

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall Place	Division Place	Age	Time	Pace
Overall Male					
Matthew Paragas	1	1	17	17:23	5:36
Michael Stohler	2	2	36	17:44	5:43
George Becouvarakis	3	3	24	18:03	5:49
Overall Female					
Rachel Rabbitt	10	1	20	19:36	6:19
Ashley Bruce	22	2	21	20:36	6:38
Megan LaVoie	25	3	29	21:05	6:47
Male 11 and Under					
Parker Paparagas	30	1	11	21:33	6:57
Andrew Fiocca	53	2	11	23:26	7:33
Josh Markley	76	3	11	24:19	7:50
Cole Capuzzi	109	4	8	25:37	8:15
Jack Gorton	165	5	9	27:00	8:42
Ethan Clinkenbeard	219	6	9	28:29	9:11
Michael Mason	287	7	11	30:45	9:54
Evan Seely	294	8	10	30:50	9:56
Ryan Williams	417	9	9	34:03	10:58
Charlie Gaskell	437	10	9	34:28	11:06
Henry Brooke	465	11	7	35:16	11:21
Lucas Markley	471	12	8	35:21	11:23
Charlie Griffiths	476	13	10	35:40	11:29
Marlin Price	488	14	11	36:34	11:47
David Ellington	534	15	9	39:31	12:43
David Lang	550	16	6	40:31	13:03
Connor Flaherty	557	17	8	40:52	13:10
Jake Cochran	558	18	9	40:53	13:10
Leopoldo Fierros	624	19	11	45:36	14:41
Daniel Stooks	626	20	10	46:20	14:55
John Paul Sommer	736	21	10	1:01:39	19:51
Male 12-15					
William Prillaman	7	1	15	18:42	6:01
Jimmy Fiocca	9	2	15	19:14	6:12
Kyle Canalichio	15	3	15	19:51	6:24
Jacob Cirrincione	17	4	14	20:04	6:28
Eddie Fiocca	46	5	13	22:48	7:21
DJ Guthinger	48	6	13	23:05	7:26
Mattheaus Ott	56	7	12	23:34	7:35
Cameron Sprott	62	8	13	23:49	7:40
Grant Polinski	77	9	15	24:20	7:50
Drew Walls	98	10	12	25:16	8:08
Nick Boehly	113	11	14	25:46	8:18
Mac Smith	135	12	12	26:19	8:28
Ryan Polinski	191	13	12	27:43	8:55
Juan Cruz Olea	196	14	14	27:47	8:57
Hunter Hines	215	15	13	28:24	9:09
Zach Boehly	225	16	12	28:43	9:15
Trey Outlaw	227	17	12	28:46	9:16
Will Wisneski	642	18	13	47:18	15:14
Garrett Thompson	684	19	13	52:13	16:49
Male 16-19					
Matthew Palagyi	14	1	18	19:48	6:23
J Luke Messick	18	2	16	20:15	6:31
Kevin Mahan	19	3	19	20:17	6:32
William Sherard	42	4	16	22:14	7:10
Grant Fabits	54	5	17	23:27	7:33

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Kyle Sislak	89	6	16	24:54	8:01
Brian Stoneham	96	7	18	25:09	8:06
Elijuah Cramer	97	8	17	25:11	8:07
Jesse Meyer	117	9	19	25:55	8:21
Andrew Via	142	10	16	26:31	8:33
Macrae Montgomery	150	11	19	26:36	8:34
Sam Radecki	177	12	18	27:20	8:48
Kenneth Forrest	178	13	19	27:23	8:49
Ben Smith	188	14	19	27:37	8:54
Jack Gleisberg	235	15	19	28:59	9:20
Joshua Harlow	253	16	16	29:52	9:37
Mark Youker	348	17	19	32:09	10:21
Jeremy Harlow	380	18	16	32:59	10:37
Charlie Walker	390	19	16	33:17	10:43
Robert White	431	20	19	34:22	11:04
Garrett Curtiss	561	21	16	41:00	13:12
Daniel Marsh	571	22	19	41:45	13:27
Kathryn Oliver	721	23	17	58:15	18:45

Male 20-24

Connor Mahan	8	1	21	19:03	6:08
Reed Semcken	11	2	24	19:40	6:20
Joshua Messick	20	3	20	20:17	6:32
Jacob Clore	24	4	21	20:52	6:43
Levi Brown	27	5	22	21:20	6:52
Jack Nichting	35	6	20	21:55	7:03
Jared Johnson	47	7	22	22:50	7:21
Will Robinson	49	8	20	23:07	7:27
Colin Meyer	52	9	22	23:25	7:33
Ryan Smith	69	10	22	24:08	7:46
Thomas Malone	71	11	21	24:13	7:48
Thomas Morgan	92	12	21	25:04	8:04
Tyler Brown	94	13	21	25:08	8:06
Caleb Radecki	107	14	20	25:35	8:14
Stone Montgomery	143	15	20	26:32	8:33
Kyle Kulzer	147	16	23	26:35	8:34
Michael Trujillo	167	17	23	27:05	8:44
Alexander Palagyi	194	18	22	27:46	8:56
Christopher Walton	229	19	21	28:53	9:18
Colin McKee	234	20	23	28:59	9:20
Alex Moore	236	21	24	28:59	9:20
John Pope	387	22	23	33:14	10:42
Conner Tapfer	551	23	22	40:31	13:03
Anthony Socheata	576	24	23	42:08	13:34
Benjamin Rettinhouse	598	25	23	43:36	14:02
Jake Obryan	685	26	21	52:14	16:49
Matthew Plucinski	688	27	22	52:28	16:54
Andrew Ingell	689	28	23	52:29	16:54
Brian Whitlow	720	29	22	58:14	18:45

