

7th Annual IRON 5k Run / Walk
 Amherst County High School
 Amherst, VA June 24, 2017
 Weather: 75 degrees, Sunny

Place	Name	City	St	Ag	Sex	Time	Pace
1	Jonathan Baum	Lynchburg	VA	43	M	18:32	5:59
2	Lars Hasseler	Ruckersville	VA	33	M	20:49	6:43
3	Kevin Shroyer	Forest	VA	56	M	21:07	6:49
4	Jordan Whitlock	Lynchburg	VA	29	M	21:26	6:55
5	Darrell Wargo	Lynchburg	VA	48	M	22:12	7:10
6	Nicki Carroll	Wilsonville	AL	30	F	22:42	7:20
7	Matt Giles	Madison Heights	VA	32	M	23:34	7:37
8	Jeanna Thomas	Ellicott City	MD	32	F	23:43	7:40
9	Felix Lopez	Lynchburg	VA	64	M	23:53	7:43
10	Anna Johnson	Lynchburg	VA	20	F	24:04	7:46
11	Jason Jarrett	Lynchburg	VA	37	M	24:31	7:55
12	Philip Clements	Roanoke	VA	41	M	24:42	7:59
13	Mikaela Georgiou	Afton	VA	16	F	24:42	7:59
14	Sheldon Cash	Bedford	VA	39	M	25:24	8:12
15	Emily Colling	Lynchburg	VA	10	F	26:00	8:24
16	Landon Colling	Lynchburg	VA	37	M	26:01	8:24
17	Mark Thurston	Amherst	VA	16	M	26:20	8:30
18	Geoffrey Kershner	Lynchburg	VA	39	M	26:21	8:30
19	Michael Priebe	Effort	PA	56	M	26:28	8:33
20	Jennifer Martin	Afton	VA	41	F	26:45	8:38
21	Franklin Dunham	Spout Spring	VA	61	M	26:55	8:41
22	Diana Pettyjohn	Monroe	VA	55	F	27:00	8:43
23	Josh Foster	Madison Heights	VA	28	M	27:03	8:44
24	Tim Welsh	Amherst	VA	21	M	27:27	8:52
25	Elise Spontarelli	Lynchburg	VA	31	F	27:27	8:52
26	Allan Guzman	Forest	VA	30	M	27:39	8:56
27	Ashley Jarrett	Lynchburg	VA	32	F	27:52	9:00
28	Todd Thurston	Amherst	VA	37	M	28:12	9:06
29	Ruthanne Reeves	Madison Heights	VA	35	F	28:17	9:08
30	Melissa Ogden	Madison Heights	VA	30	F	28:46	9:17
31	Felicia Kilgore	Amherst	VA	30	F	28:51	9:19
32	Joseph Kilgore	Amherst	VA	30	M	28:52	9:19
33	Lyla Rumler	Forest	VA	29	F	29:11	9:25
34	Jeffrey Johnson	Amherst	VA	44	M	29:44	9:36
35	Wyatt Calhoun	Moneta	VA	10	M	30:24	9:49
36	Ty Calhoun	Moneta	VA	13	M	30:25	9:49
37	Sara Riely Pettyjohn	Monroe	VA	18	F	30:57	10:00
38	Susan Schjonning	Madison Heights	VA	29	F	31:31	10:10
39	Chris Terry	Monroe	VA	49	M	31:31	10:10
40	Gary Anderson	Amherst	VA	46	M	31:46	10:15
41	Joshua, Jr Hall	Forest	VA	9	M	31:48	10:16
42	Victoria Lee	Madison Heights	VA	55	F	32:04	10:21
43	Krista Calhoun	Moneta	VA	39	F	32:26	10:28
44	Madison Lecolst	Lynchburg	VA	12	F	32:40	10:33
45	Timothy Greene	Monroe	VA	38	M	32:48	10:35

