

2011 Triangle Sprint

Overall Men

Harris County Park, southwestern Wake County (Raleigh), NC 7/10/2011 07:30AM

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Place	Bib	Sex	Age	Cat.	NAME	CITY/STATE	Rank	SWIM	Rank	T1	Rank	Bike	Rank	T2	Rank	RUN	PENALTY	Time	DQ
1	1	M	30	OM	David Sokolofsky	Wilmington NC	1	00:10:05	2	00:01:36	4	00:43:11	5	00:00:57	2	00:17:56		01:13:43	
2	4	M	43	MM	Richard Bailey	Chapel Hill NC	22	00:12:46	1	00:01:35	2	00:42:40	6	00:00:57	1	00:17:07		01:15:04	
3	16	M	35	OM	Kit Phillips	Apex NC	13	00:12:06	11	00:01:46	1	00:42:18	2	00:00:54	5	00:18:24		01:15:26	
4	9	M	44	MM	Duncan Rougier-Chapman	Raleigh NC	3	00:10:41	16	00:01:48	5	00:43:46	18	00:01:04	10	00:19:34		01:16:52	
5	11	M	34	OM	Dan Young	Cary NC	8	00:11:17	21	00:01:50	12	00:44:30	9	00:00:58	11	00:19:43		01:18:18	
6	502	M	30		Justin Smith	Mebane NC	14	00:12:10	23	00:01:51	3	00:43:03	41	00:01:11	35	00:20:56		01:19:09	
7	526	M	26		Nathan Smith	Raleigh NC	40	00:13:26	49	00:02:07	11	00:44:29	52	00:01:14	3	00:18:11		01:19:25	
8	13	M	42	MM	Deshon Davis	Cary NC	64	00:14:09	3	00:01:41	10	00:44:19	16	00:01:03	4	00:18:15		01:19:25	
9	2	M	41	MM	John Worden	Cary NC	31	00:13:00	13	00:01:47	15	00:45:26	20	00:01:05	8	00:19:23		01:20:39	
10	121	M	27		Ian Justice	Fuquay Varina NC	23	00:12:48	7	00:01:44	27	00:46:29	10	00:00:58	6	00:18:50		01:20:48	
11	231	M	44		Raymond Matthews	Arlington VA	12	00:12:04	10	00:01:46	20	00:45:53	40	00:01:11	13	00:20:03		01:20:55	
12	425	M	44		Jonathan Armstrong	Raleigh NC	81	00:14:32	18	00:01:49	7	00:43:52	7	00:00:57	16	00:20:14		01:21:23	
13	421	M	21		Daniel Haughton	West Chester PA	39	00:13:24	31	00:01:56	23	00:46:09	8	00:00:58	7	00:19:17		01:21:43	
14	314	M	33		Keith Nelson	Durham NC	4	00:10:45	38	00:01:59	48	00:47:39	46	00:01:12	17	00:20:15		01:21:48	
15	10	M	45	MM	Ken Younts	Chapel Hill NC	6	00:11:12	20	00:01:50	40	00:47:09	29	00:01:08	28	00:20:37		01:21:55	
16	119	M	35		John Blausey	Willow Spring NC	15	00:12:16	34	00:01:57	24	00:46:15	135	00:01:32	18	00:20:18		01:22:16	
17	638	M	45		Dan Sullivan	Charlotte NC	26	00:12:52	19	00:01:50	21	00:45:56	26	00:01:07	31	00:20:41		01:22:24	
18	22	M	43	MM	Keith Weitz	Durham NC	45	00:13:30	39	00:01:59	16	00:45:33	37	00:01:10	33	00:20:46		01:22:56	
19	456	M	25		Jonathan Anderson	Roanoke Rapids NC	25	00:12:51	33	00:01:56	19	00:45:47	11	00:01:00	55	00:21:42		01:23:15	
20	628	M	44		Patrick Wright	Chapel Hill NC	57	00:13:57	27	00:01:54	6	00:43:49	69	00:01:18	81	00:22:27		01:23:23	
21	59	M	43		Ted Armour	Cary NC	70	00:14:22	15	00:01:48	25	00:46:21	25	00:01:06	15	00:20:12		01:23:47	
22	399	M	41		James Wragge	Wake Forest NC	41	00:13:28	4	00:01:42	54	00:48:12	24	00:01:05	9	00:19:29		01:23:54	

23	194	M	44		Andrew Wooster	Raleigh NC	44	00:13:30	41	00:02:01	22	00:46:07	84	00:01:23	39	00:21:02	01:24:02
24	219	M	50		Chris Kalberg	Cary NC	19	00:12:37	62	00:02:13	37	00:47:01	62	00:01:17	41	00:21:05	01:24:11
25	607	M	39		Tor Swenson	Raleigh NC	42	00:13:29	12	00:01:47	56	00:48:15	21	00:01:05	19	00:20:19	01:24:54
26	524	M	43		Olivier Arondeau	Garner NC	16	00:12:16	63	00:02:13	55	00:48:12	111	00:01:27	34	00:20:54	01:25:00
27	202	M	27		Joshua Davis	Fayetteville NC	127	00:15:37	35	00:01:57	9	00:44:19	92	00:01:24	63	00:21:54	01:25:09
28	447	M	33		Cameron Simpson	Wilmington NC	71	00:14:23	6	00:01:44	38	00:47:04	12	00:01:01	47	00:21:26	01:25:37
29	509	M	39		Jim Molnar	Cary NC	77	00:14:31	45	00:02:03	17	00:45:43	87	00:01:23	66	00:22:00	01:25:38
30	129	M	29		Tony Radakovich	Raleigh NC	75	00:14:30	83	00:02:19	34	00:46:47	54	00:01:15	48	00:21:27	01:26:16
31	332	M	50		Ronnie Horne	Raleigh NC	148	00:15:59	50	00:02:07	13	00:45:19	34	00:01:09	65	00:21:57	01:26:30
32	322	M	38		Erik Hall	Raleigh NC	82	00:14:33	29	00:01:55	43	00:47:22	120	00:01:29	45	00:21:18	01:26:36
33	598	M	48	MC	Harvey Haigler	Raleigh NC	95	00:14:45	55	00:02:09	18	00:45:45	180	00:01:42	76	00:22:20	01:26:40
34	234	M	27		Taras Mitran	Apex NC	145	00:15:55	60	00:02:12	14	00:45:22	70	00:01:18	64	00:21:55	01:26:40
35	495	M	42		Paul Eppers	Cary NC	195	00:17:02	120	00:02:30	26	00:46:23	22	00:01:05	12	00:19:44	01:26:42
36	416	M	49		Todd Allen	Cary NC	53	00:13:50	26	00:01:53	63	00:48:42	28	00:01:08	46	00:21:21	01:26:52
37	269	M	19		Chris Zino	Apex NC	155	00:16:14	24	00:01:52	42	00:47:15	4	00:00:57	32	00:20:45	01:27:00
38	291	M	54		Louis Almekinders	Chapel Hill NC	11	00:12:02	8	00:01:44	110	00:50:43	43	00:01:12	49	00:21:28	01:27:07
39	152	M	59		John Austin	Wake Forest NC	164	00:16:27	92	00:02:21	32	00:46:39	57	00:01:16	26	00:20:32	01:27:13
40	25	M	35		Clayton Roberts	Raleigh NC	111	00:15:13	9	00:01:45	35	00:46:48	32	00:01:09	80	00:22:25	01:27:17
41	292	M	41		Dan Decker	Wilson NC	59	00:13:59	14	00:01:47	46	00:47:36	44	00:01:12	97	00:23:07	01:27:39
42	23	M	47	MC	Chad Grieves	Cary NC	122	00:15:34	70	00:02:15	8	00:44:03	75	00:01:20	151	00:24:30	01:27:40
43	523	M	31		Bradley Reynolds	Raleigh NC	113	00:15:19	90	00:02:20	47	00:47:36	101	00:01:25	42	00:21:07	01:27:46
44	148	M	48		Donald White	Apex NC	33	00:13:01	5	00:01:44	129	00:51:30	15	00:01:02	29	00:20:39	01:27:54
45	506	M	39		Scott Wells	Cary NC	47	00:13:33	53	00:02:09	61	00:48:32	72	00:01:19	84	00:22:42	01:28:14
46	337	M	37		Aaron Earwood	Raleigh NC	99	00:14:58	107	00:02:27	58	00:48:24	53	00:01:15	44	00:21:15	01:28:17
47	91	M	17		Chris Pollenz	Raleigh NC	2	00:10:20	227	00:03:04	98	00:50:10	105	00:01:26	106	00:23:22	01:28:20
48	330	M	37		Sam Emrich	Raleigh NC	66	00:14:13	84	00:02:19	29	00:46:32	56	00:01:15	69	00:22:02	00:02:00 01:28:20
49	458	M	52		William Derks	Cary NC	9	00:11:42	75	00:02:16	80	00:49:33	179	00:01:42	104	00:23:16	01:28:27
50	99	M	39		Michael Welker	Holly Springs NC	91	00:14:41	160	00:02:41	78	00:49:31	77	00:01:20	20	00:20:19	01:28:32
51	169	M	59		Floyd Cook	Cary NC	36	00:13:12	42	00:02:01	41	00:47:10	74	00:01:19	89	00:22:50	00:02:00 01:28:32
52	334	M	29		John Brausch	Cary NC	56	00:13:57	171	00:02:45	39	00:47:05	96	00:01:24	111	00:23:29	01:28:38
53	431	M	26		Brad Tripp	Raleigh NC	85	00:14:35	61	00:02:12	103	00:50:26	38	00:01:10	21	00:20:24	01:28:45