Male 25-29

Ryan Doupe	5	1	29	18:31	5:58
Patrick Barrett	28	2	25	21:32	6:56
Brandon Cook	33	3	26	21:43	7:00
Joshua Rackley	45	4	26	22:37	7:17
Nathan Spady	58	5	27	23:36	7:36
Daniel Hallinger	60	6	29	23:44	7:39
Robert Werzel	65	7	29	24:01	7:44
Ben Lindemann	66	8	25	24:02	7:45
Louis Belvin	67	9	28	24:04	7:45

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Graham Costa	68	10	26	24:05	7:45
Ray Cuevas	91	11	26	25:00	8:03
Fred Bowers	95	12	29	25:08	8:06
Daniel Bachmeyer	116	13	27	25:52	8:20
Matthew Boyce	125	14	25	26:07	8:25
Justin Wolfe	163	15	25	26:57	8:41
Rob Theriault	176	16	28	27:19	8:48
Kory Kulzer	184	17	27	27:29	8:51
Derek Alfsen	187	18	27	27:37	8:54
Daniel Greenwood	209	19	27	28:08	9:04
Anthony Trujillo	288	20	25	30:45	9:54
Jeff Gray	298	21	29	30:53	9:57
Gregory Desing	303	22	28	30:59	9:59
Leo Bailey	325	23	27	31:28	10:08
Jake Andrus	334	24	29	31:43	10:13
Aaron Wikle	377	25	25	32:55	10:36
Daniel Patterson	422	26	26	34:09	11:00
Taylor Ness	455	27	27	34:53	11:14
Drew Smith	463	28	29	35:13	11:20
Thomas Faircloth	515	29	28	38:33	12:25
Travis Bennett	517	30	28	38:38	12:26
Tim Schmidt	729	31	27	59:01	19:00
Martin Phillips	737	32	25	1:01:43	19:52

Male 30-34

Steven Keller	4	1	30	18:28	5:57
Jason Wood	13	2	34	19:44	6:21
Jeffrey Wood	16	3	31	20:01	6:27
David Hilling	40	4	33	22:12	7:09
Michael Pierce	43	5	30	22:18	7:11
Eric Altman	78	6	30	24:23	7:51
Kevin Nash	124	7	31	26:07	8:25
Marc Johansen	133	8	32	26:15	8:27
David Nowinski	141	9	30	26:30	8:32
Dean Barnard	170	10	30	27:10	8:45
Steve Theriault	182	11	30	27:28	8:51
Justin Gwilt	190	12	32	27:40	8:55
Mark Proffitt	197	13	33	27:52	8:58
John Ball	232	14	31	28:55	9:19
Jonathan Nonnemacher	233	15	32	28:58	9:20
Robert Derise	273	16	32	30:30	9:49
Bradley Joyner	289	17	32	30:46	9:55
Stephen Sexton	293	18	32	30:48	9:55
Jeffrey Neise	297	19	34	30:50	9:56
Jason Brown	315	20	31	31:13	10:03
Matthew Tavelli	327	21	34	31:34	10:10
Samuel Jennings	338	22	30	31:56	10:17
Thomas Venker	371	23	31	32:45	10:33
Jay Garrett	410	24	34	33:51	10:54
Denny Dresch	421	25	34	34:08	11:00
Brett Hoover	500	26	30	37:21	12:02
Kirk Likens	511	27	33	38:17	12:20
Justin Floyd	539	28	30	39:46	12:48
Justin Nelson	565	29	33	41:11	13:16
Nader Balbeisi	615	30	33	44:57	14:28
Tommy Gray	659	31	33	49:57	16:05
Dustin Hearn	667	32	33	50:26	16:14
Nate Kidd	693	33	30	53:20	17:10
Jason Hatch	698	34	32	54:18	17:29
Josh Brooks	707	35	31	55:14	17:47

