02:36	84	00:56:40	00:01:42	160	00:28:20	01:47:22
105	542	F	18		SAMANTHA CURRIER	COLUMBIA SC	218	00:19:50	00:04:09	77	00:56:14	00:02:09	90	00:25:18	01:47:39
106	329	F	37		ANDREA SHARP	RALEIGH NC	114	00:17:08	00:03:25	157	01:00:32	00:01:41	85	00:25:03	01:47:48
107	841	F	23		AMY KINSELLA	GOLDSBORO NC	216	00:19:43	00:03:17	98	00:57:19	00:01:50	102	00:25:43	01:47:50
108	337	F	38		MELISSA BRYAN	HOLLY SPRINGS NC	132	00:17:40	00:03:41	135	00:59:00	00:02:15	95	00:25:25	01:48:00
109	848	F	31		JANA FOGLEMAN	WILMINGTON NC	63	00:15:47	00:02:58	122	00:58:21	00:01:44	187	00:29:17	01:48:05
110	296	F	34	A	KAREN CREWS	RALEIGH NC	169	00:18:30	00:03:16	68	00:55:27	00:01:41	189	00:29:32	01:48:24
111	528	F	29		DANIELLE SMITH	DURHAM NC	180	00:18:49	00:04:03	109	00:57:47	00:01:39	111	00:26:09	01:48:26
112	30	F	40	MF	LISA GARCIA	FAYETTEVILLE NC	319	00:25:47	00:02:46	76	00:55:52	00:01:20	35	00:22:43	01:48:27
113	803	F	40	A	HEIDI BLOOM	RALEIGH NC	55	00:15:32	00:03:32	93	00:57:15	00:02:31	196	00:29:47	01:48:35
114	871	F	36		KIMBERLY SIRAN	RALEIGH NC	155	00:18:02	00:02:25	201	01:02:26	00:01:46	60	00:24:01	01:48:38
115	447	F	40		TRACY LEMPKE	JACKSONVILLE NC	231	00:20:12	00:02:50	125	00:58:30	00:01:47	93	00:25:23	01:48:40

116	823	F	20		RITA BEARD	RALEIGH NC	212	00:19:35	00:02:32	191	01:01:45	00:01:06	53	00:23:47	01:48:43
117	477	F	40		CARRIE ZELNA	CARY NC	158	00:18:06	00:03:46	128	00:58:40				01:48:47
118	263	F	35		KRISTA FOERSTER	RALEIGH NC	242	00:20:31	00:03:20	78	00:56:15	00:02:03	124	00:26:41	01:48:48
119	394	F	30		TRACY RODRIGUEZ	RALEIGH NC	65	00:15:54	00:04:30	155	01:00:25	00:01:22	126	00:26:45	01:48:54
120	625	F	43		LAURA VAN SANT	CHAPEL HILL NC	236	00:20:23	00:02:50	143	00:59:27	00:01:56	72	00:24:41	01:49:15
121	257	F	43		CHERYL EDWARDS	CHAPEL HILL NC	224	00:20:04	00:02:39	99	00:57:20	00:01:33	148	00:27:45	01:49:18
122	292	F	36		SARAH LITTLE	RALEIGH NC	83	00:16:19	00:02:56	165	01:00:47	00:01:32	153	00:28:00	01:49:32
123	93	F	28		MARYELLE HERNDON	ARLINGTON VA	84	00:16:20	00:03:55	186	01:01:38	00:01:15	116	00:26:27	01:49:33
124	158	F	27		KIRSTEN HAWKINS	CARY NC	157	00:18:06	00:03:41	170	01:01:08	00:01:36	86	00:25:07	01:49:36
125	340	F	38		JANINE LAMB	CARY NC	279	00:21:33	00:03:05	89	00:57:02	00:01:57	109	00:26:03	01:49:38
126	518	F	31		CARRIE LACKEY	CONOVER NC	152	00:17:59	00:03:15	79	00:56:23	00:02:54	185	00:29:11	01:49:41
127	446	F	32		CHRISTINE CARMINE	LELAND NC	134	00:17:45	00:02:24	214	01:03:39	00:01:27	68	00:24:32	01:49:45
128	716	F	36		SHELLEY MOLNAR	CARY NC	198	00:19:19	00:03:44	124	00:58:29	00:01:42	119	00:26:32	01:49:45
129	855	F	27		PAIGE PAINTER	CARY NC	59	00:15:40	00:03:08	177	01:01:17	00:01:28	158	00:28:15	01:49:46
130	539	F	38		AMY YOUNG	CARY NC	163	00:18:12	00:03:02	154	01:00:22	00:01:48	117	00:26:29	01:49:51
131	967	F	28		MARY HEDGEPEETH	RALEIGH NC	35	00:14:47	00:02:48	209	01:03:13	00:01:42	140	00:27:24	01:49:52
132	424	F	33		ANNE REGULES	FREDERICK MD	25	00:13:54	00:03:04	238	01:05:07	00:02:08	100	00:25:42	01:49:54
133	416	F	35		AMY BRYSON	HOLLY SPRINGS NC	287	00:22:17	00:02:40	112	00:57:55	00:01:51	94	00:25:24	01:50:05