54	187	M	47		Warren Ratley	Little River SC	32	00:13:00	196	00:02:53	60	00:48:29	156	00:01:36	92	00:22:57	01:28:54
55	272	M	53		Michael Hamilton	Chapel Hill NC	17	00:12:18	76	00:02:16	123	00:51:16	123	00:01:30	52	00:21:39	01:28:57
56	623	M	57		Brian Campbell	Wilmington NC	163	00:16:24	56	00:02:09	36	00:46:51	68	00:01:17	74	00:22:19	01:28:59
57	109	M	14		Jarod Nizen	Raleigh NC	5	00:11:07	145	00:02:38	84	00:49:48	1	00:00:51	160	00:24:38	01:29:01
58	306	M	47		David Sapienza	Holly Springs NC	34	00:13:07	140	00:02:35	49	00:47:40	137	00:01:32	153	00:24:32	01:29:23
59	339	M	40		Brian Mann	Durham NC	132	00:15:41	37	00:01:58	51	00:47:52	164	00:01:38	75	00:22:19	01:29:27
60	467	M	55		Rich Redding	Raleigh NC	49	00:13:41	30	00:01:56	44	00:47:23	89	00:01:23	177	00:25:10	01:29:31
61	373	M	31		Dan Bedard	Cary NC	142	00:15:51	152	00:02:40	50	00:47:45	292	00:02:14	40	00:21:04	01:29:32
62	289	M	43		Bob Savino	Cary NC	212	00:17:25	112	00:02:29	31	00:46:38	81	00:01:21	56	00:21:42	01:29:33
63	627	M	42	MM	Mark Workman	Apex NC	21	00:12:39	25	00:01:53	154	00:52:21	95	00:01:24	61	00:21:51	01:30:05
64	45	M	36		Jeff Kern	Jackson Springs NC	191	00:16:59	22	00:01:51	95	00:50:03	3	00:00:56	24	00:20:28	01:30:15
65	365	M	41		Eric Halvorson	Chapel Hill NC	139	00:15:49	125	00:02:32	52	00:48:09	67	00:01:17	82	00:22:34	01:30:19
66	328	M	30		Michael Walsh	Raleigh NC	79	00:14:32	156	00:02:40	88	00:49:54	106	00:01:26	70	00:22:03	01:30:34
67	514	M	53		Phillip May	Chapel Hill NC	161	00:16:21	148	00:02:40	28	00:46:30	175	00:01:41	110	00:23:27	01:30:37
68	235	M	34		Jeremy Riggle	Fuquay Varina NC	18	00:12:33	101	00:02:25	160	00:52:30	97	00:01:24	60	00:21:50	01:30:40
69	131	M	36		Kyle Habecker	Durham NC	88	00:14:39	47	00:02:05	57	00:48:22	60	00:01:16	148	00:24:28	01:30:48
70	382	M	37		Mike McBrierty	Chapel Hill NC	128	00:15:38	131	00:02:33	79	00:49:31	115	00:01:29	54	00:21:39	01:30:48
71	374	M	24		Evan Goff	Cary NC	140	00:15:49	17	00:01:49	147	00:52:03	14	00:01:02	23	00:20:26	01:31:07
72	191	M	26		Matthew Peach	Raleigh NC	37	00:13:19	238	00:03:07	101	00:50:15	181	00:01:42	96	00:23:03	01:31:25
73	304	M	37		Art Prejs	Cary NC	168	00:16:34	127	00:02:32	70	00:49:06	176	00:01:41	53	00:21:39	01:31:30
74	464	M	51		Vic Turner	Apex NC	68	00:14:21	51	00:02:08	104	00:50:27	71	00:01:19	107	00:23:23	01:31:37
75	98	M	41		Michael Keilholz	Apex NC	73	00:14:27	68	00:02:14	82	00:49:45	76	00:01:20	121	00:23:55	01:31:38
76	468	M	35		Jason Crawford	Chapel Hill NC	177	00:16:47	54	00:02:09	33	00:46:46	58	00:01:16	166	00:24:49	01:31:44
77	342	M	43		Anthony Biller	Raleigh NC											01:31:46
78	82	M	42		Greg Sousa	Durham NC	83	00:14:34	181	00:02:48	112	00:50:49	172	00:01:40	67	00:22:01	01:31:51
79	352	M	34		Seth Palmer	Raleigh NC	62	00:14:06	52	00:02:09	86	00:49:52	125	00:01:30	140	00:24:17	01:31:53
80	270	M	28		Brian Karim	Raleigh NC	118	00:15:30	153	00:02:40	73	00:49:15	83	00:01:23	103	00:23:14	01:32:00
81	410	M	31		Phil Jawny	Cary NC	69	00:14:21	44	00:02:02	93	00:50:02	73	00:01:19	141	00:24:20	01:32:03
82	450	M	46		Myles Nelligan	Raleigh NC	154	00:16:13	28	00:01:54	53	00:48:11	85	00:01:23	146	00:24:24	01:32:05
83	377	M	53		Mike Youngblood	Wilmington NC	114	00:15:22	65	00:02:14	71	00:49:09	103	00:01:25	123	00:23:57	01:32:05
84	525	M	43		Thomas Gailey	Spring Lake NC	275	00:18:52	58	00:02:12	30	00:46:34	278	00:02:08	79	00:22:23	01:32:07

