



# Drink Like a Girl

7/29/2023

## Results 5k Run

PLACE ALL	FINISH TIME	BIB#	NAME	RESIDENCE	CATEGORY	PLACE IN:			Age Adjusted	
						Gender	Group	Pace	Time	%
1	0:15:46	1837	Lindenauer, Jonathan	Ballston Lake	NY Males 35-39	1/36	5	05:05		
2	0:18:43	1873	Gibbons, Erin	Rochester	NY Female 25-29	1/66	13	06:02		
3	0:18:49	1761	Johnson-white, Melissa	Fairport	NY Female 40-44	2/66	11	06:04		
4	0:19:08	1776	Walter, Alex	Corning	NY Males 25-29	2/36	6	06:10		
5	0:19:22	1760	Johnson, Chad	Fairport	NY Males 45-49	3/36	4	06:15		
6	0:19:37	1841	Pelechaty, Liz	Cleveland	OH Female 30-34	3/66	14	06:20		
7	0:20:46	1842	Pelechaty, Michael	Cleveland	OH Males 30-34	4/36	6	06:42		
8	0:21:38	1773	Haack, Andrew	Canandaigua	NY Males 25-29	5/36	6	06:59		
9	0:24:55	1845	Visioni, Daniele	Ithaca	NY Males 30-34	6/36	6	08:02		
10	0:25:13	1884	Kraeger, John	Stanley	NY Males 45-49	7/36	4	08:08		
11	0:25:14	1838	Harder, Sarah	Ballston Lake	NY Female 30-34	4/66	14	08:08		
12	0:25:31	1847	Depasquale, William	Phelps	NY Males 25-29	8/36	6	08:14		
13	0:25:34	1819	Main, Christopher	Geneva	NY Males 40-44	9/36	4	08:15		
14	0:25:45	1861	Bromka, Christina	Interlaken	NY Female 25-29	5/66	13	08:18		
15	0:26:08	1807	Papa, Diana	Rochester	NY Female 40-44	6/66	11	08:26		
16	0:26:54	1878	Patião, Belã©n	Rochester	NY Female 25-29	7/66	13	08:41		
17	0:26:59	1858	Matthews, Britney	North Tonawanda	NY Female 30-34	8/66	14	08:42		
18	0:27:13	1751	Baker, Ryan	Phelps	NY Males 35-39	10/36	5	08:47		
19	0:27:30	1828	Kelly, Allen W	Rensselaer Falls	NY Males 60-64	11/36	4	08:52		
20	0:27:47	1770	Campbell, Kirstin	Corning	NY Female 25-29	9/66	13	08:58		
21	0:28:11	1859	Adams, Holly	Camillus	NY Female 30-34	10/66	14	09:05		
22	0:28:28	1880	Elmore, Ben	Fairport	NY Males 25-29	12/36	6	09:11		
23	0:28:32	1775	Vanlare, Shelley	Farmington	NY Female 65-69	11/66	2	09:12		
24	0:28:37	1752	Baker, Amanda	Phelps	NY Female 30-34	12/66	14	09:14		
25	0:29:05	1867	Jacob, Cheryl	Cortland	NY Female 60-64	13/66	5	09:23		
26	0:29:18	1876	Denunzio, Dan	Elmira	NY Males 45-49	13/36	4	09:27		
27	0:29:25	1754	Welker, Shanell	Brockport	NY Female 30-34	14/66	14	09:29		
28	0:29:49	1804	Sperry, Ryan	Webster	NY Males 30-34	14/36	6	09:37		
29	0:29:49	1805	Sperry, Brittany	Rochester	NY Female 30-34	15/66	14	09:37		
30	0:31:27	1868	Jacob, Jacquelyn	Cortland	NY Female 30-34	16/66	14	10:09		
31	0:31:45	1762	Nutting, Sue	Farmington	NY Female 45-49	17/66	7	10:15		
32	0:31:50	1860	Mingolelli, Nathan	Camillus	NY Males 30-34	15/36	6	10:16		
33	0:31:58	1850	Peters, Kim	Newark	NY Female 40-44	18/66	11	10:19		
34	0:32:17	1756	Presher, Laurel	Webster	NY Female 30-34	19/66	14	10:25		
35	0:32:28	1793	Martin, Tim	Rochester	NY Males 30-34	16/36	6	10:28		
36	0:32:31	1784	Darcangelis, Desirae	Lyons	NY Female 25-29	20/66	13	10:29		
37	0:32:40	1854	Grisewood, Hannah	Bolivar	NY Female 25-29	21/66	13	10:32		
38	0:32:49	1852	Miller, Lani	Webster	NY Female 55-59	22/66	5	10:35		
39	0:32:50	1779	Roark, Aileen	Oneida	NY Female 45-49	23/66	7	10:35		
40	0:32:57	1785	Jayaraman, Anjana	Ithaca	NY Female 25-29	24/66	13	10:38		
42	0:33:26	1769	Hardiman, Meredith	Rochester	NY Female 25-29	25/66	13	10:47		
43	0:33:26	1768	Knuttel, Siobhan	Geneva	NY Female 60-64	26/66	5	10:47		
44	0:33:40	1864	Manley, Michael	Penn Yan	NY Males 60-64	17/36	4	10:52		
45	0:33:47	1815	Miller, Eddie	Bartlett	TN Males 50-54	18/36	4	10:54		

