



# 2 Mile 4 REAL: Boys/Men's Heat 1

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
8	CALEB MENARD	WELLINGTON, CO	M: 8	RUNNER	1178	00:11:57.51	05:58	10.0mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.74	05:26	11.0mph	00:01:21.74	
				Split 2	00:01:30.56	06:02	9.9mph	00:02:52.30	
				Split 3	00:01:31.62	06:06	9.8mph	00:04:23.91	
				Split 4	00:01:30.75	06:02	9.9mph	00:05:54.66	
				Split 5	00:01:36.35	06:25	9.3mph	00:07:31.00	
				Split 6	00:01:32.25	06:08	9.8mph	00:09:03.25	
				Split 7	00:01:31.62	06:06	9.8mph	00:10:34.87	
				Split 8	00:01:22.65	05:30	10.9mph	00:11:57.51	
9	WILL BECKER (REAL TRAINING)		M: 9	RUNNER	1094	00:11:58.10	05:59	10.0mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.90	05:27	11.0mph	00:01:21.90	
				Split 2	00:01:27.48	05:49	10.3mph	00:02:49.37	
				Split 3	00:01:30.56	06:02	9.9mph	00:04:19.93	
				Split 4	00:01:32.53	06:10	9.7mph	00:05:52.46	
				Split 5	00:01:33.58	06:14	9.6mph	00:07:26.03	
				Split 6	00:01:34.43	06:17	9.5mph	00:09:00.46	
				Split 7	00:01:35.07	06:20	9.5mph	00:10:35.52	
				Split 8	00:01:22.58	05:30	10.9mph	00:11:58.10	
10	CAMERON TAYLOR		M: 10	RUNNER	1239	00:12:04.22	06:02	9.9mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:20.71	05:22	11.2mph	00:01:20.71	
				Split 2	00:01:28.06	05:52	10.2mph	00:02:48.76	
				Split 3	00:01:30.92	06:03	9.9mph	00:04:19.68	
				Split 4	00:01:32.21	06:08	9.8mph	00:05:51.88	
				Split 5	00:01:33.31	06:13	9.6mph	00:07:25.19	
				Split 6	00:01:34.61	06:18	9.5mph	00:08:59.79	
				Split 7	00:01:35.27	06:21	9.4mph	00:10:35.05	
				Split 8	00:01:29.17	05:56	10.1mph	00:12:04.22	
11	CARSON FLOYD		M: 11	RUNNER	1125	00:12:07.69	06:03	9.9mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:22.68	05:30	10.9mph	00:01:22.68	
				Split 2	00:01:29.50	05:57	10.1mph	00:02:52.18	
				Split 3	00:01:32.06	06:08	9.8mph	00:04:24.24	
				Split 4	00:01:31.06	06:04	9.9mph	00:05:55.30	
				Split 5	00:01:35.83	06:23	9.4mph	00:07:31.12	
				Split 6	00:01:33.36	06:13	9.6mph	00:09:04.48	
				Split 7	00:01:32.83	06:11	9.7mph	00:10:37.31	
				Split 8	00:01:30.39	06:01	10.0mph	00:12:07.69	
12	ROHAN MYSORE	LONGMONT, CO	M: 12	RUNNER	1184	00:12:20.80	06:10	9.7mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:21.59	05:26	11.0mph	00:01:21.59	
				Split 2	00:01:27.63	05:50	10.3mph	00:02:49.22	
				Split 3	00:01:31.43	06:05	9.8mph	00:04:20.64	
				Split 4	00:01:34.15	06:16	9.6mph	00:05:54.78	
				Split 5	00:01:36.99	06:27	9.3mph	00:07:31.77	
				Split 6	00:01:37.96	06:31	9.2mph	00:09:09.72	
				Split 7	00:01:37.09	06:28	9.3mph	00:10:46.81	
				Split 8	00:01:33.99	06:15	9.6mph	00:12:20.80	
13	JAMES GROTHE (AMATEUR WHEAT RIDGE, CO TRACK CLUB)		M: 13	RUNNER	1134	00:12:32.00	06:16	9.6mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:31.35	06:05	9.9mph	00:01:31.35	
				Split 2	00:01:38.54	06:34	9.1mph	00:03:09.89	
				Split 3	00:01:38.06	06:32	9.2mph	00:04:47.94	
				Split 4	00:01:35.67	06:22	9.4mph	00:06:23.61	
				Split 5	00:01:35.87	06:23	9.4mph	00:07:59.47	
				Split 6	00:01:36.18	06:24	9.4mph	00:09:35.64	
				Split 7	00:01:33.18	06:12	9.7mph	00:11:08.82	
				Split 8	00:01:23.19	05:32	10.8mph	00:12:32.00	
14	SOREN PENLEY		M: 14	RUNNER	1198	00:12:58.92	06:29	9.2mph	:
				<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
				Split 1	00:01:24.88	05:39	10.6mph	00:01:24.88	
				Split 2	00:01:36.99	06:27	9.3mph	00:03:01.87	
				Split 3	00:01:41.80	06:47	8.8mph	00:04:43.66	
				Split 4	00:01:40.55	06:42	9.0mph	00:06:24.20	
				Split 5	00:01:35.91	06:23	9.4mph	00:08:00.10	
				Split 6	00:01:38.86	06:35	9.1mph	00:09:38.96	
				Split 7	00:01:49.61	07:18	8.2mph	00:11:28.56	
				Split 8	00:01:30.36	06:01	10.0mph	00:12:58.92	

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15	TEAGUE GILLETTE		M: 15	RUNNER	1133	00:13:45.98	06:52	8.7mph	:
				<u>Split Description</u>		<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:01:26.04	05:44	10.5mph	00:01:26.04
				Split 2		00:01:39.11	06:36	9.1mph	00:03:05.15
				Split 3		00:01:42.86	06:51	8.8mph	00:04:48.00
				Split 4		00:01:41.65	06:46	8.9mph	00:06:29.65
				Split 5		00:01:48.96	07:15	8.3mph	00:08:18.61
				Split 6		00:01:51.43	07:25	8.1mph	00:10:10.03
				Split 7		00:01:53.09	07:32	8.0mph	00:12:03.11
				Split 8		00:01:42.87	06:51	8.7mph	00:13:45.98