85	288	M	32		Nathan Treible	Durham NC	76	00:14:30	199	00:02:53	130	00:51:33	147	00:01:35	51	00:21:38	01:32:08
86	393	M	51		Don Rose	Chapel Hill NC	105	00:15:04	71	00:02:15	75	00:49:29	108	00:01:27	130	00:24:07	01:32:20
87	321	M	36		Stephen Moss	Apex NC	166	00:16:29	85	00:02:19	136	00:51:41	100	00:01:25	25	00:20:30	01:32:23
88	417	M	37		Jim Halley	Raleigh NC	92	00:14:42	108	00:02:27	69	00:49:01	131	00:01:31	176	00:25:05	01:32:44
89	221	M	40	MC	Colin Barrows	Fuquay NC	200	00:17:13	134	00:02:34	67	00:48:56	102	00:01:25	87	00:22:45	01:32:51
90	444	M	40		Doug Brown	Raleigh NC	172	00:16:43	149	00:02:40	96	00:50:04	88	00:01:23	72	00:22:06	01:32:54
91	535	M	36	C	Michael Shurko	Fayetteville NC	144	00:15:52	86	00:02:20	72	00:49:14	49	00:01:13	138	00:24:16	01:32:55
92	260	M	35		Joel Ivaska	Apex NC	74	00:14:28	89	00:02:20	45	00:47:26	31	00:01:08	58	00:21:47	00:06:00 01:33:07
93	250	M	29		Jonathan Brandon	Fayetteville NC	138	00:15:48	48	00:02:06	148	00:52:03	59	00:01:16	71	00:22:03	01:33:15
94	329	M	41	MC	Bruce Reeves	Cary NC	147	00:15:56	95	00:02:21	113	00:50:52	121	00:01:30	85	00:22:43	01:33:20
95	173	M	38		Pete Leuchtmann	Apex NC	272	00:18:49	40	00:02:00	65	00:48:44	51	00:01:14	83	00:22:38	01:33:23
96	183	M	39		Adam Swank	Durham NC	67	00:14:17	222	00:03:00	152	00:52:20	163	00:01:38	77	00:22:21	01:33:34
97	203	M	43		Erik Johnson	Apex NC	28	00:12:55	64	00:02:14	149	00:52:06	190	00:01:44	161	00:24:43	01:33:39
98	67	M	41		Greg Manson	Wilmington NC	126	00:15:37	150	00:02:40	62	00:48:34	184	00:01:42	182	00:25:18	01:33:49
99	414	M	50		Darrell Swing	Winterville NC	137	00:15:47	170	00:02:45	77	00:49:31	242	00:01:55	124	00:23:58	01:33:53
100	199	M	44		Wade Pudwill	Trent Woods NC	174	00:16:45	294	00:03:48	59	00:48:25	257	00:02:00	98	00:23:08	01:34:03
101	389	M	44		Doug Romick	Cary NC	65	00:14:11	157	00:02:41	143	00:51:55	143	00:01:33	126	00:24:02	01:34:19
102	609	M	44		Burke Hutcheson	Durham NC	80	00:14:32	32	00:01:56	151	00:52:15	93	00:01:24	139	00:24:17	01:34:21
103	366	M	43		Greg Hamlyn	Cary NC	207	00:17:20	154	00:02:40	118	00:51:09	112	00:01:27	59	00:21:49	01:34:23
104	309	M	42		Robert Gosline	Holly Springs NC	205	00:17:18	130	00:02:33	76	00:49:30	66	00:01:17	122	00:23:56	01:34:32
105	238	M	23		Drew Dorschner	Durham NC	60	00:14:00	229	00:03:05	184	00:53:26	33	00:01:09	95	00:22:59	01:34:37
106	237	M	46		Joe Fanjoy	Holly Springs NC	258	00:18:26	183	00:02:48	89	00:49:55	255	00:02:00	50	00:21:31	01:34:38
107	396	M	55		Larry Moray	Chapel Hill NC	38	00:13:22	162	00:02:42	83	00:49:48	224	00:01:50	231	00:27:00	01:34:40
108	508	M	44		Randy Talton	Cary NC	121	00:15:32	103	00:02:26	135	00:51:41	209	00:01:48	105	00:23:18	01:34:41
109	452	M	40	MC	Jon Keiser	Spring Lake NC	55	00:13:55	74	00:02:16	140	00:51:49	145	00:01:34	192	00:25:32	01:35:05
110	356	M	38		Paul Dayton	Carrboro NC	186	00:16:53	106	00:02:26	97	00:50:07	138	00:01:33	132	00:24:10	01:35:07
111	338	M	38		Marcelo Vasconcelos	Cary NC	97	00:14:52	143	00:02:37	172	00:53:02	64	00:01:17	108	00:23:24	01:35:10
112	50	M	62		Robert Glenn	Durham NC	181	00:16:50	96	00:02:22	94	00:50:03	91	00:01:23	162	00:24:46	01:35:22
113	95	M	36		Gray Talley	Raleigh NC	84	00:14:35	43	00:02:02	217	00:54:54	45	00:01:12	86	00:22:44	01:35:24
114	139	M	52		Michael Whaley	Apex NC	238	00:17:59	141	00:02:35	90	00:49:58	262	00:02:02	94	00:22:57	01:35:30
115	379	M	52		Jeff Peterson	Cary NC	281	00:19:04	110	00:02:28	134	00:51:40	98	00:01:24	36	00:20:56	01:35:31

116	256	M	50		Frazier Keck	Chapel Hill NC	190	00:16:55	57	00:02:12	108	00:50:40	127	00:01:30	145	00:24:23	01:35:39	
117	520	M	55		Barry Pawson	Pittsboro NC	86	00:14:36	243	00:03:09	128	00:51:29	275	00:02:07	154	00:24:32	01:35:51	
118	580	M	24	NM	Robert Dunn	Raleigh NC	96	00:14:51	257	00:03:17	237	00:55:39	157	00:01:37	27	00:20:34	01:35:55	
119	453	M	39		Mark Engen	Fayetteville NC	268	00:18:39	80	00:02:17	109	00:50:41	149	00:01:35	88	00:22:46	01:35:57	
120	346	M	43		Jeff Henderson	Cary NC	112	00:15:14	175	00:02:46	153	00:52:20	228	00:01:51	119	00:23:52	01:36:02	
121	220	M	46		Ralph Stephenson	Wake Forest NC	58	00:13:58	230	00:03:05	137	00:51:45	162	00:01:38	196	00:25:41	01:36:05	
122	368	M	66		Dan Hyre	Winston-Salem NC	131	00:15:41	206	00:02:56	207	00:54:25	17	00:01:04	68	00:22:02	01:36:06	
123	324	M	45		Louis Soleo	Cary NC	232	00:17:53	93	00:02:21	68	00:48:58	134	00:01:32	189	00:25:29	01:36:11	
124	108	M	43		Lalit Verma	Chapel Hill NC	27	00:12:54	139	00:02:35	142	00:51:53	174	00:01:41	233	00:27:14	01:36:15	
125	278	M	34		Alper Savas	Raleigh NC	103	00:15:03	151	00:02:40	66	00:48:52	295	00:02:15	244	00:27:37	01:36:25	
126	144	M	23	C	Tread Snedecor	Raleigh NC	89	00:14:39	164	00:02:42	189	00:53:36	13	00:01:01	149	00:24:30	01:36:26	
127	300	M	45	MC	Brad Harvey	Raleigh NC	30	00:12:59	167	00:02:43	138	00:51:48	55	00:01:15	250	00:27:48	01:36:30	
128	565	M	29	NM	Preston Ivie	Raleigh NC	149	00:16:01	267	00:03:23	210	00:54:41	303	00:02:19	14	00:20:09	01:36:31	
129	406	M	32		Gregory McGowan	Huntersville NC	119	00:15:30	69	00:02:15	169	00:52:45	322	00:02:28	116	00:23:39	01:36:35	
130	426	M	39		Jason Deibert	Holly Springs NC	107	00:15:07	102	00:02:25	146	00:52:00	132	00:01:31	193	00:25:36	01:36:37	
131	376	M	36		Steven Graham	Wake Forest NC	152	00:16:03	78	00:02:16	161	00:52:31	107	00:01:27	150	00:24:30	01:36:45	
132	217	M	38		Rod Stanton	Holly Springs NC	224	00:17:39	163	00:02:42	102	00:50:23	118	00:01:29	158	00:24:36	01:36:48	
133	499	M	38		Scott Garren	Morrisville NC	93	00:14:43	281	00:03:32	201	00:54:09	119	00:01:29	93	00:22:57	01:36:48	
134	18	M	27	OM	Shane Reynolds	Apex NC	94	00:14:44	91	00:02:21	241	00:55:47	50	00:01:14	38	00:21:00	00:02:00	01:37:03
135	633	M	24		John Zermeno	Chapel Hill NC	160	00:16:19	224	00:03:02	213	00:54:50	197	00:01:44	43	00:21:11	01:37:04	
136	51	M	43	MC	James Glenn	Raleigh NC	209	00:17:23	72	00:02:15	91	00:49:59	220	00:01:50	195	00:25:39	01:37:05	
137	228	M	58		Donald Procopio	Raleigh NC	182	00:16:51	114	00:02:29	177	00:53:06	152	00:01:35	109	00:23:24	01:37:24	
138	268	M	44		Monty Buchanan	Apex NC	301	00:19:40	126	00:02:32	85	00:49:49	206	00:01:47	117	00:23:39	01:37:25	
139	147	M	50		Douglas Robinson	Raleigh NC	125	00:15:37	81	00:02:17	100	00:50:12	195	00:01:44	245	00:27:37	01:37:25	
140	371	M	56		Andy Whiteman	Raleigh NC	251	00:18:15	77	00:02:16	186	00:53:28	187	00:01:43	57	00:21:45	01:37:26	
141	537	M	56		Tony Ferrell	Buies Creek NC	283	00:19:06	99	00:02:24	99	00:50:10	193	00:01:44	135	00:24:11	01:37:34	
142	335	M	34		Chris Jones	Raleigh NC	102	00:15:02	247	00:03:14	222	00:55:07	23	00:01:05	102	00:23:11	01:37:37	
143	459	M	44		Glen Huett	Youngsville NC	72	00:14:26	233	00:03:06	141	00:51:51	236	00:01:53	217	00:26:26	01:37:40	
144	341	M	50		Tony Brewer	Apex NC	46	00:13:32	240	00:03:08	132	00:51:35	260	00:02:01	239	00:27:26	01:37:41	
145	251	M	29		Michael Keller	Raddled NC	248	00:18:11	133	00:02:34	81	00:49:39	148	00:01:35	198	00:25:45	01:37:41	
146	135	M	22		Gregory Whitehead	Chapel Hill NC	133	00:15:42	132	00:02:34	196	00:54:01	171	00:01:40	120	00:23:53	01:37:48	