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						Gender	Group	Pace	Time	%
46	0:33:58	1883	Kraeger, Debora	Stanley	NY Female 40-44	27/ 66	4/ 11	10:57		
47	0:34:05	1827	Backus, Debra	Canton	NY Female 65-69	28/ 66	2/ 2	11:00		
48	0:35:03	1869	Ciacelli, Carmella	Vestal	NY Female 30-34	29/ 66	10/ 14	11:18		
49	0:35:18	1781	Holloman, Mark	Geneva	NY Males 35-39	19/ 36	2/ 5	11:23		
50	0:35:48	1786	Athreya, Vikram	Ithaca	NY Males 20-24	20/ 36	1/ 1	11:33		
51	0:36:14	1789	Schock, Aaron	Canandaigua	NY Males 35-39	21/ 36	3/ 5	11:41		
52	0:36:19	1796	Bowers, Amanda	Pine City	NY Female 25-29	30/ 66	8/ 13	11:43		
53	0:36:30	1753	Brown, Jenna	Rochester	NY Female 25-29	31/ 66	9/ 13	11:46		
54	0:37:46	1790	Lewis, Tracey C	Phelps	NY Female 45-49	32/ 66	3/ 7	12:11		
55	0:37:46	1791	Spaulding, Keoki	Liverpool	NY Female 50-54	33/ 66	1/ 5	12:11		
56	0:37:55	1851	Rugenstein, Jaimie	Marion	NY Female 30-34	34/ 66	11/ 14	12:14		
57	0:38:22	1855	Peffers, Amaris	Retsof	NY Female 40-44	35/ 66	5/ 11	12:23		
58	0:39:07	1882	Philip, Lara	Syracuse	NY Female 45-49	36/ 66	4/ 7	12:37		
59	0:39:07	1879	Muncy, Tammy	Syracuse	NY Female 50-54	37/ 66	2/ 5	12:37		
60	0:39:08	1795	Mcnamara, Janice	East Syracuse	NY Female 55-59	38/ 66	2/ 5	12:37		
61	0:39:34	1817	Sutherland, Linda	Geneva	NY Female 60-64	39/ 66	3/ 5	12:46		
62	0:40:29	1813	Ozelek, Julie	Honeoye	NY Female 40-44	40/ 66	6/ 11	13:04		
63	0:40:30	1818	Hendrix, Amie	Trumansburg	NY Female 40-44	41/ 66	7/ 11	13:04		
64	0:40:39	1757	Hyde, Megan	Rochester	NY Female 20-24	42/ 66	1/ 1	13:07		
65	0:40:43	1792	Hyde, Rebecca	Rochester	NY Female 25-29	43/ 66	10/ 13	13:08		
66	0:41:38	1794	Snyder, Garen	Elmira	NY Males 45-49	22/ 36	4/ 4	13:26		
67	0:41:39	1846	Fifield, Hannah	Phelps	NY Female 25-29	44/ 66	11/ 13	13:26		
68	0:41:55	1829	Backus, Paul	Canton	NY Males 65-69	23/ 36	1/ 1	13:31		
69	0:41:57	1826	Kelly, Mary W	Rensselaer Falls	NY Female 60-64	45/ 66	4/ 5	13:32		
70	0:42:26	1780	Bishop, Joshua	Geneva	NY Males 25-29	24/ 36	5/ 6	13:41		
71	0:42:48	1812	Phalen, Kelly	Rochester	NY Female 35-39	46/ 66	1/ 3	13:48		
72	0:42:53	1866	Jacob, James	Cortland	NY Males 60-64	25/ 36	3/ 4	13:50		
73	0:43:11	1763	Mcardle, Ashley	Geneseo	NY Female 30-34	47/ 66	12/ 14	13:56		
74	0:43:16	1822	Foster, Craig E	Peekskill	NY Males 50-54	26/ 36	2/ 4	13:57		
