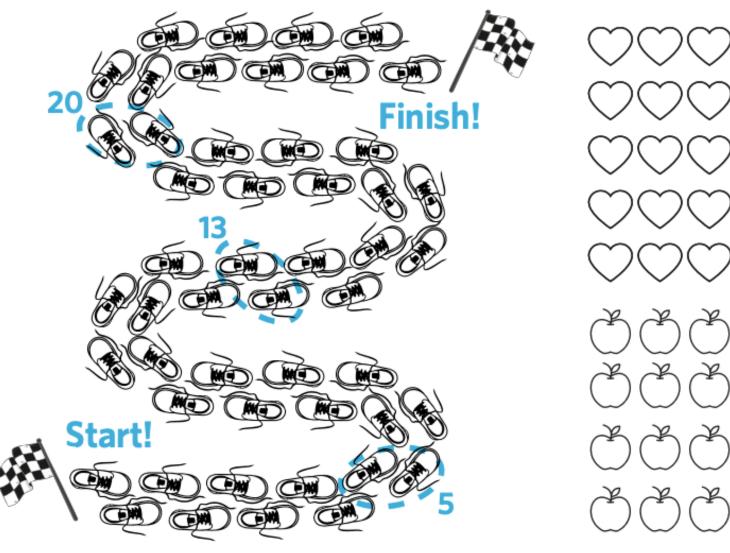
## **IGNITE INFINITY**

## **25-Mile Training Log**

Color in one shoe for every half mile you run or 15 minutes of physical activity. Color in an apple for a day of healthy eating and a heart for an act of kindness.



<sup>\*</sup> Each shoe represents a half mile.

Name: \_\_\_\_\_\_
Start Date: \_\_\_\_\_
Finish Date: \_\_\_\_\_