147	451	M	53		Sam Hopkins	Raleigh NC	51	00:13:45	214	00:02:59	198	00:54:03	182	00:01:42	185	00:25:23	01:37:50
148	325	M	23		David Christie	Raleigh NC	78	00:14:31	300	00:03:52	244	00:55:55	230	00:01:52	62	00:21:52	01:38:00
149	72	M	51		Anthony Read	Mooreville NC	192	00:16:59	123	00:02:31	174	00:53:05	86	00:01:23	133	00:24:10	01:38:05
150	398	M	41		Jeff Bradburn	Winston Salem NC	165	00:16:28	198	00:02:53	115	00:50:59	264	00:02:03	203	00:25:51	01:38:12
151	34	M	43	MC	David Bull	Raleigh NC	129	00:15:38	245	00:03:10	163	00:52:35	124	00:01:30	186	00:25:23	01:38:15
152	115	M	35		Chris Burkhead	Sanford NC	158	00:16:17	98	00:02:23	170	00:52:48	113	00:01:28	183	00:25:22	01:38:15
153	550	M	37	NM	Donald Hardie	Raleigh NC	109	00:15:09	88	00:02:20	131	00:51:35	79	00:01:21	252	00:27:52	01:38:15
154	255	M	38		Mike Cole	Raleigh NC	180	00:16:48	129	00:02:33	185	00:53:28	39	00:01:10	142	00:24:21	01:38:19
155	634	M	30		Stefan Sandukas	Raleigh NC	194	00:17:01	249	00:03:14	215	00:54:52	301	00:02:18	37	00:20:58	01:38:22
156	552	M	28	NM	Daniel Cardwell	Raleigh NC	211	00:17:25	109	00:02:28	119	00:51:10	78	00:01:21	206	00:26:06	01:38:27
157	315	M	41	MC	Lawrence Turner	Fayetteville NC	215	00:17:28	207	00:02:56	139	00:51:48	142	00:01:33	163	00:24:46	01:38:29
158	247	M	50		Clay Stober	Cary NC	299	00:19:37	185	00:02:49	111	00:50:45	65	00:01:17	128	00:24:03	01:38:30
159	230	M	33		Mark Rain	Fuquay-Varina NC	176	00:16:46	161	00:02:41	195	00:54:00	82	00:01:22	118	00:23:48	01:38:35
160	151	M	44		Harold Garner	Hope Mills NC	203	00:17:15	46	00:02:04	199	00:54:07	30	00:01:08	134	00:24:10	01:38:42
161	283	M	40		Scott Debernardo	Holly Springs NC	167	00:16:30	94	00:02:21	155	00:52:22	205	00:01:47	200	00:25:48	01:38:47
162	413	M	40		Robb Damman	Durham NC	136	00:15:46	194	00:02:52	204	00:54:12	316	00:02:24	115	00:23:37	01:38:50
163	208	M	37		Josh Dalton	Raleigh NC	54	00:13:52	97	00:02:23	188	00:53:32	136	00:01:32	253	00:27:53	01:39:10
164	93	M	44		Alex Dolan	Holly Springs NC	179	00:16:47	254	00:03:16	124	00:51:16	245	00:01:56	205	00:25:58	01:39:10
165	370	M	23		Clark McGehee	Rome GA	243	00:18:03	128	00:02:33	180	00:53:11	177	00:01:41	129	00:24:03	01:39:29
166	466	M	43		Clinton Fisher	Mooreville NC	188	00:16:54	142	00:02:37	176	00:53:06	249	00:01:58	174	00:25:02	01:39:34
167	320	M	47		Kevin Kelley	Raleigh NC	43	00:13:30	261	00:03:19	250	00:56:07	210	00:01:48	173	00:24:57	01:39:39
168	186	M	36		Brad Yarbrough	Apex NC	196	00:17:04	209	00:02:58	168	00:52:44	192	00:01:44	179	00:25:15	01:39:43
169	446	M	26		Chris Gorman	Raleigh NC	123	00:15:35	310	00:03:58	246	00:55:57	140	00:01:33	91	00:22:53	01:39:54
170	261	M	12		Jared Eytcheson	Cary NC	20	00:12:38	113	00:02:29	266	00:56:58	48	00:01:13	225	00:26:39	01:39:55
171	442	M	56		David Goff	Winterville NC	310	00:20:05	136	00:02:34	158	00:52:27	80	00:01:21	114	00:23:32	01:39:56
172	581	M	38	NM	Maxwell Williams	Durham NC	150	00:16:02	287	00:03:36	200	00:54:08	219	00:01:49	147	00:24:25	01:39:57
173	112	M	40		Raymond Cook	Cary NC	296	00:19:27	182	00:02:48	106	00:50:30	247	00:01:56	188	00:25:28	01:40:07
174	504	M	35		Mike Kelly	Durham NC	300	00:19:39	158	00:02:41	166	00:52:40	261	00:02:02	99	00:23:08	01:40:08
175	48	M	40		Ron Steve	Wilmington NC	315	00:20:17	256	00:03:17	74	00:49:21	290	00:02:13	187	00:25:25	01:40:31
176	483	M	49		Douglas Dirschl	Chapel Hill NC	130	00:15:39	174	00:02:46	145	00:51:58	329	00:02:33	248	00:27:41	01:40:36
177	76	M	44	MC	Mark Redmond	Raleigh NC	231	00:17:51	301	00:03:52	114	00:50:55	347	00:03:16	164	00:24:46	01:40:38

