

26th Annual

Queens Lake 5K Run

New Quarter Park, Williamsburg, VA

Saturday, October 31, 2020

A Colonial Road Runners Grand Prix Event

A Hampton Roads Super Grand Prix Event

USATF Certified 5K Course (VA-20004-RT)

Per USATF timing standards, all times rounded up to the next second

182 finishers in 5K run/walk.

** Age group record (5-year age groups)

Men Overall

1. Roger Hopper, 29	Chesapeake	15:45
2. William Thompson, 28	Williamsburg	15:50
**3. Adam Otstot, 38	Williamsburg	15:54

Women Overall

1. Sika Henry, 36	Newport News	18:23
2. Emily Honeycutt, 29	Newport News	20:41
3. Julie Hicks, 45	Virginia Beach	21:01

Men 14-and-under

1. Isaac Lamprecht, 14	New Kent	18:18
2. Orion Berger, 14	Williamsburg	23:02
3. Braxton Lee, 11	Quinton	27:39
4. Magnus Chiles, 14	Virginia Beach	29:31
5. Aaron Tuckey, 13	Williamsburg	31:05
6. Ryan Budde, 13	Williamsburg	32:51
7. Marcel McFadden, 12	Hampton	34:29
8. Bryton Lee, 8	Quinton	36:18

Men 15-19

1. Draven Fernandez, 16	Virginia Beach	17:12
2. Robert Cummings, 17	Norfolk	17:36
3. Evan Clary, 19	Williamsburg	17:37
4. Franklin Reid, 18	Virginia Beach	17:47
5. Jarrett Sindt, 19	Virginia Beach	18:19
6. Glenn Glass, 17	Williamsburg	18:30
7. Lorenzo Short, 15	Toano	18:33
8. Connor Williams, 17	Suffolk	18:54
9. Quinn Layman, 15	Yorktown	20:32
10. Drew McFadden, 15	Hampton	21:11
11. Michael Kelley, 15	Virginia Beach	21:47
12. Wes McLean, 15	Williamsburg	23:09

Men 20-24

1. Andre Gallant, 22	Suffolk	16:39
2. Dillon Britt, 24	Pendleton, NC	17:57
3. Dane Hilsher, 20	Elizabethtown, PA	18:51
4. Caleb Patton, 23	Pensacola, FL	21:23

5. John Chiles, 22	Virginia Beach	22:56
6. Tony Altman Jr., 20	Smithfield	23:27

Men 25-29

1. Peter Ramundo, 28	Manhattan, KS	17:06
2. Mike Sandy, 28	Laurel, MD	19:46
3. Aaron Campbell, 28	Rising Sun, IN	32:37

Men 30-34

1. Richard Saunders, 32	Henrico	17:41
2. Jonathan Torres, 30	Newport News	17:48
3. Spencer Norman, 31	Richmond	18:25
4. Benjamin Kaurich, 32	Newport News	22:30
5. Frank Nixon, 34	Chesapeake	25:11

Men 35-39

1. Chris Novakoski, 39	Chesapeake	19:32
2. Kane Mansir, 39	Fort Eustis	21:59
3. Mike Mueller, 35	Williamsburg	22:29
4. Eric Smedberg, 35	Williamsburg	24:42

Men 40-44

1. Andy Riley, 42	Toano	17:31
2. Chris Simms, 44	Sedley	20:53
3. Andrew Rose, 43	Williamsburg	21:58
4. Benjamin Pettus, 44	Williamsburg	29:49

Men 45-49

1. Greg Lynn, 46	Hayes	18:44
2. Andrew Crookston, 48	Williamsburg	18:46
3. Chris Laws, 45	Newport News	19:13
4. Andrea Buoso, 46	Norfolk	19:52
5. Steven Short, 46	Toano	20:37
6. Paul Scribbins, 47	Gloucester	21:06
7. Kevin Rafferty, 49	Virginia Beach	21:27
8. Andrew Van Deren, 48	Henrico	22:42
9. David Berger, 45	Williamsburg	23:15
10. David Glass, 48	Williamsburg	23:35
11. Tony Dionisio, 46	Williamsburg	24:37
12. Jeff Wright, 49	Lithia, FL	25:03
13. Michael Voss, 46	Williamsburg	31:44
14. Patrick McFadden, 47	Hampton	35:17