134	930	F	37		MINDY MAGRATH	RALEIGH NC	142	00:17:51	00:02:50	133	00:58:51	00:01:41	180	00:28:59	01:50:10
135	575	F	34		KRISTEN OAKLEY	RALEIGH NC	273	00:21:18	00:03:14	148	01:00:04	00:01:28	63	00:24:15	01:50:16
136	534	F	30		JENNIFER MILLER	GREENVILLE NC	98	00:16:53	00:03:11	158	01:00:33	00:01:32	159	00:28:19	01:50:27
137	708	F	42		DINA HOOD	RALEIGH NC	48	00:15:11	00:03:08	182	01:01:26	00:02:18	172	00:28:41	01:50:41
138	1036	F	25	NF	JESSICA SAGE	CHAPEL HILL NC	177	00:18:46	00:03:39	164	01:00:46	00:01:18	113	00:26:17	01:50:44
139	1035	F	29	NF	ELIZABETH GREENE	CARRBORO NC	201	00:19:22	00:02:59	156	01:00:28	00:01:41	114	00:26:18	01:50:46
140	826	F	43		DEBORAH MOSTEK	CARY NC	313	00:24:50	00:02:48	105	00:57:37	00:01:37	57	00:23:56	01:50:47
141	48	F	28		JESSICA SWANSON	RALEIGH NC	72	00:16:05	00:03:04	152	01:00:18	00:01:43	193	00:29:41	01:50:50
142	331	F	48		LEE SMITH	APEX NC	248	00:20:37	00:03:15	95	00:57:16	00:01:59	152	00:27:58	01:51:04
143	880	F	34	A	LEANNA SOROKA	RALEIGH NC	37	00:14:51	00:03:49	100	00:57:22	00:02:06	255	00:33:02	01:51:07
144	629	F	33		APRIL HENRY	CHAPEL HILL NC	214	00:19:39	00:03:16	106	00:57:42	00:01:58	179	00:28:55	01:51:28
145	228	F	33		ANJANA WILLS	CARY NC	125	00:17:22	00:03:16	196	01:02:11	00:01:52	130	00:26:53	01:51:31
146	682	F	30		ERIN YOUNG	RALEIGH NC	41	00:15:01	00:03:50	166	01:00:58	00:02:15	188	00:29:30	01:51:33

147	846	F	35		LESLIE BROWN	RALEIGH NC	167	00:18:24	00:03:17	150	01:00:11	00:01:59	150	00:27:48	01:51:38
148	517	F	34		ELISABETH MCCUDDEN	DURHAM NC	88	00:16:37	00:03:52	108	00:57:45	00:02:14	226	00:31:28	01:51:53
149	946	F	31		AMY SOMMER	DURHAM NC	251	00:20:39	00:02:48	117	00:58:08	00:01:50	178	00:28:51	01:52:14
150	633	F	37		MELANIE ELMORE	APEX NC	82	00:16:17	00:03:12	173	01:01:09	00:02:23	186	00:29:15	01:52:15
151	623	F	34	NF	KATE O'ROURKE	HOLLY SPRINGS NC	269	00:21:14	00:04:08	118	00:58:09	00:02:01	127	00:26:46	01:52:17
152	231	F	36		KIM SCANLON	HOLLY SPRINGS NC	118	00:17:12	00:03:38	195	01:02:00	00:03:00	122	00:26:36	01:52:24
153	556	F	36	A	JILL MORRIS	CARY NC	230	00:20:12	00:03:14	115	00:58:03	00:02:01	182	00:29:01	01:52:30
154	1112	F	25		EMILY CLABAUGH	RALEIGH NC	22	00:13:38	00:04:07	229	01:04:22	00:01:35	129	00:26:52 00:02:00	01:52:31
155	58	F	38		SHELLIE GRUBER	RALEIGH NC	162	00:18:09	00:03:21	142	00:59:22	00:01:38	203	00:30:05	01:52:32
156	232	F	50		LISA GARRITY	APEX NC	308	00:24:19	00:02:42	83	00:56:39	00:01:57	134	00:27:01	01:52:36
157	935	F	37		CHRISTINE CARLSON	HOLLY SPRINGS NC	108	00:17:01	00:03:08	193	01:01:56	00:02:52	147	00:27:43	01:52:38
158	563	F	26		MICHELLE AUMENT	WAKE FOREST NC	99	00:16:54	00:03:03	169	01:01:08	00:01:51	194	00:29:45	01:52:39
159	49	F	42		APRIL COLESCOTT	WINSTON-SALEM NC	193	00:19:13	00:03:08	47	00:54:04	00:01:52	282	00:34:32	01:52:48
160	281	F	40		MICHELLE AHLQUIST	CARY NC	234	00:20:15	00:02:59	172	01:01:09	00:01:57	123	00:26:40	01:52:58
161	179	F	48		CHERI TAYLOR	CARY NC	154	00:18:02	00:02:38	192	01:01:52	00:02:02	168	00:28:33	01:53:06