178	358	M	42		Todd Cook	Durham NC	63	00:14:06	239	00:03:08	232	00:55:26	222	00:01:50	212	00:26:17	01:40:46
179	331	M	37		Kevin Tretter	Cameron NC											01:40:58
180	622	M	38		Rick Brown	Apex NC	100	00:14:59	73	00:02:15	293	00:58:45	243	00:01:55	100	00:23:11	01:41:03
181	567	M	46	ZM	Paul Middleton	Cary NC	101	00:15:00	87	00:02:20	179	00:53:08	265	00:02:03	268	00:28:37	01:41:06
182	430	M	24		Drew Barber	Raleigh NC	35	00:13:11	251	00:03:15	272	00:57:22	234	00:01:52	194	00:25:37	01:41:15
183	454	M	48		Randy McGowan	Winterville NC	269	00:18:42	188	00:02:51	187	00:53:31	232	00:01:52	144	00:24:22	01:41:16
184	612	M	56		Michael Sullivan	Spring Lake NC	295	00:19:26	117	00:02:29	122	00:51:14	161	00:01:37	221	00:26:35	01:41:20
185	222	M	24		Steven Feingold	Raleigh NC	162	00:16:23	241	00:03:09	264	00:56:40	178	00:01:42	113	00:23:31	01:41:23
186	81	M	48		Bill Little	Wendell NC	235	00:17:56	258	00:03:18	173	00:53:03	272	00:02:06	175	00:25:02	01:41:23
187	615	M	32		Tommy Davis	Raleigh NC	222	00:17:37	211	00:02:59	229	00:55:20	158	00:01:37	127	00:24:02	01:41:33
188	31	M	36		Tom Sri	Raleigh NC	108	00:15:07	219	00:03:00	254	00:56:13	110	00:01:27	202	00:25:50	01:41:36
189	177	M	47	MC	Jeff Nicoll	Holly Springs NC	141	00:15:50	253	00:03:16	121	00:51:14	241	00:01:54	287	00:29:24	01:41:36
190	470	M	56		Eddie Klein	Clayton NC	120	00:15:31	177	00:02:48	92	00:49:59	318	00:02:26	316	00:31:12	01:41:53
191	408	M	27	C	Jonathan Miller	Raleigh NC	116	00:15:26	165	00:02:43	218	00:54:56	166	00:01:39	237	00:27:21	01:42:02
192	64	M	45		Andrew Werden	Chapel Hill NC	261	00:18:27	246	00:03:13	117	00:51:09	315	00:02:23	230	00:26:53	01:42:03
193	271	M	49		Steve Higgins	Madison Heights VA	291	00:19:19	205	00:02:56	159	00:52:27	170	00:01:40	201	00:25:49	01:42:09
194	477	M	53		Charles Collard	Holly Springs NC	110	00:15:10	252	00:03:16	127	00:51:25	291	00:02:14	257	00:28:07 00:02:00	01:42:09
195	170	M	41	MC	David Aldridge	Raleigh NC	309	00:20:00	213	00:02:59	120	00:51:12	128	00:01:31	222	00:26:36	01:42:16
196	626	M	31		Brian Decker	Wilson NC	244	00:18:04	66	00:02:14	194	00:53:59	47	00:01:13	229	00:26:50	01:42:18
197	521	M	44		Darren Masier	Cary NC	247	00:18:10	121	00:02:31	248	00:56:01	133	00:01:31	136	00:24:12	01:42:23
198	70	M	57		Jim McCleary	Raleigh NC	336	00:21:48	274	00:03:28	133	00:51:36	269	00:02:05	112	00:23:31	01:42:25
199	167	M	36	C	Jason Winfield	Apex NC	117	00:15:28	264	00:03:20	156	00:52:26	160	00:01:37	292	00:29:37	01:42:27
200	287	M	36		Ed McGurkin	Pittsboro NC	252	00:18:17	115	00:02:29	193	00:53:58	19	00:01:05	226	00:26:45	01:42:33
201	460	M	32		Carl Hollifield	Raleigh NC	189	00:16:55	212	00:02:59	212	00:54:43	203	00:01:47	214	00:26:19	01:42:40
202	620	M	42		Richard Vivolo	Morrisville NC	216	00:17:30	295	00:03:48	225	00:55:11	279	00:02:09	131	00:24:08	01:42:42
203	428	M	44		Evan Patterson	Chapel Hill NC	170	00:16:36	228	00:03:05	265	00:56:46	202	00:01:46	156	00:24:35	01:42:45
204	106	M	69		Doug Fletcher	Youngsville NC	134	00:15:44	36	00:01:57	235	00:55:38	188	00:01:43	254	00:27:54	01:42:56
205	572	M	35	NM	Jason Stappenbeck	Willow Spring NC	256	00:18:23	144	00:02:38	221	00:55:07	186	00:01:43	178	00:25:11	01:43:00
206	384	M	30		Matt Stephens	Apex NC	230	00:17:49	259	00:03:19	258	00:56:26	129	00:01:31	125	00:24:00	01:43:03
207	582	M	48	ZM	Andy Bilodeau	Raleigh NC	326	00:20:50	284	00:03:33	192	00:53:58	312	00:02:23	78	00:22:22	01:43:05
208	605	M	33	NM	Sean McGuire	Chicago IL	184	00:16:52	279	00:03:29	311	01:00:53	63	00:01:17	30	00:20:40	01:43:09

209	142	M	42	MC	Scott Davis	Winterville NC	245	00:18:06	172	00:02:46	227	00:55:15	155	00:01:36	190	00:25:29	01:43:11
210	133	M	40		Brett Wiggins	Raleigh NC	197	00:17:06	193	00:02:52	262	00:56:33	130	00:01:31	180	00:25:16	01:43:15
211	532	M	60		Chuck Lollar	Kitty Hawk NC	236	00:17:57	221	00:03:00	203	00:54:10	256	00:02:00	209	00:26:10	01:43:16
212	116	M	51		Roger Lias	Raleigh NC	202	00:17:14	100	00:02:25	236	00:55:38	114	00:01:28	223	00:26:37	01:43:22
213	527	M	26	C	Paul Kozlowski	Hubert NC	214	00:17:28	286	00:03:36	150	00:52:10	239	00:01:54	266	00:28:31	01:43:36
214	364	M	42		Kevin Hoff	Durham NC	157	00:16:15	59	00:02:12	157	00:52:26	311	00:02:22	311	00:30:31	01:43:45
215	277	M	48		Ken Hayman	Apex NC	218	00:17:33	242	00:03:09	190	00:53:52	198	00:01:45	242	00:27:32	01:43:49
216	390	M	58		Taylor Ward	Conway NC	293	00:19:24	195	00:02:53	175	00:53:05	307	00:02:20	208	00:26:10	01:43:50
217	242	M	34		Aaron Singh	Raleigh NC	146	00:15:55	268	00:03:23	287	00:58:23	99	00:01:25	171	00:24:56	01:43:59
218	480	M	37		Todd Dyches	Holly Springs NC	267	00:18:38	217	00:03:00	107	00:50:33	211	00:01:48	300	00:30:07	01:44:03
219	443	M	43		David Overby	Chapel Hill NC	284	00:19:08	308	00:03:57	87	00:49:53	299	00:02:16	276	00:28:58	01:44:10
220	481	M	45		Walter Peel	Raleigh NC	206	00:17:19	208	00:02:57	171	00:52:51	273	00:02:07	278	00:29:00	01:44:12
221	179	M	41		Rob Verzera	Fuquay Varina NC	159	00:16:17	79	00:02:16	233	00:55:27	139	00:01:33	273	00:28:50	01:44:22
222	141	M	26		Brendan Manley-Bryant	Dudley NC	303	00:19:44	190	00:02:51	165	00:52:38	208	00:01:47	243	00:27:33	01:44:31
223	562	M	46	ZM	Bill Nicotra	Durham NC	323	00:20:38	218	00:03:00	211	00:54:42	168	00:01:40	159	00:24:36	01:44:34
224	529	M	48		Sheridan Dickens	Raleigh NC	356	00:26:23	118	00:02:30	105	00:50:29	268	00:02:05	101	00:23:11	01:44:35
225	87	M	56		James Stevens	Cary NC	223	00:17:38	119	00:02:30	167	00:52:42	309	00:02:20	290	00:29:33	01:44:41
226	305	M	34	C	Brian Hicks	Apex NC	263	00:18:31	215	00:02:59	183	00:53:24	332	00:02:35	234	00:27:17	01:44:44
227	355	M	46		Burkhard MacKensen	Durham NC	325	00:20:46	236	00:03:07	162	00:52:32	225	00:01:50	220	00:26:34	01:44:47
228	621	M	46		Fred Theron	Raleigh NC	106	00:15:05	265	00:03:22	202	00:54:09	325	00:02:32	249	00:27:45	00:02:00 01:44:50
229	407	M	31		Will Yelverton	Raleigh NC	90	00:14:41	262	00:03:19	249	00:56:01	310	00:02:21	270	00:28:38	01:44:59
230	302	M	53		Tim Devinney	Cary NC	220	00:17:35	104	00:02:26	182	00:53:23	294	00:02:15	288	00:29:27	01:45:03
231	522	M	41		Andy Peat	Fuquay Varina NC	153	00:16:12	176	00:02:47	278	00:57:35	150	00:01:35	232	00:27:02	01:45:09
232	436	M	49		Michael Fiocco	Pittsboro NC	249	00:18:13	226	00:03:03	268	00:57:08	270	00:02:06	169	00:24:52	01:45:20
233	57	M	52		Steve Boyd	Apex NC	187	00:16:53	184	00:02:48	255	00:56:15	215	00:01:48	247	00:27:40	01:45:23
234	513	M	33		Todd Oppenheim	Baltimore MD	115	00:15:24	327	00:04:25	263	00:56:39	288	00:02:12	165	00:24:48	00:02:00 01:45:26
235	184	M	34		Andrew Sarine	Apex NC	292	00:19:23	192	00:02:52	230	00:55:21	221	00:01:50	207	00:26:07	01:45:30
236	281	M	61		Michael Jacula	Wake Forest NC	346	00:23:40	250	00:03:15	125	00:51:22	250	00:01:58	181	00:25:17	01:45:30
237	105	M	33		Stephen Mickler	Cary NC	48	00:13:41	146	00:02:39	270	00:57:11	216	00:01:49	304	00:30:17	01:45:35
238	155	M	55		Jaime Hernandez	Chapel Hill NC	226	00:17:44	332	00:04:33	206	00:54:23	340	00:02:46	218	00:26:31	01:45:55
239	103	M	54		Gary Cook	Leland NC	290	00:19:18	159	00:02:41	273	00:57:23	109	00:01:27	184	00:25:22	01:46:09

