



Challenge Entry *(Please print)*

Participants Name: _____

Email Address: _____

Phone Number: _____ T Shirt Size: _____

Join A Team? Team Name: _____

Address: _____ City: _____

Entry Fee \$30 + \$2.74 processing fee.

Check to be made out to RSBB or contact the office to use your credit card. Entry can be made online directly at: www.runsignup.com/moveandknockout2020

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against Rock Steady Boxing of Brownsburg (Event Director), RunSignup.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that exercise is a potentially hazardous activity. I should not enter unless I am medically able to do so and properly trained. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in participating in this challenge. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any challenge official relative to my ability to safely complete the challenge. I certify as a material condition to my being permitted to enter this challenge that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Rock Steady Boxing of Brownsburg representative to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

As it applies to my participation in this challenge, I agree to abide by the Center for Disease Control (CDC)'s recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I also agree to abide by any COVID-19 distancing and other safety guidelines issued by the state, the community or by this challenge for my participation in this challenge.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes. This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is nonrefundable and bib numbers are non transferable.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.

☐ I have read and understand the Terms of Challenge Entry.

Participant Signature: _____ Date: _____

The **Move & Knockout 2020!** Challenge will help people with Parkinson's Disease fight back! All proceeds from the challenge support Rock Steady Boxing Brownsburg, a 501(c)(3) nonprofit organization that offers physical exercise, boxing, and movement programs to those battling Parkinson's Disease. This challenge is open to the community so share with friends and family.

To participate and complete the challenge, simply register and log 150 Minutes of movement during the first week of December 2020 (December 1 - 8). Yes - ANY type of movement! You can log steps, cycle, walk, run, dance, box, lift weights, or do any type workout class. It's your choice!

Please join us in for this event! **Let's Move & Knockout 2020!** and make a difference for those living with Parkinson's!