162	1064	F	29	NF	ELIZABETH ARONIN	CARRBORO NC	282	00:22:01	00:02:19	215	01:03:39	00:00:57	65	00:24:18	01:53:12
163	1050	F	31		JEN BECK	RALEIGH NC	67	00:15:57	00:03:23	223	01:04:03	00:01:44	165	00:28:26	01:53:31
164	945	F	43	A	LISA LAMBETH	RALEIGH NC	75	00:16:06	00:03:05	137	00:59:05	00:02:10	261	00:33:08	01:53:32
165	596	F	26		ELIZABETH PARDUE	GREENSBORO NC	137	00:17:47	00:04:11	261	01:07:24	00:01:21	40	00:22:59	01:53:40
166	448	F	44		CAROL KOZAR	DURHAM NC	207	00:19:30	00:03:00	121	00:58:20	00:02:10	219	00:31:08	01:54:06
167	652	F	31		ANDREINA PEREZ	DURHAM NC	256	00:20:44	00:04:01	161	01:00:38	00:02:04	125	00:26:42	01:54:07
168	643	F	45		SUSAN HARRELL	CARY NC	235	00:20:20	00:03:10	190	01:01:43	00:02:03	135	00:27:03	01:54:17
169	896	F	32		HOPE AUSTIN-PHILLIPS	SAINT PAUL MN	219	00:19:54	00:03:27	228	01:04:14	00:02:03	73	00:24:43	01:54:19
170	463	F	41		KAREN REMBERT	RALEIGH NC	79	00:16:13	00:03:44	180	01:01:21	00:02:17	176	00:28:48 00:02:00	01:54:21
171	239	F	44		CELESTE HARVEY	FUQUAY VARINA NC	304	00:23:49	00:03:37	132	00:58:50	00:02:00	112	00:26:17	01:54:32
172	724	F	44		KATHLEEN WEST	APEX NC	80	00:16:14	00:03:49	207	01:02:51	00:01:44	202	00:30:04	01:54:41
173	1020	F	29	NF	COLLEEN JOHNSON	HOLLY SPRINGS NC	245	00:20:36	00:04:04	174	01:01:11	00:02:35	115	00:26:21	01:54:44
174	134	F	15		MADELEINE GAFFANEY	CARY NC	46	00:15:09	00:02:28	234	01:04:49	00:01:11	222	00:31:15	01:54:50
175	985	F	31	NF	SARA KERSTEN	SILVER SPRING MD	243	00:20:32	00:04:10	130	00:58:47	00:02:55	121	00:26:34 00:02:00	01:54:56
176	345	F	28		ZOE MEINECKE	CHARLOTTE NC	91	00:16:40	00:03:24	160	01:00:38	00:02:28	234	00:31:49	01:54:57
177	324	F	41		LAURA COVE	RALEIGH NC	200	00:19:22	00:03:57	129	00:58:43	00:02:58	207	00:30:10	01:55:08

178	656	F	56		DEBORAH STRICKLAND	APEX NC	211	00:19:33	00:02:52	102	00:57:28	00:02:26	254	00:32:54	01:55:12
179	699	F	43	A	FRANCES MOCK	DURHAM NC	71	00:16:03	00:03:36	224	01:04:04	00:02:01	195	00:29:47	01:55:29
180	559	F	52		NANCY MIZE	RALEIGH NC	202	00:19:23	00:04:08	183	01:01:26	00:02:01	169	00:28:36	01:55:33
181	45	F	38		SARA SOUSA	DURHAM NC	110	00:17:03	00:04:26	184	01:01:32	00:02:15	214	00:30:26	01:55:40
182	1085	F	32		FABIULA UNGER	DURHAM NC	192	00:19:11	00:03:59	212	01:03:37	00:01:32	145	00:27:38	01:55:54
183	497	F	32		CHRISTINE YOUNGREN	CARY NC	185	00:19:04	00:03:19	144	00:59:31	00:02:31	227	00:31:38	01:56:01
184	835	F	29		AMY HATHAWAY	RALEIGH NC	138	00:17:48	00:04:06	227	01:04:08	00:01:42	162	00:28:23	01:56:05
185	909	F	24		ERIN HELMS	CARRBORO NC	93	00:16:42	00:04:33	168	01:01:03	00:02:14	228	00:31:38	01:56:09
186	701	F	43		CINDI JACOBS	ROXBORO NC	309	00:24:27	00:02:54	139	00:59:07	00:01:46	110	00:26:09 00:02:00	01:56:22
187	767	F	47		GLORIA BOHMULLER	CLAYTON NC	191	00:19:09	00:03:11	185	01:01:33	00:02:50	197	00:29:48	01:56:31
188	948	F	40		WENDY MATHES	CARY NC	244	00:20:32	00:03:04	146	00:59:41	00:02:06	223	00:31:16	01:56:37
189	951	F	31	A	SHELLY WHITEHURST	ZEBULON NC	166	00:18:18	00:03:26	226	01:04:08	00:02:38	156	00:28:10	01:56:37
190	524	F	30		SARAH PEARSON	CARTHAGE NC	258	00:20:46	00:03:03	248	01:05:47	00:01:43	92	00:25:23	01:56:39
