

# 2009 White Lake Spring Sprint

## Overall Men

### White Lake, NC 5/03/2009 09:00AM

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Place	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	Bike	Rank	RUN	PENALTY	Time	DQ
1	43	MM	DONNY FORSYTH	CHARLOTTE NC	5	00:11:20	1	00:34:32	1	00:18:06		01:03:57	
2	35	OM	LANCE LEO	CHARLOTTE NC	2	00:11:03	2	00:34:52	4	00:18:39		01:04:32	
3	29	OM	AARON KIEFER	CARY NC	1	00:10:20	9	00:37:55	3	00:18:38		01:06:51	
4	42	MM	DUNCAN ROUGIER-CHAPMAN	RALEIGH NC	3	00:11:06	5	00:36:55	13	00:20:00		01:07:59	
5	53	MM	JONATHAN FARBER	CHAPEL HILL NC	20	00:12:48	6	00:37:05	10	00:19:52		01:09:45	
6	43	MM	JAMIE BUTTS	WILMINGTON NC	16	00:12:38	10	00:38:05	8	00:19:39		01:10:20	
7	41		MARK FACCIANI	PASADENA MD	52	00:14:01	3	00:36:36	9	00:19:47		01:10:23	
8	36		JADE COSTEN	MATTHEWS NC	36	00:13:22	11	00:38:17	6	00:18:50		01:10:28	
9	28	OM	JEFFREY HARLESS	CHAPEL HILL NC	4	00:11:14	52	00:41:17	2	00:18:19		01:10:49	
10	40	MM	IAN TWOHIG	CARY NC	21	00:12:50	4	00:36:52	39	00:21:47		01:11:28	
11	28	OM	AARON FARO	MATTHEWS NC	9	00:11:56	45	00:41:05	5	00:18:39		01:11:40	
12	33		ROBERT CRISTMAN	SALISBURY NC	26	00:13:01	15	00:39:01	11	00:19:52		01:11:53	
13	48	MM	REGGIE BARNES	WRIGHTSVILLE BEACH NC	10	00:12:14	16	00:39:05	16	00:20:36		01:11:54	
14	42		DAVID LOWER	WILMINGTON NC	93	00:14:49	7	00:37:46	12	00:19:59		01:12:33	
15	41		SPENCER SEIBERT	ANNAPOLIS MD	23	00:12:51	19	00:39:17	17	00:20:42		01:12:49	
16	32		TODD MIDGETT	WILMINGTON NC	14	00:12:27	21	00:39:21	32	00:21:36		01:13:23	
17	44		DAVE BABSON	RALEIGH NC	32	00:13:15	14	00:38:37	33	00:21:37		01:13:28	
18	38		NEIL PETERKEN	WILMINGTON NC	19	00:12:42	18	00:39:15	41	00:21:53		01:13:48	
19	43		DAN SULLIVAN	CHARLOTTE NC	66	00:14:23	12	00:38:20	24	00:21:07		01:13:49	
20	50		JEFF BLACKWELL	WILMINGTON NC	22	00:12:50	13	00:38:29	55	00:22:36		01:13:55	
21	50		FRANK HARGETT	HUNTERSVILLE NC	73	00:14:30	8	00:37:48	47	00:22:08		01:14:25	
22	37		GREGORY KOENIG	WILMINGTON NC	58	00:14:09	17	00:39:14	30	00:21:35		01:14:58	

23	48		MIKE COX	GREENSBORO NC	15	00:12:31	28	00:40:02	53	00:22:31	01:15:02	
24	29		JOHN KELLEY	RALEIGH NC	95	00:14:52	31	00:40:25	15	00:20:17	01:15:32	
25	35		GABE SALINAS	WILMINGTON NC	102	00:15:12					01:15:47	
26	31		MATTHEW LEE	RALEIGH NC	12	00:12:19	33	00:40:36	65	00:22:57	01:15:51	
27	36		PAUL KELLY	APEX NC	69	00:14:26	24	00:39:44	37	00:21:43	01:15:53	
28	43		JOHN PELLIZZARI	WILMINGTON NC	11	00:12:15	26	00:39:51	89	00:23:48	01:15:53	
29	46		JOHN BRIENZA	CHARLOTTE NC	35	00:13:21	25	00:39:46	73	00:23:10	01:16:16	
30	41		CHRIS KLEBE	BISHOPVILLE MD	39	00:13:30	62	00:41:59	23	00:21:03	01:16:31	
31	34		KRISTOPHER CLINARD	FUQUAY VARINA NC	55	00:14:06	41	00:40:55	29	00:21:32	01:16:32	
32	38		JOHN MORGAN	WILMINGTON NC	59	00:14:10	56	00:41:34	19	00:20:57	01:16:41	
33	26		WILL ROSS	CHARLOTTE NC	17	00:12:38	58	00:41:45	51	00:22:24	01:16:46	
34	49		RICHARD BROKAW	LEWES DE	57	00:14:09	78	00:42:43	14	00:20:07	01:16:58	
35	47		NICK TOFFOLON	WILMINGTON NC	38	00:13:29	43	00:41:03	57	00:22:41	01:17:13	
36	28		JEFF STATON	GREENSBORO NC	201	00:17:58	29	00:40:03	7	00:19:25	01:17:26	
37	37		JOEY ROSSI	RALEIGH NC	92	00:14:47	50	00:41:15	26	00:21:29	01:17:31	
38	30		NICHOLAS TRUEMAN	HOLLY SPRINGS NC	18	00:12:40	74	00:42:38	50	00:22:18	01:17:34	
39	44		STEVE RITCHIE	CARY NC	24	00:12:52	60	00:41:51	62	00:22:52	01:17:35	
40	37		JIM MOLNAR	CARY NC	158	00:16:28	20	00:39:18	44	00:22:01	01:17:47	
41	43		SCOTT YELTON	RALEIGH NC	110	00:15:25	39	00:40:53	36	00:21:38	01:17:55	
42	36		THANE BOYSEN	CARY NC	45	00:13:46	55	00:41:31	71	00:23:08	01:18:24	
43	42	MC	BARTON FISCHER	FAYETTEVILLE NC	111	00:15:26	30	00:40:07	66	00:22:57	01:18:29	
44	35		ERIC GRESSMAN	RALEIGH NC	68	00:14:24	27	00:39:54	49	00:22:13	00:02:00	01:18:30
45	49		PAUL TABER	WRIGHTSVILLE BEACH NC	62	00:14:16	54	00:41:30	61	00:22:52	01:18:37	
46	36		W. PATRICK GALE	CHAPEL HILL NC	97	00:15:01	47	00:41:10	52	00:22:29	01:18:39	
47	43		DEREK BUNTON	CARY NC	33	00:13:16	22	00:39:33	143	00:25:51	01:18:39	
48	48		MARK BLASHAW	RALEIGH NC	134	00:15:54	35	00:40:49	43	00:22:00	01:18:42	
49	40		MARTY DEJOSEPH	CASTLE HAYNE NC	71	00:14:28	72	00:42:28	42	00:21:57	01:18:53	
50	55		IAIN CLELLAND	BLACKSBURG VA	76	00:14:31	42	00:40:59	82	00:23:29	01:18:58	
51	60		ROBERT GLENN	DURHAM NC	90	00:14:45	46	00:41:09	72	00:23:08	01:19:01	
52	38		KEVIN OTIS	HUNTERSVILLE NC	60	00:14:12	65	00:42:13	60	00:22:45	01:19:08	
53	41	MC	WALTER BEHRMANN	ASHEVILLE NC	49	00:13:51	23	00:39:43	137	00:25:41	01:19:13	