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall Place	Division Place	Age	Time	Pace
Male 35-39					
Keith Maruyama	6	1	38	18:34	5:59
Woody Newman	23	2	36	20:38	6:39
Frank McLawhorn	41	3	36	22:13	7:09
James Chufo	50	4	38	23:11	7:28
Armando Ancayan	81	5	38	24:34	7:55
Steve Brinker	140	6	38	26:28	8:31
William Gervin	202	7	36	28:03	9:02
Jason Wilson	205	8	37	28:05	9:03
Austin White	268	9	35	30:20	9:46
Brian Gaskins	331	10	35	31:40	10:12
Ryan Snow	361	11	39	32:35	10:29
Todd Kramer	388	12	39	33:16	10:43
Brian Williams	425	13	39	34:11	11:00
Edward Brooke	466	14	38	35:19	11:22
Sam Martin	486	15	37	36:30	11:45
Joshua Daly	497	16	36	37:11	11:58
Josuc Roman	498	17	39	37:18	12:01
Landon Favors	586	18	38	42:38	13:44
Stacy Thompson	678	19	35	51:42	16:39
Male 40-44					
Joe Wahler	34	1	40	21:46	7:01
Scott Sherard	38	2	44	22:02	7:06
Christopher LeBlanc	59	3	41	23:38	7:37
Chris Sprott	61	4	42	23:46	7:39
John Branch	83	5	42	24:38	7:56
David Walls	99	6	42	25:16	8:08
Matt Capuzzi	102	7	42	25:32	8:13
Edward Donovan	111	8	41	25:39	8:16
John Curtiss	131	9	44	26:13	8:27
Wynter Benda	136	10	42	26:22	8:29
Keith Hines	158	11	41	26:48	8:38
Roberto Costa	159	12	44	26:51	8:39
Fred Pitre	195	13	41	27:47	8:57
Todd Boehly	226	14	42	28:44	9:15
Jeff Ellington	247	15	44	29:28	9:29
Phil Miller	261	16	42	30:04	9:41
Jeffrey Griffiths	332	17	41	31:41	10:12
Christopher Sheldon	365	18	42	32:41	10:31
Jason Heil	403	19	42	33:43	10:52
David Gaskell	438	20	44	34:30	11:07
Jeremy Sommer	493	21	41	36:51	11:52
Adrian Swartzbaugh	595	22	42	43:11	13:54
Antonio Pannell	637	23	42	46:59	15:08
Joey Lawrence	651	24	42	48:09	15:30
Robert Mares	658	25	43	49:43	16:01
Male 45-49					
Frank Pichel	21	1	49	20:23	6:34
Scott Mitchell	73	2	45	24:15	7:49
Erik Ott	84	3	46	24:42	7:57
Jeffrey Houck	86	4	47	24:46	7:59
Dennis Barnes	87	5	49	24:53	8:01
Ford Cooke	128	6	49	26:10	8:26
Michael Miller	134	7	45	26:16	8:28
Brad Clark	183	8	46	27:28	8:51
Scott Polinski	192	9	47	27:43	8:56
Glenn Wadsworth	206	10	47	28:07	9:03
Lawrence Fabits	241	11	47	29:17	9:26

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Christopher Persons	263	12	48	30:10	9:43
Daryl Harlow	276	13	48	30:33	9:50
Carl Poe	279	14	49	30:36	9:51
John Powell	329	15	46	31:38	10:11
Paul Mumford	350	16	47	32:16	10:23
Andrew Lambley	353	17	48	32:19	10:24
Ken Ashley	364	18	48	32:40	10:31
Charles Outlaw	386	19	45	33:11	10:41
Ross Sallade	395	20	46	33:29	10:47
Ron Mason	413	21	48	33:53	10:55
Chance Price	441	22	47	34:32	11:07
Sam Rose	523	23	48	38:56	12:32
Thomas O’Bryan	529	24	45	39:20	12:40
Jeff Gary	582	25	46	42:29	13:41
John Markley	613	26	47	44:52	14:27
Joe Kennedy	618	27	45	45:01	14:30
Barry Bell	627	28	45	46:39	15:01
Larry O’Bryan	677	29	48	51:32	16:36

Male 50-54

Greg Becouvarakis	74	1	53	24:18	7:50
John Rabbitt	114	2	54	25:47	8:18
Bill Hatch	118	3	54	25:55	8:21
Keith Stokes	121	4	54	25:59	8:22
David Messick	145	5	54	26:33	8:33
Edward Plucinski	186	6	51	27:35	8:53
Steven Clore	210	7	52	28:13	9:05
Chris Stoneham	217	8	51	28:26	9:09
Scott Alfsen	218	9	52	28:28	9:10
Todd Williams	230	10	51	28:54	9:18
Kevin Warrick	246	11	52	29:25	9:28
Layne Levine	259	12	52	30:00	9:40
Michael Smith	274	13	54	30:31	9:50
Ken Radecki	357	14	51	32:29	10:28
Sean Mahan	385	15	53	33:09	10:40
James Whitlow	429	16	51	34:19	11:03
Charles Southall	434	17	50	34:26	11:05
Robert Trujillo	460	18	51	35:06	11:18
Jay Scribner	462	19	52	35:06	11:18
Moo Yong Hwang	470	20	53	35:20	11:23
Guy Levy	510	21	53	38:06	12:16
Richard Egyud	519	22	53	38:40	12:27
Allen Kilgore	522	23	53	38:45	12:29
Kent McPoland	610	24	53	44:45	14:24
Andrew Cramer	619	25	54	45:22	14:36
Mark Fuller	632	26	53	46:48	15:04
Rusty Spady	644	27	53	47:52	15:25
Bill Lamarsh	662	28	52	50:14	16:10
Bill Stooks	723	29	52	58:40	18:53
Tom Sallade	735	30	54	1:01:38	19:51

Male 55-59

Henry Gleisburg	12	1	59	19:42	6:21
Donald Hamadyk	79	2	56	24:28	7:53
John Olson	85	3	56	24:46	7:59
Jeff Henke	106	4	56	25:34	8:14
Eric Wiebke	115	5	58	25:49	8:19
Steve Wolf	120	6	58	25:57	8:22
Ted Gross	155	7	56	26:43	8:36
Richard Laroche	171	8	58	27:12	8:46

