

Race Date  
July 28, 2019

# Chisago Lakes Triathlon

## All Half

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Josh Mork	11	4	27:20.07	1:25	1:03.94	3	2:13:38.4	25.1	1:08.55	9	1:26:45.9	7:03	4:09:57.0
2	Ben Lindell	255	49	33:36.03	1:44	1:30.58	6	2:17:53.5	24.4	1:31.68	1	1:16:58.2	6:15	4:11:30.0
3	Andrew Zabel	17	58	34:03.11	1:46	1:41.27	2	2:13:21.0	25.2	0:51.80	6	1:23:42.3	6:48	4:13:39.6
4	Jeff Mettler	60	7	27:45.06	1:26	1:46.28	17	2:24:36.4	23.2	1:25.12	3	1:21:01.8	6:35	4:16:34.7
5	Dan J Arlandson	1	8	29:02.19	1:30	1:20.82	10	2:18:57.5	24.2	1:43.80	13	1:29:34.6	7:17	4:20:39.0
6	Patrick Allaire	402	33	32:18.03	1:40	2:02.96	5	2:16:31.9	24.6	1:18.26	22	1:31:13.3	7:25	4:23:24.4
7	Jason Crisp	4	25	32:01.63	1:40	1:24.14	28	2:29:09.0	22.5	0:50.37	4	1:22:38.1	6:43	4:26:03.3
8	Josh Emory	32	28	32:09.33	1:40	1:34.06	25	2:28:19.5	22.7	1:19.10	5	1:23:01.3	6:45	4:26:23.3
9	Luke Aldrich	401	32	32:16.78	1:40	1:41.93	13	2:21:18.3	23.8	1:05.79	18	1:30:49.8	7:23	4:27:12.7
10	Kai Sill	281	52	33:53.45	1:45	2:39.85	16	2:24:20.2	23.3	1:39.88	8	1:25:02.7	6:55	4:27:36.1
11	David Holden	8	3	26:43.79	1:23	1:16.88	26	2:28:46.0	22.6	1:11.03	16	1:29:50.1	7:18	4:27:47.8
12	Mike Johnson	544	59	34:04.25	1:46	1:31.61	7	2:18:03.4	24.3	1:42.74	31	1:34:34.0	7:41	4:29:56.0
13	Karl Nygren	270	112	36:12.89	1:53	2:00.46	4	2:16:30.7	24.6	1:52.24	27	1:33:36.5	7:37	4:30:12.8
14	Kortney Haag	6	46	33:23.66	1:44	1:10.87	20	2:27:30.5	22.8	1:10.63	14	1:29:36.3	7:17	4:32:52.0
15	Kyle Krause	250	45	33:21.77	1:44	2:33.03	9	2:18:42.6	24.2	2:07.78	41	1:36:18.1	7:50	4:33:03.3
16	Jay Adams	502	9	29:22.00	1:31	1:42.69	14	2:23:00.5	23.5	0:52.14	62	1:40:13.3	8:09	4:35:10.7
17	Becky Youngberg	16	12	30:04.60	1:33	1:25.33	71	2:35:45.2	21.6	1:09.76	11	1:29:03.3	7:14	4:37:28.2
18	Collin Johnson	239	69	34:36.53	1:48	1:36.83	30	2:29:35.1	22.5	2:03.05	17	1:30:45.0	7:23	4:38:36.5
19	Ryan Richardson	457	19	31:32.34	1:38	1:35.43	18	2:26:31.1	22.9	1:24.59	58	1:39:34.6	8:06	4:40:38.1
20	Peter Wikman	290	17	31:09.27	1:37	1:39.91	51	2:33:34.4	21.9	1:18.59	26	1:33:26.1	7:36	4:41:08.3
21	Ryan Collison	3	26	32:05.31	1:40	2:00.04	11	2:20:21.9	23.9	1:10.17	100	1:45:50.3	8:36	4:41:27.8
22	Dave Lundberg	345	16	31:05.36	1:37	1:44.89	12	2:21:00.1	23.8	1:36.82	102	1:46:21.4	8:39	4:41:48.7
23	Paige Schulz	13	55	33:58.04	1:46	1:33.81	69	2:35:35.3	21.6	1:30.28	15	1:29:39.0	7:17	4:42:16.5
24	Ryan Rogers	458	94	35:39.31	1:51	1:49.10	82	2:37:34.0	21.3	1:05.82	12	1:29:28.9	7:16	4:45:37.2
25	Kelly Trom	14	29	32:10.21	1:40	1:47.45	54	2:34:08.4	21.8	1:25.61	39	1:36:08.4	7:49	4:45:40.1
26	Matthew May	261	154	37:36.11	1:57	1:39.78	31	2:29:39.8	22.5	1:34.27	38	1:35:46.2	7:47	4:46:16.2
27	Ben Bassett	405	161	37:50.24	1:58	1:24.11	56	2:34:16.6	21.8	1:47.29	20	1:30:59.1	7:24	4:46:17.4
28	David Edland	521	71	34:41.48	1:48	1:46.67	39	2:31:12.4	22.2	1:46.58	47	1:37:30.4	7:56	4:46:57.6
29	Eric Hall	227	168	38:05.39	1:58	2:41.02	134	2:44:41.1	20.4	1:25.08	2	1:20:36.5	6:33	4:47:29.2
30	Mark Henry	7	98	35:47.38	1:51	1:22.76	49	2:33:10.7	21.9	1:26.57	40	1:36:17.8	7:50	4:48:05.3
31	Try-Hards	193	44	33:17.31	1:43	0:51.92	115	2:42:19.4	20.7	0:43.50	21	1:31:00.4	7:24	4:48:12.6
32	Minsok Pak	560	113	36:15.02	1:53	1:51.65	21	2:27:35.3	22.8	2:19.59	63	1:40:18.2	8:09	4:48:19.9
33	Corey McKusick	440	38	32:54.13	1:42	2:21.39	64	2:35:17.2	21.6	1:25.75	45	1:37:05.5	7:54	4:49:04.1

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			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Ryan Blane	408	36	32:27.18	1:41	1:30.23	114	2:42:13.4	20.7	2:00.54	19	1:30:57.8	7:24	4:49:09.2
35	Spencer Williams	291	27	32:06.59	1:40	2:23.25	73	2:36:02.7	21.5	2:06.90	42	1:36:36.6	7:51	4:49:16.1
36	Alfredo Martel	552	109	36:09.61	1:52	1:58.94	22	2:27:45.9	22.7	1:56.84	74	1:41:54.4	8:17	4:49:45.7
37	John Schmidt	278	135	36:54.93	1:55	2:03.70	35	2:30:21.4	22.3	2:03.62	57	1:39:31.8	8:06	4:50:55.5
38	Caryn Herrick	229	11	30:02.61	1:33	1:49.46	121	2:43:18.0	20.6	2:41.38	25	1:33:09.7	7:34	4:51:01.2
39	Robert Zuch	580	47	33:29.16	1:44	2:58.79	177	2:49:16.1	19.8	1:43.66	7	1:24:03.5	6:50	4:51:31.3
40	Kayla Kjellman	10	24	31:59.93	1:39	1:58.87	89	2:38:26.3	21.2	1:27.62	48	1:38:04.1	7:58	4:51:56.9
41	Logan Fischer	33	167	38:03.95	1:58	3:00.73	67	2:35:30.4	21.6	1:40.42	28	1:33:42.2	7:37	4:51:57.7
42	Carter Wehrer	289	95	35:39.90	1:51	1:49.26	24	2:28:15.2	22.7	2:16.06	94	1:44:46.9	8:31	4:52:47.4
43	Jeremy Kulesa	435	150	37:28.64	1:56	2:46.25	40	2:31:26.3	22.2	2:34.91	54	1:39:03.7	8:03	4:53:19.8
44	Ben Hokanson	427	74	34:53.04	1:48	1:51.95	19	2:27:11.9	22.8	1:57.61	117	1:48:06.7	8:47	4:54:01.2
45	Chris Nigbur	558	220	39:51.83	2:04	2:55.18	72	2:36:02.1	21.5	1:28.81	29	1:33:48.3	7:38	4:54:06.3
46	Keith Thomas	571	42	33:11.20	1:43	1:43.79	36	2:30:21.8	22.3	1:49.94	110	1:47:04.9	8:42	4:54:11.7
47	Michael Martin	259	75	34:53.83	1:48	1:52.11	101	2:39:54.2	21.0	2:05.98	34	1:35:30.5	7:46	4:54:16.7
48	Patrick Keyes	246	70	34:40.11	1:48	2:02.50	46	2:32:43.0	22.0	0:57.39	92	1:44:08.3	8:28	4:54:31.4
49	Mason Hill	41	149	37:27.16	1:56	1:26.44	53	2:34:07.0	21.8	1:32.76	61	1:40:10.4	8:09	4:54:43.8
50	James Hollis	539	97	35:45.00	1:51	3:30.49	100	2:39:54.1	21.0	3:01.32	23	1:32:42.6	7:32	4:54:53.5
51	Jamie Blunden	510	100	35:49.71	1:51	1:59.13	33	2:29:50.9	22.4	1:36.99	101	1:45:51.2	8:36	4:55:08.0
52	Erin Hyndman-Farrens	9	61	34:06.15	1:46	1:34.16	50	2:33:20.9	21.9	1:11.24	97	1:45:19.8	8:34	4:55:32.3
53	Tim Brown	25	155	37:38.02	1:57	2:25.17	47	2:32:54.1	22.0	1:42.17	69	1:41:09.9	8:13	4:55:49.4
54	Sara Carlson	2	131	36:50.50	1:54	1:11.21	62	2:35:13.1	21.6	1:07.73	72	1:41:35.1	8:16	4:55:57.7
55	Ben Harding	533	37	32:39.00	1:41	1:36.34	43	2:32:00.0	22.1	3:37.96	103	1:46:25.7	8:39	4:56:19.0
56	Terrence Hornsby	232	114	36:15.54	1:53	2:28.66	78	2:36:44.9	21.4	2:18.03	52	1:38:33.5	8:01	4:56:20.7
57	Chris Palm	448	235	40:41.51	2:06	3:54.29	8	2:18:30.0	24.3	3:07.24	132	1:50:22.8	8:58	4:56:35.9
58	Jorid Dagfinrud	315	128	36:46.70	1:54	1:52.08	57	2:34:33.2	21.7	2:24.75	70	1:41:27.1	8:15	4:57:03.9
59	Tim Nordberg	446	73	34:50.98	1:48	1:41.31	42	2:31:59.9	22.1	2:23.70	107	1:46:51.5	8:41	4:57:47.5
60	Chris Van Hoven	475	86	35:24.37	1:50	2:31.17	34	2:30:10.7	22.4	2:17.77	112	1:47:38.6	8:45	4:58:02.7
61	Kelli Moretter-Bue	649	119	36:22.68	1:53	1:27.75	83	2:37:34.6	21.3	1:44.89	68	1:41:02.1	8:13	4:58:12.0
62	Jon Krog	433	151	37:31.02	1:57	2:00.80	102	2:40:01.1	21.0	1:48.58	43	1:36:52.7	7:53	4:58:14.2
63	Josh Van Kirk	476	159	37:49.76	1:58	2:02.55	63	2:35:16.1	21.6	1:32.64	75	1:41:57.2	8:17	4:58:38.3
64	Jared Anderson	403	225	40:03.86	2:04	3:52.51	75	2:36:29.1	21.5	2:37.47	36	1:35:39.7	7:47	4:58:42.7
65	Megan Crowe	211	120	36:24.34	1:53	4:26.33	104	2:40:18.9	21.0	2:07.73	33	1:35:25.4	7:45	4:58:42.8
66	Riley Shearer	280	164	37:56.50	1:58	3:05.66	84	2:37:35.0	21.3	2:17.41	49	1:38:10.3	7:59	4:59:04.9