54	57		JOHN AUSTIN	WAKE FOREST NC	108	00:15:24	82	00:42:59	18	00:20:57	01:19:18	
55	36		BILL BASS	APEX NC	192	00:17:26	37	00:40:52	22	00:21:02	01:19:19	
56	59		JIM MINCHER	WRIGHTSVILLE BEACH NC	37	00:13:24	57	00:41:44	98	00:24:19	01:19:26	
57	34		MARTIN DVORAK	CARY NC	42	00:13:41	86	00:43:15	54	00:22:32	01:19:27	
58	34		PAUL MCKEITHAN	RALEIGH NC	129	00:15:49	34	00:40:43	21	00:20:59	00:02:00	01:19:30
59	37		BRIAN CAUSEY	WILMINGTON NC	74	00:14:30	36	00:40:51	48	00:22:12	00:02:00	01:19:32
60	43		DAVE BULLAMORE	RALEIGH NC	150	00:16:20	66	00:42:18	20	00:20:58	01:19:34	
61	55		BRIAN CAMPBELL	WILMINGTON NC	91	00:14:46	61	00:41:56	70	00:23:07	01:19:48	
62	46	MC	HARVEY HAIGLER	RALEIGH NC	29	00:13:08	79	00:42:45	92	00:23:57	01:19:49	
63	51		MIKE YOUNGBLOOD	WILMINGTON NC	27	00:13:02	49	00:41:13	86	00:23:34	00:02:00	01:19:49
64	42		JIM SNYDER	KILL DEVIL HILLS NC	118	00:15:38	71	00:42:23	40	00:21:51	01:19:51	
65	39		GREG MANSON	WILMINGTON NC	65	00:14:23	48	00:41:11	109	00:24:31	01:20:04	
66	44		MICHAEL JONES	WILMINGTON NC	54	00:14:05	75	00:42:38	81	00:23:26	01:20:08	
67	45		JOHN WILKINS	RALEIGH NC	77	00:14:32	40	00:40:53	116	00:24:45	01:20:09	
68	47		TOM ARMOUR	WILMINGTON NC	40	00:13:32	38	00:40:52	140	00:25:46	01:20:10	
69	46		ROBERT MOODY	DURHAM NC	152	00:16:21	59	00:41:49	45	00:22:05	01:20:13	
70	51		ALEX KING	WILMINGTON NC	13	00:12:26	104	00:44:22	85	00:23:34	01:20:21	
71	45	MC	JEFF PLEMMONS	GASTONIA NC	84	00:14:39	76	00:42:40	75	00:23:13	01:20:30	
72	37		CHRIS SCOTT	RALEIGH NC					27	00:21:31	01:20:49	
73	35		CHRIS GIBBY	CLEMMONS NC	123	00:15:41	73	00:42:30	59	00:22:43	01:20:54	
74	17		ERIC SCHEIER	RALEIGH NC	56	00:14:07	124	00:45:40	25	00:21:17	01:21:02	
75	40		ROBERT CASE	ASHEVILLE NC	156	00:16:24	44	00:41:04	90	00:23:48	01:21:15	
76	26		WILLIAM CARPER	WILMINGTON NC	96	00:14:59	93	00:43:36	58	00:22:42	01:21:15	
77	39		JAMES WRAGGE	WAKE FOREST NC	113	00:15:28	68	00:42:20	28	00:21:31	00:02:00	01:21:19
78	43	MC	BOB ERICKSON	RALEIGH NC	130	00:15:52	32	00:40:36	123	00:24:57	01:21:24	
79	28		DOYLE MIDGETTE	RALEIGH NC	219	00:18:32	53	00:41:18	31	00:21:35	01:21:24	
80	40	MC	MATT ROHDEN	WINSTON SALEM NC	126	00:15:46	51	00:41:16	110	00:24:33	01:21:35	
81	43		JOHN MOEHNKE	WILMINGTON NC	155	00:16:23	67	00:42:19	64	00:22:56	01:21:37	
82	28		RYAN HAMLIN	RALEIGH NC	75	00:14:31	101	00:44:06	69	00:23:03	01:21:39	
83	60		ALFRED STANLEY	WILMINGTON NC	34	00:13:20	80	00:42:47	138	00:25:43	01:21:49	
84	32		BEN BEACH	JACKSONVILLE NC	183	00:17:07	83	00:43:01	38	00:21:45	01:21:52	