75	0:43:17	1821	Lecours, Liette	Peekskill	NY Female 55-59	48/ 66	3/ 5	13:58		
76	0:43:20	1863	Bromka, Alex	Interlaken	NY Males 30-34	27/ 36	6/ 6	13:59		
77	0:45:25	1809	Konzel, David	Canandaigua	NY Males 50-54	28/ 36	3/ 4	14:39		
78	0:45:30	1759	Babcock, Bob	Canandaigua	NY Males 55-59	29/ 36	1/ 1	14:41		
79	0:45:30	1758	Babcock, Tara	Canandaigua	NY Female 55-59	49/ 66	4/ 5	14:41		
80	0:45:39	1881	Timmerman, Leslie	Pine City	NY Female 50-54	50/ 66	3/ 5	14:44		
81	0:46:48	1831	Kirk, Sarah	Geneva	NY Female 50-54	51/ 66	4/ 5	15:06		
82	0:46:57	1764	Mauer, Whitney	Geneva	NY Female 45-49	52/ 66	5/ 7	15:09		
83	0:46:59	1810	Kanaley, Gabrielle	Clydeclde	NY Female 30-34	53/ 66	13/ 14	15:09		
84	0:46:59	1808	Coyle, Rebecca	Canandaigua	NY Female 40-44	54/ 66	8/ 11	15:09		
85	0:47:42	1832	Kirk, John	Geneva	NY Males 50-54	30/ 36	4/ 4	15:23		
86	0:47:44	1877	Adibhatla, Raghu	Horseheads	NY Males 40-44	31/ 36	2/ 4	15:24		
87	0:48:22	1806	Brush, Ashley	Phelps	NY Female 35-39	55/ 66	2/ 3	15:36		
88	0:48:49	1811	Urban, Nicole	Rochester	NY Female 30-34	56/ 66	14/ 14	15:45		
89	0:48:49	1840	Kallman, Casey	Rochester	NY Female 25-29	57/ 66	12/ 13	15:45		
90	0:48:49	1839	Bock, Steve	Rochester	NY Males 25-29	32/ 36	6/ 6	15:45		
91	0:49:24	1889	Fisher, Emily	Geneva	NY Female 40-44	58/ 66	9/ 11	15:56		
92	0:49:26	1890	Gassert, Alden	Geneva	NY Males 35-39	33/ 36	4/ 5	15:57		
93	0:51:51	1853	Presher, Susan	Le Roy	NY Female 60-64	59/ 66	5/ 5	16:44		
94	0:55:01	1814	Ward, Amy	Honeoye Falls	NY Female 50-54	60/ 66	5/ 5	17:45		
95	0:56:29	1870	Hass, Renee	Canandaigua	NY Female 45-49	61/ 66	6/ 7	18:13		

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96	0:56:31	1755	Slocome, Patty	Canandaigua	NY Female 45-49	62/ 66	7/ 7	18:14		
97	0:56:32	1871	Vanderbroek, Debbie	Canandaigua	NY Female 55-59	63/ 66	5/ 5	18:14		
98	0:56:49	1857	Treadwell, Shanna	Whitney Point	NY Female 35-39	64/ 66	3/ 3	18:20		
99	0:56:50	1856	Treadwell, Steven	Whitney Point	NY Males 40-44	34/ 36	3/ 4	18:20		
100	0:58:41	1787	Lawson, William	Lyons	NY Males 40-44	35/ 36	4/ 4	18:56		
101	0:58:43	1788	Lawson, Carisa	Lyons	NY Female 40-44	65/ 66	10/ 11	18:56		
102	0:59:28	1862	Lombardo, Alicia	Buffalo	NY Female 40-44	66/ 66	11/ 11	19:11		
103	0:59:33	1865	Parisi, Chris	Buffalo	NY Males 60-64	36/ 36	4/ 4	19:13		