Men 50-54

1. Tim Stewart, 51	Williamsburg	19:16
2. David Anderson, 50	Williamsburg	19:47
3. Kevin Clauberg, 52	Williamsburg	22:49
4. Kevin Hughes, 51	Williamsburg	23:58
5. John Accardi, 51	Williamsburg	24:25
6. Matthew Zentz, 52	Portsmouth	25:12
7. Greg Ferrel, 51	Hampton	26:29
8. Shawn Trahan, 54	Stafford	26:54

9. Brian Lamprecht, 50 New Kent 31:42

Men 55-59

1. Steven Kast, 55 Yorktown 18:29
2. Jon Leiding, 58 Virginia Beach 19:59
3. Sean Killeen, 55 Richmond 20:12
4. Alan Van Zandt, 59 Newport News 22:27
5. Bob Brunner, 59 Virginia Beach 23:55
6. Robert Jean, 55 Williamsburg 25:17
7. Joe Buck, 55 Chesapeake 25:59
8. Dwight Starks, 59 Virginia Beach 26:22
9. Chris Loney, 58 Virginia Beach 29:27
10. Dan Jones, 55 Yorktown 29:37
11. George Bernier, 56 Alexandria 31:26
12. Rex Hoover, 57 Williamsburg 32:20
13. John Markley, 55 Newport News 35:05
14. Charles Via, 57 Richmond 39:20

Men 60-64

1. Rick Samaha, 62 Williamsburg 19:29
2. Robert Whitaker, 61 Yorktown 20:04
3. Will Murray, 64 Williamsburg 22:16
4. Thomas Barry, 62 Williamsburg 22:37
5. Tom Robinson, 62 Williamsburg 23:20
6. Tony Heimer, 63 Chesapeake 23:38
7. Chris Abelt, 64 Williamsburg 23:47
8. Bill Price, 61 Chesapeake 23:49
9. Timothy Hodge, 61 Virginia Beach 24:39
10. Joseph McConnell, 60 Williamsburg 35:30
11. Norman Lehner, 60 Hampton 49:43

Men 65-69

**1. Stephen Chantry, 65 Williamsburg 20:15
2. Jim Duffy, 68 Poquoson 22:07
3. Jim Gullo, 66 Williamsburg 23:54
4. Thomas McAnulty, 67 Norfolk 26:23
5. Robert Read, 66 Williamsburg 29:38
6. Jess Brown, 65 Norfolk 30:46
7. George Dever, 67 Newport News 31:12
8. Sheldon Slaughter, 68 Gloucester 44:24

Men 70-and-over

1. Dale Abrahamson, 71 Yorktown 23:33
2. Rick Platt, 70 Williamsburg 24:47
3. Jimmy Blount, 70 Williamsburg 26:36
4. John DiCarlo, 71 Virginia Beach 26:37
5. Ed Irish, 70 Williamsburg 27:03
6. Randy Hawthorne, 75 Williamsburg 27:08
7. Joseph Verdirame, 71 Suffolk 31:04
8. William Chadim, 73 Midlothian 34:51
9. John Munday, 80 Chesapeake 44:03

Men Walk

1. Tom Gerhardt, 69	Chesapeake	36:35
2. Blaize Chiles, 18	Virginia Beach	43:06
3. Brian Chiles, 51	Virginia Beach	43:07
4. Robert Curtin, 67	Hampton	47:13

Women 14-and-under

1. Lydia Short, 11	Toano	22:46
2. Maxine Horne, 14	Williamsburg	23:03
3. Catherine Franzone, 10	Williamsburg	30:08
4. Parker Miller, 6	Williamsburg	39:00
5. Leah Ferrel, 12	Hampton	44:31
6. Jayce Brown, 12	Hampton	44:31