191	745	F	34		TRACY AHRENS	APEX NC	264	00:20:56	00:03:12	101	00:57:28	00:02:11	259	00:33:06	01:56:51
192	900	F	24		BETHANY COX	RALEIGH NC	199	00:19:22	00:02:51	181	01:01:22	00:01:25	199	00:29:56 00:02:00	01:56:53
193	530	F	25		ALI CURRIER	APEX NC	209	00:19:32	00:04:26	176	01:01:12	00:02:03	198	00:29:54	01:57:04
194	1051	F	30	NF	ANDREA ZAMORSKI	APEX NC	257	00:20:45	00:03:19	220	01:03:48	00:01:58	138	00:27:21	01:57:09
195	157	F	44		KATHRYN SCOVEL	CARY NC	238	00:20:25	00:03:26	204	01:02:40	00:02:06	177	00:28:50	01:57:25
196	431	F	57		JUDY CHANDLER	DURHAM NC	128	00:17:36	00:03:28	230	01:04:22	00:01:40	212	00:30:23	01:57:26
197	533	F	24		TEAGEN GRAY	RALEIGH NC	97	00:16:48	00:04:21	245	01:05:40	00:02:03	170	00:28:38	01:57:27
198	681	F	31		MARIT BOVBJERG	CHAPEL HILL NC	173	00:18:37	00:02:24	205	01:02:45	00:01:25	253	00:32:53	01:58:03
199	147	F	46		MARI WADE	CARY NC	130	00:17:37	00:03:34	167	01:01:01	00:02:30	267	00:33:24	01:58:03
200	188	F	38		WENDY RAY	RALEIGH NC	204	00:19:25	00:04:34	175	01:01:11	00:02:59	200	00:29:57	01:58:04
201	731	F	30		PAMELA TAYLOR	CORNELIUS NC	150	00:17:58	00:03:42	145	00:59:38	00:03:47	257	00:33:03	01:58:06
202	630	F	33		KATHLEEN MCKEITHAN	RALEIGH NC	277	00:21:31	00:02:59	149	01:00:06	00:01:43	236	00:31:52	01:58:09
203	342	F	36		ERIN MCELLIGOTT	CHAPEL HILL NC	95	00:16:45	00:03:11	279	01:10:03	00:01:26	128	00:26:48	01:58:10
204	569	F	25		MICHELLE KRASNER	RALEIGH NC	129	00:17:36	00:03:48	249	01:06:17	00:02:10	161	00:28:22	01:58:11
205	354	F	36		CATHERINE KELLY	APEX NC	221	00:19:58	00:03:20	163	01:00:46	00:02:33	230	00:31:42	01:58:17
206	627	F	31		MELISSA RUSSO	RALEIGH NC	178	00:18:47	00:03:34	159	01:00:34	00:01:42	273	00:33:47	01:58:23
207	67	F	43		GINA PENNISI	APEX NC	263	00:20:56	00:03:00	110	00:57:48	00:01:46	286	00:35:05	01:58:34
208	932	F	39		KIMBERLY PILLING	APEX NC	289	00:22:25	00:04:13	87	00:56:54	00:03:03	240	00:32:08	01:58:41

209	1087	F	17		LINDSEY YINGLING	APEX NC	42	00:15:01	00:02:39	235	01:04:52	00:02:06	279	00:34:06	01:58:41
210	907	F	31		AVRIL YOUNG	RALEIGH NC	126	00:17:26	00:04:41	259	01:07:16	00:02:22	141	00:27:27	01:59:09
211	177	F	41		MARY ANN MEAGHER	CARY NC				162	01:00:46	00:01:55	298	00:37:58	01:59:17 DC
212	744	F	23		KATIE BOPP	LEXINGTON VA	285	00:22:08	00:03:45	255	01:06:50	00:01:59	74	00:24:44	01:59:24
213	565	F	37		STEFANIE REED	MORRISVILLE NC	228	00:20:11	00:02:47	189	01:01:41	00:01:42	258	00:33:05	01:59:24
214	75	F	25		KAITLIN FAGUE	RALEIGH NC	146	00:17:55	00:03:18	252	01:06:27	00:01:42	204	00:30:05	01:59:26
215	912	F	27		NICOLE BAINBRIDGE	JACKSONVILLE NC	215	00:19:41	00:04:20	247	01:05:43	00:02:17	143	00:27:34	01:59:32
216	869	F	40		ERIN HICKS	BURLINGTON NC	145	00:17:54	00:03:02	297	01:12:04	00:02:00	71	00:24:38	01:59:35
217	595	F	27		MIRANDA EISEMAN	ANGIER NC	124	00:17:21	00:05:11	210	01:03:16	00:01:40	243	00:32:19	01:59:45
218	660	F	31		MARY PRICE	WILLOW SPRING NC	254	00:20:42	00:04:35	206	01:02:47	00:03:23	167	00:28:30	01:59:56
