





RACE WELCOME

Thank you for joining us for the 34th Baton Rouge Turkey Trot! We have partnered with the March of Dimes to bring you a safe, socially-distanced event as well as make a positive impact on our community. We wish you and your family a wonderful Thanksgiving and look forward to seeing you on Race Morning!

Official Event Schedule

PACKET PICK-UP

PRE-RACE

Date: Wednesday, November 25, 2020 Time: 11:00 am - 6:00 pm Location: Tin Roof Brewing Co. <u>1624 Wyoming St, Baton Rouge, LA 70802</u>

RACE DAY - remember NO RACE DAY REGISTRATION

Date: Thanksgiving, Thursday, November 26, 2020 Time: 6:00 am - 7:15 am Location: North Blvd. Town Square





Each person that comes to claim a packet at Tin Roof will receive a \$1.00 off coupon on any beer available inside (Wednesday only).

So come on by, sit outside on the patio for a while and get ready to #earnyourturkey on race day!

RACE DAY INFO

Race Start Time: 1 Mile Fun Run starts at 7:30 am; 5K starts at 8:00 am Start Location: Corner of 3rd Street & Convention Finish Location: 4th Street between North Blvd. & Convention Street (525 N Jefferson Ave, Covington, LA 70433)

PACKET PICK-UP INFORMATION

You can pickup your race packet before race day at either of the times & locations listed above. See below about what you need to claim your packet. We will be practicing proper social distancing at all packet pickups and ask that you please wear a mask while interacting with race staff, volunteers, and other patrons.

Packet Pickup will be available on race morning at the race site from 6:00am to 7:15am. We strongly encourage all participants to pickup their packet or have someone pick it up for them prior to race day. Lines can be long so if you do have to pickup race day, please come early!

WHAT DO I NEED TO BRING WITH ME TO PICK UP MY PACKET?

Every participant in the 5K and 5 Mile Run will receive a confirmation email the week of the race. In the email is your assigned **BIB NUMBER**. Please bring either that email or your original confirmation email and your photo ID to pick up your packet.

CAN I AUTHORIZE ANOTHER PERSON TO PICK UP MY RACE PACKET?

If you are unable to get your packet, a friend can pick up your packet with a copy of your photo ID or a copy of your registration confirmation. Digital copies (your cell phone screen) are allowed. Please remember they can only do this at Pre-Race Packet Pickup and NOT on race day.

Venue Map





AWARDS

The top finishers in the 5K will receive an overall award in the following categories:

Overall Male and Female (1st, 2nd, & 3rd) Masters (40+) Male and Female (1st Only) Grand Masters (50+) Male and Female (1st Only) Great Grand Masters (60+) Male and Female (1st Only)

All awards must be picked up at the event. Awards can be claimed as soon as there are adequate results available from the timers. Results and Awards are based on chip time. There are no Award ceremonies for 2020. No awards will be shipped post-race. Results will not be printed, but available online. As soon as divisions are finalized, awards will be distributed at the Awards Tent. In order to claim award you must show your results on your phone and will be confirmed with Event Staff.

DOOR PRIZES

Due to COVID-19 restrictions on gatherings we will not be drawing for door prizes this year. We look forward to resuming this tradition at the 2021 Baton Rouge Turkey Trot.

COVID-19 MITIGATION & SAFETY ENSURING A SAFE RETURN TO RACING



FRESHJUNKIE Racing has always taken pride in putting on safe and high-quality events for our participants. As we plan to return to event production, we will be openly communicating any/all changes to our events in regards to COVID-19. Please understand that the circumstances are constantly changing and we will continue to adjust to ensure a safe and healthy race experience.

START

- Start corrals will be • assigned and limited to ensure social distance
- Runners will start in . time trial/staggered start to maintain distancing
- Please do not come to starting line before your time





FINISH

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- Masks must be put on after Finish
- Spectators are not allowed
- Maintain Social Distance
- Exit the finish line quickly
- Bottled water provided as runners exit finish chute

Ż-Ż-3-NO PARTICIPANT ZONE 3-PUT MASK ON 3-Ż-

STAYING SAFE



MASKS REQUIRED WHEN NOT RACING



PLEASE PRACTICE SOCIAL DISTANCING



WASHING YOUR HANDS OFTEN

CARRYING HAND SANITIZER



STAYING HOME IF SICK AVOID TOUCHING YOUR FACE



Baton Rouge Turkey Trot 5K Course Map



THANK YOU TO OUR GREAT PARTNERS









RACE CALENDAR

MISSISSIPPI GULF COAST MARATHON LOUISIANA MARATHON MARDI GRAS MAMBO OUR LADY OF THE LAKE AMAZING HALF TUSCALOOSA HALF MARATHON CRAWFISHMAN TRIATHLON INDIAN CREEK TRIATHLON NORTHSHORE HALF MARATHON BATTLESHIP 12K

2020-2021

DECEMBER 12-13, 2020 JANUARY 16-17, 2021 FEBRUARY 6, 2021 MARCH 20, 2021 MARCH 27, 2021 MAY 22, 2021 JUNE 13, 2021 OCTOBER 10, 2021 NOVEMBER 14, 2021

FRESHJUNKIERACING.COM

STAYING SAFE

#Return2Racing



If you're feeling ill, running a fever, or have come in contact with anyone with COVID-19 you are asked to stay home.



UTILIZE HAND SANITIZER STATIONS

Hand sanitizer will be readily available at the event venue. Additional emphasis has been placed on cleaning and sanitizing.



FINISH LINE

The Finish Line will have additional spacing to alleviate crowding. Finishers will be handed a bag including post-race hydration, nutrition, and medals (if a part of the event).



MASKS REQUIRED WHEN NOT RACING

Participants, staff, and volunteers must wear a mask at all times around event venues, like packet pick-up. Masks are not required while racing.



PLEASE PRACTICE SOCIAL DISTANCING

Markers around the venue will assist with social distancing. Please review signage, be courteous, and provide distance between yourself and others.



The starting line configuration allows for 6 ft of social distancing. Participants are preassigned their wave numbers. This can be found on the back of your bib. Please listen for your wave to be announced before loading into the respective start corral.



AWARDS

Awards will be based on Chip Timing. Results will not be printed, but available online. As soon as divisions are finalized, awards will be distributed at the Awards Tent. In order to claim your award, you must show your results on your phone, which will be confirmed with Event Staff.



AID STATIONS

Cups will be filled and placed on the tables, which have been spread out to reduce congestion and provide participants more spacing.



NO SPECTATORS

Spectators are asked to avoid the event venue to reduce congestion and improve social distancing.