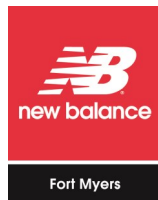
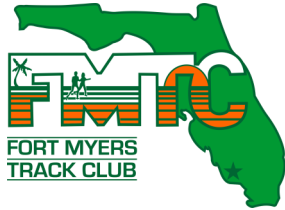


Thank You to
Our Sponsors!

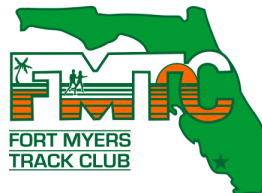


44th Annual
TURKEY TROT 5K



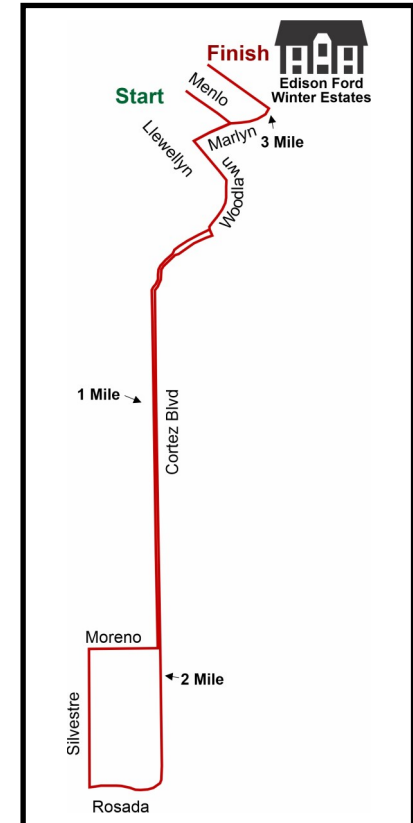
5K Run/Walk & Tot Trot
November 23, 2023
7:30AM
at
Edison & Ford Winter Estates
Fort Myers, FL

Presented by



Proceeds benefitting the **Edison & Ford Winter Estates Preservation Fund** and the **Fort Myers**

2023 Turkey Trot 5K
November 23, 2023



Race Day (11/23) Event Schedule

Packet Pick-up; 6:00 AM (No Registration)
5k Run/Walk: 7:30 AM
1 Tot Trot: 8:45 AM (after 5k)
Awards: 9:00 AM (after Tot Trot)

Races Start & Finish at:

Edison & Ford Winter Estates
2350 McGregor Blvd.
Fort Myers, FL 33901

Proceeds for the 43rd Annual Turkey Trot benefit:
Edison & Ford Winter Estates Preservation Fund

&

Fort Myers Track Club and the **Youth and Scholarship Program**

HOW TO REGISTER

Pre-registration is STRONGLY recommended. There will be NO RACE DAY REGISTRATION. Participants may pick-up packets race morning starting at 6AM.

Register on-line by searching:
Fort Myers Turkey Trot 5K (on runsignup.com)

Registration and Packet Pick-up:
Friday, Nov. 17, NOON - 5 PM
Snyderman's Shoes
1900 Trailwinds Dr. , Fort Myers

Saturday, Nov. 18, 12PM - 4PM
Run Florida
13101 McGregor Blvd. Fort Myers

Wednesday, Nov. 23, NOON - 5PM
Edison and Ford Winter Estates
2530 McGregor Blvd, Fort Myers, FL 33901

Race Day (Packet Pick-up Only), Nov. 23 starting at 6:00 AM

Entry Fees	
*5k Run/Walk	\$25.00/\$20 FMTC Member
*5k (After 11/15/23)	\$30.00/\$24 FMTC Member
5k On Race Day	No Registration
<i>(Youth 17 & Under)</i>	
*5k Youth	\$15.00/\$12 FMTC Member
*5k Youth (After 11/15/23)	\$20.00/\$15 FMTC Member
5k Youth On Race Day	No Registration
Tot Trot (7 & Under)	\$ 5.00 (No Race Day Registration)

*Member discounts apply for indicated registration class.

Due to shirt availability and delayed shipping times the deadline to register and guaranteed a shirt is November 9, 2023. This Form needs to be mailed by November 5, 2023.

Additional Information

1. T-shirts are guaranteed to mail-in registrations post-marked by November 5, 2023. Beyond this date shirt sizes and availability are not guaranteed.
2. Baby joggers are allowed but participants are urged to start toward the back of the runners/walkers.
3. Unregistered runners, pets, vehicles, bikes, skateboards, roller blades, and skates are strictly prohibited on the course.
4. Hot and humid conditions may exist. Drink plenty of fluids before, during, and after the race.
5. Continental breakfast and refreshments will be available the day of the event, while supplies last.



AWARD BRACKETS

Ceremonies held after the results.

5k Run Winners:

Overall Awards based on **GUN TIME**
Overall Male & Female
Overall Male & Female Master (40+)
Overall Male & Female Grand Master (50+)
Senior Grand Master (60+)

5k Run Age Categories (Top 5 Male & Female):

Age Group Awards based on **CHIP TIME**

9 & Under	10-12	13-15	16-19
20-24	25-29	30-34	35-39
40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79
80 & Up			
Oldest Male		Oldest Female	

This event will be timed with the ChronoTrack Bib Tag Technology. Your Timing Strip is attached to your race number. Do not remove this tag. Do not fold, or wrinkle the tag nor the race number. Do not cover your race number.

Tot Trot: Children 7 and under will complete a 100-yard sprint to the finish line.

2023 TURKEY TROT REGISTRATION FORM

Are you a member of the Fort Myers Track Club? Yes / No

Last Name: _____

First Name: _____

Date of Birth: _____

Mailing Address (include Apt. No. and/or C/O):

City: _____

State: _____ Zip code: _____

Telephone: _____

E-mail: _____

Circle one: Male Female

Circle: Shirt Size: Adult: XS S M L XL Youth: S M

Entry Fee:

****Race entry fees on non-refundable and non-transferable****

(CIRCLE ONE) Late registration after 11/15/2023:

5k Run/Walk	\$25.00 / Late \$30 FMTC Member-> \$20 / \$24
5k Youth	\$15.00 / Late \$20 FMTC Member-> \$12 / \$15
Tot Trot	\$5.00

Registration must be postmarked by Nov. 5, 2023 to be guaranteed a shirt.

Make checks payable to: Fort Myers Track Club

Mail to:

P.O. Box 60131

Fort Myers, FL 33901

Waiver: Incomplete or unsigned entry forms will not be accepted.

In consideration of acceptance for entry in the Turkey Trot, I accept any risks of participation and agree to hold harmless the Fort Myers Track Club, Edison and Ford Winter Estates, City of Fort Myers, all event sponsors and all officers, directors, staff, and members of said organization, their respective employees and agents and any other entities and individuals who are in any way connected with this event, including volunteers assisting with the event. I understand that this acceptance of risk and hold harmless agreement is binding on myself and my personal representatives and assignors. I represent that I have adequately trained to participate in this event and recognize the risks of injury accompany such participation, and acknowledge that this release is being relied upon by above persons in permitting me to participate. I agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me.

Further, I hereby give full permission to any and all of the foregoing to use any photography, video tape, motion pictures, recordings, and any other record of this event for legitimate purposes.

Signature of Participant or Guardian (if under age of 18)