85	27		SCOTT VAN HOEVER	NEW BERN NC	149	00:16:17	99	00:44:03	35	00:21:38	01:21:57
86	34		KYLE HABECKER	DURHAM NC	67	00:14:23	81	00:42:47	118	00:24:48	01:21:57
87	25		SAM SUAREZ	RALEIGH NC	171	00:16:45	63	00:42:07	83	00:23:31	01:22:22
88	48		PERRY BOSEMAN	RALEIGH NC	139	00:16:01	92	00:43:34	63	00:22:55	01:22:28
89	39		GOODWIN TAYLOR	HERNDON VA	100	00:15:08	108	00:44:40	68	00:23:00	01:22:47
90	36		KEVIN STYERS	APEX NC	51	00:13:58	97	00:44:00	122	00:24:55	01:22:53
91	49		DAVID CATES	HILLSBOROUGH NC	105	00:15:15	84	00:43:05	114	00:24:42	01:23:01
92	39		MICHAEL FOERSTER	RALEIGH NC	89	00:14:45	69	00:42:21	151	00:25:57	01:23:02
93	44		DAVIS BAGLEY	WILMINGTON NC	147	00:16:15	102	00:44:10	56	00:22:39	01:23:03
94	39		BRYAN TATE	WILMINGTON NC	167	00:16:35	90	00:43:29	78	00:23:18	01:23:21
95	42		DAVID CLARK	MATTHEWS NC	114	00:15:29	109	00:44:42	87	00:23:36	01:23:46
96	53		MICHAEL CAVENESS	WILMINGTON NC	70	00:14:27	96	00:43:56	136	00:25:39	01:24:01
97	45		LOWELL GOULD	ROCKY POINT NC	101	00:15:09	103	00:44:11	121	00:24:53	01:24:12
98	33		BRIAN FRANKO	NEW BERN NC	148	00:16:17	94	00:43:37	103	00:24:25	01:24:18
99	42	ZM	KARL KLEIDERER	CHARLOTTE NC	169	00:16:38	110	00:44:46	67	00:22:58	01:24:22
100	33		CLAYTON ROBERTS	RALEIGH NC	168	00:16:35	89	00:43:28	99	00:24:20	01:24:23
101	42	MC	DAVID PIRKLE	CORNELIUS NC	115	00:15:31	77	00:42:41	160	00:26:22	01:24:33
102	37		STEPHEN KILLIAN	WILMINGTON NC	48	00:13:51	133	00:46:05	115	00:24:45	01:24:39
103	47	MM	PATRICK WEBSTER	RALEIGH NC	53	00:14:04	91	00:43:31	127	00:25:11	00:02:00 01:24:45
104	42		JONATHAN ARMSTRONG	RALEIGH NC	121	00:15:40	70	00:42:22	174	00:26:48	01:24:48
105	33		DERRICK GAINEY	CHARLOTTE NC	164	00:16:31	118	00:45:22	76	00:23:13	01:25:05
106	37		JASON DEIBERT	HOLLY SPRINGS NC	81	00:14:36	136	00:46:09	105	00:24:26	01:25:09
107	36		DAN BESSETTE	MIDLAND NC	88	00:14:44	87	00:43:19	188	00:27:22	01:25:24
108	37		BRIAN RIOUX	WILMINGTON NC	178	00:17:02	116	00:45:09	77	00:23:18	01:25:28
109	29		TRAVER FARMER	FAYETTEVILLE NC	176	00:16:55	128	00:45:51	74	00:23:10	01:25:56
110	37	C	JUSTIN ROBERTSON	WILMINGTON NC	85	00:14:39	98	00:44:01	189	00:27:23	01:26:02
111	62		PAUL BLOOM	DURHAM NC	165	00:16:32	115	00:45:08	102	00:24:24	01:26:04
112	25		ZACH WURZ	MORRISVILLE NC	138	00:16:00	100	00:44:05	152	00:26:06	01:26:09
113	41		LALIT VERMA	CHAPEL HILL NC	46	00:13:48	123	00:45:38	170	00:26:45	01:26:11
114	36		ANTHONY INTEGLIA	RALEIGH NC	99	00:15:06	95	00:43:41	195	00:27:34	01:26:20
115	38		GREG WARREN	RALEIGH NC	6	00:11:28	113	00:45:00	239	00:29:54	01:26:21

