



2021

JERRY LONG FAMILY YMCA

DIRTY DOZEN 5K

OBSTACLE MUD RUN

SAVE THE DATE: June 26, 2021

A LITTLE TEAM DIRT NEVER HURT

YMCA Dirty Dozen 5K Obstacle Mud Run Team Registration

The Dirty Dozen 5K Obstacle Mud Run is proud to provide an opportunity for sponsors, churches, schools and organizations/corporations of all kinds to run for a cause while implementing a wellness program to benefit our community. Implement the opportunity to establish an employee/fellowship wellness program or compliment a program already in place. A team event is designed to help build teamwork across departments and promote fitness and giving within the workplace. If you're interested in learning more about how your organization can get involved, contact dirtydozen5k@ymcanwnc.org

NEW! TEAM REGISTRATION RATES:

12-24 in group: \$5 off race fee
28-76 in group: \$10 off race fee
80+ in group: \$15 off race fee

In addition to supporting a great cause, the entry fee also gets you:

- Race finisher shirt
- Finisher medal
- Light snacks after the race
- Beer included (ages 21+, presented by Incendiary Brewing Company)
- Clemmons Post-Race Bash, 9am-1pm

REGISTRATION FEES:

Individuals: Adults and Youth (ages 7+)

\$44 August 1 – March 1

\$54 March 2 – June 1

\$64 June 2 – June 24

\$79 June 25 (Packet Pick-Up) and
June 26 (Race Day until 7:30am)

Team of 4: Adults and Youth (ages 7+)

\$136 August 1 – March 1

\$176 March 2 – June 1

\$196 June 2 – June 24

\$216 June 25 (Packet Pick-Up) and
June 26 (Race Day until 7:30am)

CHOOSE YOUR HEAT

8:00am until 8:20am
(Competitive Heats)

8:30am until 12:00pm
(Normal Heats, Every
10 Minutes)

Support Our Cause: Benefiting Those Battling Chronic Diseases

LEARN MORE & REGISTER AT JONESRACINGCOMPANY.COM/DIRTYDOZEN