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			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
67	Rexford Smith	85	20	31:36.60	1:38	2:01.95	41	2:31:52.1	22.1	2:46.91	139	1:50:58.0	9:01	4:59:15.6
68	Ryan Grange	224	141	37:12.34	1:56	2:18.86	145	2:45:54.1	20.3	1:05.18	24	1:32:48.4	7:33	4:59:18.9
69	Michael Palo	57	66	34:19.33	1:47	2:41.72	140	2:45:33.8	20.3	2:21.85	32	1:34:40.8	7:42	4:59:37.6
70	Jeremy Ekman	522	50	33:39.53	1:45	2:41.97	113	2:41:59.1	20.7	1:48.61	59	1:39:47.7	8:07	4:59:57.0
71	Ryan Engle	417	116	36:17.56	1:53	1:55.24	98	2:39:42.5	21.0	1:18.20	66	1:40:56.1	8:12	5:00:09.6
72	Cheryl Jeseritz	632	322	44:54.06	2:20	3:22.09	94	2:39:38.5	21.0	3:55.04	10	1:28:28.3	7:12	5:00:18.0
73	Jessie Stevens	384	104	35:56.75	1:52	1:39.84	66	2:35:20.4	21.6	1:46.85	99	1:45:47.8	8:36	5:00:31.8
74	Kristian Stoeckel	570	77	35:00.50	1:49	2:12.95	23	2:28:08.1	22.7	2:35.63	159	1:53:29.2	9:14	5:01:26.4
75	Sharon Heyer	331	41	33:10.07	1:43	2:15.59	178	2:49:21.1	19.8	1:34.24	35	1:35:31.0	7:46	5:01:52.1
76	Troy Edmond	216	179	38:36.20	2:00	2:34.29	95	2:39:39.9	21.0	2:33.72	55	1:39:11.2	8:04	5:02:35.4
77	Amy Hite	625	96	35:39.93	1:51	2:07.26	44	2:32:12.4	22.1	2:15.30	133	1:50:23.1	8:58	5:02:38.0
78	Michelle Brost	311	87	35:25.25	1:50	1:44.43	85	2:37:36.1	21.3	1:38.77	105	1:46:36.8	8:40	5:03:01.4
79	Colin McCarthy	262	1	25:49.57	1:20	1:51.50	148	2:46:31.9	20.2	2:09.26	109	1:47:01.5	8:42	5:03:23.8
80	Philip Lafriniere	436	162	37:52.33	1:58	2:17.09	59	2:34:53.5	21.7	2:05.04	106	1:46:43.2	8:41	5:03:51.1
81	Brooke Bosch	205	160	37:49.91	1:58	2:41.08	88	2:38:08.2	21.2	1:45.17	88	1:43:40.0	8:26	5:04:04.4
82	Justin Jones	86	34	32:18.84	1:40	2:20.00	86	2:37:42.1	21.3	1:37.82	131	1:50:21.6	8:58	5:04:20.4
83	Jason Kell	244	193	38:59.58	2:01	2:37.46	79	2:36:54.3	21.4	1:51.22	91	1:43:59.9	8:27	5:04:22.5
84	Peter Flies	419	234	40:39.89	2:06	4:43.89	80	2:37:23.7	21.3	1:49.24	64	1:40:21.0	8:10	5:04:57.8
85	Mark Myers	53	158	37:48.17	1:57	3:32.08	107	2:41:01.1	20.9	1:53.93	65	1:40:53.2	8:12	5:05:08.5
86	Team Schulz	190	101	35:51.02	1:51	1:09.09	210	2:53:35.1	19.4	0:58.05	30	1:34:06.0	7:39	5:05:39.3
87	Ashley Gilholm	322	39	33:01.53	1:43	2:27.70	105	2:40:24.1	20.9	1:46.28	115	1:48:00.6	8:47	5:05:40.2
88	Steven MacDonald	439	84	35:13.76	1:49	1:51.00	68	2:35:34.8	21.6	1:39.83	142	1:51:35.5	9:04	5:05:55.0
89	Nick Ludwig	550	40	33:06.93	1:43	2:38.13	32	2:29:44.7	22.4	2:15.06	198	1:58:27.2	9:38	5:06:12.1
90	Mike Ewasiuk	523	91	35:31.34	1:50	1:37.51	125	2:43:58.7	20.5	1:56.27	85	1:43:16.5	8:24	5:06:20.4
91	Matt Wiitala	482	255	41:30.55	2:09	2:13.77	27	2:28:52.5	22.6	1:18.07	151	1:52:38.8	9:09	5:06:33.7
92	Erik Schutz	464	106	35:58.77	1:52	2:20.26	111	2:41:39.5	20.8	3:07.98	89	1:43:50.5	8:27	5:06:57.1
93	Jacquelyn Bacigalupi	607	139	37:08.58	1:55	1:44.91	90	2:38:42.0	21.2	1:39.98	114	1:47:56.2	8:47	5:07:11.8
94	Eric Roesner	567	78	35:00.98	1:49	1:48.10	45	2:32:16.6	22.1	2:57.08	167	1:55:24.2	9:23	5:07:27.0
95	Alexander Thamel	283	122	36:29.69	1:53	1:24.30	38	2:31:05.2	22.2	1:17.75	194	1:58:15.7	9:37	5:08:32.6
96	Tyson Molitor	268	79	35:01.97	1:49	5:24.28	120	2:43:14.3	20.6	7:11.99	51	1:38:32.8	8:01	5:09:25.5
97	Meredith Ducuns	317	238	40:42.30	2:06	3:19.85	106	2:40:30.4	20.9	2:24.12	83	1:42:48.8	8:22	5:09:45.5
98	David Holleran	333	132	36:52.08	1:55	1:55.18	58	2:34:46.5	21.7	3:24.72	152	1:52:59.3	9:11	5:09:57.8
99	Nathan Enderle	218	153	37:34.88	1:57	1:45.72	128	2:44:12.3	20.5	4:27.70	76	1:42:01.7	8:18	5:10:02.3

