



December 3, 2022 8K Run & 2 Mile Run/Walk 7:30AM

LOCATION: Hendry Street & Edwards Drive, Fort Myers, FL 33901

TIME: Race Day (12/3/2022)

Registration 6:30 AM 8k Run/Walk 7:30 AM 2 Mile Fun Run 7:30 AM

PROCEEDS: Net proceeds will benefit The City of Fort Myers S.T.A.R.S.

(Success Through Academic and Recreational Support) program.

ENTRY FEES PRE-REGISTRATION:

River Run 8K

*8k Run (through 12/2) \$40/\$32 FMTC Member
Ft. Myers Track Club Youth 18 and under \$30/\$24 FMTC Member

NO RACE DAY REGISTRATION

2 Mile Fun Run/Walk

*Adult (through 12/2) \$30/\$24 FMTC Member *Youth (through 12/2) \$20/\$16 FMTC Member

NO RACE DAY REGISRATION

*FMTC member discounts apply for indicated registration class.

REGISTRATION & PACKET PICK-UP:

Friday, Dec 2 4:00PM - 6:00PM

at Run Florida

13101 McGregor Blvd. Fort Myers

239-225-0234

Race Day, Dec. 3rd starting at 6:30 AM. Packet pick-up ONLY.

NO RACE DAY REGISTRATION

ONLINE-REGISTRATION: www.ftmyerstrackclub.com

MAIL-IN REGISTRATION: Fort Myers Track Club, P. O. Box 60131, Fort Myers, FL 33906 (Post marked by Nov. 25, 2022).

AMENITIES: Participants receive a race specific shirt and outstanding post-race refreshments, including continental breakfast.

REFRESHMENTS: A variety of food and drink will be available to participants.

STRICTLY PROHIBITED: unregistered participants, unauthorized vehicles, bicycles, roller blades, skates, skateboards, strollers and pets are strictly prohibited. Baby joggers are allowed but participants must start and remain at the back of the runners/walkers, thereby not interfering (passing, swerving between) with the other participants.

CHIP TIMING: This event will be timed with the ChronoTrack Bib Tag Technology. Your Timing Strip is attached to your race number. Do not remove this tag, fold or wrinkle it or your race number. The race number must be attached on the front for accuracy. Do not cover your race number (Tag) with a jacket. Simply pin all four corners to your running shirt (front). This event will have a Chip Start and Finish.

HEAT WARNING: Temperatures/humidity can be high in South Florida. Participants should drink plenty of fluid (non-alcoholic) for 48hours prior to, during and upon finishing the race. Beware of heat-injury symptoms (dizziness, no sweating, nausea, cramps, redness, incoherent speech and thoughts). Seek immediate assistance if symptoms occur. Wear loose, light-colored clothing.

Please Bring an Unwrapped toy for



OVERALL AWARDS 8K Run

Overall Awards based on Gun Time

Top Male and Female Overall Winners
Top Male and Female Masters Winners

Top Male and Female Grandmasters Winners

Top Male and Female Senior Grandmasters

AGE GROUP AWARDS

Age Group Awards based on Chip Time

MALE & FEMALE AGE DIVISIONS

9 & under 10-12 13-15 16-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75 & Up





December 3, 2022 8K Run & 2 Mile Fun Run/Walk



7he Bagel Factory

*Official Entry Form - City of Palms River Run				
Are you a member of the Fort Myers Track Club? Y	es / No			
First Name	Last Name		M.I	
Date of Birth	Age (race day)	M	F	
Address	City	S	StateZip	
PhoneEmail Addr	ress	Shirt Size	e (circle one): S M L XL 2X	(L
CHECK EVENT YOU ARE PARTICIPATING In:	8K 2 Mile Run/Walk .	Youth	S Youth M Youth Large	
WAIVER OF LIABILITY: I know that participating in the medically able and properly trained. I agree to abide all risks associated with participating in this running/wweather, including heat, cold and/or humidity, traffic a of Liability and knowing the facts, and in consideration 2022, I, for myself and anyone entitled to act on my beful to the facts, and in consideration 2022, I, for myself and anyone entitled to act on my beful to act on the facts, and in consideration and the facts, and in consideration and the facts and in consideration and the facts and in consideration and the facts are the facts are the facts are the facts and the facts are the facts are the facts are the facts and the facts are the facts and the facts are the facts and the facts are the f	by any decision of an event official relative to walking event including but not limited to falls and rough trail conditions of the course, all right on of your acceptance of this application of elebehalf, waive and release the Fort Myers Trail embers of each of said organizations, their reven though that liability may arise out of negline.	o my ability to safely complete to so, contact with other participants isks being known and appreciate ntry in the City of Palms River Fack Club, the RRCA, the State of espective employees and agentifigence or carelessness on participants.	the event. I am voluntarily assuming, spectators or others, the effects ted by me. Having read this Waive Run, to be held on December 3, of Florida, the County of Lee, City has, and any other entities and indict of persons named in this waiver.	of er of vid- BY
Date: Participant / Parent or G	uardian Signature (if under 18).			_
Please make check payable to: FMTC If entry by r	mail send to P.O. Box 60131, Fort Myers, FL	. 33906-6131 postmarked by No	ovember 24th.	
*Entry fee is non refundable and non transferable	•			