46	Jayslyn Lecolst	Lynchburg	VA	8	F	33:00	10:39
47	Timothy Lecolst	Lynchburg	VA	35	M	33:01	10:40
48	Catherine Bragg	Lynchburg	VA	26	F	33:43	10:53
49	Jessica Simpson	Bedford	VA	29	F	34:15	11:03
50	Andrew Holland	Madison Heights	VA	26	M	34:20	11:05
51	Ashley Holland	Madison Heights	VA	25	F	34:21	11:05
52	Dana Jackson	Madison Heights	VA	39	F	34:42	11:12
53	Tiffany Robbins	Lynchburg	VA	39	F	35:01	11:18
54	Travis Ogden	Madison Heights	VA	32	M	35:16	11:23
55	Gerry Anderson	Lynchburg	VA	43	M	35:44	11:32
56	Sarah Anderson	Lynchburg	VA	11	F	35:47	11:33
57	Marcus Thomas	Madison Heights	VA	23	M	35:56	11:36
58	Yanisa Chambers	Amherst	VA	37	F	36:12	11:41
59	Amanda Hall	Amherst	VA	37	F	36:12	11:41
60	Chat Terry	Monroe	VA	16	M	36:25	11:45
61	Angela Anderson	Lynchburg	VA	39	F	37:56	12:15
62	Naomi Giles	Madison Heights	VA	29	F	39:15	12:40
63	Liz Terry	Monroe	VA	49	F	39:26	12:44
64	Sarah Ogden	Amherst	VA	38	F	41:15	13:19
65	Erin Foltz	Monroe	VA	36	F	41:15	13:19
66	Lawrence Janow	Amherst	VA	74	M	41:46	13:29
67	Blake Jackson	Madison Heights	VA	10	M	42:10	13:37
68	Indy Jackson	Madison Heights	VA	37	F	42:11	13:37
69	Art Rottenborn	Fishersville	VA	75	M	42:59	13:52
70	Cordell Pennix	Madison Heights	VA	30	M	43:43	14:07
71	Katie Brown	Lynchburg	VA	26	F	44:26	14:20
72	Orelia Greene	Monroe	VA	35	F	44:50	14:28
73	Jenine Ann Kaznowsk	Amherst	VA	53	F	46:09	14:54
74	Lashanta Smith	Lynchburg	VA	33	F	50:13	16:12
75	Janice Augustine	Amherst	VA	59	F	51:24	16:35
76	Duncan Augustine	Amherst	VA	61	M	51:24	16:35
77	Jess Yanik	Chicago	IL	31	F	51:24	16:35
78	Joann Rivers	Lynchburg	VA	38	F	51:38	16:40
79	Diana Southard	Lynchburg	VA	34	F	51:38	16:40
80	Latasha Rosser	Madison Heights	VA	39	F	54:53	17:43
81	Janelle Ragland	Forest	VA	13	F	56:13	18:09
82	William Ragland	Forest	VA	46	M	56:46	18:19
83	Tina Ragland	Forest	VA	44	F	56:50	18:20
84	Nicole Wright	Bedford	VA	41	F	56:50	18:20

7th Annual IRON 5k & 1 Mile Youth Run
Amherst County High School
Amherst, VA June 24, 2017
79 degrees, sunny

***** AWARDS LIST *****

***** MALE 5K RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
=====	=====	==	=====	==	=====	=====
1	Jonathan Baum	43	Lynchburg	VA	18:32	5:37

2 Lars Hasseler 33 Ruckersville VA 20:49 6:19

***** FEMALE 5K RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
1	Nicki Carroll	30	Wilsonville	AL	22:42	6:53
2	Jeanna Thomas	32	Ellicott City	MD	23:43	7:12

***** MALE MASTERS RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
1	Kevin Shroyer	56	Forest	VA	21:07	6:24
2	Darrell Wargo	48	Lynchburg	VA	22:12	6:44