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100	Ryan Remmers	565	229	40:25.87	2:06	2:13.73	52	2:34:00.3	21.8	4:02.30	128	1:49:28.9	8:54	5:10:11.2
101	Kevin Grafft	325	199	39:07.25	2:02	3:22.17	110	2:41:37.8	20.8	2:04.19	95	1:44:57.2	8:32	5:11:08.6
102	Peter Nelson	445	93	35:35.00	1:51	3:49.90	15	2:23:27.3	23.4	2:54.64	244	2:05:53.6	10:14	5:11:40.4
103	Meghan Henry	329	216	39:49.05	2:04	1:42.16	150	2:46:38.3	20.2	1:30.25	77	1:42:04.4	8:18	5:11:44.2
104	Kate Barnett	303	228	40:23.32	2:05	2:23.02	127	2:44:03.5	20.5	2:18.01	81	1:42:41.0	8:21	5:11:48.9
105	Matt Meshbesh	264	219	39:50.88	2:04	3:52.28	97	2:39:41.6	21.0	6:49.36	73	1:41:52.0	8:17	5:12:06.2
106	Layton Dezell	414	305	43:39.86	2:16	3:44.97	37	2:30:48.9	22.3	5:34.47	121	1:48:24.6	8:49	5:12:12.8
107	Katie Deregnier	316	13	30:36.44	1:35	2:00.30	268	3:02:18.3	18.4	1:34.42	37	1:35:45.2	7:47	5:12:14.7
108	Dave Pincus	562	177	38:31.23	2:00	3:21.23	123	2:43:37.0	20.5	2:09.15	98	1:45:37.4	8:35	5:13:16.1
109	Mark Schimke	463	102	35:56.25	1:52	2:25.73	77	2:36:38.2	21.5	1:44.35	181	1:56:52.2	9:30	5:13:36.7
110	Ben Petsch	454	170	38:09.51	1:59	1:48.10	65	2:35:18.2	21.6	2:23.72	187	1:57:29.6	9:33	5:15:09.2
111	Jacklyn Radermacher	370	137	37:00.55	1:55	2:01.20	142	2:45:44.0	20.3	4:09.38	104	1:46:28.2	8:39	5:15:23.4
112	Luke Menet	442	267	41:50.03	2:10	3:32.34	93	2:39:31.8	21.1	2:53.30	113	1:47:54.0	8:46	5:15:41.5
113	Kenny Gilkerson	222	108	36:07.79	1:52	2:48.78	196	2:52:25.7	19.5	2:05.80	80	1:42:29.1	8:20	5:15:57.2
114	Michael Nielsen	358	99	35:49.29	1:51	2:17.78	141	2:45:35.2	20.3	1:50.99	141	1:51:30.4	9:04	5:17:03.7
115	Charleen Stoeckel	385	178	38:32.64	2:00	2:53.99	116	2:42:23.5	20.7	2:39.47	135	1:50:48.0	9:00	5:17:17.6
116	James Neal	557	152	37:33.31	1:57	2:21.25	76	2:36:33.3	21.5	2:09.07	200	1:58:43.4	9:39	5:17:20.3
117	Tim Kurth	548	76	34:58.95	1:49	3:57.55	81	2:37:33.0	21.3	2:23.37	201	1:58:43.6	9:39	5:17:36.6
118	Sarah Schmidt-Dannert	70	316	44:33.51	2:18	3:15.69	179	2:49:38.1	19.8	2:00.99	53	1:38:59.7	8:03	5:18:28.1
119	Ian Hutchison	237	48	33:34.63	1:44	2:18.66	132	2:44:36.1	20.4	2:35.20	168	1:55:29.0	9:23	5:18:33.7
120	Kyle Rooney	459	134	36:53.37	1:55	3:09.65	61	2:35:08.9	21.7	3:02.18	216	2:00:29.1	9:48	5:18:43.2
121	Jerrud Blegen	509	80	35:04.62	1:49	3:06.00	103	2:40:06.0	21.0	2:06.03	199	1:58:34.3	9:38	5:18:57.0
122	Mick Quinn	563	176	38:29.60	2:00	2:00.49	74	2:36:13.9	21.5	2:07.03	214	2:00:19.7	9:47	5:19:10.8
123	Stuart Swenson	473	260	41:37.73	2:09	6:44.36	91	2:38:51.6	21.2	3:54.13	118	1:48:07.2	8:47	5:19:15.0
124	Matthew Herringshaw	230	65	34:17.29	1:47	3:03.42	131	2:44:35.6	20.4	4:22.79	153	1:53:00.3	9:11	5:19:19.4
125	Alyssa Dehne	214	195	39:01.72	2:01	1:58.98	170	2:48:33.5	19.9	1:48.61	124	1:48:50.6	8:51	5:20:13.5
126	Michael Schultz	659	124	36:38.10	1:54	3:06.81	175	2:49:13.9	19.9	2:36.06	122	1:48:39.1	8:50	5:20:14.1
127	Phillip Baumel	203	203	39:19.86	2:02	2:20.89	48	2:32:56.4	22.0	1:35.23	238	2:04:02.0	10:05	5:20:14.5
128	Adam Kipiniak	637	286	42:33.28	2:12	4:23.60	197	2:52:26.0	19.5	4:13.02	46	1:37:07.9	7:54	5:20:43.8
129	Lisa Hines	42	147	37:25.33	1:56	2:07.70	160	2:47:42.5	20.0	1:44.03	146	1:51:53.1	9:06	5:20:52.7
130	Mark Brice	411	110	36:11.94	1:52	1:48.65	157	2:47:16.9	20.1	1:51.49	163	1:54:24.8	9:18	5:21:33.8
131	Andy Cook	209	263	41:42.37	2:10	3:25.73	208	2:53:25.5	19.4	2:12.74	67	1:41:00.2	8:13	5:21:46.6
132	Roger Hipwell	537	117	36:18.18	1:53	2:58.95	154	2:47:09.6	20.1	2:36.60	154	1:53:01.1	9:11	5:22:04.4

Race Date  
July 28, 2019

Chisago Lakes Triathlon  
All Half

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
133	Cindy Cook	613	257	41:31.57	2:09	1:36.77	171	2:48:35.7	19.9	1:52.13	123	1:48:39.3	8:50	5:22:15.5
134	Matthew Vandonsel	286	287	42:37.14	2:12	5:36.57	199	2:52:39.7	19.5	4:20.36	44	1:37:04.0	7:54	5:22:17.9
135	Jane Peterson	363	14	30:56.76	1:36	3:09.21	185	2:50:11.6	19.7	2:27.26	172	1:55:52.5	9:25	5:22:37.4
136	TC 3 Amigas	188	271	42:01.26	2:11	1:08.01	234	2:57:32.2	18.9	0:53.38	71	1:41:28.5	8:15	5:23:03.4
137	Nils Lee	253	57	34:03.00	1:46	1:52.56	70	2:35:41.0	21.6	2:02.79	263	2:09:29.1	10:32	5:23:08.5
138	Michael Bryant	513	123	36:33.31	1:54	3:45.34	159	2:47:24.3	20.1	3:11.08	158	1:53:20.6	9:13	5:24:14.7
139	Kris Anderson	603	18	31:30.59	1:38	3:14.22	230	2:56:59.3	19.0	3:37.08	125	1:49:03.1	8:52	5:24:24.3
140	Kyle Hagan	225	35	32:20.95	1:41	3:31.79	269	3:02:29.1	18.4	3:12.66	86	1:43:16.8	8:24	5:24:51.4
141	Mark Gustafson	326	213	39:44.61	2:03	4:02.63	151	2:46:38.6	20.2	2:31.95	149	1:52:21.2	9:08	5:25:19.1
142	Mark Stapleton	469	136	36:55.87	1:55	3:38.04	206	2:53:18.9	19.4	3:08.02	120	1:48:22.7	8:49	5:25:23.5
143	Lance Dageford	213	297	43:14.86	2:14	2:20.90	184	2:50:05.4	19.8	1:56.42	119	1:48:10.8	8:48	5:25:48.4
144	Emily Pincus	58	5	27:21.32	1:25	2:20.61	158	2:47:17.1	20.1	1:57.22	252	2:06:57.8	10:19	5:25:54.2
145	Taylor Jessen	337	148	37:26.82	1:56	3:00.87	139	2:45:29.9	20.3	2:03.00	193	1:57:53.7	9:35	5:25:54.3
146	Jim Kampa	546	237	40:41.93	2:06	1:59.38	118	2:43:00.0	20.6	4:14.20	176	1:56:11.9	9:27	5:26:07.4
147	Elisha Kekacs	635	276	42:10.43	2:11	2:12.19	169	2:48:32.2	19.9	2:24.96	140	1:51:22.9	9:03	5:26:42.7
148	Shayne Stone	76	54	33:54.50	1:45	2:39.19	263	3:00:56.7	18.6	1:56.61	111	1:47:15.8	8:43	5:26:42.8
149	Stacy Jackson	629	174	38:21.21	1:59	3:31.57	195	2:52:18.4	19.5	2:39.14	137	1:50:50.8	9:01	5:27:41.2
150	Brian Vander Plaats	477	373	48:21.94	2:30	3:01.88	211	2:53:49.0	19.3	3:58.80	50	1:38:29.6	8:00	5:27:41.3
151	Cem Kolbakir	247	217	39:49.50	2:04	1:52.77	122	2:43:34.9	20.5	2:56.62	207	1:59:40.7	9:44	5:27:54.5
152	Aaron Dommeyer	215	165	37:57.34	1:58	4:25.12	238	2:57:55.5	18.9	3:46.79	93	1:44:11.1	8:28	5:28:15.9
153	Jon Frank	525	163	37:53.04	1:58	4:37.91	205	2:53:14.6	19.4	3:26.68	127	1:49:12.5	8:53	5:28:24.8
154	Tim Dauwalter	413	326	45:02.65	2:20	2:11.81	109	2:41:16.2	20.8	3:12.74	186	1:57:25.0	9:33	5:29:08.5
155	Amy Mundisev	653	184	38:46.13	2:00	2:13.62	138	2:45:27.9	20.3	1:22.77	226	2:01:34.8	9:53	5:29:25.3
156	Thorn Turner	391	30	32:12.05	1:40	1:15.74	228	2:56:24.6	19.0	1:23.40	196	1:58:19.6	9:37	5:29:35.4
157	Bob Leone	50	269	41:59.18	2:10	4:02.59	108	2:41:02.8	20.9	2:47.61	208	1:59:57.8	9:45	5:29:50.0
158	Jon Fox	421	82	35:13.13	1:49	1:59.65	194	2:52:12.7	19.5	3:43.97	183	1:56:55.8	9:30	5:30:05.3
159	David Leard	342	127	36:46.00	1:54	2:26.12	181	2:49:44.3	19.8	2:54.16	195	1:58:15.7	9:37	5:30:06.4
160	Andrew Hafner	424	202	39:13.10	2:02	5:59.60	156	2:47:16.8	20.1	4:29.63	160	1:53:54.2	9:16	5:30:53.4
161	Mark Harris	40	303	43:34.83	2:15	3:19.10	153	2:46:54.3	20.1	2:58.37	162	1:54:19.2	9:18	5:31:05.8
162	Ryan Mathieu	260	258	41:32.88	2:09	4:46.52	55	2:34:13.4	21.8	3:33.42	253	2:07:05.7	10:20	5:31:11.9
163	Amanda Nesbitt	357	89	35:26.04	1:50	2:57.90	99	2:39:45.5	21.0	4:38.17	259	2:08:39.4	10:28	5:31:27.1
164	Denny Hoskins	541	295	43:14.00	2:14	4:07.08	155	2:47:16.6	20.1	6:15.79	136	1:50:48.4	9:01	5:31:41.9
165	Matt Polzin	456	118	36:20.34	1:53	2:45.78	192	2:51:25.3	19.6	2:18.34	202	1:58:52.8	9:40	5:31:42.5