116	28	NM	JOSEPH HOYLE	CHAPEL HILL NC	41	00:13:36	171	00:48:29	104	00:24:25	01:26:29	
117	35		JOSH DALTON	RALEIGH NC	44	00:13:45	131	00:45:58	176	00:26:53	01:26:36	
118	37		JOSHUA PERKIS	DANIEL ISLAND SC	94	00:14:51	159	00:47:28	97	00:24:19	01:26:36	
119	38		JAY PARKER	CHAPEL HILL NC	163	00:16:31	167	00:48:02	46	00:22:07	01:26:39	
120	49		BRIAN MOXEY	SURF CITY NC	122	00:15:40	126	00:45:47	130	00:25:25	01:26:51	
121	32		MATTHEW BURNS	WILMINGTON NC	196	00:17:36	132	00:45:58	79	00:23:19	01:26:52	
122	35		SHAWN POWELL	CONCORD NC	146	00:16:12	85	00:43:12	197	00:27:36	01:26:58	
123	36	NM	SCOTT HAENNI	CHARLOTTE NC	50	00:13:58	175	00:48:41	100	00:24:21	01:26:59	
124	32	NM	PAUL SAVAGE	APEX NC	209	00:18:21	106	00:44:33	96	00:24:14	01:27:07	
125	38		CARL FOULKS	MOORESVILLE NC	249	00:19:56	88	00:43:21	91	00:23:55	01:27:12	
126	49		SIMON GRIFFITHS	RALEIGH NC	104	00:15:14	114	00:45:05	179	00:27:04	01:27:22	
127	40		WOODY WHITE	WILMINGTON NC	98	00:15:02	130	00:45:55	164	00:26:36	01:27:31	
128	45		DAVID SAPIENZA	HOLLY SPRINGS NC	83	00:14:38	143	00:46:42	155	00:26:13	01:27:32	
129	23	NM	STEPHEN HOYLE	CHAPEL HILL NC	140	00:16:03	157	00:47:16	106	00:24:26	01:27:43	
130	53		KEVIN HOWARD	EDEN NC	112	00:15:27	121	00:45:32	171	00:26:47	01:27:46	
131	32		MARK MEDENDORP	GREENSBORO NC	7	00:11:52	163	00:47:51	207	00:28:05	01:27:46	
132	40		BRAD WILLIFORD	HOLLY SPRINGS NC	120	00:15:39	146	00:46:49	133	00:25:34	01:28:01	
133	31		ERIC VIERLING	WILMINGTON NC	78	00:14:33	158	00:47:19	156	00:26:13	01:28:03	
134	41		JOHN ROBINSON	PINEHURST NC	173	00:16:47	139	00:46:24	128	00:25:11	01:28:21	
135	35	C	RUSTY DAVIS	RALEIGH NC	162	00:16:29	64	00:42:12	235	00:29:45	01:28:26	
136	45		MICHAEL SCOLLARD	RALEIGH NC	119	00:15:38	140	00:46:27	162	00:26:30	01:28:35	
137	14		MICHAEL BRIENZA	CHARLOTTE NC	31	00:13:12	194	00:49:59	131	00:25:27	01:28:37	
138	30		RUSSELL BURNS	JAMESTOWN NC	28	00:13:03	161	00:47:41	206	00:28:02	01:28:44	
139	41		CHRIS BLUMENTHAL	SALISBURY NC	87	00:14:41	137	00:46:18	203	00:27:58	01:28:56	
140	45	ZM	TIM WAITE	CHARLOTTE NC	229	00:18:57	127	00:45:48	95	00:24:13	01:28:57	
141	45		MIKE SIEGFRIED	GASTONIA NC	107	00:15:22	129	00:45:53	202	00:27:52	01:29:07	
142	44		JAMES MEDALL	CHARLOTTE NC	63	00:14:20	135	00:46:09	167	00:26:40	00:02:00	01:29:08
143	37		CHAZ FELIX	RALEIGH NC	186	00:17:15	169	00:48:18	88	00:23:38	01:29:10	
144	35		JAYSON DELISLE	HILLSBOROUGH NC	72	00:14:30	206	00:50:38	93	00:24:07	01:29:14	
145	15	NM	CLIFF MAUS	WILMINGTON NC	244	00:19:51	138	00:46:18	84	00:23:33	01:29:41	
146	41		STEVE MCCONNELL	CHAPEL HILL NC	125	00:15:42	151	00:47:01	180	00:27:05	01:29:47	