***** FEMALE MASTERS RUN OVERALL AWARDS*****

Place	Name	Ag	City	St	Time	Pace
1	Jennifer Martin	41	Afton	VA	26:45	8:07
2	Diana Pettyjohn	55	Monroe	VA	27:00	8:11

MALE AGE GROUP: 1 - 12

1	35 Wyatt Calhoun	10	Moneta	VA	30:24	9:13
2	41 Joshua, Jr Hall	9	Forest	VA	31:48	9:39
3	67 Blake Jackson	10	Madison Heig	VA	42:10	12:47

FEMALE AGE GROUP: 1 - 12

1	15 Emily Colling	10	Lynchburg	VA	26:00	7:53
2	44 Madison Lecolst	12	Lynchburg	VA	32:40	9:54
3	46 Jayslyn Lecolst	8	Lynchburg	VA	33:00	10:00
4	56 Sarah Anderson	11	Lynchburg	VA	35:47	10:51

MALE AGE GROUP: 13 - 19

1	17 Mark Thurston	16	Amherst	VA	26:20	7:59
2	36 Ty Calhoun	13	Moneta	VA	30:25	9:14
3	60 Chat Terry	16	Monroe	VA	36:25	11:03

FEMALE AGE GROUP: 13 - 19

1	13 Mikaela Georgiou	16	Afton	VA	24:42	7:30
2	37 Sara Riely Pettyjoh	18	Monroe	VA	30:57	9:23
3	81 Janelle Ragland	13	Forest	VA	56:13	17:03

MALE AGE GROUP: 20 - 29

1	4 Jordan Whitlock	29	Lynchburg	VA	21:26	6:30
2	23 Josh Foster	28	Madison Heig	VA	27:03	8:12
3	24 Tim Welsh	21	Amherst	VA	27:27	8:20
4	50 Andrew Holland	26	Madison Heig	VA	34:20	10:25
5	57 Marcus Thomas	23	Madison Heig	VA	35:56	10:54

FEMALE AGE GROUP: 20 - 29

1	10 Anna Johnson	20	Lynchburg	VA	24:04	7:18
2	33 Lyla Rumler	29	Forest	VA	29:11	8:51

3	38	Susan Schjonning	29	Madison Heig	VA	31:31	9:34
4	48	Catherine Bragg	26	Lynchburg	VA	33:43	10:14
5	49	Jessica Simpson	29	Bedford	VA	34:15	10:23
6	51	Ashley Holland	25	Madison Heig	VA	34:21	10:25
7	62	Naomi Giles	29	Madison Heig	VA	39:15	11:54
8	71	Katie Brown	26	Lynchburg	VA	44:26	13:28

MALE AGE GROUP: 30 - 39

1	7	Matt Giles	32	Madison Heig	VA	23:34	7:09
2	11	Jason Jarrett	37	Lynchburg	VA	24:31	7:26
3	14	Sheldon Cash	39	Bedford	VA	25:24	7:42
4	16	Landon Colling	37	Lynchburg	VA	26:01	7:54
5	18	Geoffrey Kershner	39	Lynchburg	VA	26:21	8:00
6	26	Allan Guzman	30	Forest	VA	27:39	8:23
7	28	Todd Thurston	37	Amherst	VA	28:12	8:33
8	32	Joseph Kilgore	30	Amherst	VA	28:52	8:45
9	45	Timothy Greene	38	Monroe	VA	32:48	9:57
10	47	Timothy Lecolst	35	Lynchburg	VA	33:01	10:01
11	54	Travis Ogden	32	Madison Heig	VA	35:16	10:42
12	70	Cordell Pennix	30	Madison Heig	VA	43:43	13:15