Race Date  
July 28, 2019

# Chisago Lakes Triathlon

## All Half

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
166	Fr. Peter Hughes	234	292	43:03.40	2:14	2:58.60	126	2:44:02.7	20.5	5:02.02	180	1:56:42.0	9:29	5:31:48.8
167	Andrew Hall	226	336	45:40.24	2:22	2:45.38	248	2:59:13.6	18.7	2:24.16	79	1:42:16.9	8:19	5:32:20.3
168	Pete R McConnell	555	206	39:25.28	2:02	3:54.36	167	2:48:21.0	20.0	3:48.68	184	1:57:08.0	9:31	5:32:37.3
169	David Hasz	535	192	38:54.50	2:01	2:57.09	221	2:55:58.9	19.1	3:10.31	144	1:51:50.5	9:06	5:32:51.4
170	Steven Navis	556	214	39:47.16	2:04	1:44.21	187	2:50:20.4	19.7	1:40.99	210	1:59:58.3	9:45	5:33:31.2
171	Julie Pagano	361	126	36:42.86	1:54	2:01.14	124	2:43:42.6	20.5	2:05.51	261	2:09:08.7	10:30	5:33:40.9
172	Mike Abel	501	233	40:37.84	2:06	3:09.46	163	2:47:58.9	20.0	4:04.77	197	1:58:19.8	9:37	5:34:10.9
173	Tren Blankenship	409	211	39:38.09	2:03	4:24.60	96	2:39:40.9	21.0	3:19.36	256	2:07:29.9	10:22	5:34:32.9
174	Matthew Binsfeld	609	414	56:30.43	2:56	5:11.57	180	2:49:41.7	19.8	4:02.72	56	1:39:14.1	8:04	5:34:40.6
175	Andrew Wilson	292	351	46:48.47	2:25	6:28.69	172	2:48:43.1	19.9	5:12.68	116	1:48:06.6	8:47	5:35:19.6
176	Tyler Brennan	206	243	40:50.51	2:07	3:01.12	165	2:48:08.5	20.0	1:44.74	229	2:01:54.8	9:55	5:35:39.6
177	Darin Strand	471	130	36:49.10	1:54	2:17.87	233	2:57:31.9	18.9	1:45.41	188	1:57:31.1	9:33	5:35:55.4
178	Judy Januschka Murray	45	259	41:34.27	2:09	2:53.90	176	2:49:14.6	19.9	3:15.75	204	1:59:11.2	9:41	5:36:09.8
179	Jessica Juntunen	397	232	40:34.66	2:06	3:54.28	191	2:51:03.0	19.6	4:03.09	182	1:56:52.6	9:30	5:36:27.6
180	Ron Rasque	65	284	42:31.87	2:12	4:06.65	168	2:48:24.6	20.0	5:13.04	177	1:56:15.3	9:27	5:36:31.5
181	Michael Sperle	468	294	43:13.56	2:14	4:51.63	266	3:01:26.6	18.5	3:11.92	90	1:43:54.7	8:27	5:36:38.5
182	Lindsey Pugh	369	378	48:33.59	2:31	2:10.84	207	2:53:20.0	19.4	2:09.69	134	1:50:27.8	8:59	5:36:41.9
183	Samuel Vossler	81	289	42:39.22	2:13	2:40.93	182	2:49:50.6	19.8	2:40.88	203	1:58:56.2	9:40	5:36:47.9
184	Sherry Wright	396	313	44:20.17	2:18	2:32.33	137	2:45:21.4	20.3	5:12.03	209	1:59:58.1	9:45	5:37:24.1
185	James Maercklein	256	53	33:54.19	1:45	2:11.94	209	2:53:31.5	19.4	1:33.02	248	2:06:26.6	10:17	5:37:37.3
186	John Jorgensen	338	60	34:05.28	1:46	2:19.95	214	2:54:07.7	19.3	4:21.51	234	2:02:51.4	9:59	5:37:45.9
187	Brian Ciemnicki	518	299	43:18.03	2:15	3:49.48	147	2:46:28.1	20.2	2:25.53	231	2:02:04.3	9:55	5:38:05.5
188	Robert Hunt	627	138	37:03.03	1:55	2:38.58	87	2:37:47.4	21.3	2:17.65	305	2:18:19.4	11:15	5:38:06.1
189	Kristie Luecke	344	67	34:27.70	1:47	3:35.59	294	3:05:35.2	18.1	3:16.94	143	1:51:36.4	9:04	5:38:31.9
190	Caryn Kusleika	639	222	39:54.26	2:04	2:28.35	161	2:47:58.4	20.0	3:08.50	245	2:05:54.5	10:14	5:39:24.1
191	David Foster	420	290	42:40.01	2:13	2:13.58	226	2:56:14.9	19.1	3:32.43	171	1:55:35.1	9:24	5:40:16.1
192	John Kilbride	547	107	36:00.93	1:52	5:21.93	283	3:04:03.5	18.3	3:53.31	138	1:50:57.4	9:01	5:40:17.1
193	Ryan Kucera	434	346	46:32.95	2:25	3:38.64	130	2:44:34.5	20.4	4:25.28	223	2:01:20.8	9:52	5:40:32.2
194	Mason Berg	22	63	34:09.21	1:46	6:31.92	149	2:46:35.8	20.2	4:55.28	260	2:08:44.2	10:28	5:40:56.5
195	Conor Smyth	467	386	50:22.67	2:37	4:06.25	254	2:59:48.2	18.7	4:06.45	82	1:42:44.4	8:21	5:41:08.1
196	Sarah Murphy	354	339	45:59.52	2:23	2:57.37	193	2:52:03.8	19.5	2:42.71	189	1:57:35.2	9:34	5:41:18.7
197	Josh Carlson	612	264	41:42.39	2:10	2:58.76	190	2:50:58.3	19.7	2:18.42	236	2:03:29.6	10:02	5:41:27.6
198	Shannon Webb	671	372	48:18.76	2:30	5:29.56	262	3:00:56.1	18.6	4:16.00	84	1:42:55.3	8:22	5:41:55.7