147	50		DAVE STEWART	RALEIGH NC	117	00:15:35	145	00:46:48	190	00:27:27	01:29:49	
148	54		BOBBY BRANDON	WRIGHTSVILLE BEACH NC	223	00:18:44	142	00:46:39	113	00:24:40	01:30:02	
149	35		GRAHAM SCHILLMOLLER	RALEIGH NC	64	00:14:21	173	00:48:31	186	00:27:18	01:30:08	
150	41	MC	DAVID KREUTZER	MATTHEWS NC	153	00:16:21	152	00:47:02	172	00:26:47	01:30:09	
151	49		ROD HOOKER	WILMINGTON NC	142	00:16:05	144	00:46:44	187	00:27:22	01:30:10	
152	16		AUSTIN CLARK	MATTHEWS NC	25	00:12:56	165	00:48:00	229	00:29:23	01:30:18	
153	37		JEFF HOWARD	CHARLOTTE NC	160	00:16:29	166	00:48:02	145	00:25:54	01:30:24	
154	39		MCQUEEN CAMPBELL	RALEIGH NC	109	00:15:25	187	00:49:30	132	00:25:33	01:30:27	
155	38	C	DANIEL JOYE	HAMPSTEAD NC	218	00:18:31	120	00:45:31	178	00:27:02	01:31:04	
156	63		LOU GALLI	WILMINGTON NC	103	00:15:14	192	00:49:46	153	00:26:09	01:31:07	
157	27	NM	MICHAEL TURNER	CHARLOTTE NC	161	00:16:29	177	00:48:52	144	00:25:51	01:31:12	
158	49		GREG MILLER	WILMINGTON NC	144	00:16:09	122	00:45:37	232	00:29:32	01:31:17	
159	25		MICHAEL HOWE	MOUNT HOLLY NC	193	00:17:29	234	00:52:18	34	00:21:37	01:31:24	
160	62		IVA ANDERSON	RALEIGH NC	220	00:18:41	160	00:47:35	129	00:25:12	01:31:27	
161	46		DAVID SCHULTZ	LELAND NC	79	00:14:33	203	00:50:35	165	00:26:38	01:31:45	
162	40		TODD HOLLAND	CARY NC	141	00:16:04	224	00:51:38	94	00:24:07	01:31:48	
163	33	C	LUKE PIETRANTONE	ASHBURN VA	128	00:15:49	150	00:46:55	184	00:27:14	00:02:00	01:31:56
164	50		HARRIS WELLES	RALEIGH NC	127	00:15:47	156	00:47:14	230	00:29:23	01:32:23	
165	45		CHRIS TZANAKOS	COCKEYSVILLE MD	136	00:15:56	164	00:47:59	214	00:28:30	01:32:24	
166	34		ERIK MCFETTERS	WILMINGTON NC	30	00:13:09	147	00:46:50	270	00:32:31	01:32:29	
167	19		TAYLOR MILLESON	ADVANCE NC	187	00:17:17	232	00:52:11	80	00:23:25	01:32:52	
168	55		RIK HANLEY	WAKE FOREST NC	82	00:14:36	212	00:51:06	183	00:27:11	01:32:52	
169	35		JIM HALLEY	RALEIGH NC	177	00:17:01	119	00:45:30	213	00:28:25	00:02:00	01:32:54
170	36	C	JUSTIN HANSEN	CHARLOTTE NC	213	00:18:25	125	00:45:44	220	00:28:46	01:32:54	
171	31	C	JAMES BROWN	WILLOW SPRING NC	221	00:18:42	105	00:44:27	236	00:29:47	01:32:55	
172	35		PATRICK PEARSON	DURHAM NC	254	00:20:12	111	00:44:56	147	00:25:55	00:02:00	01:33:02
173	53	MC	JON SASSER	RALEIGH NC	199	00:17:46	172	00:48:30	173	00:26:47	01:33:02	
174	41		THOMAS GRIFFITH	CARY NC	206	00:18:07	154	00:47:12	201	00:27:48	01:33:06	
175	31		NATHANIEL PARKER	CARY NC	245	00:19:52	174	00:48:31	117	00:24:47	01:33:10	
176	56		ROBBIE DRIVER	WRIGHTSVILLE BEACH NC	179	00:17:02	193	00:49:56	169	00:26:45	01:33:42	
177	45	ZM	ALAN YUEH	DURHAM NC	86	00:14:40	261	00:53:56	126	00:25:07	01:33:42	

178	39	NM	JOHN COBURN	RALEIGH NC	47	00:13:49	251	00:53:24	177	00:26:58	01:34:10	
179	46		DONALD HOOVER	DURHAM NC	184	00:17:08	201	00:50:28	175	00:26:50	01:34:24	
180	27		ANDREW COOPER	MANASSAS VA	133	00:15:54	218	00:51:24	181	00:27:09	01:34:26	
181	43		GREG NICHOLS	GOLDSBORO NC	195	00:17:35	186	00:49:29	200	00:27:44	01:34:46	
182	48	MM	HENRY IJAMS	CHARLOTTE NC	205	00:18:04	208	00:50:58	149	00:25:56	01:34:57	
183	60		DAVID ROBERTS	RALEIGH NC	284	00:22:02	168	00:48:15	119	00:24:49	01:35:05	
184	31	C	STEPHEN STOCKWELL	DURHAM NC	197	00:17:39	148	00:46:51	249	00:30:37	01:35:06	
185	39	C	BRUCE REEVES	CARY NC	269	00:21:06	117	00:45:16	120	00:24:51	00:04:00	01:35:13
186	45	ZM	BOB DURONIO	CHAPEL HILL NC	247	00:19:55	162	00:47:42	199	00:27:43	01:35:19	
187	43	ZM	MATTHEW REDINBO	CHAPEL HILL NC	227	00:18:52	199	00:50:18	154	00:26:12	01:35:22	
188	36		CHRIS CHESHIRE	RALEIGH NC	154	00:16:22	181	00:49:09	238	00:29:52	01:35:22	
189	40		CHARLIE BARHAM	DURHAM NC	188	00:17:19	233	00:52:17	150	00:25:57	01:35:32	
190	25		RYAN KINGSBURY	CHAPEL HILL NC	216	00:18:29	227	00:51:47	134	00:25:34	01:35:50	
191	15		CHRIS POLLENZ	RALEIGH NC	8	00:11:55	283	00:55:45	212	00:28:16	01:35:54	
192	46		MIKE GOZON	CARY NC	116	00:15:32	176	00:48:49	233	00:29:37	00:02:00	01:35:57
193	47		OLDA GARDON	STANFIELD NC	202	00:18:02	200	00:50:26	198	00:27:40	01:36:07	
194	29		CHRIS TENNANT	WILMINGTON NC	214	00:18:28	141	00:46:38	255	00:31:05	01:36:10	
195	37	NM	BRAD WOOD	CHAPEL HILL NC	258	00:20:16	221	00:51:27	108	00:24:30	01:36:11	
196	38		ROD MCLEAN	FORT MILL SC	278	00:21:46	195	00:50:06	101	00:24:23	01:36:14	
197	37		ARIS CLEANTHOUS	BALTIMORE MD	124	00:15:42	226	00:51:47	223	00:28:51	01:36:19	
198	45		KEVIN SULLIVAN	RALEIGH NC	281	00:21:59	155	00:47:13	185	00:27:16	01:36:27	
199	41	MC	SCOTT HOYT	CARY NC	279	00:21:48	179	00:49:07	135	00:25:36	01:36:29	
200	56		BRIAN CLARK	MEBANE NC	265	00:20:45	182	00:49:09	166	00:26:39	01:36:32	
201	56		RALPH KONRADY	WRIGHTSVILLE BEACH NC	175	00:16:50	236	00:52:29	194	00:27:33	01:36:51	
202	40		STAFFORD BRISTER	WILMINGTON NC	273	00:21:24	112	00:44:57	250	00:30:38	01:36:58	
203	39		MICHAEL KEILHOLZ	APEX NC	189	00:17:19	238	00:52:33	182	00:27:10	01:37:02	
204	36	C	TRAVIS JUSTICE	HUNTERSVILLE NC	131	00:15:52	149	00:46:53	285	00:34:24	01:37:09	
205	25		JONATHAN MILLER	RALEIGH NC	190	00:17:21	191	00:49:41	244	00:30:14	01:37:15	
206	47		DANIEL BOWKER	WAXHAW NC	132	00:15:53	282	00:55:37	139	00:25:45	01:37:15	
207	45		JIM SCHROEDER	DALLASTOWN PA	170	00:16:41	209	00:50:59	234	00:29:37	01:37:17	
208	35		ROMULO FUENTES	DURHAM NC	257	00:20:12	235	00:52:28	124	00:24:59	01:37:39	