219	611	F	29		EMILY FITTS	CHARLOTTE NC	133	00:17:42	00:02:58	225	01:04:06	00:01:36	271	00:33:38	01:59:58
220	481	F	34		KERRI CRANDELL	GOLDSBORO NC	147	00:17:56	00:03:01	179	01:01:20	00:02:14	289	00:35:33	02:00:01
221	360	F	20		KATY LEGRAND	CHARLOTTE NC	113	00:17:05	00:03:05	251	01:06:21	00:01:38	237	00:31:54	02:00:02
222	894	F	26		COURTNEY WHITEHOUSE	BETHLEHEM PA	182	00:18:51	00:03:23	270	01:08:40				02:00:16
223	299	F	42		JENNIFER DEETS	WILMINGTON NC	241	00:20:31	00:03:23	200	01:02:17	00:02:30	229	00:31:41	02:00:20
224	445	F	38		DOTTIE BLACK	PINEHURST NC	239	00:20:29	00:04:06	197	01:02:12	00:03:33	205	00:30:06	02:00:25
225	933	F	40		KIM GILCHRIST	CARY NC	227	00:20:11	00:02:55	171	01:01:09	00:02:19	275	00:33:55	02:00:26
226	545	F	26		TERESA REED	RALEIGH NC	149	00:17:57	00:04:02	243	01:05:35	00:01:20	191	00:29:36	00:02:00 02:00:27
227	864	F	25		JESSICA BURKE	RALEIGH NC	77	00:16:09	00:02:36	299	01:12:06	00:01:59	146	00:27:43	02:00:30
228	496	F	37		JERILIN KENNEY	RALEIGH NC	324	00:27:05	00:03:19	91	00:57:09	00:01:57	221	00:31:12	02:00:40
229	664	F	30		JENNY PARKER	RALEIGH NC	187	00:19:05	00:03:23	203	01:02:29	00:01:59	277	00:34:01	02:00:54
230	928	F	42		DINA ARCEO	GREENSBORO NC									02:00:58
231	106	F	37		KATHRYN LOGAN	RALEIGH NC	102	00:16:57	00:05:15	271	01:08:48	00:01:24	174	00:28:43	02:01:04
232	197	F	40	A	MEREDITH PHILIPPS	PITTSBORO NC	229	00:20:11	00:02:54	221	01:03:50	00:01:35	251	00:32:38	02:01:06
233	323	F	29		KRISTEN DWIGGINS	CARY NC	305	00:23:56	00:04:37	151	01:00:18	00:02:05	211	00:30:20	02:01:13
234	968	F	37		LAREE JOHNSON	RALEIGH NC	261	00:20:50	00:03:43	240	01:05:18	00:02:08	192	00:29:36	02:01:33
235	702	F	17		MEAGHAN NALLEY	DURAHM NC	117	00:17:10	00:03:50	288	01:10:49	00:01:41	155	00:28:10	02:01:36
236	605	F	25		TAYLOR TYSON	CHAPEL HILL NC	203	00:19:23	00:04:19	278	01:09:56				02:01:39
237	582	F	38		WENDY PENFIELD	RALEIGH NC	226	00:20:06	00:03:51	231	01:04:29	00:01:57	224	00:31:20	02:01:41
238	901	F	24		JENNIFER LANGSTON	DURHAM NC	220	00:19:58	00:04:17	254	01:06:48	00:01:42	181	00:28:59	02:01:42
239	781	F	34	A	GLORIA DAVIS	RALEIGH NC	252	00:20:40	00:03:19	213	01:03:38	00:01:55	242	00:32:18	02:01:48

240	675	F	29		MARIA MAZZILLO	APEX NC	29	00:14:25	00:04:06	265	01:07:52	00:02:12	270	00:33:35	02:02:08
241	970	F	19		ALLISON HARTZELL	FUQUAY VARINA NC	171	00:18:35	00:03:18	307	01:14:02	00:01:35	80	00:24:52	02:02:20
242	939	F	40		BROOKE BOGUE	RALEIGH NC	301	00:23:38	00:04:59	147	00:59:48	00:03:13	217	00:30:54	02:02:30
243	222	F	36		JENNIFER EDWARDS	CARY NC	296	00:23:06	00:03:07	136	00:59:04	00:01:30	291	00:35:46	02:02:30
244	1021	F	20	NF	HANNAH ROSS	RALEIGH NC	104	00:17:00	00:03:58	289	01:10:54	00:01:29	149	00:27:47 00:02:00	02:03:06
245	390	F	30		KELLY SWINSON	FUQUAY VARINA NC	170	00:18:34	00:05:45	217	01:03:44	00:02:34	250	00:32:38	02:03:12
246	421	F	36		HOLLY EVERITT	CARY NC	268	00:21:14	00:04:44	244	01:05:36	00:02:45	183	00:29:01	02:03:18
247	215	F	31		JULIE DE SILVIA	CARY NC	87	00:16:36	00:03:47	219	01:03:46	00:02:49	293	00:36:24	02:03:19
248	537	F	33		SALLY EVANS	DURHAM NC	271	00:21:15	00:03:39	218	01:03:44	00:02:36	241	00:32:09	02:03:21