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
David Pickel	174	9	59	27:17	8:47
Donald Rowe	211	10	59	28:15	9:06
Monte Robinson	213	11	55	28:18	9:07
Geoffrey Brown	249	12	59	29:31	9:30
Ronald Holcomb	311	13	59	31:07	10:01
David Youker	347	14	58	32:07	10:21
Christopher Lindemann	402	15	59	33:42	10:51
Vince Berardini	536	16	57	39:41	12:47
John Gallo	545	17	59	40:17	12:58
Tim Boylan	548	18	55	40:26	13:01
Daniel Warthan	593	19	56	42:54	13:49
Ola Ayodeji	738	20	59	1:02:01	19:58

Male 60-64

Wayne Williams	105	1	62	25:34	8:14
George Jacobs	112	2	62	25:41	8:16
Paul Link	151	3	64	26:39	8:35
Kevin Burke	161	4	63	26:53	8:40
Mark Vinyard	266	5	63	30:17	9:45
Douglas Knox	290	6	63	30:47	9:55
Gary Tapfer	304	7	61	30:59	9:59
Philip Hatchett	308	8	60	31:05	10:01
Alvin Richardson	323	9	64	31:26	10:07
Kimberly Anglin	354	10	60	32:22	10:26
George Seely	467	11	63	35:19	11:22
Peter Sommer	496	12	60	37:01	11:55
Peter Navin	524	13	60	38:58	12:33
Tony Rettinhouse	528	14	63	39:18	12:39
Richard Ayala	560	15	60	40:53	13:10
Eugene Thies	629	16	61	46:45	15:03
Alan Keller	635	17	63	46:53	15:06
Clark Buttner	654	18	62	48:59	15:46
Henry Pittman	679	19	62	51:52	16:42
Anthony Michura	705	20	62	55:02	17:43
David Brinker	717	21	61	57:21	18:28

Male 65-69

Charles Donnelly	160	1	65	26:53	8:40
Andrew Medvec	220	2	65	28:31	9:11
Grove Calvert	623	3	69	45:35	14:41
Raymond Yoh	680	4	69	51:52	16:42
Michael Nicoletti	694	5	65	53:48	17:19
Roger Hatch	697	6	68	54:17	17:29
J Wynn Hancock	716	7	66	57:21	18:28

Male 70 and over

Michael Poff	137	1	70	26:24	8:30
Charles Terrell	340	2	76	31:57	10:17
Earl Arrowood	430	3	74	34:20	11:04
Richard Maruyama	439	4	73	34:30	11:07
John Garrett	449	5	70	34:48	11:12
Mayer Levy	564	6	83	41:10	13:15
Robert Roadarmel	691	7	73	53:16	17:09

Female 11 and Under

Flannery Benda	130	1	10	26:13	8:26
Curran Capuzzi	157	2	7	26:47	8:38
Anna Sprott	193	3	11	27:43	8:56
Nicole Knight	242	4	11	29:18	9:26
Emily Swartzbaugh	310	5	10	31:06	10:01

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Caroline Sherard	342	6	11	32:02	10:19
Addison Kramer	369	7	11	32:43	10:32
Ann Chappel Ellington	370	8	11	32:44	10:33
Samantha Dresch	381	9	8	32:59	10:37
Hayden Sallade	394	10	10	33:27	10:46
Brenna Hendrix	418	11	11	34:05	10:59
Michaela Dresch	419	12	7	34:05	10:59
Haley Price	440	13	9	34:31	11:07
Hailey Swartzbaugh	478	14	10	35:42	11:30
Alexis Floyd	540	15	9	39:50	12:50
Kylie Sommer	585	16	9	42:33	13:42
Brianna Dunton	588	17	9	42:47	13:46
Adelaide Jane Smith	597	18	10	43:11	13:54
Atiana Williams	603	19	9	44:05	14:12
Gillian Shields Bell	628	20	10	46:44	15:03
Evelyn Smith	641	21	7	47:17	15:14
Kate Wisneski	647	22	11	47:57	15:26
Kaylan Fleming	650	23	9	48:08	15:30
Cassidy Donovan	722	24	8	58:35	18:52
Elizabeth Sallade	730	25	7	59:34	19:11

Female 12-15

Spencer Paragas	29	1	14	21:33	6:56
Rachel Smith	110	2	14	25:38	8:15
Anna Poe	122	3	13	26:00	8:23
Ashley Turek	166	4	15	27:05	8:43
Laura Brady	221	5	15	28:34	9:12
Jessica Magee	245	6	12	29:25	9:28
Adele Benda	248	7	12	29:29	9:30
Emma Sallade	316	8	13	31:15	10:04
Caitlyn Walker	401	9	14	33:40	10:51
Casey Walker	411	10	13	33:52	10:54
Audra Williams	424	11	15	34:10	11:00
Hannah Dye	426	12	12	34:11	11:01
Mandy Walls	446	13	12	34:37	11:09
Alexis Outlaw	454	14	15	34:52	11:14
Alina Johnston	473	15	12	35:26	11:25
Zoe Gauthier	489	16	12	36:36	11:47
Lindsey Thompson	577	17	13	42:12	13:35
Elizabeth Fierros	605	18	12	44:19	14:16
Sarabeth Tindall	704	19	15	55:02	17:43
Isabel Wiebke	713	20	14	55:57	18:01