209	33		JONATHAN EVANS	DURHAM NC	270	00:21:13	198	00:50:15	158	00:26:18	01:37:45
210	56		JC PHILLIPS	CHAPEL HILL NC	299	00:23:51	188	00:49:30	107	00:24:28	01:37:48
211	39		LAWRENCE TURNER	FAYETTEVILLE NC	235	00:19:21	205	00:50:38	209	00:28:09	01:38:06
212	48		HUDSON WELCH	CHARLOTTE NC	181	00:17:05	243	00:53:07	205	00:28:00	01:38:11
213	39		JON DAVID	LELAND NC	137	00:15:57	219	00:51:26	253	00:30:56	01:38:18
214	43		GLEN BRIZENDINE	YOUNGSVILLE NC	215	00:18:28	213	00:51:06	221	00:28:50	01:38:24
215	27		WILLIAM SMITH	DURHAM NC	232	00:18:59	197	00:50:14	240	00:29:57	01:39:09
216	18		AUSTIN BARFIELD	RALEIGH NC	80	00:14:33	266	00:54:24	246	00:30:21	01:39:16
217	38		MATTHEW WILLIAMSON	DURHAM NC	243	00:19:29	257	00:53:34	159	00:26:19	01:39:21
218	40		WILSON JEWELL	WILMINGTON NC	180	00:17:04	255	00:53:32	224	00:28:56	01:39:31
219	50		PAUL FISHER	RALEIGH NC	228	00:18:53	170	00:48:19	248	00:30:26	00:02:00
220	42		GREG ELLISON	CHARLOTTE NC	288	00:22:26	241	00:52:53	111	00:24:37	01:39:55
221	40		BRIG HARRIS	NEW BERN NC	293	00:23:02	185	00:49:25	196	00:27:35	01:40:01
222	31		JOSHUA BOLICK	WILMINGTON NC	246	00:19:53	196	00:50:11	241	00:30:01	01:40:04
223	48	MC	MICHAEL BEASLEY	FUQUAY VARINA NC	200	00:17:47	214	00:51:07	257	00:31:18	01:40:11
224	22		COVI HAZELWOOD	WILMINGTON NC	298	00:23:50	107	00:44:35	260	00:31:50	01:40:14
225	49	ZM	STEVEN YOUNG	DURHAM NC	61	00:14:15	267	00:54:32	258	00:31:43	01:40:29
226	41		BRET PEDIGO	SANFORD NC	304	00:24:25	134	00:46:08	242	00:30:03	01:40:35
227	55		JOHN SANDERS	WILMINGTON NC	212	00:18:24	217	00:51:20	252	00:30:56	01:40:40
228	41	ZM	JEFF WHETSTONE	DURHAM NC	250	00:19:59	202	00:50:30	243	00:30:11	01:40:40
229	39	NM	DANA GRODE	FUQUAY-VARINA NC	253	00:20:11	272	00:55:05	142	00:25:48	01:41:03
230	34	C	TOM DUGAS JR.	ELLCOTT CITY MD	268	00:21:00	153	00:47:09	276	00:32:58	01:41:06
231	37	C	CRAIG ALAN OLIVER	CHARLOTTE NC	256	00:20:12	183	00:49:14	259	00:31:43	01:41:08
232	53		JIM WALSH	RALEIGH NC	272	00:21:18	229	00:51:53	204	00:27:59	01:41:09
233	42	MC	SCOTT RAY	CHARLOTTE NC	191	00:17:21	222	00:51:29	264	00:32:21	01:41:10
234	39		ERIC THOMSON	DURHAM NC	210	00:18:21	264	00:54:20	215	00:28:31	01:41:11
235	61		SAM BAKER	RALEIGH NC	151	00:16:20	223	00:51:34	281	00:33:27	01:41:20
236	30		CARL HOLLIFIELD	RALEIGH NC	286	00:22:13	256	00:53:33	141	00:25:46	01:41:31
237	38		DAVID ELLER	HOPE MILLS NC	236	00:19:21	204	00:50:37	210	00:28:09	00:04:00
238	39		FLOYD BENFIELD	WILMINGTON NC	208	00:18:21	248	00:53:13	256	00:31:13	01:42:45
239	62		ROD LEE	BAYBORO NC	106	00:15:21	280	00:55:34	261	00:31:53	01:42:48

