

Buffalo Run - Now the High Five 5K

Most Improved List

5k

Race Date
November 02, 2019

<u>Name</u>	<u>City</u>	<u>2018</u>	<u>2019</u>	<u>Improvement %</u>
Tom Fitzpatrick	Newark	44:23.1	35:43.4	19.50
Tom Cahue	Newark	38:08.0	33:02.1	13.40
Beth Oybkhon	Wilmington	38:36.5	35:22.1	8.39
Douglas Repetti	Newark	26:37.7	24:32.7	7.82
George Christie	New Castle	27:10.4	25:48.3	5.04
Janet Somerville	Hockessin	25:40.2	24:29.0	4.62
Amy Osik	Wilmington	30:39.5	29:44.5	2.99
David Lovelace	Newark	30:34.1	29:45.5	2.65
Mike O'Brian	Newark	17:21.6	16:55.1	2.54
Teresa Miller	Bear	26:01.0	25:27.5	2.15
Ken Moses	Wilmington	26:12.7	25:41.1	2.01
Steve Heffner	Joppa	30:05.4	29:36.0	1.63
Dave Schultz	Newark	24:09.4	24:04.0	0.37
Brian Miller	Bear	22:49.9	22:52.2	-0.17
Mimi Lovelace	Newark	49:21.4	50:02.1	-1.38
Justin Whipkey	Newark	22:58.4	23:35.9	-2.72
Stephanie Rogers	Newark	28:10.3	29:08.8	-3.46
Duane Christy	Havre De Grace	22:16.5	23:10.6	-4.05
Tony Petinga	Newark	27:24.9	28:32.4	-4.10
Terry Derk	Dauphin	31:12.4	32:44.4	-4.91
Christian Foley	Wilmington	31:05.3	33:08.3	-6.59
Amber Hickman-Taylor	Newark	29:44.5	37:54.3	-27.44
Donny Caldwell	Newark	26:30.6	36:16.2	-36.81
Bryan Baldwin	Newark	35:36.4	54:57.0	-54.32
Aaron Bass	Bear	33:06.6	1:03:48.9	-92.74