# Chisago Lakes Triathlon

## All Half

Race Date

July 28, 2019

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
199	Steve Fines	524	198	39:06.62	2:02	4:18.92	281	3:03:46.4	18.3	5:43.31	126	1:49:04.4	8:52	5:41:59.7
200	Michael Kasinkas	243	309	43:54.93	2:16	3:19.01	232	2:57:19.2	18.9	3:38.43	161	1:53:55.2	9:16	5:42:06.9
201	Benjamin Kooiman	47	340	46:00.85	2:23	3:56.34	152	2:46:43.7	20.2	4:35.60	220	2:00:50.8	9:50	5:42:07.4
202	Andrew Wiecher	481	105	35:58.36	1:52	2:47.86	146	2:46:18.8	20.2	3:39.52	285	2:13:34.1	10:52	5:42:18.6
203	Dana Whitehead	576	204	39:21.61	2:02	2:39.49	143	2:45:46.1	20.3	2:30.42	280	2:12:17.0	10:45	5:42:34.6
204	Steve Hegedus	295	194	39:00.05	2:01	2:13.17	92	2:38:54.9	21.1	2:33.06	312	2:20:44.6	11:27	5:43:25.8
205	Brian Sumner	472	209	39:35.78	2:03	5:46.96	264	3:01:10.1	18.5	7:28.29	129	1:49:38.8	8:55	5:43:40.0
206	Kari Wiklund	395	43	33:16.55	1:43	1:39.54	257	3:00:24.0	18.6	2:27.27	246	2:05:57.0	10:14	5:43:44.4
207	Sarah Maklad	346	186	38:48.55	2:01	3:58.09	286	3:04:33.0	18.2	4:07.77	148	1:52:19.5	9:08	5:43:46.9
208	Laura Slavey	379	90	35:26.50	1:50	3:05.65	174	2:49:05.2	19.9	2:52.64	283	2:13:22.0	10:51	5:43:52.0
209	Fernando Laranja Palhares	251	329	45:07.09	2:20	1:59.51	243	2:58:46.8	18.8	1:45.36	178	1:56:32.9	9:29	5:44:11.7
210	Ben Slager	466	254	41:30.15	2:09	3:09.39	136	2:45:17.4	20.3	3:06.37	273	2:11:17.3	10:40	5:44:20.7
211	Julie Ewasiuk	619	157	37:47.57	1:57	1:55.10	287	3:04:48.5	18.2	3:30.36	179	1:56:36.0	9:29	5:44:37.5
212	Brittany Fritz	320	133	36:52.51	1:55	4:07.85	374	3:18:59.9	16.9	2:49.94	78	1:42:05.5	8:18	5:44:55.8
213	Michael Meyer	266	115	36:17.39	1:53	5:12.53	246	2:58:56.1	18.8	2:41.30	232	2:02:28.9	9:57	5:45:36.2
214	Finn Salveson	67	196	39:04.26	2:01	3:49.40	312	3:07:39.6	17.9	4:02.91	145	1:51:51.4	9:06	5:46:27.6
215	Scott Darnall	520	121	36:25.07	1:53	4:02.29	112	2:41:51.1	20.8	2:48.34	318	2:22:15.0	11:34	5:47:21.9
216	Matt Andrews	201	173	38:16.79	1:59	3:39.81	271	3:02:36.6	18.4	2:25.80	218	2:00:31.4	9:48	5:47:30.4
217	Brian Treadway	572	188	38:50.90	2:01	4:44.44	237	2:57:52.9	18.9	3:32.10	233	2:02:35.8	9:58	5:47:36.2
218	Jackie Mrachek	652	356	47:08.97	2:27	3:08.12	279	3:03:27.9	18.3	2:25.86	147	1:52:09.5	9:07	5:48:20.4
219	Doug Weber	672	382	49:19.17	2:33	3:36.67	222	2:56:07.3	19.1	4:17.64	166	1:55:08.7	9:22	5:48:29.5
220	Ted and Emily Peterson	191	240	40:44.87	2:07	2:30.36	300	3:06:25.4	18.0	1:01.33	192	1:57:52.8	9:35	5:48:34.8
221	Justin Schott	486	56	33:59.61	1:46	3:27.74	202	2:52:58.3	19.4	2:48.98	296	2:15:28.7	11:01	5:48:43.3
222	Kristin Mikula	647	241	40:49.40	2:07	2:22.87	284	3:04:06.5	18.3	5:23.19	175	1:56:02.2	9:26	5:48:44.2
223	Camille Berres	306	224	40:03.64	2:04	2:41.01	335	3:10:19.5	17.7	3:11.39	157	1:53:08.2	9:12	5:49:23.8
224	Wayne Motz	443	347	46:35.63	2:25	3:38.67	217	2:55:03.1	19.2	3:38.14	217	2:00:29.6	9:48	5:49:25.1
225	Breanna Schlegel	277	72	34:44.95	1:48	2:35.76	251	2:59:39.7	18.7	2:23.12	266	2:10:03.6	10:34	5:49:27.1
226	John Elliott	217	146	37:23.45	1:56	4:04.28	219	2:55:35.2	19.1	2:34.37	265	2:09:55.5	10:34	5:49:32.8
227	Nate Steffan	282	210	39:36.04	2:03	3:04.29	198	2:52:36.5	19.5	3:41.25	270	2:10:44.0	10:38	5:49:42.1
228	Steven Gare	527	81	35:08.04	1:49	2:17.28	29	2:29:24.4	22.5	2:32.84	359	2:41:05.9	13:06	5:50:28.5
229	Klara Manning	258	207	39:30.02	2:03	3:05.89	366	3:17:35.8	17.0	3:23.44	108	1:46:56.7	8:42	5:50:31.9
230	Matthew Syzdek	474	375	48:25.56	2:30	2:30.27	277	3:03:20.1	18.3	3:25.18	155	1:53:03.9	9:12	5:50:45.0
231	Mark Buchholtz	207	314	44:22.85	2:18	2:36.91	360	3:15:49.8	17.2	4:18.57	87	1:43:38.2	8:26	5:50:46.4

Race Date  
July 28, 2019

# Chisago Lakes Triathlon

## All Half

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
232	Steve Gillies	528	68	34:32.97	1:47	2:59.72	173	2:48:59.3	19.9	3:20.11	313	2:21:15.6	11:29	5:51:07.8
233	Eric Bergstrom	407	169	38:09.06	1:59	2:18.82	231	2:57:07.2	19.0	2:47.43	277	2:11:36.8	10:42	5:51:59.4
234	Michelle Wollin	677	227	40:19.17	2:05	2:55.77	267	3:01:40.8	18.5	2:24.34	240	2:04:40.6	10:08	5:52:00.7
235	Melissa Noel	269	181	38:40.95	2:00	3:19.12	252	2:59:44.0	18.7	3:59.71	249	2:06:38.1	10:18	5:52:22.0
236	Kevin Jost	429	247	41:05.76	2:08	2:13.84	129	2:44:28.8	20.4	4:25.21	310	2:20:25.6	11:25	5:52:39.2
237	Rebecca Karnes	634	422	1:01:20.5	3:11	1:37.27	236	2:57:34.6	18.9	2:34.65	130	1:49:51.0	8:56	5:52:58.1
238	Leeanne Schwan	375	62	34:06.55	1:46	3:32.23	220	2:55:37.4	19.1	4:14.86	297	2:15:37.0	11:02	5:53:08.2
239	Dawn Stapleton	663	342	46:05.47	2:23	2:28.06	265	3:01:13.2	18.5	2:28.95	224	2:01:34.2	9:53	5:53:49.9
240	Randy Aumann	506	395	51:16.23	2:39	2:25.48	340	3:10:57.2	17.6	4:12.08	96	1:44:59.5	8:32	5:53:50.5
241	Patrick Marino	551	125	36:39.87	1:54	2:34.36	244	2:58:48.5	18.8	3:42.50	279	2:12:10.0	10:45	5:53:55.3
242	Kevin Gibbons	221	391	50:47.84	2:38	1:44.10	295	3:05:40.0	18.1	2:40.67	156	1:53:07.0	9:12	5:53:59.6
243	Terri McConnell	351	92	35:32.31	1:50	3:52.89	227	2:56:20.4	19.1	3:42.26	291	2:14:33.7	10:56	5:54:01.6
244	Jenifer Martinsen	643	261	41:37.73	2:09	2:58.29	327	3:09:31.7	17.7	2:39.99	190	1:57:42.3	9:34	5:54:30.1
245	Dustin Warner	575	221	39:52.31	2:04	3:38.70	298	3:05:53.3	18.1	5:34.47	221	2:01:10.2	9:51	5:56:09.0
246	Andy Dybvig	416	402	52:21.38	2:43	3:04.37	260	3:00:54.3	18.6	2:19.28	191	1:57:45.7	9:34	5:56:25.1
247	Michelle Barnet	302	64	34:14.20	1:46	2:54.31	386	3:21:24.6	16.7	2:46.62	165	1:55:05.9	9:21	5:56:25.7
248	Jasen Kane	430	251	41:13.06	2:08	4:57.15	229	2:56:36.3	19.0	2:45.68	271	2:11:04.0	10:39	5:56:36.2
249	Ben Christopherson	487	246	40:58.20	2:07	5:06.00	332	3:10:02.6	17.7	5:06.40	169	1:55:31.9	9:24	5:56:45.2
250	Howard Chetek	517	288	42:38.46	2:12	2:51.99	162	2:47:58.7	20.0	5:59.25	301	2:17:26.9	11:10	5:56:55.4
251	Lautaro Churuvija	208	111	36:12.42	1:53	3:39.00	242	2:58:27.6	18.8	2:34.46	298	2:16:02.7	11:04	5:56:56.3
252	James Lucas	437	311	44:08.24	2:17	5:26.58	278	3:03:20.5	18.3	5:52.03	205	1:59:17.4	9:42	5:58:04.8
253	Ryan Wright	15	103	35:56.69	1:52	1:34.56	421	3:39:27.5	15.3	1:34.86	60	1:39:49.4	8:07	5:58:23.0
254	Laura Rogers	658	317	44:36.61	2:19	5:35.39	250	2:59:39.4	18.7	3:40.77	241	2:05:04.9	10:10	5:58:37.1
255	Dan Leavitt	488	223	39:54.43	2:04	2:28.51	369	3:17:59.7	17.0	2:20.68	173	1:55:55.0	9:25	5:58:38.3
256	Megan Matak	348	253	41:26.75	2:09	2:18.31	296	3:05:42.6	18.1	2:21.48	251	2:06:56.3	10:19	5:58:45.4
257	Jessica Speckmeier	380	250	41:08.68	2:08	3:42.65	272	3:02:38.0	18.4	3:56.42	257	2:07:31.7	10:22	5:58:57.5
258	Scott Lunos	438	129	36:47.30	1:54	4:16.05	245	2:58:50.3	18.8	4:32.95	292	2:14:35.7	10:57	5:59:02.3
259	Kim Stoeckel	665	144	37:15.03	1:56	2:16.55	357	3:15:08.4	17.2	2:36.07	230	2:01:59.2	9:55	5:59:15.3
260	ChrisX and the Assholes	186	425	1:05:55.6	3:25	1:22.83	212	2:53:54.0	19.3	0:56.46	185	1:57:17.4	9:32	5:59:26.3
261	Michelle Gowans	324	273	42:06.29	2:11	4:15.02	311	3:07:28.6	17.9	4:00.29	228	2:01:51.1	9:54	5:59:41.4
262	Leigh Currie	614	140	37:10.44	1:56	1:58.88	301	3:06:31.7	18.0	2:48.49	272	2:11:12.8	10:40	5:59:42.4
263	Lori Stephens	382	85	35:23.50	1:50	2:04.33	329	3:09:49.2	17.7	2:04.32	269	2:10:37.5	10:37	5:59:58.9
264	Jessica Roschlan	276	383	49:30.40	2:34	4:39.29	319	3:08:26.4	17.8	2:56.52	164	1:54:28.6	9:18	6:00:01.3