240	29	NM	DANIEL FLOWE	MORRISVILLE NC	157	00:16:26	276	00:55:23	254	00:31:02	01:42:50
241	42		CURTIS STANSBURY	WILMINGTON NC	211	00:18:21	278	00:55:29	227	00:29:08	01:42:58
242	39		PATRICK MASLYN	MOSELEY VA	145	00:16:10	225	00:51:45	292	00:35:09	01:43:03
243	33		RUDY RUSCHMANN	CHARLOTTE NC	271	00:21:15	184	00:49:15	280	00:33:16	01:43:44
244	44	MM	GORRELL CHEEK	CHARLOTTE NC	301	00:24:05	247	00:53:12	161	00:26:29	01:43:46
245	49		BOBBY MASON	RICHMOND VA	289	00:22:34	178	00:49:00	266	00:32:26	01:43:59
246	36	NM	CASEY PERRY	MIDDLESEX NC	276	00:21:40	259	00:53:41	218	00:28:42	01:44:03
247	42	ZM	BRET BLAIR	WEDDINGTON NC	224	00:18:47	207	00:50:39	291	00:35:03	01:44:28
248	28	C	CRAIG LOWRY	PEMBROKE NC					272	00:32:45	01:44:29
249	55		DANIEL ADDISON	CHAPEL HILL NC	237	00:19:21	289	00:56:29	219	00:28:44	01:44:33
250	32	NM	ROBERT POWELL	DURHAM NC	185	00:17:14	270	00:54:58	265	00:32:23	01:44:35
251	50	MC	RICK TUFTS	ABERDEEN NC	292	00:22:44	240	00:52:43	228	00:29:22	01:44:49
252	28	C	DAVID DECKER	CHARLOTTE NC	240	00:19:28	287	00:56:10	231	00:29:24	01:45:01
253	35	NM	JASON MAURER	DURHAM NC	226	00:18:51	253	00:53:29	273	00:32:46	01:45:06
254	49	ZM	MARK DOGETT	GREENVILLE NC	275	00:21:39	288	00:56:16	191	00:27:27	01:45:21
255	36	NM	ALEXANDER ALLRED	CARY NC	261	00:20:24	239	00:52:35	267	00:32:28	01:45:25
256	38	C	JASON HARLOFF	CARY NC	159	00:16:29	254	00:53:29	293	00:35:34	01:45:32
257	29	NM	ERIC SMITH	RALEIGH NC	166	00:16:33	262	00:54:02	290	00:35:01	01:45:35
258	43		MICHAEL PETERS	HOPE MILLS NC	291	00:22:43	230	00:52:05	251	00:30:48	01:45:36
259	69		DOUG SIMPSON	DULUTH GA	255	00:20:12	216	00:51:15	284	00:34:18	01:45:43
260	29	NM	JASON GWINN	TROUTMAN NC	262	00:20:27	242	00:52:56	269	00:32:31	01:45:53
261	35		DONALD MCLAMB JR	WILMINGTON NC	172	00:16:47	281	00:55:37	282	00:33:34	01:45:56
262	24	NM	BEN KAUFMAN	RALEIGH NC	311	00:26:17	189	00:49:32	245	00:30:18	01:46:05
263	41	MC	DENNIS SULLIVAN	WILMINGTON NC	194	00:17:33	180	00:49:07	310	00:39:31	01:46:10
264	33		MARK SWAN	KNIGHTDALE NC	287	00:22:26	284	00:55:47	211	00:28:14	01:46:26
265	27	NM	JAMES HATFIEL	MORRISVILLE NC	263	00:20:30	286	00:56:08	237	00:29:51	01:46:29
266	41		VINCE NELSON	GREENVILLE NC	198	00:17:41	285	00:56:06	274	00:32:48	01:46:34
267	36		MARC PRIMANTI	RALEIGH NC	307	00:25:27	210	00:51:00	247	00:30:21	01:46:47
268	29	NM	BENJAMIN THOMAS	PRINCETON NC	135	00:15:55	307	01:01:50	226	00:29:05	01:46:49
269	39		JEFF ZILLMER	CARY NC	234	00:19:18	244	00:53:07	288	00:34:36	01:47:01
270	53	ZM	MICK JONES	CONCORD OH	252	00:20:07	303	01:00:31	163	00:26:31	01:47:08