249	1038	F	56	ZF	LESLIE HOMES	RALEIGH NC	280	00:21:54	00:03:32	242	01:05:24	00:02:21	209	00:30:14	02:03:23
250	568	F	36	A	CINDY SHEDRICK	HOLLY SPRINGS NC	297	00:23:08	00:02:40	140	00:59:17	00:01:53	294	00:36:30	02:03:26
251	293	F	47		TRISH MURRAY	CARY NC	208	00:19:31	00:03:23	232	01:04:39	00:01:57	280	00:34:14	02:03:42
252	1048	F	53	ZF	JOANNE PISCITELLI	DURHAM NC	284	00:22:05	00:04:14	236	01:04:54	00:03:24	184	00:29:11	02:03:46
253	547	F	38		ANDREA DANIEL	HOLLY SPRINGS NC	303	00:23:40	00:04:31	178	01:01:18	00:02:34	235	00:31:50	02:03:51
254	136	F	13		ALEXA GAFFANEY	CARY NC	144	00:17:53	00:02:40	291	01:10:57	00:01:21	220	00:31:10	02:04:00
255	161	F	26		BETH CORRINGTON	WASHINGTON DC	141	00:17:51	00:03:02	216	01:03:42	00:01:50	297	00:37:40	02:04:03
256	223	F	28		NIKKI RUSSOS	RALEIGH NC	106	00:17:01	00:03:19	295	01:11:48	00:02:18	201	00:29:58	02:04:23
257	877	F	13		RACHEL WILT	KNOXVILLE TN									02:04:29
258	61	F	41		DEBBIE LINDSAY	RALEIGH NC	136	00:17:45	00:04:01	260	01:07:20	00:03:03	246	00:32:31	02:04:39
259	982	F	40	ZF	TARA LEIBERT	CARY NC	265	00:21:03	00:06:04	208	01:03:12	00:02:48	231	00:31:43	02:04:48
260	66	F	28		JESSICA PROUD	DURHAM NC	16	00:13:13	00:03:35	294	01:11:37	00:01:18	287	00:35:09	02:04:50
261	1059	F	36	NF	JILL BECHTEL	DURHAM NC	151	00:17:59	00:04:47	250	01:06:19	00:02:42	268	00:33:30	02:05:15
262	273	F	39		JENNIFER GIBBS	CARY NC	290	00:22:31	00:04:06	199	01:02:16	00:02:44	276	00:33:57	02:05:32
263	979	F	28	NF	CAROLINE SMITH	DURHAM NC	260	00:20:46	00:03:25	256	01:06:51	00:02:14	249	00:32:35	02:05:49
264	975	F	44		LINDA OPACIC	CARY NC	266	00:21:05	00:03:26	264	01:07:41	00:01:53	233	00:31:48	02:05:50
265	511	F	28		MENAKA MOHAN	CARRBORO NC	323	00:27:04	00:04:09	237	01:05:01	00:01:54	151	00:27:55	02:06:01
266	455	F	36		LAURA SWACKHAMMER	CARY NC	278	00:21:33	00:04:18	241	01:05:21	00:01:53	256	00:33:02	02:06:05
267	1092	F	33		VALERIE CLINARD	FUQUAY VARINA NC	312	00:24:40	00:03:59	246	01:05:42	00:01:41	213	00:30:25	02:06:26
268	584	F	38		TERESA BRUSADIN	FUQUAY VARINA NC	328	00:29:10	00:03:34	188	01:01:40	00:02:00	208	00:30:11	02:06:33
269	519	F	34		BECKY SMITH	RALEIGH NC	327	00:28:42	00:04:03	153	01:00:20	00:02:11	225	00:31:20	02:06:33
270	752	F	25		TORRE BYDLON	DURHAM NC	111	00:17:03	00:02:50	290	01:10:54	00:02:14	272	00:33:44	02:06:43

271	1075	F	37	NF	CINDY LAZARUS	MORRISVILLE NC	293	00:22:47	00:02:59	262	01:07:28	00:01:52	232	00:31:47	02:06:50
272	1056	F	23	NF	HEATHER HILDEBRAND	MEMPHIS TN	184	00:19:00	00:04:24	277	01:09:43	00:03:02	218	00:30:54	02:07:00
273	103	F	39	A	JILL FITZGIBBONS	RALEIGH NC	81	00:16:16	00:06:35	134	00:59:00	00:03:20	313	00:42:06	02:07:14
274	476	F	38		SARAH MATEJOWSKY	CARY NC	68	00:15:57	00:02:57	233	01:04:45	00:02:47	309	00:40:52	02:07:17
275	531	F	34		MEREDITH KISNER	HOLLY SPRINGS NC	196	00:19:17	00:05:30	304	01:12:52	00:01:34	164	00:28:25	02:07:36
276	465	F	29		JESSICA DUST	CHARLOTTE NC	153	00:18:00	00:03:35	263	01:07:32	00:02:15	295	00:36:33	02:07:53