# Chisago Lakes Triathlon

## All Half

Race Date

July 28, 2019

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
265	Darrin Gable	37	407	54:00.86	2:48	2:41.29	259	3:00:48.6	18.6	2:16.94	215	2:00:27.5	9:48	6:00:15.2
266	Tim Poeschl	455	302	43:27.10	2:15	3:09.52	166	2:48:11.5	20.0	3:36.25	317	2:22:01.0	11:33	6:00:25.4
267	Jason Samens	462	408	54:04.32	2:48	2:52.48	274	3:02:56.4	18.4	5:28.93	170	1:55:34.6	9:24	6:00:56.8
268	Curtis Czapanskiy	212	189	38:51.48	2:01	2:28.91	204	2:53:03.1	19.4	1:41.74	327	2:25:22.4	11:49	6:01:27.6
269	Dena Storm	666	191	38:54.32	2:01	2:28.71	183	2:49:52.9	19.8	2:27.03	333	2:27:51.7	12:01	6:01:34.7
270	'Insert Team Name Here	192	371	48:13.22	2:30	0:59.07	308	3:07:19.6	17.9	0:45.93	239	2:04:31.4	10:07	6:01:49.2
271	Mike Coddington	412	281	42:20.22	2:12	4:03.95	297	3:05:53.1	18.1	2:36.21	254	2:07:07.3	10:20	6:02:00.9
272	Samantha Beutler	204	265	41:42.44	2:10	3:12.73	253	2:59:47.3	18.7	2:46.34	293	2:14:37.8	10:57	6:02:06.7
273	Chella Hjelm	626	345	46:29.27	2:24	2:36.77	285	3:04:08.1	18.2	2:19.37	250	2:06:39.3	10:18	6:02:12.8
274	Bethany Koubsky	638	172	38:16.22	1:59	2:37.99	373	3:18:57.9	16.9	2:56.21	211	2:00:03.2	9:46	6:02:51.5
275	Stanton Fitting	34	175	38:29.51	2:00	2:40.81	188	2:50:27.0	19.7	4:39.42	329	2:26:44.6	11:56	6:03:01.5
276	Bryan Wallin	287	399	52:03.98	2:42	4:08.61	256	3:00:04.3	18.7	3:35.19	235	2:03:13.0	10:01	6:03:05.1
277	Tyler Larose	252	187	38:50.31	2:01	3:02.24	119	2:43:09.1	20.6	1:28.66	348	2:36:54.5	12:45	6:03:24.9
278	Robert Gavanda	220	156	37:43.53	1:57	4:33.67	241	2:58:12.1	18.9	5:16.80	303	2:17:50.7	11:12	6:03:36.8
279	Michael Franklin	526	307	43:48.27	2:16	3:44.86	218	2:55:23.3	19.2	5:27.09	295	2:15:13.7	11:00	6:03:37.3
280	Daniel Staelgraeve	75	341	46:02.02	2:23	6:19.19	354	3:14:36.2	17.3	4:30.42	150	1:52:32.9	9:09	6:04:00.7
281	Hannah Hanlon	228	239	40:44.21	2:07	3:27.46	292	3:05:08.3	18.1	4:35.69	267	2:10:06.4	10:35	6:04:02.1
282	Lori Imsdahl	335	304	43:37.58	2:16	3:09.86	337	3:10:26.8	17.6	3:29.57	237	2:03:49.8	10:04	6:04:33.6
283	Cathryn Blankenship	307	23	31:58.68	1:39	2:59.52	299	3:06:11.9	18.0	1:43.37	316	2:21:56.1	11:32	6:04:49.6
284	Austin Teunissen	80	6	27:30.73	1:25	3:35.05	201	2:52:55.8	19.4	3:18.63	350	2:37:51.4	12:50	6:05:11.7
285	B.r. Tobler	668	312	44:08.54	2:17	2:50.36	351	3:13:50.6	17.3	4:15.69	213	2:00:18.8	9:47	6:05:24.0
286	Christopher Brandt	410	205	39:22.62	2:02	3:20.33	203	2:52:59.5	19.4	4:55.73	328	2:25:39.2	11:51	6:06:17.4
287	Colleen Prudhomme	368	236	40:41.78	2:06	4:29.30	270	3:02:34.4	18.4	6:15.98	281	2:12:21.1	10:46	6:06:22.6
288	Sarah Byrne	28	142	37:14.28	1:56	4:54.48	372	3:18:52.8	16.9	4:04.83	227	2:01:51.1	9:54	6:06:57.6
289	Michael Rosow	460	377	48:27.24	2:31	3:05.26	303	3:06:48.2	18.0	3:06.44	243	2:05:34.1	10:13	6:07:01.3
290	Hunter Johnson	240	185	38:47.61	2:01	4:14.72	247	2:59:02.9	18.8	3:50.77	314	2:21:30.0	11:30	6:07:26.0
291	Matt Dickinson	415	197	39:04.58	2:01	2:21.54	133	2:44:39.0	20.4	2:20.72	356	2:39:09.6	12:56	6:07:35.5
292	Heidi Parkhurst	362	180	38:39.49	2:00	2:32.21	273	3:02:56.2	18.4	2:29.52	315	2:21:32.6	11:30	6:08:10.2
293	Adam Kim	432	320	44:50.80	2:19	4:02.55	293	3:05:10.0	18.1	4:00.19	268	2:10:10.2	10:35	6:08:13.8
294	Andrew Glover	223	215	39:47.29	2:04	2:34.12	258	3:00:47.0	18.6	3:36.24	320	2:22:31.7	11:35	6:09:16.4
295	Daniel Guider	529	231	40:33.65	2:06	4:51.26	382	3:20:31.8	16.8	4:05.60	206	1:59:20.9	9:42	6:09:23.2
296	Steve Matthews	554	405	53:00.90	2:45	2:27.10	324	3:09:06.9	17.8	4:07.92	219	2:00:46.4	9:49	6:09:29.3
297	Kurt Rahkola	64	364	48:01.74	2:29	4:53.65	304	3:06:51.3	18.0	4:55.87	242	2:05:07.6	10:10	6:09:50.1