240	28	M	34		Jason Van Sant	Cary NC	317	00:20:27	178	00:02:48	220	00:55:05	320	00:02:26	191	00:25:30	01:46:15
241	258	M	35		Jeff Schroeder	Raleigh NC	87	00:14:36	186	00:02:50	261	00:56:33	246	00:01:56	261	00:28:24 00:02:00	01:46:17
242	440	M	35		Matt Clayton	Morrisville NC	124	00:15:35	168	00:02:43	247	00:56:00	217	00:01:49	301	00:30:11	01:46:17
243	318	M	43		Alan Hill	Cary NC	288	00:19:15	303	00:03:53	197	00:54:01	237	00:01:53	236	00:27:18	01:46:18
244	312	M	58		John Price	Raleigh NC	298	00:19:31	197	00:02:53	253	00:56:09	276	00:02:08	199	00:25:47	01:46:26
245	153	M	44		Lee Motley	Apex NC	241	00:18:01	311	00:03:59	228	00:55:17	141	00:01:33	246	00:27:39	01:46:27
246	347	M	42		Brian Jackson	Holly Springs NC	304	00:19:45	275	00:03:28	257	00:56:25	252	00:01:59	172	00:24:57	01:46:33
247	77	M	55		Carlton Cooper	Raleigh NC	311	00:20:08	138	00:02:34	245	00:55:56	199	00:01:45	210	00:26:12	01:46:33
248	123	M	48		Steven Anderson	Fayetteville NC	285	00:19:11	155	00:02:40	223	00:55:09	207	00:01:47	251	00:27:49	01:46:34
249	185	M	28		Bryan Susi	Raleigh NC	210	00:17:24	346	00:04:46	260	00:56:30	353	00:03:29	155	00:24:32	01:46:39
250	223	M	48		Michael Tippens	Holly Springs NC	340	00:22:15	269	00:03:24	64	00:48:43	266	00:02:04	303	00:30:17	01:46:41
251	295	M	48	MC	Rich Jones	Apex NC	227	00:17:44	288	00:03:37	178	00:53:07	319	00:02:26	297	00:30:01	01:46:54
252	168	M	52		Frank Armstrong	Raleigh NC	294	00:19:25	187	00:02:50	205	00:54:18	248	00:01:57	265	00:28:31	01:46:59
253	30	M	40	MC	William H Harkins Jr	Cary NC	193	00:17:01	210	00:02:59	216	00:54:53	212	00:01:48	307	00:30:24	01:47:04
254	544	M	35	NM	Keith Gibson	Holly Springs NC	135	00:15:45	280	00:03:32	208	00:54:28	263	00:02:02	318	00:31:27	01:47:13
255	602	M	31		Robert Spicuzzo	Durham NC	287	00:19:13	350	00:05:00	312	01:01:08	167	00:01:40	22	00:20:25	01:47:24
256	462	M	48		Chris De Moura	Wake Forest NC	104	00:15:03	232	00:03:06	292	00:58:43	233	00:01:52	271	00:28:45	01:47:28
257	189	M	43		Ben Hitchings	Durham NC	273	00:18:50	292	00:03:46	284	00:58:15	324	00:02:32	137	00:24:13	01:47:33
258	92	M	41		Michael Musolf	Cary NC	242	00:18:02	272	00:03:27	279	00:57:42	285	00:02:11	213	00:26:18	01:47:38
259	394	M	33		Joseph Burleson	Cary NC	204	00:17:18	234	00:03:07	314	01:01:24	117	00:01:29	157	00:24:35	01:47:50
260	403	M	32		Rusty Cotterman	Vass NC	282	00:19:06	135	00:02:34	303	01:00:14	36	00:01:09	168	00:24:51	01:47:52
261	547	M	38	NM	John Morris	Holly Springs NC	225	00:17:43	166	00:02:43	285	00:58:21	189	00:01:44	240	00:27:26	01:47:55
262	461	M	32		Dan Meyer	Raleigh NC	278	00:19:01	296	00:03:49	294	00:58:49	154	00:01:36	167	00:24:50	01:48:03
263	400	M	42		Istvan Pataki	Holly Springs NC	255	00:18:22	173	00:02:46	300	01:00:06	61	00:01:17	197	00:25:45	01:48:13
264	578	M	44	ZM	Charles Boulineau Jr	Greenville NC	341	00:22:30	316	00:04:05	164	00:52:35	333	00:02:37	219	00:26:34	01:48:18
265	207	M	46		Stuart Higgins	Apex NC	305	00:19:46	270	00:03:24	224	00:55:10	27	00:01:07	275	00:28:56	01:48:21
266	97	M	40		Brian White	Apex NC	199	00:17:09	116	00:02:29	243	00:55:54	323	00:02:31	305	00:30:21	01:48:21
267	533	M	41		Kirk Mangum	Durham NC	178	00:16:47	331	00:04:30	226	00:55:15	293	00:02:14	294	00:29:43	01:48:28
268	369	M	35		Aaron Ffrench	Fayetteville NC	171	00:16:42	235	00:03:07	239	00:55:44	271	00:02:06	315	00:30:55	01:48:31
269	361	M	31		Steven Walther	Apex NC	279	00:19:01	231	00:03:06	323	01:02:08	122	00:01:30	90	00:22:51	01:48:35
270	175	M	60		Jon Skowvron	Garner NC	213	00:17:26	244	00:03:10	269	00:57:09	42	00:01:11	293	00:29:42	01:48:37