277	500	F	38		PENNY ASHLEY-LAWRENCE	RALEIGH NC	255	00:20:42	00:04:24	253	01:06:37	00:02:55	266	00:33:21	02:07:57
278	704	F	41		VICKI NIZEN	RALEIGH NC	250	00:20:38	00:04:10	287	01:10:47	00:01:41	216	00:30:52	02:08:07
279	159	F	24		NICOLE SUDDETH	CHAPEL HILL NC	237	00:20:23	00:03:22	285	01:10:39	00:02:07	244	00:32:20	02:08:48
280	1045	F	28	NF	JENNIFER JAMES	RALEIGH NC	315	00:24:57	00:03:52	281	01:10:13	00:01:25	171	00:28:41	02:09:07
281	663	F	17		EMILY EDQUIST	RALEIGH NC	225	00:20:04	00:04:04	308	01:14:09	00:01:10	206	00:30:08	02:09:33
282	418	F	35		AMY HOOPS	HOLLY SPRINGS NC	318	00:25:25	00:04:30	266	01:07:56	00:01:12	215	00:30:43	02:09:45
283	79	F	36		BELINDA BRIGGS	MORRISVILLE NC	275	00:21:23	00:03:28	113	00:57:58	00:02:10	319	00:45:04	02:10:01
284	441	F	29		KATY CAGLE	RALEIGH NC	249	00:20:38	00:03:39	284	01:10:35	00:02:54	247	00:32:31	02:10:15
285	317	F	40		KAREN HOOVER	CARY NC	288	00:22:19	00:03:06	272	01:08:52	00:01:41	281	00:34:28	02:10:24
286	186	F	23		ERICA WRENCHER	MORRISVILLE NC	206	00:19:29	00:05:30	296	01:11:55	00:01:38	238	00:31:55	02:10:25
287	952	F	39		KRISTINE DEMKO	CARY NC	310	00:24:28	00:03:50	239	01:05:15	00:01:38	288	00:35:31	02:10:40
288	514	F	26		COURTNEY DUFFY	CARRBORO NC	246	00:20:37	00:04:47	280	01:10:13	00:02:41	252	00:32:42	02:10:57
289	636	F	32		MICHELLE POTTER	RALEIGH NC	267	00:21:07	00:03:45	303	01:12:50	00:01:30	239	00:32:01	02:11:11
290	811	F	38		RIKKI CREECH	WINSTON-SALEM NC	294	00:22:48	00:02:55	268	01:08:17	00:01:50	290	00:35:34	02:11:22
291	428	F	34		HEATHER KINDL	RALEIGH NC	197	00:19:18	00:03:41	318	01:18:00	00:01:48	190	00:29:35	02:12:21
292	685	F	16		COURTNEY DUPREE	RALEIGH NC	100	00:16:54	00:03:12	319	01:18:15	00:01:07	260	00:33:07	02:12:34
293	279	F	27		KATHERINE KEMP	CHAPEL HILL NC	286	00:22:11	00:03:48	293	01:11:09	00:01:32	278	00:34:02	02:12:40
294	718	F	40		LAWRENCE ETTER	DURHAM NC	253	00:20:41	00:03:45	311	01:14:57	00:01:41	248	00:32:34	02:13:37
295	586	F	36		REBECCA SPROWL	CLAYTON NC	174	00:18:39	00:03:25	322	01:21:33	00:01:42	166	00:28:27	02:13:43
296	906	F	33		ERIN MCDERMOTT	DURHAM NC	175	00:18:41	00:05:01	274	01:09:05	00:02:48	301	00:38:26	02:14:00
297	310	F	38		MARSHAE MANSFIELD	CARY NC	317	00:25:22	00:03:23	273	01:09:00	00:01:47	283	00:34:35	02:14:04
298	393	F	33		MOLLY DONOFRIO	CHAPEL HILL NC	223	00:20:04	00:05:29	301	01:12:29	00:03:06	262	00:33:11	02:14:17
299	1057	F	26	NF	JENNIFER CONDOR	SANFORD NC	247	00:20:37	00:04:23	314	01:15:37	00:01:40	245	00:32:30	02:14:45
300	1047	F	36	NF	LORI DEMAURO	MEBANE NC	306	00:23:59	00:04:30	283	01:10:29	00:02:19	269	00:33:33	02:14:48
301	562	F	36		LAURA SPELL	CARY NC	123	00:17:21	00:04:45	267	01:08:13	00:04:22	305	00:40:14	02:14:53

302	644	F	37		ALYSSA MANSFIELD	DURHAM NC	270	00:21:15	00:04:56	211	01:03:36	00:03:19	312	00:41:55	02:14:59
303	621	F	37		TERRI MYERS	HOLLY SPRINGS NC	262	00:20:51	00:04:43	275	01:09:15	00:02:20	299	00:38:11	02:15:19
304	564	F	29		MEGAN JOHNSON	CHAPEL HILL NC	119	00:17:13	00:04:15	306	01:13:20	00:01:35	302	00:39:20	02:15:42
305	104	F	36		REBECCA SISK	DURHAM NC	307	00:24:10	00:05:08	282	01:10:21	00:03:11	265	00:33:20	02:16:08