Female 16-19

Grace Prillaman	37	1	18	22:01	7:05
Keavy Baylor	75	2	18	24:19	7:50
Grace Bowen	90	3	19	24:57	8:02
Emma Cvitanovich	126	4	18	26:07	8:25
Morgan Rising	203	5	17	28:04	9:02
Lynn Johnson	208	6	16	28:07	9:03
Mary Brady	250	7	18	29:36	9:32
Katherine Plucinski	267	8	18	30:17	9:45
Katie Houck	272	9	17	30:30	9:49
Cheyenne Booth	345	10	19	32:03	10:19
Kimberly Perry	397	11	19	33:30	10:47
Sally Stooks	412	12	17	33:52	10:54
Reilly Todd	479	13	19	35:45	11:31
Rachel Kilgore	726	14	19	58:59	19:00
Jillian Kilgore	727	15	17	59:00	19:00

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Female 20-24					
Emily Honeycutt	26	1	24	21:12	6:50
Maria Spady	57	2	24	23:35	7:36
Alexandria Via	93	3	20	25:04	8:05
Kelsie Christensen	103	4	22	25:33	8:14
Sarah Henke	104	5	23	25:33	8:14
Meghan Olson	129	6	24	26:12	8:26
Celia Pincus	146	7	21	26:34	8:33
Miranda Wolfe	162	8	23	26:56	8:41
Maggie Maust	185	9	24	27:30	8:52
Kate Powell	198	10	21	28:00	9:01
Katlin Magera	200	11	21	28:01	9:01
Mary Kadesch	201	12	20	28:02	9:02
Lauren Palagyi	212	13	20	28:15	9:06
Chaire Nichting	224	14	22	28:41	9:14
Annie Brooks	244	15	24	29:21	9:27
Brienna Sawyer	255	16	21	29:56	9:38
Grace Ball	262	17	24	30:09	9:43
Kelsey Stoneham	264	18	21	30:12	9:44
Allison Hamadyk	269	19	21	30:22	9:47
Laura Kilgore	271	20	21	30:28	9:49
Danielle Williamson	299	21	24	30:53	9:57
Elizabeth Lamarsh	312	22	22	31:09	10:02
Lizzie Hofmann	358	23	21	32:31	10:28
Genya Royfman	378	24	24	32:55	10:36
Kathy Herman	396	25	21	33:30	10:47
Danielle Meeks	404	26	24	33:44	10:52
Krystal Fridley	406	27	24	33:47	10:53
Mattie Stooks	420	28	22	34:08	10:59
Katelyn Southall	436	29	22	34:27	11:06
Clare Levy	477	30	20	35:41	11:29
Madison Curran	481	31	24	35:58	11:35
Ali Healey	501	32	23	37:23	12:02
Victoria White	520	33	21	38:43	12:28
Rebecca Spicer	532	34	23	39:25	12:42
Sophie Radecki	533	35	22	39:30	12:43
Cooper Hatch	537	36	23	39:43	12:47
Maggie Boylan	547	37	21	40:26	13:01
Taylor Brown	572	38	22	41:49	13:28
Melanie Garrett	584	39	22	42:32	13:42
Hannah Pascucci	596	40	23	43:11	13:54
Anne Rowe	606	41	20	44:23	14:18
Mariah Wilson	616	42	22	44:58	14:29
Grace Berardini	617	43	22	44:58	14:29
Kathy Lamarsh	661	44	20	50:02	16:07
Jordan Snider	682	45	23	52:06	16:47
Cayla Blackwell	699	46	20	54:21	17:30
Meghan Madler	732	47	21	59:38	19:12
Female 25-29					
Lauren Ascah	39	1	29	22:08	7:08
Serena Miller	51	2	28	23:13	7:29
Sarah McKee	55	3	25	23:28	7:34
Ashley Theriault	63	4	29	23:50	7:41
Julie Barrett	64	5	29	23:54	7:42
Alyson Heidenthal	70	6	28	24:11	7:47
Madeline Hallinger	119	7	28	25:56	8:21
Kristen Long	127	8	28	26:09	8:25
Jaclyn Aulich	138	9	28	26:26	8:31
Hayley Costa	144	10	26	26:32	8:33