Women 15-19

1. Cannon Jean, 15	Williamsburg	21:39
2. Sidney Sindt, 16	Virginia Beach	22:43
3. Sophia Phan, 15	Virginia Beach	28:41

Women 20-24

1. Svetlana Goncharova, 22	Williamsburg	21:57
2. Grace Rust, 20	Farmville	26:14
3. Ellen Harrell, 20	Glen Allen	34:02

Women 25-29

1. Meaghan Gsell, 28	Williamsburg	21:35
2. Brooke Baudendistel, 27	Newport News	27:32

Women 30-34

1. Jessie Japzon, 34	Chesapeake	21:46
2. Jessica Smiley, 32	Williamsburg	23:05
3. Brady Goggin, 34	Williamsburg	24:36
4. Staci Fontes, 30	Williamsburg	29:44

Women 35-39

1. Karen Grabowski, 36	Toano	21:54
2. Stephanie Giammittorio, 36	Newport News	23:11
3. Jessica Anderson, 38	Williamsburg	23:43
4. Rachel Novakoski, 38	Chesapeake	26:40
5. Maryanne Lee, 38	Quinton	29:29
6. Amy Goldschmiedt, 37	Williamsburg	32:58

Women 40-44

1. Denise Littman, 42	Williamsburg	21:53
2. Meredith Robertson, 40	Williamsburg	23:32
3. Daphne Papaefthimiou, 44	Toano	25:17

Women 45-49

1. Christine Fernandez, 45	Virginia Beach	21:42
2. Jennie Simms, 45	Sedley	23:59
3. Susan Hagel, 47	Norfolk	25:06
4. Wendy Rafferty, 48	Virginia Beach	26:35

5. Angela Forbes, 48	Hayes	28:11
6. Kristi Chiles, 49	Virginia Beach	29:33

Women 50-54

1. Alyson Kast, 51	Yorktown	27:58
2. Criztina Jean, 52	Williamsburg	29:57
3. Teresa Markley, 52	Newport News	34:38
4. Alice Allred, 51	Williamsburg	39:59

Women 55-59

1. Debbie McLaughlin, 55	Williamsburg	22:30
2. Deelyn Robinson, 55	Williamsburg	25:33
3. Maria Peters, 55	Yorktown	25:51
4. Jean Troutman, 57	Williamsburg	26:33
5. Cathleen Owen, 56	Norfolk	26:46
6. Janice Kailos, 59	Williamsburg	27:48
7. Donna Fontes, 56	Newport News	29:44
8. Elizabeth Swarckof, 57	Jacksonville, NC	31:10
9. Eileen Sexton, 58	Williamsburg	37:30

Women 60-64

1. Shirley Stephens, 63	Williamsburg	30:03
2. Pamela O'Berry, 61	Ivor	44:02
3. Jane Lindstadt, 64	Williamsburg	47:08*

*Walker winning age group award

Women 65-69

1. Helen Worthington, 66	Bena	26:15
2. Jan Barry, 67	Williamsburg	26:45
3. Patricia Travis, 69	Williamsburg	29:10
4. Martha Gullo, 67	Williamsburg	30:45

Women 70-and-over

1. Roswitha Goossens-Winter, 72	Williamsburg	30:41
2. Virginia Davis, 71	Norfolk	30:45
3. Brenda Mitchell, 70	Williamsburg	42:36

Women Walk

1. Marie Price, 52	Chesapeake	39:43
2. Nancy Byrd, 66	Toano	40:06
3. Natashya Chiles, 20	Virginia Beach	43:08
4. Victoria Estes, 56	Norfolk	45:03
5. Bunny May, 69	Norfolk	45:48
6. Jane Lindstadt, 64	Williamsburg	47:08
7. Cathy Kaurich, 64	Williamsburg	53:18
8. Regina Vaytser, 31	Williamsburg	53:22
9. Niamh Crist, 39	Hampton	54:56
10. Sherrie Pride, 41	Williamsburg	54:56