306	456	F	26		ANGELA CASERTANO	GARNER NC	140	00:17:50	00:04:31	292	01:11:07	00:02:19	307	00:40:32	02:16:18
307	669	F	36		JEN PICHA	GREENVILLE NC	314	00:24:53	00:04:56	300	01:12:21	00:06:25	157	00:28:14	02:16:46
308	754	F	25		GENIE GRIFFIN	WILMINGTON NC	283	00:22:04	00:04:16	305	01:13:19	00:02:13	285	00:35:00	02:16:50
309	364	F	43		GAYE HILL	RALEIGH NC	240	00:20:30	00:04:03	316	01:17:04	00:02:02	263	00:33:15	02:16:52
310	1078	F	23	NF	BRIDGET WENDELL	WILMINGTON NC	298	00:23:13	00:03:08	313	01:15:05	00:01:11	284	00:34:42	02:17:16
311	358	F	63		HOPE EDWARDS	MOUNT JOY PA	299	00:23:17	00:03:43	269	01:08:39	00:02:17	303	00:39:32	02:17:26
312	1030	F	50	ZF	CHERYL FARLOW	WAKE FOREST NC									02:17:55
313	739	F	27		LESLEY BACKUS	DURHAM NC	311	00:24:37	00:04:01	302	01:12:44	00:03:17	274	00:33:49	02:18:26
314	422	F	36	A	KATIE JUDGE	GREENSBORO NC	300	00:23:30	00:04:33	276	01:09:34	00:02:41	300	00:38:20	02:18:37
315	375	F	29		MEILISA CADY	FUQUAY VARINA NC	302	00:23:40	00:03:58	298	01:12:06	00:02:51	292	00:36:19	02:18:53
316	668	F	31		JAMIE LARSEN	APEX NC	325	00:27:59	00:04:26	286	01:10:43	00:03:09	296	00:36:54	02:23:09
317	244	F	55		EMILY READ	LINCOLNTON NC	274	00:21:18	00:04:19	310	01:14:44	00:02:02	311	00:41:29	02:23:50
318	1017	F	51	ZF	MARGARET JONES	DURHAM NC	292	00:22:40	00:03:35	309	01:14:40	00:03:12	304	00:39:53	02:23:58
319	1061	F	37	NF	MELONIE LADD	CARY NC	330	00:38:41	00:03:39	258	01:07:13	00:02:19	264	00:33:19	02:25:09
320	610	F	50		CHRISTINA ADAMS	CARY NC	326	00:28:26	00:04:07	257	01:07:03	00:02:22	316	00:43:38	02:25:35
321	521	F	38		SUSAN MORRISON	DURHAM NC	295	00:22:56	00:04:33	315	01:16:40	00:02:01	308	00:40:46	02:26:54
322	587	F	40		AMY ATHAVALA	CARY NC	276	00:21:29	00:06:01	317	01:17:47	00:03:00	306	00:40:23	02:28:38
323	126	F	32		JENNIFER PARKER	CARY NC	233	00:20:15	00:06:42	312	01:15:00	00:02:41	320	00:45:38	02:30:15
324	655	F	20		SARAH STRICKLAND	CARY NC	213	00:19:36	00:03:47	320	01:18:46	00:03:45	321	00:49:57	02:35:49
325	793	F	34	A	JENNY LANKA	RALEIGH NC	190	00:19:08	00:05:15	327	01:28:26	00:02:25	310	00:41:13	02:36:26
326	1040	F	59	ZF	GLENDIA TOPPE	RALEIGH NC	316	00:25:01	00:05:10	325	01:24:44	00:01:59	314	00:42:59	02:39:52
327	444	F	39		HEATHER AKINS	HOLLY SPRINGS NC	321	00:26:11	00:05:18	321	01:20:31	00:02:37	317	00:43:58	00:02:00 02:40:32
328	236	F	26		AMY RIETH	CHARLOTTE NC	322	00:26:36	00:03:55	323	01:22:05	00:04:22	318	00:44:19	02:41:15
329	984	F	28	NF	KRISTEN GREGORY	DURHAM NC	329	00:30:45	00:06:31	324	01:22:49	00:03:52	315	00:43:07	02:47:02
330	1025	F	40	ZF	KERI COLE	HOLLY SPRINGS NC	320	00:25:53	00:05:43	328	01:36:08	00:03:39	322	00:52:05	03:03:26
331	148	F	48		DONNA WEBSTER	RALEIGH NC	103	00:16:59	00:02:56	187	01:01:39				
332	164	F	48		LISA COLEMAN	CARY NC	217	00:19:47	00:04:13	326	01:26:16				DC

333	883	F	28	MARSHA ARNETT	NEW BERN NC	179	00:18:48	00:02:29	DC
334	166	F	25	ELLEN PEARCE	CHAPEL HILL NC	116	00:17:08	00:03:53	
335	419	F	40	AMY MCDANIEL	HOLLY SPRINGS NC	291	00:22:32		DC

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