# Chisago Lakes Triathlon

## All Half

Race Date

July 28, 2019

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
298	Greg Richter	566	308	43:51.81	2:16	2:32.14	144	2:45:53.5	20.3	4:42.20	339	2:32:51.2	12:26	6:09:51.0
299	Christina Vinson	392	365	48:06.76	2:29	5:28.28	346	3:12:20.7	17.5	3:45.16	225	2:01:34.4	9:53	6:11:15.3
300	Kevin Anderson	404	218	39:50.20	2:04	5:43.48	371	3:18:45.4	16.9	5:58.17	222	2:01:20.0	9:52	6:11:37.3
301	Lyndsey Ochsner	359	410	54:51.52	2:50	3:40.11	333	3:10:15.2	17.7	2:57.51	212	2:00:05.2	9:46	6:11:49.6
302	Sherri Huff	44	319	44:45.11	2:19	3:22.85	282	3:03:59.6	18.3	1:36.35	306	2:18:35.8	11:16	6:12:19.8
303	Ed Broer	512	379	48:41.44	2:31	3:01.48	215	2:54:32.1	19.3	2:19.25	325	2:24:15.2	11:44	6:12:49.5
304	Karen Clemens	312	201	39:10.77	2:02	3:03.46	235	2:57:34.5	18.9	2:31.08	336	2:30:33.1	12:14	6:12:53.0
305	Nancy Dickerson	30	183	38:44.24	2:00	3:00.20	353	3:14:10.3	17.3	3:04.05	287	2:14:11.1	10:55	6:13:09.9
306	Stephanie Etterman	318	333	45:29.13	2:21	2:19.30	320	3:08:37.5	17.8	3:38.92	284	2:13:27.2	10:51	6:13:32.0
307	Robert Seaman	569	424	1:04:02.5	3:19	2:36.09	216	2:55:00.0	19.2	2:48.16	262	2:09:14.6	10:30	6:13:41.4
308	Jayne Nemeth	356	388	50:40.18	2:37	3:21.14	307	3:07:09.2	18.0	4:45.92	258	2:08:01.3	10:24	6:13:57.7
309	Tiffani Frost	621	226	40:18.24	2:05	3:41.42	352	3:14:03.3	17.3	4:24.26	276	2:11:33.8	10:42	6:14:01.1
310	Alec Johnson	238	272	42:03.55	2:11	3:31.80	331	3:10:01.0	17.7	4:24.97	286	2:14:01.9	10:54	6:14:03.3
311	Jon Ylinen	293	268	41:53.66	2:10	4:57.61	164	2:48:02.4	20.0	4:04.06	345	2:36:07.7	12:42	6:15:05.6
312	Team Miller	189	327	45:03.39	2:20	2:03.12	345	3:11:58.5	17.5	1:29.51	290	2:14:32.4	10:56	6:15:07.0
313	Cindy Banchy	19	349	46:41.65	2:25	3:45.46	249	2:59:14.8	18.7	3:07.03	321	2:22:39.2	11:36	6:15:28.1
314	Sridhar Hari	534	352	46:59.21	2:26	3:10.83	290	3:05:01.0	18.2	2:54.36	304	2:17:54.7	11:13	6:16:00.1
315	Cary Radisewitz	63	366	48:07.61	2:30	4:15.54	275	3:03:01.6	18.4	6:16.10	294	2:14:47.6	10:58	6:16:28.5
316	Teresa Morgan	650	359	47:17.01	2:27	3:31.23	314	3:07:48.9	17.9	3:22.80	289	2:14:31.2	10:56	6:16:31.2
317	Michael Wangsness	574	208	39:32.91	2:03	4:26.66	189	2:50:47.0	19.7	3:54.93	351	2:37:55.2	12:50	6:16:36.8
318	Terri Prange	62	306	43:45.88	2:16	3:25.33	377	3:19:44.0	16.8	2:50.95	255	2:07:19.6	10:21	6:17:05.8
319	Amy Moran	648	387	50:39.37	2:37	2:28.51	213	2:53:56.5	19.3	5:19.14	326	2:24:57.0	11:47	6:17:20.6
320	Sophia Johnson	633	392	50:52.07	2:38	4:55.61	305	3:06:53.4	18.0	4:07.37	274	2:11:18.6	10:41	6:18:07.0
321	Benjamin McNamara	441	248	41:07.71	2:08	3:48.67	316	3:08:03.9	17.9	5:07.63	309	2:20:11.7	11:24	6:18:19.7
322	James Zacchini	578	350	46:43.22	2:25	4:42.29	306	3:06:56.5	18.0	4:16.51	300	2:17:18.7	11:10	6:19:57.2
323	Steve Patten	449	331	45:17.69	2:21	3:13.56	367	3:17:41.2	17.0	2:41.07	275	2:11:24.2	10:41	6:20:17.8
324	Kathleen Roix	372	318	44:37.99	2:19	3:32.52	261	3:00:54.7	18.6	4:19.76	332	2:27:02.5	11:57	6:20:27.5
325	Jen York	294	334	45:29.77	2:21	5:01.31	349	3:13:32.8	17.4	6:49.92	264	2:09:40.1	10:33	6:20:33.9
326	Caleb Schowalter	71	357	47:11.56	2:27	4:50.39	403	3:29:47.9	16.0	3:07.63	174	1:55:59.7	9:26	6:20:57.2
327	Emilio Rivas	273	277	42:11.68	2:11	5:57.51	310	3:07:24.5	17.9	5:06.23	311	2:20:26.1	11:25	6:21:06.0
328	Christine Navis	55	262	41:41.26	2:10	2:40.97	255	2:59:52.5	18.7	3:44.76	340	2:33:14.3	12:28	6:21:13.8
329	Susan Marguet	51	300	43:18.25	2:15	2:39.98	321	3:08:52.1	17.8	3:07.02	322	2:23:23.0	11:39	6:21:20.4
330	Erika Kuehn	341	330	45:17.52	2:21	3:48.99	350	3:13:48.6	17.3	6:51.01	282	2:12:38.0	10:47	6:22:24.2

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All Half

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
331	Barbara Sims	378	280	42:17.16	2:11	4:18.65	322	3:08:56.3	17.8	3:13.77	323	2:23:44.3	11:41	6:22:30.2
332	Robert Selb	660	354	47:02.18	2:26	4:43.26	240	2:58:09.7	18.9	3:48.63	334	2:29:05.4	12:07	6:22:49.2
333	Karen Blum	23	355	47:06.49	2:26	3:05.42	336	3:10:25.8	17.6	2:57.59	308	2:19:38.7	11:21	6:23:14.0
334	Paul McGlynn	352	230	40:32.54	2:06	3:43.95	276	3:03:05.7	18.4	4:31.49	337	2:31:54.4	12:21	6:23:48.2
335	Alex Page	654	362	47:55.79	2:29	2:46.12	375	3:19:41.4	16.8	1:21.35	278	2:12:05.9	10:44	6:23:50.6
336	Daniel Butler	27	404	52:31.17	2:43	6:07.82	358	3:15:39.8	17.2	5:06.41	247	2:06:09.5	10:15	6:25:34.7
337	Tom Webb	82	212	39:39.90	2:03	3:45.18	313	3:07:48.1	17.9	3:54.80	338	2:32:06.1	12:22	6:27:14.1
338	Kim Togstad	388	282	42:20.89	2:12	4:45.03	309	3:07:20.5	17.9	6:10.09	330	2:26:56.2	11:57	6:27:32.7
339	Bethany Hohenstein	43	51	33:51.22	1:45	2:40.34	326	3:09:17.3	17.8	2:19.56	357	2:39:38.6	12:59	6:27:47.1
340	Bill Burns	26	374	48:23.59	2:30	4:03.93	334	3:10:19.4	17.7	5:49.04	307	2:19:19.4	11:20	6:27:55.4
341	Liz Huempfner	334	256	41:30.86	2:09	3:03.31	288	3:04:57.1	18.2	4:25.62	344	2:35:24.1	12:38	6:29:21.0
342	Aaron Hahn	530	291	42:49.20	2:13	2:49.53	361	3:16:09.6	17.1	3:27.99	324	2:24:10.3	11:43	6:29:26.7
343	Polley Howell	233	88	35:25.70	1:50	3:17.22	338	3:10:50.9	17.6	3:30.15	346	2:36:39.7	12:44	6:29:43.7
344	Lisa Olson	56	403	52:30.12	2:43	2:23.71	368	3:17:46.5	17.0	3:08.91	288	2:14:19.1	10:55	6:30:08.4
345	Jan Tetzlaff	79	279	42:14.77	2:11	6:14.52	225	2:56:12.9	19.1	10:05.23	347	2:36:47.5	12:45	6:31:35.0
346	Branden Kooiman	248	266	41:45.91	2:10	5:16.34	325	3:09:14.3	17.8	6:26.69	335	2:29:56.5	12:11	6:32:39.8
347	Jill Silvernail	377	401	52:14.68	2:42	3:18.24	347	3:13:09.6	17.4	2:44.94	319	2:22:24.7	11:35	6:33:52.3
348	Mary Turner	573	166	38:01.62	1:58	2:59.62	341	3:11:10.9	17.6	3:26.85	355	2:38:21.3	12:52	6:34:00.3
349	Peggy Brooks	24	344	46:23.50	2:24	3:17.57	302	3:06:44.7	18.0	3:23.06	343	2:34:27.2	12:33	6:34:16.1
350	Jon Matejcek	553	323	44:56.80	2:20	2:13.80	342	3:11:26.3	17.6	3:00.63	341	2:33:59.0	12:31	6:35:36.6
351	Mychale Hanners	231	83	35:13.21	1:49	4:00.00	315	3:07:53.2	17.9	4:03.29	362	2:44:33.4	13:23	6:35:43.2
352	Dan Heiar	425	328	45:03.60	2:20	3:34.00	343	3:11:32.9	17.5	2:59.41	342	2:33:59.9	12:31	6:37:09.9
353	Tom Stephens	383	315	44:23.01	2:18	4:45.61	200	2:52:53.0	19.4	3:47.77	365	2:52:16.4	14:00	6:38:05.8
354	Kathy Kraus	48	363	47:56.72	2:29	3:22.81	401	3:28:54.3	16.1	2:07.72	302	2:17:40.1	11:12	6:40:01.7
355	Jonathan Feustel	418	190	38:51.56	2:01	5:34.68	344	3:11:36.6	17.5	6:35.49	349	2:37:44.2	12:49	6:40:22.6
356	Mya Henk	328	385	50:22.32	2:37	3:17.44	289	3:05:00.0	18.2	3:38.84	353	2:38:08.0	12:51	6:40:26.7
357	Alexander Schmidt	68	15	31:03.85	1:37	3:37.61	383	3:21:05.2	16.7	6:42.00	352	2:38:01.0	12:51	6:40:29.7
358	Mikalai Paulavets	451	397	51:37.20	2:40	6:01.17	384	3:21:20.9	16.7	6:17.95	299	2:16:14.6	11:05	6:41:31.9
359	Joshua Trier	284	335	45:33.58	2:22	6:14.63	280	3:03:44.8	18.3	5:13.41	358	2:40:55.8	13:05	6:41:42.3
360	Kathryn Nelson	355	376	48:25.96	2:30	5:11.41	291	3:05:06.6	18.2	4:49.64	354	2:38:18.0	12:52	6:41:51.6
361	Judy Beahm	21	325	45:02.24	2:20	3:22.44	330	3:09:56.3	17.7	3:23.33	360	2:42:10.6	13:11	6:43:54.9
362	Bert Windhorst	83	338	45:58.45	2:23	10:30.81	317	3:08:17.9	17.8	14:06.39	331	2:26:58.9	11:57	6:45:52.6
363	James Gorman	323	244	40:52.21	2:07	4:47.87	323	3:09:06.6	17.8	4:25.92	364	2:47:38.9	13:38	6:46:51.6