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Te'amber Kearly	156	11	26	26:45	8:37
Jill Hamadyk	180	12	29	27:26	8:50
Robin Snyder	199	13	27	28:01	9:01
Catherine Hofmann	222	14	27	28:37	9:13
Yvette Bachmeyer	223	15	27	28:37	9:13
Katie Brown	239	16	25	29:07	9:22
Korenet Brown	265	17	26	30:15	9:44
Brittany Derise	270	18	28	30:25	9:48
Roxanne Moore	275	19	27	30:32	9:50
Amanda Hall	281	20	29	30:37	9:52
Heather Stancill	282	21	27	30:37	9:52
Julia Kinney	296	22	26	30:50	9:56
Stephanie Baratt	305	23	29	31:00	9:59
Juliet Hatchett	306	24	27	31:05	10:00
Marithomas Krupski	333	25	25	31:42	10:12
Stephanie Andrus	336	26	28	31:50	10:15
Chelsea Greenwood	339	27	27	31:56	10:17
Emily Wiebke	346	28	27	32:05	10:20
Tifany Altman	352	29	28	32:18	10:24
Pamela Burrell-Pierce	356	30	29	32:28	10:27
Lisa Keller	375	31	26	32:50	10:34
Christian Wikle	379	32	25	32:58	10:37
Monique Romeo	451	33	26	34:50	11:13
Larissa Smith	464	34	25	35:16	11:21
Emily Monti	472	35	28	35:23	11:24
Kristin Bennett	480	36	28	35:48	11:32
Meggie McArthur	487	37	28	36:33	11:46
Amelia Orlando	516	38	25	38:34	12:25
Dominique Trump	531	39	28	39:23	12:41
Jillian Berardini	535	40	25	39:40	12:47
Jessica Outten	546	41	25	40:21	12:59
Patricia Knepshield	573	42	28	41:57	13:31
Maranda Erickson	579	43	26	42:13	13:35
Emma Hatch	591	44	28	42:52	13:48
Sarah Rowe	614	45	26	44:53	14:27
Dayani Dambadeniya	620	46	28	45:28	14:38
Serinia Wright	621	47	25	45:28	14:38
Melissa Thies	630	48	28	46:46	15:04
Morgan Warthan	640	49	25	47:17	15:13
Ashleigh Brown	675	50	26	51:25	16:33
Erynn Hatch	710	51	27	55:28	17:51
Lee Youker	715	52	28	56:52	18:19
Haley Tapfer	728	53	25	59:01	19:00
Sola Ayodeji	739	54	25	1:02:02	19:58
Female 30-34					
Jennifer Anderson	31	1	34	21:38	6:58
Sheila Scotti	36	2	32	21:56	7:04
Angela Thompson	44	3	32	22:19	7:11
Rebecca Machusek	88	4	34	24:54	8:01
Robin Hilling	123	5	33	26:01	8:23
Cassie Johansen	132	6	31	26:13	8:27
Morgan Anderson	139	7	31	26:26	8:31
Heather Morgan	152	8	30	26:41	8:35
Amanda McHenry	153	9	30	26:41	8:36
Staci Barnard	164	10	30	26:59	8:41
Stephanie Nash	175	11	30	27:18	8:48
Tania White	179	12	33	27:24	8:50
Rebecca Gwilt	189	13	31	27:40	8:55
Sarah Hughes	256	14	32	29:57	9:39

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Hazel Doupe	284	15	32	30:39	9:52
Jacqueline Neise	295	16	33	30:50	9:56
Janemarie Vander Dussen	302	17	32	30:56	9:58
Rebecca Hatchett	307	18	30	31:05	10:01
Jennifer Donahue	314	19	32	31:13	10:03
Tiffany Urban	330	20	34	31:40	10:12
Missy Jennings	337	21	33	31:50	10:15
Mary Hall	341	22	34	31:57	10:17
Sarah Snow	360	23	34	32:34	10:29
Melinda Hokgkiss	362	24	34	32:38	10:31
Laura Venker	372	25	30	32:48	10:34
Stacey Knight	373	26	33	32:48	10:34
Rebecca Dresch	383	27	33	33:08	10:40
Rebecca Nonnemacher	384	28	32	33:09	10:40
Kay Garrett	409	29	34	33:50	10:54
Kathy Koehl	414	30	34	33:54	10:55
Susanna Bailey	444	31	32	34:36	11:08
Sara Leone	450	32	31	34:50	11:13
Karam Hwang	457	33	34	34:58	11:16
Kate Tusing	484	34	31	36:08	11:38
Kate Roman	499	35	32	37:21	12:02
Courtney Dortch	514	36	33	38:29	12:24
Mary Harlinger	530	37	30	39:22	12:41
Andrea Sellers	543	38	30	40:04	12:54
Robin Nelson	563	39	33	41:09	13:15
Janya Mosby	568	40	32	41:22	13:19
Jennifer Mosby	569	41	30	41:23	13:20
Huyen Stewart	578	42	31	42:12	13:35
Atasha Pannell	636	43	33	46:56	15:07
Amanda Lawrence	649	44	33	48:06	15:29
Valerie Johnston	653	45	33	48:38	15:40
Emily McGhee	657	46	34	49:30	15:56
Christina Floyd	660	47	30	49:59	16:06
Vanessa Horton	686	48	33	52:26	16:53
Shelley Tindall	703	49	34	54:42	17:37
Amber Watters	706	50	34	55:03	17:43
Nancy Russell	709	51	31	55:27	17:51
Pamela Brinker	714	52	34	56:52	18:18
Christina Gray	733	53	34	1:01:22	19:46

Female 35-39

Anna Newman	100	1	37	25:22	8:10
Roslyn Gervin	231	2	37	28:54	9:18
Valerie Stinson	240	3	37	29:13	9:25
Maura Rust	243	4	36	29:20	9:27
Tasha Rose	252	5	35	29:52	9:37
Sarah Marchese	258	6	35	29:59	9:39
Emily Phillips	291	7	37	30:47	9:55
Lindsay Kramer	300	8	39	30:54	9:57
Katherine Canalichio	321	9	36	31:24	10:07
Sherri Donovan	324	10	38	31:27	10:08
Amanda Collier	349	11	36	32:09	10:21
Kristen Laidlaw	363	12	35	32:38	10:31
Armando April	376	13	38	32:53	10:35
Larissa Ambrose	405	14	35	33:44	10:52
Kristin Middleton	427	15	36	34:15	11:02
Meagan Doggett	442	16	35	34:32	11:07
Emmy Walls	445	17	39	34:37	11:09
Erin Comaskey	448	18	37	34:46	11:12
Karen Sanzo	456	19	39	34:54	11:14