271	262	M	46		Peter O'Reilly	Durham NC	271	00:18:46	216	00:02:59	274	00:57:24	287	00:02:12	238	00:27:26	01:48:45
272	44	M	51		Steven Levine	Cary NC	265	00:18:35	263	00:03:19	219	00:55:05	244	00:01:55	296	00:29:55	01:48:48
273	333	M	41		Jonathan Doering	Clayton NC	183	00:16:52	200	00:02:54	310	01:00:51	231	00:01:52	215	00:26:23	01:48:49
274	348	M	40		Jeremy Knapp	Holly Springs NC	221	00:17:36	298	00:03:52	267	00:57:06	227	00:01:50	262	00:28:28	01:48:50
275	512	M	32		Nathan Holder	Raleigh NC	328	00:21:13	333	00:04:33	214	00:54:52	259	00:02:01	211	00:26:15	01:48:52
276	196	M	52		Matt Soper	Clayton NC	276	00:18:53	271	00:03:26	234	00:55:36	173	00:01:41	286	00:29:24	01:48:58
277	606	M	35	NM	Patrick McGuire	Durham NC	143	00:15:52	329	00:04:28	344	01:04:59	159	00:01:37	73	00:22:13	01:49:07
278	88	M	70		Greyson Quarles	Duck Key FL	229	00:17:48	289	00:03:40	126	00:51:23	281	00:02:09	340	00:34:16	01:49:14
279	434	M	52		Frank Rexford	Chapel Hill NC	320	00:20:34	122	00:02:31	240	00:55:46	313	00:02:23	258	00:28:13	01:49:25
280	243	M	57		Dane Van Enwyck	Cary NC	98	00:14:55	302	00:03:53	295	00:58:56	348	00:03:16	263	00:28:29	01:49:26
281	599	M	51		R.E.L Cabeza	Chapel Hill NC	259	00:18:26	319	00:04:10	231	00:55:21	317	00:02:24	283	00:29:16	01:49:35
282	299	M	38		Sean McCabe	Apex NC	156	00:16:14	337	00:04:36	282	00:58:10	183	00:01:42	277	00:28:58	01:49:38
283	307	M	35		Michael Novi	Durham NC	254	00:18:21	169	00:02:44	289	00:58:29	253	00:01:59	259	00:28:14	01:49:46
284	568	M	29	NM	Daniel Spell	Whitsett NC	233	00:17:54	223	00:03:01	281	00:58:01	314	00:02:23	264	00:28:30	01:49:47
285	157	M	48		Anthony Landauer	Raleigh NC	313	00:20:13	318	00:04:06	144	00:51:56	284	00:02:10	319	00:31:29	01:49:53
286	90	M	56		Alan Pollenz	Raleigh NC	52	00:13:49	203	00:02:56	238	00:55:40	300	00:02:18	344	00:35:24	01:50:04
287	344	M	39		Alex Bloom	Raleigh NC	10	00:11:43	293	00:03:47	321	01:01:47	151	00:01:35	320	00:31:37	01:50:27
288	111	M	40		Greg Gooch	Cary NC	312	00:20:13	111	00:02:28	181	00:53:16	280	00:02:09	331	00:32:46	01:50:49
289	317	M	41		James Haskell	Holly Springs NC	337	00:21:55	282	00:03:33	256	00:56:16	104	00:01:26	204	00:25:55	00:02:00 01:51:02
290	357	M	40		Kyle Montgomery	Morrisville NC	262	00:18:27	201	00:02:54	259	00:56:27	165	00:01:39	321	00:31:39	01:51:04
291	140	M	51		Robert Worthington	Chapel Hill NC	173	00:16:44	313	00:04:01	299	00:59:46	94	00:01:24	282	00:29:11	01:51:05
292	395	M	59		Rich Haney	Chapel Hill NC	29	00:12:56	306	00:03:56	309	01:00:48					01:51:09
293	79	M	31		Gualberto Sanchez	Holly Springs NC	302	00:19:40	204	00:02:56	242	00:55:54	305	00:02:19	312	00:30:33	01:51:20
294	350	M	39		Russ Helms	Chapel Hill NC	239	00:18:01	357	00:05:55	286	00:58:21	218	00:01:49	235	00:27:17	01:51:21
295	130	M	44	MC	Kenneth Bark	Raleigh NC	329	00:21:15	225	00:03:02	251	00:56:07	302	00:02:18	274	00:28:54	01:51:35
296	275	M	37	C	Ted Takacs	Raleigh NC	319	00:20:32	278	00:03:29	276	00:57:34	251	00:01:58	260	00:28:15	01:51:47
297	422	M	46		Charlie Payne	Fuquay Varina NC	322	00:20:37	255	00:03:16	277	00:57:35	258	00:02:01	272	00:28:50	01:52:17
298	424	M	37	C	Stearns Heinzen	Raleigh NC	61	00:14:06	202	00:02:54	271	00:57:12	337	00:02:40	345	00:35:34	01:52:24
299	114	M	65		Lou Galli	Wilmington NC	201	00:17:14	189	00:02:51	315	01:01:28	116	00:01:29	289	00:29:29	01:52:28
300	101	M	46	MC	Jim Bendel	Cary NC	266	00:18:36	340	00:04:41	297	00:59:06	306	00:02:19	255	00:27:56	01:52:36
301	603	M	34		Edward Barber	Cary NC	306	00:19:46	266	00:03:22	307	01:00:39	238	00:01:53	241	00:27:29	01:53:08

302	310	M	32		Ryan Dyer	Cary NC	297	00:19:29	191	00:02:51	302	01:00:10	185	00:01:42	280	00:29:11	01:53:22
303	29	M	39		David Miller	Huntersville NC	175	00:16:46	82	00:02:18	348	01:06:17	90	00:01:23	227	00:26:47	01:53:29
304	303	M	16		Nate Hilbrands	Cary NC	198	00:17:07	220	00:03:00	346	01:05:17	214	00:01:48	216	00:26:23	01:53:34
305	323	M	53		John Garrity	Cary NC	357	00:27:26	147	00:02:39	252	00:56:09	146	00:01:34	224	00:26:39	01:54:26
306	412	M	42	MC	Juan Calle	Chapel Hill NC	208	00:17:22	105	00:02:26	305	01:00:22	289	00:02:13	326	00:32:08	01:54:29
307	316	M	56		John Melling	New Bern NC	334	00:21:41	124	00:02:31	283	00:58:14	223	00:01:50	317	00:31:13	01:55:28
308	613	M	46		Todd Purich	Raleigh NC	277	00:18:58	273	00:03:27	298	00:59:19	267	00:02:04	325	00:31:56	01:55:42
309	172	M	34		Jason Edwards	Raleigh NC	151	00:16:02	248	00:03:14	332	01:03:12	321	00:02:28	314	00:30:52	01:55:47
310	546	M	42	ZM	Floyd Phillips	Holly Springs NC	308	00:19:55	324	00:04:21	296	00:59:02	330	00:02:33	306	00:30:24	01:56:12
311	122	M	55		Michael McCollum	Raleigh NC	344	00:23:11	339	00:04:40	327	01:02:25	153	00:01:35	152	00:24:30	01:56:20
312	494	M	48		Jerry Canterbury	Holly Springs NC	358	00:27:36	305	00:03:55	191	00:53:54	335	00:02:38	269	00:28:38	01:56:39
313	182	M	41		Bob Stremel	Willow Spring NC	330	00:21:15	237	00:03:07	322	01:01:56	226	00:01:50	267	00:28:33	01:56:40
314	511	M	57		Jerry Schulman	Wilmington NC	327	00:21:12	309	00:03:58	290	00:58:33	341	00:02:49	302	00:30:17	01:56:46
315	327	M	29	C	Adam Rottinghaus	Chapel Hill NC	318	00:20:28	297	00:03:51	313	01:01:12	194	00:01:44	298	00:30:06	01:57:20
316	326	M	35		Adam Komorner	Apex NC	349	00:24:31	347	00:04:47	291	00:58:38	338	00:02:42	228	00:26:48	01:57:25
317	353	M	48		Allan Brunner	Cary NC	352	00:24:45	276	00:03:29	209	00:54:39	240	00:01:54	330	00:32:45	01:57:30
318	145	M	29		Brian O'Shea	Greensboro NC	50	00:13:41	343	00:04:44	345	01:05:11	286	00:02:11	327	00:32:23	01:58:08
319	531	M	46		Mike Brewer	Oak Ridge NC	274	00:18:51	348	00:04:51	320	01:01:36	339	00:02:44	308	00:30:28	01:58:28
320	134	M	42	MC	George Forte	Apex NC	217	00:17:31	307	00:03:57	308	01:00:47	283	00:02:10	339	00:34:07	01:58:30
321	380	M	43		John Klassa	Cary NC	286	00:19:11	321	00:04:17	301	01:00:06	304	00:02:19	336	00:33:17	01:59:08
322	484	M	56		Michael Hughes	Carrboro NC	353	00:24:46	277	00:03:29	288	00:58:27	328	00:02:33	310	00:30:29	01:59:42
323	156	M	38		Ryan Stevens	Raleigh NC	228	00:17:45	328	00:04:27	347	01:05:23	350	00:03:20	281	00:29:11	02:00:04
324	245	M	25		Andy Branscomb	Raleigh NC	314	00:20:16	325	00:04:22	333	01:03:27	201	00:01:45	309	00:30:29	02:00:17
325	583	M	39	NM	Nawaf Marjan	Apex NC	260	00:18:27	320	00:04:13	336	01:03:45	351	00:03:21	313	00:30:43	02:00:27
326	534	M	37		Jason Schneider	Raleigh NC	359	00:27:58	353	00:05:29	280	00:57:49	359	00:05:02	143	00:24:22	02:00:38
327	128	M	37		Cory Allen	Apex NC	250	00:18:15	326	00:04:25	337	01:03:51	331	00:02:35	322	00:31:45	02:00:48
328	545	M	51	ZM	Matt Aaronson	Durham NC	348	00:24:15	342	00:04:41	317	01:01:29	204	00:01:47	291	00:29:34	02:01:45
329	475	M	46		Dan Jacobs	Raleigh NC	351	00:24:44	315	00:04:03	304	01:00:14	213	00:01:48	279	00:29:08	00:02:00 02:01:55
330	161	M	37		Andrew Matthews	Concord NC	237	00:17:58	345	00:04:44	340	01:04:04	326	00:02:33	332	00:32:48	02:02:06
331	536	M	42	MC	Kelvin Hawkins	Durham NC	246	00:18:07	260	00:03:19	275	00:57:28	327	00:02:33	356	00:41:20	02:02:45
332	294	M	57		Mark Schaefer	Knightdale NC	257	00:18:26	338	00:04:40	335	01:03:42	229	00:01:51	342	00:34:26	02:03:03