271	74		GORDON CARBERRY	ARAPAHOE NC	238	00:19:24	250	00:53:17	286	00:34:30		01:47:09
272	39		ANTHONY CAPOZZOLI	CARY NC	230	00:18:58	237	00:52:32	295	00:35:44		01:47:12
273	54		JOHN MELLING	NEW BERN NC	312	00:26:19	252	00:53:26	193	00:27:29		01:47:14
274	46		SHERIDAN DICKENS	RALEIGH NC	317	00:27:05	249	00:53:14	125	00:25:01	00:02:00	01:47:19
275	38		BRIAN WHITE	APEX NC	222	00:18:43	291	00:56:52	262	00:31:55		01:47:29
276	42	MC	JASON MINNIX	APEX NC	294	00:23:16	190	00:49:33	289	00:34:51		01:47:39
277	40	MC	PETER HAUSMANN	DURHAM NC	143	00:16:05	313	01:06:59	112	00:24:40		01:47:43
278	37	C	DAVID WINNINGHAM	RALEIGH NC	267	00:20:56	211	00:51:05	283	00:34:03	00:02:00	01:48:03
279	16		PHILLIP MARAVEYIAS	WILMINGTON NC	285	00:22:08	293	00:57:28	216	00:28:31		01:48:07
280	54		SAM VERALDI	RALEIGH NC	182	00:17:06	274	00:55:10	297	00:35:53		01:48:09
281	32		MATTHEW SCOTT	LUMBERTON NC	290	00:22:36	300	00:59:51	146	00:25:55		01:48:21
282	28		CALVIN DICKENSON	FUQUAY VARINA NC					217	00:28:41		01:48:59 Y
283	44	ZM	SHAHAR BAR-YOSEF	CHAPEL HILL NC	260	00:20:18	308	01:02:19	168	00:26:45		01:49:22
284	66		THOMAS VICKERS	WILMINGTON NC	231	00:18:59	273	00:55:08	294	00:35:42		01:49:47
285	38	C	MICHAEL DANENBERG	CHARLOTTE NC	204	00:18:04	215	00:51:13	311	00:40:31		01:49:48
286	71		WILLIAM THOMAS	CHARLOTTE NC	302	00:24:14	245	00:53:10	268	00:32:28		01:49:52
287	55	ZM	ROBERT NEWELL	RALEIGH NC	300	00:24:02	295	00:58:11	157	00:26:15	00:02:00	01:50:27 Y
288	40	ZM	MIKE DERRBERRY	MATTHEWS NC	264	00:20:44	231	00:52:07	306	00:38:49		01:51:39
289	35		JONATHAN RUMBURG	WADSWORTH OH	241	00:19:28	279	00:55:33	302	00:37:27		01:52:28
290	49		PAUL BOOGAARDS	CARY NC	217	00:18:31	275	00:55:20	308	00:39:03		01:52:52
291	59	MM	SAM SPICER	WILMINGTON NC	280	00:21:49	260	00:53:54	303	00:37:33		01:53:15
292	31	NM	MATT RENFROW	WILLOW SPRING NC	233	00:19:03	305	01:01:30	275	00:32:55		01:53:27
293	29	NM	MICHAEL FOOTE	LELAND NC	314	00:26:34	294	00:58:09	225	00:29:04		01:53:45
294	36	C	TODD JONES	RALEIGH NC	303	00:24:24	290	00:56:31	279	00:33:05		01:53:59
295	31		NEIL JONES	RALEIGH NC	309	00:25:38	228	00:51:48	300	00:37:11		01:54:36
296	64	MC	DWIGHT LEFFEL	VINTON VA	319	00:28:05						01:54:37
297	30	NM	BRYAN JOHNSON	KINSTON NC	308	00:25:34	246	00:53:11	298	00:36:07		01:54:51
298	53	ZM	LEON PEELE	ALBEMARLE NC	282	00:22:00	301	01:00:07	277	00:33:02		01:55:08
299	47		JODY YOUNG	FAYETTEVILLE NC	266	00:20:47	311	01:05:49	222	00:28:51		01:55:25
300	26	C	CAMERON BOLTES	DURHAM NC	239	00:19:27	315	01:08:58	208	00:28:08		01:56:32
301	12		JAROD NIZEN	RALEIGH NC	207	00:18:13	304	01:00:49	304	00:37:55		01:56:57

302	40		BRENT DORENKAMP	WAKE FOREST NC	295	00:23:23	269	00:54:58	305	00:38:45	01:57:05	
303	43	MC	DAVE TILLEY	DURHAM NC	277	00:21:41	297	00:58:26	301	00:37:20	01:57:26	
304	31		DAVID PFEIFFENBERGER	HILLSBOROUGH NC	248	00:19:56	310	01:05:47	263	00:31:56	01:57:38	
305	27		DAVID MCKIBBEN	MIAMISBURG OH	313	00:26:33	299	00:59:03	271	00:32:40	01:58:15	
306	48	MC	GARY DINGESS	CARY NC	259	00:20:17	265	00:54:21	318	00:43:54	01:58:31	
307	39	C	SCOTT HELMS	CHARLOTTE NC	316	00:26:46	292	00:57:11	287	00:34:36	01:58:33	
308	49	MC	GARY WEAVER	GOLDSBORO NC	242	00:19:29	302	01:00:13	312	00:40:54	02:00:34	
309	43		CHARLES MILLARD	GOLDSBORO NC	297	00:23:42	298	00:58:35	307	00:39:02	02:01:17	
310	44		MICHAEL DAVENPORT	KURE BEACH NC	174	00:16:48	317	01:16:41	148	00:25:56	00:02:00	02:01:24
311	40		TRACY YOUNG	HILLSBOROUGH NC	315	00:26:44	263	00:54:02	313	00:40:56	02:01:42	
312	40		MIKE FEY	WILMINGTON NC	306	00:25:26	268	00:54:57	309	00:39:31	00:02:00	02:01:52
313	29		JAMIE LELIEVER	RALEIGH NC	43	00:13:45	318	01:20:46	192	00:27:27	02:01:57	
314	40		SCOT GARNER	RALEIGH NC	251	00:20:03	314	01:08:55	278	00:33:03	02:02:00	
315	51	MC	ALLEN WALKER	CARY NC	310	00:25:40	258	00:53:38	316	00:42:44	02:02:01	
316	43		MARK CLARK	BUNN NC	318	00:27:19	296	00:58:14	299	00:37:01	02:02:33	
317	63		BRUCE CHAPMAN	WILMINGTON NC	283	00:22:01	220	00:51:26	320	00:48:58	00:02:00	02:04:24
318	47		HENRY ROYCROFT	REMBERT SC	296	00:23:28	277	00:55:25	319	00:46:20	02:05:11	
319	65	ZM	TOM ALLYNE	LELAND NC	305	00:24:28	306	01:01:34	315	00:42:25	02:08:26	
320	34		MIKE MCCOLL	MIDWAY KY	274	00:21:35	312	01:06:09	317	00:42:48	02:10:31	
321	48		LARRY WARNER	RALEIGH NC	320	00:32:14	309	01:03:40	296	00:35:50	02:11:44	
322	63	ZM	KENNETH BENWAY	WHISPERING PINES NC	321	00:36:52	316	01:09:32	314	00:41:06	02:27:30	
323	59	MC	VICTOR COFFIN	GREENSBORO NC	225	00:18:50	271	00:55:04				
324	30	NM	WALTER MILLER	DURHAM NC	203	00:18:03						

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