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Rebecca Hurt	474	20	38	35:32	11:26
Noelle Capuzzi	483	21	37	35:59	11:35
Elyse Roos	492	22	39	36:50	11:52
Jenifer Burch	494	23	35	36:51	11:52
Aime Clinkenbeard	503	24	37	37:25	12:03
Jennifer Klages	508	25	37	38:03	12:15
Neysa Bryant	513	26	35	38:25	12:22
Erin Hancock	527	27	36	39:13	12:38
Ashley Likens	542	28	35	40:03	12:54
Lora Cochran	559	29	37	40:53	13:10
Melissa Nelson	570	30	37	41:30	13:22
Lisa Swartzbaugh	587	31	39	42:45	13:46
Nichole Dunton	589	32	39	42:47	13:47
Mariah Ayala	601	33	37	43:57	14:09
Victoria Faciane	604	34	37	44:18	14:16
Ally McNaughton	622	35	35	45:28	14:39
Liz Kendall	643	36	37	47:25	15:16
Kerry Randolph	646	37	39	47:55	15:26
Leslie Hearn	666	38	39	50:25	16:14
Tiffani Patterson	669	39	39	50:29	16:15
Shanica Gary	676	40	36	51:26	16:34
Erin Jewell	683	41	36	52:07	16:47
Amy Lewis	700	42	35	54:25	17:31
Hillary Tavelli	725	43	35	58:59	18:59

Female 40-44

Catherine Walker	72	1	43	24:15	7:49
Maria Ramirez Gorton	101	2	44	25:29	8:12
Jennifer Cornette	108	3	44	25:36	8:15
Jennifer Johnson	148	4	44	26:35	8:34
Amy Powell	149	5	44	26:35	8:34
Gina Walker	169	6	44	27:09	8:45
Jeanne Fiocca	214	7	43	28:20	9:07
Amanda Halfpenny	237	8	40	29:00	9:20
Jennifer Ward	280	9	42	30:37	9:52
Karen Forde	283	10	44	30:37	9:52
Chrissie Ott	292	11	42	30:48	9:55
Bernice Wahler	319	12	40	31:22	10:06
Janna Outlaw	326	13	44	31:32	10:09
Lisa Kingsbury	335	14	44	31:47	10:14
Cassie Wilkinson	343	15	40	32:03	10:19
Lorrie Carter	359	16	42	32:33	10:29
Amy Alheim	366	17	42	32:41	10:32
Angel Bauman	391	18	41	33:21	10:44
Jennifer Miller	399	19	42	33:36	10:49
Katie Boehly	407	20	42	33:47	10:53
Beth Yusi	408	21	40	33:49	10:53
Christine Johnson	415	22	44	34:01	10:57
Corey Smith	423	23	42	34:10	11:00
Christina Ferris	433	24	44	34:23	11:04
Laura Ketterman	435	25	44	34:26	11:05
Katie Ellington	452	26	44	34:51	11:13
Kelly Curtiss	453	27	44	34:51	11:13
Meghan Comaskey	482	28	43	35:58	11:35
Jessica Klemencic	490	29	40	36:37	11:47
Monica Markley	495	30	43	36:59	11:55
Regina Barnes	504	31	44	37:29	12:04
Cindy Connell	505	32	44	37:37	12:07
Lori Sprott	518	33	41	38:39	12:27
Tamara Krepps	521	34	42	38:43	12:28

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Dana Hendrix	538	35	41	39:46	12:48
Lori Lang	552	36	41	40:31	13:03
Tina Mares	574	37	41	41:57	13:31
Kim Trotto	575	38	44	42:07	13:34
Sherry Fronkier	594	39	41	43:09	13:54
Shawndra Umbarger	625	40	42	46:08	14:51
Kristin Sommer	638	41	44	47:01	15:08
Lola Cohen	648	42	42	48:02	15:28
Kristin Sherard	663	43	43	50:14	16:11
Heather Gauthier	664	44	42	50:24	16:14
Iva Schroyer	687	45	40	52:27	16:53
Heather Sallade	731	46	44	59:36	19:11

Female 45-49

Julie Dye	154	1	46	26:41	8:36
Medy Cook	168	2	49	27:07	8:44
Jacqueline Sislak	172	3	49	27:15	8:47
Tara Kniskern	173	4	47	27:16	8:47
Laura Clark	181	5	46	27:27	8:50
Nicole McAdams	204	6	45	28:05	9:03
Mary Owens	207	7	49	28:07	9:03
Laura Higdon	216	8	47	28:24	9:09
Renee Weidman	251	9	49	29:44	9:35
Patricia Boyce	286	10	49	30:43	9:54
Holly Northup	318	11	46	31:21	10:06
Kelly Ashley	351	12	47	32:17	10:24
Kelly Lambley	355	13	45	32:28	10:27
Tina Becouvarakis	374	14	48	32:50	10:34
Kelly Moses	392	15	48	33:23	10:45
Nancy Costa	400	16	45	33:38	10:50
Kim Scarberry	416	17	45	34:02	10:57
Kathryn Kilgore	428	18	49	34:17	11:03
Juana Trujillo	459	19	49	35:05	11:18
Diana Pascucci	461	20	45	35:06	11:18
Insoon Hwang	468	21	48	35:20	11:23
Bonnie Layton	475	22	45	35:38	11:28
Lynne Polinski	506	23	46	37:47	12:10
Monique Finneran	526	24	45	39:08	12:36
Beth Taylor	541	25	47	40:01	12:53
Kimberly Benton	555	26	49	40:49	13:08
Mary Flaherty	562	27	49	41:08	13:15
Teri Doyon	592	28	47	42:53	13:48
Terri McCaughan	600	29	49	43:47	14:06
Lori Palagyi	608	30	48	44:39	14:23
Sheila Fuller	631	31	48	46:47	15:04
Bonnie Walker	671	32	46	50:38	16:18
Mary O'bryan	681	33	48	51:53	16:42

