

# Fall Scramble Off Road Run

## October 8, 2022

### Race Instructions

Thanks for signing up for the Fall Scramble at Holiday Valley Resort!

We have put together some guidelines and information for race day. Our goal is to have a fun and safe event

#### **General Guidelines**

- Runners can start any time after 9am when they reach the top of the chairlift.

**Race location** – Holiday Valley Resort 6557 Holiday Valley Rd Ellicottville, NY

Start/Finish/Package/Parking at Yodeler Lodge – The Yodeler Lodge is approximately ¾ mile up Holiday Valley Rd after turning from RT 219. Please follow the signs.

#### **Package Pick Up – 7:30 to 8:45 am**

Package pickup will be outside on the lower patio at the Yodeler Lodge.

The chairlift ride to the race start takes roughly 15 minutes.

#### **Parking**

Plenty of free parking available around the Yodeler Lodge at Holiday Valley close the start/finish/package pick up area.

#### **Post Race**

Recovery food will be available near the finish line at the Yodeler Lodge

#### **Restrooms**

Restrooms will be available in the Yodeler Lodge close to the start, finish, and package pickup.

#### **Start Procedures - \*\*\*VERY IMPORTANT\*\*\* Please read** – Start time 9:00am

The start will be a bit different than races in the past.

- You can start any time after 9am once you get to the top of the chairlift; you don't have to be there at the beginning of the start time.
- 4 and 8 mile runners can start together, no need to wait until 9:30 am for 8 milers to start.
- Your race time does not start until you cross the start line.

#### **Water Stops**

- 4 Mile Run – Water & Sports drink available at mile 2
- 8 Mile Run – Water & Sports drink available at miles 2, 4, & 6

Keep these safety considerations in mind at water stops.

- Race staff will fill cups with water/Gatorade and leave on the tables for runners to pick up
- Race Staff WILL NOT hand water/Gatorade cups to runners
- Race Staff will stand behind the water tables, away from the runners
- Cups will be spaced out for easier access for the runners

## **Courses**

Course will be well marked with signs as well as painted arrows on the ground.

- 4 Mile course is ONE lap
- 8 Mile course is TWO laps, continue on by the finish line for a second lap.

## **Results & Awards**

- All results will be based on chip time, there will not be gun times.
- Overall and Age-Group winners will receive a cool Fall Scramble award and will be determined after all results are verified.
- Awards will be available to pick up at awards table near finish line.

**Age Group** - U18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 and over

Thank you so much for signing up for the Fall Scramble at Holiday Valley.

We may be sending revisions to this document as the race approaches and will be sure to send notice of any changes, please be sure to check your email.

We appreciate you all following the guidelines and please don't hesitate to send us a note at [Info@endurancefactor.com](mailto:Info@endurancefactor.com) with any questions.