333	42	M	55		Jon Sasser	Raleigh NC	307	00:19:48	179	00:02:48	306	01:00:33	334	00:02:37	349	00:37:34	02:03:19
334	437	M	47		Steve Munsat	Chapel Hill NC	333	00:21:32	283	00:03:33	334	01:03:38	282	00:02:10	337	00:33:26	02:04:17
335	372	M	57		Philip Lorang	Raleigh NC	185	00:16:52	354	00:05:30	316	01:01:28	349	00:03:20	348	00:37:18	02:04:26
336	381	M	58		Bob Butler	Morrisville NC	339	00:22:09	180	00:02:48	339	01:04:04	296	00:02:15	335	00:33:17	02:04:31
337	285	M	32		Brandon Peach	Fuquay Varina NC	289	00:19:16	334	00:04:33	343	01:04:56	356	00:04:26	323	00:31:54	02:05:04
338	554	M	28	NM	Jeffrey Webb	Raleigh NC	270	00:18:45	323	00:04:19	356	01:10:54	144	00:01:34	295	00:29:45	02:05:14
339	500	M	25		Andrew Whiteman	Washington DC	24	00:12:50	67	00:02:14	360	01:24:39	274	00:02:07	170	00:24:55	02:06:44
340	610	M	15		Spence Hutcheson	Durham NC	234	00:17:54	322	00:04:18	330	01:03:05	354	00:03:32	351	00:38:20	02:07:08
341	548	M	40	ZM	Bryan Odom	Holly Springs NC	332	00:21:24	314	00:04:02	338	01:03:57	343	00:03:00	343	00:34:51	02:07:13
342	252	M	63		Tsvi Katz-Hyman	Newport News VA	264	00:18:32	330	00:04:30	318	01:01:30	345	00:03:06	355	00:40:04	02:07:39
343	614	M	60		Andrew Reed	Holly Springs NC	219	00:17:34	360	00:06:59	326	01:02:15	355	00:03:51	346	00:37:02	02:07:40
344	492	M	44		Karl Murphy	Chapel Hill NC	345	00:23:34	317	00:04:06	353	01:08:56	336	00:02:39	285	00:29:22	02:08:35
345	254	M	41		Keith Shackelford	Wake Forest NC	361	00:31:58	312	00:04:01	319	01:01:32	277	00:02:08	284	00:29:20	02:08:56
346	244	M	46		Paul Lucas	Cary NC	350	00:24:43	335	00:04:35	328	01:02:39	352	00:03:24	338	00:33:42	02:09:01
347	632	M	56		Nick Laraia	Oxford NC	331	00:21:19	362	00:08:16	325	01:02:14	358	00:04:43	333	00:32:52	02:09:23
348	463	M	40		Ryan Mitchell	Apex NC	316	00:20:18	290	00:03:44	341	01:04:15	308	00:02:20	354	00:38:51	02:09:27
349	556	M	35	NM	Adam Demicco	Cary NC	321	00:20:34	336	00:04:35	355	01:10:09	298	00:02:16	329	00:32:45	02:10:18
350	505	M	41		Dana Grode	Fuquay-Varina NC	347	00:23:56	361	00:07:28	352	01:08:38	297	00:02:16	256	00:28:02	02:10:18
351	213	M	31		Justin Gorsage	Durham NC	338	00:22:00	358	00:05:59	329	01:02:42	191	00:01:44	353	00:38:42	02:11:04
352	616	M	45		Stewart Vargas	Morrisville NC	355	00:26:09	304	00:03:54	354	01:09:18	169	00:01:40	299	00:30:07	02:11:06
353	362	M	28		Michael Wise	Southern Pines NC	324	00:20:45	351	00:05:02	350	01:06:54	200	00:01:45	347	00:37:03	02:11:26
354	214	M	46	MC	Christopher Musselwhite	Raleigh NC	280	00:19:02	291	00:03:45	324	01:02:09	346	00:03:11	358	00:43:33	02:11:38
355	39	M	60		Steve Pate	Fayetteville NC	354	00:24:57	299	00:03:52	342	01:04:17	254	00:01:59	350	00:38:00	02:13:04
356	553	M	24	NM	Derek Gallo	Raleigh NC	253	00:18:20	341	00:04:41	358	01:16:33	196	00:01:44	328	00:32:33	02:13:49
357	68	M	70		Gary Taylor	Dunn, NC	343	00:23:08	349	00:04:59	331	01:03:07	342	00:02:53	357	00:42:41	02:16:45
358	569	M	29	NM	Andrew Summers	Sanford NC	360	00:28:45	344	00:04:44	351	01:07:57	235	00:01:53	341	00:34:17	02:17:34
359	549	M	33	NM	Adam Lowe	Holly Springs NC	335	00:21:45	359	00:06:26	357	01:11:43	360	00:05:20	334	00:33:08	00:02:00 02:20:20
360	449	M	31	C	Jonathan Todd	Chapel Hill NC	240	00:18:01	352	00:05:22	359	01:24:17	344	00:03:03	324	00:31:55	02:22:36
361	635	M	49	ZM	Pete Schwartz	Chapel Hill NC											02:24:47
362	74	M	65		Richard Watson	Durham NC	342	00:22:53	355	00:05:33	349	01:06:38	357	00:04:31	359	00:49:36	02:29:09
363	625	M	32	NM	Rufus Allen	Raleigh NC	362	00:39:17	356	00:05:33	361	01:32:11	35	00:01:09	352	00:38:32	02:56:40

364	498	M	40	Randall Rine	Raleigh NC	169	00:16:35	137	00:02:34	116	00:51:02	126	00:01:30
365	574	M	25	Patrick Taylor	Cary NC	7	00:11:14	285	00:03:34				

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