Female 50-54

Connie Glueck	32	1	51	21:41	6:59
Valor Foy Jones	80	2	52	24:29	7:53
Christine Schaffner	82	3	52	24:35	7:55
Terry Owens	254	4	51	29:53	9:37
G Deren	257	5	54	29:59	9:39
Heidi Olson	260	6	50	30:02	9:40
Cynthia Persons	277	7	50	30:35	9:51
Martha Cuevas	278	8	53	30:35	9:51
Margo Lamarsh	313	9	52	31:12	10:03
Roxanne Dietzler	317	10	52	31:15	10:04
Stephanie Douglas	328	11	50	31:36	10:11

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division	Age	Time	Pace
	Place	Place			
Valerie Bowen	382	12	53	33:04	10:39
Margaret Alfsen	389	13	52	33:17	10:43
Diane Hope	393	14	51	33:26	10:46
Kari Johnson	398	15	53	33:32	10:48
Kim Harris	447	16	52	34:38	11:09
Cheryl Barnard	458	17	54	35:02	11:17
Suzie Kilgore	502	18	51	37:24	12:03
Robin Levy	509	19	51	38:05	12:16
Laura Scott	544	20	50	40:07	12:55
Leah Dempsey	554	21	53	40:35	13:04
Tania Peace	580	22	51	42:20	13:38
Marci Radecki	581	23	51	42:20	13:38
Lisa Nichting	609	24	53	44:44	14:24
Elaine Arrieta	633	25	50	46:48	15:04
Kimberly Holland	634	26	52	46:53	15:06
Terry Spady	645	27	53	47:52	15:25
Mary Via	668	28	53	50:27	16:15
Lynne Bean	672	29	52	51:09	16:28
Kimberly Clore	674	30	51	51:12	16:29
Mary Beth Plucinski	690	31	54	53:15	17:09
Judy Davis	692	32	52	53:17	17:09
Kelly Williams	701	33	54	54:30	17:33
Rusty Williams	702	34	51	54:30	17:33
Tammy Waldroup	708	35	50	55:15	17:47
Debbie Hatch	711	36	54	55:55	18:00
Cindy Coffman	719	37	51	57:51	18:38
Page Stooks	724	38	52	58:41	18:54
Kifa Ayodeji	740	39	50	1:02:03	19:59

Female 55-59

Elizabeth Rowe	238	1	57	29:06	9:22
Patricia Wiedemann	301	2	55	30:55	9:57
Connie Maxwell	309	3	57	31:05	10:01
Susan Wolf	320	4	55	31:24	10:07
Ana Bossman	344	5	57	32:03	10:19
Lynne Gross	367	6	55	32:42	10:32
Jody O'Hara	368	7	55	32:42	10:32
Janice Powers	432	8	55	34:22	11:04
Kathy Gallo	443	9	59	34:34	11:08
Barbara McKee	485	10	58	36:08	11:38
Gail Smith	491	11	58	36:47	11:51
Sandi Nonnemacher	512	12	55	38:24	12:22
Karen Hutcheson	525	13	58	39:00	12:33
Jane Elizabeth	556	14	59	40:50	13:09
Peggy Jennings	567	15	55	41:20	13:19
Joanne Meyer	607	16	57	44:27	14:19
Karen Berardini	611	17	55	44:45	14:24
Jennifer Sharp-Warthan	639	18	56	47:15	15:13
Joan Buttner	652	19	59	48:27	15:36
Kathey Tapfer	655	20	57	49:25	15:55
Terri McHenry	656	21	57	49:25	15:55
Susan LaVoie	670	22	55	50:30	16:16
Pat Michura	696	23	59	54:12	17:27
Jennie Wiebke	712	24	58	55:56	18:00

Female 60-64

Cynthia Gleisberg	228	1	60	28:48	9:17
Dottie Humphreys	285	2	63	30:42	9:53
Ellen Ayers	507	3	63	38:02	12:15
Janice Holoman	553	4	61	40:34	13:04

FAST BEFORE THE FEAST 5K

2015 RESULTS

Name	Overall	Division		Time	Pace
	Place	Place	Age		
Karen Schenck	566	5	61	41:15	13:17
Lynne Herman	590	6	60	42:48	13:47
Vicki Cooper	599	7	60	42:48	13:47
Patricia Becerra	673	8	62	51:09	16:28
Cynthia Brinker	718	9	61	57:50	18:37
Mary Gray	734	10	62	1:01:35	19:50

Female 65-69

Jane Abbott	322	1	68	31:25	10:07
Maureen Lowder	549	2	65	40:30	13:03
Barbara Hatch	583	3	68	42:30	13:41
Lynne Roadarmel	602	4	66	44:02	14:11
Bonnie Herring	665	5	66	50:25	16:14
Karen Nicoletti	695	6	65	54:10	17:27

Female 70 and over

Susan Fischer	612	1	70	44:47	14:25
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