# Chisago Lakes Triathlon

## All Half

Race Date

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
364	Michael Bruna	610	393	50:57.64	2:38	2:02.80	318	3:08:20.9	17.8	3:30.83	361	2:42:44.3	13:14	6:47:36.6
365	Rhett Paul	450	145	37:21.34	1:56	3:34.10	223	2:56:08.9	19.1	6:04.31	367	3:06:07.9	15:08	6:49:16.6
366	William Balck	18	249	41:07.72	2:08	3:52.53	339	3:10:56.3	17.6	4:15.82	366	2:56:47.9	14:22	6:57:00.3
367	Rudra Tamm	78	337	45:42.72	2:22	3:07.42	396	3:27:02.5	16.2	3:26.96	363	2:45:12.5	13:26	7:04:32.1
368	Jonah Kane	242	274	42:07.15	2:11	2:47.77	348	3:13:11.1	17.4	5:35.25	368	3:07:38.7	15:15	7:11:20.1
DNF	Moshe Peri	453	21	31:46.90	1:39	1:12.42	1	30:42.83	109	2:05.69				
DNF	Steven Voss	478	31	32:12.72	1:40	1:39.03	135	2:45:15.6	20.3	2:46.78				
DNF	Tom Rettig	371	285	42:32.79	2:12	4:10.04	186	2:50:15.6	19.7	5:14.53				
DNF	Janet Winter	676	348	46:35.87	2:25	5:00.56	376	3:19:43.0	16.8	7:21.99				
DNF	Esther Dixon	617	278	42:12.77	2:11	4:54.59	402	3:29:31.6	16.0	2:02.41				
DNF	Kristina Matthews	645	343	46:05.62	2:23	2:37.78	390	3:23:02.7	16.5	6:55.45				
DNF	Tom Weigt	673	361	47:45.73	2:28	3:40.30	379	3:19:44.1	16.8	7:31.38				
DNF	Kristen Peterson	364	293	43:08.62	2:14	4:05.68	409	3:31:27.6	15.9	2:17.41				
DNF	James Holloway	540	245	40:52.57	2:07	2:28.54	411	3:31:36.8	15.9	6:44.32				
DNF	Jeff Sorenson	662	418	58:31.95	3:02	3:11.16	359	3:15:42.2	17.2	5:05.36				
DNF	Joseph Ravits	272	321	44:51.93	2:19	5:40.23	392	3:24:05.4	16.5	9:45.16				
DNF	Nabil Zeineh	485	370	48:12.51	2:30	6:51.67	380	3:19:49.6	16.8	9:48.14				
DNF	Sarah Siedschlag	661	252	41:16.41	2:08	3:34.53	417	3:36:17.4	15.5	3:40.41				
DNF	Heather Wynn	678	409	54:50.81	2:50	3:11.68	391	3:23:49.3	16.5	3:35.93				
DNF	Katie Collmann	313	283	42:28.22	2:12	5:05.94	405	3:29:53.4	16.0	10:14.31				
DNF	Meghan Gese	321	360	47:42.66	2:28	3:19.92	408	3:31:12.5	15.9	5:26.96				
DNF	Kelsey Hinners	332	369	48:11.64	2:30	2:04.29	415	3:33:58.1	15.7	3:28.09				
DNF	Kelly Stauff	381	324	45:01.72	2:20	5:47.07	413	3:33:02.2	15.8	3:51.16				
DNF	Claudia Schmidt-Dannert	373	429	1:07:49.2	3:31	4:40.93	328	3:09:33.2	17.7	5:38.77				
DNF	Teresa Mathieu	349	275	42:09.10	2:11	4:18.24	416	3:35:22.5	15.6	5:52.41				
DNF	Ashley Karels	339	358	47:15.73	2:27	3:32.92	407	3:31:08.2	15.9	5:45.38				
DNF	Joy Mikkelson	267	296	43:14.34	2:14	4:05.07	419	3:38:36.4	15.4	4:46.44				
DNF	Laura Mayer	52	332	45:27.17	2:21	3:27.01	426	3:42:58.7	15.1	4:49.85				
DNF	Kelly Jensen	631	390	50:47.29	2:38	4:36.48	423	3:41:43.0	15.2	2:52.91				
DNF	Laura Hexum	330	400	52:08.74	2:42	6:10.40	435	4:05:24.0	13.7	2:16.80				
DNF	Leola Daul	29	353	46:59.24	2:26	5:10.91	433	3:57:08.1	14.2	25:38.49				
DNF	Ryan Hurley	236	2	25:53.13	1:20	2:24.92	60	2:35:03.4	21.7					
DNF	Jennie Hartzheim	327	298	43:15.38	2:14	3:13.84	117	2:42:44.5	20.6					

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All Half

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
DNF	Michael Heidke	426	200	39:10.27	2:02	2:33.20	239	2:58:02.0	18.9					
DNF	Amy Ward	670	310	44:03.52	2:17	3:02.35	365	3:16:52.7	17.1					
DNF	Amy Flessert	319	22	31:53.27	1:39	7:04.42	414	3:33:47.5	15.7					
DNF	Estella Davis	615	384	49:58.68	2:35	3:07.42	381	3:20:29.9	16.8					
DNF	Terri Haney	532	368	48:08.33	2:30	6:08.35	388	3:21:50.4	16.6					
DNF	Pat Haney	531	367	48:08.12	2:30	6:25.29	387	3:21:38.7	16.7					
DNF	Tonya Pick	655	419	58:46.85	3:03	3:01.32	355	3:14:57.3	17.2					
DNF	Eric Barnes	608	301	43:20.93	2:15	5:24.84	404	3:29:48.1	16.0					
DNF	John Andrews	604	380	49:06.45	2:33	6:42.65	393	3:24:06.4	16.5					
DNF	Lisa Martone	644	398	51:52.88	2:41	2:51.33	395	3:25:29.7	16.4					
DNF	Robert Worth	577	417	57:59.52	3:00	8:39.54	356	3:15:03.0	17.2					
DNF	Matt Bartell	507	242	40:50.23	2:07	2:58.97	418	3:37:55.8	15.4					
DNF	Alex Barnard	20	426	1:06:20.7	3:26	2:17.54	363	3:16:22.0	17.1					
DNF	Alan Blumenshein	308	389	50:46.48	2:38	8:22.13	398	3:27:32.2	16.2					
DNF	John Weeks	394	420	59:12.24	3:04	8:34.73	378	3:19:44.1	16.8					
DNF	Patrick McCarthy	263	10	29:57.16	1:33	3:16.12	431	3:54:30.6	14.3					
DNF	Martyna Gadomska- Edwards	622	406	53:06.60	2:45	3:26.79	410	3:31:32.4	15.9					
DNF	Robert Bulander	514	415	56:43.32	2:56	6:10.99	400	3:28:44.6	16.1					
DNF	Daniel Starks	664	423	1:02:03.8	3:13	3:59.01	399	3:28:30.4	16.1					
DNF	Julie Krcma-Peterson	49	411	55:01.49	2:51	4:21.42	420	3:38:58.9	15.3					
DNF	Joe Mayer	350	430	1:08:00.5	3:31	6:43.98	394	3:24:47.2	16.4					
DNF	Adam Wallschlaeger	479	381	49:10.61	2:33	5:59.04	427	3:44:43.8	15.0					
DNF	Patrick Moriarty	651	270	41:59.32	2:10	5:41.13	430	3:52:52.5	14.4					
DNF	Aileen Isidoro	628	427	1:07:15.1	3:29	2:58.45	412	3:32:27.2	15.8					
DNF	Kathryn Anderson	602	413	55:35.96	2:53	7:56.95	424	3:42:06.4	15.1					
DNF	Ben Anderson	601	412	55:35.42	2:53	7:57.32	425	3:42:07.1	15.1					
DNF	Kent Svoboda	77	416	57:51.19	3:00	4:38.52	428	3:45:49.0	14.9					
DNF	Larissa Unruh	285	396	51:17.27	2:39	5:39.12	432	3:54:54.4	14.3					
DNF	Doug Pfeiffer	365	394	51:11.78	2:39	4:43.56	434	4:00:18.8	14.0					
DNF	Cassandra Wallin	288	428	1:07:19.5	3:29	6:21.20	429	3:49:00.4	14.7					
DNF	Tracy Serreyn	74	143	37:14.76	1:56	1:51.91								
DNF	Adam Stevenson	470	171	38:12.54	1:59	1:55.26								
DNF	Jeffrey Warshaw	393	182	38:43.46	2:00	2:00.48								

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			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
DNF	Bryan Rocheleau	274	421	59:48.34	3:06	3:47:55.7								
DQ	Karin Gardner	623	DQ	---	---	4:20.83	385	3:21:22.6	16.7	4:26.83		0:16.12	0:01	---
DQ	Randy Carlson	516	DQ	---	---	4:30.31	364	3:16:29.2	17.1	2:26.33		0:15.61	0:01	---
DQ	Russ Leeser	549	DQ	---	---	5:25.23	370	3:18:29.9	16.9	4:32.78		1:53.31	0:09	---
DQ	Mary Anderson	301	DQ	---	---	6:00.35	389	3:22:38.4	16.6	5:17.38		1:49.01	0:09	4:21:51.1
DQ	Gurkan Peksoz	452	DQ	---	---	2:39.20	224	2:56:11.9	19.1	3:42.59		48:08.69	3:55	---
DQ	Daniel Kormam	249	DQ	---	---	3:04.59	397	3:27:14.9	16.2	1:32.69		3:41.65	0:18	---
DQ	Rebecca Windhorst	84	DQ	---	---	6:08.47	406	3:30:56.7	15.9	7:17.47		4:44.04	0:23	---
DQ	Peter Portilla	271	DQ	52:37.07	2:43	5:25.50	362	3:16:15.5	17.1	4:52.10		33:54.15	2:45	4:53:04.3
DQ	Avery Schmidt	69	DQ	38:57.40	2:01	3:33.85	422	3:39:49.6	15.3	2:44.44		36:34.58	2:58	5:01:39.9