FEMALE AGE GROUP: 30 - 39

1	25	Elise Spontarelli	31	Lynchburg	VA	27:27	8:20
2	27	Ashley Jarrett	32	Lynchburg	VA	27:52	8:27
3	29	Ruthanne Reeves	35	Madison Heig	VA	28:17	8:35
4	30	Melissa Ogden	30	Madison Heig	VA	28:46	8:44
5	31	Felicia Kilgore	30	Amherst	VA	28:51	8:45
6	43	Krista Calhoun	39	Moneta	VA	32:26	9:50
7	52	Dana Jackson	39	Madison Heig	VA	34:42	10:31
8	53	Tiffany Robbins	39	Lynchburg	VA	35:01	10:37
9	58	Yanisa Chambers	37	Amherst	VA	36:12	10:59
10	59	Amanda Hall	37	Amherst	VA	36:12	10:59
11	61	Angela Anderson	39	Lynchburg	VA	37:56	11:30
12	64	Sarah Ogden	38	Amherst	VA	41:15	12:30
13	65	Erin Foltz	36	Monroe	VA	41:15	12:30
14	68	Indy Jackson	37	Madison Heig	VA	42:11	12:47
15	72	Orelia Greene	35	Monroe	VA	44:50	13:36
16	74	Lashanta Smith	33	Lynchburg	VA	50:13	15:14
17	77	Jess Yanik	31	Chicago	IL	51:24	15:35
18	78	Joann Rivers	38	Lynchburg	VA	51:38	15:39
19	79	Diana Southard	34	Lynchburg	VA	51:38	15:39
20	80	Latasha Rosser	39	Madison Heig	VA	54:53	16:38

MALE AGE GROUP: 40 - 49

1	12	Philip Clements	41	Roanoke	VA	24:42	7:30
2	34	Jeffrey Johnson	44	Amherst	VA	29:44	9:01
3	39	Chris Terry	49	Monroe	VA	31:31	9:34
4	40	Gary Anderson	46	Amherst	VA	31:46	9:38
5	55	Gerry Anderson	43	Lynchburg	VA	35:44	10:50
6	82	William Ragland	46	Forest	VA	56:46	17:13

FEMALE AGE GROUP: 40 - 49

1	63	Liz Terry	49	Monroe	VA	39:26	11:57
2	83	Tina Ragland	44	Forest	VA	56:50	17:14

3 84 Nicole Wright 41 Bedford VA 56:50 17:14

MALE AGE GROUP: 50 - 59

1 19 Michael Priebe 56 Effort PA 26:28 8:02

FEMALE AGE GROUP: 50 - 59

1 42 Victoria Lee 55 Madison Heig VA 32:04 9:44

2 73 Jenine Ann Kaznowsk 53 Amherst VA 46:09 14:00

3 75 Janice Augustine 59 Amherst VA 51:24 15:35

MALE AGE GROUP: 60 - 69

1 9 Felix Lopez 64 Lynchburg VA 23:53 7:15

2 21 Franklin Dunham 61 Spout Spring VA 26:55 8:10

3 76 Duncan Augustine 61 Amherst VA 51:24 15:35

FEMALE AGE GROUP: 60 - 69

NO FINISHERS

MALE AGE GROUP: 70 - 99

1 66 Lawrence Janow 74 Amherst VA 41:46 12:40

2 69 Art Rottenborn 75 Fishersville VA 42:59 13:02

FEMALE AGE GROUP: 70 - 99

NO FINISHERS

7th Annual IRON 1 Mile Youth Run
Amherst County High School
Amherst, VA June 24, 2017
79 degrees, sunny

Place	Name	City	St	Ag	S	Youth
1	Zachary Jackson	Madison Heights	VA	8	M	7:38
2	James Kilgore	Amherst	VA	11	M	8:21
3	Cole Carroll	Wilsonville	AL	6	M	9:10
4	Aidan Clements	Roanoke	VA	10	M	9:16
5	Cason Schjonning	Madison Heights	VA	3	M	14:39
6	Aiden Goin	Appomattox	VA	6	M	16:41

Timing & Results: Riverside Runners || info@riversiderunners.com